

69																			Mondays to Fridays (school days, half term and Christmas)																		
																			MO	MX	MO	MX	MX	MO													
Walthamstow Central Station	0002	0002	0014	0014	0026	0026	0038	0050	0110	0140	0210	0240	0310	0340	0405	0425	0445	0500																			
Leyton Baker's Arms (High Rd. Leyton	0007	0007	0019	0019	0031	0031	0043	0055	0115	0145	0215	0245	0315	0345	0410	0430	0450	0505																			
Leyton Station	0014	0014	0026	0026	0038	0038	0050	0102	0121	0151	0220	0250	0320	0351	0416	0436	0456	0512																			
Leytonstone Thatched House	0017	0018	0029	0030	0041	0041	0053	0105	0124	0154	0223	0253	0323	0354	0419	0439	0459	0515																			
Stratford Broadway Tramway Avenue	0024	0025	0036	0037	0047	0048	0059	0111	0130	0200	0229	0259	0329	0400	0426	0446	0506	0522																			
Plaistow Station	0027	0028	0039	0040	0050	0051	0102	0114	0133	0203	0232	0302	0332	0403	0429	0449	0509	0525																			
Canning Town Bus Station	0035	0036	0047	0048	0058	0059	0110	0122	0140	0210	0239	0309	0339	0410	0437	0457	0517	0533																			
Walthamstow Central Station	0515	0527	0539	0549	0559	0609	0619	0627	0635	0643	0650	0657	0704	0711	0719	0727	0734	0741																			
Leyton Baker's Arms (High Rd. Leyton	0520	0532	0544	0554	0605	0615	0625	0633	0641	0649	0656	0703	0711	0718	0726	0734	0742	0749																			
Leyton Station	0527	0539	0552	0602	0613	0623	0634	0642	0650	0658	0705	0713	0721	0728	0736	0744	0752	0759																			
Leytonstone Thatched House	0530	0542	0555	0605	0616	0626	0637	0645	0653	0701	0709	0717	0725	0732	0740	0748	0756	0803																			
Stratford Broadway Tramway Avenue	0537	0550	0603	0613	0624	0634	0645	0653	0702	0710	0718	0726	0734	0742	0750	0758	0806	0814																			
Plaistow Station	0540	0553	0606	0616	0627	0637	0648	0656	0705	0713	0721	0729	0738	0746	0754	0802	0810	0818																			
Canning Town Bus Station	0548	0601	0615	0625	0636	0646	0658	0706	0715	0723	0731	0740	0749	0757	0805	0814	0822	0830																			
Walthamstow Central Station	0748	0755	0803	0811	0819	0826	0834	0843	0851	0859	0908	Then every 8 minutes until		1036	1044	1052	1100	1108																			
Leyton Baker's Arms (High Rd. Leyton	0756	0803	0811	0819	0827	0835	0843	0852	0900	0908	0916			1044	1052	1100	1108	1116																			
Leyton Station	0806	0814	0822	0830	0838	0846	0854	0903	0911	0919	0927			1055	1103	1111	1119	1127																			
Leytonstone Thatched House	0811	0819	0827	0835	0843	0851	0859	0907	0915	0923	0931			1059	1107	1115	1123	1131																			
Stratford Broadway Tramway Avenue	0822	0830	0838	0846	0854	0902	0910	0917	0925	0933	0941			1109	1118	1126	1134	1142																			
Plaistow Station	0826	0834	0842	0850	0858	0906	0914	0921	0929	0937	0945			1113	1122	1130	1138	1146																			
Canning Town Bus Station	0838	0846	0854	0902	0910	0917	0925	0932	0940	0948	0956			1124	1133	1141	1149	1157																			
Walthamstow Central Station	1116	1124	Then every 8 minutes until		1340	1348	1356	1404	1412	1420	1428	1435	1443	1451	1459	1506	1514	1522																			
Leyton Baker's Arms (High Rd. Leyton	1124	1132			1348	1356	1404	1412	1420	1428	1436	1443	1451	1459	1507	1515	1523	1531																			
Leyton Station	1135	1143			1359	1407	1415	1423	1432	1440	1448	1455	1503	1511	1519	1527	1535	1543																			
Leytonstone Thatched House	1139	1147			1403	1412	1420	1428	1437	1445	1453	1500	1508	1516	1524	1532	1540	1548																			
Stratford Broadway Tramway Avenue	1150	1158			1414	1423	1432	1440	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601																			
Plaistow Station	1154	1202			1418	1427	1436	1444	1453	1501	1510	1518	1526	1534	1542	1550	1558	1606																			
Canning Town Bus Station	1205	1214			1430	1439	1448	1456	1506	1515	1524	1532	1540	1548	1556	1604	1612	1619																			
Walthamstow Central Station	1530	1537	1545	Then every 8 minutes until		1657	1705	1713	1722	1731	1739	Then every 8 minutes until		1843	1851	1859	1907	1916																			
Leyton Baker's Arms (High Rd. Leyton	1539	1547	1555			1707	1715	1723	1732	1740	1748			1852	1900	1908	1916	1925																			
Leyton Station	1551	1559	1607			1719	1727	1735	1743	1751	1759			1903	1911	1919	1927	1936																			
Leytonstone Thatched House	1556	1604	1612			1724	1732	1740	1748	1756	1804			1908	1916	1924	1932	1941																			
Stratford Broadway Tramway Avenue	1609	1617	1625			1737	1744	1752	1800	1808	1815			1919	1927	1935	1943	1951																			
Plaistow Station	1614	1622	1630			1742	1749	1757	1805	1813	1820			1924	1931	1939	1947	1955																			
Canning Town Bus Station	1627	1635	1642			1754	1801	1809	1816	1824	1831			1935	1942	1950	1958	2006																			
Walthamstow Central Station	1924	1932	1940	1950	2001	2011	2021	2034	2046	2058	2111	2123	2135	2147	2200	2212	2224	2236																			
Leyton Baker's Arms (High Rd. Leyton	1933	1941	1949	1959	2010	2020	2030	2042	2054	2106	2118	2130	2142	2154	2207	2219	2231	2243																			
Leyton Station	1944	1952	2000	2010	2020	2030	2040	2052	2104	2116	2128	2140	2152	2204	2216	2228	2240	2252																			
Leytonstone Thatched House	1949	1957	2005	2014	2024	2034	2044	2056	2108	2120	2132	2144	2156	2208	2220	2232	2244	2256																			
Stratford Broadway Tramway Avenue	1959	2007	2015	2024	2034	2044	2054	2106	2117	2129	2141	2153	2205	2216	2228	2240	2252	2304																			
Plaistow Station	2003	2011	2019	2028	2038	2048	2058	2110	2121	2133	2145	2157	2209	2220	2232	2244	2256	2307																			
Canning Town Bus Station	2013	2021	2029	2038	2048	2058	2108	2120	2131	2143	2155	2207	2218	2229	2241	2253	2305	2315																			
Walthamstow Central Station	2248	2301	2314	2326	2338	2350																															
Leyton Baker's Arms (High Rd. Leyton	2255	2308	2320	2332	2344	2356																															
Leyton Station	2304	2316	2328	2340	2352	0004																															
Leytonstone Thatched House	2308	2320	2332	2344	2356	0008																															
Stratford Broadway Tramway Avenue	2316	2328	2340	2352	0004	0015																															
Plaistow Station	2319	2331	2343	2355	0007	0018																															
Canning Town Bus Station	2327	2339	2351	0003	0015	0026																															
Notes:	MO - Operates on Mondays only									MX - Operates on Tuesdays to Fridays only																											

Mondays to Fridays (Summer and Easter school holidays)

	MO	MX	MO	MX	MX	MO														
Walthamstow Central Station	0002	0002	0014	0014	0026	0026	0038	0050	0110	0140	0210	0240	0310	0340	0405	0425	0445	0500		
Leyton Baker's Arms (High Rd. Leyton)	0007	0007	0019	0019	0031	0031	0043	0055	0115	0145	0215	0245	0315	0345	0410	0430	0450	0505		
Leyton Station	0014	0014	0026	0026	0038	0038	0050	0102	0121	0151	0220	0250	0320	0351	0416	0436	0456	0512		
Leytonstone Thatched House	0017	0018	0029	0030	0041	0041	0053	0105	0124	0154	0223	0253	0323	0354	0419	0439	0459	0515		
Stratford Broadway Tramway Avenue	0024	0025	0036	0037	0047	0048	0059	0111	0130	0200	0229	0259	0329	0400	0426	0446	0506	0522		
Plaistow Station	0027	0028	0039	0040	0050	0051	0102	0114	0133	0203	0232	0302	0332	0403	0429	0449	0509	0525		
Canning Town Bus Station	0035	0036	0047	0048	0058	0059	0110	0122	0140	0210	0239	0309	0339	0410	0437	0457	0517	0533		
Walthamstow Central Station	0515	0527	0539	0549	0559	0609	0619	0627	0635	0643	0650	0657	0705	0713	0721	0729	0737	0744		
Leyton Baker's Arms (High Rd. Leyton)	0520	0532	0544	0554	0605	0615	0625	0633	0641	0649	0656	0703	0711	0719	0727	0735	0743	0750		
Leyton Station	0527	0539	0552	0602	0613	0623	0634	0642	0650	0658	0705	0713	0721	0729	0737	0745	0753	0800		
Leytonstone Thatched House	0530	0542	0555	0605	0616	0626	0637	0645	0653	0701	0709	0717	0725	0733	0741	0749	0757	0804		
Stratford Broadway Tramway Avenue	0537	0550	0603	0613	0624	0634	0645	0653	0702	0710	0718	0726	0734	0742	0750	0758	0806	0814		
Plaistow Station	0540	0553	0606	0616	0627	0637	0648	0656	0705	0713	0721	0729	0738	0746	0754	0802	0810	0818		
Canning Town Bus Station	0548	0601	0615	0625	0636	0646	0658	0706	0715	0723	0731	0740	0749	0757	0805	0813	0821	0829		
Walthamstow Central Station	0751	0758			1030	1038			1118	1126	1134	1142	1150	1158	1206			1334		
Leyton Baker's Arms (High Rd. Leyton)	0757	0805	Then		1037	1045	Then		1125	1133	1141	1149	1157	1205	1214	Then		1342		
Leyton Station	0808	0816	every 8		1048	1056	every 8		1136	1144	1152	1200	1208	1216	1225	every 8		1353		
Leytonstone Thatched House	0812	0820	minutes		1052	1100	minutes		1140	1148	1156	1204	1212	1220	1229	minutes		1357		
Stratford Broadway Tramway Avenue	0822	0830	until		1102	1111	until		1151	1159	1207	1215	1223	1231	1240	until		1408		
Plaistow Station	0826	0834			1106	1115			1155	1203	1211	1219	1227	1235	1244			1412		
Canning Town Bus Station	0837	0845			1117	1126			1206	1215	1223	1231	1239	1247	1256			1424		
Walthamstow Central Station	1342	1350	1358	1406	1414	1422	1430		1542	1550			1622	1629				1709		
Leyton Baker's Arms (High Rd. Leyton)	1350	1358	1406	1414	1422	1430	1438	Then	1550	1558	Then		1630	1638	Then			1718		
Leyton Station	1401	1409	1417	1425	1434	1442	1450	every 8	1602	1610	every 8		1642	1650	every 8			1730		
Leytonstone Thatched House	1406	1414	1422	1430	1439	1447	1455	minutes	1607	1615	minutes		1647	1655	minutes			1735		
Stratford Broadway Tramway Avenue	1417	1425	1434	1442	1451	1459	1507	until	1619	1627	until		1659	1707	until			1747		
Plaistow Station	1421	1429	1438	1446	1455	1503	1512		1624	1632			1704	1712				1752		
Canning Town Bus Station	1433	1441	1450	1458	1507	1516	1525		1637	1644			1716	1724				1804		
Walthamstow Central Station	1717	1726	1734	1742				Then	1838	1846	1854	1902	1910	1919	1929	1940	1951	2001	2011	2021
Leyton Baker's Arms (High Rd. Leyton)	1726	1735	1743	1751	Then			every 8	1847	1855	1903	1911	1919	1928	1938	1949	2000	2010	2020	2030
Leyton Station	1738	1746	1754	1802	minutes			minutes	1858	1906	1914	1922	1930	1939	1949	2000	2010	2020	2030	2040
Leytonstone Thatched House	1743	1751	1759	1807	until			until	1903	1911	1919	1927	1935	1944	1954	2004	2014	2024	2034	2044
Stratford Broadway Tramway Avenue	1755	1803	1811	1818					1914	1922	1930	1938	1946	1954	2004	2014	2024	2034	2044	2054
Plaistow Station	1800	1808	1816	1823					1919	1926	1934	1942	1950	1958	2008	2018	2028	2038	2048	2058
Canning Town Bus Station	1811	1819	1827	1834					1930	1937	1945	1953	2001	2009	2018	2028	2038	2048	2058	2108
Walthamstow Central Station	2034	2046	2058	2111	2123	2135	2147	2200	2212	2224	2236	2248	2301	2314	2326	2338	2350			
Leyton Baker's Arms (High Rd. Leyton)	2042	2054	2106	2118	2130	2142	2154	2207	2219	2231	2243	2255	2308	2320	2332	2344	2356			
Leyton Station	2052	2104	2116	2128	2140	2152	2204	2216	2228	2240	2252	2304	2316	2328	2340	2352	0004			
Leytonstone Thatched House	2056	2108	2120	2132	2144	2156	2208	2220	2232	2244	2256	2308	2320	2332	2344	2356	0008			
Stratford Broadway Tramway Avenue	2106	2117	2129	2141	2153	2205	2216	2228	2240	2252	2304	2316	2328	2340	2352	0004	0015			
Plaistow Station	2110	2121	2133	2145	2157	2209	2220	2232	2244	2256	2307	2319	2331	2343	2355	0007	0018			
Canning Town Bus Station	2120	2131	2143	2155	2207	2218	2229	2241	2253	2305	2315	2327	2339	2351	0003	0015	0026			
Notes:	MO - Operates on Mondays only								MX - Operates on Tuesdays to Fridays only											

69	Sundays																	
Walthamstow Central Station	0002	0014	0026	0038	0050	0110	0140	0210	0240	0310	0340	0405	0435	0505	0535	0555	0615	0635
Leyton Baker's Arms (High Rd. Leyton)	0009	0020	0032	0044	0055	0115	0145	0215	0245	0314	0344	0410	0440	0510	0540	0600	0620	0640
Leyton Station	0016	0027	0039	0051	0102	0122	0151	0221	0251	0320	0350	0416	0446	0516	0546	0606	0626	0647
Leytonstone Thatched House	0019	0030	0042	0054	0105	0125	0154	0224	0254	0323	0353	0419	0449	0519	0549	0609	0629	0650
Stratford Broadway Tramway Avenue	0027	0038	0050	0102	0113	0133	0202	0232	0301	0330	0400	0426	0456	0526	0556	0616	0636	0657
Plaistow Station	0030	0041	0053	0105	0116	0136	0205	0235	0304	0333	0403	0429	0459	0529	0559	0619	0639	0700
Canning Town Bus Station	0038	0049	0101	0113	0124	0144	0213	0243	0312	0341	0411	0437	0507	0537	0607	0627	0647	0708
Walthamstow Central Station	0655	0715	0735	0750	0805	0820	0835	0847	0858	0909	0921	0933	0944	0955	1006	1018	1029	1041
Leyton Baker's Arms (High Rd. Leyton)	0700	0720	0740	0755	0810	0825	0840	0852	0903	0915	0927	0939	0950	1001	1013	1025	1037	1049
Leyton Station	0707	0727	0747	0802	0818	0833	0848	0900	0912	0924	0936	0948	0959	1011	1023	1035	1047	1059
Leytonstone Thatched House	0710	0730	0750	0805	0821	0836	0851	0904	0916	0928	0940	0952	1003	1015	1027	1039	1051	1103
Stratford Broadway Tramway Avenue	0718	0738	0758	0813	0829	0844	0859	0913	0925	0937	0949	1001	1013	1025	1037	1049	1101	1113
Plaistow Station	0721	0741	0801	0816	0832	0847	0902	0916	0928	0940	0952	1004	1016	1028	1040	1052	1104	1117
Canning Town Bus Station	0729	0749	0809	0824	0840	0855	0911	0925	0937	0950	1002	1014	1026	1038	1050	1102	1115	1128
Walthamstow Central Station	1052	1103	1114	1125	1137	1148	1159	1211	1223	1235	1247	1258	1309	Then every 12 minutes until	1433	1445	1457	
Leyton Baker's Arms (High Rd. Leyton)	1100	1111	1122	1133	1145	1156	1208	1220	1232	1244	1256	1307	1319		1443	1455	1507	
Leyton Station	1111	1122	1133	1145	1157	1209	1221	1233	1245	1257	1309	1321	1333		1457	1508	1520	
Leytonstone Thatched House	1115	1126	1138	1150	1202	1214	1226	1238	1250	1302	1314	1326	1338		1502	1513	1525	
Stratford Broadway Tramway Avenue	1125	1137	1149	1201	1213	1225	1237	1249	1302	1314	1326	1338	1350		1514	1525	1537	
Plaistow Station	1129	1141	1153	1205	1217	1229	1241	1253	1306	1318	1330	1342	1354		1518	1529	1541	
Canning Town Bus Station	1140	1152	1204	1217	1229	1241	1253	1305	1318	1330	1342	1354	1406		1530	1541	1552	
Walthamstow Central Station	1509	1522	1534	1547	Then every 12 minutes until	1647	1700	1712	1724	1736	1748	1800	1812	1824	1836	1848	1900	
Leyton Baker's Arms (High Rd. Leyton)	1519	1531	1543	1555		1655	1708	1720	1732	1744	1756	1808	1820	1832	1844	1856	1908	
Leyton Station	1531	1543	1555	1607		1707	1719	1731	1743	1755	1807	1818	1830	1842	1854	1906	1918	
Leytonstone Thatched House	1536	1548	1600	1612		1712	1724	1736	1748	1800	1812	1823	1834	1846	1858	1910	1922	
Stratford Broadway Tramway Avenue	1548	1600	1612	1624		1724	1736	1748	1800	1812	1824	1835	1845	1857	1909	1920	1932	
Plaistow Station	1552	1604	1616	1628		1728	1740	1752	1804	1816	1828	1839	1849	1901	1913	1924	1936	
Canning Town Bus Station	1603	1615	1627	1639		1739	1751	1803	1815	1827	1839	1850	1900	1912	1924	1935	1946	
Walthamstow Central Station	1912	1924	1936	1948	2001	Then every 12 minutes until	2125	2137	2149	2202	2214	2226	2238	2250	2302	2314	2326	
Leyton Baker's Arms (High Rd. Leyton)	1920	1932	1944	1956	2008		2132	2144	2156	2208	2220	2232	2244	2256	2308	2320	2332	
Leyton Station	1930	1942	1954	2006	2018		2142	2154	2206	2217	2229	2241	2253	2305	2316	2328	2340	
Leytonstone Thatched House	1934	1946	1958	2010	2022		2146	2158	2210	2221	2233	2245	2257	2308	2319	2331	2343	
Stratford Broadway Tramway Avenue	1944	1956	2008	2019	2031		2155	2207	2219	2230	2241	2253	2305	2316	2327	2338	2350	
Plaistow Station	1948	2000	2012	2023	2035		2159	2210	2222	2233	2244	2256	2308	2319	2330	2341	2353	
Canning Town Bus Station	1958	2010	2022	2033	2044		2208	2219	2231	2242	2253	2305	2317	2328	2338	2349	0001	
Walthamstow Central Station	2338	2350																
Leyton Baker's Arms (High Rd. Leyton)	2344	2356																
Leyton Station	2352	0003																
Leytonstone Thatched House	2355	0006																
Stratford Broadway Tramway Avenue	0002	0013																
Plaistow Station	0005	0016																
Canning Town Bus Station	0013	0024																

69 Mondays to Fridays (school days, half term and Christmas)																									
	MO	MX	MX		MO																				
Canning Town Bus Station	0002	0002	0014	0026	0026	0038	0050	0120										0420	0445	0505	0524	0539	0554	0606	0618
Plaistow Station	0011	0011	0023	0035	0035	0047	0059	0128										0428	0453	0513	0533	0548	0603	0615	0627
Stratford Bus Station	0018	0018	0030	0042	0042	0054	0106	0135	Then every 30 minutes until									0435	0500	0520	0540	0555	0611	0623	0635
Leytonstone Thatched House	0024	0024	0036	0048	0048	0100	0111	0140										0440	0505	0525	0545	0600	0616	0628	0641
Leyton Station	0029	0029	0041	0052	0053	0104	0115	0144										0444	0509	0529	0549	0604	0620	0632	0645
Leyton Baker's Arms (High Rd. Leyton)	0036	0037	0048	0059	0100	0110	0121	0150										0450	0516	0536	0556	0612	0628	0640	0653
Walthamstow Central Station	0040	0041	0052	0103	0104	0114	0125	0154										0454	0520	0540	0600	0616	0632	0645	0658
Canning Town Bus Station	0628	0637	0644	0651	0659	0706	0713	0721	0729	0736	0742	0749	0757	0804	0812	0820	0828	0837							
Plaistow Station	0637	0647	0654	0701	0709	0717	0724	0732	0740	0747	0753	0800	0808	0816	0824	0832	0840	0849							
Stratford Bus Station	0645	0655	0702	0710	0718	0726	0734	0742	0750	0757	0804	0812	0820	0828	0836	0844	0852	0901							
Leytonstone Thatched House	0651	0701	0709	0717	0725	0733	0741	0749	0757	0804	0812	0820	0828	0836	0844	0852	0900	0908							
Leyton Station	0655	0706	0714	0722	0730	0738	0746	0754	0802	0810	0818	0826	0834	0842	0850	0858	0906	0914							
Leyton Baker's Arms (High Rd. Leyton)	0703	0715	0723	0731	0739	0747	0755	0803	0812	0820	0828	0836	0845	0853	0901	0909	0917	0924							
Walthamstow Central Station	0708	0720	0729	0737	0745	0753	0801	0809	0818	0826	0834	0843	0852	0900	0908	0916	0924	0931							
Canning Town Bus Station	0845	0853	0902	0910	0918	0927			1023	1031	1038	1046			1126	1134	1142	1150							
Plaistow Station	0857	0905	0913	0921	0929	0938			1034	1042	1049	1057			1137	1145	1153	1201							
Stratford Bus Station	0909	0917	0925	0933	0941	0949			1045	1053	1100	1108			1148	1156	1204	1212							
Leytonstone Thatched House	0916	0924	0932	0940	0948	0956			1052	1100	1108	1116			1156	1204	1212	1220							
Leyton Station	0922	0930	0937	0945	0953	1001			1057	1105	1113	1121			1201	1210	1218	1226							
Leyton Baker's Arms (High Rd. Leyton)	0932	0940	0947	0955	1003	1011			1107	1116	1124	1132			1212	1221	1229	1237							
Walthamstow Central Station	0938	0946	0953	1001	1009	1017			1113	1122	1130	1139			1219	1228	1236	1244							
Canning Town Bus Station	1158	1205			1309	1317			1357	1404	1412	1420	1427	1434	1441	1449	1456	1503							
Plaistow Station	1209	1217			1321	1329			1409	1416	1424	1432	1439	1446	1453	1501	1509	1517							
Stratford Bus Station	1220	1228	Then every 8 minutes		1332	1340			1420	1427	1435	1443	1451	1458	1505	1513	1521	1529							
Leytonstone Thatched House	1228	1236			1340	1348			1428	1435	1443	1451	1459	1506	1514	1522	1530	1538							
Leyton Station	1234	1242			1346	1354			1434	1441	1449	1457	1505	1513	1521	1529	1537	1545							
Leyton Baker's Arms (High Rd. Leyton)	1245	1253			1357	1405			1445	1453	1501	1509	1517	1525	1533	1541	1549	1557							
Walthamstow Central Station	1252	1300			1404	1413			1453	1501	1509	1517	1525	1533	1542	1550	1558	1606							
Canning Town Bus Station	1511			1551	1600	1608	1616	1624	1632	1640	1647	1654	1702	1710	1718	1726	1734	1742							
Plaistow Station	1525			1605	1613	1621	1629	1637	1645	1653	1700	1707	1715	1723	1731	1739	1747	1755							
Stratford Bus Station	1537	Then every 8 minutes		1617	1625	1633	1641	1649	1657	1705	1713	1720	1728	1736	1744	1752	1800	1808							
Leytonstone Thatched House	1546			1626	1634	1642	1650	1658	1706	1715	1723	1730	1738	1746	1754	1802	1810	1818							
Leyton Station	1553			1633	1641	1649	1657	1705	1713	1722	1730	1738	1746	1754	1802	1810	1818	1826							
Leyton Baker's Arms (High Rd. Leyton)	1605			1645	1653	1701	1709	1717	1725	1734	1742	1750	1758	1806	1814	1822	1830	1838							
Walthamstow Central Station	1614			1654	1702	1710	1718	1726	1734	1743	1751	1759	1807	1815	1823	1831	1838	1845							
Canning Town Bus Station	1750	1759	1808	1816	1825	1834	1842	1851	1859	1907	1915	1924	1932	1940	1948	1958	2009	2019							
Plaistow Station	1803	1811	1820	1828	1837	1845	1853	1902	1910	1918	1926	1935	1943	1951	1959	2009	2019	2029							
Stratford Bus Station	1816	1824	1833	1841	1849	1857	1905	1913	1921	1929	1937	1945	1953	2001	2009	2019	2029	2039							
Leytonstone Thatched House	1826	1834	1842	1850	1858	1906	1914	1922	1930	1938	1946	1953	2001	2009	2017	2027	2037	2047							
Leyton Station	1834	1841	1849	1857	1905	1912	1920	1928	1936	1944	1952	1959	2007	2015	2023	2033	2043	2053							
Leyton Baker's Arms (High Rd. Leyton)	1845	1852	1900	1908	1916	1923	1931	1939	1947	1955	2003	2010	2017	2025	2033	2043	2053	2103							
Walthamstow Central Station	1852	1859	1907	1914	1922	1929	1937	1945	1953	2001	2009	2016	2023	2031	2039	2049	2059	2109							
Canning Town Bus Station	2029	2039	2049	2101	2113	2125	2137	2149	2202	2214	2226	2238	2250	2302	2314	2326	2338	2350							
Plaistow Station	2039	2049	2059	2111	2123	2135	2147	2159	2211	2223	2235	2247	2259	2311	2323	2335	2347	2359							
Stratford Bus Station	2049	2059	2109	2120	2132	2144	2156	2208	2220	2232	2243	2255	2307	2319	2331	2343	2355	0007							
Leytonstone Thatched House	2056	2106	2116	2127	2139	2151	2203	2215	2227	2239	2250	2302	2314	2326	2337	2349	0001	0013							
Leyton Station	2102	2112	2122	2133	2145	2157	2208	2220	2232	2244	2255	2307	2319	2331	2342	2354	0006	0018							
Leyton Baker's Arms (High Rd. Leyton)	2112	2122	2132	2143	2155	2207	2218	2230	2241	2253	2304	2316	2328	2339	2350	0002	0014	0026							
Walthamstow Central Station	2118	2128	2137	2148	2200	2212	2223	2235	2246	2258	2309	2321	2333	2344	2355	0006	0018	0030							
Notes:	MO - Operates on Mondays only									MX - Operates on Tuesdays to Fridays only															

Mondays to Fridays (Summer and Easter school holidays)

	MO	MX	MX	MO																	
Canning Town Bus Station	0002	0002	0014	0026	0026	0038	0050	0120					0420	0445	0505	0524	0539	0554	0606	0618	
Plaistow Station	0011	0011	0023	0035	0035	0047	0059	0128	Then				0428	0453	0513	0533	0548	0603	0615	0627	
Stratford Bus Station	0018	0018	0030	0042	0042	0054	0106	0135	every 30				0435	0500	0520	0540	0555	0611	0623	0635	
Leytonstone Thatched House	0024	0024	0036	0048	0048	0100	0111	0140	minutes				0440	0505	0525	0545	0600	0616	0628	0641	
Leyton Station	0029	0029	0041	0052	0053	0104	0115	0144	until				0444	0509	0529	0549	0604	0620	0632	0645	
Leyton Baker's Arms (High Rd. Leyton	0036	0037	0048	0059	0100	0110	0121	0150					0450	0516	0536	0556	0612	0628	0640	0653	
Walthamstow Central Station	0040	0041	0052	0103	0104	0114	0125	0154					0454	0520	0540	0600	0616	0632	0645	0658	
Canning Town Bus Station	0628	0637	0646	0654	0702	0709	0717	0725	0732	0739	0747					0835	0844	0852	0900	0908	
Plaistow Station	0637	0647	0656	0704	0712	0719	0727	0735	0742	0749	0757	Then				0845	0854	0902	0911	0919	
Stratford Bus Station	0645	0655	0704	0713	0721	0729	0737	0745	0752	0759	0807	every 8				0855	0904	0912	0921	0929	
Leytonstone Thatched House	0651	0701	0711	0720	0728	0736	0744	0752	0759	0807	0815	minutes				0903	0911	0919	0928	0936	
Leyton Station	0655	0706	0716	0725	0733	0741	0749	0757	0805	0813	0821	until				0909	0917	0925	0933	0941	
Leyton Baker's Arms (High Rd. Leyton	0703	0715	0725	0734	0742	0750	0758	0807	0815	0823	0831					0919	0927	0935	0943	0951	
Walthamstow Central Station	0708	0720	0731	0740	0748	0756	0804	0813	0821	0829	0838					0926	0934	0941	0949	0957	
Canning Town Bus Station	0916			1020	1027	1035	1042	1049				1129	1136	1144	1152	1159					1311
Plaistow Station	0927	Then		1031	1038	1046	1053	1100	Then			1140	1147	1155	1203	1211	Then		1323		
Stratford Bus Station	0937	every 8		1041	1048	1056	1103	1111	every 8			1151	1158	1206	1214	1222	every 8		1334		
Leytonstone Thatched House	0944	minutes		1048	1055	1103	1111	1119	minutes			1159	1206	1214	1222	1230	minutes		1342		
Leyton Station	0949	until		1053	1100	1108	1116	1124	until			1204	1212	1220	1228	1236	until		1348		
Leyton Baker's Arms (High Rd. Leyton	0959			1103	1111	1119	1127	1135				1215	1223	1231	1239	1247					1359
Walthamstow Central Station	1005			1109	1117	1125	1133	1142				1222	1230	1238	1246	1254					1406
Canning Town Bus Station	1319			1423	1429	1436	1443				1547	1555	1603	1611	1619	1627	1635	1643	1651		
Plaistow Station	1331	Then		1435	1441	1448	1455	Then			1559	1607	1615	1623	1631	1639	1647	1655		1703	
Stratford Bus Station	1342	every 8		1446	1453	1500	1507	every 8			1611	1619	1627	1635	1643	1651	1659	1707		1715	
Leytonstone Thatched House	1350	minutes		1454	1501	1509	1516	minutes			1620	1628	1636	1644	1652	1700	1709	1717		1725	
Leyton Station	1356	until		1500	1508	1516	1523	until			1627	1635	1643	1651	1659	1707	1716	1724		1732	
Leyton Baker's Arms (High Rd. Leyton	1407			1511	1519	1527	1534				1638	1647	1655	1703	1711	1719	1728	1736		1744	
Walthamstow Central Station	1415			1519	1527	1535	1543				1647	1656	1704	1712	1720	1728	1737	1745		1753	
Canning Town Bus Station	1659	1707	1715	1723	1731	1739	1747	1755	1804	1813	1821	1830	1838	1846	1855	1903	1911	1920			
Plaistow Station	1711	1719	1727	1735	1743	1751	1759	1807	1816	1825	1833	1841	1849	1857	1906	1914	1922		1931		
Stratford Bus Station	1723	1731	1739	1747	1755	1803	1811	1819	1828	1837	1845	1853	1901	1909	1917	1925	1933		1942		
Leytonstone Thatched House	1733	1741	1749	1757	1805	1813	1821	1829	1838	1846	1854	1902	1910	1918	1926	1934	1942		1950		
Leyton Station	1741	1749	1757	1805	1813	1821	1829	1837	1845	1853	1901	1908	1916	1924	1932	1940	1948		1956		
Leyton Baker's Arms (High Rd. Leyton	1753	1801	1809	1817	1825	1833	1841	1848	1856	1904	1912	1919	1927	1935	1943	1951	1959		2007		
Walthamstow Central Station	1802	1810	1818	1826	1834	1841	1848	1855	1903	1910	1918	1925	1933	1941	1949	1957	2005		2013		
Canning Town Bus Station	1929	1937	1945	1955	2006	2016	2027	2037	2047	2059	2111	2123	2136	2148	2201	2213	2226		2238		
Plaistow Station	1940	1948	1956	2006	2016	2026	2037	2047	2057	2109	2121	2133	2146	2158	2210	2222	2235		2247		
Stratford Bus Station	1950	1958	2006	2016	2026	2036	2047	2057	2107	2118	2130	2142	2155	2207	2219	2231	2243		2255		
Leytonstone Thatched House	1958	2006	2014	2024	2034	2044	2054	2104	2114	2125	2137	2149	2202	2214	2226	2238	2250		2302		
Leyton Station	2004	2012	2020	2030	2040	2050	2100	2110	2120	2131	2143	2155	2207	2219	2231	2243	2255		2307		
Leyton Baker's Arms (High Rd. Leyton	2014	2022	2030	2040	2050	2100	2110	2120	2130	2141	2153	2205	2217	2229	2240	2252	2304		2316		
Walthamstow Central Station	2020	2028	2036	2046	2056	2106	2116	2126	2135	2146	2158	2210	2222	2234	2245	2257	2309		2321		
Canning Town Bus Station	2250	2302	2314	2326	2338	2350															
Plaistow Station	2259	2311	2323	2335	2347	2359															
Stratford Bus Station	2307	2319	2331	2343	2355	0007															
Leytonstone Thatched House	2314	2326	2337	2349	0001	0013															
Leyton Station	2319	2331	2342	2354	0006	0018															
Leyton Baker's Arms (High Rd. Leyton	2328	2339	2350	0002	0014	0026															
Walthamstow Central Station	2333	2344	2355	0006	0018	0030															
Notes:	MO - Operates on Mondays only								MX - Operates on Tuesdays to Fridays only												

69		Saturdays																	
Canning Town Bus Station	0002	0014	0026	0038	0050	0120	0150	0220	0250	0320	0350	0420	0445	0505	0525	0545	0604	0619	
Plaistow Station	0011	0023	0035	0047	0059	0129	0159	0228	0258	0328	0358	0428	0453	0513	0533	0553	0613	0628	
Stratford Bus Station	0019	0031	0043	0055	0107	0137	0207	0236	0306	0335	0405	0435	0500	0520	0540	0600	0620	0635	
Leytonstone Thatched House	0025	0037	0049	0101	0113	0143	0213	0242	0311	0340	0410	0440	0505	0525	0545	0605	0625	0641	
Leyton Station	0030	0042	0053	0105	0117	0147	0217	0246	0315	0344	0414	0444	0509	0529	0549	0609	0629	0645	
Leyton Baker's Arms (High Rd. Leyton	0038	0049	0100	0112	0124	0154	0223	0252	0321	0350	0420	0450	0516	0536	0556	0616	0636	0652	
Walthamstow Central Station	0042	0053	0104	0116	0128	0158	0227	0256	0325	0354	0424	0454	0520	0540	0601	0622	0642	0658	
Canning Town Bus Station	0634	0646	0658	0710	0720	0730	0738	0746	0754	0802	0810	0818	0825	0832	0840	0847	0855	0903	
Plaistow Station	0643	0655	0707	0719	0729	0739	0747	0755	0803	0811	0819	0827	0834	0842	0850	0857	0905	0913	
Stratford Bus Station	0651	0703	0715	0727	0737	0747	0755	0803	0811	0819	0827	0835	0843	0851	0859	0906	0914	0922	
Leytonstone Thatched House	0657	0709	0721	0733	0743	0753	0801	0809	0817	0825	0833	0841	0849	0857	0905	0913	0921	0929	
Leyton Station	0701	0714	0726	0738	0748	0758	0806	0814	0822	0830	0838	0846	0854	0902	0910	0918	0926	0934	
Leyton Baker's Arms (High Rd. Leyton	0709	0722	0734	0746	0756	0806	0814	0822	0830	0839	0847	0855	0903	0911	0919	0927	0935	0943	
Walthamstow Central Station	0715	0728	0740	0752	0802	0812	0820	0828	0836	0845	0853	0901	0909	0917	0925	0933	0941	0949	
Canning Town Bus Station	0910	0918	0925	Then every 8 minutes until	1005	1012	1020	1028	1036	1043	1050	1058	1106	1114	1122	1130	1138		
Plaistow Station	0920	0928	0936		1016	1023	1031	1039	1047	1054	1102	1110	1118	1126	1134	1142	1150		
Stratford Bus Station	0930	0938	0946		1026	1034	1042	1050	1058	1105	1114	1122	1130	1138	1146	1154	1202		
Leytonstone Thatched House	0937	0945	0953		1033	1041	1049	1057	1105	1113	1122	1130	1138	1146	1154	1202	1210		
Leyton Station	0942	0950	0958		1038	1046	1054	1102	1111	1119	1128	1136	1144	1152	1200	1208	1216		
Leyton Baker's Arms (High Rd. Leyton	0952	1000	1008		1048	1056	1104	1113	1122	1130	1139	1147	1155	1203	1212	1220	1228		
Walthamstow Central Station	0958	1006	1014	1054	1102	1111	1120	1129	1137	1146	1154	1202	1211	1220	1229	1237			
Canning Town Bus Station	1146	1153	1201	1209	1217	1224	1232	1239	1247	1255	Then every 8 minutes until	1431	1439	Then every 8 minutes until	1535	1543			
Plaistow Station	1158	1205	1213	1221	1229	1236	1244	1251	1259	1307		1443	1451		1547	1555			
Stratford Bus Station	1210	1217	1225	1233	1241	1249	1257	1305	1313	1321		1457	1505		1601	1609			
Leytonstone Thatched House	1218	1225	1233	1241	1249	1257	1306	1314	1322	1330		1506	1514		1610	1618			
Leyton Station	1224	1231	1239	1247	1255	1303	1312	1320	1328	1337		1513	1521		1617	1625			
Leyton Baker's Arms (High Rd. Leyton	1236	1243	1251	1259	1307	1315	1324	1332	1340	1349		1525	1533		1629	1637			
Walthamstow Central Station	1245	1253	1301	1309	1317	1325	1334	1342	1350	1359	1535	1542	1638	1645					
Canning Town Bus Station	1551	Then every 8 minutes until	1639	1647	1655	1703	1711	1719	1727	1735	1743	1752	1801	1809	1817	1825	1833		
Plaistow Station	1603		1651	1659	1707	1715	1723	1731	1739	1747	1755	1804	1812	1820	1828	1836	1844		
Stratford Bus Station	1617		1705	1713	1721	1729	1737	1745	1753	1801	1809	1817	1825	1833	1841	1849	1857		
Leytonstone Thatched House	1626		1714	1722	1730	1738	1746	1754	1802	1810	1818	1826	1834	1842	1850	1858	1906		
Leyton Station	1633		1721	1729	1737	1745	1753	1801	1808	1816	1824	1832	1840	1848	1856	1904	1912		
Leyton Baker's Arms (High Rd. Leyton	1644		1732	1740	1748	1756	1804	1812	1819	1827	1835	1843	1851	1859	1907	1915	1923		
Walthamstow Central Station	1652	1740	1747	1755	1803	1811	1819	1826	1834	1842	1850	1858	1906	1914	1922	1929			
Canning Town Bus Station	1842	1850	1858	1906	1914	1922	1930	1940	1950	2000	2012	2024	2037	2049	2102	2114	2126	2138	
Plaistow Station	1853	1901	1909	1917	1925	1933	1941	1951	2001	2011	2023	2035	2047	2059	2112	2124	2136	2148	
Stratford Bus Station	1905	1913	1921	1928	1936	1944	1952	2002	2012	2022	2034	2046	2058	2110	2122	2134	2146	2158	
Leytonstone Thatched House	1914	1922	1929	1936	1944	1952	2000	2010	2020	2030	2042	2054	2106	2117	2129	2141	2153	2205	
Leyton Station	1920	1928	1935	1942	1950	1958	2006	2016	2026	2036	2047	2059	2111	2122	2134	2146	2158	2210	
Leyton Baker's Arms (High Rd. Leyton	1931	1939	1946	1953	2001	2009	2017	2027	2037	2046	2057	2109	2121	2132	2144	2156	2208	2220	
Walthamstow Central Station	1937	1945	1952	1959	2007	2015	2023	2033	2043	2052	2103	2115	2127	2138	2149	2201	2213	2225	
Canning Town Bus Station	2150	2202	Then every 12 minutes until	2302	2314	2326	2338	2350											
Plaistow Station	2200	2212		2312	2323	2335	2347	2359											
Stratford Bus Station	2210	2222		2322	2333	2344	2356	0008											
Leytonstone Thatched House	2217	2229		2329	2340	2351	0003	0015											
Leyton Station	2222	2234		2334	2345	2356	0008	0020											
Leyton Baker's Arms (High Rd. Leyton	2232	2243		2343	2354	0005	0016	0028											
Walthamstow Central Station	2237	2248	2348	2359	0010	0021	0032												

69	Sundays																	
Canning Town Bus Station	0002	0014	0026	0038	0050	0120	0150	0220	0250	0320	0350	0420	0445	0515	0545	0605	0625	0645
Plaistow Station	0011	0023	0035	0047	0059	0129	0158	0228	0258	0328	0358	0428	0453	0523	0553	0613	0633	0653
Stratford Bus Station	0019	0031	0043	0055	0107	0137	0206	0235	0305	0335	0405	0435	0500	0530	0600	0620	0640	0700
Leytonstone Thatched House	0026	0037	0049	0101	0113	0143	0212	0241	0310	0340	0410	0440	0505	0535	0605	0625	0645	0705
Leyton Station	0030	0041	0053	0105	0117	0147	0216	0245	0314	0344	0414	0444	0509	0539	0609	0629	0649	0709
Leyton Baker's Arms (High Rd. Leyton	0038	0049	0101	0113	0125	0154	0223	0252	0320	0350	0420	0450	0515	0545	0616	0636	0656	0716
Walthamstow Central Station	0042	0053	0105	0117	0129	0158	0227	0256	0324	0354	0424	0454	0519	0549	0620	0640	0700	0720
Canning Town Bus Station	0700	0715	0730	0745	0759	0814	0826	0838	0850	0902	0914	0925	0937	0949	1000	1012	1024	1036
Plaistow Station	0708	0723	0738	0753	0808	0823	0835	0847	0859	0911	0923	0935	0947	0959	1010	1022	1034	1046
Stratford Bus Station	0715	0730	0745	0800	0816	0831	0843	0855	0908	0920	0932	0944	0956	1008	1020	1032	1044	1056
Leytonstone Thatched House	0720	0735	0750	0805	0821	0836	0849	0901	0914	0926	0939	0951	1003	1015	1027	1039	1051	1103
Leyton Station	0724	0739	0754	0809	0825	0840	0853	0905	0918	0931	0944	0956	1008	1020	1032	1044	1056	1108
Leyton Baker's Arms (High Rd. Leyton	0731	0747	0802	0817	0833	0848	0901	0913	0926	0940	0953	1005	1017	1029	1041	1054	1106	1118
Walthamstow Central Station	0735	0751	0806	0821	0837	0853	0906	0918	0932	0946	0959	1011	1023	1035	1047	1100	1112	1124
Canning Town Bus Station	1048	1059	1109	1120	1132	1144	1156	1207	1219	1231	1243	1255	1307	Then every 12 minutes until	1355	1407	1419	
Plaistow Station	1058	1110	1120	1131	1143	1155	1207	1219	1231	1243	1255	1307	1319		1407	1419	1431	
Stratford Bus Station	1108	1120	1130	1142	1154	1206	1219	1231	1243	1255	1307	1319	1332		1420	1432	1444	
Leytonstone Thatched House	1115	1127	1138	1150	1202	1214	1227	1239	1251	1303	1315	1328	1341		1429	1441	1453	
Leyton Station	1120	1132	1144	1156	1208	1220	1233	1245	1257	1309	1322	1335	1348		1436	1448	1500	
Leyton Baker's Arms (High Rd. Leyton	1130	1142	1154	1207	1219	1231	1245	1257	1309	1321	1334	1347	1400	1448	1500	1512		
Walthamstow Central Station	1136	1148	1200	1214	1226	1239	1253	1305	1317	1329	1342	1355	1408	1456	1507	1519		
Canning Town Bus Station	1431	1443	1455	1508	1520	1532	Then every 12 minutes until	1620	1633	1645	1657	1709	Then every 12 minutes until	1809	1822	1835		
Plaistow Station	1443	1455	1507	1519	1531	1543		1631	1644	1656	1708	1720		1820	1833	1845		
Stratford Bus Station	1456	1508	1519	1531	1543	1555		1643	1655	1707	1719	1731		1831	1843	1855		
Leytonstone Thatched House	1505	1517	1528	1540	1552	1604		1652	1704	1716	1728	1739		1839	1851	1903		
Leyton Station	1512	1524	1535	1547	1559	1610		1658	1710	1722	1734	1745		1845	1856	1908		
Leyton Baker's Arms (High Rd. Leyton	1524	1536	1547	1559	1611	1622	1710	1721	1733	1745	1756	1856	1907	1919				
Walthamstow Central Station	1531	1543	1554	1606	1618	1629	1717	1728	1739	1751	1802	1902	1913	1925				
Canning Town Bus Station	1847	1859	1911	Then every 12 minutes until	2011	2023	2035	2047	2100	Then every 12 minutes until	2148	2201	2214	Then every 12 minutes until	2326			
Plaistow Station	1857	1909	1921		2021	2033	2045	2057	2110		2158	2210	2223		2335			
Stratford Bus Station	1907	1919	1931		2031	2043	2055	2107	2119		2207	2219	2231		2343			
Leytonstone Thatched House	1915	1927	1938		2038	2050	2102	2114	2126		2214	2225	2237		2349			
Leyton Station	1920	1932	1943		2043	2055	2107	2119	2131		2219	2230	2242		2354			
Leyton Baker's Arms (High Rd. Leyton	1931	1942	1953	2053	2105	2116	2128	2140	2228	2239	2250	0002						
Walthamstow Central Station	1937	1948	1959	2059	2110	2121	2133	2145	2233	2243	2254	0006						
Canning Town Bus Station	2338	2350																
Plaistow Station	2347	2359																
Stratford Bus Station	2355	0007																
Leytonstone Thatched House	0001	0013																
Leyton Station	0006	0018																
Leyton Baker's Arms (High Rd. Leyton	0013	0025																
Walthamstow Central Station	0017	0029																