

97		Mondays to Fridays																
Chingford Station	0440	0500	0520	0532	0544	0556	0606	0614	0622	0630	0637	0644	0650	0656	0703	0710	0717	0724
Chingford Mount <i>Chingford Mount Ra</i>	0448	0508	0528	0541	0553	0605	0615	0624	0632	0640	0647	0654	0700	0707	0714	0722	0729	0737
Crooked Billet Roundabout <i>Sth. Side</i>	0453	0513	0533	0546	0558	0611	0622	0631	0639	0647	0655	0703	0709	0717	0724	0732	0739	0747
Walthamstow <i>The Bell (Hoe Street)</i>	0456	0516	0536	0549	0602	0615	0626	0635	0643	0651	0659	0707	0714	0722	0729	0737	0745	0753
Walthamstow Central Station <i>Hoe St.</i>	0500	0520	0540	0553	0606	0619	0631	0640	0648	0656	0704	0712	0720	0728	0735	0743	0751	0759
Leyton <i>Baker's Arms (High Rd. Leyton</i>	0504	0525	0545	0558	0611	0624	0636	0645	0653	0702	0710	0718	0726	0734	0742	0750	0758	0806
Leyton Green	0505	0526	0547	0600	0613	0626	0638	0647	0655	0704	0712	0720	0728	0736	0744	0752	0800	0808
Leyton Station	0510	0532	0554	0607	0620	0633	0645	0654	0703	0712	0720	0728	0736	0744	0753	0801	0809	0817
Stratford International Station	0514	0536	0558	0612	0625	0638	0650	0659	0708	0717	0726	0734	0742	0750	0759	0808	0816	0824
Stratford City Bus Station	0518	0540	0602	0616	0629	0642	0654	0704	0713	0722	0731	0739	0747	0755	0804	0813	0821	0829
Chingford Station	0730	0737	0745	0752	0800	0808	0816	0825	0834	0843	0851	0900	0908	0917	Then every 8 minutes until	1021	1029	
Chingford Mount <i>Chingford Mount Ra</i>	0744	0751	0759	0807	0815	0823	0831	0840	0849	0858	0906	0914	0922	0930		1034	1042	
Crooked Billet Roundabout <i>Sth. Side</i>	0755	0803	0811	0819	0827	0835	0843	0851	0900	0908	0916	0924	0931	0939		1043	1051	
Walthamstow <i>The Bell (Hoe Street)</i>	0801	0809	0817	0825	0833	0841	0849	0857	0906	0914	0922	0930	0937	0945		1049	1056	
Walthamstow Central Station <i>Hoe St.</i>	0807	0815	0823	0831	0839	0847	0855	0903	0912	0920	0928	0936	0943	0951		1055	1102	
Leyton <i>Baker's Arms (High Rd. Leyton</i>	0814	0822	0830	0838	0846	0854	0902	0910	0919	0927	0934	0942	0949	0957		1101	1108	
Leyton Green	0816	0824	0832	0840	0848	0856	0904	0912	0921	0929	0936	0944	0951	0959		1103	1111	
Leyton Station	0825	0833	0841	0849	0857	0905	0913	0921	0929	0937	0944	0952	0959	1007		1111	1119	
Stratford International Station	0832	0840	0848	0855	0903	0911	0919	0927	0935	0943	0950	0958	1005	1013		1117	1125	
Stratford City Bus Station	0837	0845	0853	0900	0908	0916	0924	0932	0940	0948	0955	1003	1010	1018		1122	1130	
Chingford Station	1037	Then every 8 minutes until	1245	1253	Then every 8 minutes until	1413	1421	1428	1435	1442	1449	1457	1505	Then every 8 minutes until	1545			
Chingford Mount <i>Chingford Mount Ra</i>	1050		1258	1306		1426	1435	1442	1450	1458	1505	1513	1521		1601			
Crooked Billet Roundabout <i>Sth. Side</i>	1058		1306	1314		1434	1443	1450	1458	1506	1514	1522	1530		1610			
Walthamstow <i>The Bell (Hoe Street)</i>	1103		1311	1319		1439	1448	1455	1503	1511	1519	1527	1535		1615			
Walthamstow Central Station <i>Hoe St.</i>	1109		1317	1325		1445	1454	1501	1509	1517	1525	1533	1541		1621			
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1116		1324	1332		1452	1501	1509	1517	1525	1533	1541	1549		1629			
Leyton Green	1119		1327	1335		1455	1504	1512	1520	1528	1536	1544	1552		1632			
Leyton Station	1127		1335	1343		1503	1512	1520	1528	1536	1544	1552	1601		1641			
Stratford International Station	1133		1341	1350		1510	1519	1527	1535	1543	1551	1559	1608		1648			
Stratford City Bus Station	1138		1346	1355		1515	1524	1532	1540	1548	1556	1604	1613		1653			
Chingford Station	1553	1601	1609	1617	Then every 8 minutes until	1705	1714	1722	1730	1738	1746	1755	1803	1811	1819	1827	1835	
Chingford Mount <i>Chingford Mount Ra</i>	1609	1617	1625	1632		1720	1728	1736	1744	1752	1800	1808	1816	1824	1832	1840	1848	
Crooked Billet Roundabout <i>Sth. Side</i>	1618	1625	1633	1641		1729	1737	1745	1753	1801	1809	1817	1825	1833	1841	1849	1857	
Walthamstow <i>The Bell (Hoe Street)</i>	1623	1630	1638	1646		1734	1742	1750	1758	1806	1814	1822	1829	1837	1845	1853	1901	
Walthamstow Central Station <i>Hoe St.</i>	1629	1636	1644	1652		1740	1748	1756	1804	1812	1820	1828	1835	1842	1850	1858	1906	
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1637	1644	1652	1700		1748	1756	1804	1812	1819	1827	1835	1842	1849	1857	1905	1913	
Leyton Green	1639	1646	1654	1702		1750	1758	1806	1814	1821	1829	1837	1844	1851	1859	1907	1915	
Leyton Station	1649	1656	1704	1712		1800	1808	1816	1824	1831	1839	1847	1854	1901	1909	1916	1924	
Stratford International Station	1656	1703	1711	1719		1807	1815	1823	1831	1838	1846	1854	1901	1908	1916	1923	1930	
Stratford City Bus Station	1701	1708	1716	1724		1812	1820	1828	1836	1843	1851	1859	1906	1913	1921	1928	1935	
Chingford Station	1844	1853	1902	1910	1920	1930	1940	1952	2005	2017	2029	2042	2055	2107	2119	2132	2144	2156
Chingford Mount <i>Chingford Mount Ra</i>	1857	1906	1915	1923	1932	1942	1952	2004	2016	2028	2040	2052	2105	2117	2129	2142	2154	2205
Crooked Billet Roundabout <i>Sth. Side</i>	1906	1915	1923	1931	1940	1950	2000	2011	2023	2035	2047	2059	2112	2124	2135	2148	2200	2211
Walthamstow <i>The Bell (Hoe Street)</i>	1910	1919	1927	1935	1944	1954	2004	2015	2027	2039	2051	2103	2116	2127	2138	2151	2203	2214
Walthamstow Central Station <i>Hoe St.</i>	1915	1924	1932	1940	1949	1959	2009	2020	2032	2044	2055	2107	2120	2131	2142	2155	2207	2218
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1922	1931	1939	1947	1956	2005	2015	2026	2038	2050	2101	2113	2125	2136	2147	2200	2212	2223
Leyton Green	1924	1933	1941	1949	1958	2007	2017	2028	2040	2051	2102	2114	2126	2137	2148	2201	2213	2224
Leyton Station	1932	1941	1949	1957	2006	2015	2025	2036	2048	2059	2110	2122	2134	2145	2156	2209	2220	2231
Stratford International Station	1938	1947	1955	2003	2012	2021	2030	2041	2053	2104	2115	2127	2139	2150	2201	2213	2224	2235
Stratford City Bus Station	1943	1951	1959	2007	2016	2025	2034	2045	2057	2108	2119	2131	2143	2154	2205	2217	2228	2239
Chingford Station	2208	2220	2232	2245	2258	2310	2322	2334	2346	2358	0010							
Chingford Mount <i>Chingford Mount Ra</i>	2217	2229	2241	2254	2306	2318	2331	2343	2354	0005	0017							
Crooked Billet Roundabout <i>Sth. Side</i>	2222	2234	2246	2259	2311	2323	2336	2348	2359	0010	0022							
Walthamstow <i>The Bell (Hoe Street)</i>	2225	2237	2249	2302	2314	2326	2338	2350	0001	0012	0024							
Walthamstow Central Station <i>Hoe St.</i>	2229	2241	2253	2306	2318	2330	2341	2353	0004	0015	0027							
Leyton <i>Baker's Arms (High Rd. Leyton</i>	2234	2246	2258	2310	2322	2334	2345	2357	0008	0019	0031							
Leyton Green	2235	2247	2259	2311	2323	2335	2346	2358	0009	0020	0032							
Leyton Station	2242	2253	2305	2317	2329	2341	2352	0003	0014	0025	0036							
Stratford International Station	2246	2257	2309	2321	2333	2345	2356	0007	0018	0029	0040							
Stratford City Bus Station	2250	2301	2313	2325	2337	2348	2359	0010	0021	0032	0043							

97	Saturdays (also Good Friday)																	
Chingford Station	0440	0500	0520	0540	0600	0615	0630	0645	0700	0710	0720	0730	0740	0750	0758	0806	0814	0822
Chingford Mount <i>Chingford Mount Ra</i>	0448	0508	0528	0548	0608	0623	0639	0654	0709	0719	0729	0739	0750	0800	0808	0816	0824	0832
Crooked Billet Roundabout <i>Sth. Side</i>	0452	0513	0533	0553	0613	0629	0645	0700	0715	0725	0736	0746	0757	0807	0815	0823	0831	0839
Walthamstow <i>The Bell (Hoe Street)</i>	0454	0515	0536	0556	0616	0632	0648	0703	0718	0728	0739	0749	0800	0810	0818	0826	0834	0842
Walthamstow Central Station <i>Hoe St.</i>	0457	0518	0539	0600	0620	0636	0652	0707	0722	0732	0743	0753	0804	0814	0823	0831	0839	0847
Leyton <i>Baker's Arms (High Rd. Leyton</i>	0501	0522	0543	0604	0624	0640	0656	0712	0727	0737	0748	0758	0809	0819	0828	0836	0844	0853
Leyton Green	0502	0523	0544	0605	0625	0641	0657	0713	0728	0738	0749	0759	0810	0820	0829	0837	0845	0854
Leyton Station	0508	0529	0550	0611	0632	0648	0704	0720	0735	0745	0756	0806	0817	0828	0837	0845	0853	0902
Stratford International Station	0512	0533	0554	0615	0636	0652	0708	0724	0739	0749	0800	0811	0822	0833	0842	0850	0859	0908
Stratford City Bus Station	0516	0537	0558	0619	0640	0656	0712	0728	0743	0753	0804	0815	0826	0837	0846	0854	0903	0912
Chingford Station	0830	0838	0845	0852	0859	0907	0914	0922	0929	0937	0944	0951	0959	1006	1014	1022	1030	1038
Chingford Mount <i>Chingford Mount Ra</i>	0840	0848	0855	0902	0910	0918	0925	0933	0941	0949	0956	1003	1011	1019	1027	1035	1043	1051
Crooked Billet Roundabout <i>Sth. Side</i>	0847	0855	0903	0910	0918	0926	0933	0941	0949	0957	1004	1012	1020	1028	1036	1044	1052	1100
Walthamstow <i>The Bell (Hoe Street)</i>	0851	0859	0907	0914	0922	0930	0938	0946	0954	1002	1009	1017	1025	1033	1041	1049	1057	1106
Walthamstow Central Station <i>Hoe St.</i>	0856	0904	0912	0919	0927	0935	0943	0951	0959	1007	1015	1023	1031	1039	1047	1055	1103	1112
Leyton <i>Baker's Arms (High Rd. Leyton</i>	0902	0910	0918	0925	0933	0941	0949	0957	1005	1013	1021	1029	1037	1045	1053	1101	1110	1119
Leyton Green	0903	0911	0919	0927	0935	0943	0951	0959	1007	1015	1023	1031	1039	1047	1055	1103	1112	1121
Leyton Station	0911	0919	0927	0935	0943	0951	0959	1007	1015	1023	1031	1039	1047	1055	1104	1112	1121	1130
Stratford International Station	0917	0925	0933	0941	0949	0957	1005	1013	1021	1029	1037	1045	1053	1101	1110	1119	1128	1137
Stratford City Bus Station	0921	0930	0938	0946	0954	1002	1010	1018	1026	1034	1042	1050	1058	1106	1115	1124	1133	1142
Chingford Station	1046	1054	1102	1110	1118	1126	1134	1142	1150	1158	1205	1213	1221	1229	1237	Then every 8 minutes until	1317	
Chingford Mount <i>Chingford Mount Ra</i>	1100	1108	1116	1124	1132	1140	1148	1156	1204	1212	1219	1227	1235	1243	1251		1331	
Crooked Billet Roundabout <i>Sth. Side</i>	1109	1117	1125	1133	1142	1150	1159	1207	1215	1223	1231	1239	1247	1255	1303		1343	
Walthamstow <i>The Bell (Hoe Street)</i>	1115	1123	1131	1139	1148	1157	1206	1214	1222	1230	1238	1246	1253	1301	1309		1349	
Walthamstow Central Station <i>Hoe St.</i>	1121	1129	1137	1146	1155	1204	1213	1221	1229	1237	1245	1253	1300	1308	1316		1356	
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1128	1136	1144	1153	1202	1211	1220	1228	1236	1244	1252	1300	1307	1315	1323		1403	
Leyton Green	1130	1138	1146	1155	1204	1213	1222	1230	1238	1246	1254	1302	1309	1317	1325		1405	
Leyton Station	1139	1148	1157	1206	1215	1224	1233	1241	1249	1257	1305	1313	1320	1328	1337		1417	
Stratford International Station	1146	1155	1204	1213	1222	1231	1240	1248	1256	1304	1312	1320	1328	1336	1345		1425	
Stratford City Bus Station	1151	1200	1209	1218	1227	1236	1245	1253	1301	1309	1317	1325	1333	1341	1350		1430	
Chingford Station	1326	1334	1342	1351	1400	1408	1417	1425	1433	1441	1450	1458	1506	1515	1523	1532	1540	1548
Chingford Mount <i>Chingford Mount Ra</i>	1340	1348	1356	1405	1414	1422	1431	1439	1447	1455	1504	1512	1520	1529	1537	1546	1554	1602
Crooked Billet Roundabout <i>Sth. Side</i>	1352	1400	1408	1417	1425	1433	1442	1450	1458	1506	1514	1522	1530	1538	1546	1554	1602	1610
Walthamstow <i>The Bell (Hoe Street)</i>	1358	1406	1414	1422	1430	1438	1447	1455	1503	1511	1519	1527	1535	1543	1551	1559	1607	1615
Walthamstow Central Station <i>Hoe St.</i>	1405	1413	1421	1429	1437	1445	1453	1501	1509	1517	1525	1533	1541	1549	1557	1605	1613	1621
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1412	1420	1428	1436	1444	1452	1500	1508	1516	1524	1532	1540	1548	1556	1604	1612	1620	1628
Leyton Green	1414	1422	1430	1438	1446	1454	1502	1510	1518	1526	1534	1542	1550	1558	1606	1614	1622	1630
Leyton Station	1425	1433	1441	1449	1457	1505	1513	1521	1529	1537	1545	1553	1601	1609	1616	1624	1632	1640
Stratford International Station	1433	1441	1449	1457	1505	1513	1521	1529	1536	1544	1552	1600	1608	1616	1623	1631	1639	1647
Stratford City Bus Station	1438	1446	1454	1502	1510	1518	1526	1534	1541	1549	1557	1605	1613	1621	1628	1636	1644	1652
Chingford Station	1556	1605	1613	1621	1629	1637	1646	Then every 8 minutes until	1734	1742	1750	1758	1806	1814	1823	1832	1840	
Chingford Mount <i>Chingford Mount Ra</i>	1610	1618	1626	1634	1642	1650	1659		1747	1755	1803	1811	1819	1827	1836	1844	1852	
Crooked Billet Roundabout <i>Sth. Side</i>	1618	1626	1634	1642	1650	1658	1706		1754	1802	1810	1818	1826	1834	1843	1851	1859	
Walthamstow <i>The Bell (Hoe Street)</i>	1623	1631	1639	1647	1655	1703	1711		1759	1807	1815	1823	1831	1839	1847	1855	1903	
Walthamstow Central Station <i>Hoe St.</i>	1629	1637	1645	1653	1701	1709	1717		1805	1813	1821	1829	1837	1845	1853	1901	1909	
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1636	1644	1652	1700	1708	1716	1724		1812	1820	1828	1836	1844	1852	1900	1908	1916	
Leyton Green	1638	1646	1654	1702	1710	1718	1726		1814	1822	1830	1838	1846	1854	1902	1910	1918	
Leyton Station	1648	1656	1704	1712	1720	1728	1736		1824	1832	1840	1848	1855	1903	1911	1919	1927	
Stratford International Station	1655	1703	1711	1719	1727	1735	1743		1831	1838	1846	1854	1901	1909	1917	1925	1933	
Stratford City Bus Station	1700	1708	1716	1724	1732	1740	1748		1836	1843	1851	1859	1906	1914	1922	1930	1938	
Chingford Station	1850	1900	1910	1922	1934	1946	1958	2010	2022	2034	2046	2058	2110	2122	2134	2146	2158	2210
Chingford Mount <i>Chingford Mount Ra</i>	1902	1912	1922	1934	1946	1958	2010	2022	2034	2045	2057	2109	2121	2133	2145	2156	2208	2220
Crooked Billet Roundabout <i>Sth. Side</i>	1909	1919	1929	1941	1953	2005	2017	2029	2041	2052	2104	2116	2128	2140	2152	2203	2214	2226
Walthamstow <i>The Bell (Hoe Street)</i>	1913	1923	1933	1945	1957	2009	2020	2032	2044	2055	2107	2119	2131	2143	2155	2206	2217	2229
Walthamstow Central Station <i>Hoe St.</i>	1919	1928	1938	1950	2002	2014	2025	2037	2049	2100	2112	2123	2135	2147	2159	2210	2221	2233
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1926	1935	1945	1957	2009	2021	2032	2044	2055	2106	2118	2129	2140	2152	2204	2215	2226	2238
Leyton Green	1928	1937	1947	1959	2011	2023	2034	2045	2056	2107	2119	2130	2141	2153	2205	2216	2227	2239
Leyton Station	1936	1945	1955	2007	2019	2031	2042	2053	2104	2115	2127	2138	2149	2200	2212	2223	2234	2246
Stratford International Station	1942	1951	2001	2013	2024	2036	2047	2058	2109	2120	2132	2143	2154	2205	2217	2228	2239	2250
Stratford City Bus Station	1947	1956	2006	2018	2029	2041	2052	2103	2114	2125	2136	2147	2158	2209	2221	2232	2243	2254
Chingford Station	2222	2234	2246	2258	2310	2322	2334	2346	2358	0010								
Chingford Mount <i>Chingford Mount Ra</i>	2232	2243	2255	2307	2318	2330	2342	2354	0006	0018								
Crooked Billet Roundabout <i>Sth. Side</i>	2238	2249	2301	2313	2324	2335	2347	2359	0011	0023								
Walthamstow <i>The Bell (Hoe Street)</i>	2241	2252	2304	2316	2327	2338	2350	0002	0013	0025								
Walthamstow Central Station <i>Hoe St.</i>	2245	2256	2308	2320	2331	2342	2354	0005	0016	0028								
Leyton <i>Baker's Arms (High Rd. Leyton</i>	2250	2301	2312	2324	2335	2346	2358	0009	0020	0032								
Leyton Green	2251	2302	2313	2325	2336	2347	2359	0010	0021	0033								
Leyton Station	2258	2309	2320	2331	2342	2353	0004	0015	0026	0037								
Stratford International Station	2302	2313	2324	2335	2346	2357	0008	0019	0030	0041								
Stratford City Bus Station	2306	2317	2328	2339	2350	0001	0012	0023	0034	0045								

97	Sundays and other Public Holidays (except Christmas Day)																	
Chingford Station	0440	0510	0540	0600	0620	0640	0700	0720	0740	0800	0820	0840	0900	0915	0929	0941	0952	1002
Chingford Mount <i>Chingford Mount Ra</i>	0448	0518	0548	0608	0628	0648	0708	0729	0749	0809	0829	0849	0909	0924	0939	0951	1003	1013
Crooked Billet Roundabout <i>Sth. Side</i>	0452	0523	0553	0613	0633	0653	0714	0735	0755	0816	0836	0856	0916	0931	0946	0958	1010	1020
Walthamstow <i>The Bell (Hoe Street)</i>	0455	0526	0556	0616	0636	0656	0717	0738	0758	0819	0839	0859	0919	0934	0949	1001	1013	1024
Walthamstow Central Station <i>Hoe St.</i>	0458	0529	0559	0620	0640	0700	0721	0742	0802	0823	0843	0903	0923	0939	0954	1006	1018	1029
Leyton <i>Baker's Arms (High Rd. Leyton</i>	0501	0532	0602	0623	0644	0704	0725	0746	0806	0827	0847	0907	0928	0944	0959	1011	1023	1035
Leyton Green	0502	0533	0603	0624	0645	0705	0726	0747	0808	0829	0849	0909	0930	0946	1001	1013	1025	1037
Leyton Station	0507	0538	0608	0629	0650	0710	0731	0752	0813	0834	0855	0915	0936	0952	1007	1020	1033	1045
Stratford International Station	0511	0542	0612	0633	0654	0714	0735	0756	0817	0838	0859	0920	0941	0957	1012	1025	1038	1050
Stratford City <i>Bus Station</i>	0514	0545	0616	0637	0658	0718	0739	0800	0821	0842	0903	0924	0945	1001	1016	1029	1042	1054
Chingford Station	1012	1023	1034	1045	1056	1108	1120	1132	1144	1156	1208	1220	1232	1244	Then every 12 minutes until	1344	1356	
Chingford Mount <i>Chingford Mount Ra</i>	1024	1035	1046	1057	1108	1120	1132	1144	1156	1209	1221	1233	1245	1257		1357	1409	
Crooked Billet Roundabout <i>Sth. Side</i>	1032	1043	1054	1105	1116	1128	1140	1152	1204	1217	1230	1242	1254	1307		1407	1418	
Walthamstow <i>The Bell (Hoe Street)</i>	1036	1047	1058	1109	1120	1132	1145	1157	1210	1223	1236	1248	1300	1313		1413	1424	
Walthamstow Central Station <i>Hoe St.</i>	1041	1053	1104	1115	1126	1138	1151	1204	1217	1230	1243	1255	1307	1319		1419	1430	
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1047	1059	1110	1122	1133	1145	1158	1211	1224	1237	1250	1302	1314	1326		1426	1437	
Leyton Green	1049	1101	1113	1125	1136	1148	1201	1214	1227	1240	1253	1305	1317	1328		1428	1439	
Leyton Station	1057	1109	1121	1133	1146	1159	1212	1225	1238	1251	1304	1316	1328	1339		1439	1450	
Stratford International Station	1102	1115	1127	1140	1153	1206	1219	1232	1245	1258	1311	1323	1335	1347		1447	1458	
Stratford City <i>Bus Station</i>	1106	1119	1132	1145	1158	1211	1224	1237	1250	1303	1316	1328	1340	1352		1452	1503	
Chingford Station	1408	1420	1432	1444	1456	1508	1521	1533	1545	1558	1610	1622	1634	1646	1658	1710	1722	1734
Chingford Mount <i>Chingford Mount Ra</i>	1421	1433	1444	1456	1508	1520	1533	1545	1557	1610	1622	1634	1646	1658	1710	1722	1734	1746
Crooked Billet Roundabout <i>Sth. Side</i>	1430	1442	1453	1505	1517	1529	1541	1553	1605	1617	1629	1641	1653	1705	1717	1729	1741	1753
Walthamstow <i>The Bell (Hoe Street)</i>	1436	1447	1458	1510	1522	1534	1546	1558	1610	1622	1633	1645	1657	1709	1721	1733	1745	1757
Walthamstow Central Station <i>Hoe St.</i>	1442	1453	1504	1516	1528	1540	1552	1604	1616	1628	1639	1651	1703	1714	1726	1738	1750	1802
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1449	1500	1511	1523	1535	1547	1559	1611	1623	1635	1646	1658	1709	1720	1732	1744	1756	1808
Leyton Green	1451	1502	1513	1525	1537	1549	1601	1613	1625	1637	1648	1700	1711	1722	1734	1746	1757	1809
Leyton Station	1502	1513	1524	1536	1548	1559	1611	1622	1634	1646	1657	1709	1720	1731	1742	1754	1805	1817
Stratford International Station	1509	1520	1531	1543	1555	1606	1618	1629	1641	1653	1704	1715	1726	1737	1748	1800	1811	1823
Stratford City <i>Bus Station</i>	1514	1525	1536	1548	1600	1611	1623	1634	1646	1658	1709	1720	1731	1742	1753	1805	1816	1828
Chingford Station	1746	1758	1810	1822	1834	1846	1858	1910	1922	1934	1946	1958	2010	2022	2034	2046	2058	2110
Chingford Mount <i>Chingford Mount Ra</i>	1758	1810	1822	1833	1845	1857	1909	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108	2120
Crooked Billet Roundabout <i>Sth. Side</i>	1805	1817	1829	1840	1852	1904	1916	1927	1939	1951	2003	2015	2027	2039	2051	2103	2114	2126
Walthamstow <i>The Bell (Hoe Street)</i>	1809	1821	1833	1844	1855	1907	1919	1930	1942	1954	2006	2018	2030	2042	2054	2106	2117	2129
Walthamstow Central Station <i>Hoe St.</i>	1814	1826	1838	1849	1900	1912	1924	1935	1947	1958	2010	2022	2034	2046	2058	2110	2121	2133
Leyton <i>Baker's Arms (High Rd. Leyton</i>	1820	1832	1844	1855	1906	1918	1930	1941	1953	2004	2016	2027	2039	2051	2103	2115	2126	2138
Leyton Green	1821	1833	1845	1856	1907	1919	1931	1942	1954	2005	2017	2028	2040	2052	2104	2116	2127	2139
Leyton Station	1829	1841	1853	1904	1915	1927	1939	1950	2002	2013	2025	2036	2048	2100	2112	2123	2134	2146
Stratford International Station	1835	1847	1859	1910	1921	1933	1944	1955	2007	2018	2030	2041	2053	2104	2116	2127	2138	2150
Stratford City <i>Bus Station</i>	1839	1851	1903	1914	1925	1937	1948	1959	2011	2022	2034	2045	2057	2108	2120	2131	2142	2154
Chingford Station	2122	2134	2146	2158	2210	2222	2234	2246	2258	2310	2322	2334	2346	2358	0010			
Chingford Mount <i>Chingford Mount Ra</i>	2131	2143	2155	2206	2218	2230	2242	2254	2306	2318	2330	2341	2353	0005	0017			
Crooked Billet Roundabout <i>Sth. Side</i>	2137	2149	2200	2211	2223	2235	2247	2259	2311	2323	2335	2346	2358	0010	0022			
Walthamstow <i>The Bell (Hoe Street)</i>	2140	2152	2203	2214	2226	2238	2250	2302	2314	2325	2337	2348	0000	0012	0024			
Walthamstow Central Station <i>Hoe St.</i>	2144	2156	2207	2218	2230	2242	2254	2306	2318	2329	2341	2352	0004	0015	0027			
Leyton <i>Baker's Arms (High Rd. Leyton</i>	2149	2201	2212	2223	2235	2247	2258	2310	2322	2333	2345	2356	0008	0019	0031			
Leyton Green	2150	2202	2213	2224	2236	2248	2259	2311	2323	2334	2346	2357	0009	0020	0032			
Leyton Station	2157	2209	2220	2231	2242	2254	2305	2316	2328	2339	2351	0002	0013	0024	0036			
Stratford International Station	2201	2213	2224	2235	2246	2258	2309	2320	2332	2343	2355	0006	0017	0028	0040			
Stratford City <i>Bus Station</i>	2205	2217	2228	2239	2250	2302	2313	2324	2336	2347	2359	0010	0021	0032	0043			



97	Saturdays (also Good Friday)																				
Stratford City Bus Station	0445	0505	0525	0545	0605	0625	0640	0655	0710	0720	0730	0740	0750	0800	0808	0816	0824	0832			
Stratford International Station	0449	0509	0529	0549	0609	0629	0644	0659	0714	0724	0734	0744	0754	0804	0812	0820	0828	0836			
Leyton Station	0454	0514	0534	0554	0614	0634	0649	0704	0719	0729	0739	0749	0759	0809	0817	0825	0833	0842			
Leyton Green	0459	0519	0539	0559	0619	0639	0654	0709	0724	0734	0744	0754	0804	0814	0822	0831	0839	0848			
Leyton Baker's Arms (High Rd. Leyton	0500	0520	0540	0600	0621	0641	0656	0711	0726	0736	0746	0756	0806	0816	0824	0833	0841	0850			
Walthamstow Central Station Hoe St.	0503	0523	0544	0604	0625	0645	0700	0715	0730	0740	0750	0800	0810	0821	0829	0838	0846	0855			
Walthamstow The Bell (Hoe Street)	0506	0526	0547	0607	0628	0648	0703	0718	0733	0744	0754	0805	0815	0826	0834	0843	0851	0900			
Crooked Billet Roundabout Sth. Side	0509	0529	0550	0610	0631	0651	0706	0721	0736	0747	0757	0808	0818	0829	0837	0846	0854	0903			
Chingford Mount Old Church Road	0514	0534	0555	0615	0636	0657	0712	0728	0743	0754	0804	0815	0825	0836	0845	0853	0902	0911			
Chingford Station	0521	0541	0602	0623	0644	0705	0721	0737	0752	0803	0813	0824	0835	0846	0855	0903	0912	0921			
Stratford City Bus Station	0839	0846	0854	0901	0908	0916			0948	0955	1003	1011	1018	1026	1034	1042	1050	1058			
Stratford International Station	0844	0851	0859	0906	0913	0921			0953	1000	1008	1016	1023	1031	1039	1047	1055	1103			
Leyton Station	0850	0857	0905	0912	0919	0927			0959	1006	1014	1022	1029	1037	1045	1053	1101	1109			
Leyton Green	0856	0904	0912	0919	0926	0934		Then every 8 minutes until	1006	1013	1021	1029	1036	1044	1053	1101	1109	1117			
Leyton Baker's Arms (High Rd. Leyton	0858	0906	0914	0922	0929	0937			1009	1016	1024	1032	1039	1047	1056	1104	1112	1120			
Walthamstow Central Station Hoe St.	0903	0911	0919	0927	0934	0942			1014	1021	1029	1037	1045	1053	1102	1110	1118	1126			
Walthamstow The Bell (Hoe Street)	0908	0916	0924	0932	0939	0947			1019	1027	1035	1043	1051	1059	1108	1116	1124	1133			
Crooked Billet Roundabout Sth. Side	0911	0919	0927	0935	0943	0951			1023	1031	1039	1047	1055	1103	1112	1120	1128	1137			
Chingford Mount Old Church Road	0919	0927	0935	0943	0951	1000			1032	1040	1048	1057	1105	1114	1123	1131	1139	1148			
Chingford Station	0929	0937	0946	0954	1002	1011			1043	1051	1059	1108	1116	1125	1134	1142	1151	1200			
Stratford City Bus Station	1106	1114	1122	1130	1138	1146	1154		1202	1210	1218	1226	1234	1242			1314	1322	1330		
Stratford International Station	1111	1119	1127	1135	1143	1151	1159		1207	1215	1223	1231	1239	1247			1319	1328	1336		
Leyton Station	1118	1126	1134	1142	1150	1158	1206	1214	1222	1230	1238	1246	1254			1326	1335	1343			
Leyton Green	1126	1134	1142	1150	1158	1206	1215	1223	1231	1239	1247	1255	1303		Then every 8 minutes until	1335	1344	1352			
Leyton Baker's Arms (High Rd. Leyton	1129	1137	1145	1153	1201	1209	1218	1226	1234	1242	1250	1258	1306			1338	1347	1355			
Walthamstow Central Station Hoe St.	1135	1143	1152	1200	1208	1216	1225	1233	1241	1249	1257	1305	1314			1346	1355	1403			
Walthamstow The Bell (Hoe Street)	1142	1150	1159	1207	1215	1223	1232	1240	1249	1257	1305	1313	1322			1354	1403	1411			
Crooked Billet Roundabout Sth. Side	1146	1154	1203	1211	1219	1227	1236	1244	1253	1301	1309	1317	1326			1358	1407	1415			
Chingford Mount Old Church Road	1157	1206	1215	1223	1231	1239	1248	1256	1305	1313	1321	1329	1338			1410	1418	1427			
Chingford Station	1209	1218	1227	1235	1243	1251	1300	1308	1317	1325	1333	1341	1350			1422	1430	1439			
Stratford City Bus Station	1338	1346	1354	1403			1515	1523	1531	1540			1644	1653				1733	1741		
Stratford International Station	1344	1352	1400	1409			1521	1529	1537	1546			1650	1659				1739	1747		
Leyton Station	1351	1359	1407	1416			1528	1537	1545	1554			1658	1707			1747	1755			
Leyton Green	1400	1408	1416	1425		Then every 8 minutes until	1537	1546	1554	1603		Then every 8 minutes until	1707	1716		Then every 8 minutes until	1756	1804			
Leyton Baker's Arms (High Rd. Leyton	1403	1411	1419	1428			1540	1549	1557	1606			1710	1719			1759	1806			
Walthamstow Central Station Hoe St.	1411	1419	1427	1436			1548	1556	1604	1613			1717	1726			1806	1813			
Walthamstow The Bell (Hoe Street)	1419	1427	1435	1443			1555	1603	1611	1620			1724	1732			1812	1819			
Crooked Billet Roundabout Sth. Side	1423	1431	1439	1447			1559	1607	1615	1624			1728	1736			1816	1823			
Chingford Mount Old Church Road	1435	1443	1450	1458			1610	1618	1626	1634			1738	1746			1826	1833			
Chingford Station	1447	1455	1502	1510			1622	1630	1638	1646			1750	1758			1838	1845			
Stratford City Bus Station	1749	1757	1805	1815	1825		1835	1845	1855	1907	1919		1931	1943	1955		2007	2019	2031	2043	2055
Stratford International Station	1755	1803	1811	1821	1831		1841	1851	1901	1913	1925		1937	1949	2001		2013	2025	2037	2049	2101
Leyton Station	1803	1811	1819	1829	1839	1849	1858	1908	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108			
Leyton Green	1812	1820	1828	1838	1848	1858	1907	1917	1929	1941	1953	2005	2017	2029	2041	2053	2105	2117			
Leyton Baker's Arms (High Rd. Leyton	1814	1822	1830	1840	1850	1900	1909	1919	1931	1943	1955	2007	2019	2031	2043	2055	2107	2119			
Walthamstow Central Station Hoe St.	1821	1829	1837	1847	1857	1907	1916	1926	1937	1949	2001	2013	2025	2037	2049	2101	2113	2125			
Walthamstow The Bell (Hoe Street)	1827	1835	1843	1853	1903	1913	1922	1932	1943	1955	2007	2019	2031	2043	2055	2106	2118	2130			
Crooked Billet Roundabout Sth. Side	1831	1839	1847	1857	1907	1917	1926	1935	1946	1958	2010	2022	2034	2046	2058	2109	2121	2133			
Chingford Mount Old Church Road	1841	1849	1857	1907	1917	1927	1936	1945	1956	2007	2019	2031	2043	2055	2106	2117	2129	2141			
Chingford Station	1853	1900	1908	1918	1928	1938	1947	1956	2007	2018	2030	2042	2053	2105	2116	2127	2139	2151			
Stratford City Bus Station	2108	2120	2133	2145	2157	2209	2222	2234	2247	2300	2312	2325	2338	2350	0002	0015	0028	0040			
Stratford International Station	2113	2125	2138	2150	2202	2214	2227	2239	2252	2305	2317	2330	2343	2355	0007	0019	0032	0044			
Leyton Station	2120	2132	2145	2157	2209	2221	2233	2245	2258	2311	2323	2336	2349	0001	0013	0025	0037	0049			
Leyton Green	2129	2141	2153	2205	2217	2229	2241	2253	2305	2317	2329	2342	2355	0007	0019	0031	0043	0055			
Leyton Baker's Arms (High Rd. Leyton	2131	2143	2155	2207	2219	2231	2243	2255	2307	2319	2331	2343	2356	0008	0020	0032	0044	0056			
Walthamstow Central Station Hoe St.	2137	2149	2201	2213	2225	2237	2249	2300	2312	2324	2336	2348	0001	0013	0025	0037	0049	0100			
Walthamstow The Bell (Hoe Street)	2142	2154	2206	2218	2230	2242	2254	2305	2317	2329	2341	2353	0006	0018	0030	0042	0054	0105			
Crooked Billet Roundabout Sth. Side	2145	2157	2209	2221	2233	2245	2257	2308	2320	2332	2344	2356	0009	0021	0033	0045	0057	0108			
Chingford Mount Old Church Road	2153	2205	2217	2229	2240	2252	2304	2315	2327	2339	2350	0002	0014	0026	0038	0050	0102	0113			
Chingford Station	2203	2214	2226	2238	2249	2301	2313	2324	2336	2348	2359	0011	0023	0035	0046	0058	0110	0121			

97	Sundays and other Public Holidays (except Christmas Day)																	
Stratford City Bus Station	0445	0515	0545	0605	0625	0645	0705	0725	0745	0805	0825	0845	0905	0920	0932	0943	0955	1007
Stratford International Station	0449	0519	0549	0609	0629	0649	0709	0729	0749	0809	0829	0849	0909	0924	0936	0947	0959	1011
Leyton Station	0453	0523	0553	0613	0634	0654	0714	0734	0754	0814	0834	0854	0914	0929	0941	0953	1005	1017
Leyton Green	0458	0528	0558	0619	0640	0700	0720	0740	0800	0820	0840	0900	0920	0935	0948	1000	1012	1024
Leyton Baker's Arms (High Rd. Leyton	0459	0529	0559	0620	0641	0701	0721	0741	0801	0822	0842	0902	0922	0937	0950	1002	1014	1026
Walthamstow Central Station Hoe St.	0502	0532	0602	0623	0644	0705	0725	0745	0805	0826	0846	0907	0927	0942	0955	1007	1019	1031
Walthamstow The Bell (Hoe Street)	0505	0535	0605	0626	0647	0708	0728	0748	0809	0830	0850	0911	0931	0946	0959	1011	1023	1035
Crooked Billet Roundabout Sth. Side	0507	0537	0608	0629	0650	0711	0731	0751	0812	0833	0853	0914	0935	0950	1003	1015	1027	1039
Chingford Mount Old Church Road	0512	0542	0613	0634	0655	0717	0737	0757	0818	0839	0900	0921	0942	0957	1010	1022	1035	1047
Chingford Station	0519	0550	0621	0642	0703	0725	0745	0806	0827	0848	0909	0931	0952	1008	1021	1033	1046	1058
Stratford City Bus Station	1018	1030	1041	1052	1104	1116	1128	1140	1152	1204	1216	1228	1240	1252	1304	1316	1328	1340
Stratford International Station	1023	1035	1046	1057	1109	1121	1133	1145	1157	1209	1221	1233	1245	1257	1309	1321	1333	1345
Leyton Station	1029	1041	1052	1103	1115	1127	1139	1151	1203	1215	1227	1239	1252	1304	1316	1328	1340	1352
Leyton Green	1036	1048	1059	1110	1122	1135	1147	1159	1211	1223	1235	1248	1301	1313	1325	1337	1349	1401
Leyton Baker's Arms (High Rd. Leyton	1038	1050	1101	1112	1124	1137	1150	1202	1214	1226	1238	1251	1304	1316	1328	1340	1352	1404
Walthamstow Central Station Hoe St.	1043	1055	1106	1117	1129	1142	1155	1207	1220	1232	1244	1257	1310	1322	1334	1346	1359	1411
Walthamstow The Bell (Hoe Street)	1047	1059	1110	1122	1134	1147	1200	1212	1225	1238	1250	1303	1316	1328	1340	1352	1405	1417
Crooked Billet Roundabout Sth. Side	1051	1103	1115	1127	1139	1152	1205	1217	1230	1243	1255	1308	1321	1333	1345	1357	1410	1422
Chingford Mount Old Church Road	1059	1112	1124	1136	1149	1202	1215	1227	1240	1253	1306	1319	1332	1344	1356	1408	1421	1433
Chingford Station	1110	1123	1135	1147	1200	1213	1226	1239	1252	1305	1318	1331	1344	1356	1408	1420	1433	1445
Stratford City Bus Station	1352	1404	1416	1428	1440	1452	1504	1516	1528	1540	1552	1604	1616	1628	1640	1652	1704	1716
Stratford International Station	1357	1409	1421	1433	1445	1457	1509	1521	1533	1545	1557	1609	1621	1633	1646	1658	1710	1722
Leyton Station	1404	1416	1428	1440	1452	1504	1516	1528	1540	1552	1604	1616	1628	1640	1653	1705	1717	1729
Leyton Green	1413	1425	1437	1449	1501	1513	1525	1537	1549	1601	1613	1625	1637	1649	1702	1714	1726	1738
Leyton Baker's Arms (High Rd. Leyton	1416	1428	1440	1452	1504	1516	1528	1540	1552	1604	1616	1628	1640	1651	1704	1716	1728	1740
Walthamstow Central Station Hoe St.	1423	1435	1447	1459	1511	1523	1535	1547	1558	1610	1622	1634	1646	1657	1710	1722	1734	1746
Walthamstow The Bell (Hoe Street)	1429	1441	1453	1505	1517	1529	1541	1553	1604	1616	1628	1640	1652	1703	1716	1727	1739	1751
Crooked Billet Roundabout Sth. Side	1434	1446	1458	1510	1522	1534	1546	1558	1609	1621	1633	1644	1656	1707	1720	1731	1743	1755
Chingford Mount Old Church Road	1445	1457	1509	1520	1532	1544	1556	1608	1619	1631	1643	1654	1706	1717	1729	1740	1752	1804
Chingford Station	1457	1509	1521	1532	1544	1556	1608	1619	1630	1642	1654	1705	1717	1728	1740	1751	1803	1815
Stratford City Bus Station	1728	1740		1816	1828	1840	1852	1904	1916	1928	1940	1952	2004	2016	2028	2040	2052	2104
Stratford International Station	1734	1746		1822	1833	1845	1857	1909	1921	1933	1945	1957	2009	2021	2033	2045	2057	2109
Leyton Station	1741	1753	Then	1829	1840	1852	1904	1916	1928	1940	1952	2004	2016	2027	2039	2051	2103	2115
Leyton Green	1750	1802	every	1838	1849	1901	1912	1924	1936	1948	2000	2012	2023	2034	2046	2058	2109	2121
Leyton Baker's Arms (High Rd. Leyton	1752	1804	12	1840	1851	1903	1914	1926	1938	1950	2002	2014	2025	2036	2048	2100	2111	2123
Walthamstow Central Station Hoe St.	1758	1810	mins.	1846	1857	1909	1920	1932	1944	1956	2008	2019	2030	2041	2053	2105	2116	2128
Walthamstow The Bell (Hoe Street)	1803	1815	until	1851	1902	1914	1925	1937	1949	2001	2013	2024	2035	2046	2058	2110	2121	2133
Crooked Billet Roundabout Sth. Side	1807	1819		1855	1906	1918	1929	1941	1953	2004	2016	2027	2038	2049	2101	2113	2124	2136
Chingford Mount Old Church Road	1816	1828		1904	1915	1927	1938	1950	2002	2013	2025	2036	2047	2058	2110	2121	2132	2143
Chingford Station	1827	1838		1914	1925	1937	1948	1959	2011	2022	2034	2045	2056	2107	2119	2130	2141	2152
Stratford City Bus Station	2116	2128	2140	2152	2204	2216	2228	2240	2252	2304	2316	2328	2340	2352	0004	0016	0028	0040
Stratford International Station	2121	2133	2144	2156	2208	2220	2232	2244	2256	2308	2320	2332	2344	2356	0008	0020	0032	0044
Leyton Station	2127	2138	2149	2201	2213	2225	2237	2249	2301	2313	2325	2337	2349	0001	0013	0025	0037	0048
Leyton Green	2133	2144	2155	2207	2219	2231	2243	2255	2307	2319	2331	2343	2354	0006	0018	0030	0042	0053
Leyton Baker's Arms (High Rd. Leyton	2135	2146	2157	2209	2221	2233	2245	2257	2309	2321	2333	2344	2355	0007	0019	0031	0043	0054
Walthamstow Central Station Hoe St.	2140	2151	2202	2214	2226	2238	2250	2301	2313	2325	2337	2348	2359	0011	0023	0035	0047	0058
Walthamstow The Bell (Hoe Street)	2145	2156	2207	2219	2230	2242	2254	2305	2316	2328	2340	2351	0002	0014	0026	0038	0050	0101
Crooked Billet Roundabout Sth. Side	2148	2159	2210	2222	2233	2245	2257	2308	2319	2331	2343	2354	0005	0017	0029	0041	0053	0104
Chingford Mount Old Church Road	2155	2206	2217	2229	2240	2252	2304	2315	2326	2338	2349	0000	0011	0023	0034	0046	0058	0109
Chingford Station	2204	2215	2226	2238	2249	2301	2312	2323	2334	2346	2357	0008	0019	0031	0042	0054	0105	0116