

25	Mondays to Fridays																	
Holborn Circus Holborn Viaduct	0510	0520	0530	0540	0550	0557	0604	0611	0619	0626	0633	0640	0647	0654	0701	0708	0716	0723
St Paul's Station Newgate Street	0512	0522	0532	0542	0552	0559	0606	0613	0621	0628	0635	0642	0649	0656	0703	0710	0718	0725
Bank Station Cornhill	0517	0527	0537	0547	0557	0604	0611	0618	0626	0633	0640	0647	0654	0701	0708	0715	0723	0730
Aldgate Station Aldgate High Street	0524	0534	0544	0554	0604	0611	0620	0627	0635	0642	0649	0656	0703	0710	0718	0725	0733	0740
Whitechapel Station	0529	0539	0549	0559	0609	0617	0626	0633	0641	0648	0655	0702	0709	0716	0724	0731	0739	0746
Mile End Station	0535	0545	0555	0605	0615	0623	0632	0639	0647	0654	0701	0708	0716	0723	0731	0738	0746	0753
Bow Church Station	0538	0548	0558	0608	0618	0626	0635	0642	0650	0657	0704	0712	0720	0727	0735	0742	0750	0757
Stratford Bus Station	0546	0556	0606	0617	0627	0635	0644	0651	0659	0706	0714	0722	0730	0737	0745	0752	0800	0808
Forest Gate Police Station	0554	0604	0615	0626	0636	0644	0653	0700	0709	0717	0725	0733	0741	0748	0756	0803	0811	0820
Manor Park Broadway	0557	0607	0618	0629	0639	0647	0656	0703	0712	0721	0729	0737	0745	0752	0800	0808	0816	0825
Ilford High Road Hainault Street	0606	0616	0627	0638	0648	0656	0705	0714	0723	0732	0740	0748	0756	0803	0811	0820	0828	0837
Holborn Circus Holborn Viaduct	0731	0738	0745	0752	0758	0805	0813	0820	0828	0835	0843	0850	0858	0905	0913	0920	0928	0935
St Paul's Station Newgate Street	0733	0740	0747	0754	0800	0808	0816	0823	0831	0838	0846	0853	0901	0908	0915	0922	0930	0937
Bank Station Cornhill	0738	0745	0752	0759	0805	0813	0821	0828	0836	0843	0851	0858	0906	0913	0920	0927	0935	0942
Aldgate Station Aldgate High Street	0748	0755	0802	0809	0817	0825	0833	0840	0848	0855	0903	0910	0919	0926	0933	0940	0948	0955
Whitechapel Station	0754	0801	0808	0816	0824	0832	0840	0847	0855	0902	0910	0918	0927	0934	0941	0948	0956	1004
Mile End Station	0801	0808	0816	0824	0832	0840	0848	0855	0903	0911	0919	0927	0936	0943	0950	0957	1005	1013
Bow Church Station	0805	0813	0821	0829	0837	0845	0853	0900	0908	0916	0924	0932	0941	0948	0955	1002	1010	1018
Stratford Bus Station	0816	0824	0832	0840	0848	0856	0904	0911	0919	0927	0935	0943	0952	0959	1006	1013	1020	1028
Forest Gate Police Station	0828	0836	0844	0852	0900	0908	0916	0923	0931	0939	0947	0955	1004	1011	1018	1025	1032	1040
Manor Park Broadway	0833	0841	0849	0857	0905	0912	0920	0927	0935	0943	0951	0959	1008	1015	1022	1029	1036	1044
Ilford High Road Hainault Street	0845	0853	0901	0909	0917	0924	0932	0939	0947	0955	1003	1011	1019	1026	1033	1040	1047	1055
Holborn Circus Holborn Viaduct	0943	0950	0958	1005	1013	1020	1028	1035	1043	1050	1058	1105	1113	1120	1128	1135	1143	1150
St Paul's Station Newgate Street	0945	0952	1000	1007	1015	1022	1030	1037	1045	1052	1100	1107	1115	1122	1130	1137	1145	1152
Bank Station Cornhill	0950	0957	1005	1012	1020	1027	1035	1042	1050	1057	1105	1112	1120	1127	1135	1142	1150	1157
Aldgate Station Aldgate High Street	1003	1010	1018	1025	1033	1040	1048	1055	1103	1110	1118	1125	1133	1140	1148	1155	1203	1211
Whitechapel Station	1012	1019	1027	1034	1042	1049	1057	1104	1113	1120	1128	1135	1143	1150	1158	1205	1213	1221
Mile End Station	1021	1028	1036	1043	1051	1058	1106	1114	1123	1130	1138	1145	1153	1200	1208	1215	1223	1231
Bow Church Station	1026	1033	1041	1048	1056	1103	1112	1120	1129	1136	1144	1151	1159	1206	1214	1221	1229	1237
Stratford Bus Station	1036	1043	1051	1058	1106	1114	1123	1131	1140	1147	1155	1202	1210	1217	1225	1232	1240	1248
Forest Gate Police Station	1048	1055	1103	1110	1118	1126	1135	1143	1152	1159	1207	1214	1222	1229	1237	1244	1252	1300
Manor Park Broadway	1052	1059	1107	1114	1122	1130	1139	1147	1156	1203	1211	1219	1227	1234	1242	1249	1257	1305
Ilford High Road Hainault Street	1103	1111	1119	1126	1134	1142	1151	1159	1208	1217	1225	1233	1241	1248	1256	1303	1311	1319
Holborn Circus Holborn Viaduct	1158	1205	1213	1220	1228	1235	1243	1250	1258	1305	1313	1320	1328	1335	1342	1349	1356	1403
St Paul's Station Newgate Street	1200	1207	1215	1222	1230	1237	1245	1252	1300	1307	1315	1322	1330	1337	1344	1351	1358	1405
Bank Station Cornhill	1205	1212	1220	1227	1235	1242	1250	1257	1305	1312	1320	1327	1335	1342	1349	1356	1403	1410
Aldgate Station Aldgate High Street	1219	1226	1234	1241	1249	1256	1304	1311	1318	1325	1333	1340	1348	1355	1402	1409	1416	1423
Whitechapel Station	1229	1236	1244	1251	1259	1306	1314	1321	1328	1335	1343	1350	1358	1405	1412	1419	1426	1433
Mile End Station	1239	1246	1254	1301	1309	1316	1324	1331	1338	1345	1353	1400	1408	1416	1423	1430	1437	1444
Bow Church Station	1245	1252	1300	1307	1315	1322	1330	1337	1344	1351	1359	1406	1414	1422	1429	1436	1443	1450
Stratford Bus Station	1256	1303	1311	1319	1327	1334	1342	1349	1356	1403	1411	1418	1426	1434	1441	1448	1455	1502
Forest Gate Police Station	1308	1315	1323	1331	1339	1346	1354	1401	1408	1416	1424	1431	1439	1447	1454	1501	1509	1517
Manor Park Broadway	1313	1320	1328	1336	1344	1351	1359	1406	1413	1421	1429	1436	1444	1452	1500	1507	1515	1523
Ilford High Road Hainault Street	1327	1334	1342	1350	1358	1406	1414	1422	1429	1437	1445	1452	1500	1508	1516	1524	1532	1540
Holborn Circus Holborn Viaduct	1410	1417	1425	1432	1438	1445	1452	1459	1507	1514	1522	1529	1537	1544	1552	1559	1607	1614
St Paul's Station Newgate Street	1412	1419	1427	1434	1440	1447	1454	1502	1510	1517	1525	1532	1540	1547	1555	1602	1610	1617
Bank Station Cornhill	1417	1424	1432	1439	1445	1452	1459	1507	1515	1522	1530	1537	1545	1552	1600	1607	1615	1622
Aldgate Station Aldgate High Street	1430	1437	1445	1452	1458	1505	1512	1520	1528	1535	1543	1550	1558	1605	1612	1619	1627	1634
Whitechapel Station	1440	1447	1455	1502	1508	1515	1522	1530	1538	1545	1553	1600	1608	1615	1622	1629	1637	1644
Mile End Station	1451	1458	1506	1513	1520	1527	1534	1542	1550	1557	1605	1612	1620	1627	1634	1641	1649	1656
Bow Church Station	1457	1505	1513	1520	1527	1534	1541	1549	1557	1604	1611	1618	1626	1633	1640	1647	1655	1702
Stratford Bus Station	1509	1517	1525	1532	1539	1546	1553	1601	1609	1616	1624	1631	1639	1646	1653	1701	1709	1717
Forest Gate Police Station	1524	1532	1540	1547	1554	1601	1608	1616	1624	1631	1639	1646	1654	1701	1708	1716	1724	1732
Manor Park Broadway	1530	1538	1546	1553	1600	1607	1615	1623	1631	1638	1646	1653	1701	1708	1715	1723	1731	1739
Ilford High Road Hainault Street	1547	1555	1603	1610	1618	1626	1634	1642	1650	1657	1705	1712	1719	1726	1733	1741	1749	1757

25	Saturdays (also Good Friday) (cont.)																	
Holborn Circus Holborn Viaduct	1230	1238	1245	1253	1300	1308	1315	1323	1330	1338	1345	1353	1400	1408	1416	1423	1431	1438
St Paul's Station Newgate Street	1232	1240	1247	1255	1302	1310	1317	1325	1332	1340	1347	1355	1403	1411	1419	1427	1435	1442
Bank Station Cornhill	1236	1244	1251	1259	1306	1314	1321	1329	1336	1344	1351	1359	1407	1415	1423	1431	1439	1446
Aldgate Station Aldgate High Street	1245	1253	1300	1308	1315	1323	1330	1338	1345	1353	1400	1408	1416	1424	1432	1440	1448	1455
Whitechapel Station	1253	1301	1309	1317	1324	1332	1339	1347	1354	1402	1409	1416	1424	1432	1440	1448	1456	1503
Mile End Station	1303	1311	1319	1327	1334	1342	1349	1357	1404	1412	1420	1427	1435	1443	1451	1459	1507	1514
Bow Church Station	1308	1316	1324	1332	1339	1347	1354	1402	1409	1417	1425	1432	1440	1448	1456	1504	1512	1519
Stratford Bus Station	1322	1330	1338	1346	1353	1401	1408	1416	1424	1432	1440	1447	1455	1503	1511	1519	1527	1534
Forest Gate Police Station	1335	1343	1351	1359	1406	1414	1421	1429	1437	1445	1453	1500	1508	1516	1524	1532	1540	1547
Manor Park Broadway	1340	1348	1356	1404	1411	1419	1426	1434	1442	1450	1458	1506	1514	1522	1530	1538	1546	1553
Ilford High Road Hainault Street	1357	1405	1413	1421	1428	1436	1443	1451	1459	1507	1515	1523	1531	1539	1547	1555	1603	1610
Holborn Circus Holborn Viaduct	1446	1453	1501	1508	1516	1523	1531	1538	1546	1553	1601	1608	1616	1623	1631	1638	1646	1653
St Paul's Station Newgate Street	1450	1457	1505	1512	1519	1526	1533	1540	1548	1555	1603	1610	1618	1625	1633	1640	1648	1655
Bank Station Cornhill	1454	1501	1509	1516	1523	1530	1537	1544	1552	1559	1607	1614	1622	1629	1637	1644	1652	1659
Aldgate Station Aldgate High Street	1503	1510	1518	1525	1532	1539	1546	1554	1602	1610	1618	1625	1633	1640	1648	1655	1703	1710
Whitechapel Station	1511	1518	1526	1533	1540	1547	1554	1602	1610	1618	1626	1633	1641	1648	1656	1703	1711	1718
Mile End Station	1521	1528	1536	1543	1550	1557	1604	1612	1620	1628	1636	1643	1651	1658	1706	1713	1721	1728
Bow Church Station	1526	1533	1541	1548	1555	1602	1610	1618	1626	1634	1642	1649	1657	1704	1711	1718	1726	1733
Stratford Bus Station	1541	1548	1556	1603	1610	1617	1625	1632	1640	1648	1656	1703	1710	1717	1724	1731	1739	1746
Forest Gate Police Station	1554	1601	1609	1616	1624	1631	1639	1646	1654	1702	1710	1717	1724	1731	1738	1745	1753	1800
Manor Park Broadway	1600	1607	1615	1622	1630	1637	1645	1652	1700	1708	1716	1723	1731	1738	1745	1752	1800	1807
Ilford High Road Hainault Street	1617	1625	1633	1640	1648	1655	1703	1710	1718	1726	1734	1741	1749	1756	1803	1810	1818	1825
Holborn Circus Holborn Viaduct	1701	1708	1716	1723	1731	1738	1746	1753	1801	1808	1816	1823	1831	1838	1846	1853	1901	1908
St Paul's Station Newgate Street	1703	1710	1718	1725	1733	1740	1748	1755	1803	1810	1818	1825	1833	1840	1848	1855	1903	1910
Bank Station Cornhill	1707	1714	1722	1729	1737	1744	1752	1759	1807	1814	1822	1829	1837	1844	1852	1859	1907	1914
Aldgate Station Aldgate High Street	1719	1726	1734	1741	1749	1756	1804	1811	1819	1826	1834	1841	1849	1856	1903	1909	1917	1924
Whitechapel Station	1727	1734	1742	1749	1757	1804	1812	1819	1827	1834	1842	1849	1857	1904	1911	1917	1925	1932
Mile End Station	1737	1744	1752	1759	1807	1813	1821	1828	1836	1843	1851	1858	1906	1913	1920	1926	1934	1941
Bow Church Station	1742	1749	1757	1804	1812	1818	1826	1833	1841	1848	1856	1903	1911	1918	1925	1931	1939	1946
Stratford Bus Station	1755	1802	1810	1817	1824	1830	1838	1845	1853	1900	1908	1915	1923	1930	1937	1943	1951	1958
Forest Gate Police Station	1809	1816	1824	1831	1838	1844	1852	1859	1907	1913	1920	1927	1935	1942	1949	1955	2003	2010
Manor Park Broadway	1815	1822	1830	1837	1844	1850	1858	1905	1912	1918	1925	1932	1940	1947	1954	2000	2008	2015
Ilford High Road Hainault Street	1833	1840	1848	1855	1902	1908	1915	1921	1928	1934	1941	1948	1955	2001	2008	2014	2021	2028
Holborn Circus Holborn Viaduct	1916	1923	1931	1938	1946	1953	2001	2009	2017	2025	2033	2041	2051	2102	2113	2123	2133	2143
St Paul's Station Newgate Street	1918	1925	1933	1940	1948	1955	2003	2011	2019	2027	2035	2043	2053	2104	2115	2125	2135	2145
Bank Station Cornhill	1922	1929	1937	1944	1952	1959	2006	2014	2022	2030	2038	2046	2056	2107	2118	2128	2138	2148
Aldgate Station Aldgate High Street	1932	1939	1947	1954	2002	2009	2015	2023	2031	2039	2047	2055	2105	2116	2127	2137	2147	2157
Whitechapel Station	1940	1947	1955	2002	2010	2017	2023	2031	2039	2047	2055	2103	2113	2124	2135	2145	2155	2205
Mile End Station	1949	1956	2004	2012	2020	2027	2033	2041	2049	2057	2105	2113	2122	2132	2143	2153	2203	2213
Bow Church Station	1954	2001	2009	2017	2025	2032	2038	2046	2054	2102	2110	2118	2126	2136	2147	2157	2207	2217
Stratford Bus Station	2006	2012	2020	2027	2035	2042	2048	2056	2104	2112	2120	2128	2136	2146	2157	2207	2217	2227
Forest Gate Police Station	2017	2023	2031	2038	2046	2053	2059	2107	2115	2123	2131	2138	2146	2156	2207	2217	2227	2237
Manor Park Broadway	2022	2028	2036	2043	2051	2058	2104	2112	2120	2127	2135	2142	2150	2200	2211	2221	2231	2241
Ilford High Road Hainault Street	2035	2041	2049	2056	2104	2111	2117	2124	2131	2138	2146	2153	2201	2211	2221	2231	2241	2251
Holborn Circus Holborn Viaduct	2153	2203	2212	2222	2231	2241	2250	Then every 10 minutes until	0030									
St Paul's Station Newgate Street	2155	2205	2214	2224	2233	2243	2252		0032									
Bank Station Cornhill	2158	2208	2217	2227	2236	2246	2255		0035									
Aldgate Station Aldgate High Street	2207	2217	2226	2236	2245	2255	2304		0044									
Whitechapel Station	2214	2224	2233	2243	2252	2302	2311		0051									
Mile End Station	2222	2231	2240	2250	2259	2309	2318		0058									
Bow Church Station	2226	2235	2244	2254	2303	2312	2321		0101									
Stratford Bus Station	2236	2245	2254	2304	2313	2322	2331		0111									
Forest Gate Police Station	2246	2255	2304	2313	2322	2331	2340		0120									
Manor Park Broadway	2250	2259	2308	2317	2326	2335	2344		0124									
Ilford High Road Hainault Street	2300	2309	2317	2326	2335	2344	2353		0133									

