

66

Romford – Gants Hill – Leytonstone

66	Mondays to Fridays																		
Romford Station	0500	0515	0530	0545	0600	0610	0618	0626	0634	0642	0651	0700	0709	0717	0728	0737	0747	0757	
Romford Market <i>St Edward's Way</i>	0502	0517	0532	0547	0602	0612	0621	0628	0637	0645	0654	0703	0712	0720	0731	0740	0750	0800	
Romford North Street <i>(The Squire)</i>	0505	0520	0535	0550	0605	0615	0624	0631	0640	0648	0657	0706	0715	0724	0734	0744	0754	0804	
Chadwell Heath <i>Moby Dick</i>	0510	0525	0540	0555	0611	0622	0631	0638	0647	0655	0705	0714	0723	0732	0742	0752	0802	0812	
Little Heath <i>Eastern Avenue</i>	0514	0529	0544	0600	0616	0628	0637	0644	0653	0703	0712	0722	0732	0741	0751	0802	0812	0822	
Newbury Park Station	0518	0533	0548	0604	0621	0633	0642	0649	0657	0709	0718	0728	0738	0747	0757	0808	0818	0828	
Gants Hill Station <i>Eastern Avenue (E)</i>	0522	0537	0552	0608	0626	0638	0647	0654	0703	0715	0724	0734	0744	0753	0803	0814	0824	0834	
Redbridge Station <i>Eastern Avenue</i>	0526	0541	0557	0614	0632	0646	0657	0704	0715	0728	0739	0750	0800	0809	0819	0829	0839	0849	
Wanstead Station <i>Harrier Avenue</i>	0529	0544	0600	0617	0635	0649	0700	0707	0718	0731	0742	0753	0803	0813	0823	0833	0843	0853	
Leytonstone <i>Green Man (High Road)</i>	0535	0550	0606	0623	0642	0656	0708	0716	0726	0740	0751	0802	0812	0822	0833	0843	0853	0903	
Leytonstone Station <i>Bus Station</i>	0537	0552	0608	0625	0644	0658	0710	0718	0728	0742	0753	0805	0815	0825	0836	0846	0856	0906	
Romford Station	0807	0818	0829	0840	0851	0902	0912	0922	0932	0943	0953	1004	1015	1026	1036	1046	1057	1107	
Romford Market <i>St Edward's Way</i>	0810	0821	0832	0843	0854	0905	0915	0925	0935	0946	0956	1007	1018	1029	1039	1049	1100	1110	
Romford North Street <i>(The Squire)</i>	0814	0825	0836	0847	0858	0909	0918	0928	0938	0949	0959	1010	1021	1032	1042	1052	1103	1113	
Chadwell Heath <i>Moby Dick</i>	0822	0833	0843	0854	0905	0916	0925	0934	0944	0955	1005	1016	1027	1038	1048	1058	1108	1119	
Little Heath <i>Eastern Avenue</i>	0832	0842	0851	0902	0912	0923	0931	0940	0950	1000	1010	1020	1031	1042	1052	1102	1112	1123	
Newbury Park Station	0838	0848	0857	0907	0917	0928	0936	0945	0955	1005	1015	1025	1036	1047	1057	1107	1117	1127	
Gants Hill Station <i>Eastern Avenue (E)</i>	0844	0854	0903	0913	0923	0933	0941	0950	1000	1010	1020	1030	1041	1052	1102	1112	1122	1132	
Redbridge Station <i>Eastern Avenue</i>	0859	0909	0917	0926	0935	0943	0950	0959	1008	1018	1028	1037	1048	1058	1108	1118	1128	1138	
Wanstead Station <i>Harrier Avenue</i>	0903	0912	0920	0929	0938	0946	0953	1002	1011	1021	1031	1040	1051	1101	1111	1121	1131	1141	
Leytonstone <i>Green Man (High Road)</i>	0913	0921	0929	0938	0947	0955	1002	1011	1020	1030	1040	1049	1100	1110	1120	1130	1140	1150	
Leytonstone Station <i>Bus Station</i>	0916	0924	0932	0941	0950	0958	1005	1014	1023	1033	1043	1052	1103	1113	1123	1133	1143	1153	
Romford Station	1117	1127	1137	1147	1157	1207	1217	1227	1237	1247	1257	1307	1317	1327	1337	1347	1357	1407	
Romford Market <i>St Edward's Way</i>	1120	1130	1140	1150	1200	1210	1220	1231	1241	1251	1301	1311	1321	1331	1341	1351	1401	1411	
Romford North Street <i>(The Squire)</i>	1123	1133	1143	1153	1203	1213	1224	1235	1245	1255	1305	1315	1325	1335	1345	1355	1405	1415	
Chadwell Heath <i>Moby Dick</i>	1129	1139	1149	1159	1209	1219	1230	1241	1251	1301	1311	1321	1331	1341	1351	1401	1411	1421	
Little Heath <i>Eastern Avenue</i>	1133	1143	1153	1203	1213	1224	1235	1246	1256	1306	1316	1326	1336	1346	1356	1406	1416	1426	
Newbury Park Station	1137	1147	1157	1207	1217	1228	1239	1250	1300	1310	1320	1330	1340	1350	1401	1411	1421	1431	
Gants Hill Station <i>Eastern Avenue (E)</i>	1142	1152	1202	1212	1222	1233	1244	1255	1305	1315	1325	1335	1345	1355	1406	1416	1426	1436	
Redbridge Station <i>Eastern Avenue</i>	1148	1158	1208	1218	1228	1239	1250	1301	1311	1321	1331	1341	1351	1401	1412	1422	1432	1442	
Wanstead Station <i>Harrier Avenue</i>	1151	1201	1211	1221	1231	1242	1253	1304	1314	1324	1334	1344	1354	1404	1415	1425	1435	1445	
Leytonstone <i>Green Man (High Road)</i>	1200	1210	1220	1230	1240	1251	1302	1313	1323	1333	1343	1353	1403	1413	1424	1434	1444	1454	
Leytonstone Station <i>Bus Station</i>	1203	1213	1223	1233	1243	1254	1305	1316	1326	1336	1346	1356	1407	1417	1428	1438	1448	1458	
Romford Station	1417	1426	1435	1445	1454	1504	1514	1524	1534	1544	1554	1604	1613	<i>Then every 10 minutes until</i>	1703	1713	1724		
Romford Market <i>St Edward's Way</i>	1421	1430	1439	1449	1458	1508	1518	1528	1538	1548	1558	1608	1617		1707	1717	1728		
Romford North Street <i>(The Squire)</i>	1425	1434	1443	1453	1502	1512	1522	1532	1542	1552	1602	1612	1621		1711	1722	1733		
Chadwell Heath <i>Moby Dick</i>	1431	1440	1449	1459	1508	1518	1528	1539	1549	1559	1609	1619	1628		1718	1729	1740		
Little Heath <i>Eastern Avenue</i>	1436	1445	1455	1505	1514	1524	1534	1544	1554	1604	1614	1624	1634		1724	1735	1746		
Newbury Park Station	1441	1450	1500	1510	1519	1529	1539	1549	1559	1609	1619	1629	1639		1729	1740	1751		
Gants Hill Station <i>Eastern Avenue (E)</i>	1446	1456	1506	1516	1525	1535	1545	1555	1605	1615	1625	1635	1645		1735	1746	1757		
Redbridge Station <i>Eastern Avenue</i>	1452	1502	1512	1522	1531	1541	1551	1601	1611	1621	1631	1641	1651		1741	1752	1803		
Wanstead Station <i>Harrier Avenue</i>	1455	1505	1515	1525	1534	1544	1554	1604	1614	1624	1634	1644	1654		1744	1755	1806		
Leytonstone <i>Green Man (High Road)</i>	1505	1515	1525	1535	1544	1554	1604	1614	1624	1634	1644	1654	1704		1754	1805	1815		
Leytonstone Station <i>Bus Station</i>	1509	1519	1529	1539	1548	1558	1608	1618	1628	1638	1648	1658	1708	1758	1808	1818			
Romford Station	1734	1744	1755	1806	1816	1827	1837	1849	1901	1913	1928	1943	2000	2020	2040	2100	2120	2140	
Romford Market <i>St Edward's Way</i>	1738	1748	1759	1809	1819	1830	1840	1852	1904	1916	1931	1946	2003	2023	2043	2103	2123	2143	
Romford North Street <i>(The Squire)</i>	1743	1753	1803	1813	1823	1834	1844	1855	1907	1919	1934	1949	2006	2026	2046	2106	2126	2145	
Chadwell Heath <i>Moby Dick</i>	1750	1800	1810	1820	1830	1841	1850	1901	1913	1924	1939	1954	2011	2031	2051	2111	2131	2150	
Little Heath <i>Eastern Avenue</i>	1756	1806	1816	1826	1836	1846	1855	1905	1917	1928	1943	1958	2015	2035	2055	2114	2134	2153	
Newbury Park Station	1801	1811	1821	1831	1840	1850	1859	1909	1921	1932	1947	2002	2019	2039	2059	2118	2137	2156	
Gants Hill Station <i>Eastern Avenue (E)</i>	1807	1817	1827	1837	1846	1855	1904	1914	1926	1937	1952	2006	2023	2043	2103	2122	2141	2200	
Redbridge Station <i>Eastern Avenue</i>	1813	1823	1833	1843	1852	1901	1910	1920	1932	1943	1957	2011	2028	2048	2107	2126	2145	2204	
Wanstead Station <i>Harrier Avenue</i>	1816	1826	1836	1846	1855	1904	1913	1923	1935	1946	2000	2014	2031	2051	2110	2129	2148	2207	
Leytonstone <i>Green Man (High Road)</i>	1825	1835	1845	1855	1904	1913	1921	1931	1942	1953	2007	2021	2037	2057	2116	2135	2154	2213	
Leytonstone Station <i>Bus Station</i>	1828	1838	1848	1858	1907	1916	1924	1934	1944	1955	2009	2023	2039	2059	2118	2137	2156	2215	
Romford Station	2200	2220	2240	2300	2320	2340	0000	0020											
Romford Market <i>St Edward's Way</i>	2203	2223	2242	2302	2322	2342	0002	0022											
Romford North Street <i>(The Squire)</i>	2205	2225	2244	2304	2324	2344	0004	0024											
Chadwell Heath <i>Moby Dick</i>	2210	2230	2248	2308	2328	2348	0008	0028											
Little Heath <i>Eastern Avenue</i>	2213	2233	2251	2311	2331	2351	0011	0030											
Newbury Park Station	2216	2236	2254	2314	2334	2354	0014	0033											
Gants Hill Station <i>Eastern Avenue (E)</i>	2220	2240	2258	2317	2337	2357	0017	0036											
Redbridge Station <i>Eastern Avenue</i>	2224	2244	2302	2321	2341	0000	0020	0039											
Wanstead Station <i>Harrier Avenue</i>	2226	2246	2304	2323	2343	0002	0022	0041											
Leytonstone <i>Green Man (High Road)</i>	2232	2251	2309	2328	2348	0007	0027	0046											
Leytonstone Station <i>Bus Station</i>	2234	2253	2311	2330	2350	0009	0029	0048											

66	Saturdays (also Good Friday)																	
Romford Station	0500	0520	0540	0600	0620	0640	0700	0715	0730	0745	0800	0812	0824	0834	0843	0853	0903	0913
Romford Market <i>St Edward's Way</i>	0502	0522	0542	0602	0622	0642	0702	0717	0733	0748	0803	0815	0827	0837	0846	0856	0906	0916
Romford North Street <i>(The Squire)</i>	0504	0524	0545	0605	0625	0645	0705	0720	0736	0751	0806	0818	0830	0840	0849	0859	0909	0919
Chadwell Heath <i>Moby Dick</i>	0508	0528	0549	0609	0630	0650	0710	0725	0741	0756	0811	0823	0835	0845	0854	0904	0914	0924
Little Heath <i>Eastern Avenue</i>	0512	0532	0553	0613	0634	0654	0714	0729	0745	0800	0815	0827	0839	0849	0858	0908	0918	0928
Newbury Park Station	0516	0536	0557	0617	0638	0658	0718	0733	0749	0804	0819	0831	0843	0853	0902	0912	0922	0932
Gants Hill Station <i>Eastern Avenue (E)</i>	0520	0540	0601	0621	0642	0702	0722	0737	0753	0808	0823	0835	0847	0857	0907	0917	0927	0937
Redbridge Station <i>Eastern Avenue</i>	0524	0544	0605	0625	0646	0706	0726	0741	0757	0812	0828	0840	0852	0902	0912	0922	0932	0942
Wanstead Station <i>Harrier Avenue</i>	0527	0547	0608	0628	0649	0709	0729	0744	0800	0815	0831	0843	0855	0905	0915	0925	0935	0945
Leytonstone <i>Green Man (High Road)</i>	0532	0553	0614	0634	0655	0715	0735	0750	0806	0821	0837	0850	0902	0912	0922	0933	0943	0953
Leytonstone Station <i>Bus Station</i>	0534	0555	0616	0636	0657	0717	0737	0752	0808	0823	0839	0852	0904	0914	0924	0935	0946	0956
Romford Station	0923	0933	0942	0952	1002	1012	1021	1030	1039	1049	1059	1108	1118	1128	1138	1147	1157	1207
Romford Market <i>St Edward's Way</i>	0926	0936	0945	0955	1005	1015	1024	1033	1042	1052	1102	1112	1122	1132	1142	1151	1201	1211
Romford North Street <i>(The Squire)</i>	0929	0939	0948	0958	1008	1018	1027	1036	1045	1055	1105	1115	1126	1136	1146	1155	1205	1215
Chadwell Heath <i>Moby Dick</i>	0934	0944	0953	1003	1013	1023	1033	1042	1051	1101	1111	1121	1132	1143	1153	1202	1212	1222
Little Heath <i>Eastern Avenue</i>	0938	0948	0957	1007	1017	1027	1037	1047	1056	1106	1116	1126	1137	1148	1158	1207	1217	1227
Newbury Park Station	0942	0952	1002	1012	1022	1032	1042	1052	1101	1111	1121	1131	1142	1153	1203	1212	1222	1232
Gants Hill Station <i>Eastern Avenue (E)</i>	0947	0957	1007	1017	1027	1037	1047	1057	1107	1117	1127	1137	1148	1159	1209	1218	1228	1238
Redbridge Station <i>Eastern Avenue</i>	0952	1002	1013	1023	1033	1043	1053	1103	1113	1124	1134	1144	1155	1206	1216	1226	1236	1247
Wanstead Station <i>Harrier Avenue</i>	0955	1005	1016	1026	1036	1046	1056	1106	1116	1127	1137	1147	1158	1209	1219	1229	1239	1250
Leytonstone <i>Green Man (High Road)</i>	1004	1014	1025	1035	1045	1056	1106	1116	1126	1137	1148	1158	1209	1220	1230	1240	1251	1302
Leytonstone Station <i>Bus Station</i>	1007	1017	1028	1038	1048	1059	1109	1119	1129	1140	1151	1201	1212	1223	1233	1243	1254	1305
Romford Station	1217	1227	1237	1247	1257	1307	1317	1327	1337	1347	Then every 10 minutes until	1437	1447	1457	1507	1517	1527	
Romford Market <i>St Edward's Way</i>	1221	1231	1241	1251	1301	1311	1321	1331	1341	1351		1441	1451	1501	1511	1521	1531	
Romford North Street <i>(The Squire)</i>	1225	1235	1245	1255	1305	1315	1325	1335	1345	1355		1445	1455	1505	1515	1525	1535	
Chadwell Heath <i>Moby Dick</i>	1232	1242	1252	1302	1312	1322	1332	1342	1352	1402		1452	1502	1512	1522	1532	1542	
Little Heath <i>Eastern Avenue</i>	1237	1247	1258	1308	1318	1328	1338	1348	1357	1407		1457	1507	1517	1527	1537	1547	
Newbury Park Station	1242	1252	1303	1313	1323	1333	1343	1353	1402	1412		1502	1512	1522	1532	1542	1552	
Gants Hill Station <i>Eastern Avenue (E)</i>	1248	1258	1309	1319	1329	1339	1349	1359	1408	1418		1508	1518	1528	1538	1548	1558	
Redbridge Station <i>Eastern Avenue</i>	1258	1308	1319	1329	1339	1349	1359	1409	1417	1426		1516	1525	1535	1545	1555	1605	
Wanstead Station <i>Harrier Avenue</i>	1301	1311	1322	1332	1342	1352	1402	1412	1420	1429		1519	1528	1538	1548	1558	1608	
Leytonstone <i>Green Man (High Road)</i>	1313	1323	1334	1344	1354	1404	1413	1423	1431	1440		1530	1539	1549	1559	1609	1618	
Leytonstone Station <i>Bus Station</i>	1316	1326	1337	1347	1357	1407	1416	1426	1435	1444	1534	1543	1553	1603	1612	1621		
Romford Station	1537	Then every 10 minutes until	1657	1707	1717	1727	1737	1747	1759	1811	1825	1840	1900	1920	1940	2000	2020	
Romford Market <i>St Edward's Way</i>	1541		1701	1711	1721	1731	1741	1751	1803	1815	1829	1843	1903	1923	1943	2003	2023	
Romford North Street <i>(The Squire)</i>	1545		1705	1715	1725	1735	1745	1754	1806	1818	1832	1846	1906	1926	1946	2006	2026	
Chadwell Heath <i>Moby Dick</i>	1552		1712	1722	1732	1742	1752	1801	1813	1824	1838	1852	1911	1931	1951	2011	2031	
Little Heath <i>Eastern Avenue</i>	1557		1717	1727	1737	1747	1757	1806	1818	1829	1843	1857	1916	1936	1955	2015	2035	
Newbury Park Station	1602		1722	1732	1742	1752	1802	1811	1823	1834	1848	1902	1921	1941	2000	2019	2039	
Gants Hill Station <i>Eastern Avenue (E)</i>	1608		1728	1738	1748	1758	1808	1817	1829	1840	1853	1907	1926	1946	2005	2024	2043	
Redbridge Station <i>Eastern Avenue</i>	1615		1735	1745	1755	1805	1815	1824	1836	1847	1859	1913	1932	1952	2010	2029	2048	
Wanstead Station <i>Harrier Avenue</i>	1618		1738	1748	1758	1808	1818	1827	1839	1850	1902	1916	1935	1955	2013	2032	2051	
Leytonstone <i>Green Man (High Road)</i>	1628		1748	1757	1807	1817	1827	1836	1847	1858	1910	1924	1942	2002	2020	2039	2057	
Leytonstone Station <i>Bus Station</i>	1631	1751	1800	1810	1820	1830	1839	1850	1901	1913	1927	1945	2004	2022	2041	2059		
Romford Station	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0020						
Romford Market <i>St Edward's Way</i>	2043	2103	2123	2143	2203	2223	2243	2302	2322	2342	0002	0022						
Romford North Street <i>(The Squire)</i>	2046	2106	2125	2145	2205	2225	2245	2304	2324	2344	0004	0024						
Chadwell Heath <i>Moby Dick</i>	2051	2111	2130	2150	2210	2230	2249	2308	2328	2348	0008	0028						
Little Heath <i>Eastern Avenue</i>	2055	2114	2133	2153	2213	2233	2252	2311	2331	2351	0011	0031						
Newbury Park Station	2059	2118	2137	2157	2216	2236	2255	2314	2334	2354	0014	0034						
Gants Hill Station <i>Eastern Avenue (E)</i>	2103	2122	2141	2201	2220	2240	2259	2318	2337	2357	0017	0037						
Redbridge Station <i>Eastern Avenue</i>	2108	2127	2146	2206	2224	2244	2303	2322	2341	0001	0021	0041						
Wanstead Station <i>Harrier Avenue</i>	2111	2130	2149	2209	2227	2246	2305	2324	2343	0003	0023	0043						
Leytonstone <i>Green Man (High Road)</i>	2117	2136	2155	2215	2233	2252	2311	2330	2349	0008	0028	0048						
Leytonstone Station <i>Bus Station</i>	2119	2138	2157	2217	2235	2254	2313	2332	2351	0010	0030	0050						

66	Sundays and other Public Holidays (except Christmas Day)																		
Romford Station	0500	0530	0600	0630	0700	0730	0800	0820	0840	0855	0910	0925	0940	0954	1008	1023	1038	1052	
Romford Market <i>St Edward's Way</i>	0502	0532	0602	0632	0702	0732	0802	0823	0843	0858	0913	0928	0943	0957	1011	1026	1041	1055	
Romford North Street <i>(The Squire)</i>	0504	0534	0604	0634	0704	0734	0804	0825	0846	0901	0916	0931	0946	1000	1014	1029	1044	1058	
Chadwell Heath <i>Moby Dick</i>	0508	0538	0608	0638	0708	0738	0809	0830	0851	0906	0921	0936	0951	1006	1020	1035	1050	1104	
Little Heath <i>Eastern Avenue</i>	0512	0542	0612	0642	0712	0742	0813	0834	0855	0910	0925	0940	0955	1010	1024	1039	1054	1108	
Newbury Park Station	0516	0546	0616	0646	0716	0746	0817	0838	0859	0914	0929	0944	0959	1014	1028	1043	1058	1112	
Gants Hill Station <i>Eastern Avenue (E)</i>	0519	0549	0619	0650	0720	0750	0821	0842	0903	0918	0933	0948	1003	1018	1033	1048	1103	1117	
Redbridge Station <i>Eastern Avenue</i>	0523	0553	0623	0654	0724	0754	0825	0846	0907	0923	0938	0954	1009	1024	1039	1054	1109	1123	
Wanstead Station <i>Harrier Avenue</i>	0525	0555	0625	0656	0726	0757	0828	0849	0910	0926	0941	0957	1012	1027	1042	1057	1112	1126	
Leytonstone <i>Green Man (High Road)</i>	0530	0600	0630	0701	0732	0803	0834	0855	0916	0933	0948	1004	1020	1035	1050	1106	1121	1135	
Leytonstone Station <i>Bus Station</i>	0532	0602	0632	0703	0734	0805	0836	0857	0918	0935	0950	1006	1022	1037	1052	1108	1124	1138	
Romford Station	1105	1120	1135	1150	1204	1219	1234	1249	Then every 15 minutes until	1404	1420	1435	1450	1506	1521	1536	1552		
Romford Market <i>St Edward's Way</i>	1108	1123	1138	1153	1207	1223	1238	1253		1408	1424	1439	1454	1510	1525	1540	1556		
Romford North Street <i>(The Squire)</i>	1111	1126	1141	1156	1210	1226	1241	1257		1412	1428	1443	1458	1514	1529	1544	1559		
Chadwell Heath <i>Moby Dick</i>	1117	1132	1147	1202	1216	1232	1248	1304		1419	1435	1450	1505	1520	1535	1550	1605		
Little Heath <i>Eastern Avenue</i>	1121	1137	1152	1207	1221	1237	1253	1309		1424	1440	1455	1510	1525	1540	1555	1610		
Newbury Park Station	1126	1142	1157	1212	1226	1242	1258	1314		1429	1445	1500	1515	1530	1545	1600	1615		
Gants Hill Station <i>Eastern Avenue (E)</i>	1130	1148	1203	1218	1232	1248	1304	1320		1435	1451	1505	1520	1535	1550	1605	1620		
Redbridge Station <i>Eastern Avenue</i>	1136	1154	1210	1226	1241	1257	1313	1329		1444	1459	1513	1527	1541	1556	1611	1626		
Wanstead Station <i>Harrier Avenue</i>	1139	1157	1213	1229	1244	1300	1316	1332		1447	1502	1516	1530	1544	1559	1614	1629		
Leytonstone <i>Green Man (High Road)</i>	1148	1206	1222	1239	1254	1311	1327	1343		1458	1512	1526	1540	1554	1608	1623	1637		
Leytonstone Station <i>Bus Station</i>	1151	1209	1225	1242	1257	1314	1330	1346		1501	1515	1529	1543	1557	1611	1626	1640		
Romford Station	1608	1623	1639	1654	1710	1725	1740	1800		1820	1840	1900	1920	1940	2000	2020	2040	2100	2120
Romford Market <i>St Edward's Way</i>	1612	1627	1642	1657	1713	1728	1743	1803		1823	1843	1903	1923	1943	2003	2023	2043	2103	2123
Romford North Street <i>(The Squire)</i>	1615	1630	1645	1700	1716	1731	1746	1806	1826	1846	1906	1926	1946	2006	2026	2045	2105	2125	
Chadwell Heath <i>Moby Dick</i>	1621	1636	1651	1706	1721	1736	1751	1811	1831	1851	1911	1931	1951	2011	2031	2050	2110	2130	
Little Heath <i>Eastern Avenue</i>	1626	1641	1656	1711	1726	1741	1756	1816	1835	1855	1915	1935	1955	2015	2035	2054	2113	2133	
Newbury Park Station	1631	1646	1701	1716	1731	1746	1801	1821	1840	1859	1919	1939	1959	2019	2039	2058	2117	2137	
Gants Hill Station <i>Eastern Avenue (E)</i>	1636	1651	1706	1721	1736	1751	1806	1826	1845	1904	1924	1943	2003	2023	2043	2102	2121	2141	
Redbridge Station <i>Eastern Avenue</i>	1642	1657	1712	1727	1742	1757	1812	1831	1850	1909	1929	1948	2008	2028	2048	2107	2126	2145	
Wanstead Station <i>Harrier Avenue</i>	1645	1700	1715	1730	1745	1800	1815	1834	1853	1912	1932	1951	2011	2031	2051	2110	2129	2148	
Leytonstone <i>Green Man (High Road)</i>	1653	1708	1723	1737	1752	1807	1822	1841	1900	1919	1939	1958	2017	2037	2057	2116	2135	2154	
Leytonstone Station <i>Bus Station</i>	1655	1710	1725	1739	1754	1809	1824	1843	1902	1921	1941	2000	2019	2039	2059	2118	2137	2156	
Romford Station	2140	2200	2220	2240	2300	2320	2340	0000	0020										
Romford Market <i>St Edward's Way</i>	2143	2203	2223	2242	2302	2322	2342	0002	0022										
Romford North Street <i>(The Squire)</i>	2145	2205	2225	2244	2304	2324	2344	0004	0024										
Chadwell Heath <i>Moby Dick</i>	2150	2210	2230	2249	2308	2328	2348	0008	0028										
Little Heath <i>Eastern Avenue</i>	2153	2213	2233	2252	2311	2331	2351	0011	0030										
Newbury Park Station	2157	2217	2236	2255	2314	2334	2354	0014	0033										
Gants Hill Station <i>Eastern Avenue (E)</i>	2201	2221	2240	2259	2318	2337	2357	0017	0036										
Redbridge Station <i>Eastern Avenue</i>	2205	2225	2244	2303	2322	2341	0001	0020	0039										
Wanstead Station <i>Harrier Avenue</i>	2207	2227	2246	2305	2324	2343	0003	0022	0041										
Leytonstone <i>Green Man (High Road)</i>	2212	2232	2251	2310	2329	2348	0008	0027	0046										
Leytonstone Station <i>Bus Station</i>	2214	2234	2253	2312	2331	2350	0010	0029	0048										

66	Mondays to Fridays																	
Leytonstone Station Bus Station	0530	0545	0600	0615	0630	0641	0651	0659	0707	0715	0724	0733	0742	0752	0802	0812	0823	0833
Leytonstone Green Man (High Road)	0532	0547	0602	0617	0632	0643	0653	0701	0709	0718	0726	0736	0745	0755	0805	0815	0826	0836
Wanstead Station High Street	0537	0552	0607	0622	0638	0649	0659	0707	0715	0725	0733	0743	0753	0803	0813	0823	0834	0844
Redbridge Station Eastern Avenue	0541	0556	0611	0626	0642	0653	0703	0712	0719	0730	0739	0748	0759	0809	0819	0829	0840	0850
Gants Hill Station Eastern Avenue (E)	0544	0600	0615	0630	0646	0657	0707	0717	0724	0735	0744	0753	0804	0814	0824	0834	0845	0855
Newbury Park Station	0548	0604	0620	0635	0651	0702	0712	0722	0730	0741	0750	0800	0811	0821	0831	0841	0851	0901
Little Heath Eastern Avenue	0552	0609	0625	0640	0656	0708	0718	0728	0736	0748	0757	0807	0818	0828	0838	0848	0858	0908
Chadwell Heath Moby Dick	0556	0613	0629	0644	0700	0712	0722	0732	0740	0752	0801	0811	0822	0832	0842	0852	0902	0912
Romford North Street Bus Garage	0602	0619	0635	0651	0707	0719	0730	0741	0749	0801	0810	0821	0832	0842	0852	0902	0911	0921
Romford Market St Edward's Way	0604	0621	0637	0653	0709	0722	0733	0744	0752	0804	0813	0824	0835	0845	0855	0905	0914	0924
Romford Station	0608	0625	0641	0657	0713	0726	0738	0749	0757	0809	0818	0829	0840	0850	0900	0910	0919	0929
Leytonstone Station Bus Station	0844	0854	0905	0915	0925	0935	0945	0955	1006	1016	1025	1035	1045	1055	1105	1114	1123	1133
Leytonstone Green Man (High Road)	0847	0857	0908	0918	0928	0938	0948	0958	1009	1019	1028	1038	1048	1058	1108	1117	1127	1137
Wanstead Station High Street	0855	0905	0915	0925	0935	0945	0955	1005	1016	1026	1035	1045	1055	1105	1115	1124	1134	1144
Redbridge Station Eastern Avenue	0901	0911	0921	0931	0941	0951	1001	1011	1021	1031	1040	1050	1100	1110	1120	1129	1139	1149
Gants Hill Station Eastern Avenue (E)	0906	0916	0926	0936	0946	0956	1006	1016	1026	1036	1045	1055	1105	1115	1125	1134	1144	1154
Newbury Park Station	0912	0922	0932	0941	0951	1001	1011	1021	1031	1041	1050	1100	1110	1120	1130	1140	1150	1200
Little Heath Eastern Avenue	0918	0928	0938	0947	0957	1007	1016	1026	1036	1046	1055	1105	1115	1125	1135	1145	1155	1205
Chadwell Heath Moby Dick	0922	0932	0942	0951	1001	1011	1020	1030	1040	1050	1059	1109	1119	1129	1139	1149	1159	1209
Romford North Street Bus Garage	0931	0940	0950	0959	1009	1019	1028	1038	1048	1058	1107	1117	1127	1137	1147	1157	1207	1217
Romford Market St Edward's Way	0934	0943	0953	1002	1012	1022	1031	1041	1051	1101	1110	1120	1130	1140	1150	1200	1210	1220
Romford Station	0939	0948	0958	1007	1017	1027	1036	1046	1056	1106	1115	1125	1135	1145	1155	1205	1215	1225
Leytonstone Station Bus Station	1143	1153	1202	1212	1222	1231	Then every 10 minutes until	1331	1341	1351	1401	1411	1421	1430	1439	1448	1457	
Leytonstone Green Man (High Road)	1147	1157	1206	1216	1226	1235		1335	1345	1356	1406	1416	1426	1435	1444	1453	1502	
Wanstead Station High Street	1154	1204	1213	1223	1233	1242		1342	1352	1403	1413	1423	1433	1442	1451	1500	1509	
Redbridge Station Eastern Avenue	1159	1209	1218	1228	1238	1247		1347	1357	1408	1418	1428	1439	1448	1457	1506	1515	
Gants Hill Station Eastern Avenue (E)	1204	1214	1223	1233	1243	1252		1352	1403	1414	1424	1434	1446	1455	1504	1513	1523	
Newbury Park Station	1210	1220	1229	1239	1249	1258		1358	1409	1420	1430	1441	1453	1502	1511	1521	1531	
Little Heath Eastern Avenue	1215	1225	1234	1245	1255	1304		1404	1415	1426	1436	1447	1500	1510	1519	1529	1539	
Chadwell Heath Moby Dick	1219	1229	1238	1249	1259	1308		1408	1419	1430	1440	1451	1504	1514	1524	1534	1544	
Romford North Street Bus Garage	1227	1237	1246	1257	1307	1316		1416	1427	1438	1449	1500	1514	1525	1535	1545	1555	
Romford Market St Edward's Way	1230	1240	1249	1300	1310	1319		1419	1430	1441	1452	1503	1517	1528	1538	1548	1558	
Romford Station	1235	1245	1254	1305	1315	1324	1424	1435	1446	1457	1508	1522	1533	1543	1553	1603		
Leytonstone Station Bus Station	1506	1515	1525	1535	1545	Then every 10 minutes until	1725	1735	1745	1755	1805	1815	1825	1835	1845	1855	1905	
Leytonstone Green Man (High Road)	1511	1520	1530	1540	1550		1730	1740	1750	1800	1810	1820	1830	1839	1849	1859	1909	
Wanstead Station High Street	1519	1528	1538	1548	1558		1738	1748	1758	1808	1818	1828	1838	1847	1856	1906	1916	
Redbridge Station Eastern Avenue	1525	1534	1544	1554	1605		1745	1755	1805	1815	1825	1835	1845	1854	1903	1913	1922	
Gants Hill Station Eastern Avenue (E)	1533	1542	1552	1602	1612		1752	1802	1812	1822	1832	1842	1852	1901	1910	1920	1929	
Newbury Park Station	1541	1551	1601	1611	1621		1801	1811	1820	1830	1840	1850	1900	1909	1917	1926	1935	
Little Heath Eastern Avenue	1549	1559	1609	1619	1629		1809	1818	1827	1837	1847	1857	1906	1915	1923	1932	1941	
Chadwell Heath Moby Dick	1554	1604	1614	1624	1634		1814	1823	1832	1842	1851	1901	1910	1919	1927	1936	1945	
Romford North Street Bus Garage	1605	1615	1625	1635	1645		1825	1833	1841	1850	1859	1909	1918	1926	1934	1943	1952	
Romford Market St Edward's Way	1608	1618	1628	1638	1648		1828	1836	1844	1853	1902	1911	1920	1928	1936	1945	1954	
Romford Station	1613	1623	1633	1643	1653	1833	1841	1849	1857	1906	1915	1924	1932	1940	1949	1958		
Leytonstone Station Bus Station	1917	1929	1944	1959	2019	2039	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0020	0040
Leytonstone Green Man (High Road)	1921	1933	1948	2003	2022	2042	2103	2122	2142	2202	2222	2242	2302	2322	2342	0002	0022	0042
Wanstead Station High Street	1928	1940	1954	2009	2028	2048	2108	2127	2147	2207	2227	2247	2307	2327	2347	0006	0026	0046
Redbridge Station Eastern Avenue	1934	1945	1959	2013	2032	2052	2112	2131	2151	2211	2231	2251	2310	2330	2350	0009	0029	0049
Gants Hill Station Eastern Avenue (E)	1940	1951	2005	2018	2037	2056	2116	2135	2155	2215	2235	2255	2314	2333	2353	0012	0032	0052
Newbury Park Station	1946	1957	2011	2024	2043	2101	2121	2140	2200	2220	2239	2259	2318	2337	2357	0016	0036	0056
Little Heath Eastern Avenue	1952	2003	2017	2030	2049	2107	2126	2145	2205	2224	2243	2303	2322	2341	0001	0020	0040	0100
Chadwell Heath Moby Dick	1956	2007	2021	2034	2053	2111	2130	2149	2209	2228	2247	2306	2325	2344	0004	0023	0043	0103
Romford North Street Bus Garage	2003	2014	2027	2040	2059	2117	2136	2155	2214	2233	2252	2311	2330	2349	0009	0028	0048	0107
Romford Market St Edward's Way	2005	2016	2029	2042	2101	2119	2138	2157	2216	2235	2254	2313	2332	2351	0011	0030	0049	0108
Romford Station	2009	2020	2033	2046	2105	2123	2141	2200	2219	2238	2257	2316	2335	2354	0014	0033	0052	0111

66	Saturdays (also Good Friday)																		
Leytonstone Station Bus Station	0530	0550	0610	0630	0650	0710	0730	0745	0800	0815	0830	0842	0853	0902	0911	0920	0929	0939	
Leytonstone Green Man (High Road)	0532	0552	0612	0632	0652	0712	0732	0747	0802	0817	0832	0844	0856	0905	0914	0923	0932	0942	
Wanstead Station High Street	0537	0557	0617	0637	0657	0717	0738	0753	0808	0823	0838	0850	0902	0911	0920	0929	0939	0949	
Redbridge Station Eastern Avenue	0540	0600	0621	0641	0701	0721	0742	0757	0812	0827	0842	0854	0906	0916	0925	0934	0944	0954	
Gants Hill Station Eastern Avenue (E)	0543	0603	0624	0644	0705	0725	0746	0801	0816	0831	0846	0858	0910	0920	0929	0938	0948	0958	
Newbury Park Station	0547	0607	0628	0648	0710	0730	0751	0806	0821	0836	0851	0903	0915	0925	0935	0944	0954	1004	
Little Heath Eastern Avenue	0551	0611	0632	0653	0715	0735	0756	0811	0826	0841	0856	0908	0920	0930	0940	0950	1000	1010	
Chadwell Heath Moby Dick	0554	0614	0636	0657	0719	0739	0800	0815	0830	0845	0900	0912	0924	0934	0944	0954	1004	1014	
Romford North Street Bus Garage	0600	0620	0642	0703	0725	0745	0806	0821	0836	0851	0907	0919	0931	0941	0951	1001	1011	1021	
Romford Market St Edward's Way	0602	0622	0644	0705	0727	0747	0808	0823	0838	0853	0909	0921	0933	0944	0954	1004	1014	1024	
Romford Station	0605	0625	0648	0709	0731	0751	0812	0827	0842	0857	0913	0925	0937	0948	0958	1009	1019	1029	
Leytonstone Station Bus Station	0948	0958	1007	1016	1025	1035	1045	1055	1105	1115	1125	1135	1144	1153	Then every 10 minutes until	1313	1324		
Leytonstone Green Man (High Road)	0951	1001	1011	1020	1029	1039	1049	1059	1109	1119	1130	1140	1149	1158		1318	1329		
Wanstead Station High Street	0958	1008	1018	1028	1037	1047	1057	1107	1117	1127	1138	1148	1157	1206		1326	1337		
Redbridge Station Eastern Avenue	1003	1013	1023	1033	1042	1052	1102	1112	1122	1133	1144	1154	1203	1212		1332	1343		
Gants Hill Station Eastern Avenue (E)	1008	1018	1028	1038	1047	1057	1107	1117	1127	1138	1149	1159	1208	1217		1337	1348		
Newbury Park Station	1014	1024	1034	1044	1054	1104	1115	1125	1135	1146	1157	1207	1216	1226		1346	1357		
Little Heath Eastern Avenue	1020	1030	1040	1050	1100	1110	1121	1131	1141	1152	1203	1213	1223	1233		1353	1404		
Chadwell Heath Moby Dick	1024	1034	1044	1054	1104	1114	1125	1136	1146	1157	1208	1218	1228	1238		1358	1409		
Romford North Street Bus Garage	1032	1042	1052	1102	1113	1123	1134	1145	1156	1207	1218	1228	1238	1248		1408	1418		
Romford Market St Edward's Way	1035	1045	1055	1105	1116	1126	1137	1148	1159	1210	1221	1231	1241	1251		1411	1421		
Romford Station	1040	1050	1100	1110	1121	1131	1142	1153	1204	1215	1226	1236	1246	1256	1416	1426			
Leytonstone Station Bus Station	1335	1345	1356	1406	1416	1426	1436	1446	1456	1506	1516	1526	1536	1546	Then every 10 minutes until	1636	1646		
Leytonstone Green Man (High Road)	1340	1350	1401	1411	1421	1431	1441	1451	1501	1511	1521	1531	1541	1551		1641	1651		
Wanstead Station High Street	1348	1358	1409	1419	1429	1439	1449	1459	1509	1519	1529	1539	1549	1558		1648	1658		
Redbridge Station Eastern Avenue	1354	1404	1415	1425	1435	1445	1455	1505	1514	1524	1534	1544	1554	1603		1653	1703		
Gants Hill Station Eastern Avenue (E)	1359	1409	1420	1430	1440	1450	1500	1510	1519	1529	1539	1549	1559	1608		1658	1708		
Newbury Park Station	1408	1418	1429	1439	1449	1459	1508	1518	1527	1537	1547	1557	1607	1616		1706	1716		
Little Heath Eastern Avenue	1415	1425	1435	1445	1455	1505	1514	1524	1533	1543	1553	1603	1613	1622		1712	1722		
Chadwell Heath Moby Dick	1419	1429	1439	1449	1459	1509	1518	1528	1537	1547	1557	1607	1617	1626		1716	1726		
Romford North Street Bus Garage	1428	1438	1448	1458	1508	1518	1527	1537	1546	1555	1605	1615	1625	1634		1724	1734		
Romford Market St Edward's Way	1431	1441	1451	1501	1511	1521	1530	1540	1549	1558	1607	1617	1627	1636		1726	1736		
Romford Station	1436	1446	1456	1506	1516	1526	1535	1545	1554	1603	1612	1622	1632	1641	1731	1740			
Leytonstone Station Bus Station	1656	1706	1716	1726	1736	1746	1756	1806	1818	1830	1845	1900	1920	1940	2000	2020	2040	2100	
Leytonstone Green Man (High Road)	1701	1711	1721	1731	1741	1750	1800	1810	1822	1834	1849	1904	1924	1944	2003	2023	2043	2103	
Wanstead Station High Street	1708	1718	1728	1738	1748	1757	1807	1817	1829	1841	1855	1910	1930	1950	2009	2029	2049	2109	
Redbridge Station Eastern Avenue	1713	1723	1733	1743	1753	1802	1812	1822	1834	1846	1900	1915	1935	1955	2014	2033	2053	2113	
Gants Hill Station Eastern Avenue (E)	1718	1728	1738	1748	1758	1807	1817	1827	1839	1851	1905	1920	1940	2000	2019	2038	2057	2117	
Newbury Park Station	1726	1736	1746	1756	1806	1815	1825	1835	1847	1858	1912	1926	1946	2006	2025	2044	2103	2123	
Little Heath Eastern Avenue	1732	1742	1752	1802	1812	1821	1831	1841	1853	1904	1918	1932	1952	2011	2030	2049	2108	2128	
Chadwell Heath Moby Dick	1736	1746	1756	1806	1816	1825	1835	1845	1857	1908	1922	1936	1956	2015	2034	2053	2112	2132	
Romford North Street Bus Garage	1743	1753	1803	1813	1823	1832	1842	1852	1904	1915	1929	1943	2002	2021	2040	2059	2118	2138	
Romford Market St Edward's Way	1745	1755	1805	1815	1825	1834	1844	1854	1906	1917	1931	1945	2004	2023	2042	2101	2120	2140	
Romford Station	1749	1759	1809	1819	1829	1838	1848	1858	1910	1921	1935	1949	2008	2027	2046	2105	2124	2143	
Leytonstone Station Bus Station	2120	2140	2200	2220	2240	2300	2320	2340	0000	0020	0040								
Leytonstone Green Man (High Road)	2123	2143	2203	2223	2242	2302	2322	2342	0002	0022	0042								
Wanstead Station High Street	2129	2148	2208	2228	2247	2307	2327	2347	0007	0027	0047								
Redbridge Station Eastern Avenue	2133	2152	2212	2232	2251	2311	2331	2350	0010	0030	0050								
Gants Hill Station Eastern Avenue (E)	2137	2156	2216	2236	2255	2315	2334	2353	0013	0033	0053								
Newbury Park Station	2143	2202	2221	2241	2300	2320	2339	2358	0017	0037	0057								
Little Heath Eastern Avenue	2148	2207	2226	2246	2305	2324	2343	0002	0021	0041	0101								
Chadwell Heath Moby Dick	2152	2211	2230	2249	2308	2327	2346	0005	0024	0044	0104								
Romford North Street Bus Garage	2157	2216	2235	2254	2313	2332	2351	0010	0029	0049	0109								
Romford Market St Edward's Way	2159	2218	2237	2256	2315	2334	2353	0012	0031	0050	0110								
Romford Station	2202	2221	2240	2259	2318	2337	2356	0015	0034	0053	0113								

66	Sundays and other Public Holidays (except Christmas Day)																	
Leytonstone Station Bus Station	0530	0600	0630	0700	0730	0800	0830	0850	0910	0929	0943	0958	1012	1026	1040	1055	1110	1125
Leytonstone Green Man (High Road)	0532	0602	0632	0702	0732	0802	0832	0852	0912	0931	0946	1001	1015	1029	1043	1058	1113	1128
Wanstead Station High Street	0537	0607	0637	0707	0737	0807	0837	0858	0918	0937	0952	1007	1021	1036	1050	1105	1120	1135
Redbridge Station Eastern Avenue	0541	0611	0641	0711	0741	0811	0841	0902	0922	0942	0957	1012	1026	1041	1055	1110	1125	1140
Gants Hill Station Eastern Avenue (E)	0544	0614	0644	0714	0744	0814	0845	0906	0926	0946	1001	1016	1030	1045	1059	1114	1129	1145
Newbury Park Station	0548	0618	0648	0718	0748	0818	0849	0910	0931	0952	1007	1022	1036	1051	1106	1121	1136	1152
Little Heath Eastern Avenue	0552	0622	0652	0722	0752	0822	0854	0915	0936	0957	1012	1027	1042	1057	1112	1127	1142	1158
Chadwell Heath Moby Dick	0555	0625	0655	0725	0755	0826	0858	0919	0940	1001	1016	1031	1046	1101	1116	1131	1146	1202
Romford North Street Bus Garage	0601	0631	0701	0731	0801	0832	0904	0925	0947	1008	1023	1038	1053	1108	1123	1138	1154	1210
Romford Market St Edward's Way	0603	0633	0703	0733	0803	0834	0906	0927	0949	1010	1025	1040	1055	1110	1126	1141	1157	1213
Romford Station	0606	0636	0706	0736	0807	0838	0910	0931	0953	1014	1029	1044	1059	1114	1130	1146	1202	1218
Leytonstone Station Bus Station	1139	1154	1209	Then every 15 minutes until	1324	1339	1355	1410	1425	1440	1455	1510	1525	1541	1557	1612	1627	
Leytonstone Green Man (High Road)	1142	1157	1213		1328	1343	1359	1414	1429	1444	1459	1514	1529	1545	1601	1616	1631	
Wanstead Station High Street	1149	1205	1221		1336	1351	1407	1422	1437	1452	1507	1522	1536	1552	1608	1623	1638	
Redbridge Station Eastern Avenue	1154	1210	1226		1341	1357	1413	1428	1443	1458	1513	1528	1542	1557	1613	1628	1643	
Gants Hill Station Eastern Avenue (E)	1159	1215	1231		1346	1402	1418	1433	1448	1503	1518	1533	1547	1602	1618	1633	1648	
Newbury Park Station	1207	1223	1239		1354	1410	1426	1441	1456	1510	1525	1540	1554	1609	1624	1639	1654	
Little Heath Eastern Avenue	1213	1229	1245		1400	1416	1432	1447	1502	1516	1531	1546	1600	1615	1630	1645	1700	
Chadwell Heath Moby Dick	1217	1233	1249		1404	1420	1436	1451	1506	1520	1535	1550	1604	1619	1634	1649	1704	
Romford North Street Bus Garage	1226	1242	1258		1413	1428	1444	1459	1513	1527	1542	1557	1611	1626	1641	1656	1711	
Romford Market St Edward's Way	1229	1245	1301		1416	1431	1447	1502	1516	1530	1545	1559	1613	1628	1643	1658	1713	
Romford Station	1234	1250	1306	1421	1436	1451	1506	1520	1534	1549	1603	1617	1632	1647	1702	1717		
Leytonstone Station Bus Station	1643	1659	1714	1729	1745	1800	1820	1840	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200
Leytonstone Green Man (High Road)	1646	1702	1717	1732	1748	1803	1823	1843	1903	1923	1943	2003	2023	2042	2102	2122	2142	2202
Wanstead Station High Street	1653	1709	1724	1739	1754	1809	1829	1849	1909	1929	1949	2009	2028	2047	2107	2127	2147	2207
Redbridge Station Eastern Avenue	1658	1714	1729	1744	1759	1814	1834	1854	1914	1934	1953	2013	2032	2051	2111	2131	2151	2211
Gants Hill Station Eastern Avenue (E)	1703	1719	1734	1749	1804	1819	1839	1859	1919	1939	1958	2017	2036	2055	2115	2135	2155	2215
Newbury Park Station	1709	1725	1740	1755	1810	1825	1845	1905	1925	1944	2003	2022	2041	2100	2120	2139	2159	2219
Little Heath Eastern Avenue	1715	1731	1746	1801	1816	1831	1851	1910	1930	1949	2008	2027	2046	2105	2125	2144	2203	2223
Chadwell Heath Moby Dick	1719	1735	1750	1805	1820	1835	1855	1914	1934	1953	2012	2031	2050	2109	2129	2148	2207	2226
Romford North Street Bus Garage	1726	1741	1756	1811	1826	1841	1901	1920	1940	1959	2018	2037	2056	2115	2135	2154	2213	2232
Romford Market St Edward's Way	1728	1743	1758	1813	1828	1843	1903	1922	1942	2001	2020	2039	2058	2117	2137	2156	2215	2234
Romford Station	1732	1747	1802	1817	1832	1847	1907	1926	1946	2005	2024	2043	2102	2120	2140	2159	2218	2237
Leytonstone Station Bus Station	2220	2240	2300	2320	2340	0000	0020	0040										
Leytonstone Green Man (High Road)	2222	2242	2302	2322	2342	0002	0022	0042										
Wanstead Station High Street	2227	2247	2307	2327	2346	0006	0026	0046										
Redbridge Station Eastern Avenue	2231	2250	2310	2330	2349	0009	0029	0049										
Gants Hill Station Eastern Avenue (E)	2235	2254	2314	2333	2352	0012	0032	0052										
Newbury Park Station	2239	2258	2318	2337	2356	0016	0036	0056										
Little Heath Eastern Avenue	2243	2302	2322	2341	0000	0020	0040	0100										
Chadwell Heath Moby Dick	2246	2305	2325	2344	0003	0023	0043	0103										
Romford North Street Bus Garage	2251	2310	2330	2349	0008	0028	0047	0107										
Romford Market St Edward's Way	2253	2312	2332	2351	0010	0029	0048	0108										
Romford Station	2256	2315	2335	2354	0013	0032	0051	0111										