

20		Mondays to Fridays																	
Debden Torrington Drive	0520	0548	0601	0615	0629	0641	0653	0705	0720	0735	0750	0805	0820	0836	0852	0908		1253	
Loughton Homebase	0531	0559	0612	0626	0640	0652	0704	0718	0733	0748	0803	0818	0833	0849	0905	0920	Then	1305	
Loughton Station	0535	0603	0618	0632	0646	0658	0710	0726	0741	0756	0812	0827	0842	0858	0913	0928	every	1313	
Buckhurst Hill Bald Faced Stag	0541	0610	0625	0639	0653	0705	0718	0735	0751	0806	0821	0836	0851	0907	0921	0936	15	1321	
Woodford Green The Castle	0545	0616	0631	0645	0659	0713	0727	0744	0800	0815	0830	0845	0900	0912	0926	0941	mins.	1326	
Whipps Cross Bus Station	0556	0629	0644	0658	0713	0729	0745	0802	0816	0830	0845	0900	0912	0923	0936	0951	until	1336	
Walthamstow Central Station	0608	0642	0657	0712	0728	0744	0801	0818	0832	0846	0901	0915	0927	0938	0951	1006		1351	
Debden Torrington Drive	1309	1325	1339	1354	1410	1426	1441	1457	1513	1530	1547	1604	1620	1636	1652	1708	1724	1740	
Loughton Homebase	1321	1337	1351	1406	1423	1439	1454	1510	1527	1544	1601	1616	1632	1648	1704	1720	1736	1752	
Loughton Station	1329	1345	1400	1415	1432	1448	1503	1519	1536	1553	1609	1624	1640	1656	1712	1728	1744	1800	
Buckhurst Hill Bald Faced Stag	1337	1353	1408	1423	1440	1456	1512	1528	1545	1602	1617	1632	1648	1704	1720	1736	1752	1807	
Woodford Green The Castle	1342	1358	1415	1430	1447	1503	1520	1536	1553	1609	1624	1639	1655	1710	1726	1742	1758	1812	
Whipps Cross Bus Station	1352	1408	1425	1441	1458	1515	1532	1548	1605	1620	1635	1650	1706	1721	1737	1753	1809	1822	
Walthamstow Central Station	1410	1427	1444	1500	1517	1534	1551	1607	1622	1637	1652	1707	1720	1735	1751	1807	1823	1836	
Debden Torrington Drive	1755	1811	1827	1843	1859	1915	1930	1946	2006	2031	2101	2131	2201	2231	2300	2330			
Loughton Homebase	1806	1822	1838	1854	1909	1925	1940	1956	2016	2041	2109	2139	2209	2239	2308	2338			
Loughton Station	1812	1828	1844	1900	1915	1931	1946	2002	2022	2047	2114	2144	2213	2243	2312	2342			
Buckhurst Hill Bald Faced Stag	1819	1835	1851	1906	1921	1937	1952	2008	2028	2053	2119	2149	2218	2247	2316	2346			
Woodford Green The Castle	1824	1840	1856	1910	1925	1941	1956	2012	2032	2057	2123	2153	2222	2251	2320	2350			
Whipps Cross Bus Station	1834	1850	1906	1919	1934	1950	2005	2021	2041	2106	2132	2202	2231	2259	2327	2357			
Walthamstow Central Station	1848	1904	1919	1932	1947	2003	2018	2034	2054	2117	2143	2213	2241	2308	2336	0006			
20		Saturdays (also Good Friday)																	
Debden Torrington Drive	0520	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0856	0910	0926	0941	0957	1013	1028	
Loughton Homebase	0528	0558	0619	0639	0659	0719	0739	0759	0820	0835	0850	0906	0921	0937	0952	1008	1024	1040	
Loughton Station	0532	0602	0624	0644	0704	0724	0744	0804	0825	0840	0855	0913	0929	0945	1000	1016	1032	1048	
Buckhurst Hill Bald Faced Stag	0536	0606	0628	0648	0708	0728	0748	0810	0831	0846	0901	0920	0937	0953	1008	1024	1040	1056	
Woodford Green The Castle	0540	0610	0632	0652	0712	0732	0752	0814	0835	0850	0906	0925	0942	0958	1014	1030	1047	1103	
Whipps Cross Bus Station	0546	0616	0638	0658	0719	0739	0759	0822	0843	0858	0916	0935	0952	1008	1024	1040	1057	1114	
Walthamstow Central Station	0555	0625	0647	0707	0729	0749	0812	0835	0856	0912	0932	0951	1008	1024	1041	1058	1115	1133	
Debden Torrington Drive	1044	1059		1251	1307	1323	1339	1355	1411	1427		1603	1619	1635	1651	1707	1722	1738	
Loughton Homebase	1056	1111	Then	1303	1319	1335	1351	1406	1422	1438	Then	1614	1630	1646	1702	1718	1733	1749	
Loughton Station	1104	1120	every	1312	1328	1344	1400	1414	1430	1446	every	1622	1638	1654	1709	1725	1740	1756	
Buckhurst Hill Bald Faced Stag	1113	1129	16	1321	1337	1353	1408	1422	1438	1454	16	1630	1646	1702	1716	1732	1747	1803	
Woodford Green The Castle	1120	1136	mins.	1328	1344	1400	1415	1429	1445	1501	mins.	1637	1653	1708	1722	1738	1753	1807	
Whipps Cross Bus Station	1131	1147	until	1339	1355	1411	1426	1440	1456	1511	until	1647	1703	1718	1732	1748	1803	1817	
Walthamstow Central Station	1150	1206		1358	1413	1429	1444	1458	1513	1528		1704	1718	1733	1747	1803	1817	1831	
Debden Torrington Drive	1754	1810	1825	1840	1855	1910	1925	1940	2000	2020	2040	2100	2120	2140	2200	2230	2300	2330	
Loughton Homebase	1805	1820	1835	1850	1905	1920	1935	1950	2010	2030	2050	2110	2130	2150	2208	2238	2308	2338	
Loughton Station	1811	1826	1841	1856	1910	1925	1940	1955	2015	2035	2055	2114	2134	2154	2212	2242	2312	2342	
Buckhurst Hill Bald Faced Stag	1818	1833	1848	1903	1916	1931	1946	2001	2021	2041	2101	2120	2140	2200	2218	2248	2318	2348	
Woodford Green The Castle	1822	1837	1852	1907	1920	1935	1950	2005	2025	2045	2105	2124	2144	2203	2221	2251	2321	2351	
Whipps Cross Bus Station	1832	1847	1902	1917	1930	1945	2000	2015	2035	2055	2114	2133	2153	2212	2230	2300	2330	0000	
Walthamstow Central Station	1846	1901	1915	1930	1943	1958	2013	2028	2048	2106	2125	2144	2204	2220	2238	2308	2338	0008	
20		Sundays and other Public Holidays (except Christmas Day)																	
Debden Torrington Drive	0625	0655	0725	0755	0825	0851	0921	0949	1016		Then	46	16	1416	1445	1512	1542	1612	
Loughton Homebase	0634	0704	0734	0804	0834	0900	0931	0959	1028		every 30	58	28	1428	1457	1522	1552	1622	
Loughton Station	0638	0708	0738	0808	0838	0905	0936	1004	1034		minutes	04	34	1434	1503	1528	1558	1628	
Buckhurst Hill Bald Faced Stag	0643	0713	0743	0813	0843	0911	0942	1010	1040		at these	10	40	until	1440	1509	1534	1604	1634
Woodford Green The Castle	0647	0717	0747	0817	0847	0916	0947	1016	1046		minutes	16	46	1446	1515	1540	1610	1640	
Whipps Cross Bus Station	0654	0724	0754	0824	0854	0926	0957	1026	1056		past	26	56	1456	1524	1549	1619	1649	
Walthamstow Central Station	0704	0734	0804	0834	0904	0937	1009	1040	1110		the hour	40	10	1510	1538	1603	1633	1703	
Debden Torrington Drive	1642	1712	1739	1808	1838	1908	1935	2003	2030	2100	2130	2200	2230	2300	2330				
Loughton Homebase	1652	1721	1748	1817	1847	1917	1944	2011	2038	2108	2138	2208	2238	2308	2338				
Loughton Station	1658	1727	1754	1823	1853	1922	1949	2016	2043	2113	2143	2213	2243	2313	2343				
Buckhurst Hill Bald Faced Stag	1704	1732	1759	1828	1858	1927	1954	2021	2048	2118	2148	2217	2247	2317	2347				
Woodford Green The Castle	1709	1737	1804	1833	1903	1931	1958	2025	2052	2122	2152	2221	2251	2321	2351				
Whipps Cross Bus Station	1718	1746	1813	1842	1911	1939	2006	2033	2100	2130	2200	2228	2258	2328	2358				
Walthamstow Central Station	1730	1758	1825	1854	1922	1950	2016	2043	2110	2140	2207	2235	2305	2335	0005				

20		Mondays to Fridays																
Walthamstow Central Station	0610	0630	0645	0656	0710	0724	0739	0756	0812	0828	0844	0900	0915	0929	0943	0957	1011	1025
Whipps Cross <i>Lea Bridge Road</i>	0619	0639	0654	0706	0721	0736	0751	0809	0825	0841	0857	0912	0927	0941	0955	1009	1023	1037
Woodford Green <i>The Castle</i>	0628	0648	0703	0717	0733	0750	0805	0823	0839	0855	0911	0924	0939	0953	1007	1021	1035	1049
Buckhurst Hill <i>Bald Faced Stag</i>	0633	0653	0710	0724	0741	0758	0812	0829	0845	0901	0916	0929	0944	0958	1012	1026	1040	1054
Loughton Station	0639	0659	0717	0732	0750	0807	0820	0836	0852	0908	0923	0936	0951	1005	1019	1033	1047	1101
Loughton Homebase	0645	0705	0725	0740	0758	0815	0828	0844	0900	0916	0931	0944	0959	1013	1027	1041	1055	1111
Debden <i>Burton Road/Sainsbury's</i>	0659	0719	0739	0754	0810	0827	0840	0856	0912	0928	0943	0956	1011	1025	1039	1053	1107	1124
Walthamstow Central Station	1039	1054	1109	1124	1139	1153	1208	1223	1238	1253	1308	1323	1338	1353	1408	1424	1439	1454
Whipps Cross <i>Lea Bridge Road</i>	1051	1106	1121	1136	1151	1206	1221	1236	1251	1306	1321	1336	1351	1406	1422	1438	1453	1509
Woodford Green <i>The Castle</i>	1103	1118	1133	1148	1203	1218	1233	1248	1303	1318	1333	1348	1403	1420	1436	1452	1507	1527
Buckhurst Hill <i>Bald Faced Stag</i>	1108	1123	1138	1153	1208	1223	1238	1253	1308	1323	1338	1353	1410	1427	1443	1459	1515	1535
Loughton Station	1115	1130	1145	1200	1215	1230	1245	1300	1315	1330	1345	1402	1419	1436	1453	1509	1525	1545
Loughton Homebase	1125	1140	1155	1210	1225	1240	1255	1310	1325	1340	1355	1412	1429	1446	1503	1518	1534	1554
Debden <i>Burton Road/Sainsbury's</i>	1138	1153	1209	1224	1239	1254	1309	1324	1339	1354	1410	1428	1445	1502	1519	1534	1550	1608
Walthamstow Central Station	1511	1528	1545	1602	1619	1636	1653	1710	1727	1742	1757	1812	1827	1842	1858	1914	1929	1945
Whipps Cross <i>Lea Bridge Road</i>	1526	1543	1600	1616	1633	1650	1707	1724	1741	1756	1810	1825	1840	1855	1911	1926	1941	1957
Woodford Green <i>The Castle</i>	1544	1601	1619	1635	1652	1709	1725	1742	1759	1814	1824	1839	1854	1909	1923	1938	1953	2009
Buckhurst Hill <i>Bald Faced Stag</i>	1552	1607	1625	1641	1658	1714	1730	1747	1804	1819	1829	1844	1859	1914	1928	1943	1958	2013
Loughton Station	1602	1616	1634	1650	1707	1722	1738	1755	1811	1826	1836	1851	1906	1920	1934	1949	2004	2019
Loughton Homebase	1612	1626	1644	1700	1715	1730	1746	1803	1819	1834	1844	1859	1913	1927	1941	1956	2010	2025
Debden <i>Burton Road/Sainsbury's</i>	1626	1640	1658	1713	1728	1743	1759	1815	1831	1846	1856	1909	1923	1937	1951	2006	2019	2034
Walthamstow Central Station	2000	2014	2029	2044	2113	2144	2215	2245	2315	2345	0015							
Whipps Cross <i>Lea Bridge Road</i>	2010	2024	2039	2054	2122	2153	2224	2254	2324	2354	0024							
Woodford Green <i>The Castle</i>	2020	2034	2049	2104	2131	2202	2232	2302	2332	0002	0032							
Buckhurst Hill <i>Bald Faced Stag</i>	2024	2038	2053	2108	2135	2205	2235	2305	2335	0005	0035							
Loughton Station	2030	2044	2059	2113	2140	2210	2240	2310	2340	0010	0040							
Loughton Homebase	2036	2050	2105	2119	2146	2215	2245	2315	2345	0015	0045							
Debden <i>Burton Road/Sainsbury's</i>	2045	2059	2114	2128	2155	2224	2254	2324	2354	0024	0054							
20		Saturdays (also Good Friday)																
Walthamstow Central Station	0610	0630	0650	0710	0730	0750	0810	0830	0845	0900	0915	0930	0945	0959	1013	1029	1044	1059
Whipps Cross <i>Lea Bridge Road</i>	0617	0637	0657	0717	0737	0757	0818	0838	0853	0909	0924	0939	0954	1010	1026	1042	1057	1111
Woodford Green <i>The Castle</i>	0623	0643	0703	0725	0745	0805	0826	0846	0901	0918	0934	0949	1004	1020	1036	1052	1107	1123
Buckhurst Hill <i>Bald Faced Stag</i>	0627	0647	0707	0729	0749	0809	0830	0850	0906	0923	0939	0954	1010	1026	1042	1058	1113	1129
Loughton Station	0633	0653	0713	0735	0755	0815	0836	0856	0913	0930	0946	1001	1018	1034	1050	1106	1121	1137
Loughton Homebase	0638	0658	0719	0741	0801	0822	0843	0903	0921	0939	0956	1012	1029	1045	1101	1117	1132	1148
Debden <i>Burton Road/Sainsbury's</i>	0647	0708	0729	0751	0811	0832	0853	0915	0934	0952	1009	1025	1042	1058	1115	1131	1146	1202
Walthamstow Central Station	1114	1130	1146	1201	Then every 16 minutes until	1649	1705	1721	1737	1753	1809	1825	1841	1857	1913	1929	1945	
Whipps Cross <i>Lea Bridge Road</i>	1128	1144	1200	1216		1704	1720	1736	1752	1808	1823	1839	1855	1910	1925	1941	1957	
Woodford Green <i>The Castle</i>	1140	1156	1212	1228		1716	1732	1748	1804	1819	1834	1850	1906	1921	1936	1952	2008	
Buckhurst Hill <i>Bald Faced Stag</i>	1146	1202	1218	1234		1722	1738	1754	1809	1824	1839	1855	1911	1926	1941	1957	2013	
Loughton Station	1154	1210	1226	1242		1730	1746	1802	1817	1832	1847	1903	1918	1933	1948	2004	2019	
Loughton Homebase	1205	1221	1237	1253		1741	1757	1810	1825	1840	1855	1909	1924	1939	1954	2010	2025	
Debden <i>Burton Road/Sainsbury's</i>	1219	1235	1251	1307	1755	1810	1822	1837	1852	1907	1920	1935	1950	2005	2021	2036		
Walthamstow Central Station	2001	2021	2041	2101	2121	2141	2211	2241	2315	2345	0015							
Whipps Cross <i>Lea Bridge Road</i>	2012	2032	2052	2112	2132	2152	2222	2252	2324	2354	0024							
Woodford Green <i>The Castle</i>	2022	2042	2102	2122	2142	2202	2232	2302	2332	0002	0032							
Buckhurst Hill <i>Bald Faced Stag</i>	2027	2047	2106	2126	2146	2206	2236	2306	2336	0006	0036							
Loughton Station	2033	2053	2112	2132	2152	2212	2242	2311	2341	0011	0041							
Loughton Homebase	2039	2059	2117	2137	2157	2217	2246	2316	2346	0016	0046							
Debden <i>Burton Road/Sainsbury's</i>	2050	2109	2127	2146	2205	2225	2254	2324	2354	0024	0054							
20		Sundays and other Public Holidays (except Christmas Day)																
Walthamstow Central Station	0710	0740	0810	0834	0856	0924	0951	1018	1041	1109	1139	1209	1239	1309	1338	1406	1436	1506
Whipps Cross <i>Lea Bridge Road</i>	0718	0748	0818	0842	0905	0933	1000	1029	1052	1122	1152	1222	1252	1322	1351	1419	1449	1519
Woodford Green <i>The Castle</i>	0726	0756	0826	0850	0914	0942	1010	1039	1102	1132	1202	1232	1302	1332	1401	1429	1459	1529
Buckhurst Hill <i>Bald Faced Stag</i>	0730	0800	0830	0854	0918	0946	1014	1043	1108	1138	1208	1238	1308	1338	1407	1435	1505	1535
Loughton Station	0735	0805	0835	0859	0923	0951	1020	1049	1115	1145	1215	1245	1315	1345	1414	1442	1512	1542
Loughton Homebase	0739	0809	0839	0904	0929	0957	1027	1056	1124	1154	1224	1254	1324	1354	1423	1451	1521	1551
Debden <i>Burton Road/Sainsbury's</i>	0747	0817	0847	0914	0939	1007	1037	1106	1135	1205	1235	1305	1335	1405	1434	1502	1532	1602
Walthamstow Central Station	1536	1606	1636	1707	1738	1810	1842	1912	1943	2013	2043	2113	2143	2215	2245	2315	2345	0015
Whipps Cross <i>Lea Bridge Road</i>	1549	1619	1649	1719	1750	1821	1853	1922	1953	2023	2053	2123	2153	2223	2253	2323	2353	0023
Woodford Green <i>The Castle</i>	1559	1629	1659	1729	1800	1830	1902	1930	2001	2031	2101	2131	2201	2230	2300	2330	0000	0030
Buckhurst Hill <i>Bald Faced Stag</i>	1605	1635	1705	1735	1805	1835	1907	1935	2005	2035	2105	2135	2205	2234	2304	2334	0004	0034
Loughton Station	1612	1642	1711	1741	1811	1841	1912	1940	2010	2040	2110	2140	2209	2238	2308	2338	0008	0038
Loughton Homebase	1621	1651	1717	1747	1816	1846	1917	1945	2015	2045	2115	2145	2212	2241	2311	2341	0011	0041
Debden <i>Burton Road/Sainsbury's</i>	1632	1702	1727	1757	1826	1856	1927	1955	2023	2053	2123	2153	2219	2248	2318	2348	0018	0048