

69		Mondays to Fridays																									
Walthamstow Central Station	0002	0014	0026	0038	0050	0110						E						E									
Leyton Baker's Arms (High Rd. Leyton)	0006	0018	0030	0042	0054	0114						Then						E									
Leyton Station	0012	0024	0036	0048	0100	0120						every 30						E									
Leytonstone Thatched House	0016	0028	0040	0052	0104	0123						minutes						E									
Stratford Broadway Tramway Avenue	0022	0034	0046	0058	0110	0128						until						E									
Plaistow Station	0027	0039	0051	0103	0115	0133																E					
Canning Town Bus Station	0035	0047	0059	0111	0123	0140																E					
Walthamstow Central Station	E						E						E						E								
Leyton Baker's Arms (High Rd. Leyton)	0610	0619	0626	0634	0641	0648	0655	0702	0708	0714	0721	0727	0734	0742	0750	0758	0806	0814									
Leyton Station	0615	0624	0631	0639	0646	0653	0700	0707	0713	0719	0727	0733	0741	0749	0757	0805	0813	0821									
Leytonstone Thatched House	0621	0630	0639	0647	0654	0701	0708	0715	0722	0729	0737	0745	0753	0801	0809	0817	0825	0833									
Stratford Broadway Tramway Avenue	0625	0634	0643	0651	0658	0705	0712	0720	0727	0734	0742	0750	0758	0806	0814	0822	0830	0838									
Plaistow Station	0631	0640	0649	0657	0704	0711	0719	0727	0734	0742	0750	0758	0806	0814	0822	0830	0838	0846									
Canning Town Bus Station	0636	0645	0654	0702	0710	0718	0726	0734	0741	0749	0757	0805	0813	0821	0829	0837	0845	0853									
Walthamstow Central Station	0822	0830	0838	0846	0854	0902	0910	0918	0926	0934	0942	0950	0957	1005	1013	1021	1029	1037									
Leyton Baker's Arms (High Rd. Leyton)	0829	0837	0845	0853	0901	0909	0917	0925	0933	0941	0949	0957	1004	1012	1020	1028	1036	1044									
Leyton Station	0841	0849	0857	0905	0913	0921	0929	0937	0945	0953	1001	1009	1017	1025	1033	1041	1049	1057									
Leytonstone Thatched House	0846	0854	0902	0910	0918	0926	0934	0942	0950	0958	1006	1014	1022	1030	1038	1046	1054	1102									
Stratford Broadway Tramway Avenue	0854	0902	0910	0918	0926	0934	0942	0950	0958	1006	1013	1021	1029	1037	1045	1053	1101	1109									
Plaistow Station	0901	0909	0917	0925	0933	0941	0949	0957	1005	1013	1020	1028	1036	1044	1052	1100	1108	1116									
Canning Town Bus Station	0912	0920	0928	0936	0944	0952	1000	1008	1015	1023	1030	1038	1046	1054	1102	1110	1118	1126									
Walthamstow Central Station	E						E						E						E								
Leyton Baker's Arms (High Rd. Leyton)	1045	1053	1101	1109	1117	1125	1133	1141	1149	1157	1205	1213	1221	1229	1237	1245	1253	1301									
Leyton Station	1052	1100	1108	1116	1124	1132	1140	1148	1156	1204	1212	1220	1228	1236	1244	1252	1300	1308									
Leytonstone Thatched House	1105	1113	1121	1129	1137	1145	1153	1201	1209	1217	1225	1233	1241	1249	1257	1305	1313	1321									
Stratford Broadway Tramway Avenue	1110	1118	1126	1134	1142	1150	1158	1206	1214	1222	1230	1238	1246	1254	1302	1310	1318	1326									
Plaistow Station	1117	1125	1133	1141	1149	1157	1205	1213	1221	1229	1237	1245	1253	1301	1309	1317	1325	1333									
Canning Town Bus Station	1124	1132	1140	1148	1156	1204	1212	1220	1228	1236	1244	1252	1300	1308	1316	1324	1332	1340									
Walthamstow Central Station	1309	1317	1325	1333	1341	1348	1355	1402	1409	1416	1423	1430	1438	1446	1454	1502	1510	1518									
Leyton Baker's Arms (High Rd. Leyton)	1316	1324	1332	1340	1348	1355	1402	1409	1416	1423	1430	1437	1445	1453	1501	1509	1517	1525									
Leyton Station	1329	1337	1345	1353	1401	1408	1415	1423	1431	1438	1446	1453	1501	1509	1517	1525	1533	1541									
Leytonstone Thatched House	1334	1342	1350	1358	1406	1413	1420	1428	1436	1443	1451	1458	1506	1514	1522	1530	1538	1546									
Stratford Broadway Tramway Avenue	1341	1349	1357	1405	1413	1420	1428	1436	1444	1451	1459	1506	1514	1522	1530	1538	1546	1554									
Plaistow Station	1348	1356	1404	1412	1420	1428	1436	1444	1452	1459	1507	1515	1523	1531	1539	1547	1555	1603									
Canning Town Bus Station	1359	1407	1415	1423	1431	1439	1447	1455	1503	1510	1518	1526	1534	1542	1550	1558	1606	1614									
Walthamstow Central Station	1526	1534	1542	1550	1558						E						E										
Leyton Baker's Arms (High Rd. Leyton)	1533	1541	1549	1557	1605						Then						E										
Leyton Station	1549	1557	1605	1613	1621						every 8						E										
Leytonstone Thatched House	1554	1602	1610	1618	1626						minutes						E										
Stratford Broadway Tramway Avenue	1602	1610	1618	1626	1634						until						E										
Plaistow Station	1611	1619	1627	1635	1643																E						
Canning Town Bus Station	1622	1630	1638	1646	1654																E						
Walthamstow Central Station	E						E						E						E								
Leyton Baker's Arms (High Rd. Leyton)	1806	1814	1822	1830	1838	1846	1854	1902	1910	1918	1927	1936	1946	1956	2006	2016	2028	2040									
Leyton Station	1813	1821	1829	1837	1845	1853	1901	1909	1917	1925	1934	1943	1953	2003	2013	2023	2035	2047									
Leytonstone Thatched House	1829	1837	1845	1853	1901	1909	1917	1924	1931	1938	1946	1954	2004	2014	2024	2034	2046	2058									
Stratford Broadway Tramway Avenue	1834	1842	1850	1858	1906	1914	1921	1928	1935	1942	1950	1958	2008	2018	2028	2038	2050	2102									
Plaistow Station	1841	1849	1857	1905	1913	1921	1928	1935	1942	1949	1957	2005	2015	2025	2035	2045	2057	2109									
Canning Town Bus Station	1850	1857	1905	1912	1920	1927	1934	1941	1948	1955	2003	2011	2021	2031	2041	2051	2102	2114									
Walthamstow Central Station	2053	2106	2119				E						E														
Leyton Baker's Arms (High Rd. Leyton)	2059	2112	2125				Then						E														
Leyton Station	2110	2122	2135				every 12						E														
Leytonstone Thatched House	2114	2126	2139				minutes						E														
Stratford Broadway Tramway Avenue	2121	2133	2145				until						E														
Plaistow Station	2126	2138	2150														E										
Canning Town Bus Station	2135	2147	2159														E										

Note: E - This journey is operated by an electric vehicle, subject to availability

69		Saturdays																	
Walthamstow Central Station	0002	0014	0026	0038	0050	0110	0140	0210	0240	0310	0340	0407	0427	0447	0507	0527	0547	0606	
Leyton Baker's Arms (High Rd. Leyton)	0006	0018	0030	0042	0054	0115	0145	0215	0245	0314	0344	0411	0431	0451	0511	0531	0551	0610	
Leyton Station	0012	0024	0036	0048	0100	0121	0151	0221	0251	0320	0350	0417	0437	0457	0517	0537	0557	0616	
Leytonstone Thatched House	0016	0028	0040	0052	0104	0124	0154	0224	0254	0323	0353	0420	0440	0500	0520	0540	0600	0620	
Stratford Broadway Tramway Avenue	0022	0034	0046	0058	0110	0130	0200	0230	0300	0329	0359	0426	0446	0506	0526	0546	0606	0626	
Plaistow Station	0027	0039	0051	0103	0115	0135	0205	0235	0305	0334	0404	0431	0451	0511	0531	0551	0611	0631	
Canning Town Bus Station	0035	0047	0059	0111	0123	0143	0213	0243	0313	0342	0412	0438	0458	0518	0538	0558	0619	0639	
		E		E						E				E					
Walthamstow Central Station	0626	0641	0653	0705	0717	0729	0741	0753	0803	0813	0822	0831	0839	0846	0854	0901	0909	0916	
Leyton Baker's Arms (High Rd. Leyton)	0630	0645	0657	0710	0722	0734	0746	0758	0808	0818	0827	0836	0844	0851	0859	0906	0914	0921	
Leyton Station	0636	0651	0704	0717	0729	0741	0753	0805	0815	0825	0834	0843	0851	0859	0907	0915	0923	0930	
Leytonstone Thatched House	0640	0655	0708	0721	0733	0745	0757	0809	0819	0829	0838	0847	0855	0903	0911	0919	0927	0935	
Stratford Broadway Tramway Avenue	0646	0701	0714	0727	0739	0751	0803	0815	0825	0835	0844	0853	0901	0909	0917	0925	0933	0941	
Plaistow Station	0651	0706	0719	0732	0744	0756	0808	0820	0830	0840	0849	0859	0907	0915	0923	0931	0939	0947	
Canning Town Bus Station	0659	0715	0728	0741	0753	0805	0817	0829	0839	0849	0859	0909	0917	0925	0933	0942	0950	0958	
		E		E						E				E					
Walthamstow Central Station	0923	0929	0936	0942	0949	0956	1003	1011	1019	1026	1034	1042	1050	1058	1105	1113	1121	1129	
Leyton Baker's Arms (High Rd. Leyton)	0928	0934	0941	0947	0955	1002	1010	1018	1026	1033	1041	1049	1057	1105	1113	1121	1129	1137	
Leyton Station	0937	0944	0951	0959	1007	1015	1023	1031	1039	1047	1055	1103	1111	1119	1127	1135	1143	1151	
Leytonstone Thatched House	0942	0949	0957	1005	1013	1021	1029	1037	1045	1053	1101	1109	1117	1125	1133	1141	1149	1157	
Stratford Broadway Tramway Avenue	0949	0957	1005	1013	1021	1029	1037	1045	1053	1101	1109	1117	1125	1133	1141	1149	1157	1205	
Plaistow Station	0955	1003	1011	1019	1027	1035	1043	1051	1059	1107	1115	1123	1131	1139	1147	1155	1203	1211	
Canning Town Bus Station	1006	1015	1023	1031	1039	1047	1055	1103	1111	1119	1127	1135	1143	1151	1159	1207	1215	1223	
		E		E						E				E					
Walthamstow Central Station	1137	1145	1153	1201	1209	1217	1225	1233	1241	1249	1257	1305	1313	1321	1329	1337	1345	1353	
Leyton Baker's Arms (High Rd. Leyton)	1145	1153	1201	1209	1217	1225	1233	1241	1249	1257	1305	1313	1321	1329	1337	1345	1353	1401	
Leyton Station	1159	1207	1215	1223	1231	1239	1247	1255	1303	1311	1319	1327	1335	1343	1351	1359	1407	1415	
Leytonstone Thatched House	1205	1213	1221	1229	1237	1245	1253	1301	1309	1317	1325	1333	1341	1349	1357	1405	1413	1421	
Stratford Broadway Tramway Avenue	1213	1221	1229	1237	1245	1253	1301	1309	1317	1325	1333	1341	1349	1357	1405	1413	1421	1429	
Plaistow Station	1219	1227	1235	1243	1251	1259	1307	1315	1323	1331	1339	1347	1355	1403	1411	1419	1427	1435	
Canning Town Bus Station	1231	1239	1247	1255	1303	1311	1319	1327	1335	1343	1351	1359	1407	1415	1423	1431	1439	1447	
		E		E						E				E					
Walthamstow Central Station	1401	1409	1417	1425	1433	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601	1609	1617	
Leyton Baker's Arms (High Rd. Leyton)	1409	1417	1425	1433	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601	1609	1617	1625	
Leyton Station	1423	1431	1439	1447	1455	1503	1511	1519	1527	1535	1543	1551	1559	1607	1615	1623	1631	1639	
Leytonstone Thatched House	1429	1437	1445	1453	1501	1509	1517	1525	1533	1541	1549	1557	1605	1613	1621	1629	1637	1645	
Stratford Broadway Tramway Avenue	1437	1445	1453	1501	1509	1517	1525	1533	1541	1549	1557	1605	1613	1621	1629	1637	1645	1653	
Plaistow Station	1443	1451	1459	1507	1515	1523	1531	1539	1547	1555	1603	1611	1619	1627	1635	1643	1651	1659	
Canning Town Bus Station	1455	1503	1511	1519	1527	1535	1543	1551	1559	1607	1615	1623	1631	1639	1647	1655	1703	1711	
		E		E						E				E					
Walthamstow Central Station	1625	1633	1641	1649	1657	1705	1713	1721	1729	1737	1745	1754	1802	1810	1818	1826	1834	1842	
Leyton Baker's Arms (High Rd. Leyton)	1633	1641	1649	1657	1705	1713	1721	1729	1737	1745	1753	1802	1810	1818	1826	1834	1842	1850	
Leyton Station	1647	1655	1703	1711	1719	1727	1735	1743	1751	1759	1807	1815	1823	1831	1839	1847	1855	1903	
Leytonstone Thatched House	1653	1701	1709	1717	1725	1733	1741	1749	1757	1805	1813	1821	1829	1837	1844	1852	1900	1908	
Stratford Broadway Tramway Avenue	1701	1709	1717	1725	1733	1740	1748	1756	1804	1812	1820	1828	1836	1844	1851	1859	1907	1915	
Plaistow Station	1707	1715	1723	1731	1739	1746	1754	1802	1810	1818	1826	1834	1842	1850	1857	1905	1913	1921	
Canning Town Bus Station	1719	1726	1734	1742	1750	1757	1805	1813	1821	1829	1836	1844	1852	1900	1907	1915	1923	1931	
		E		E						E				E					
Walthamstow Central Station	1852	1902	1912	1922	1932	1943	1954	2004	2016	2028	2040	2053	2106	2119	Then every 12 minutes until	2231	2244		
Leyton Baker's Arms (High Rd. Leyton)	1859	1909	1919	1929	1939	1950	2001	2011	2023	2035	2047	2059	2112	2125		2237	2250		
Leyton Station	1912	1922	1932	1942	1952	2002	2012	2022	2034	2046	2058	2110	2122	2135		2247	2259		
Leytonstone Thatched House	1917	1927	1937	1947	1957	2007	2017	2027	2038	2050	2102	2114	2126	2139		2251	2303		
Stratford Broadway Tramway Avenue	1924	1934	1944	1954	2004	2014	2024	2034	2045	2057	2109	2121	2133	2145		2257	2309		
Plaistow Station	1930	1940	1950	2000	2010	2020	2030	2040	2051	2102	2114	2126	2138	2150		2302	2314		
Canning Town Bus Station	1940	1949	1959	2009	2019	2029	2039	2049	2100	2111	2123	2135	2147	2159	2311	2323			
Walthamstow Central Station	2257	2310	2323	2336	2349														
Leyton Baker's Arms (High Rd. Leyton)	2302	2315	2328	2341	2354														
Leyton Station	2311	2323	2336	2348	0000														
Leytonstone Thatched House	2315	2327	2340	2352	0004														
Stratford Broadway Tramway Avenue	2321	2333	2346	2358	0010														
Plaistow Station	2326	2338	2351	0003	0015														
Canning Town Bus Station	2335	2347	2359	0011	0023														
Note:	E - This journey is operated by an electric vehicle, subject to availability																		

69		Sundays																	
Walthamstow Central Station	0002	0014	0026	0038	0050	0110	0140	0210	0240	0310	0340	0407	0437	E	0507	0537	0603	E	0643
Leyton Baker's Arms (High Rd. Leyton)	0006	0018	0030	0042	0054	0115	0145	0215	0245	0314	0344	0411	0441	0511	0541	0607	0627	0647	
Leyton Station	0012	0024	0036	0048	0100	0121	0151	0221	0251	0320	0350	0417	0447	0517	0547	0613	0633	0653	
Leytonstone Thatched House	0016	0028	0040	0052	0104	0124	0154	0224	0254	0323	0353	0420	0450	0520	0550	0617	0637	0657	
Stratford Broadway Tramway Avenue	0022	0034	0046	0058	0110	0130	0200	0230	0300	0329	0359	0425	0455	0525	0555	0622	0642	0702	
Plaistow Station	0027	0039	0051	0103	0115	0135	0205	0235	0305	0334	0404	0430	0500	0530	0600	0627	0647	0707	
Canning Town Bus Station	0035	0047	0059	0111	0123	0143	0213	0243	0313	0342	0412	0437	0507	0537	0607	0634	0654	0714	
Walthamstow Central Station	0703	0723	0743	0757	0812	0827	0842	0855	0908	0920	0930	0941	0953	E	1004	1015	1026	E	1049
Leyton Baker's Arms (High Rd. Leyton)	0707	0727	0747	0801	0816	0831	0846	0859	0912	0924	0935	0946	0958	1009	1020	1031	1043	1055	
Leyton Station	0713	0733	0753	0808	0823	0838	0853	0906	0919	0931	0943	0955	1008	1020	1032	1044	1056	1108	
Leytonstone Thatched House	0717	0737	0757	0812	0827	0842	0857	0910	0923	0936	0948	1000	1013	1025	1037	1049	1101	1113	
Stratford Broadway Tramway Avenue	0722	0742	0802	0818	0833	0848	0903	0916	0929	0942	0954	1007	1020	1032	1044	1056	1108	1120	
Plaistow Station	0727	0747	0807	0823	0838	0853	0908	0921	0934	0947	0959	1012	1025	1037	1049	1101	1114	1126	
Canning Town Bus Station	0734	0754	0816	0832	0847	0902	0917	0930	0943	0956	1008	1021	1034	1046	1058	1110	1123	1135	
Walthamstow Central Station	1100	1112	1124	1136	1148	1200	1212	1224	1236	1248	1300	1312	1324	E	1336	1348	1400	E	1424
Leyton Baker's Arms (High Rd. Leyton)	1107	1119	1131	1143	1155	1207	1219	1231	1243	1255	1307	1319	1331	1343	1355	1407	1419	1431	
Leyton Station	1120	1132	1144	1156	1208	1220	1232	1244	1256	1308	1320	1332	1344	1356	1408	1420	1432	1444	
Leytonstone Thatched House	1125	1137	1149	1201	1213	1225	1237	1249	1301	1313	1325	1337	1349	1401	1413	1425	1437	1449	
Stratford Broadway Tramway Avenue	1132	1144	1156	1208	1220	1232	1244	1256	1308	1320	1332	1344	1356	1408	1420	1432	1444	1456	
Plaistow Station	1138	1150	1202	1214	1226	1238	1250	1302	1314	1326	1338	1350	1402	1414	1426	1438	1450	1502	
Canning Town Bus Station	1147	1159	1211	1223	1235	1247	1259	1311	1323	1335	1347	1359	1411	1423	1435	1447	1459	1511	
Walthamstow Central Station	1436	1448	1500	1512	1524	1536	1548	1600	1612	1624	1636	1648	1700	1712	1724	1736	1748	1800	
Leyton Baker's Arms (High Rd. Leyton)	1443	1455	1507	1519	1531	1543	1555	1607	1619	1631	1643	1655	1707	1719	1731	1743	1755	1807	
Leyton Station	1456	1508	1520	1532	1544	1556	1608	1620	1632	1644	1656	1708	1720	1732	1744	1756	1808	1820	
Leytonstone Thatched House	1501	1513	1525	1537	1549	1601	1613	1625	1637	1649	1701	1713	1725	1737	1749	1801	1813	1825	
Stratford Broadway Tramway Avenue	1508	1520	1532	1544	1556	1608	1620	1632	1644	1656	1708	1720	1732	1744	1756	1808	1820	1832	
Plaistow Station	1514	1526	1538	1550	1602	1614	1626	1638	1650	1702	1714	1726	1738	1750	1802	1814	1826	1838	
Canning Town Bus Station	1523	1535	1547	1559	1611	1623	1635	1647	1659	1711	1723	1735	1747	1759	1811	1823	1835	1847	
Walthamstow Central Station	1812	1824	1836	1848	1901	1914	1927	1940	1952	2004	2016	2028	2040	2053	2106	2119	2131	2143	
Leyton Baker's Arms (High Rd. Leyton)	1819	1831	1843	1855	1908	1921	1933	1946	1958	2010	2022	2034	2046	2059	2112	2125	2137	2149	
Leyton Station	1832	1844	1856	1908	1920	1932	1944	1957	2009	2021	2033	2045	2057	2110	2122	2135	2147	2159	
Leytonstone Thatched House	1837	1849	1901	1913	1925	1937	1949	2001	2013	2025	2037	2049	2101	2114	2126	2139	2151	2203	
Stratford Broadway Tramway Avenue	1844	1856	1908	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108	2121	2133	2145	2157	2209	
Plaistow Station	1850	1902	1914	1926	1938	1950	2002	2014	2026	2038	2050	2102	2114	2126	2138	2150	2202	2214	
Canning Town Bus Station	1859	1911	1923	1935	1947	1959	2011	2023	2035	2047	2059	2111	2123	2135	2147	2159	2211	2223	
Walthamstow Central Station	2155	2207	2219	2231	2244	2257	2310	2323	2336	2349									
Leyton Baker's Arms (High Rd. Leyton)	2201	2213	2225	2237	2250	2302	2315	2328	2341	2354									
Leyton Station	2211	2223	2235	2247	2259	2311	2323	2336	2348	0000									
Leytonstone Thatched House	2215	2227	2239	2251	2303	2315	2327	2340	2352	0004									
Stratford Broadway Tramway Avenue	2221	2233	2245	2257	2309	2321	2333	2346	2358	0010									
Plaistow Station	2226	2238	2250	2302	2314	2326	2338	2351	0003	0015									
Canning Town Bus Station	2235	2247	2259	2311	2323	2335	2347	2359	0011	0023									
Note:	E - This journey is operated by an electric vehicle, subject to availability																		

69	Saturdays																	E
Canning Town Bus Station	0002	0014	0026	0038	0050	0122	0152	0222	0252	0322	0352	0422	0445	0505	0525	0545	0557	0609
Plaistow Station	0011	0023	0035	0047	0059	0131	0201	0230	0300	0330	0400	0430	0452	0512	0532	0552	0604	0617
Stratford Bus Station	0017	0029	0041	0053	0105	0139	0209	0238	0307	0337	0407	0437	0458	0518	0538	0558	0610	0623
Leytonstone Thatched House	0022	0034	0046	0058	0110	0145	0215	0244	0312	0342	0412	0442	0503	0523	0543	0603	0615	0628
Leyton Station	0026	0038	0050	0102	0114	0149	0219	0248	0316	0346	0416	0446	0507	0527	0547	0607	0619	0632
Leyton Baker's Arms (High Rd. Leyton)	0032	0044	0056	0108	0120	0157	0226	0255	0323	0353	0423	0453	0513	0533	0553	0614	0627	0640
Walthamstow Central Station	0036	0048	0100	0112	0124	0202	0231	0300	0328	0358	0428	0458	0516	0536	0557	0618	0632	0645
							E				E					E		
Canning Town Bus Station	0620	0632	0644	0655	0707	0718	0728	0738	0746	0754	0802	0810	0818	0826	0833	0841	0849	0856
Plaistow Station	0629	0641	0653	0704	0716	0727	0737	0747	0755	0803	0811	0819	0827	0835	0842	0850	0858	0905
Stratford Bus Station	0635	0647	0659	0711	0723	0734	0744	0754	0802	0810	0818	0826	0834	0842	0849	0857	0905	0913
Leytonstone Thatched House	0640	0652	0705	0717	0729	0740	0750	0800	0808	0816	0824	0832	0840	0848	0856	0904	0912	0920
Leyton Station	0644	0656	0709	0721	0733	0744	0754	0804	0812	0820	0828	0836	0844	0852	0900	0908	0916	0924
Leyton Baker's Arms (High Rd. Leyton)	0653	0706	0719	0731	0743	0754	0804	0814	0822	0830	0838	0846	0854	0903	0911	0919	0927	0935
Walthamstow Central Station	0658	0711	0724	0736	0748	0759	0809	0819	0828	0836	0844	0852	0901	0910	0918	0927	0935	0943
		E					E				E					E		
Canning Town Bus Station	0903	0910	0917	0924	0932	0940	0946	0954	1001	1009	1017	1025	1033	1041	1049	1057	1105	1113
Plaistow Station	0913	0920	0927	0934	0942	0950	0956	1004	1012	1020	1028	1036	1044	1052	1100	1108	1116	1124
Stratford Bus Station	0921	0928	0935	0942	0950	0958	1004	1012	1020	1028	1036	1044	1052	1100	1108	1116	1124	1132
Leytonstone Thatched House	0928	0935	0943	0950	0958	1006	1014	1022	1030	1038	1046	1054	1102	1110	1118	1126	1134	1142
Leyton Station	0932	0940	0948	0956	1004	1012	1020	1028	1036	1044	1052	1100	1108	1116	1124	1132	1140	1148
Leyton Baker's Arms (High Rd. Leyton)	0944	0952	1001	1009	1017	1025	1033	1041	1049	1057	1105	1113	1121	1129	1137	1145	1153	1201
Walthamstow Central Station	0952	1000	1009	1017	1025	1033	1041	1049	1057	1105	1113	1121	1129	1137	1145	1153	1201	1209
							E				E					E		
Canning Town Bus Station	1121	1129	1137	1145	1153	1201	1209	1217	1225	1233	1241	1249	1257	1305	1313	1321	1329	1337
Plaistow Station	1132	1140	1148	1156	1204	1212	1220	1228	1236	1244	1252	1300	1308	1316	1324	1332	1340	1348
Stratford Bus Station	1140	1148	1156	1204	1212	1220	1228	1236	1244	1252	1300	1308	1316	1324	1332	1340	1348	1356
Leytonstone Thatched House	1150	1158	1206	1214	1222	1230	1238	1246	1254	1302	1310	1318	1326	1334	1342	1350	1358	1406
Leyton Station	1156	1204	1212	1220	1228	1236	1244	1252	1300	1308	1316	1324	1332	1340	1348	1356	1404	1412
Leyton Baker's Arms (High Rd. Leyton)	1209	1217	1225	1233	1241	1249	1257	1305	1313	1321	1329	1337	1345	1353	1401	1409	1417	1425
Walthamstow Central Station	1217	1225	1233	1241	1249	1257	1305	1313	1321	1329	1337	1345	1353	1401	1409	1417	1425	1433
							E				E					E		
Canning Town Bus Station	1345	1353	1401	1409	1417	1425	1433	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601
Plaistow Station	1356	1404	1412	1420	1428	1436	1444	1452	1500	1508	1516	1524	1532	1540	1548	1556	1604	1612
Stratford Bus Station	1404	1412	1420	1428	1436	1444	1452	1500	1508	1516	1524	1532	1540	1548	1556	1604	1612	1620
Leytonstone Thatched House	1414	1422	1430	1438	1446	1454	1502	1510	1518	1526	1534	1542	1550	1558	1606	1614	1622	1630
Leyton Station	1420	1428	1436	1444	1452	1500	1508	1516	1524	1532	1540	1548	1556	1604	1612	1620	1628	1636
Leyton Baker's Arms (High Rd. Leyton)	1433	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601	1609	1617	1625	1633	1641	1649
Walthamstow Central Station	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601	1609	1617	1625	1633	1641	1649	1657
							E				E					E		
Canning Town Bus Station	1609	1617	1625	1633	1641	1649	1657	1705	1713	1721	1729	1738	1746	1755	1804	1812	1820	1829
Plaistow Station	1620	1628	1636	1644	1652	1700	1708	1716	1724	1732	1740	1749	1757	1806	1814	1822	1830	1839
Stratford Bus Station	1628	1636	1644	1652	1700	1708	1716	1724	1732	1740	1748	1757	1805	1813	1821	1829	1837	1846
Leytonstone Thatched House	1638	1646	1654	1702	1710	1718	1726	1734	1742	1750	1758	1807	1815	1823	1831	1839	1847	1855
Leyton Station	1644	1652	1700	1708	1716	1724	1732	1740	1748	1756	1804	1812	1820	1828	1836	1844	1852	1900
Leyton Baker's Arms (High Rd. Leyton)	1657	1705	1713	1721	1729	1737	1745	1753	1800	1807	1815	1823	1831	1839	1847	1855	1903	1910
Walthamstow Central Station	1705	1713	1721	1729	1737	1745	1753	1801	1808	1815	1822	1830	1838	1846	1854	1902	1909	1916
		E														E		
Canning Town Bus Station	1837	1845	1853	1901	1909	1917	1925	1934	1944	1954	2004	2016	2028	2040	2052	2104	2117	2130
Plaistow Station	1847	1855	1903	1911	1919	1927	1935	1943	1953	2003	2013	2025	2037	2049	2101	2113	2126	2139
Stratford Bus Station	1854	1902	1910	1918	1926	1934	1942	1950	2000	2010	2020	2032	2044	2056	2108	2120	2133	2146
Leytonstone Thatched House	1903	1911	1919	1927	1935	1943	1950	1958	2008	2018	2028	2040	2052	2104	2116	2128	2140	2153
Leyton Station	1908	1916	1924	1932	1940	1948	1955	2003	2013	2023	2033	2045	2057	2109	2121	2133	2145	2158
Leyton Baker's Arms (High Rd. Leyton)	1918	1926	1934	1942	1950	1958	2005	2013	2023	2033	2043	2055	2107	2119	2131	2143	2155	2208
Walthamstow Central Station	1924	1932	1940	1948	1956	2004	2011	2019	2029	2039	2049	2101	2113	2125	2137	2149	2201	2213
Canning Town Bus Station	2143	2155	2208	2220	2233	2246	2259	2311	2324	2336	2349							
Plaistow Station	2152	2204	2217	2229	2242	2255	2308	2320	2333	2345	2358							
Stratford Bus Station	2159	2211	2224	2236	2249	2302	2315	2327	2340	2352	0005							
Leytonstone Thatched House	2206	2218	2231	2243	2256	2309	2321	2333	2346	2358	0010							
Leyton Station	2211	2223	2236	2248	2301	2313	2325	2337	2350	0002	0014							
Leyton Baker's Arms (High Rd. Leyton)	2220	2232	2245	2257	2309	2321	2333	2345	2357	0008	0020							
Walthamstow Central Station	2225	2237	2250	2302	2314	2326	2338	2350	0001	0012	0024							

Note: E - This journey is operated by an electric vehicle, subject to availability

69		Sundays															E		
Canning Town Bus Station	0002	0014	0026	0038	0050	0122	0152	0222	0252	0322	0352	0422	0445	0515	0545	0603	0623	0643	
Plaistow Station	0011	0023	0035	0047	0059	0131	0201	0230	0300	0330	0400	0430	0452	0522	0552	0612	0632	0652	
Stratford Bus Station	0017	0029	0041	0053	0105	0139	0209	0238	0307	0337	0407	0437	0458	0528	0558	0618	0638	0658	
Leytonstone Thatched House	0022	0034	0046	0058	0110	0145	0215	0244	0312	0342	0412	0442	0503	0533	0603	0623	0643	0703	
Leyton Station	0026	0038	0050	0102	0114	0149	0219	0248	0316	0346	0416	0446	0507	0537	0607	0627	0647	0707	
Leyton Baker's Arms (High Rd. Leyton)	0032	0044	0056	0108	0120	0157	0226	0255	0323	0353	0423	0453	0513	0543	0613	0633	0653	0713	
Walthamstow Central Station	0036	0048	0100	0112	0124	0202	0231	0300	0328	0358	0428	0457	0516	0546	0616	0636	0656	0716	
Canning Town Bus Station	0658	0713	0728	0743	0758	0813	0825	0837	0849	0901	0912	0923	0933	0944	0955	1006	1017	1027	
Plaistow Station	0707	0722	0737	0752	0807	0822	0834	0846	0858	0910	0921	0932	0942	0953	1004	1015	1026	1036	
Stratford Bus Station	0713	0728	0743	0758	0813	0828	0840	0852	0904	0916	0927	0938	0948	0959	1010	1021	1033	1044	
Leytonstone Thatched House	0718	0733	0748	0803	0818	0833	0845	0857	0909	0921	0932	0944	0954	1005	1017	1028	1040	1052	
Leyton Station	0722	0737	0752	0807	0822	0837	0849	0901	0913	0925	0937	0949	0959	1010	1022	1033	1045	1057	
Leyton Baker's Arms (High Rd. Leyton)	0729	0744	0759	0815	0831	0846	0858	0910	0922	0934	0946	0958	1008	1020	1032	1043	1055	1107	
Walthamstow Central Station	0733	0748	0803	0820	0836	0851	0903	0916	0928	0940	0952	1004	1015	1027	1039	1050	1102	1114	
Canning Town Bus Station	1038	1050	1102	1114	1126	1138	1150	1202	1214	1226	1238	1250	1302	1314	1326	1338	1350	1402	
Plaistow Station	1047	1059	1111	1123	1135	1147	1159	1211	1223	1235	1247	1259	1311	1323	1335	1347	1359	1411	
Stratford Bus Station	1055	1107	1119	1131	1143	1155	1207	1219	1231	1243	1255	1307	1319	1331	1343	1355	1407	1419	
Leytonstone Thatched House	1103	1115	1127	1139	1151	1203	1215	1227	1239	1251	1303	1315	1327	1339	1351	1403	1415	1427	
Leyton Station	1108	1120	1132	1144	1156	1208	1220	1232	1244	1256	1308	1320	1332	1344	1356	1408	1420	1432	
Leyton Baker's Arms (High Rd. Leyton)	1119	1131	1143	1155	1207	1219	1231	1243	1255	1307	1319	1331	1343	1355	1407	1419	1431	1443	
Walthamstow Central Station	1126	1138	1150	1202	1214	1226	1238	1250	1302	1314	1326	1338	1350	1402	1414	1426	1438	1450	
Canning Town Bus Station	1414	1426	1438	1450	1502	1514	1526	1538	1550	1602	1614	1626	1638	1650	1702	1714	1726	1738	
Plaistow Station	1423	1435	1447	1459	1511	1523	1535	1547	1559	1611	1623	1635	1647	1659	1711	1723	1735	1747	
Stratford Bus Station	1431	1443	1455	1507	1519	1531	1543	1555	1607	1619	1631	1643	1655	1707	1719	1731	1743	1755	
Leytonstone Thatched House	1439	1451	1503	1515	1527	1539	1551	1603	1615	1627	1639	1651	1703	1715	1727	1739	1751	1803	
Leyton Station	1444	1456	1508	1520	1532	1544	1556	1608	1620	1632	1644	1656	1708	1720	1732	1744	1756	1808	
Leyton Baker's Arms (High Rd. Leyton)	1455	1507	1519	1531	1543	1555	1607	1619	1631	1643	1655	1707	1719	1731	1743	1755	1807	1819	
Walthamstow Central Station	1502	1514	1526	1538	1550	1602	1614	1626	1638	1650	1702	1714	1726	1738	1750	1802	1814	1826	
Canning Town Bus Station	1750	1802	1814	1826	1839	1852	1904	1916	Then every 12 minutes until	2104	2117	2130	2143	2155	2208	2220	2233		
Plaistow Station	1759	1811	1823	1835	1848	1901	1913	1925		2113	2126	2139	2152	2204	2217	2229	2242		
Stratford Bus Station	1807	1819	1831	1843	1856	1908	1920	1932		2120	2133	2146	2159	2211	2224	2236	2249		
Leytonstone Thatched House	1815	1827	1839	1851	1904	1916	1928	1940		2128	2140	2153	2206	2218	2231	2243	2256		
Leyton Station	1820	1832	1844	1856	1909	1921	1933	1945		2133	2145	2158	2211	2223	2236	2248	2301		
Leyton Baker's Arms (High Rd. Leyton)	1831	1843	1855	1907	1919	1931	1943	1955		2143	2155	2208	2220	2232	2245	2257	2309		
Walthamstow Central Station	1838	1850	1902	1914	1926	1938	1950	2001	2149	2201	2213	2225	2237	2250	2302	2314			
Canning Town Bus Station	2246	2259	2311	2324	2336	2349													
Plaistow Station	2255	2308	2320	2333	2345	2358													
Stratford Bus Station	2302	2315	2327	2340	2352	0005													
Leytonstone Thatched House	2309	2321	2333	2346	2358	0010													
Leyton Station	2313	2325	2337	2350	0002	0014													
Leyton Baker's Arms (High Rd. Leyton)	2321	2333	2345	2357	0008	0020													
Walthamstow Central Station	2326	2338	2350	0001	0012	0024													
Note:	E - This journey is operated by an electric vehicle, subject to availability																		