

62		Mondays to Fridays																				
Marks Gate Whalebone Lane North	0438	0508	0538	0558	0618							1912	1924	1936	1949	2003	2017	2030	2045	2100	2115	2130
Rose Lane shops	0441	0511	0541	0601	0621	Then about every 10 minutes until						1916	1928	1940	1953	2007	2021	2034	2049	2103	2118	2133
Whalebone Lane North Warren Sch.	0447	0518	0548	0608	0629		1924	1936	1948	2001	2015	2028	2041	2056	2110	2125	2140					
Chadwell Heath Station	0449	0520	0550	0610	0632		1927	1939	1951	2004	2018	2031	2044	2059	2113	2128	2143					
Becontree Station	0458	0530	0600	0620	0642		1939	1951	2003	2016	2030	2043	2056	2111	2124	2139	2154					
Upney Station	0507	0540	0612	0635	0658		1954	2006	2017	2029	2042	2055	2108	2121	2134	2149	2204					
Barking Station	0513	0546	0619	0642	0705	2003	2015	2026	2038	2051	2104	2117	2130	2143	2158	2210						
Gascoigne Road Dovehouse Mead	0518	0551	0624	0647	0710	2010	2021	2032	2044	2057	2110	2123	2136	2149	2204	2216						
Marks Gate Whalebone Lane North	2145	2200	2215	2230	2245	2300	2315	2330	2345													
Rose Lane shops	2148	2203	2218	2233	2248	2303	2318	2333	2348													
Whalebone Lane North Warren Sch.	2155	2209	2224	2239	2254	2309	2324	2339	2354													
Chadwell Heath Station	2158	2211	2226	2241	2256	2311	2326	2341	2356													
Becontree Station	2208	2221	2236	2251	2305	2319	2334	2349	0004													
Upney Station	2216	2229	2244	2259	2313	2327	2342	2357	0012													
Barking Station	2222	2235	2250	2305	2319	2333	2348	0003	0018													
Gascoigne Road Dovehouse Mead	2228	2241	2256	2310	2324	2338	2353	0008	0023													
62		Saturdays (also Good Friday)																				
Marks Gate Whalebone Lane North	0440	0510	0540	0559	0619	0638	0657	0717	0737	0757	0809	Then about every 10 minutes until	1837	1849	1901	1915	1930					
Rose Lane shops	0443	0513	0543	0602	0622	0641	0700	0720	0740	0800	0812		1840	1852	1905	1919	1934					
Whalebone Lane North Warren Sch.	0446	0516	0546	0605	0625	0644	0703	0723	0743	0803	0815		1845	1857	1909	1923	1938					
Chadwell Heath Station	0450	0520	0550	0610	0630	0649	0708	0728	0748	0809	0821		1854	1906	1917	1931	1946					
Becontree Station	0458	0529	0559	0619	0639	0658	0718	0738	0758	0819	0831		1906	1917	1928	1942	1957					
Upney Station	0506	0537	0607	0627	0647	0706	0726	0746	0808	0829	0841	1918	1929	1940	1954	2009						
Barking Station	0511	0542	0613	0633	0653	0713	0733	0753	0815	0836	0848	1928	1939	1950	2004	2018						
Gascoigne Road Dovehouse Mead	0516	0547	0618	0638	0658	0718	0738	0758	0820	0842	0854	1934	1945	1956	2010	2024						
Marks Gate Whalebone Lane North	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345					
Rose Lane shops	1949	2004	2019	2034	2049	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318	2333	2348					
Whalebone Lane North Warren Sch.	1953	2007	2022	2037	2052	2106	2121	2136	2151	2206	2221	2236	2251	2306	2321	2336	2351					
Chadwell Heath Station	2001	2014	2029	2044	2059	2112	2127	2142	2157	2212	2227	2242	2257	2311	2326	2341	2356					
Becontree Station	2011	2024	2039	2054	2109	2122	2137	2152	2207	2221	2236	2251	2306	2320	2335	2350	0005					
Upney Station	2021	2034	2049	2104	2118	2131	2146	2201	2216	2230	2245	2300	2314	2328	2343	2358	0013					
Barking Station	2030	2043	2058	2111	2125	2138	2153	2207	2222	2236	2251	2305	2319	2333	2348	0003	0018					
Gascoigne Road Dovehouse Mead	2036	2049	2104	2117	2131	2144	2159	2213	2228	2242	2257	2310	2324	2338	2353	0008	0023					
62		Sundays and other Public Holidays (except Christmas Day)																				
Marks Gate Whalebone Lane North	0550	0620	0650	0720	0748	0818	0848	0918	0935	0950	1005	1020	1035	1050	1105	1120	1135	1150				
Rose Lane shops	0553	0623	0653	0723	0751	0821	0851	0921	0938	0953	1008	1023	1038	1053	1109	1124	1139	1154				
Whalebone Lane North Warren Sch.	0555	0626	0656	0726	0754	0824	0854	0925	0942	0957	1013	1028	1043	1058	1114	1129	1144	1159				
Chadwell Heath Station	0600	0631	0701	0731	0759	0830	0901	0932	0949	1004	1021	1037	1053	1109	1125	1140	1155	1210				
Becontree Station	0609	0640	0710	0740	0809	0840	0911	0942	0959	1014	1031	1048	1104	1120	1136	1151	1206	1222				
Upney Station	0617	0648	0718	0748	0818	0849	0920	0951	1008	1026	1043	1100	1116	1132	1148	1203	1219	1235				
Barking Station	0622	0653	0723	0753	0824	0856	0927	0958	1016	1034	1051	1108	1124	1140	1156	1212	1228	1244				
Gascoigne Road Dovehouse Mead	0627	0658	0728	0758	0830	0902	0933	1004	1022	1040	1058	1115	1131	1147	1203	1219	1235	1251				
Marks Gate Whalebone Lane North	1205	1220	1235	1250	1305	1320	1335	1351	1406	1421	1436	1451	1506	1521	1536	1551	1606	1621				
Rose Lane shops	1209	1224	1239	1254	1309	1324	1339	1355	1410	1425	1440	1455	1509	1524	1539	1554	1609	1624				
Whalebone Lane North Warren Sch.	1215	1230	1245	1300	1315	1330	1345	1401	1414	1429	1444	1459	1513	1528	1543	1558	1613	1628				
Chadwell Heath Station	1226	1241	1256	1311	1326	1341	1356	1411	1424	1439	1454	1509	1522	1537	1552	1607	1621	1635				
Becontree Station	1238	1253	1308	1323	1338	1353	1408	1423	1436	1451	1505	1519	1532	1547	1602	1618	1632	1646				
Upney Station	1251	1307	1322	1337	1352	1406	1421	1436	1449	1504	1517	1530	1543	1558	1613	1628	1642	1656				
Barking Station	1300	1316	1331	1346	1401	1415	1430	1445	1458	1512	1525	1538	1551	1606	1621	1636	1650	1704				
Gascoigne Road Dovehouse Mead	1307	1323	1338	1353	1408	1422	1437	1452	1505	1519	1532	1545	1558	1613	1628	1643	1657	1711				
Marks Gate Whalebone Lane North	1636	1651	1706	1721	1736	1751	1806	1821	1837	1853	1909	1925	1940	1955	2010	2026	2042	2058				
Rose Lane shops	1639	1654	1709	1724	1739	1754	1809	1824	1840	1856	1912	1928	1943	1958	2013	2029	2045	2101				
Whalebone Lane North Warren Sch.	1643	1658	1713	1728	1743	1758	1814	1829	1845	1901	1916	1932	1947	2002	2016	2032	2048	2104				
Chadwell Heath Station	1650	1705	1720	1735	1751	1807	1823	1839	1855	1910	1924	1939	1954	2007	2021	2037	2053	2109				
Becontree Station	1701	1716	1731	1746	1802	1818	1834	1850	1905	1920	1934	1949	2004	2017	2030	2046	2102	2118				
Upney Station	1712	1727	1742	1758	1814	1830	1846	1901	1915	1930	1944	1959	2013	2026	2039	2055	2111	2127				
Barking Station	1720	1735	1750	1806	1822	1838	1854	1909	1923	1938	1952	2007	2021	2034	2047	2103	2118	2133				
Gascoigne Road Dovehouse Mead	1726	1741	1756	1812	1828	1844	1900	1915	1929	1944	1958	2013	2027	2040	2053	2108	2123	2138				
Marks Gate Whalebone Lane North	2113	2128	2144	2200	2215	2230	2245	2300	2315	2330	2345											
Rose Lane shops	2116	2131	2147	2203	2218	2233	2248	2302	2317	2332	2347											
Whalebone Lane North Warren Sch.	2119	2134	2150	2206	2221	2236	2251	2304	2319	2334	2349											
Chadwell Heath Station	2124	2139	2155	2211	2226	2241	2256	2309	2324	2339	2354											
Becontree Station	2133	2148	2204	2220	2235	2250	2304	2317	2332	2347	0002											
Upney Station	2142	2157	2212	2227	2242	2257	2311	2324	2339	2354	0009											
Barking Station	2148	2203	2217	2232	2247	2302	2316	2329	2344	2359	0014											
Gascoigne Road Dovehouse Mead	2153	2208	2222	2237	2252	2307	2321	2334	2349	0004	0019											

62		Mondays to Fridays																
Gascoigne Road Dovehouse Mead	0500	0520	0540	0600	0620	Then about every 10 minutes until	1910	1922	1934	1946	1958	2010	2025	2040	2055	2110	2125	
Barking Station	0508	0528	0548	0609	0629		1920	1932	1944	1956	2008	2020	2035	2050	2105	2119	2134	
Upney Station	0514	0534	0554	0616	0636		1930	1942	1954	2006	2017	2029	2044	2059	2114	2128	2143	
Becontree Station	0522	0542	0603	0625	0645		1942	1954	2006	2017	2028	2040	2055	2110	2124	2138	2153	
Chadwell Heath Station	0532	0552	0614	0636	0657		1955	2006	2017	2028	2039	2051	2105	2120	2134	2148	2203	
Whalebone Lane North Warren Sch.	0534	0554	0616	0638	0659		1958	2009	2020	2031	2042	2054	2108	2123	2137	2151	2205	
Rose Lane shops	0540	0601	0623	0645	0707	2006	2015	2026	2037	2048	2100	2114	2129	2143	2157	2211		
Marks Gate Whalebone Lane North	0544	0606	0628	0650	0712	2011	2020	2031	2042	2053	2105	2119	2134	2148	2202	2216		
Gascoigne Road Dovehouse Mead	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010	0025						
Barking Station	2149	2204	2218	2233	2248	2303	2318	2333	2348	0003	0017	0032						
Upney Station	2158	2212	2226	2241	2256	2309	2324	2339	2354	0009	0023	0038						
Becontree Station	2208	2221	2235	2250	2305	2317	2332	2347	0002	0017	0031	0046						
Chadwell Heath Station	2218	2231	2245	2300	2314	2326	2341	2356	0010	0025	0039	0054						
Whalebone Lane North Warren Sch.	2220	2233	2247	2302	2316	2328	2343	2358	0012	0027	0041	0056						
Rose Lane shops	2226	2239	2253	2308	2322	2334	2349	0004	0018	0033	0047	0102						
Marks Gate Whalebone Lane North	2231	2244	2258	2313	2327	2339	2354	0009	0023	0038	0052	0107						
62		Saturdays (also Good Friday)																
Gascoigne Road Dovehouse Mead	0500	0520	0540	0600	0620	0640	0700	0720	0740	0800	Then about every 10 mins. until	1810	Then about every 12 minutes until	1910	1925	1940	1955	
Barking Station	0508	0528	0548	0608	0628	0648	0708	0728	0748	0809		1820		1920	1935	1950	2005	
Upney Station	0513	0533	0553	0613	0633	0653	0716	0736	0756	0816		1830		1930	1945	2000	2015	
Becontree Station	0521	0541	0601	0621	0641	0701	0724	0744	0804	0825		1842		1940	1955	2009	2024	
Chadwell Heath Station	0529	0549	0610	0630	0650	0710	0733	0753	0814	0835		1854		1951	2006	2020	2035	
Whalebone Lane North Warren Sch.	0533	0553	0614	0634	0654	0715	0738	0758	0820	0841		1902		2001	2016	2030	2045	
Rose Lane shops	0536	0556	0617	0637	0657	0718	0741	0801	0823	0844	1906	2005	2020	2034	2049			
Marks Gate Whalebone Lane North	0540	0600	0621	0641	0701	0722	0745	0805	0827	0848	1910	2005	2020	2034	2049			
Gascoigne Road Dovehouse Mead	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010	0025
Barking Station	2020	2035	2050	2105	2119	2134	2149	2204	2218	2233	2248	2303	2318	2333	2348	0003	0017	0032
Upney Station	2030	2045	2100	2115	2129	2144	2159	2213	2227	2242	2257	2310	2325	2340	2355	0010	0024	0039
Becontree Station	2039	2054	2109	2124	2138	2153	2208	2221	2235	2250	2305	2318	2333	2348	0003	0018	0032	0047
Chadwell Heath Station	2050	2105	2119	2134	2148	2203	2219	2232	2246	2301	2314	2327	2342	2357	0011	0026	0040	0055
Whalebone Lane North Warren Sch.	2057	2111	2125	2140	2154	2209	2225	2238	2252	2306	2319	2332	2347	0002	0016	0031	0045	0100
Rose Lane shops	2100	2114	2128	2143	2157	2212	2228	2241	2255	2309	2322	2335	2350	0005	0019	0034	0048	0103
Marks Gate Whalebone Lane North	2104	2118	2132	2147	2201	2217	2233	2246	2300	2313	2326	2339	2354	0009	0023	0038	0052	0107
62		Sundays and other Public Holidays (except Christmas Day)																
Gascoigne Road Dovehouse Mead	0630	0700	0730	0800	0830	0844	0858	0913	0928	0943	0958	1013	1028	1043	1058	1113	1128	1143
Barking Station	0638	0708	0738	0808	0838	0852	0906	0922	0937	0952	1007	1023	1038	1053	1108	1124	1139	1154
Upney Station	0644	0714	0744	0814	0844	0858	0913	0929	0944	0959	1014	1030	1045	1100	1116	1132	1147	1202
Becontree Station	0651	0721	0751	0821	0851	0905	0922	0938	0953	1008	1023	1039	1054	1110	1126	1142	1157	1212
Chadwell Heath Station	0659	0729	0759	0829	0859	0916	0933	0949	1004	1020	1035	1051	1106	1121	1137	1153	1208	1224
Whalebone Lane North Warren Sch.	0704	0734	0804	0834	0904	0922	0939	0955	1011	1027	1042	1058	1113	1128	1144	1200	1216	1232
Rose Lane shops	0707	0737	0807	0837	0907	0925	0942	0958	1014	1030	1045	1101	1117	1132	1148	1204	1220	1236
Marks Gate Whalebone Lane North	0711	0741	0811	0841	0912	0930	0947	1003	1019	1035	1050	1106	1122	1137	1153	1210	1226	1242
Gascoigne Road Dovehouse Mead	1158	1213	1228	1243	1258	1313	1328	1343	1358	1413	1428	1443	1458	1513	1528	1543	1556	1611
Barking Station	1209	1224	1239	1254	1309	1324	1339	1354	1409	1424	1439	1454	1509	1524	1539	1554	1607	1622
Upney Station	1218	1234	1249	1304	1320	1336	1351	1406	1421	1436	1451	1506	1520	1535	1550	1605	1620	1635
Becontree Station	1228	1244	1300	1316	1332	1348	1403	1417	1432	1447	1502	1517	1531	1546	1601	1616	1631	1646
Chadwell Heath Station	1240	1256	1312	1328	1344	1400	1415	1429	1444	1459	1513	1528	1542	1557	1612	1627	1642	1657
Whalebone Lane North Warren Sch.	1248	1304	1320	1336	1352	1407	1422	1436	1451	1506	1520	1535	1549	1604	1619	1634	1649	1704
Rose Lane shops	1252	1308	1324	1340	1355	1410	1425	1439	1454	1510	1524	1539	1553	1607	1622	1637	1652	1707
Marks Gate Whalebone Lane North	1258	1313	1329	1345	1400	1415	1430	1444	1459	1515	1529	1544	1558	1612	1627	1642	1657	1712
Gascoigne Road Dovehouse Mead	1626	1640	1654	1709	1723	1737	1752	1807	1823	1839	1855	1910	1925	1940	1955	2010	2025	2040
Barking Station	1637	1651	1705	1719	1733	1747	1802	1817	1833	1849	1905	1919	1934	1949	2004	2019	2034	2049
Upney Station	1650	1705	1718	1732	1746	1800	1813	1827	1843	1859	1915	1929	1944	1959	2014	2028	2043	2058
Becontree Station	1701	1715	1728	1742	1756	1810	1823	1837	1853	1909	1924	1938	1953	2008	2023	2037	2052	2107
Chadwell Heath Station	1712	1726	1739	1753	1807	1821	1834	1848	1904	1919	1934	1948	2003	2018	2033	2047	2102	2117
Whalebone Lane North Warren Sch.	1719	1733	1746	1800	1814	1828	1841	1855	1910	1925	1940	1954	2009	2024	2039	2053	2108	2123
Rose Lane shops	1722	1736	1749	1803	1817	1831	1844	1858	1913	1928	1943	1957	2012	2027	2042	2056	2111	2126
Marks Gate Whalebone Lane North	1727	1741	1754	1808	1821	1835	1848	1902	1917	1932	1947	2001	2016	2031	2046	2100	2115	2130
Gascoigne Road Dovehouse Mead	2055	2110	2125	2140	2155	2210	2225	2240	2255	Then every 15 minutes until	0025							
Barking Station	2104	2118	2132	2147	2202	2217	2232	2247	2302		0032							
Upney Station	2113	2127	2141	2156	2210	2225	2239	2254	2308		0038							
Becontree Station	2122	2135	2149	2204	2218	2232	2246	2301	2315		0045							
Chadwell Heath Station	2132	2145	2158	2213	2227	2241	2255	2309	2323		0053							
Whalebone Lane North Warren Sch.	2137	2150	2203	2218	2232	2246	2300	2313	2327		0057							
Rose Lane shops	2140	2153	2206	2221	2235	2249	2303	2316	2330	0100								
Marks Gate Whalebone Lane North	2144	2157	2210	2225	2239	2253	2307	2320	2334	0104								