

20		Mondays to Fridays																	
Debden Torrington Drive	0520	0545	0605	0620	0635	0648	0658	0707	0720	0732	0746	0802	0817	0832	0849	0905	0921	0937	
Chester Road Castell Road	0525	0550	0610	0625	0640	0654	0704	0713	0727	0740	0754	0810	0825	0840	0857	0912	0928	0943	
Loughton Homebase	0528	0554	0614	0629	0644	0658	0709	0718	0732	0746	0800	0816	0831	0846	0902	0917	0932	0947	
Loughton Station	0532	0559	0619	0634	0649	0703	0714	0724	0738	0753	0808	0824	0839	0854	0909	0924	0939	0954	
Woodford Green The Castle	0540	0607	0627	0643	0658	0714	0727	0740	0755	0810	0825	0841	0855	0909	0923	0937	0951	1006	
Whipps Cross Roundabout	0547	0614	0635	0654	0709	0726	0741	0756	0812	0827	0842	0857	0911	0924	0937	0950	1003	1017	
Leyton Baker's Arms (High Rd. Leyton)	0551	0618	0641	0701	0717	0734	0750	0806	0822	0837	0852	0907	0921	0934	0947	1000	1013	1027	
Walthamstow Central Station	0556	0623	0647	0709	0726	0744	0800	0816	0832	0847	0902	0917	0931	0944	0957	1010	1023	1037	
Debden Torrington Drive	0952			1107	1122			1307	1322	1337	1352	1407	1421	1435	1447	1500	1512	1526	
Chester Road Castell Road	0958			1113	1129			1314	1329	1344	1359	1414	1428	1442	1454	1507	1520	1534	
Loughton Homebase	1002	Then		1117	1133	Then		1318	1333	1348	1403	1418	1432	1446	1458	1511	1525	1539	
Loughton Station	1009	every 15		1124	1140	every 15		1325	1340	1355	1410	1425	1439	1453	1505	1519	1533	1547	
Woodford Green The Castle	1021	minutes		1136	1152	minutes		1337	1352	1407	1422	1437	1451	1506	1519	1533	1548	1602	
Whipps Cross Roundabout	1032	until		1147	1203	until		1348	1403	1418	1433	1448	1502	1517	1532	1547	1602	1616	
Leyton Baker's Arms (High Rd. Leyton)	1042			1157	1213			1358	1413	1428	1443	1458	1513	1528	1543	1558	1613	1627	
Walthamstow Central Station	1052			1207	1223			1408	1424	1439	1454	1509	1524	1539	1554	1609	1624	1638	
Debden Torrington Drive	1540	1552	1604	1619	1634	1649	1704	1719	1734	1749	1804	1819	1834	1854	1914	1934	2000	2030	
Chester Road Castell Road	1548	1600	1611	1626	1641	1656	1711	1726	1741	1755	1810	1825	1840	1900	1920	1940	2005	2035	
Loughton Homebase	1553	1605	1616	1631	1646	1701	1715	1730	1745	1759	1814	1829	1844	1904	1924	1944	2008	2038	
Loughton Station	1601	1612	1623	1638	1653	1708	1722	1737	1752	1806	1820	1835	1850	1909	1929	1949	2012	2042	
Woodford Green The Castle	1616	1626	1637	1652	1707	1721	1735	1750	1804	1818	1832	1847	1901	1919	1939	1958	2021	2051	
Whipps Cross Roundabout	1629	1639	1649	1704	1719	1733	1747	1801	1815	1829	1843	1857	1911	1928	1947	2005	2028	2058	
Leyton Baker's Arms (High Rd. Leyton)	1640	1650	1700	1715	1729	1743	1757	1811	1825	1839	1853	1907	1920	1936	1953	2010	2033	2103	
Walthamstow Central Station	1651	1701	1711	1726	1740	1754	1808	1822	1836	1850	1903	1917	1930	1944	2000	2016	2039	2108	
Debden Torrington Drive	2100	2130	2200	2230	2300	2330													
Chester Road Castell Road	2105	2135	2205	2234	2304	2334													
Loughton Homebase	2108	2138	2208	2237	2307	2337													
Loughton Station	2112	2142	2212	2241	2311	2341													
Woodford Green The Castle	2121	2150	2220	2249	2319	2349													
Whipps Cross Roundabout	2128	2157	2226	2255	2325	2355													
Leyton Baker's Arms (High Rd. Leyton)	2132	2201	2230	2259	2329	2359													
Walthamstow Central Station	2137	2206	2235	2304	2334	0004													
20		Mondays to Fridays (summer school holidays)																	
Debden Torrington Drive	0520	0545	0605	0620	0634	0649	0702	0715	0728	0741	0754	0809	0824	0839	0854	0909	0924	0939	
Chester Road Castell Road	0525	0550	0610	0625	0640	0655	0708	0721	0734	0747	0801	0816	0831	0846	0900	0915	0930	0945	
Loughton Homebase	0528	0554	0614	0629	0644	0659	0712	0725	0738	0752	0806	0821	0836	0851	0905	0919	0934	0949	
Loughton Station	0532	0559	0619	0634	0649	0704	0717	0731	0744	0759	0813	0828	0843	0858	0912	0926	0941	0956	
Woodford Green The Castle	0540	0607	0627	0643	0658	0713	0727	0741	0755	0810	0825	0840	0855	0910	0924	0938	0953	1008	
Whipps Cross Roundabout	0547	0614	0635	0652	0708	0723	0738	0752	0806	0821	0836	0851	0906	0921	0935	0949	1003	1018	
Leyton Baker's Arms (High Rd. Leyton)	0551	0618	0640	0659	0716	0731	0746	0800	0815	0830	0845	0900	0915	0930	0944	0958	1013	1028	
Walthamstow Central Station	0556	0623	0646	0706	0724	0740	0755	0810	0825	0840	0855	0910	0925	0940	0954	1008	1023	1038	
Debden Torrington Drive	0954			1109	1123			1308	1323	1337		1437	1451		1551	1606	1621	1636	1651
Chester Road Castell Road	1000			1115	1130	Then		1315	1330	1344	Then	1444	1458	Then	1558	1613	1628	1643	1658
Loughton Homebase	1004	Then		1119	1134	every		1319	1334	1348	every	1448	1502	every	1602	1617	1632	1647	1702
Loughton Station	1011	every 15		1126	1141	15		1326	1341	1355	15	1455	1509	15	1609	1624	1639	1654	1709
Woodford Green The Castle	1023	minutes		1138	1153	mins.		1338	1353	1407	mins.	1507	1521	mins.	1621	1636	1651	1706	1721
Whipps Cross Roundabout	1033	until		1148	1203	until		1348	1403	1418	until	1518	1532	until	1632	1647	1702	1717	1732
Leyton Baker's Arms (High Rd. Leyton)	1043			1158	1213			1358	1413	1428		1528	1543		1643	1657	1712	1727	1742
Walthamstow Central Station	1053			1208	1223			1408	1424	1439		1539	1554		1654	1708	1723	1738	1753
Debden Torrington Drive	1706	1721	1736	1751	1806	1821	1836	1855	1915	1935	2000	2030	2100	2130	2200	2230	2300	2330	
Chester Road Castell Road	1713	1727	1742	1757	1812	1827	1842	1901	1921	1941	2005	2035	2105	2135	2205	2234	2304	2334	
Loughton Homebase	1717	1731	1746	1801	1816	1831	1846	1905	1925	1944	2008	2038	2108	2138	2208	2237	2307	2337	
Loughton Station	1724	1738	1752	1807	1822	1837	1851	1910	1930	1949	2012	2042	2112	2142	2212	2241	2311	2341	
Woodford Green The Castle	1736	1750	1804	1819	1834	1848	1902	1920	1940	1959	2021	2051	2121	2150	2220	2249	2319	2349	
Whipps Cross Roundabout	1747	1801	1815	1830	1844	1858	1912	1929	1948	2006	2028	2058	2128	2157	2226	2255	2325	2355	
Leyton Baker's Arms (High Rd. Leyton)	1757	1811	1825	1840	1854	1908	1921	1937	1954	2011	2033	2103	2132	2201	2230	2259	2329	2359	
Walthamstow Central Station	1808	1822	1836	1850	1904	1918	1931	1945	2001	2017	2039	2108	2137	2206	2235	2304	2334	0004	

20		Saturdays (also Good Friday)																	
Debden Torrington Drive	0520	0550	0610	0629	0649	0708	0727	0747	0807	0825	0840	0853	0908	0922	0936	0950	1004	1018	
Chester Road Castell Road	0524	0554	0614	0634	0654	0713	0732	0752	0812	0830	0845	0859	0914	0928	0942	0957	1011	1025	
Loughton Homebase	0527	0557	0617	0637	0657	0716	0735	0755	0815	0834	0849	0903	0918	0932	0946	1001	1015	1029	
Loughton Station	0531	0601	0621	0641	0701	0720	0739	0800	0820	0839	0854	0909	0924	0938	0952	1007	1022	1036	
Woodford Green The Castle	0539	0609	0629	0649	0709	0729	0748	0809	0829	0848	0904	0919	0934	0949	1004	1019	1034	1048	
Whipps Cross Roundabout	0545	0615	0636	0656	0716	0736	0756	0818	0838	0857	0914	0929	0944	0959	1014	1029	1044	1059	
Leyton Baker's Arms (High Rd. Leyton)	0549	0619	0640	0700	0720	0740	0801	0825	0846	0905	0922	0937	0952	1008	1023	1038	1053	1108	
Walthamstow Central Station	0554	0624	0645	0705	0725	0745	0808	0833	0855	0914	0931	0946	1002	1018	1033	1048	1104	1119	
Debden Torrington Drive	1033	1047	1102	1117	1132			1247	1302			1402	1417	1432	1447	1502	1517	1532	
Chester Road Castell Road	1040	1054	1109	1124	1139			1254	1308			1408	1423	1438	1453	1508	1523	1538	
Loughton Homebase	1044	1058	1113	1128	1143	Then		1258	1312	Then		1412	1427	1442	1457	1512	1527	1542	
Loughton Station	1051	1105	1121	1136	1151	every 15		1306	1320	every 15		1420	1435	1449	1504	1519	1534	1549	
Woodford Green The Castle	1103	1118	1134	1149	1204	minutes		1319	1333	minutes		1433	1447	1501	1516	1531	1546	1601	
Whipps Cross Roundabout	1114	1129	1145	1200	1216	until		1331	1345	until		1445	1459	1513	1527	1542	1557	1612	
Leyton Baker's Arms (High Rd. Leyton)	1124	1139	1155	1210	1226			1341	1355			1455	1509	1523	1537	1552	1607	1622	
Walthamstow Central Station	1135	1150	1206	1221	1237			1352	1406			1506	1520	1534	1548	1603	1618	1633	
Debden Torrington Drive	1548			1703	1719	1734	1750	1806	1821	1836	1856	1916	1936	2000	2030	2100	2130	2200	
Chester Road Castell Road	1554			1709	1725	1740	1756	1812	1827	1842	1902	1922	1941	2005	2034	2104	2134	2204	
Loughton Homebase	1558	Then		1713	1728	1743	1759	1815	1830	1845	1905	1925	1944	2008	2037	2107	2137	2207	
Loughton Station	1605	every 15		1720	1735	1750	1806	1822	1837	1852	1911	1930	1949	2013	2042	2112	2142	2211	
Woodford Green The Castle	1616	minutes		1731	1746	1801	1816	1832	1847	1902	1921	1940	1959	2022	2051	2121	2151	2220	
Whipps Cross Roundabout	1627	until		1742	1757	1812	1827	1842	1857	1912	1931	1950	2007	2029	2058	2128	2157	2226	
Leyton Baker's Arms (High Rd. Leyton)	1637			1752	1807	1822	1837	1852	1906	1921	1940	1958	2014	2035	2104	2133	2202	2231	
Walthamstow Central Station	1648			1803	1818	1832	1847	1902	1916	1931	1949	2005	2020	2041	2110	2139	2207	2236	
Debden Torrington Drive	2230	2300	2330																
Chester Road Castell Road	2234	2304	2334																
Loughton Homebase	2237	2307	2337																
Loughton Station	2241	2311	2341																
Woodford Green The Castle	2250	2320	2350																
Whipps Cross Roundabout	2256	2326	2356																
Leyton Baker's Arms (High Rd. Leyton)	2301	2331	0001																
Walthamstow Central Station	2306	2336	0006																
20		Sundays and other Public Holidays (except Christmas Day)																	
Debden Torrington Drive	0625	0659	0729	0759	0829	0859	0924	0950	1017	1046	1115	1143	1213	1243	1313	1343	1413	1443	
Chester Road Castell Road	0630	0704	0734	0804	0834	0904	0929	0955	1023	1052	1121	1149	1219	1249	1319	1348	1418	1448	
Loughton Homebase	0633	0707	0737	0807	0837	0908	0933	0959	1027	1056	1125	1153	1223	1253	1323	1352	1422	1452	
Loughton Station	0637	0711	0741	0811	0841	0912	0938	1005	1033	1102	1131	1200	1230	1300	1330	1359	1428	1458	
Woodford Green The Castle	0645	0719	0749	0819	0850	0921	0947	1015	1043	1113	1142	1212	1242	1312	1341	1410	1439	1509	
Whipps Cross Roundabout	0651	0725	0755	0825	0857	0929	0955	1023	1052	1122	1151	1221	1251	1321	1350	1419	1448	1518	
Leyton Baker's Arms (High Rd. Leyton)	0655	0729	0759	0829	0902	0934	1001	1029	1059	1129	1159	1229	1259	1329	1357	1426	1455	1525	
Walthamstow Central Station	0700	0734	0804	0835	0909	0941	1009	1037	1107	1137	1207	1237	1307	1337	1405	1434	1503	1533	
Debden Torrington Drive	1513	1543	1613	1643	1713	1743	1812	1842	1912	1942	2005	2030	2100	2130	2200	2230	2300	2330	
Chester Road Castell Road	1518	1548	1618	1648	1718	1748	1817	1847	1917	1947	2010	2035	2105	2135	2204	2234	2304	2334	
Loughton Homebase	1522	1552	1622	1652	1721	1751	1820	1850	1920	1950	2013	2038	2108	2138	2207	2237	2307	2337	
Loughton Station	1528	1558	1628	1657	1726	1756	1825	1855	1925	1955	2018	2043	2113	2142	2211	2241	2311	2341	
Woodford Green The Castle	1539	1609	1639	1707	1736	1805	1833	1903	1933	2003	2026	2051	2121	2150	2219	2249	2319	2349	
Whipps Cross Roundabout	1547	1617	1646	1715	1744	1813	1841	1910	1940	2010	2033	2058	2128	2157	2226	2255	2325	2355	
Leyton Baker's Arms (High Rd. Leyton)	1554	1624	1653	1722	1751	1820	1848	1916	1945	2015	2038	2102	2132	2201	2230	2259	2329	2359	
Walthamstow Central Station	1602	1632	1701	1730	1758	1827	1855	1923	1950	2020	2043	2107	2137	2206	2235	2304	2334	0004	



20		Saturdays (also Good Friday)																
Walthamstow Central Station	0610	0630	0650	0710	0728	0745	0804	0823	0838	0852	0906	0921	0935	0949	1002	1016	1031	1046
Leyton Baker's Arms (Lea Bridge Road)	0615	0635	0655	0715	0734	0752	0811	0830	0845	0900	0914	0929	0943	0958	1011	1025	1040	1055
Whipps Cross Lea Bridge Road	0618	0638	0658	0718	0738	0757	0817	0836	0851	0906	0920	0935	0949	1004	1017	1031	1047	1102
Woodford Green The Castle	0624	0644	0704	0725	0745	0805	0825	0846	0901	0916	0930	0945	0959	1014	1028	1042	1058	1113
Loughton Station	0633	0653	0713	0734	0754	0814	0835	0856	0911	0926	0941	0956	1010	1025	1040	1054	1110	1125
Loughton Homebase	0637	0657	0717	0738	0759	0819	0840	0902	0918	0933	0948	1003	1018	1033	1048	1103	1119	1135
Chester Road Castell Road	0640	0700	0720	0741	0802	0822	0843	0905	0921	0936	0951	1007	1022	1037	1052	1107	1123	1139
Debden Torrington Drive	0646	0706	0726	0747	0808	0828	0849	0911	0927	0943	0958	1014	1029	1044	1059	1114	1130	1146
Walthamstow Central Station	1101	1116	1131			1316	1331			1516	1531	1546	1601	1616	1631	1646	1701	1716
Leyton Baker's Arms (Lea Bridge Road)	1110	1126	1142			1327	1342			1527	1542	1557	1612	1627	1642	1657	1712	1727
Whipps Cross Lea Bridge Road	1117	1133	1149	Then		1334	1349	Then		1534	1549	1604	1619	1634	1649	1704	1719	1734
Woodford Green The Castle	1128	1144	1200	every 15		1345	1400	every 15		1545	1600	1615	1630	1645	1700	1715	1730	1745
Loughton Station	1140	1156	1212	minutes		1357	1411	minutes		1556	1611	1626	1641	1656	1711	1726	1741	1756
Loughton Homebase	1151	1207	1223	until		1408	1422	until		1607	1621	1636	1651	1706	1720	1735	1750	1804
Chester Road Castell Road	1155	1211	1227			1412	1426			1611	1625	1640	1655	1710	1724	1739	1754	1808
Debden Torrington Drive	1202	1218	1234			1419	1433			1618	1632	1647	1702	1717	1731	1746	1801	1815
Walthamstow Central Station	1731	1746	1801	1816	1831	1846	1901	1918	1940	2012	2043	2115	2145	2215	2245	2315	2345	0015
Leyton Baker's Arms (Lea Bridge Road)	1742	1757	1812	1827	1842	1857	1911	1928	1949	2019	2049	2121	2150	2220	2250	2320	2350	0020
Whipps Cross Lea Bridge Road	1749	1804	1819	1833	1848	1903	1917	1932	1952	2022	2052	2124	2153	2223	2253	2323	2353	0023
Woodford Green The Castle	1800	1815	1829	1843	1858	1913	1927	1942	2001	2030	2100	2131	2200	2230	2300	2330	2359	0029
Loughton Station	1811	1825	1839	1853	1908	1923	1937	1952	2011	2040	2110	2139	2208	2238	2308	2338	0007	0037
Loughton Homebase	1818	1832	1846	1900	1915	1929	1943	1958	2016	2045	2115	2144	2213	2243	2313	2343	0012	0042
Chester Road Castell Road	1822	1836	1850	1904	1918	1932	1946	2001	2019	2048	2117	2147	2216	2246	2316	2346	0015	0045
Debden Torrington Drive	1829	1843	1857	1910	1924	1938	1952	2007	2025	2054	2123	2153	2222	2252	2322	2351	0020	0049
20		Sundays and other Public Holidays (except Christmas Day)																
Walthamstow Central Station	0715	0745	0815	0846	0916	0946	1016	1046	1113	1143	1213	1243	1313	1343	1413	1443	1513	1543
Leyton Baker's Arms (Lea Bridge Road)	0720	0750	0820	0852	0922	0953	1023	1053	1121	1152	1222	1252	1322	1352	1422	1452	1522	1552
Whipps Cross Lea Bridge Road	0723	0753	0823	0857	0928	0959	1029	1059	1128	1159	1229	1259	1329	1359	1429	1459	1529	1559
Woodford Green The Castle	0729	0800	0830	0905	0936	1007	1037	1107	1136	1207	1237	1307	1337	1407	1437	1507	1537	1607
Loughton Station	0738	0809	0839	0914	0946	1017	1047	1117	1146	1217	1247	1317	1347	1417	1447	1517	1547	1617
Loughton Homebase	0742	0813	0844	0919	0951	1023	1055	1125	1155	1226	1256	1326	1356	1425	1455	1524	1554	1624
Chester Road Castell Road	0745	0816	0847	0922	0954	1026	1059	1129	1159	1230	1300	1330	1400	1429	1459	1528	1558	1628
Debden Torrington Drive	0751	0822	0853	0928	1000	1032	1106	1136	1206	1237	1307	1337	1407	1436	1505	1534	1604	1634
Walthamstow Central Station	1613	1643	1714	1745	1816	1847	1915	1945	2015	2045	2115	2145	2215	2245	2315	2345	0015	
Leyton Baker's Arms (Lea Bridge Road)	1622	1652	1722	1753	1823	1853	1921	1950	2020	2050	2120	2150	2220	2249	2319	2349	0019	
Whipps Cross Lea Bridge Road	1629	1659	1729	1759	1829	1858	1924	1953	2023	2053	2123	2153	2223	2252	2322	2352	0022	
Woodford Green The Castle	1637	1707	1737	1807	1837	1906	1931	2000	2030	2100	2129	2159	2229	2258	2328	2358	0028	
Loughton Station	1647	1716	1746	1816	1846	1915	1940	2009	2039	2108	2137	2207	2237	2306	2336	0006	0036	
Loughton Homebase	1653	1721	1751	1821	1851	1920	1945	2014	2044	2113	2142	2212	2242	2311	2341	0011	0041	
Chester Road Castell Road	1657	1725	1755	1825	1855	1923	1948	2017	2047	2116	2145	2215	2245	2314	2344	0014	0044	
Debden Torrington Drive	1703	1731	1801	1831	1901	1929	1954	2023	2053	2122	2151	2221	2251	2319	2348	0018	0048	