

86

Romford – Ilford – Stratford

| 86 Mondays to Fridays | | | | | | | | | | | | | | | | |
|---|------|------|------|----------|------|------|------|------|------|---------|---------|----------|---------|----------|-------|------|
| Romford Station | 0530 | 0540 | 0550 | 0600 | 0610 | 0618 | 0626 | 0633 | 0640 | | 1904 | | 2000 | | 0019 | |
| Romford Market St Edward's Way | 0532 | 0542 | 0552 | 0602 | 0612 | 0620 | 0628 | 0635 | 0642 | | 1907 | | 2003 | | 0021 | |
| Romford Stadium | 0536 | 0546 | 0556 | 0606 | 0616 | 0624 | 0632 | 0639 | 0646 | Then | 1912 | Then | 2008 | Then | 0025 | |
| Chadwell Heath Sainsbury's | 0541 | 0551 | 0601 | 0611 | 0621 | 0629 | 0637 | 0644 | 0651 | about | 1919 | about | 2014 | about | 0029 | |
| Seven Kings Station | 0549 | 0559 | 0609 | 0619 | 0629 | 0637 | 0645 | 0652 | 0659 | every 6 | 1931 | every 8 | 2024 | every 10 | 0036 | |
| Ilford High Road Hainault Street | 0555 | 0605 | 0615 | 0625 | 0635 | 0643 | 0651 | 0658 | 0706 | minutes | 1939 | minutes | 2032 | minutes | 0042 | |
| Ilford Broadway High Road | 0558 | 0608 | 0618 | 0628 | 0638 | 0646 | 0654 | 0701 | 0710 | until | 1942 | until | 2035 | until | 0045 | |
| Manor Park Broadway | 0606 | 0616 | 0626 | 0636 | 0646 | 0654 | 0702 | 0711 | 0720 | | 1954 | | 2046 | | 0052 | |
| Forest Gate Police Station | 0612 | 0622 | 0632 | 0642 | 0652 | 0700 | 0709 | 0718 | 0727 | | 2000 | | 2052 | | 0056 | |
| Stratford Bus Station | 0621 | 0631 | 0641 | 0651 | 0701 | 0710 | 0720 | 0729 | 0738 | | 2010 | | 2102 | | 0103 | |
| 86 Saturdays (also Good Friday) | | | | | | | | | | | | | | | | |
| Romford Station | 0530 | 0545 | 0600 | | | 0740 | 0748 | 0756 | 0803 | 0810 | | 1831 | | 1911 | | 0021 |
| Romford Market St Edward's Way | 0532 | 0547 | 0602 | | | 0742 | 0750 | 0758 | 0806 | 0813 | | 1835 | | 1915 | | 0023 |
| Romford Stadium | 0536 | 0551 | 0606 | Then | | 0746 | 0754 | 0802 | 0810 | 0817 | Then | 1840 | Then | 1920 | Then | 0027 |
| Chadwell Heath Sainsbury's | 0540 | 0555 | 0610 | about | | 0751 | 0759 | 0807 | 0815 | 0822 | about | 1847 | about | 1926 | about | 0032 |
| Seven Kings Station | 0547 | 0602 | 0617 | every 10 | | 0759 | 0807 | 0815 | 0823 | 0830 | every 6 | 1900 | every 8 | 1938 | every | 0040 |
| Ilford High Road Hainault Street | 0552 | 0607 | 0622 | minutes | | 0805 | 0813 | 0821 | 0829 | 0836 | minutes | 1908 | minutes | 1946 | 10 | 0046 |
| Ilford Broadway High Road | 0555 | 0610 | 0625 | until | | 0808 | 0816 | 0824 | 0832 | 0839 | until | 1911 | until | 1949 | mins. | 0049 |
| Manor Park Broadway | 0601 | 0616 | 0631 | | | 0815 | 0823 | 0831 | 0839 | 0846 | | 1924 | | 2002 | until | 0056 |
| Forest Gate Police Station | 0606 | 0621 | 0636 | | | 0820 | 0828 | 0836 | 0844 | 0851 | | 1931 | | 2009 | | 0100 |
| Stratford Bus Station | 0614 | 0629 | 0644 | | | 0829 | 0837 | 0845 | 0853 | 0900 | | 1941 | | 2019 | | 0108 |
| 86 Sundays and other Public Holidays (except Christmas Day) | | | | | | | | | | | | | | | | |
| Romford Station | 0530 | 0545 | 0600 | 0615 | 0630 | 0645 | 0700 | 0715 | 0730 | 0745 | 0800 | | 0015 | | | |
| Romford Market St Edward's Way | 0532 | 0547 | 0602 | 0617 | 0632 | 0647 | 0702 | 0717 | 0732 | 0747 | 0802 | | 0017 | | | |
| Romford Stadium | 0536 | 0551 | 0606 | 0621 | 0636 | 0651 | 0706 | 0721 | 0736 | 0751 | 0806 | Then | 0021 | | | |
| Chadwell Heath Sainsbury's | 0541 | 0556 | 0611 | 0626 | 0641 | 0656 | 0711 | 0726 | 0741 | 0756 | 0811 | about | 0025 | | | |
| Seven Kings Station | 0548 | 0603 | 0618 | 0633 | 0648 | 0703 | 0719 | 0734 | 0749 | 0804 | 0819 | every 10 | 0032 | | | |
| Ilford High Road Hainault Street | 0554 | 0609 | 0624 | 0639 | 0654 | 0710 | 0726 | 0741 | 0756 | 0811 | 0826 | minutes | 0037 | | | |
| Ilford Broadway High Road | 0556 | 0611 | 0626 | 0642 | 0657 | 0713 | 0729 | 0744 | 0759 | 0814 | 0829 | until | 0040 | | | |
| Manor Park Broadway | 0604 | 0619 | 0634 | 0650 | 0705 | 0721 | 0737 | 0752 | 0807 | 0822 | 0837 | | 0047 | | | |
| Forest Gate Police Station | 0608 | 0623 | 0638 | 0654 | 0710 | 0726 | 0742 | 0757 | 0812 | 0827 | 0842 | | 0052 | | | |
| Stratford Bus Station | 0616 | 0631 | 0646 | 0702 | 0718 | 0734 | 0750 | 0805 | 0821 | 0836 | 0851 | | 0100 | | | |

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Stratford – Ilford – Romford

| 86 Mondays to Fridays | | | | | | | | | | | | | | |
|---|------|----------|------|------|----------|------|------|------|------|---------|----------|---------|---------|-----------|
| Stratford Bus Station | 0550 | 0600 | 0610 | 0620 | 0628 | 0636 | 0644 | 0652 | 0700 | | 1924 | | 2005 | 0055 |
| Forest Gate Police Station | 0558 | 0608 | 0618 | 0628 | 0636 | 0644 | 0652 | 0700 | 0709 | | 1938 | | 2017 | 0103 |
| Manor Park Broadway | 0601 | 0612 | 0622 | 0632 | 0640 | 0648 | 0656 | 0705 | 0714 | Then | 1944 | Then | 2022 | 0106 |
| Ilford Broadway Chapel Road | 0608 | 0619 | 0629 | 0639 | 0647 | 0655 | 0703 | 0714 | 0723 | about | 1958 | about | 2034 | 0113 |
| Ilford High Road Hainault Street | 0612 | 0623 | 0633 | 0643 | 0651 | 0659 | 0707 | 0718 | 0727 | every 6 | 2002 | every 8 | 2038 | 0115 |
| Seven Kings Station | 0617 | 0628 | 0638 | 0648 | 0656 | 0704 | 0713 | 0724 | 0733 | minutes | 2010 | minutes | 2046 | 0120 |
| Chadwell Heath Sainsbury's | 0625 | 0636 | 0646 | 0656 | 0704 | 0713 | 0723 | 0734 | 0743 | until | 2020 | until | 2056 | 0126 |
| Romford Stadium | 0630 | 0641 | 0651 | 0701 | 0711 | 0721 | 0731 | 0741 | 0751 | | 2026 | | 2102 | 0130 |
| Romford Market St Edward's Way | 0635 | 0646 | 0656 | 0706 | 0716 | 0726 | 0736 | 0746 | 0756 | | 2031 | | 2106 | 0133 |
| Romford Station | 0639 | 0650 | 0700 | 0710 | 0720 | 0730 | 0740 | 0750 | 0800 | | 2035 | | 2110 | 0136 |
| 86 Saturdays (also Good Friday) | | | | | | | | | | | | | | |
| Stratford Bus Station | 0550 | 0605 | 0620 | 0635 | | 0745 | 0753 | 0801 | 0809 | 0817 | | 1904 | | 2000 2010 |
| Forest Gate Police Station | 0558 | 0613 | 0628 | 0643 | | 0754 | 0802 | 0810 | 0818 | 0826 | | 1917 | | 2013 2022 |
| Manor Park Broadway | 0601 | 0616 | 0631 | 0646 | Then | 0758 | 0806 | 0814 | 0822 | 0830 | Then | 1924 | Then | 2018 2027 |
| Ilford Broadway Chapel Road | 0608 | 0623 | 0638 | 0653 | about | 0805 | 0814 | 0822 | 0830 | 0838 | about | 1938 | about | 2030 2039 |
| Ilford High Road Hainault Street | 0611 | 0626 | 0641 | 0656 | every 10 | 0808 | 0817 | 0825 | 0833 | 0841 | every 6 | 1942 | every 8 | 2034 2043 |
| Seven Kings Station | 0616 | 0631 | 0646 | 0701 | minutes | 0813 | 0822 | 0830 | 0838 | 0846 | minutes | 1950 | minutes | 2042 2051 |
| Chadwell Heath Sainsbury's | 0622 | 0637 | 0652 | 0708 | until | 0821 | 0830 | 0838 | 0846 | 0854 | until | 2000 | until | 2051 2059 |
| Romford Stadium | 0626 | 0641 | 0656 | 0713 | | 0826 | 0835 | 0843 | 0851 | 0859 | | 2006 | | 2056 2104 |
| Romford Market St Edward's Way | 0630 | 0645 | 0701 | 0718 | | 0831 | 0840 | 0848 | 0856 | 0904 | | 2011 | | 2100 2108 |
| Romford Station | 0634 | 0649 | 0705 | 0722 | | 0835 | 0844 | 0852 | 0900 | 0908 | | 2015 | | 2104 2112 |
| Stratford Bus Station | 2020 | | | | | 0050 | | | | | | | | |
| Forest Gate Police Station | 2032 | | | | | 0059 | | | | | | | | |
| Manor Park Broadway | 2037 | Then | | | | 0102 | | | | | | | | |
| Ilford Broadway Chapel Road | 2049 | about | | | | 0109 | | | | | | | | |
| Ilford High Road Hainault Street | 2053 | every 10 | | | | 0112 | | | | | | | | |
| Seven Kings Station | 2100 | minutes | | | | 0117 | | | | | | | | |
| Chadwell Heath Sainsbury's | 2108 | until | | | | 0123 | | | | | | | | |
| Romford Stadium | 2113 | | | | | 0127 | | | | | | | | |
| Romford Market St Edward's Way | 2117 | | | | | 0130 | | | | | | | | |
| Romford Station | 2121 | | | | | 0133 | | | | | | | | |
| 86 Sundays and other Public Holidays (except Christmas Day) | | | | | | | | | | | | | | |
| Stratford Bus Station | 0550 | 0604 | 0619 | 0634 | 0648 | 0702 | 0717 | 0732 | 0747 | 0802 | | | 0050 | |
| Forest Gate Police Station | 0558 | 0613 | 0628 | 0643 | 0657 | 0711 | 0726 | 0741 | 0756 | 0811 | | | 0100 | |
| Manor Park Broadway | 0601 | 0616 | 0631 | 0646 | 0700 | 0714 | 0729 | 0744 | 0759 | 0814 | Then | | 0104 | |
| Ilford Broadway Chapel Road | 0608 | 0623 | 0638 | 0653 | 0708 | 0722 | 0737 | 0752 | 0807 | 0822 | about | | 0111 | |
| Ilford High Road Hainault Street | 0611 | 0626 | 0641 | 0656 | 0711 | 0725 | 0740 | 0755 | 0810 | 0825 | every 10 | | 0114 | |
| Seven Kings Station | 0617 | 0632 | 0647 | 0702 | 0717 | 0731 | 0746 | 0801 | 0816 | 0831 | minutes | | 0119 | |
| Chadwell Heath Sainsbury's | 0623 | 0638 | 0653 | 0709 | 0724 | 0738 | 0753 | 0808 | 0823 | 0838 | until | | 0125 | |
| Romford Stadium | 0627 | 0642 | 0657 | 0713 | 0728 | 0742 | 0757 | 0812 | 0827 | 0842 | | | 0129 | |
| Romford Market St Edward's Way | 0631 | 0646 | 0701 | 0717 | 0732 | 0746 | 0801 | 0816 | 0831 | 0846 | | | 0133 | |
| Romford Station | 0635 | 0650 | 0705 | 0721 | 0736 | 0750 | 0805 | 0820 | 0835 | 0850 | | | 0137 | |