

20		Mondays to Fridays																	
Debden Torrington Drive	0520	0550	0605	0620	0632	0642	0652	0704	0719	0734	0749	0804	0819	0835	0851	0907	0923	Then every 15 mins. until	1338
Chester Road Castell Road	0526	0556	0611	0626	0638	0648	0659	0711	0726	0741	0757	0812	0827	0843	0859	0914	0930		1345
Loughton Homebase	0531	0601	0616	0631	0643	0654	0705	0717	0732	0747	0803	0818	0833	0849	0905	0920	0935		1350
Loughton Station	0536	0606	0621	0636	0648	0700	0712	0724	0739	0754	0811	0826	0841	0857	0913	0928	0943		1358
Buckhurst Hill Bald Faced Stag	0542	0612	0627	0642	0655	0710	0722	0736	0751	0806	0821	0836	0851	0906	0920	0935	0950		1405
Woodford Green The Castle	0547	0617	0632	0647	0701	0716	0729	0743	0758	0812	0827	0842	0857	0912	0925	0940	0955	1410	
Whipps Cross Bus Station	0557	0627	0642	0659	0716	0731	0746	0801	0816	0828	0843	0858	0910	0922	0934	0949	1004	1419	
Leyton Baker's Arms (High Rd. Leyton)	0603	0633	0648	0705	0722	0737	0752	0808	0823	0835	0850	0905	0917	0929	0941	0956	1011	1426	
Walthamstow Central Station	0611	0641	0658	0715	0732	0747	0802	0818	0833	0845	0900	0917	0929	0941	0953	1008	1023	1438	
Debden Torrington Drive	1353	1408	1420	1433	1448	1503	1518	1533	1549	1605	1620	1635	1650	1705	1720	1735	1750	1805	1821
Chester Road Castell Road	1400	1415	1427	1441	1456	1511	1526	1541	1557	1612	1627	1642	1657	1712	1727	1742	1757	1812	1828
Loughton Homebase	1405	1420	1432	1446	1501	1516	1531	1546	1602	1617	1632	1647	1702	1717	1732	1747	1802	1817	1833
Loughton Station	1413	1428	1441	1455	1510	1525	1540	1555	1610	1625	1640	1655	1710	1725	1739	1754	1809	1824	1839
Buckhurst Hill Bald Faced Stag	1420	1435	1451	1506	1521	1536	1551	1606	1618	1633	1648	1703	1718	1733	1748	1803	1818	1833	1847
Woodford Green The Castle	1425	1441	1457	1512	1527	1542	1557	1612	1624	1639	1654	1709	1724	1738	1753	1808	1823	1838	1852
Whipps Cross Bus Station	1435	1452	1508	1523	1538	1553	1608	1622	1634	1649	1704	1719	1734	1746	1801	1816	1831	1846	1900
Leyton Baker's Arms (High Rd. Leyton)	1443	1500	1516	1531	1546	1601	1615	1629	1641	1656	1711	1726	1741	1753	1808	1823	1838	1853	1907
Walthamstow Central Station	1454	1511	1527	1542	1557	1611	1625	1639	1651	1706	1721	1736	1751	1803	1818	1833	1847	1902	1916
Debden Torrington Drive	1838	1858	1919	1940	2000	2030	2100	2130	2200	2230	2300	2330							
Chester Road Castell Road	1845	1905	1926	1946	2006	2036	2105	2135	2205	2235	2305	2335							
Loughton Homebase	1849	1909	1930	1950	2010	2039	2108	2138	2207	2237	2307	2337							
Loughton Station	1855	1915	1935	1955	2015	2044	2113	2143	2212	2242	2311	2341							
Buckhurst Hill Bald Faced Stag	1902	1922	1942	2002	2022	2050	2118	2148	2217	2247	2316	2346							
Woodford Green The Castle	1907	1927	1946	2006	2026	2054	2122	2152	2220	2250	2319	2349							
Whipps Cross Bus Station	1915	1935	1954	2014	2034	2101	2129	2159	2227	2257	2325	2355							
Leyton Baker's Arms (High Rd. Leyton)	1922	1941	2000	2020	2039	2105	2133	2203	2231	2301	2329	2359							
Walthamstow Central Station	1931	1948	2007	2027	2045	2111	2138	2208	2236	2306	2334	0004							
20		Saturdays (also Good Friday)																	
Debden Torrington Drive	0520	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0852	0907	0922	0936	0950	1004	1017	1030
Chester Road Castell Road	0525	0555	0615	0635	0655	0715	0735	0755	0816	0831	0846	0858	0913	0928	0942	0956	1011	1024	1037
Loughton Homebase	0528	0558	0619	0639	0659	0719	0739	0759	0820	0835	0850	0902	0917	0932	0946	1000	1015	1028	1042
Loughton Station	0532	0602	0624	0644	0704	0724	0744	0804	0825	0840	0855	0909	0924	0939	0953	1008	1023	1036	1050
Buckhurst Hill Bald Faced Stag	0536	0606	0628	0648	0708	0728	0748	0810	0831	0846	0901	0916	0931	0946	1000	1015	1030	1044	1058
Woodford Green The Castle	0540	0610	0632	0652	0712	0732	0752	0814	0835	0850	0906	0921	0936	0951	1006	1021	1036	1051	1105
Whipps Cross Bus Station	0546	0616	0638	0658	0719	0739	0759	0822	0843	0858	0915	0930	0945	1000	1015	1030	1045	1100	1115
Leyton Baker's Arms (High Rd. Leyton)	0550	0620	0642	0702	0724	0744	0804	0827	0848	0903	0921	0936	0951	1006	1021	1037	1052	1107	1122
Walthamstow Central Station	0555	0625	0647	0707	0729	0749	0812	0835	0856	0913	0931	0947	1003	1019	1034	1050	1105	1121	1136
Debden Torrington Drive	1043	1057	1111	1125		1325	1340	1355	1410	1425	1440	1455	1510	1525	1540	1555	1610	1625	1640
Chester Road Castell Road	1050	1104	1118	1132		1332	1347	1402	1417	1432	1447	1502	1517	1532	1547	1602	1617	1632	1647
Loughton Homebase	1055	1109	1123	1137	Then every 15 mins. until	1337	1352	1407	1422	1437	1452	1507	1522	1536	1551	1606	1621	1636	1651
Loughton Station	1103	1117	1131	1146		1346	1401	1416	1431	1445	1500	1515	1530	1544	1559	1614	1629	1643	1658
Buckhurst Hill Bald Faced Stag	1111	1125	1139	1154		1354	1409	1424	1438	1452	1507	1522	1537	1551	1606	1621	1636	1650	1705
Woodford Green The Castle	1119	1133	1147	1202		1402	1417	1432	1445	1459	1514	1529	1543	1557	1612	1627	1642	1656	1711
Whipps Cross Bus Station	1129	1143	1157	1212		1412	1427	1440	1453	1507	1522	1537	1552	1606	1621	1636	1651	1705	1720
Leyton Baker's Arms (High Rd. Leyton)	1136	1151	1206	1221	1421	1436	1449	1502	1516	1531	1544	1559	1613	1628	1642	1657	1711	1726	
Walthamstow Central Station	1151	1206	1221	1236	1436	1452	1505	1518	1532	1547	1600	1615	1629	1644	1658	1712	1726	1741	
Debden Torrington Drive	1655	1710	1725	1740	1755	1810	1825	1840	1900	1920	1940	2000	2030	2100	2130	2200	2230	2300	2330
Chester Road Castell Road	1702	1717	1732	1746	1801	1816	1831	1846	1906	1926	1946	2006	2036	2106	2135	2205	2235	2305	2335
Loughton Homebase	1706	1721	1736	1750	1805	1820	1835	1850	1910	1930	1950	2010	2039	2109	2138	2208	2238	2308	2338
Loughton Station	1713	1728	1743	1757	1812	1827	1841	1856	1915	1935	1955	2015	2044	2114	2143	2213	2243	2312	2342
Buckhurst Hill Bald Faced Stag	1720	1735	1749	1803	1818	1833	1847	1902	1921	1941	2001	2021	2050	2120	2148	2218	2247	2317	2347
Woodford Green The Castle	1726	1740	1754	1808	1823	1838	1852	1907	1926	1946	2006	2026	2054	2124	2152	2222	2251	2321	2351
Whipps Cross Bus Station	1735	1749	1803	1817	1832	1847	1901	1914	1933	1953	2013	2033	2101	2131	2159	2229	2258	2326	2356
Leyton Baker's Arms (High Rd. Leyton)	1741	1755	1809	1823	1838	1853	1907	1920	1939	1959	2019	2039	2107	2136	2204	2234	2303	2331	0001
Walthamstow Central Station	1755	1809	1823	1837	1850	1905	1917	1930	1946	2006	2026	2045	2113	2142	2210	2240	2308	2336	0006
20		Sundays and other Public Holidays (except Christmas Day)																	
Debden Torrington Drive	0625	0655	0725	0755	0825	0855	0925	0955	1025	1053	1123	1151	1220	1248	1316	1346	1416	1445	1512
Chester Road Castell Road	0630	0700	0730	0800	0830	0900	0931	1001	1031	1059	1129	1157	1226	1254	1322	1352	1422	1451	1518
Loughton Homebase	0633	0703	0733	0804	0834	0904	0935	1006	1036	1104	1134	1202	1231	1259	1327	1357	1427	1455	1522
Loughton Station	0637	0708	0738	0809	0839	0909	0940	1012	1042	1111	1141	1209	1238	1306	1334	1404	1434	1501	1528
Buckhurst Hill Bald Faced Stag	0641	0713	0743	0814	0844	0915	0946	1018	1048	1117	1147	1215	1244	1312	1340	1410	1440	1507	1534
Woodford Green The Castle	0645	0717	0747	0818	0848	0919	0951	1023	1053	1123	1153	1221	1250	1318	1346	1416	1446	1513	1540
Whipps Cross Bus Station	0652	0724	0754	0825															

20		Mondays to Fridays																				
Walthamstow Central Station	0610	0630	0646	0658	0711	0726	0741	0756	0811	0826	0842	0858	0914			1144	1159	1214	1229	1244		
Leyton Baker's Arms (Lea Bridge Road)	0615	0636	0652	0704	0718	0733	0748	0803	0818	0833	0849	0905	0921			1151	1206	1221	1236	1251		
Whipps Cross Lea Bridge Road	0618	0640	0656	0708	0722	0737	0752	0807	0822	0837	0853	0909	0925	Then		1155	1210	1225	1240	1255		
Woodford Green The Castle	0626	0649	0706	0719	0734	0749	0804	0819	0834	0849	0905	0920	0935	every		1205	1220	1235	1250	1305		
Buckhurst Hill Bald Faced Stag	0630	0653	0711	0725	0740	0755	0810	0825	0840	0855	0910	0925	0940	15		1210	1225	1240	1255	1310		
Loughton Station	0637	0701	0721	0735	0750	0805	0818	0833	0848	0903	0917	0932	0947	mins.		1217	1232	1247	1302	1317		
Loughton Homebase	0644	0708	0729	0743	0758	0814	0827	0842	0857	0912	0926	0941	0956	until		1226	1241	1256	1312	1327		
Chester Road Castell Road	0648	0713	0734	0748	0803	0819	0832	0847	0902	0917	0931	0946	1001			1231	1246	1301	1316	1331		
Debden Torrington Drive	0657	0723	0744	0758	0812	0826	0839	0854	0908	0923	0937	0952	1007			1237	1253	1309	1324	1339		
Walthamstow Central Station	1259	1314	1329	1343	1358	1412	1426	1438	1450	1505	1520	1535	1550	1605	1620					1705	1720	1735
Leyton Baker's Arms (Lea Bridge Road)	1306	1322	1337	1351	1406	1420	1434	1446	1459	1514	1529	1544	1559	1614	1629					1714	1729	1744
Whipps Cross Lea Bridge Road	1310	1326	1341	1355	1410	1424	1438	1450	1503	1518	1533	1548	1603	1618	1633	Then				1718	1733	1748
Woodford Green The Castle	1320	1336	1351	1405	1420	1434	1448	1503	1518	1533	1548	1603	1617	1632	1647	every				1732	1747	1802
Buckhurst Hill Bald Faced Stag	1325	1341	1356	1411	1426	1440	1454	1509	1524	1539	1554	1609	1623	1638	1653	15				1738	1753	1807
Loughton Station	1332	1348	1403	1419	1434	1450	1505	1520	1535	1550	1605	1618	1631	1646	1701	mins.				1746	1801	1815
Loughton Homebase	1342	1358	1413	1429	1444	1459	1514	1529	1544	1559	1614	1627	1640	1655	1709	until				1754	1808	1822
Chester Road Castell Road	1346	1402	1418	1434	1449	1504	1519	1534	1549	1604	1619	1632	1645	1700	1714					1759	1813	1827
Debden Torrington Drive	1354	1410	1426	1442	1457	1512	1527	1542	1557	1612	1627	1640	1653	1708	1722					1807	1821	1835
20	Mondays to Fridays (cont.)															Sats						
Walthamstow Central Station	1750	1806	1822	1837	1853	1909	1925	1945	2005	2025	2045	2115	2145	2215	2245	2315	2345	0015	0610			
Leyton Baker's Arms (Lea Bridge Road)	1759	1814	1830	1845	1901	1916	1932	1952	2011	2031	2051	2121	2151	2221	2251	2320	2350	0020	0614			
Whipps Cross Lea Bridge Road	1803	1818	1834	1849	1905	1920	1936	1956	2014	2034	2054	2123	2153	2223	2253	2322	2352	0022	0617			
Woodford Green The Castle	1816	1830	1844	1859	1914	1929	1945	2004	2022	2042	2101	2130	2200	2230	2300	2328	2358	0028	0623			
Buckhurst Hill Bald Faced Stag	1821	1835	1849	1904	1918	1933	1949	2008	2026	2045	2104	2133	2203	2233	2303	2331	0001	0031	0627			
Loughton Station	1829	1842	1856	1911	1925	1940	1955	2014	2032	2050	2109	2138	2208	2238	2308	2336	0006	0036	0633			
Loughton Homebase	1836	1849	1903	1917	1931	1946	2001	2020	2038	2056	2115	2144	2214	2244	2313	2341	0011	0041	0638			
Chester Road Castell Road	1841	1854	1907	1921	1935	1950	2004	2023	2041	2059	2118	2147	2217	2247	2316	2344	0014	0044	0641			
Debden Torrington Drive	1849	1902	1914	1928	1942	1957	2011	2030	2048	2106	2124	2153	2223	2253	2322	2350	0020	0050	0647			
20	Saturdays (also Good Friday) (cont.)																					
Walthamstow Central Station	0630	0650	0710	0730	0750	0810	0830	0844	0858	0913	0926	0939	0953	1007	1022	1036	1049	1103	1118			
Leyton Baker's Arms (Lea Bridge Road)	0634	0654	0714	0734	0754	0815	0835	0849	0903	0919	0932	0945	0959	1014	1029	1043	1056	1111	1126			
Whipps Cross Lea Bridge Road	0637	0657	0717	0737	0757	0818	0838	0852	0906	0922	0935	0948	1003	1018	1033	1047	1100	1115	1130			
Woodford Green The Castle	0643	0703	0725	0745	0805	0826	0846	0900	0915	0931	0944	0957	1012	1027	1042	1056	1110	1125	1140			
Buckhurst Hill Bald Faced Stag	0647	0707	0729	0749	0809	0830	0850	0904	0919	0935	0948	1001	1016	1031	1046	1100	1115	1130	1145			
Loughton Station	0653	0713	0735	0755	0815	0836	0856	0911	0926	0942	0955	1009	1024	1039	1054	1108	1123	1138	1153			
Loughton Homebase	0658	0719	0741	0801	0822	0843	0903	0919	0934	0950	1003	1018	1033	1048	1103	1118	1133	1148	1203			
Chester Road Castell Road	0701	0722	0744	0804	0825	0846	0907	0923	0938	0954	1008	1023	1038	1053	1108	1123	1138	1153	1208			
Debden Torrington Drive	0708	0729	0751	0811	0832	0853	0914	0930	0945	1001	1016	1031	1046	1101	1117	1132	1147	1202	1216			
Walthamstow Central Station	1133	1148	1202			1647	1702	1717	1732	1747	1803	1819	1835	1851	1907	1923	1944	2014	2045	2115		
Leyton Baker's Arms (Lea Bridge Road)	1141	1156	1211			1656	1711	1726	1741	1756	1812	1828	1843	1859	1915	1931	1952	2022	2052	2121		
Whipps Cross Lea Bridge Road	1145	1200	1215	Then		1700	1715	1730	1745	1800	1816	1832	1847	1902	1918	1934	1955	2025	2055	2124		
Woodford Green The Castle	1155	1210	1225	every		1710	1725	1740	1755	1810	1826	1841	1856	1911	1927	1942	2003	2033	2103	2131		
Buckhurst Hill Bald Faced Stag	1200	1215	1230	15		1715	1730	1745	1800	1815	1831	1845	1900	1915	1931	1946	2007	2037	2107	2135		
Loughton Station	1207	1222	1237	mins.		1722	1737	1752	1807	1822	1837	1851	1906	1921	1936	1951	2012	2042	2112	2140		
Loughton Homebase	1217	1231	1246	until		1731	1745	1800	1815	1830	1844	1858	1913	1928	1942	1957	2018	2048	2118	2145		
Chester Road Castell Road	1222	1236	1251			1736	1750	1805	1820	1834	1848	1902	1917	1932	1946	2001	2022	2052	2122	2149		
Debden Torrington Drive	1230	1244	1259			1744	1758	1813	1828	1842	1856	1910	1925	1940	1954	2009	2030	2058	2128	2154		
20	Saturdays (also G. Fri) (cont.)															Sundays and other Public Holidays (except Christmas Day)						
Walthamstow Central Station	2145	2215	2245	2315	2345	0015	0710	0740	0810	0838	0907	0936	1000	1029	1057	1118	1146	1214	1244			
Leyton Baker's Arms (Lea Bridge Road)	2151	2221	2251	2320	2350	0020	0714	0744	0814	0842	0912	0941	1006	1035	1103	1125	1153	1222	1252			
Whipps Cross Lea Bridge Road	2154	2224	2254	2323	2353	0023	0717	0747	0817	0845	0915	0944	1010	1039	1107	1129	1157	1226	1256			
Woodford Green The Castle	2201	2231	2301	2330	0000	0030	0724	0754	0825	0853	0923	0952	1018	1047	1115	1137	1205	1235	1305			
Buckhurst Hill Bald Faced Stag	2205	2235	2304	2333	0003	0033	0728	0758	0829	0857	0927	0956	1022	1051	1119	1141	1209	1239	1309			
Loughton Station	2210	2240	2309	2338	0008	0038	0733	0803	0834	0902	0932	1001	1028	1057	1126	1148	1216	1246	1316			
Loughton Homebase	2215	2245	2314	2343	0013	0043	0738	0808	0839	0908	0938	1008	1035	1104	1134	1156	1225	1255	1325			
Chester Road Castell Road	2219	2249	2317	2346	0016	0046	0741	0811	0842	0912	0942	1012	1039	1108	1138	1200	1230	1300	1330			
Debden Torrington Drive	2224	2254	2322	2351	0021	0051	0748	0818	0849	0919	0949	1019	1046	1115	1145	1208	1238	1308	1338			
20	Sundays and other Public Holidays (except Christmas Day) (cont.)																					
Walthamstow Central Station	1314	1344	1414			1614	1644	1714	1744	1814	1844	1915			2045	2115	2145	2215	2245	0015		
Leyton Baker's Arms (Lea Bridge Road)	1322	1352	1422			1622	1652	1721	1751	1821	1851	1921			2051	2120	2150	2220	2250	0020		
Whipps Cross Lea Bridge Road	1326	1356	1426	Then		1626	1656	1725	1755	1824	1854	1924	Then		2054	2123	2153	2223	2253	Then	0023	