62 Marks Gate – Becontree – Barking

62	Mondays to Fridays (school days)																		
Marks Gate *Whalebone Lane North*	0438	0508	0538	0558	0618	0632	0643	0653	0703	0714	0725	0736	0747	0757	0808	0820	0832	0845	
Rose Lane *shops*	0441	0511	0541	0601	0621	0635	0646	0656	0706	0717	0729	0740	0751	0801	0812	0824	0836	0849	
Whalebone Lane North *Warren Sch.*	0445	0515	0545	0605	0625	0639	0650	0701	0712	0723	0735	0746	0757	0807	0819	0831	0844	0857	
Chadwell Heath Station	0450	0520	0550	0610	0631	0645	0656	0708	0720	0731	0743	0754	0805	0817	0829	0841	0854	0908	
Becontree *Martins Corner*	0454	0525	0555	0615	0636	0650	0701	0714	0726	0737	0749	0800	0812	0824	0836	0848	0901	0915	
Becontree Station	0459	0531	0601	0621	0642	0656	0707	0720	0732	0743	0755	0808	0820	0832	0844	0856	0909	0922	
Upney Station	0507	0540	0613	0635	0656	0710	0725	0739	0751	0802	0814	0826	0838	0850	0902	0914	0925	0936	
Faircross *Longbridge Road*	0510	0543	0616	0638	0659	0714	0729	0743	0755	0807	0819	0831	0843	0855	0907	0919	0930	0941	
Barking Station	0513	0546	0619	0641	0703	0719	0734	0748	0800	0813	0826	0838	0850	0902	0913	0924	0935	0946	
Gascoigne Road *Dovehouse Mead*	0518	0551	0624	0646	0708	0725	0740	0755	0808	0821	0834	0846	0858	0910	0921	0932	0943	0954	
Marks Gate *Whalebone Lane North*	0858	0911	0924	0937	0950			1114	1126			1250	1302	1314	1325	1336	1347	1358	
Rose Lane *shops*	0902	0915	0928	0941	0954			1118	1130			1254	1306	1318	1329	1340	1351	1402	
Whalebone Lane North *Warren Sch.*	0910	0921	0933	0946	0959			1123	1135			1259	1311	1323	1334	1345	1356	1407	
Chadwell Heath Station	0919	0929	0941	0954	1007	*Then*		1131	1143	*Then*		1307	1320	1332	1343	1354	1405	1416	
Becontree *Martins Corner*	0925	0935	0947	1000	1013	*every 12*		1137	1149	*every 12*		1313	1326	1338	1349	1401	1412	1423	
Becontree Station	0932	0942	0954	1007	1019	*minutes*		1143	1155	*minutes*		1319	1332	1344	1355	1407	1418	1429	
Upney Station	0946	0956	1008	1019	1031	*until*		1155	1207	*until*		1331	1344	1356	1408	1420	1431	1442	
Faircross *Longbridge Road*	0951	1001	1013	1024	1036			1200	1213			1337	1350	1402	1414	1426	1437	1448	
Barking Station	0956	1006	1017	1028	1040			1204	1217			1341	1354	1406	1418	1430	1441	1452	
Gascoigne Road *Dovehouse Mead*	1004	1014	1025	1036	1048			1212	1225			1349	1402	1414	1426	1438	1449	1501	
Marks Gate *Whalebone Lane North*	1408	1419	1429	1439	1449	1500	1512	1524	1536	1548	1601	1613	1625	1637	1649	1701	1713	1725	
Rose Lane *shops*	1412	1423	1433	1443	1453	1504	1516	1528	1540	1552	1605	1617	1629	1641	1653	1705	1717	1729	
Whalebone Lane North *Warren Sch.*	1417	1429	1439	1449	1459	1510	1522	1534	1547	1559	1612	1624	1636	1648	1700	1712	1724	1736	
Chadwell Heath Station	1427	1438	1448	1458	1508	1520	1532	1545	1558	1610	1623	1635	1647	1659	1711	1724	1736	1748	
Becontree *Martins Corner*	1434	1445	1455	1505	1516	1528	1540	1553	1606	1618	1631	1643	1655	1707	1719	1731	1743	1755	
Becontree Station	1440	1451	1501	1513	1524	1536	1548	1601	1613	1625	1638	1650	1702	1714	1726	1738	1750	1802	
Upney Station	1453	1504	1516	1528	1540	1552	1604	1616	1628	1640	1653	1705	1718	1730	1742	1754	1806	1818	
Faircross *Longbridge Road*	1459	1511	1524	1536	1548	1600	1612	1623	1635	1647	1700	1712	1724	1736	1748	1800	1812	1824	
Barking Station	1504	1516	1529	1541	1553	1605	1617	1628	1640	1652	1705	1717	1729	1741	1753	1805	1817	1829	
Gascoigne Road *Dovehouse Mead*	1513	1525	1538	1550	1602	1614	1626	1637	1649	1701	1713	1725	1737	1749	1801	1813	1825	1837	
Marks Gate *Whalebone Lane North*	1737	1749	1802	1814	1826	1839	1851	1903	1915	1927	1939	1951	2003	2016	2031	2046	2101	2116	
Rose Lane *shops*	1741	1753	1806	1818	1830	1843	1855	1906	1918	1930	1942	1954	2006	2019	2034	2049	2104	2119	
Whalebone Lane North *Warren Sch.*	1748	1800	1812	1823	1835	1848	1900	1911	1923	1935	1947	1959	2011	2023	2038	2053	2108	2123	
Chadwell Heath Station	1800	1812	1822	1833	1845	1858	1909	1919	1931	1943	1955	2007	2018	2029	2044	2059	2114	2129	
Becontree *Martins Corner*	1807	1819	1829	1840	1852	1905	1915	1925	1937	1949	2001	2013	2023	2034	2049	2104	2119	2134	
Becontree Station	1814	1825	1835	1846	1858	1911	1921	1931	1943	1955	2007	2018	2028	2039	2054	2109	2124	2139	
Upney Station	1830	1840	1850	1901	1913	1923	1933	1943	1955	2007	2018	2028	2038	2049	2104	2119	2133	2148	
Faircross *Longbridge Road*	1836	1846	1856	1907	1919	1929	1939	1949	2001	2012	2023	2033	2043	2054	2109	2124	2138	2153	
Barking Station	1840	1850	1900	1911	1923	1933	1943	1953	2005	2016	2027	2037	2047	2058	2113	2127	2141	2156	
Gascoigne Road *Dovehouse Mead*	1848	1858	1908	1919	1930	1940	1950	2000	2011	2022	2033	2043	2053	2104	2119	2133	2147	2202	
Marks Gate *Whalebone Lane North*	2131	2146	2201	2216	2232	2247	2302	2317	2332	2347									
Rose Lane *shops*	2134	2149	2204	2219	2235	2250	2305	2320	2335	2350									
Whalebone Lane North *Warren Sch.*	2138	2153	2208	2223	2239	2254	2309	2324	2339	2354									
Chadwell Heath Station	2144	2159	2214	2228	2244	2259	2314	2329	2344	2359									
Becontree *Martins Corner*	2149	2204	2219	2233	2249	2304	2318	2333	2348	0003									
Becontree Station	2154	2209	2224	2238	2254	2308	2322	2337	2352	0007									
Upney Station	2203	2218	2232	2246	2302	2316	2330	2345	0000	0015									
Faircross *Longbridge Road*	2208	2222	2236	2250	2305	2319	2333	2348	0003	0018									
Barking Station	2211	2225	2239	2253	2308	2322	2336	2351	0006	0021									
Gascoigne Road *Dovehouse Mead*	2216	2230	2244	2258	2313	2327	2341	2356	0011	0026									

62	Mondays to Fridays (school holidays)																			
Marks Gate *Whalebone Lane North*	0438	0508	0538	0558	0618	0632	0646	0656	0706	0717	0729	0739	0750	0801	0813	0825	0837	0849		
Rose Lane *shops*	0441	0511	0541	0601	0621	0635	0649	0659	0710	0721	0733	0743	0754	0805	0817	0829	0841	0853		
Whalebone Lane North *Warren Sch.*	0444	0514	0544	0605	0625	0639	0653	0703	0715	0726	0738	0748	0759	0810	0821	0833	0845	0857		
Chadwell Heath Station	0449	0520	0550	0612	0632	0646	0700	0711	0723	0734	0746	0756	0807	0818	0830	0842	0854	0906		
Becontree *Martins Corner*	0453	0525	0555	0617	0637	0651	0705	0716	0728	0740	0752	0802	0814	0825	0837	0849	0901	0912		
Becontree Station	0458	0530	0601	0623	0643	0657	0711	0722	0734	0746	0758	0809	0821	0832	0844	0856	0908	0919		
Upney Station	0507	0540	0612	0634	0654	0709	0724	0736	0748	0800	0812	0824	0836	0848	0900	0911	0922	0933		
Faircross *Longbridge Road*	0510	0543	0615	0637	0657	0713	0728	0740	0752	0805	0818	0830	0842	0854	0906	0917	0928	0939		
Barking Station	0513	0546	0619	0641	0701	0717	0732	0744	0756	0809	0823	0835	0847	0859	0911	0922	0933	0944		
Gascoigne Road *Dovehouse Mead*	0518	0551	0624	0646	0707	0723	0738	0750	0803	0816	0830	0842	0854	0906	0918	0929	0940	0951		
Marks Gate *Whalebone Lane North*	0901	0913	0925	0937	0949			1101	1113	1125	1137	1149	1201			1401	1413	1425		
Rose Lane *shops*	0905	0917	0929	0941	0953			1105	1117	1129	1141	1153	1205			1405	1417	1429		
Whalebone Lane North *Warren Sch.*	0909	0921	0933	0945	0958			1110	1122	1134	1146	1158	1210			1410	1422	1434		
Chadwell Heath Station	0918	0930	0942	0954	1007	*Then*		1119	1131	1143	1155	1207	1220	*Then*		1420	1432	1444		
Becontree *Martins Corner*	0924	0936	0948	1000	1013	*every 12*		1125	1137	1149	1201	1213	1226	*every 12*		1426	1438	1450		
Becontree Station	0931	0943	0955	1007	1019	*minutes*		1131	1143	1155	1207	1219	1232	*minutes*		1432	1444	1456		
Upney Station	0945	0957	1009	1020	1031	*until*		1143	1155	1207	1219	1233	1246	*until*		1446	1459	1511		
Faircross *Longbridge Road*	0951	1003	1014	1025	1036			1148	1200	1213	1226	1239	1252			1452	1505	1518		
Barking Station	0956	1007	1018	1029	1040			1152	1204	1217	1230	1243	1256			1456	1509	1522		
Gascoigne Road *Dovehouse Mead*	1003	1014	1025	1036	1047			1159	1212	1225	1238	1251	1304			1504	1517	1530		
Marks Gate *Whalebone Lane North*	1436	1446	1457	1509	1521	1534	1547	1600	1612	1624	1636	1648	1659	1711	1723	1735	1747	1759		
Rose Lane *shops*	1440	1450	1501	1513	1525	1538	1551	1604	1616	1628	1640	1652	1703	1715	1727	1739	1751	1803		
Whalebone Lane North *Warren Sch.*	1445	1455	1506	1518	1530	1543	1556	1609	1621	1633	1645	1657	1708	1721	1733	1745	1757	1808		
Chadwell Heath Station	1455	1505	1516	1528	1540	1553	1606	1619	1631	1643	1655	1707	1719	1732	1744	1756	1808	1819		
Becontree *Martins Corner*	1501	1512	1523	1535	1547	1600	1613	1626	1638	1650	1702	1714	1726	1739	1751	1803	1815	1826		
Becontree Station	1507	1519	1530	1542	1554	1607	1620	1633	1645	1657	1709	1721	1733	1746	1758	1810	1821	1832		
Upney Station	1523	1535	1547	1559	1611	1623	1635	1647	1659	1711	1723	1736	1748	1801	1813	1825	1837	1848		
Faircross *Longbridge Road*	1530	1542	1555	1607	1619	1631	1643	1655	1707	1719	1731	1743	1755	1807	1819	1831	1843	1854		
Barking Station	1534	1546	1559	1612	1624	1636	1648	1700	1712	1724	1736	1748	1759	1811	1823	1835	1847	1858		
Gascoigne Road *Dovehouse Mead*	1542	1554	1607	1620	1632	1644	1656	1708	1720	1732	1744	1756	1807	1819	1831	1843	1855	1906		
Marks Gate *Whalebone Lane North*	1811	1823	1836	1849	1901	1913	1925	1937	1949	2001	2016	2030	2045	2100	2115	2130	2145	2200		
Rose Lane *shops*	1815	1827	1840	1853	1905	1917	1929	1941	1953	2005	2020	2034	2049	2103	2118	2133	2148	2203		
Whalebone Lane North *Warren Sch.*	1820	1832	1845	1858	1910	1922	1933	1945	1956	2008	2023	2037	2052	2106	2121	2136	2151	2206		
Chadwell Heath Station	1831	1842	1855	1907	1919	1930	1941	1952	2004	2016	2031	2044	2059	2113	2128	2143	2158	2211		
Becontree *Martins Corner*	1838	1849	1901	1913	1925	1936	1947	1958	2010	2022	2037	2050	2105	2118	2133	2148	2203	2216		
Becontree Station	1844	1855	1907	1919	1931	1942	1953	2004	2016	2028	2043	2056	2111	2124	2139	2154	2208	2221		
Upney Station	1900	1911	1922	1933	1945	1956	2007	2018	2030	2041	2055	2108	2121	2134	2149	2204	2216	2229		
Faircross *Longbridge Road*	1906	1917	1928	1939	1951	2002	2013	2024	2035	2046	2100	2113	2126	2139	2154	2207	2219	2232		
Barking Station	1910	1921	1932	1943	1955	2006	2017	2028	2039	2050	2104	2117	2130	2143	2157	2210	2222	2235		
Gascoigne Road *Dovehouse Mead*	1918	1929	1940	1951	2002	2013	2024	2035	2046	2056	2110	2123	2136	2149	2203	2216	2228	2241		
Marks Gate *Whalebone Lane North*	2215	2230	2245	2300	2315	2330	2345													
Rose Lane *shops*	2218	2233	2248	2303	2318	2333	2348													
Whalebone Lane North *Warren Sch.*	2221	2236	2251	2306	2321	2336	2351													
Chadwell Heath Station	2226	2241	2256	2311	2326	2341	2356													
Becontree *Martins Corner*	2231	2246	2301	2315	2330	2345	0000													
Becontree Station	2236	2250	2304	2319	2334	2349	0004													
Upney Station	2244	2258	2312	2327	2342	2357	0012													
Faircross *Longbridge Road*	2247	2301	2315	2330	2345	0000	0015													
Barking Station	2250	2304	2318	2333	2348	0003	0018													
Gascoigne Road *Dovehouse Mead*	2256	2309	2323	2338	2353	0008	0023													

62	Saturdays (also Good Friday)																			
Marks Gate *Whalebone Lane North*	0438	0508	0538	0558	0618	0638	0658	0718	0738	0753	0808	0823	0835	0846	0857	0907	0919	0930		
Rose Lane *shops*	0441	0511	0541	0601	0621	0641	0701	0721	0741	0756	0811	0826	0838	0849	0900	0911	0923	0934		
Whalebone Lane North *Warren Sch.*	0444	0514	0544	0604	0624	0644	0704	0724	0744	0759	0815	0830	0842	0853	0904	0916	0928	0939		
Chadwell Heath Station	0448	0518	0548	0608	0628	0648	0709	0730	0750	0805	0821	0836	0848	0859	0911	0923	0935	0946		
Becontree *Martins Corner*	0452	0522	0552	0612	0632	0653	0714	0735	0755	0810	0826	0841	0853	0904	0916	0928	0940	0951		
Becontree Station	0456	0526	0556	0616	0637	0658	0719	0740	0800	0815	0831	0846	0858	0910	0922	0934	0946	0957		
Upney Station	0503	0533	0603	0624	0646	0707	0729	0750	0810	0825	0841	0856	0908	0920	0932	0944	0956	1008		
Faircross *Longbridge Road*	0506	0536	0606	0628	0650	0711	0733	0754	0815	0830	0846	0901	0912	0924	0936	0948	1000	1013		
Barking Station	0508	0538	0609	0631	0653	0714	0736	0757	0818	0833	0849	0904	0916	0928	0940	0952	1004	1017		
Gascoigne Road *Dovehouse Mead*	0513	0543	0614	0636	0658	0720	0742	0803	0824	0839	0855	0910	0922	0934	0946	0958	1011	1024		
Marks Gate *Whalebone Lane North*	0941	0952	1004	1016	1028	1040	1052	1104	1116	1127	1138	1149	1201	1213	1225	1237	1249	1301		
Rose Lane *shops*	0945	0956	1008	1020	1032	1044	1056	1108	1120	1131	1142	1153	1205	1217	1229	1241	1253	1305		
Whalebone Lane North *Warren Sch.*	0950	1001	1013	1025	1037	1049	1101	1113	1125	1136	1147	1158	1211	1223	1235	1247	1259	1311		
Chadwell Heath Station	0957	1008	1020	1032	1044	1056	1109	1121	1133	1144	1155	1206	1219	1231	1243	1256	1308	1321		
Becontree *Martins Corner*	1002	1014	1026	1038	1050	1102	1115	1127	1139	1150	1201	1213	1226	1238	1250	1303	1315	1328		
Becontree Station	1008	1020	1032	1044	1056	1108	1121	1133	1145	1157	1208	1220	1233	1245	1257	1310	1322	1335		
Upney Station	1020	1032	1044	1056	1108	1121	1134	1146	1159	1211	1224	1237	1250	1302	1314	1327	1339	1352		
Faircross *Longbridge Road*	1025	1037	1049	1101	1113	1126	1139	1151	1204	1217	1230	1243	1256	1308	1321	1334	1346	1359		
Barking Station	1029	1041	1053	1106	1118	1131	1144	1157	1210	1223	1236	1249	1302	1314	1327	1340	1352	1405		
Gascoigne Road *Dovehouse Mead*	1037	1049	1101	1114	1126	1139	1152	1205	1218	1231	1244	1257	1310	1323	1336	1349	1401	1414		
Marks Gate *Whalebone Lane North*	1314	1327	1340			1440	1452	1504	1516	1528	1540	1552	1604	1616	1628	1640	1652	1704		
Rose Lane *shops*	1318	1331	1344			1444	1456	1508	1520	1532	1544	1556	1608	1620	1632	1644	1656	1708		
Whalebone Lane North *Warren Sch.*	1324	1337	1350			1450	1502	1514	1525	1537	1549	1601	1613	1625	1637	1649	1701	1713		
Chadwell Heath Station	1334	1347	1400	*Then*		1500	1512	1524	1535	1547	1558	1610	1622	1634	1646	1658	1710	1722		
Becontree *Martins Corner*	1341	1354	1407	*every 12*		1507	1519	1531	1542	1554	1605	1616	1628	1640	1652	1704	1716	1728		
Becontree Station	1348	1401	1413	*minutes*		1513	1525	1537	1548	1600	1611	1622	1634	1646	1658	1710	1722	1734		
Upney Station	1405	1417	1429	*until*		1529	1540	1552	1603	1615	1626	1637	1649	1701	1713	1725	1737	1749		
Faircross *Longbridge Road*	1411	1423	1435			1535	1546	1558	1609	1621	1632	1643	1655	1707	1718	1730	1742	1754		
Barking Station	1417	1429	1441			1541	1552	1604	1615	1626	1637	1648	1700	1711	1722	1734	1746	1758		
Gascoigne Road *Dovehouse Mead*	1426	1438	1450			1550	1601	1612	1623	1634	1645	1656	1708	1719	1730	1742	1754	1806		
Marks Gate *Whalebone Lane North*	1716	1728	1740	1752	1804	1816	1828	1840	1852	1904	1916	1931	1946	2001	2016	2031	2046	2101		
Rose Lane *shops*	1720	1732	1744	1756	1808	1820	1832	1844	1856	1908	1920	1935	1950	2005	2019	2034	2049	2104		
Whalebone Lane North *Warren Sch.*	1725	1737	1749	1801	1813	1825	1837	1849	1901	1913	1925	1939	1954	2009	2023	2038	2053	2108		
Chadwell Heath Station	1734	1746	1758	1810	1822	1833	1845	1857	1909	1921	1933	1946	2001	2016	2030	2045	2100	2114		
Becontree *Martins Corner*	1740	1752	1804	1816	1828	1839	1851	1903	1915	1927	1939	1952	2007	2021	2035	2050	2105	2119		
Becontree Station	1746	1758	1810	1822	1834	1845	1857	1909	1921	1933	1945	1958	2013	2027	2041	2056	2110	2124		
Upney Station	1801	1813	1825	1837	1849	1900	1912	1923	1934	1945	1957	2010	2023	2036	2050	2104	2118	2132		
Faircross *Longbridge Road*	1806	1818	1830	1842	1854	1905	1916	1927	1938	1949	2001	2014	2027	2040	2054	2108	2122	2136		
Barking Station	1810	1822	1834	1846	1858	1909	1920	1931	1942	1953	2005	2017	2030	2043	2057	2111	2125	2139		
Gascoigne Road *Dovehouse Mead*	1817	1829	1841	1853	1905	1916	1927	1938	1949	2000	2011	2023	2036	2049	2103	2117	2131	2145		
Marks Gate *Whalebone Lane North*	2116	2131	2146	2201	2216	2232	2247	2302	2317	2332	2347									
Rose Lane *shops*	2119	2134	2149	2204	2219	2235	2250	2305	2320	2335	2350									
Whalebone Lane North *Warren Sch.*	2123	2138	2153	2208	2223	2239	2254	2309	2324	2339	2354									
Chadwell Heath Station	2129	2144	2158	2213	2228	2244	2259	2314	2329	2344	2359									
Becontree *Martins Corner*	2134	2149	2203	2218	2233	2249	2304	2318	2333	2348	0003									
Becontree Station	2139	2154	2208	2223	2238	2253	2308	2322	2337	2352	0007									
Upney Station	2147	2202	2216	2230	2245	2300	2315	2329	2344	2359	0014									
Faircross *Longbridge Road*	2151	2205	2219	2233	2248	2303	2318	2332	2347	0001	0016									
Barking Station	2154	2208	2222	2236	2251	2306	2321	2335	2350	0004	0019									
Gascoigne Road *Dovehouse Mead*	2200	2214	2227	2241	2256	2311	2326	2340	2355	0009	0024									

62	Sundays and other Public Holidays (except Christmas Day)																			
Marks Gate *Whalebone Lane North*	0548	0618	0648	0718	0748	0818	0846	0906	0925	0940	0952	1005	1019	1033	1047	1101	1115	1129		
Rose Lane *shops*	0551	0621	0651	0721	0751	0821	0849	0909	0928	0943	0955	1008	1022	1036	1051	1105	1119	1133		
Whalebone Lane North *Warren Sch.*	0554	0624	0654	0724	0754	0824	0852	0912	0932	0947	0959	1012	1027	1041	1056	1110	1124	1138		
Chadwell Heath Station	0559	0629	0659	0729	0759	0829	0858	0919	0939	0954	1006	1020	1035	1049	1104	1118	1132	1146		
Becontree *Martins Corner*	0603	0633	0703	0733	0803	0833	0903	0924	0944	0959	1011	1026	1041	1055	1110	1124	1138	1153		
Becontree Station	0608	0638	0708	0738	0808	0838	0908	0929	0949	1004	1017	1032	1047	1101	1116	1130	1144	1159		
Upney Station	0616	0646	0716	0746	0816	0846	0918	0939	0959	1014	1029	1044	1059	1113	1128	1142	1156	1211		
Faircross *Longbridge Road*	0619	0649	0720	0750	0821	0852	0923	0943	1003	1018	1033	1048	1103	1118	1133	1147	1201	1216		
Barking Station	0622	0652	0723	0753	0825	0856	0927	0947	1007	1022	1037	1052	1107	1122	1137	1152	1206	1221		
Gascoigne Road *Dovehouse Mead*	0627	0657	0728	0758	0830	0902	0933	0953	1013	1028	1043	1058	1113	1128	1143	1158	1213	1228		
Marks Gate *Whalebone Lane North*	1143	1157	1211	1226	1241	1256	1311	1326	1342	1358	1414	1430	1446	1502	1517	1532	1548	1603		
Rose Lane *shops*	1147	1201	1214	1229	1244	1259	1314	1329	1345	1401	1417	1433	1449	1505	1520	1535	1551	1606		
Whalebone Lane North *Warren Sch.*	1152	1206	1219	1234	1249	1304	1319	1334	1350	1406	1422	1438	1454	1509	1524	1539	1555	1610		
Chadwell Heath Station	1200	1215	1228	1243	1258	1313	1328	1343	1359	1415	1431	1447	1503	1517	1532	1547	1603	1618		
Becontree *Martins Corner*	1207	1222	1235	1250	1305	1320	1335	1350	1406	1422	1438	1454	1509	1523	1538	1553	1609	1624		
Becontree Station	1213	1228	1241	1256	1311	1326	1341	1356	1412	1428	1444	1500	1515	1529	1544	1559	1615	1630		
Upney Station	1226	1241	1254	1310	1325	1340	1355	1410	1426	1441	1457	1512	1526	1540	1555	1610	1626	1641		
Faircross *Longbridge Road*	1231	1246	1301	1317	1332	1347	1402	1417	1432	1447	1503	1517	1531	1545	1600	1615	1630	1645		
Barking Station	1236	1251	1306	1322	1337	1352	1407	1422	1437	1452	1507	1521	1535	1549	1604	1619	1634	1649		
Gascoigne Road *Dovehouse Mead*	1243	1258	1314	1330	1345	1400	1415	1430	1445	1500	1514	1528	1542	1556	1611	1626	1641	1656		
Marks Gate *Whalebone Lane North*	1618	1633	1648	1703	1718	1733	1748	1803	1818	1833	1848	1903	1918	1933	1948	2003	2018	2033		
Rose Lane *shops*	1621	1636	1651	1707	1722	1737	1752	1807	1821	1836	1851	1906	1921	1936	1951	2006	2021	2036		
Whalebone Lane North *Warren Sch.*	1625	1640	1655	1711	1726	1741	1756	1811	1825	1840	1855	1910	1925	1940	1955	2010	2025	2040		
Chadwell Heath Station	1633	1648	1703	1718	1733	1748	1803	1818	1832	1847	1902	1917	1932	1947	2002	2016	2031	2046		
Becontree *Martins Corner*	1639	1654	1709	1724	1739	1754	1809	1824	1838	1853	1908	1923	1937	1952	2007	2021	2036	2051		
Becontree Station	1645	1700	1715	1730	1745	1800	1815	1830	1844	1859	1914	1928	1942	1957	2012	2026	2041	2056		
Upney Station	1656	1711	1727	1742	1757	1811	1826	1841	1855	1910	1924	1938	1952	2006	2020	2034	2049	2104		
Faircross *Longbridge Road*	1700	1715	1731	1746	1801	1816	1831	1846	1900	1914	1928	1942	1956	2010	2024	2038	2053	2108		
Barking Station	1704	1719	1735	1750	1805	1820	1835	1850	1904	1918	1932	1946	2000	2013	2027	2041	2056	2111		
Gascoigne Road *Dovehouse Mead*	1711	1726	1741	1756	1811	1826	1841	1856	1910	1924	1938	1952	2006	2019	2033	2047	2102	2116		
Marks Gate *Whalebone Lane North*	2048	2103	2118	2133	2148	2203	2218	2233	2248	2303	2318	2333	2347							
Rose Lane *shops*	2051	2106	2121	2136	2151	2206	2221	2236	2251	2306	2321	2336	2350							
Whalebone Lane North *Warren Sch.*	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2354							
Chadwell Heath Station	2101	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	2359							
Becontree *Martins Corner*	2106	2120	2135	2150	2205	2219	2234	2249	2304	2319	2334	2349	0003							
Becontree Station	2111	2125	2140	2155	2210	2224	2239	2254	2308	2323	2338	2353	0007							
Upney Station	2119	2132	2147	2202	2217	2231	2246	2301	2315	2330	2345	0000	0014							
Faircross *Longbridge Road*	2122	2135	2150	2205	2220	2234	2249	2303	2317	2332	2347	0002	0016							
Barking Station	2125	2138	2153	2208	2223	2237	2251	2305	2319	2334	2349	0004	0018							
Gascoigne Road *Dovehouse Mead*	2130	2143	2158	2213	2228	2242	2256	2310	2324	2339	2354	0009	0023							

62 Barking – Becontree – Marks Gate

62	Mondays to Fridays (school days)																		
Gascoigne Road *Dovehouse Mead*	0500	0520	0540	0600	0615	0630	0640	0650	0658	0706	0717	0728	0739	0750	0801	0812	0824	0836
Barking Station	0508	0528	0548	0608	0624	0639	0649	0659	0707	0716	0727	0738	0749	0800	0811	0822	0836	0848
Faircross *Longbridge Road*	0511	0531	0551	0611	0627	0642	0652	0702	0711	0720	0731	0742	0753	0804	0815	0827	0841	0853
Upney Station	0514	0534	0554	0614	0630	0645	0655	0705	0717	0729	0740	0751	0802	0813	0825	0837	0851	0903
Becontree Station	0522	0542	0602	0624	0640	0655	0705	0716	0728	0740	0751	0802	0813	0825	0837	0849	0903	0914
Becontree *Martins Corner*	0527	0547	0607	0629	0645	0700	0711	0723	0735	0747	0758	0809	0821	0833	0845	0857	0911	0921
Chadwell Heath Station	0532	0552	0613	0635	0651	0706	0718	0730	0742	0754	0806	0818	0830	0842	0854	0906	0918	0928
Whalebone Lane North *Warren Sch.*	0537	0557	0619	0641	0657	0713	0725	0737	0749	0802	0815	0828	0841	0853	0905	0915	0925	0935
Rose Lane *shops*	0540	0600	0622	0644	0701	0717	0729	0741	0753	0806	0819	0832	0845	0857	0909	0919	0929	0939
Marks Gate *Whalebone Lane North*	0544	0605	0627	0649	0706	0722	0734	0746	0758	0811	0824	0837	0850	0902	0914	0924	0934	0944
Gascoigne Road *Dovehouse Mead*	0848	0901	0914	0927	0939	0951	1003	1015	1027	1039	1051	1103	1115	1127	1139	1151	1203	1216
Barking Station	0900	0913	0926	0939	0951	1003	1015	1026	1038	1050	1102	1114	1127	1139	1151	1203	1215	1228
Faircross *Longbridge Road*	0905	0918	0931	0943	0955	1007	1019	1031	1043	1055	1107	1120	1133	1145	1157	1209	1221	1233
Upney Station	0913	0924	0936	0948	1000	1012	1024	1036	1048	1100	1112	1125	1138	1150	1202	1214	1226	1238
Becontree Station	0924	0935	0947	0959	1011	1023	1035	1047	1059	1111	1123	1136	1149	1201	1213	1225	1237	1249
Becontree *Martins Corner*	0931	0942	0954	1006	1017	1029	1041	1053	1105	1117	1129	1142	1155	1207	1219	1231	1243	1255
Chadwell Heath Station	0938	0949	1001	1012	1023	1035	1047	1059	1111	1123	1135	1148	1201	1213	1225	1237	1249	1301
Whalebone Lane North *Warren Sch.*	0945	0956	1008	1019	1030	1042	1054	1106	1118	1130	1142	1155	1208	1221	1233	1245	1257	1309
Rose Lane *shops*	0949	1000	1011	1022	1033	1045	1057	1109	1121	1133	1145	1158	1211	1224	1236	1248	1300	1312
Marks Gate *Whalebone Lane North*	0954	1005	1016	1027	1038	1050	1102	1114	1126	1138	1150	1203	1216	1229	1241	1253	1305	1317
Gascoigne Road *Dovehouse Mead*	1228	1240	1252	1304	1316	1328	1340	1352	1404	1415	1426	1437	1445	1456	1508	1520	1532	1545
Barking Station	1240	1252	1304	1316	1328	1340	1352	1404	1416	1427	1438	1449	1457	1508	1520	1532	1544	1557
Faircross *Longbridge Road*	1245	1257	1310	1322	1334	1346	1358	1410	1422	1433	1444	1455	1503	1515	1527	1539	1551	1604
Upney Station	1250	1302	1315	1327	1339	1351	1403	1415	1427	1438	1449	1500	1509	1521	1533	1545	1557	1609
Becontree Station	1301	1313	1326	1338	1350	1402	1415	1427	1439	1450	1501	1512	1524	1536	1548	1600	1612	1624
Becontree *Martins Corner*	1307	1319	1332	1344	1356	1408	1421	1434	1446	1457	1508	1520	1532	1544	1556	1608	1620	1632
Chadwell Heath Station	1313	1325	1338	1350	1402	1415	1428	1441	1453	1504	1516	1528	1540	1552	1604	1616	1628	1640
Whalebone Lane North *Warren Sch.*	1321	1333	1346	1358	1411	1424	1437	1450	1502	1515	1528	1540	1552	1604	1616	1628	1640	1652
Rose Lane *shops*	1325	1337	1350	1402	1415	1428	1441	1454	1507	1520	1533	1545	1557	1609	1620	1632	1644	1656
Marks Gate *Whalebone Lane North*	1330	1342	1355	1407	1420	1433	1446	1459	1512	1525	1538	1550	1602	1614	1625	1637	1649	1701
Gascoigne Road *Dovehouse Mead*	1558	1610	1622	1634	1646	1658	1710	1722	1734	1747	1800	1813	1826	1839	1852	1905	1918	1931
Barking Station	1610	1622	1634	1646	1658	1710	1722	1734	1746	1759	1812	1824	1837	1850	1903	1915	1928	1941
Faircross *Longbridge Road*	1616	1628	1640	1652	1704	1715	1727	1739	1751	1804	1817	1829	1842	1855	1908	1920	1933	1946
Upney Station	1621	1633	1645	1657	1709	1720	1732	1744	1756	1809	1822	1834	1847	1900	1913	1924	1937	1950
Becontree Station	1636	1648	1700	1712	1724	1736	1748	1800	1812	1825	1837	1849	1902	1913	1924	1935	1948	2001
Becontree *Martins Corner*	1644	1656	1708	1720	1732	1744	1756	1808	1820	1832	1844	1856	1909	1920	1931	1942	1955	2007
Chadwell Heath Station	1652	1704	1716	1728	1740	1752	1804	1815	1827	1839	1851	1903	1915	1926	1937	1948	2001	2013
Whalebone Lane North *Warren Sch.*	1704	1716	1728	1740	1752	1804	1814	1824	1836	1848	1900	1911	1922	1933	1944	1955	2008	2019
Rose Lane *shops*	1708	1720	1732	1744	1756	1808	1818	1828	1840	1852	1904	1915	1926	1937	1948	1959	2011	2022
Marks Gate *Whalebone Lane North*	1713	1725	1737	1749	1801	1813	1823	1833	1845	1857	1909	1920	1931	1942	1953	2004	2015	2026
Gascoigne Road *Dovehouse Mead*	1944	1956	2012	2028	2044	2059	2114	2129	2144	2159	2214	2229	2243	2258	2313	2328	2343	2358
Barking Station	1954	2006	2021	2037	2053	2108	2122	2137	2152	2207	2222	2237	2251	2306	2321	2335	2350	0005
Faircross *Longbridge Road*	1959	2011	2026	2042	2058	2113	2127	2142	2157	2212	2227	2241	2255	2309	2324	2338	2353	0008
Upney Station	2003	2015	2030	2046	2102	2117	2131	2146	2201	2216	2230	2244	2258	2312	2327	2341	2356	0011
Becontree Station	2013	2025	2040	2056	2112	2126	2140	2155	2210	2224	2238	2252	2306	2319	2334	2348	0003	0018
Becontree *Martins Corner*	2019	2031	2046	2102	2117	2131	2145	2200	2215	2229	2243	2257	2310	2323	2338	2352	0007	0022
Chadwell Heath Station	2025	2037	2052	2107	2122	2136	2150	2205	2220	2234	2248	2302	2315	2328	2343	2357	0011	0026
Whalebone Lane North *Warren Sch.*	2031	2043	2058	2113	2128	2142	2156	2211	2226	2240	2254	2308	2320	2333	2348	0002	0016	0031
Rose Lane *shops*	2034	2046	2101	2116	2131	2145	2159	2214	2229	2243	2257	2311	2323	2336	2351	0005	0019	0034
Marks Gate *Whalebone Lane North*	2038	2050	2105	2120	2135	2149	2203	2218	2233	2247	2301	2315	2327	2340	2355	0009	0023	0038
Gascoigne Road *Dovehouse Mead*	0013	0028																
Barking Station	0020	0035																
Faircross *Longbridge Road*	0023	0038																
Upney Station	0026	0041																
Becontree Station	0033	0048																
Becontree *Martins Corner*	0037	0052																
Chadwell Heath Station	0041	0056																
Whalebone Lane North *Warren Sch.*	0046	0101																
Rose Lane *shops*	0049	0104																
Marks Gate *Whalebone Lane North*	0053	0108																

62	Mondays to Fridays (school holidays)																				
Gascoigne Road *Dovehouse Mead*	0500	0520	0540	0600	0615	0627	0638	0649	0700	0711	0723	0735	0746	0757	0808						0944
Barking Station	0508	0528	0548	0609	0624	0636	0647	0658	0710	0721	0733	0745	0756	0807	0819						0955
Faircross *Longbridge Road*	0511	0531	0551	0613	0628	0640	0651	0701	0713	0725	0737	0749	0800	0811	0823						0959
Upney Station	0514	0534	0554	0616	0631	0643	0654	0705	0717	0729	0741	0753	0804	0816	0828	*Then*					1004
Becontree Station	0522	0542	0603	0625	0640	0652	0703	0715	0727	0739	0751	0803	0815	0827	0839	*every 12*					1015
Becontree *Martins Corner*	0527	0547	0608	0630	0645	0657	0709	0721	0733	0745	0757	0809	0821	0833	0845	*minutes*					1021
Chadwell Heath Station	0532	0552	0614	0636	0652	0704	0716	0728	0740	0752	0804	0816	0828	0840	0852	*until*					1028
Whalebone Lane North *Warren Sch.*	0537	0558	0620	0642	0658	0710	0723	0735	0747	0759	0812	0824	0836	0848	0900						1036
Rose Lane *shops*	0540	0601	0623	0645	0702	0714	0727	0739	0751	0803	0816	0828	0840	0852	0904						1040
Marks Gate *Whalebone Lane North*	0544	0606	0628	0650	0707	0719	0732	0744	0756	0808	0821	0833	0845	0857	0909						1045
Gascoigne Road *Dovehouse Mead*	0955	1007	1019	1031	1042	1053	1104	1116			1304	1316	1328	1340					1440	1451	
Barking Station	1006	1018	1030	1042	1053	1104	1116	1128			1316	1328	1340	1352					1452	1503	
Faircross *Longbridge Road*	1011	1023	1035	1047	1058	1110	1122	1134			1322	1334	1346	1358					1458	1510	
Upney Station	1016	1028	1040	1052	1103	1115	1127	1139	*Then*		1327	1339	1351	1403	*Then*				1503	1515	
Becontree Station	1027	1039	1051	1103	1114	1126	1138	1150	*every 12*		1338	1350	1402	1415	*every 12*				1515	1527	
Becontree *Martins Corner*	1033	1045	1057	1109	1120	1132	1144	1156	*minutes*		1344	1356	1408	1421	*minutes*				1521	1533	
Chadwell Heath Station	1040	1052	1104	1116	1127	1138	1150	1203	*until*		1351	1403	1415	1428	*until*				1528	1540	
Whalebone Lane North *Warren Sch.*	1048	1100	1112	1124	1135	1146	1158	1211			1359	1412	1424	1437					1537	1549	
Rose Lane *shops*	1052	1104	1116	1128	1139	1150	1201	1215			1403	1416	1428	1441					1541	1553	
Marks Gate *Whalebone Lane North*	1057	1109	1121	1133	1144	1155	1206	1220			1408	1421	1433	1446					1546	1558	
Gascoigne Road *Dovehouse Mead*	1503	1515	1526	1537	1548	1559	1611	1623	1635	1647	1659	1711	1723	1735	1748	1801	1814	1827			
Barking Station	1515	1527	1538	1550	1601	1612	1624	1636	1648	1700	1712	1724	1736	1748	1801	1813	1826	1839			
Faircross *Longbridge Road*	1522	1534	1545	1557	1607	1618	1630	1642	1654	1706	1717	1729	1741	1753	1806	1818	1831	1844			
Upney Station	1527	1539	1550	1602	1612	1623	1635	1647	1659	1711	1722	1734	1746	1758	1811	1823	1836	1849			
Becontree Station	1539	1551	1602	1614	1625	1636	1648	1701	1713	1725	1737	1749	1801	1812	1825	1837	1850	1903			
Becontree *Martins Corner*	1545	1557	1608	1620	1631	1642	1654	1707	1719	1731	1743	1755	1807	1818	1831	1843	1856	1909			
Chadwell Heath Station	1552	1604	1615	1627	1638	1649	1701	1714	1727	1739	1751	1803	1815	1826	1839	1851	1903	1915			
Whalebone Lane North *Warren Sch.*	1601	1613	1624	1636	1647	1658	1710	1723	1736	1748	1800	1812	1824	1835	1847	1859	1910	1922			
Rose Lane *shops*	1605	1617	1628	1640	1651	1702	1714	1727	1740	1752	1804	1816	1828	1839	1851	1903	1914	1926			
Marks Gate *Whalebone Lane North*	1610	1622	1633	1645	1656	1707	1719	1732	1745	1757	1809	1821	1833	1844	1856	1908	1919	1931			
Gascoigne Road *Dovehouse Mead*	1840	1853	1906	1918	1930	1942	1954	2009	2024	2039	2055	2110	2125	2140	2155	2210	2225	2240			
Barking Station	1852	1905	1917	1929	1941	1953	2004	2019	2034	2049	2105	2119	2134	2149	2204	2218	2233	2248			
Faircross *Longbridge Road*	1857	1910	1922	1934	1946	1958	2009	2024	2039	2054	2110	2124	2139	2154	2208	2222	2237	2252			
Upney Station	1902	1915	1927	1939	1951	2003	2013	2028	2043	2058	2114	2128	2143	2158	2212	2226	2241	2256			
Becontree Station	1915	1927	1939	1951	2003	2013	2024	2039	2054	2109	2124	2138	2153	2208	2222	2236	2250	2305			
Becontree *Martins Corner*	1921	1933	1945	1957	2009	2019	2029	2044	2059	2114	2129	2143	2158	2213	2227	2241	2255	2309			
Chadwell Heath Station	1927	1939	1951	2003	2015	2025	2035	2050	2104	2119	2134	2148	2203	2218	2232	2246	2300	2314			
Whalebone Lane North *Warren Sch.*	1934	1946	1958	2010	2021	2032	2042	2056	2110	2125	2140	2154	2208	2223	2237	2251	2305	2319			
Rose Lane *shops*	1938	1950	2002	2014	2025	2036	2046	2059	2113	2128	2143	2157	2211	2226	2240	2254	2308	2322			
Marks Gate *Whalebone Lane North*	1943	1955	2007	2019	2030	2041	2051	2104	2118	2133	2148	2202	2216	2231	2245	2259	2313	2327			
Gascoigne Road *Dovehouse Mead*	2255	2310	2325	2340	2355	0010	0025														
Barking Station	2303	2318	2333	2348	0003	0017	0032														
Faircross *Longbridge Road*	2306	2321	2336	2351	0006	0020	0035														
Upney Station	2309	2324	2339	2354	0009	0023	0038														
Becontree Station	2318	2332	2347	0002	0017	0031	0046														
Becontree *Martins Corner*	2322	2336	2351	0006	0021	0035	0050														
Chadwell Heath Station	2327	2341	2356	0010	0025	0039	0054														
Whalebone Lane North *Warren Sch.*	2332	2346	0001	0015	0030	0044	0059														
Rose Lane *shops*	2335	2349	0004	0018	0033	0047	0102														
Marks Gate *Whalebone Lane North*	2340	2354	0009	0023	0038	0052	0107														

62	Saturdays (also Good Friday)																		
Gascoigne Road *Dovehouse Mead*	0500	0520	0540	0600	0620	0640	0700	0720	0735	0750	0805	0817	0828	0839	0850	0901	0913	0925	
Barking Station	0507	0527	0547	0607	0627	0647	0707	0728	0743	0758	0813	0826	0837	0848	0859	0910	0922	0934	
Faircross *Longbridge Road*	0510	0530	0550	0610	0630	0650	0710	0732	0747	0802	0816	0829	0840	0851	0902	0914	0926	0938	
Upney Station	0513	0533	0553	0613	0633	0653	0713	0735	0750	0805	0820	0833	0844	0855	0906	0918	0930	0942	
Becontree Station	0520	0540	0600	0620	0641	0701	0722	0744	0800	0815	0830	0843	0854	0905	0917	0929	0941	0953	
Becontree *Martins Corner*	0524	0544	0604	0625	0646	0706	0727	0749	0805	0820	0835	0848	0859	0911	0923	0935	0947	0959	
Chadwell Heath Station	0529	0549	0609	0630	0651	0711	0733	0755	0811	0826	0841	0854	0905	0917	0929	0941	0953	1005	
Whalebone Lane North *Warren Sch.*	0533	0553	0614	0635	0656	0717	0739	0801	0817	0832	0847	0900	0912	0924	0936	0948	1000	1012	
Rose Lane *shops*	0536	0556	0617	0638	0659	0720	0742	0804	0820	0835	0850	0903	0915	0927	0939	0951	1003	1015	
Marks Gate *Whalebone Lane North*	0540	0600	0621	0642	0703	0724	0746	0808	0824	0839	0854	0907	0919	0931	0943	0955	1008	1020	
Gascoigne Road *Dovehouse Mead*	0937	0948	0959	1011	1023	1035	1047	1059	1111	1123	1135	1147	1159	1211	1222	1234	1246	1258	
Barking Station	0946	0957	1009	1021	1033	1045	1057	1109	1122	1134	1146	1158	1210	1223	1234	1246	1258	1310	
Faircross *Longbridge Road*	0950	1001	1013	1025	1037	1049	1101	1114	1127	1139	1151	1203	1216	1229	1240	1252	1304	1316	
Upney Station	0954	1005	1017	1029	1041	1053	1106	1119	1132	1144	1156	1208	1221	1234	1245	1257	1310	1322	
Becontree Station	1005	1016	1028	1040	1052	1105	1118	1131	1144	1156	1208	1220	1233	1246	1258	1310	1323	1335	
Becontree *Martins Corner*	1011	1023	1035	1047	1059	1112	1125	1138	1151	1203	1216	1228	1241	1254	1306	1318	1331	1343	
Chadwell Heath Station	1017	1029	1041	1053	1105	1118	1131	1144	1157	1210	1223	1235	1248	1301	1313	1325	1338	1350	
Whalebone Lane North *Warren Sch.*	1024	1036	1048	1100	1113	1126	1139	1152	1205	1218	1231	1243	1256	1309	1322	1334	1347	1359	
Rose Lane *shops*	1027	1039	1051	1104	1117	1130	1143	1156	1209	1222	1235	1247	1300	1313	1326	1338	1351	1403	
Marks Gate *Whalebone Lane North*	1032	1044	1056	1109	1122	1135	1148	1201	1214	1227	1240	1252	1305	1318	1331	1343	1356	1408	
Gascoigne Road *Dovehouse Mead*	1310	1322	1334	1346	1359	1411	1423	1435	1447	1459	1511	1523	1535	1547	1559	1611	1623	1635	
Barking Station	1322	1334	1346	1358	1411	1423	1435	1447	1459	1511	1523	1535	1547	1559	1611	1623	1635	1647	
Faircross *Longbridge Road*	1328	1340	1352	1404	1416	1428	1440	1452	1505	1518	1530	1542	1554	1606	1618	1630	1642	1654	
Upney Station	1334	1346	1358	1410	1421	1433	1445	1457	1510	1523	1535	1547	1559	1611	1623	1635	1647	1659	
Becontree Station	1347	1359	1411	1423	1434	1446	1458	1510	1523	1536	1548	1600	1612	1623	1635	1647	1659	1711	
Becontree *Martins Corner*	1355	1407	1418	1430	1441	1453	1505	1517	1530	1543	1555	1607	1619	1630	1642	1654	1706	1718	
Chadwell Heath Station	1402	1414	1425	1437	1448	1500	1512	1524	1537	1550	1602	1614	1626	1637	1649	1701	1713	1725	
Whalebone Lane North *Warren Sch.*	1411	1422	1433	1445	1456	1508	1520	1532	1545	1558	1610	1622	1634	1645	1657	1709	1721	1733	
Rose Lane *shops*	1415	1426	1437	1449	1500	1512	1524	1536	1549	1602	1614	1626	1638	1649	1701	1713	1725	1737	
Marks Gate *Whalebone Lane North*	1420	1431	1442	1454	1505	1517	1529	1541	1554	1607	1619	1631	1643	1654	1706	1718	1730	1742	
Gascoigne Road *Dovehouse Mead*	1647	1659	1711	1723	1735	1747	1759	1811	1823	1835	1847	1859	1914	1929	1944	1959	2014	2029	
Barking Station	1659	1711	1722	1734	1746	1758	1810	1822	1834	1846	1858	1910	1925	1940	1955	2009	2023	2038	
Faircross *Longbridge Road*	1705	1716	1727	1739	1751	1803	1815	1827	1839	1851	1903	1915	1930	1945	2000	2014	2028	2043	
Upney Station	1709	1720	1731	1743	1755	1807	1819	1831	1843	1855	1907	1919	1934	1949	2004	2018	2032	2047	
Becontree Station	1721	1732	1743	1755	1807	1818	1830	1842	1854	1906	1917	1929	1944	1959	2014	2028	2042	2057	
Becontree *Martins Corner*	1729	1740	1751	1803	1814	1825	1837	1849	1901	1913	1924	1936	1951	2006	2020	2034	2048	2103	
Chadwell Heath Station	1736	1747	1758	1810	1821	1832	1844	1856	1907	1919	1930	1942	1957	2012	2026	2040	2054	2109	
Whalebone Lane North *Warren Sch.*	1744	1755	1806	1817	1828	1839	1851	1903	1914	1926	1937	1949	2004	2019	2033	2047	2101	2115	
Rose Lane *shops*	1748	1759	1810	1821	1832	1843	1855	1906	1917	1929	1940	1952	2007	2022	2036	2050	2104	2118	
Marks Gate *Whalebone Lane North*	1753	1804	1815	1826	1837	1848	1859	1910	1921	1933	1944	1956	2011	2026	2040	2054	2108	2122	
Gascoigne Road *Dovehouse Mead*	2044	2059	2114	2129	2144	2159	2214	2229	2244	2259	2313	2328	2343	2358	0013	0028			
Barking Station	2053	2108	2123	2137	2152	2207	2222	2237	2252	2307	2321	2335	2350	0005	0020	0035			
Faircross *Longbridge Road*	2058	2113	2128	2142	2157	2212	2226	2241	2256	2311	2324	2338	2353	0008	0023	0038			
Upney Station	2102	2117	2132	2146	2201	2215	2229	2244	2259	2314	2327	2341	2356	0011	0026	0041			
Becontree Station	2112	2127	2141	2155	2209	2223	2237	2252	2307	2321	2334	2348	0003	0018	0033	0048			
Becontree *Martins Corner*	2118	2132	2146	2200	2214	2228	2242	2257	2311	2325	2338	2352	0007	0022	0037	0052			
Chadwell Heath Station	2123	2137	2151	2205	2219	2233	2247	2302	2316	2330	2343	2357	0011	0026	0041	0056			
Whalebone Lane North *Warren Sch.*	2129	2143	2157	2211	2225	2239	2253	2307	2321	2335	2348	0002	0016	0031	0046	0101			
Rose Lane *shops*	2132	2146	2200	2214	2228	2242	2256	2310	2324	2338	2351	0005	0019	0034	0049	0104			
Marks Gate *Whalebone Lane North*	2136	2150	2204	2218	2232	2246	2300	2314	2328	2342	2355	0009	0023	0038	0053	0108			

62	Sundays and other Public Holidays (except Christmas Day)																			
Gascoigne Road *Dovehouse Mead*	0630	0700	0730	0800	0820	0840	0855	0910	0925	0940	0954	1007	1021	1036	1051	1106	1121	1136		
Barking Station	0637	0707	0737	0807	0827	0847	0902	0918	0933	0948	1002	1016	1031	1046	1101	1116	1131	1146		
Faircross *Longbridge Road*	0640	0710	0740	0810	0830	0850	0905	0921	0936	0951	1005	1020	1035	1050	1105	1120	1135	1150		
Upney Station	0643	0713	0743	0813	0834	0854	0909	0925	0940	0955	1009	1024	1039	1054	1109	1124	1139	1154		
Becontree Station	0651	0721	0751	0821	0842	0902	0918	0934	0949	1004	1018	1033	1048	1103	1118	1134	1149	1204		
Becontree *Martins Corner*	0655	0725	0755	0826	0847	0907	0923	0939	0954	1009	1024	1039	1054	1109	1124	1140	1155	1210		
Chadwell Heath Station	0700	0730	0800	0831	0852	0912	0929	0945	1000	1015	1030	1045	1100	1115	1130	1146	1201	1216		
Whalebone Lane North *Warren Sch.*	0705	0735	0806	0837	0858	0918	0935	0951	1006	1022	1037	1052	1107	1122	1137	1153	1208	1224		
Rose Lane *shops*	0708	0738	0809	0840	0901	0921	0938	0954	1009	1025	1040	1055	1110	1125	1140	1156	1212	1228		
Marks Gate *Whalebone Lane North*	0712	0742	0813	0844	0905	0925	0942	0958	1014	1030	1045	1100	1115	1130	1145	1201	1217	1233		
Gascoigne Road *Dovehouse Mead*	1151	1206	1221	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451			1651	1706	1721		
Barking Station	1201	1216	1231	1246	1301	1316	1332	1347	1402	1417	1432	1447	1501			1701	1715	1730		
Faircross *Longbridge Road*	1205	1221	1236	1251	1306	1322	1338	1353	1408	1423	1438	1453	1507			1707	1722	1737		
Upney Station	1209	1225	1241	1256	1310	1326	1342	1357	1412	1427	1442	1457	1511	*Then*		1711	1726	1741		
Becontree Station	1219	1235	1251	1306	1321	1337	1353	1408	1423	1438	1453	1508	1522	*every 15*		1722	1737	1752		
Becontree *Martins Corner*	1225	1241	1257	1313	1328	1344	1400	1415	1430	1445	1500	1515	1529	*minutes*		1729	1744	1759		
Chadwell Heath Station	1232	1248	1304	1320	1335	1351	1407	1422	1437	1452	1507	1521	1535	*until*		1735	1750	1805		
Whalebone Lane North *Warren Sch.*	1240	1256	1312	1328	1343	1359	1415	1430	1445	1500	1514	1528	1542			1742	1757	1812		
Rose Lane *shops*	1244	1300	1316	1332	1347	1403	1419	1434	1449	1504	1518	1532	1546			1746	1801	1816		
Marks Gate *Whalebone Lane North*	1249	1305	1321	1337	1352	1408	1424	1439	1454	1509	1523	1537	1551			1751	1806	1821		
Gascoigne Road *Dovehouse Mead*	1736	1750	1804	1818	1833	1848	1904	1920	1936	1952	2008	2024	2040	2056	2112	2128	2144	2200		
Barking Station	1745	1759	1813	1827	1842	1857	1913	1929	1945	2001	2016	2032	2048	2104	2120	2135	2151	2207		
Faircross *Longbridge Road*	1752	1806	1818	1832	1847	1902	1917	1933	1949	2005	2020	2036	2052	2108	2124	2139	2155	2211		
Upney Station	1756	1810	1822	1836	1851	1906	1921	1937	1953	2009	2024	2040	2056	2112	2127	2142	2158	2214		
Becontree Station	1807	1820	1832	1846	1900	1915	1930	1946	2002	2018	2033	2049	2105	2120	2135	2150	2206	2221		
Becontree *Martins Corner*	1813	1826	1838	1852	1906	1921	1936	1952	2008	2023	2038	2054	2110	2125	2140	2155	2210	2225		
Chadwell Heath Station	1819	1832	1844	1858	1912	1927	1942	1958	2013	2028	2043	2059	2115	2130	2145	2200	2215	2230		
Whalebone Lane North *Warren Sch.*	1826	1839	1851	1905	1919	1934	1949	2004	2019	2034	2049	2105	2121	2136	2151	2206	2221	2236		
Rose Lane *shops*	1830	1843	1855	1909	1923	1938	1953	2008	2023	2038	2053	2109	2124	2139	2154	2209	2224	2239		
Marks Gate *Whalebone Lane North*	1835	1848	1900	1913	1927	1942	1957	2012	2027	2042	2057	2113	2128	2143	2158	2213	2228	2243		
Gascoigne Road *Dovehouse Mead*	2216	2231	2245	2259	2313			0028												
Barking Station	2223	2238	2252	2306	2320			0035												
Faircross *Longbridge Road*	2226	2241	2255	2309	2323			0038												
Upney Station	2229	2244	2258	2312	2326	*Then*		0041												
Becontree Station	2236	2251	2305	2319	2333	*every 15*		0048												
Becontree *Martins Corner*	2240	2255	2309	2323	2337	*minutes*		0052												
Chadwell Heath Station	2245	2300	2314	2327	2341	*until*		0056												
Whalebone Lane North *Warren Sch.*	2251	2306	2319	2332	2346			0101												
Rose Lane *shops*	2254	2309	2322	2335	2349			0104												
Marks Gate *Whalebone Lane North*	2258	2313	2326	2339	2353			0108												