

25		Mondays to Fridays															
Ilford High Road Hainault Street	0410	0420	0430	0440	0450		1937				0007						
Manor Park Broadway	0419	0429	0439	0449	0459		1950				0015						
Forest Gate Police Station	0424	0434	0444	0454	0504		1956				0019						
Stratford Bus Station	0435	0445	0455	0505	0515	Then	2010	Then			0028						
Bow Church Station	0444	0454	0504	0514	0524	about	2022	about			0036						
Mile End Station	0447	0457	0507	0517	0527	every 7-8	2026	every 10			0039						
Whitechapel Station	0454	0504	0514	0524	0534	minutes	2036	minutes			0046						
Aldgate Station Aldgate High Street	0500	0510	0520	0530	0540	until	2043	until			0052						
Bank Station Cornhill	0507	0517	0527	0537	0547		2051				0059						
St Paul's Station Newgate Street	0509	0519	0529	0539	0549		2054				0101						
City Thameslink Stn. Holborn Viaduct	0511	0521	0531	0541	0551		2056				0103						
25		Saturdays (also Good Friday)															
Ilford High Road Hainault Street	0410		0520	0528			1935	1946	1957		0007						
Manor Park Broadway	0419		0529	0537			1952	2003	2013		0017						
Forest Gate Police Station	0423		0533	0541			1958	2009	2019		0021						
Stratford Bus Station	0432	Then	0542	0550	Then		2013	2023	2033	Then	0031						
Bow Church Station	0440	every 10	0550	0558	about		2025	2035	2045	about	0040						
Mile End Station	0443	minutes	0553	0601	every 7-8		2028	2038	2048	every 10	0043						
Whitechapel Station	0449	until	0559	0607	minutes		2038	2048	2058	minutes	0051						
Aldgate Station Aldgate High Street	0454		0604	0613	until		2046	2056	2106	until	0058						
Bank Station Cornhill	0500		0610	0620			2054	2104	2114		0107						
St Paul's Station Newgate Street	0502		0612	0622			2056	2106	2116		0110						
City Thameslink Stn. Holborn Viaduct	0504		0614	0624			2058	2108	2118		0112						
25		Sundays and other Public Holidays (except Christmas Day)															
Ilford High Road Hainault Street	0410		0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734	0746	0758	0810
Manor Park Broadway	0419		0531	0543	0555	0607	0619	0631	0643	0655	0707	0719	0731	0743	0755	0807	0820
Forest Gate Police Station	0423		0535	0547	0559	0612	0624	0636	0648	0700	0712	0724	0736	0748	0800	0812	0825
Stratford Bus Station	0433	Then	0545	0557	0609	0622	0634	0646	0658	0710	0722	0734	0746	0758	0810	0823	0836
Bow Church Station	0441	every 12	0553	0605	0618	0631	0643	0655	0707	0720	0732	0744	0756	0809	0821	0833	0846
Mile End Station	0444	minutes	0556	0608	0621	0634	0646	0658	0710	0723	0735	0747	0759	0812	0824	0836	0849
Whitechapel Station	0451	until	0603	0615	0628	0641	0653	0705	0717	0730	0742	0754	0806	0819	0831	0843	0856
Aldgate Station Aldgate High Street	0456		0608	0621	0634	0647	0659	0711	0723	0736	0748	0800	0812	0825	0837	0849	0902
Bank Station Cornhill	0502		0614	0627	0640	0653	0705	0717	0729	0742	0754	0806	0818	0831	0843	0855	0908
St Paul's Station Newgate Street	0504		0616	0629	0642	0655	0707	0719	0731	0744	0756	0808	0820	0833	0845	0857	0910
City Thameslink Stn. Holborn Viaduct	0506		0618	0631	0644	0657	0709	0721	0733	0746	0758	0810	0822	0835	0847	0859	0912
Ilford High Road Hainault Street	0822	0832															0007
Manor Park Broadway	0832	0842															0016
Forest Gate Police Station	0837	0847															0020
Stratford Bus Station	0848	0858	Then														0030
Bow Church Station	0858	0908	about														0039
Mile End Station	0901	0911	every 10														0042
Whitechapel Station	0908	0920	minutes														0049
Aldgate Station Aldgate High Street	0914	0926	until														0054
Bank Station Cornhill	0920	0932															0100
St Paul's Station Newgate Street	0922	0934															0102
City Thameslink Stn. Holborn Viaduct	0924	0936															0104

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City Thameslink – Stratford – Ilford

25 Mondays to Fridays															
Holborn Circus <i>Holborn Viaduct</i>	0510	0520	0530	0540	0550		1637		1809		2041		0030		
St Paul's Station <i>Newgate Street</i>	0512	0522	0532	0542	0552		1640		1812		2043		0032		
Bank Station <i>Cornhill</i>	0517	0527	0537	0547	0557		1645		1817		2047		0036		
Aldgate Station <i>Aldgate High Street</i>	0524	0534	0544	0554	0604	Then	1658	Then	1829	Then	2057	Then	0045		
Whitechapel Station	0529	0539	0549	0559	0609	about	1708	about	1838	about	2105	about	0051		
Mile End Station	0535	0545	0555	0605	0615	every 7-8	1720	every 6-7	1848	every 7-8	2114	every 10	0059		
Bow Church Station	0538	0548	0558	0608	0618	minutes	1726	minutes	1854	minutes	2118	minutes	0102		
Stratford Bus Station	0546	0556	0606	0617	0627	until	1742	until	1906	until	2128	until	0111		
Forest Gate Police Station	0554	0604	0615	0626	0636		1757		1920		2139		0120		
Manor Park <i>Broadway</i>	0557	0607	0618	0629	0639		1803		1925		2143		0123		
Ilford High Road <i>Hainault Street</i>	0606	0616	0627	0638	0648		1820		1940		2152		0131		
25 Saturdays (also Good Friday)															
Holborn Circus <i>Holborn Viaduct</i>	0510		0610	0619			2041				0030				
St Paul's Station <i>Newgate Street</i>	0512		0612	0621			2043				0032				
Bank Station <i>Cornhill</i>	0515		0615	0624			2046				0035				
Aldgate Station <i>Aldgate High Street</i>	0522	Then	0622	0631	Then		2055	Then			0044				
Whitechapel Station	0527	every 10	0627	0636	about		2103	about			0051				
Mile End Station	0533	minutes	0633	0642	every 7-8		2113	every 10			0058				
Bow Church Station	0536	until	0636	0645	minutes		2118	minutes			0101				
Stratford Bus Station	0544		0644	0653	until		2128	until			0111				
Forest Gate Police Station	0553		0653	0702			2138				0120				
Manor Park <i>Broadway</i>	0556		0656	0705			2142				0124				
Ilford High Road <i>Hainault Street</i>	0604		0704	0714			2153				0133				
25 Sundays and other Public Holidays (except Christmas Day)															
Holborn Circus <i>Holborn Viaduct</i>	0510	0522	0534				0710	0722	0734	0746	0758	0810	0822	0030	
St Paul's Station <i>Newgate Street</i>	0512	0524	0536				0712	0724	0736	0748	0800	0812	0824	0032	
Bank Station <i>Cornhill</i>	0515	0527	0539				0715	0727	0739	0751	0803	0815	0827	0035	
Aldgate Station <i>Aldgate High Street</i>	0522	0534	0546	Then			0722	0734	0746	0758	0810	0822	0834	Then	0041
Whitechapel Station	0527	0539	0551	every 12			0727	0739	0751	0803	0815	0828	0840	about	0047
Mile End Station	0534	0546	0558	minutes			0734	0746	0758	0810	0822	0835	0847	every 10	0055
Bow Church Station	0537	0549	0601	until			0737	0749	0801	0813	0826	0839	0851	minutes	0058
Stratford Bus Station	0545	0557	0610				0746	0758	0810	0822	0835	0848	0900	until	0107
Forest Gate Police Station	0554	0606	0619				0755	0807	0820	0832	0845	0858	0910		0116
Manor Park <i>Broadway</i>	0557	0609	0622				0758	0811	0824	0836	0849	0902	0914		0120
Ilford High Road <i>Hainault Street</i>	0605	0618	0631				0807	0820	0833	0845	0858	0911	0923		0128