

103		Mondays to Fridays																										
Chase Cross Chase Cross Road	0500	0520	0540	0600	0615	0628						1807	1820	1835	1850	1905	1920	1935	1950	2005	2020							
Eastern Avenue Pettits Lane	0505	0525	0545	0605	0621	0634						1813	1826	1840	1855	1910	1925	1940	1955	2009	2024							
Romford North Street Bus Garage	0507	0527	0547	0608	0624	0637						1817	1830	1844	1858	1913	1928	1943	1958	2012	2027							
Romford Market St Edward's Way	0509	0529	0549	0610	0626	0639						1821	1833	1847	1901	1916	1930	1945	2000	2014	2029							
Romford Station	0512	0532	0553	0614	0630	0643						1827	1839	1852	1906	1921	1935	1950	2004	2018	2033							
Becontree Heath Civic Cent. (Wood La.)	0519	0539	0600	0622	0638	0651						1839	1850	1903	1917	1931	1945	2000	2013	2026	2041							
Dagenham East Station	0525	0545	0607	0629	0645	0659						1847	1858	1911	1924	1938	1952	2006	2019	2032	2047							
South Hornchurch Newtons Corner	0528	0548	0610	0632	0648	0703						1851	1902	1915	1928	1942	1956	2010	2023	2036	2051							
Rainham Station Celtic Farm Road	0533	0553	0616	0639	0656	0711						1859	1910	1923	1936	1950	2004	2017	2030	2043	2058							
Chase Cross Chase Cross Road	2036	2056	2116	2136	2156	2216	2236	2256	2316	2336																		
Eastern Avenue Pettits Lane	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340																		
Romford North Street Bus Garage	2043	2103	2123	2143	2203	2222	2242	2302	2322	2342																		
Romford Market St Edward's Way	2045	2105	2125	2145	2205	2224	2244	2304	2324	2344																		
Romford Station	2049	2109	2129	2149	2209	2228	2248	2308	2328	2348																		
Becontree Heath Civic Cent. (Wood La.)	2057	2117	2137	2157	2217	2236	2256	2315	2335	2355																		
Dagenham East Station	2103	2123	2143	2203	2223	2242	2301	2320	2340	0000																		
South Hornchurch Newtons Corner	2107	2127	2147	2207	2227	2245	2304	2323	2343	0003																		
Rainham Station Celtic Farm Road	2114	2134	2154	2213	2233	2251	2310	2329	2349	0009																		
103		Saturdays (also Good Friday)																										
Chase Cross Chase Cross Road	0500	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820											1658	1709	1719	1729	1739		
Eastern Avenue Pettits Lane	0504	0524	0544	0604	0624	0644	0705	0725	0745	0805	0825											1704	1715	1725	1735	1745		
Romford North Street Bus Garage	0506	0526	0546	0606	0626	0646	0708	0728	0748	0808	0828											1708	1719	1729	1739	1749		
Romford Market St Edward's Way	0508	0528	0548	0608	0628	0648	0710	0730	0750	0810	0830											1711	1722	1732	1742	1752		
Romford Station	0511	0531	0551	0611	0631	0651	0713	0733	0753	0813	0834											1717	1728	1738	1748	1758		
Becontree Heath Civic Cent. (Wood La.)	0518	0538	0558	0618	0638	0658	0720	0740	0800	0820	0841											1727	1738	1748	1758	1808		
Dagenham East Station	0524	0544	0604	0624	0644	0704	0726	0746	0806	0826	0847											1734	1745	1755	1805	1815		
South Hornchurch Newtons Corner	0527	0547	0607	0627	0647	0707	0729	0749	0809	0830	0851											1738	1749	1759	1809	1819		
Rainham Station Celtic Farm Road	0532	0552	0612	0632	0652	0713	0735	0755	0815	0837	0858											1746	1757	1807	1817	1827		
Chase Cross Chase Cross Road	1754	1810	1825	1840	1855	1915	1935	1955	2016													2156	2216	2236	2256	2316	2336	
Eastern Avenue Pettits Lane	1800	1815	1830	1845	1900	1920	1940	2000	2020													2200	2220	2240	2300	2320	2340	
Romford North Street Bus Garage	1803	1818	1833	1848	1903	1923	1943	2003	2023													2203	2223	2242	2302	2322	2342	
Romford Market St Edward's Way	1806	1820	1835	1850	1905	1925	1945	2005	2025													2205	2225	2244	2304	2324	2344	
Romford Station	1811	1825	1840	1855	1910	1930	1950	2009	2029													2209	2229	2248	2308	2328	2348	
Becontree Heath Civic Cent. (Wood La.)	1820	1834	1849	1904	1919	1939	1959	2018	2037													2217	2237	2256	2315	2335	2355	
Dagenham East Station	1827	1841	1856	1911	1926	1946	2006	2024	2043													2223	2242	2301	2320	2340	0000	
South Hornchurch Newtons Corner	1831	1845	1900	1915	1930	1950	2010	2028	2047													2227	2245	2304	2323	2343	0003	
Rainham Station Celtic Farm Road	1839	1853	1908	1923	1938	1958	2017	2035	2054													2234	2251	2310	2329	2349	0009	
103		Sundays and other Public Holidays (except Christmas Day)																										
Chase Cross Chase Cross Road	0700	0730	0800	0829	0859	0927	0955	1025	1053													1233	1252			1632	1652	1712
Eastern Avenue Pettits Lane	0704	0734	0804	0833	0903	0932	1000	1030	1058													1238	1257			1637	1657	1717
Romford North Street Bus Garage	0707	0737	0807	0836	0906	0935	1004	1034	1102													1242	1301			1641	1701	1720
Romford Market St Edward's Way	0709	0739	0809	0838	0908	0937	1006	1036	1105													1245	1304			1644	1703	1722
Romford Station	0712	0742	0812	0842	0912	0941	1011	1041	1110													1250	1309			1649	1708	1727
Becontree Heath Civic Cent. (Wood La.)	0719	0749	0819	0849	0919	0949	1019	1049	1119													1259	1319			1659	1717	1736
Dagenham East Station	0724	0754	0824	0854	0925	0956	1026	1056	1126													1306	1326			1706	1724	1743
South Hornchurch Newtons Corner	0727	0757	0827	0857	0928	0959	1030	1100	1130													1310	1330			1710	1728	1747
Rainham Station Celtic Farm Road	0733	0803	0834	0904	0935	1006	1038	1108	1138													1318	1338			1718	1736	1755
Chase Cross Chase Cross Road	1732	1752	1812				2012	2033	2054	2115	2136															2336		
Eastern Avenue Pettits Lane	1737	1757	1816				2016	2037	2058	2119	2140															2340		
Romford North Street Bus Garage	1740	1800	1819				2019	2040	2101	2122	2142															2342		
Romford Market St Edward's Way	1742	1802	1821				2021	2042	2103	2124	2144															2344		
Romford Station	1747	1807	1825				2025	2046	2107	2128	2148															2348		
Becontree Heath Civic Cent. (Wood La.)	1756	1815	1833				2033	2054	2115	2135	2155															2355		
Dagenham East Station	1803	1821	1839				2039	2100	2120	2140	2200															0000		
South Hornchurch Newtons Corner	1807	1825	1843				2043	2103	2123	2143	2203															0003		
Rainham Station Celtic Farm Road	1814	1832	1850				2050	2109	2129	2149	2209															0009		

103 Mondays to Fridays																				
Rainham Station Celtic Farm Road	0500	0520	0540	0600	0615	0629				1838	1850	1905	1920	1935	1950	2010	2030	2051	2112	
South Hornchurch Newtons Corner	0506	0526	0547	0607	0622	0636				1847	1858	1913	1928	1942	1957	2017	2037	2058	2118	
Dagenham East Station	0510	0530	0551	0611	0627	0641				1852	1903	1918	1933	1947	2002	2021	2041	2102	2122	
Becontree Heath Civic Cent. (Wood La.)	0515	0535	0557	0617	0634	0648				1859	1910	1925	1940	1954	2009	2027	2047	2108	2128	
Romford Station	0522	0542	0604	0625	0643	0657				1910	1921	1936	1949	2003	2017	2035	2055	2115	2135	
Romford Market St Edward's Way	0525	0545	0607	0628	0646	0700				1913	1924	1939	1952	2006	2020	2038	2058	2118	2138	
Romford North Street (The Squire)	0529	0549	0611	0632	0650	0704				1918	1929	1943	1956	2010	2024	2042	2102	2122	2142	
Eastern Avenue Pettits Lane	0530	0550	0612	0633	0651	0706				1921	1932	1946	1959	2012	2026	2044	2104	2124	2144	
Chase Cross Chase Cross Road	0534	0554	0616	0637	0655	0711				1927	1938	1951	2004	2017	2031	2049	2109	2129	2149	
Rainham Station Celtic Farm Road	2133	2153	2213	2234	2254	2315	2335	2355	0015											
South Hornchurch Newtons Corner	2139	2159	2219	2240	2300	2320	2340	0000	0020											
Dagenham East Station	2143	2203	2223	2244	2304	2324	2344	0004	0024											
Becontree Heath Civic Cent. (Wood La.)	2149	2209	2229	2249	2309	2329	2349	0009	0029											
Romford Station	2155	2215	2236	2255	2315	2335	2355	0015	0035											
Romford Market St Edward's Way	2158	2218	2239	2258	2318	2338	2358	0018	0038											
Romford North Street (The Squire)	2202	2222	2243	2302	2322	2342	0002	0022	0042											
Eastern Avenue Pettits Lane	2204	2224	2244	2303	2323	2343	0003	0023	0043											
Chase Cross Chase Cross Road	2209	2229	2249	2308	2328	2348	0008	0028	0048											
103 Saturdays (also Good Friday)																				
Rainham Station Celtic Farm Road	0500		0720	0740	0800	0820	0840	0850				1717	1728	1739	1751	1806	1821	1836		
South Hornchurch Newtons Corner	0506		0726	0746	0806	0826	0846	0857				1725	1736	1747	1759	1813	1828	1843		
Dagenham East Station	0510	Then	0730	0750	0811	0831	0851	0902	Then			1730	1741	1752	1804	1818	1833	1848		
Becontree Heath Civic Cent. (Wood La.)	0515	every 20	0735	0756	0818	0838	0858	0909	about			1737	1748	1759	1811	1825	1840	1855		
Romford Station	0522	minutes	0742	0803	0825	0845	0906	0918	every 10			1747	1758	1809	1820	1834	1849	1904		
Romford Market St Edward's Way	0525	until	0745	0806	0828	0848	0909	0921	minutes			1751	1802	1812	1823	1837	1852	1907		
Romford North Street (The Squire)	0529		0749	0810	0832	0852	0913	0925	until			1756	1807	1817	1828	1842	1857	1912		
Eastern Avenue Pettits Lane	0530		0750	0811	0833	0853	0915	0927				1800	1810	1820	1831	1845	1900	1915		
Chase Cross Chase Cross Road	0534		0754	0815	0837	0858	0920	0932				1806	1816	1826	1837	1851	1906	1921		
Rainham Station Celtic Farm Road	1851	1911	1932	1952	2012	2033	2053	2113	2133	2153	2214	2235	2255	2315	2335	2355	0015			
South Hornchurch Newtons Corner	1858	1918	1939	1959	2018	2039	2059	2119	2139	2159	2220	2241	2301	2320	2340	0000	0020			
Dagenham East Station	1903	1923	1944	2004	2022	2043	2103	2123	2143	2203	2224	2245	2305	2324	2344	0004	0024			
Becontree Heath Civic Cent. (Wood La.)	1910	1930	1951	2010	2028	2049	2109	2129	2149	2209	2230	2250	2310	2329	2349	0009	0029			
Romford Station	1919	1939	2000	2018	2036	2057	2116	2136	2155	2215	2236	2256	2316	2335	2355	0015	0035			
Romford Market St Edward's Way	1922	1942	2003	2021	2039	2100	2119	2139	2158	2218	2239	2259	2319	2338	2358	0018	0038			
Romford North Street (The Squire)	1927	1947	2007	2025	2043	2104	2123	2143	2202	2222	2243	2303	2323	2342	0002	0022	0042			
Eastern Avenue Pettits Lane	1930	1950	2009	2027	2045	2106	2125	2145	2204	2224	2244	2304	2324	2343	0003	0023	0043			
Chase Cross Chase Cross Road	1936	1956	2015	2033	2051	2111	2130	2150	2209	2229	2249	2309	2329	2348	0008	0028	0048			
103 Sundays and other Public Holidays (except Christmas Day)																				
Rainham Station Celtic Farm Road	0715	0745	0815	0843	0910	0939	0958	1017	1035			1615	1635	1655	1715	1735	1755	1815		
South Hornchurch Newtons Corner	0721	0751	0821	0849	0917	0946	1005	1024	1042			1622	1642	1702	1722	1742	1802	1822		
Dagenham East Station	0725	0755	0825	0854	0922	0951	1010	1029	1047	Then		1627	1647	1707	1727	1747	1807	1826		
Becontree Heath Civic Cent. (Wood La.)	0731	0801	0831	0900	0929	0958	1017	1036	1054	every 20		1634	1654	1714	1734	1754	1813	1832		
Romford Station	0738	0808	0838	0907	0936	1006	1026	1045	1103	minutes		1643	1703	1722	1742	1802	1821	1840		
Romford Market St Edward's Way	0741	0811	0841	0910	0939	1009	1029	1048	1107	until		1647	1706	1725	1745	1805	1824	1843		
Romford North Street (The Squire)	0745	0815	0845	0914	0943	1013	1033	1053	1112			1652	1711	1730	1750	1809	1828	1847		
Eastern Avenue Pettits Lane	0746	0816	0846	0915	0945	1015	1035	1055	1114			1654	1713	1732	1752	1811	1830	1849		
Chase Cross Chase Cross Road	0750	0820	0850	0920	0950	1020	1040	1100	1120			1700	1719	1738	1758	1816	1835	1854		
Rainham Station Celtic Farm Road	1835	1855	1915	1935	1955	2015	2035	2055				0015								
South Hornchurch Newtons Corner	1842	1902	1922	1942	2002	2021	2041	2100				0020								
Dagenham East Station	1846	1906	1926	1946	2006	2025	2045	2104	Then			0024								
Becontree Heath Civic Cent. (Wood La.)	1852	1912	1932	1952	2012	2031	2050	2109	every 20			0029								
Romford Station	1900	1920	1940	2000	2019	2038	2056	2115	minutes			0035								
Romford Market St Edward's Way	1903	1923	1943	2003	2022	2041	2059	2118	until			0038								
Romford North Street (The Squire)	1907	1927	1947	2007	2026	2045	2103	2122				0042								
Eastern Avenue Pettits Lane	1909	1929	1949	2009	2028	2046	2104	2123				0043								
Chase Cross Chase Cross Road	1914	1934	1954	2014	2033	2051	2109	2128				0048								