

25 Mondays to Fridays																		
Ilford High Road Hainault Street	0410	0421	0432	0443	0454			1940	1950					0007				
Manor Park Broadway	0419	0430	0441	0452	0503			1953	2003					0015				
Forest Gate Police Station	0424	0435	0446	0457	0508			1959	2009					0019				
Stratford Bus Station	0435	0446	0457	0508	0519		Then	2013	2022	Then				0028				
Bow Church Station	0444	0455	0506	0517	0528		about	2024	2033	about				0036				
Mile End Station	0447	0458	0509	0520	0531		every 8	2030	2039	every 11				0039				
Whitechapel Station	0454	0505	0516	0527	0538		minutes	2041	2050	minutes				0046				
Aldgate Station Aldgate High Street	0500	0511	0522	0533	0544		until	2048	2057	until				0052				
Bank Station Cornhill	0506	0517	0528	0539	0550			2056	2105					0058				
St Paul's Station Newgate Street	0509	0520	0531	0542	0553			2100	2109					0101				
City Thameslink Stn. Holborn Viaduct	0511	0522	0533	0544	0555			2102	2111					0103				
25 Saturdays (also Good Friday)																		
Ilford High Road Hainault Street	0410	0421	0432	0443	0454	0505	0516	0526			1938	1948		0007				
Manor Park Broadway	0419	0430	0441	0452	0503	0514	0525	0535			1955	2005		0017				
Forest Gate Police Station	0423	0434	0445	0456	0507	0518	0529	0539			2001	2011		0021				
Stratford Bus Station	0432	0443	0454	0505	0516	0527	0538	0548		Then	2016	2026	Then	0031				
Bow Church Station	0440	0451	0502	0513	0524	0535	0546	0556		about	2027	2037	about	0040				
Mile End Station	0443	0455	0506	0517	0528	0539	0550	0600		every 8	2033	2042	every 11	0043				
Whitechapel Station	0449	0501	0512	0524	0535	0546	0557	0607		minutes	2043	2052	minutes	0051				
Aldgate Station Aldgate High Street	0454	0506	0517	0529	0540	0551	0602	0613		until	2052	2101	until	0058				
Bank Station Cornhill	0459	0511	0522	0534	0545	0556	0608	0619			2100	2109		0107				
St Paul's Station Newgate Street	0502	0514	0525	0537	0548	0559	0611	0622			2103	2112		0110				
City Thameslink Stn. Holborn Viaduct	0504	0516	0527	0539	0550	0601	0613	0624			2105	2114		0112				
25 Sundays and other Public Holidays (except Christmas Day)																		
Ilford High Road Hainault Street	0410	0422	0434	0446	0458	0510	0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734
Manor Park Broadway	0419	0431	0443	0455	0507	0519	0531	0543	0555	0607	0619	0631	0643	0655	0707	0719	0731	0743
Forest Gate Police Station	0423	0435	0447	0459	0511	0523	0535	0547	0559	0611	0624	0636	0648	0700	0712	0724	0736	0748
Stratford Bus Station	0433	0445	0457	0509	0521	0533	0545	0557	0609	0621	0634	0646	0658	0710	0722	0734	0746	0759
Bow Church Station	0441	0453	0505	0517	0529	0541	0553	0605	0618	0630	0643	0655	0707	0720	0732	0744	0756	0809
Mile End Station	0444	0457	0509	0521	0533	0545	0557	0609	0622	0634	0647	0659	0711	0724	0736	0749	0801	0814
Whitechapel Station	0451	0504	0516	0528	0541	0553	0605	0617	0630	0642	0655	0707	0719	0732	0744	0757	0809	0822
Aldgate Station Aldgate High Street	0456	0509	0521	0533	0546	0558	0611	0623	0636	0648	0701	0713	0725	0738	0750	0803	0815	0828
Bank Station Cornhill	0501	0514	0526	0538	0551	0603	0616	0628	0641	0653	0706	0718	0730	0743	0755	0808	0820	0833
St Paul's Station Newgate Street	0504	0517	0529	0541	0554	0606	0619	0631	0644	0656	0709	0721	0733	0746	0758	0811	0823	0836
City Thameslink Stn. Holborn Viaduct	0506	0519	0531	0543	0556	0608	0621	0633	0646	0658	0711	0723	0735	0748	0800	0813	0825	0838
Ilford High Road Hainault Street	0746	0758	0810	0822														0007
Manor Park Broadway	0755	0808	0820	0832														0016
Forest Gate Police Station	0800	0813	0825	0837														0020
Stratford Bus Station	0811	0824	0836	0848			Then											0030
Bow Church Station	0821	0834	0846	0858			about											0039
Mile End Station	0826	0839	0851	0903			every 11											0042
Whitechapel Station	0834	0847	0859	0912			minutes											0049
Aldgate Station Aldgate High Street	0840	0853	0905	0918			until											0054
Bank Station Cornhill	0845	0858	0910	0923														0059
St Paul's Station Newgate Street	0848	0901	0913	0926														0102
City Thameslink Stn. Holborn Viaduct	0850	0903	0915	0928														0104

25 Mondays to Fridays																		
Holborn Circus <i>Holborn Viaduct</i>	0510	0521	0532	0543	0554	0602					1644			1811		2040	2050	0030
St Paul's Station <i>Newgate Street</i>	0512	0523	0534	0545	0556	0604					1647			1814		2042	2052	0032
Bank Station <i>Cornhill</i>	0517	0528	0539	0550	0601	0609					1652			1819		2046	2056	<i>Then</i> 0036
Aldgate Station <i>Aldgate High Street</i>	0524	0535	0546	0557	0608	0618	<i>Then</i>				1705	<i>Then</i>		1831	<i>Then</i>	2056	2106	<i>about</i> 0045
Whitechapel Station	0529	0540	0551	0602	0614	0624	<i>about</i>				1715	<i>about</i>		1840	<i>about</i>	2104	2114	<i>every</i> 0051
Mile End Station	0535	0546	0557	0608	0620	0630	<i>every 8</i>				1727	<i>every 6-7</i>		1851	<i>every 8</i>	2114	2123	<i>11</i> 0059
Bow Church Station	0538	0550	0601	0612	0624	0634	<i>minutes</i>				1734	<i>minutes</i>		1858	<i>minutes</i>	2119	2128	<i>mins.</i> 0102
Stratford Bus Station	0546	0558	0609	0621	0633	0644	<i>until</i>				1751	<i>until</i>		1912	<i>until</i>	2130	2139	<i>until</i> 0111
Forest Gate Police Station	0554	0606	0618	0630	0642	0653					1806			1926		2141	2150	0120
Manor Park Broadway	0557	0609	0621	0633	0645	0656					1812			1931		2145	2154	0123
Ilford High Road <i>Hainault Street</i>	0606	0618	0630	0642	0654	0705					1829			1946		2154	2203	0131
25 Saturdays (also Good Friday)																		
Holborn Circus <i>Holborn Viaduct</i>	0510	0521	0532	0543	0554	0605	0616	0626						2040	2050			0030
St Paul's Station <i>Newgate Street</i>	0512	0523	0534	0545	0556	0607	0618	0628						2042	2052			0032
Bank Station <i>Cornhill</i>	0515	0526	0537	0548	0559	0610	0621	0631						2045	2055			0035
Aldgate Station <i>Aldgate High Street</i>	0522	0533	0544	0555	0606	0617	0628	0638	<i>Then</i>					2054	2104	<i>Then</i>		0044
Whitechapel Station	0527	0538	0549	0600	0611	0622	0633	0643	<i>about</i>					2102	2112	<i>about</i>		0051
Mile End Station	0533	0544	0555	0606	0617	0628	0639	0649	<i>every 8</i>					2113	2122	<i>every 11</i>		0058
Bow Church Station	0536	0548	0559	0610	0621	0632	0643	0653	<i>minutes</i>					2119	2128	<i>minutes</i>		0101
Stratford Bus Station	0544	0556	0607	0619	0630	0641	0652	0702	<i>until</i>					2130	2139	<i>until</i>		0111
Forest Gate Police Station	0553	0605	0616	0628	0639	0650	0701	0711						2140	2149			0120
Manor Park Broadway	0556	0608	0619	0631	0642	0653	0704	0714						2144	2153			0124
Ilford High Road <i>Hainault Street</i>	0604	0616	0627	0639	0650	0702	0713	0724						2155	2204			0133
25 Sundays and other Public Holidays (except Christmas Day)																		
Holborn Circus <i>Holborn Viaduct</i>	0510	0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734	0746	0758	0810	0822	0833
St Paul's Station <i>Newgate Street</i>	0512	0524	0536	0548	0600	0612	0624	0636	0648	0700	0712	0724	0736	0748	0800	0812	0824	0835
Bank Station <i>Cornhill</i>	0515	0527	0539	0551	0603	0615	0627	0639	0651	0703	0715	0727	0739	0751	0803	0815	0827	0838
Aldgate Station <i>Aldgate High Street</i>	0522	0534	0546	0558	0610	0622	0634	0646	0658	0710	0722	0734	0746	0758	0810	0822	0834	0845
Whitechapel Station	0527	0539	0551	0603	0615	0627	0639	0651	0703	0715	0727	0739	0751	0803	0815	0827	0840	0851
Mile End Station	0534	0546	0558	0610	0622	0634	0646	0658	0711	0723	0735	0747	0759	0811	0823	0835	0848	0859
Bow Church Station	0537	0549	0601	0613	0626	0638	0650	0702	0715	0727	0739	0751	0803	0815	0828	0840	0853	0904
Stratford Bus Station	0545	0557	0610	0622	0635	0647	0700	0712	0725	0737	0749	0801	0813	0825	0838	0850	0903	0914
Forest Gate Police Station	0554	0606	0619	0631	0644	0656	0709	0721	0734	0746	0758	0810	0823	0835	0848	0900	0913	0924
Manor Park Broadway	0557	0609	0622	0634	0647	0659	0712	0724	0737	0749	0802	0814	0827	0839	0852	0904	0917	0928
Ilford High Road <i>Hainault Street</i>	0605	0618	0631	0643	0656	0708	0721	0733	0746	0758	0811	0823	0836	0848	0901	0913	0926	0938
Holborn Circus <i>Holborn Viaduct</i>	0844																	0030
St Paul's Station <i>Newgate Street</i>	0846																	0032
Bank Station <i>Cornhill</i>	0849																	0035
Aldgate Station <i>Aldgate High Street</i>	0856	<i>Then</i>																0041
Whitechapel Station	0902	<i>about</i>																0047
Mile End Station	0910	<i>every 11</i>																0055
Bow Church Station	0916	<i>minutes</i>																0058
Stratford Bus Station	0926	<i>until</i>																0107
Forest Gate Police Station	0937																	0116
Manor Park Broadway	0941																	0120
Ilford High Road <i>Hainault Street</i>	0951																	0128