

58		Mondays to Fridays																	
East Ham White Horse	0440	0500	0520	0540	0600	0615	0629	0641	0653			1900	1915	1930	1945	2000	2015	2030	2045
Upton Park The Boleyn (Green Street)	0446	0506	0526	0546	0607	0622	0636	0648	0700	Then		1909	1924	1939	1954	2008	2023	2038	2053
Forest Gate Police Station (Green St.)	0452	0512	0532	0552	0614	0629	0643	0655	0708	about		1920	1935	1950	2005	2018	2033	2048	2103
Forest Gate Station	0455	0515	0535	0555	0618	0633	0647	0659	0713	every		1927	1942	1957	2011	2024	2039	2054	2109
Leytonstone Thatched House	0503	0523	0543	0603	0628	0643	0657	0709	0724	12		1940	1955	2010	2023	2036	2051	2106	2120
Leyton Station	0507	0527	0547	0608	0633	0648	0702	0715	0730	mins.		1947	2002	2017	2030	2043	2058	2113	2127
Markhouse Road Lea Bridge Road	0513	0533	0553	0615	0640	0655	0711	0724	0739	until		1958	2012	2027	2040	2053	2108	2123	2137
Walthamstow Central Station	0520	0540	0600	0623	0648	0704	0721	0734	0749			2008	2021	2036	2049	2102	2117	2132	2146

58		Mondays to Fridays (cont.)										Saturdays (also Good Friday)							
East Ham White Horse	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315		0045	0440	0500	0520	0540	0600	0620	
Upton Park The Boleyn (Green Street)	2107	2122	2137	2152	2206	2221	2236	2251	2306	2321	Then	0051	0446	0506	0526	0546	0606	0626	
Forest Gate Police Station (Green St.)	2116	2131	2146	2201	2215	2229	2244	2259	2313	2328	every	0058	0452	0512	0532	0552	0612	0632	
Forest Gate Station	2122	2137	2152	2206	2220	2234	2249	2304	2318	2332	15	0102	0455	0515	0535	0555	0615	0635	
Leytonstone Thatched House	2133	2148	2203	2217	2230	2244	2259	2314	2327	2340	mins.	0110	0502	0522	0542	0602	0624	0644	
Leyton Station	2140	2155	2209	2222	2235	2249	2304	2318	2331	2344	until	0114	0506	0526	0546	0606	0628	0648	
Markhouse Road Lea Bridge Road	2150	2205	2218	2231	2244	2258	2312	2325	2338	2351		0121	0512	0532	0552	0613	0635	0655	
Walthamstow Central Station	2159	2213	2226	2239	2252	2306	2319	2332	2345	2358		0128	0519	0539	0559	0620	0642	0702	

58		Saturdays (also Good Friday) (cont.)																	
East Ham White Horse	0640	0700	0720	0740	0800	0815	0830	0842	0854			1830	1845	1900	1915	1930	1945	2000	2015
Upton Park The Boleyn (Green Street)	0646	0706	0726	0746	0807	0822	0837	0849	0901	Then		1840	1855	1911	1926	1941	1956	2011	2026
Forest Gate Police Station (Green St.)	0652	0713	0733	0753	0815	0830	0845	0857	0910	about		1854	1909	1923	1938	1953	2008	2022	2036
Forest Gate Station	0655	0717	0737	0757	0819	0834	0849	0901	0915	every		1902	1916	1930	1945	2000	2015	2029	2043
Leytonstone Thatched House	0704	0726	0746	0806	0828	0843	0858	0912	0926	12		1914	1928	1942	1957	2012	2027	2041	2055
Leyton Station	0710	0732	0752	0812	0834	0849	0904	0918	0932	mins.		1921	1935	1949	2004	2019	2034	2048	2102
Markhouse Road Lea Bridge Road	0718	0740	0800	0820	0842	0857	0913	0927	0941	until		1934	1948	2000	2015	2030	2045	2059	2112
Walthamstow Central Station	0726	0748	0809	0829	0851	0907	0924	0938	0952			1944	1958	2010	2025	2040	2055	2108	2121

East Ham White Horse	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045	
Upton Park The Boleyn (Green Street)	2041	2056	2108	2123	2138	2153	2207	2222	2237	2252	2306	2321	2336	2351	0006	0021	0036	0051	
Forest Gate Police Station (Green St.)	2051	2106	2117	2132	2147	2202	2216	2231	2246	2301	2315	2329	2344	2359	0014	0028	0043	0058	
Forest Gate Station	2058	2112	2123	2138	2153	2207	2221	2236	2251	2306	2320	2334	2349	0004	0018	0031	0046	0101	
Leytonstone Thatched House	2109	2122	2133	2148	2203	2217	2231	2246	2301	2314	2328	2341	2356	0011	0025	0038	0053	0108	
Leyton Station	2115	2128	2139	2154	2208	2222	2236	2251	2306	2319	2333	2345	0000	0015	0029	0042	0057	0112	
Markhouse Road Lea Bridge Road	2125	2138	2149	2204	2217	2231	2245	2300	2314	2327	2341	2353	0007	0022	0036	0049	0104	0119	
Walthamstow Central Station	2134	2147	2158	2212	2225	2239	2253	2307	2321	2334	2348	0000	0014	0028	0042	0055	0110	0125	

58		Sundays and other Public Holidays (except Christmas Day)																	
East Ham White Horse	0440		0640	0656		0741	0756	0811	0826	0841	0856	0911	0926	0941	0953	1007	1021	1036	
Upton Park The Boleyn (Green Street)	0445	Then	0645	0702	Then	0747	0802	0817	0832	0847	0902	0918	0933	0948	1000	1015	1029	1044	
Forest Gate Police Station (Green St.)	0450	every	0650	0708	about	0753	0809	0824	0839	0854	0909	0925	0940	0955	1008	1023	1037	1052	
Forest Gate Station	0453	20	0653	0711	every	0756	0813	0828	0843	0858	0913	0929	0944	0959	1013	1028	1042	1057	
Leytonstone Thatched House	0500	mins.	0700	0719	15	0804	0821	0836	0851	0907	0922	0938	0953	1010	1024	1039	1053	1108	
Leyton Station	0504	until	0704	0723	mins.	0809	0826	0841	0856	0913	0928	0944	0959	1016	1030	1045	1100	1115	
Markhouse Road Lea Bridge Road	0510		0710	0730	until	0816	0833	0848	0903	0922	0937	0953	1008	1025	1039	1054	1110	1125	
Walthamstow Central Station	0516		0716	0737		0823	0840	0857	0912	0931	0946	1002	1018	1035	1049	1104	1120	1135	

East Ham White Horse	1049	1104	1119	1134	1147	1202	1217	1230	1245	1300	1315	1330	1345	1400		1500	1515	1530	
Upton Park The Boleyn (Green Street)	1057	1112	1127	1142	1156	1212	1227	1240	1255	1311	1326	1341	1356	1411	Then	1511	1526	1541	
Forest Gate Police Station (Green St.)	1106	1122	1137	1152	1207	1224	1239	1252	1307	1324	1339	1354	1410	1426	every	1526	1542	1557	
Forest Gate Station	1112	1128	1143	1158	1213	1230	1245	1258	1314	1331	1346	1401	1417	1433	15	1533	1549	1604	
Leytonstone Thatched House	1123	1139	1154	1209	1224	1241	1256	1310	1326	1343	1358	1413	1429	1445	mins.	1545	1601	1616	
Leyton Station	1130	1146	1201	1216	1231	1248	1303	1318	1334	1351	1406	1421	1437	1453	until	1553	1608	1623	
Markhouse Road Lea Bridge Road	1140	1156	1212	1227	1242	1259	1314	1329	1345	1402	1417	1432	1448	1504		1604	1619	1634	
Walthamstow Central Station	1150	1207	1223	1238	1253	1310	1325	1340	1356	1413	1428	1443	1459	1515		1615	1630	1645	

East Ham White Horse	1545	1600	1615	1630	1645	1700	1715	1730	1745	1800	1815	1830	1845	1900	1915	1930	1945	2000	
Upton Park The Boleyn (Green Street)	1556	1611	1625	1640	1655	1711	1726	1741	1756	1810	1825	1840	1855	1909	1924	1939	1954	2009	
Forest Gate Police Station (Green St.)	1612	1627	1640	1655	1710	1725	1740	1755	1810	1824	1839	1854	1909	1922	1936	1950	2005	2018	
Forest Gate Station	1619	1634	1647	1702	1717	1732	1747	1802	1817	1831	1846	1901	1915	1928	1942	1956	2011	2024	
Leytonstone Thatched House	1631	1646	1659	1714	1729	1744	1759	1813	1828	1842	1857	1911	1925	1938	1952	2006	2021	2034	
Leyton Station	1638	1653	1706	1721	1736	1751	1806	1820	1835	1849	1904	1917	1931	1944	1958	2013	2028	2041	
Markhouse Road Lea Bridge Road	1649	1704	1717	1732	1747	1802	1817	1831	1846	1900	1914	1927	1941	1954	2008	2023	2038	2051	
Walthamstow Central Station	1700	1714	1727	1742	1757	1812	1827	1841	1856	1910	1924	1937	1951	2004	2018	2032	2047	2100	

East Ham White Horse	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000		0045	
Upton Park The Boleyn (Green Street)	2023	2038	2053	2108	2123	2138	2153	2207	2222	2237	2252	2306	2321	2336	2351	0006	Then	0051	
Forest Gate Police Station (Green St.)	2032	2047	2102	2116	213														

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## Walthamstow – Leyton – East Ham

58		Mondays to Fridays															
Walthamstow Central Station	0500	0520	0540	0555	0610		1855	1908	1923	1938	1953	2008	2023	2038	2053	2108	2123
Markhouse Road <i>Lea Bridge Road</i>	0506	0526	0546	0601	0617	Then about every 12 minutes until	1906	1918	1933	1948	2003	2017	2032	2047	2102	2115	2130
Leyton Station	0513	0533	0553	0610	0626		1919	1931	1946	2001	2016	2030	2045	2100	2114	2127	2142
Leytonstone <i>Thatched House</i>	0516	0536	0556	0613	0629		1924	1936	1951	2006	2021	2035	2050	2105	2118	2131	2146
Forest Gate Station	0522	0542	0602	0621	0637		1937	1949	2004	2018	2033	2047	2102	2115	2128	2141	2156
Forest Gate <i>Police Station (Green St.)</i>	0524	0544	0605	0624	0640		1942	1954	2009	2023	2038	2052	2106	2119	2132	2145	2200
Upton Park <i>The Boleyn (Green Street)</i>	0530	0550	0611	0630	0646	1953	2005	2019	2033	2048	2102	2115	2127	2140	2153	2208	
East Ham <i>White Horse</i>	0536	0556	0617	0636	0652	2003	2015	2028	2042	2057	2110	2123	2135	2148	2201	2215	

58		Mondays to Fridays (cont.)										Saturdays (also Good Friday)						
Walthamstow Central Station	2138	2153	2208	2223	2238	2253	2308		0108	0500	0520	0540	0600	0620	0640	0700	0720	
Markhouse Road <i>Lea Bridge Road</i>	2145	2200	2215	2230	2245	2300	2315	Then every 15 minutes until	0115	0506	0526	0546	0607	0627	0647	0707	0727	
Leyton Station	2157	2210	2224	2239	2254	2308	2323		0123	0513	0533	0553	0615	0635	0655	0716	0736	
Leytonstone <i>Thatched House</i>	2201	2214	2228	2243	2258	2312	2327		0127	0516	0536	0556	0618	0638	0658	0719	0739	
Forest Gate Station	2211	2224	2238	2253	2308	2321	2335		0135	0522	0542	0602	0626	0646	0706	0727	0747	
Forest Gate <i>Police Station (Green St.)</i>	2215	2228	2242	2257	2311	2324	2338		0138	0525	0545	0605	0629	0649	0709	0730	0750	
Upton Park <i>The Boleyn (Green Street)</i>	2223	2236	2250	2305	2318	2331	2345	0145	0531	0551	0611	0635	0655	0716	0737	0757		
East Ham <i>White Horse</i>	2230	2243	2257	2311	2324	2337	2351	0151	0537	0557	0617	0641	0701	0722	0743	0803		

58		Saturdays (also Good Friday)															
Walthamstow Central Station	0740	0800	0815	0830		1823	1838	1853	1908	1923	1938	1953	2008	2023	2038	2053	2108
Markhouse Road <i>Lea Bridge Road</i>	0747	0807	0822	0837	Then about every 12 minutes until	1833	1848	1903	1917	1932	1947	2002	2017	2032	2047	2102	2116
Leyton Station	0756	0817	0832	0847		1847	1901	1917	1931	1946	2001	2015	2030	2045	2100	2114	2128
Leytonstone <i>Thatched House</i>	0759	0821	0836	0851		1852	1906	1922	1936	1951	2006	2020	2035	2050	2105	2118	2132
Forest Gate Station	0808	0831	0846	0901		1906	1920	1935	1949	2004	2018	2032	2047	2102	2115	2128	2142
Forest Gate <i>Police Station (Green St.)</i>	0811	0834	0849	0905		1912	1926	1940	1955	2010	2023	2037	2052	2106	2119	2132	2146
Upton Park <i>The Boleyn (Green Street)</i>	0818	0841	0856	0913	1923	1937	1951	2006	2020	2033	2047	2102	2115	2128	2141	2155	
East Ham <i>White Horse</i>	0825	0848	0903	0921	1934	1948	2002	2016	2029	2042	2056	2110	2123	2136	2149	2203	

Walthamstow Central Station	2123	2138	2153	2208	2223	2238	2253	2308	2323	2338	2353	0008	0023	0038	0053	0108
Markhouse Road <i>Lea Bridge Road</i>	2131	2146	2201	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045	0100	0115
Leyton Station	2143	2158	2211	2224	2239	2254	2308	2322	2336	2351	0006	0021	0036	0051	0106	0121
Leytonstone <i>Thatched House</i>	2147	2202	2215	2228	2243	2258	2312	2326	2340	2355	0010	0025	0040	0055	0110	0125
Forest Gate Station	2157	2212	2225	2238	2253	2307	2321	2335	2349	0004	0019	0034	0049	0104	0119	0134
Forest Gate <i>Police Station (Green St.)</i>	2201	2216	2229	2242	2257	2311	2325	2339	2353	0008	0023	0038	0052	0107	0122	0137
Upton Park <i>The Boleyn (Green Street)</i>	2210	2225	2238	2251	2306	2319	2333	2347	0001	0015	0030	0044	0058	0113	0128	0143
East Ham <i>White Horse</i>	2217	2232	2245	2258	2313	2326	2340	2354	0008	0022	0036	0050	0104	0119	0134	0149

58		Sundays and other Public Holidays (except Christmas Day)															
Walthamstow Central Station	0500		0700	0720	0740	0755	0810	0825	0840	0855	0910	0925	0940	0954	1008	1022	1035
Markhouse Road <i>Lea Bridge Road</i>	0506	Then every 20 minutes until	0706	0726	0746	0801	0817	0832	0847	0902	0917	0932	0947	1001	1016	1030	1043
Leyton Station	0512		0712	0732	0754	0810	0826	0841	0856	0912	0927	0942	0957	1012	1027	1041	1054
Leytonstone <i>Thatched House</i>	0515		0715	0735	0757	0813	0829	0844	0859	0916	0931	0946	1001	1016	1031	1045	1058
Forest Gate Station	0522		0722	0742	0804	0821	0837	0852	0908	0926	0941	0956	1011	1026	1041	1055	1109
Forest Gate <i>Police Station (Green St.)</i>	0524		0724	0745	0807	0824	0840	0855	0911	0929	0944	0959	1015	1030	1045	1059	1114
Upton Park <i>The Boleyn (Green Street)</i>	0529	0729	0750	0812	0830	0846	0901	0918	0936	0951	1006	1023	1038	1053	1108	1123	
East Ham <i>White Horse</i>	0534	0734	0756	0818	0836	0852	0907	0924	0942	0957	1013	1030	1045	1101	1117	1132	

Walthamstow Central Station	1049	1103	1118	1131	1144	1157	1211	1224	1238	1253	1308	1323	1338	1353	1408	1423	1438	1453
Markhouse Road <i>Lea Bridge Road</i>	1057	1112	1127	1140	1153	1207	1221	1234	1248	1303	1318	1333	1348	1403	1418	1433	1448	1503
Leyton Station	1109	1124	1139	1152	1205	1220	1234	1247	1301	1318	1333	1348	1403	1418	1433	1448	1503	1517
Leytonstone <i>Thatched House</i>	1113	1128	1143	1156	1210	1225	1239	1252	1306	1323	1338	1353	1408	1423	1438	1453	1508	1522
Forest Gate Station	1124	1139	1154	1207	1222	1237	1251	1304	1318	1335	1350	1405	1421	1436	1451	1506	1521	1535
Forest Gate <i>Police Station (Green St.)</i>	1129	1144	1159	1212	1227	1242	1256	1310	1324	1341	1356	1411	1427	1442	1457	1512	1527	1541
Upton Park <i>The Boleyn (Green Street)</i>	1138	1153	1208	1223	1238	1253	1307	1322	1336	1353	1408	1425	1441	1456	1511	1526	1541	1555
East Ham <i>White Horse</i>	1147	1202	1217	1232	1247	1302	1317	1332	1346	1403	1419	1436	1452	1507	1521	1536	1551	1605

Walthamstow Central Station	1509	1525	1540	1555	1610	1625	1640	1655	1710	1724	1738	1753	1808	1823	1838	1853	1908	1923
Markhouse Road <i>Lea Bridge Road</i>	1519	1535	1550	1605	1619	1634	1649	1704	1719	1733	1747	1802	1817	1832	1847	1902	1917	1932
Leyton Station	1533	1549	1604	1619	1633	1648	1703	1718	1733	1747	1801	1815	1830	1845	1900	1915	1930	1945
Leytonstone <i>Thatched House</i>	1538	1554	1609	1624	1638	1653	1708	1723	1738	1752	1806	1820	1835	1850	1905	1920	1935	1950
Forest Gate Station	1551	1606	1621	1636	1650	1705	1720	1735	1750	1804	1818	1832	1847	1902	1915	1930	1945	2000
Forest Gate <i>Police Station (Green St.)</i>	1557	1612	1627	1642	1656	1710	1725	1740	1755	1809	1823	1837	1852	1907	1920	1935	1950	2004
Upton Park <i>The Boleyn (Green Street)</i>	1611	1626	1641	1656	1710	1723	1738	1753	1808	1822	1836	1850	1905	1918	1931	1946	2001	2014
East Ham <i>White Horse</i>	1621	1636	1651	1706	1720	1733	1748	1803	1817	1831	1845	1859	1914	1927	1940	1955	2009	2022

Walthamstow Central Station	1938	1953	2008	2023	2038	2053	2108	2123	2138	2153	2208	2223	2238	2253	2308	Then every 15 minutes until	0108
Markhouse Road <i>Lea Bridge Road</i>	1947	2002	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2314		0114
Leyton Station	2000	2013	2026	2041	2056	2110	2125	2140	2155	2209	2224	2239	2254	2309	2322		0122
Leytonstone <i>Thatched House</i>	2004	2017	2030	2045	2100	2114	2129	2144	2159	2213	2228	2243	2258	2312	2325		0125
Forest Gate Station	2015	2028	2041	2056	2110	2124	2139	2154	2208	2222	2237	2252	2307	2320	2333		0133
Forest Gate <i>Police Station (Green St.)</i>	2019	2032	2045	2100	2114	2128	2143	2158	2212	2226	2241	2256	2310	2323	2336	0136	
U																	