

103		Mondays to Fridays (except summer holidays)																
Chase Cross Chase Cross Road	0500	0520	0540	0600	0615	0628	0637	0646	0654	0701	0709	0717	0725	0733	0742	0752	0802	0812
Eastern Avenue Pettits Lane	0505	0525	0545	0605	0621	0634	0643	0652	0700	0709	0717	0725	0733	0742	0751	0801	0811	0821
Romford North Street Bus Garage	0507	0527	0547	0608	0624	0637	0646	0655	0704	0713	0721	0729	0738	0747	0757	0807	0817	0827
Romford Market St Edward's Way	0509	0529	0549	0610	0626	0639	0648	0657	0707	0716	0724	0733	0742	0751	0801	0811	0821	0831
Romford Station	0512	0532	0553	0614	0630	0643	0652	0702	0712	0721	0729	0739	0748	0757	0807	0817	0827	0837
Becontree Heath Civic Cent. (Wood La.)	0519	0539	0600	0622	0638	0651	0701	0711	0721	0730	0740	0750	0800	0810	0820	0830	0840	0850
Dagenham East Station	0525	0545	0607	0629	0645	0659	0709	0719	0729	0739	0749	0759	0809	0819	0829	0839	0849	0859
South Hornchurch Newtons Corner	0528	0548	0610	0632	0648	0703	0713	0723	0733	0744	0754	0804	0814	0824	0834	0844	0854	0904
Rainham Station Celtic Farm Road	0533	0553	0616	0639	0656	0711	0721	0731	0741	0752	0802	0812	0822	0832	0842	0852	0902	0912
Chase Cross Chase Cross Road	0822	0832	0842	0852	0902	0912	0922	0932	Then every 10 minutes until	1402	1412	1422	1431	1441	1449	1457	1507	
Eastern Avenue Pettits Lane	0831	0841	0851	0901	0911	0920	0928	0938		1408	1418	1428	1437	1447	1455	1503	1513	
Romford North Street Bus Garage	0837	0847	0857	0907	0917	0924	0932	0941		1411	1421	1431	1440	1450	1458	1507	1517	
Romford Market St Edward's Way	0841	0851	0901	0911	0920	0927	0935	0944		1414	1424	1434	1443	1453	1501	1511	1521	
Romford Station	0847	0857	0907	0917	0926	0933	0941	0950		1420	1430	1440	1449	1459	1507	1517	1527	
Becontree Heath Civic Cent. (Wood La.)	0900	0910	0919	0928	0936	0943	0951	1000		1430	1440	1450	1459	1509	1519	1529	1539	
Dagenham East Station	0909	0918	0926	0935	0943	0950	0958	1007		1437	1448	1459	1509	1519	1529	1539	1549	
South Hornchurch Newtons Corner	0914	0922	0930	0939	0947	0954	1002	1011		1441	1452	1503	1514	1524	1534	1544	1554	
Rainham Station Celtic Farm Road	0921	0929	0937	0946	0954	1001	1009	1018	1448	1459	1511	1522	1532	1542	1552	1602		
Chase Cross Chase Cross Road	1517	Then every 10 minutes until	1747	1757	1807	1820	1835	1850	1905	1920	1935	1950	2005	2020	2036	2056	2116	
Eastern Avenue Pettits Lane	1523		1753	1803	1813	1826	1840	1855	1910	1925	1940	1955	2009	2024	2040	2100	2120	
Romford North Street Bus Garage	1527		1757	1807	1817	1830	1844	1858	1913	1928	1943	1958	2012	2027	2043	2103	2123	
Romford Market St Edward's Way	1531		1801	1811	1821	1833	1847	1901	1916	1930	1945	2000	2014	2029	2045	2105	2125	
Romford Station	1537		1807	1817	1827	1839	1852	1906	1921	1935	1950	2004	2018	2033	2049	2109	2129	
Becontree Heath Civic Cent. (Wood La.)	1549		1819	1829	1839	1850	1903	1917	1931	1945	2000	2013	2026	2041	2057	2117	2137	
Dagenham East Station	1559		1829	1839	1847	1858	1911	1924	1938	1952	2006	2019	2032	2047	2103	2123	2143	
South Hornchurch Newtons Corner	1604		1834	1843	1851	1902	1915	1928	1942	1956	2010	2023	2036	2051	2107	2127	2147	
Rainham Station Celtic Farm Road	1612	1842	1851	1859	1910	1923	1936	1950	2004	2017	2030	2043	2058	2114	2134	2154		
Chase Cross Chase Cross Road	2136	2156	2216	2236	2256	2316	2336											
Eastern Avenue Pettits Lane	2140	2200	2220	2240	2300	2320	2340											
Romford North Street Bus Garage	2143	2203	2222	2242	2302	2322	2342											
Romford Market St Edward's Way	2145	2205	2224	2244	2304	2324	2344											
Romford Station	2149	2209	2228	2248	2308	2328	2348											
Becontree Heath Civic Cent. (Wood La.)	2157	2217	2236	2256	2315	2335	2355											
Dagenham East Station	2203	2223	2242	2301	2320	2340	0000											
South Hornchurch Newtons Corner	2207	2227	2245	2304	2323	2343	0003											
Rainham Station Celtic Farm Road	2213	2233	2251	2310	2329	2349	0009											

103	Mondays to Fridays (Summer school holidays)																	
Chase Cross Chase Cross Road	0500	0520	0540	0600	0615	0628	0638	0647	0656	0704	0713	0721	Then every 10 minutes until	0811	0821	0831	0841	
Eastern Avenue Pettits Lane	0505	0525	0545	0605	0621	0634	0644	0653	0702	0710	0719	0727		0817	0827	0837	0847	
Romford North Street Bus Garage	0507	0527	0547	0608	0624	0637	0647	0656	0705	0713	0722	0730		0820	0830	0840	0850	
Romford Market St Edward's Way	0509	0529	0549	0610	0626	0639	0649	0658	0707	0715	0724	0732		0822	0832	0842	0852	
Romford Station	0512	0532	0553	0614	0630	0643	0653	0702	0712	0720	0729	0738		0828	0838	0848	0858	
Becontree Heath Civic Cent. (Wood La.)	0519	0539	0600	0622	0638	0651	0701	0711	0721	0730	0739	0749		0839	0849	0859	0908	
Dagenham East Station	0525	0545	0607	0629	0645	0658	0708	0718	0728	0738	0748	0758		0848	0858	0907	0916	
South Hornchurch Newtons Corner	0528	0548	0610	0632	0648	0702	0712	0722	0732	0742	0753	0803		0853	0902	0911	0920	
Rainham Station Celtic Farm Road	0533	0553	0616	0638	0655	0709	0720	0730	0740	0750	0801	0811	0901	0909	0918	0927		
Chase Cross Chase Cross Road	0851	0900	0910	0920	0930	0940	Then every 9 minutes until	1034	1044	1053	1103	1112	Then every 10 minutes until	1402	1411	1421		
Eastern Avenue Pettits Lane	0857	0906	0916	0926	0936	0946		1040	1050	1059	1109	1118		1408	1417	1427		
Romford North Street Bus Garage	0900	0909	0919	0929	0939	0949		1043	1053	1102	1112	1121		1411	1420	1430		
Romford Market St Edward's Way	0902	0911	0921	0931	0941	0951		1045	1055	1104	1114	1123		1413	1422	1432		
Romford Station	0908	0917	0926	0936	0946	0956		1050	1100	1110	1120	1129		1419	1428	1438		
Becontree Heath Civic Cent. (Wood La.)	0918	0926	0935	0945	0955	1005		1059	1109	1119	1129	1139		1429	1438	1448		
Dagenham East Station	0925	0933	0942	0952	1002	1012		1106	1116	1126	1136	1146		1436	1446	1456		
South Hornchurch Newtons Corner	0929	0937	0946	0956	1006	1016		1110	1120	1130	1140	1150		1440	1450	1500		
Rainham Station Celtic Farm Road	0936	0944	0953	1003	1013	1023	1117	1127	1137	1147	1157	1447	1457	1507				
Chase Cross Chase Cross Road	1431	1440	1449	1458	1508	1518	1527	1537	1546	1556	1605	1615	1625	1635	1644	1654	1704	1714
Eastern Avenue Pettits Lane	1437	1446	1455	1504	1514	1524	1533	1543	1552	1602	1611	1621	1631	1641	1650	1700	1710	1720
Romford North Street Bus Garage	1440	1449	1458	1507	1517	1527	1536	1546	1555	1605	1614	1624	1634	1644	1653	1703	1713	1723
Romford Market St Edward's Way	1442	1451	1500	1509	1519	1529	1538	1548	1557	1607	1617	1627	1637	1647	1656	1706	1716	1726
Romford Station	1448	1457	1506	1515	1525	1535	1544	1554	1603	1613	1623	1633	1643	1653	1702	1712	1722	1732
Becontree Heath Civic Cent. (Wood La.)	1458	1507	1516	1526	1536	1546	1555	1605	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745
Dagenham East Station	1506	1515	1524	1534	1544	1554	1604	1614	1624	1634	1644	1654	1704	1714	1724	1734	1744	1754
South Hornchurch Newtons Corner	1510	1520	1529	1539	1549	1559	1609	1619	1629	1639	1649	1659	1709	1719	1729	1739	1749	1759
Rainham Station Celtic Farm Road	1517	1527	1537	1547	1557	1607	1617	1627	1637	1647	1657	1707	1717	1727	1737	1747	1757	1807
Chase Cross Chase Cross Road	1724	1735	1746	1757	1807	1820	1835	1850	1905	1920	1935	1950	2005	2020	2036	2056	2116	2136
Eastern Avenue Pettits Lane	1730	1741	1752	1803	1813	1826	1840	1855	1910	1925	1940	1955	2009	2024	2040	2100	2120	2140
Romford North Street Bus Garage	1733	1744	1755	1806	1816	1829	1843	1858	1913	1928	1943	1958	2012	2027	2043	2103	2123	2143
Romford Market St Edward's Way	1736	1747	1758	1809	1819	1832	1846	1901	1916	1930	1945	2000	2014	2029	2045	2105	2125	2145
Romford Station	1742	1753	1804	1815	1825	1837	1851	1906	1921	1935	1950	2004	2018	2033	2049	2109	2129	2149
Becontree Heath Civic Cent. (Wood La.)	1755	1805	1816	1827	1836	1848	1902	1917	1931	1945	2000	2013	2026	2041	2057	2117	2137	2157
Dagenham East Station	1803	1813	1824	1835	1844	1856	1910	1924	1938	1952	2006	2019	2032	2047	2103	2123	2143	2203
South Hornchurch Newtons Corner	1808	1818	1829	1839	1848	1900	1914	1928	1942	1956	2010	2023	2036	2051	2107	2127	2147	2207
Rainham Station Celtic Farm Road	1816	1826	1836	1846	1855	1907	1921	1935	1949	2003	2017	2030	2043	2058	2114	2134	2154	2213
Chase Cross Chase Cross Road	2156	2216	2236	2256	2316	2336												
Eastern Avenue Pettits Lane	2200	2220	2240	2300	2320	2340												
Romford North Street Bus Garage	2203	2222	2242	2302	2322	2342												
Romford Market St Edward's Way	2205	2224	2244	2304	2324	2344												
Romford Station	2209	2228	2248	2308	2328	2348												
Becontree Heath Civic Cent. (Wood La.)	2217	2236	2256	2315	2335	2355												
Dagenham East Station	2223	2242	2301	2320	2340	0000												
South Hornchurch Newtons Corner	2227	2245	2304	2323	2343	0003												
Rainham Station Celtic Farm Road	2233	2251	2310	2329	2349	0009												

103		Saturdays (also Good Friday)																	
Chase Cross Chase Cross Road	0500	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820	0830	0840	0849	0859	0908	0918	0928	
Eastern Avenue Pettits Lane	0504	0524	0544	0604	0624	0644	0705	0725	0745	0805	0825	0835	0845	0854	0904	0914	0924	0934	
Romford North Street Bus Garage	0506	0526	0546	0606	0626	0646	0708	0728	0748	0808	0828	0838	0848	0857	0907	0917	0927	0937	
Romford Market St Edward's Way	0508	0528	0548	0608	0628	0648	0710	0730	0750	0810	0830	0840	0850	0859	0909	0919	0929	0939	
Romford Station	0511	0531	0551	0611	0631	0651	0713	0733	0753	0813	0834	0844	0854	0903	0913	0923	0933	0943	
Becontree Heath Civic Cent. (Wood La.)	0518	0538	0558	0618	0638	0658	0720	0740	0800	0820	0841	0851	0901	0911	0921	0931	0941	0951	
Dagenham East Station	0524	0544	0604	0624	0644	0704	0726	0746	0806	0826	0847	0857	0907	0917	0927	0937	0947	0957	
South Hornchurch Newtons Corner	0527	0547	0607	0627	0647	0707	0729	0749	0809	0830	0851	0901	0911	0921	0931	0941	0951	1001	
Rainham Station Celtic Farm Road	0532	0552	0612	0632	0652	0713	0735	0755	0815	0837	0858	0908	0918	0928	0938	0948	0958	1008	
Chase Cross Chase Cross Road	0937	0945	0953	1002	1012	1022	1031	1039	1048	Then every 10 minutes until	1558	1608	1618	1628	1638	1648	1658		
Eastern Avenue Pettits Lane	0943	0951	0959	1009	1019	1029	1038	1046	1055		1605	1614	1624	1634	1644	1654	1704		
Romford North Street Bus Garage	0946	0954	1003	1013	1023	1033	1042	1050	1059		1609	1618	1628	1638	1648	1658	1708		
Romford Market St Edward's Way	0948	0956	1006	1016	1026	1036	1045	1053	1102		1612	1621	1631	1641	1651	1701	1711		
Romford Station	0952	1000	1011	1021	1031	1041	1050	1059	1108		1618	1627	1637	1647	1657	1707	1717		
Becontree Heath Civic Cent. (Wood La.)	1000	1009	1020	1030	1040	1050	1059	1109	1119		1629	1638	1648	1658	1708	1717	1727		
Dagenham East Station	1007	1016	1027	1037	1047	1057	1107	1117	1127		1637	1646	1656	1706	1715	1724	1734		
South Hornchurch Newtons Corner	1011	1020	1031	1041	1051	1101	1111	1121	1131		1641	1650	1700	1710	1719	1728	1738		
Rainham Station Celtic Farm Road	1018	1028	1039	1049	1059	1109	1119	1129	1139	1649	1658	1708	1718	1727	1736	1746			
Chase Cross Chase Cross Road	1709	1719	1729	1739	1754	1810	1825	1840	1855	1915	1935	1955	2016	Then every 20 minutes until	2156	2216	2236		
Eastern Avenue Pettits Lane	1715	1725	1735	1745	1800	1815	1830	1845	1900	1920	1940	2000	2020		2200	2220	2240		
Romford North Street Bus Garage	1719	1729	1739	1749	1803	1818	1833	1848	1903	1923	1943	2003	2023		2203	2223	2242		
Romford Market St Edward's Way	1722	1732	1742	1752	1806	1820	1835	1850	1905	1925	1945	2005	2025		2205	2225	2244		
Romford Station	1728	1738	1748	1758	1811	1825	1840	1855	1910	1930	1950	2009	2029		2209	2229	2248		
Becontree Heath Civic Cent. (Wood La.)	1738	1748	1758	1808	1820	1834	1849	1904	1919	1939	1959	2018	2037		2217	2237	2256		
Dagenham East Station	1745	1755	1805	1815	1827	1841	1856	1911	1926	1946	2006	2024	2043		2223	2242	2301		
South Hornchurch Newtons Corner	1749	1759	1809	1819	1831	1845	1900	1915	1930	1950	2010	2028	2047		2227	2245	2304		
Rainham Station Celtic Farm Road	1757	1807	1817	1827	1839	1853	1908	1923	1938	1958	2017	2035	2054	2234	2251	2310			
Chase Cross Chase Cross Road	2256	2316	2336																
Eastern Avenue Pettits Lane	2300	2320	2340																
Romford North Street Bus Garage	2302	2322	2342																
Romford Market St Edward's Way	2304	2324	2344																
Romford Station	2308	2328	2348																
Becontree Heath Civic Cent. (Wood La.)	2315	2335	2355																
Dagenham East Station	2320	2340	0000																
South Hornchurch Newtons Corner	2323	2343	0003																
Rainham Station Celtic Farm Road	2329	2349	0009																
103		Sundays and other Public Holidays (except Christmas Day)																	
Chase Cross Chase Cross Road	0700	0730	0800	0829	0859	0927	0955	1025	1053	Then every 20 minutes until	1233	1252	Then every 20 minutes until	1632	1652	1712			
Eastern Avenue Pettits Lane	0704	0734	0804	0833	0903	0932	1000	1030	1058		1238	1257		1637	1657	1717			
Romford North Street Bus Garage	0707	0737	0807	0836	0906	0935	1004	1034	1102		1242	1301		1641	1701	1720			
Romford Market St Edward's Way	0709	0739	0809	0838	0908	0937	1006	1036	1105		1245	1304		1644	1703	1722			
Romford Station	0712	0742	0812	0842	0912	0941	1011	1041	1110		1250	1309		1649	1708	1727			
Becontree Heath Civic Cent. (Wood La.)	0719	0749	0819	0849	0919	0949	1019	1049	1119		1259	1319		1659	1717	1736			
Dagenham East Station	0724	0754	0824	0854	0925	0956	1026	1056	1126		1306	1326		1706	1724	1743			
South Hornchurch Newtons Corner	0727	0757	0827	0857	0928	0959	1030	1100	1130		1310	1330		1710	1728	1747			
Rainham Station Celtic Farm Road	0733	0803	0834	0904	0935	1006	1038	1108	1138	1318	1338	1718	1736	1755					
Chase Cross Chase Cross Road	1732	1752	1812	Then every 20 minutes until	2012	2033	2054	2115	2136	Then every 20 minutes until	2336								
Eastern Avenue Pettits Lane	1737	1757	1816		2016	2037	2058	2119	2140		2340								
Romford North Street Bus Garage	1740	1800	1819		2019	2040	2101	2122	2142		2342								
Romford Market St Edward's Way	1742	1802	1821		2021	2042	2103	2124	2144		2344								
Romford Station	1747	1807	1825		2025	2046	2107	2128	2148		2348								
Becontree Heath Civic Cent. (Wood La.)	1756	1815	1833		2033	2054	2115	2135	2155		2355								
Dagenham East Station	1803	1821	1839		2039	2100	2120	2140	2200		0000								
South Hornchurch Newtons Corner	1807	1825	1843		2043	2103	2123	2143	2203		0003								
Rainham Station Celtic Farm Road	1814	1832	1850	2050	2109	2129	2149	2209	0009										

103		Mondays to Fridays (except summer holidays)																
Rainham Station Celtic Farm Road	0500	0520	0540	0600	0615	0629	0638	0646	0654	0702	0710	0718	0726	0735	Then every 10 minutes until	0845	0855	
South Hornchurch Newtons Corner	0506	0526	0547	0607	0622	0636	0645	0653	0701	0710	0718	0726	0734	0744		0854	0904	
Dagenham East Station	0510	0530	0551	0611	0627	0641	0650	0658	0708	0717	0725	0733	0743	0753		0903	0913	
Becontree Heath Civic Cent. (Wood La.)	0515	0535	0557	0617	0634	0648	0657	0705	0716	0725	0733	0743	0753	0803		0913	0923	
Romford Station	0522	0542	0604	0625	0643	0657	0706	0715	0726	0735	0745	0755	0805	0815		0925	0933	
Romford Market St Edward's Way	0525	0545	0607	0628	0646	0700	0709	0718	0729	0739	0749	0759	0809	0819		0929	0937	
Romford North Street (The Squire)	0529	0549	0611	0632	0650	0704	0714	0723	0734	0744	0754	0804	0814	0824		0934	0942	
Eastern Avenue Pettits Lane	0530	0550	0612	0633	0651	0706	0716	0725	0736	0746	0756	0806	0816	0826	0936	0944		
Chase Cross Chase Cross Road	0534	0554	0616	0637	0655	0711	0721	0731	0742	0752	0802	0812	0822	0832	0942	0950		
Rainham Station Celtic Farm Road	0905	0915	0925	Then every 10 minutes until	1345	1355	1405	1415	1425	1435	1443	1451	1459	1508	Then every 10 minutes until	1728		
South Hornchurch Newtons Corner	0914	0923	0932		1352	1402	1412	1422	1432	1442	1451	1459	1508	1518		1738		
Dagenham East Station	0923	0930	0937		1357	1407	1417	1427	1437	1447	1456	1504	1514	1524		1744		
Becontree Heath Civic Cent. (Wood La.)	0931	0938	0945		1405	1415	1425	1435	1445	1455	1504	1513	1523	1533		1753		
Romford Station	0941	0948	0955		1415	1425	1435	1445	1456	1506	1516	1526	1536	1546		1806		
Romford Market St Edward's Way	0945	0952	0959		1419	1429	1439	1449	1500	1510	1520	1530	1540	1550		1810		
Romford North Street (The Squire)	0950	0957	1004		1424	1434	1444	1454	1505	1515	1525	1535	1545	1555		1815		
Eastern Avenue Pettits Lane	0952	0959	1006	1426	1437	1448	1458	1510	1520	1530	1540	1550	1600	1820				
Chase Cross Chase Cross Road	0958	1005	1012	1432	1443	1454	1505	1517	1527	1537	1547	1557	1607	1827				
Rainham Station Celtic Farm Road	1738	1748	1758	1808	1818	1828	1838	1850	1905	1920	1935	1950	2010	2030	2051	2112	2133	2153
South Hornchurch Newtons Corner	1748	1758	1808	1818	1828	1837	1847	1858	1913	1928	1942	1957	2017	2037	2058	2118	2139	2159
Dagenham East Station	1754	1804	1814	1824	1834	1842	1852	1903	1918	1933	1947	2002	2021	2041	2102	2122	2143	2203
Becontree Heath Civic Cent. (Wood La.)	1803	1813	1823	1833	1841	1849	1859	1910	1925	1940	1954	2009	2027	2047	2108	2128	2149	2209
Romford Station	1816	1826	1836	1844	1852	1900	1910	1921	1936	1949	2003	2017	2035	2055	2115	2135	2155	2215
Romford Market St Edward's Way	1820	1830	1839	1847	1855	1903	1913	1924	1939	1952	2006	2020	2038	2058	2118	2138	2158	2218
Romford North Street (The Squire)	1825	1835	1844	1852	1900	1908	1918	1929	1943	1956	2010	2024	2042	2102	2122	2142	2202	2222
Eastern Avenue Pettits Lane	1830	1838	1847	1855	1903	1911	1921	1932	1946	1959	2012	2026	2044	2104	2124	2144	2204	2224
Chase Cross Chase Cross Road	1836	1844	1853	1901	1909	1917	1927	1938	1951	2004	2017	2031	2049	2109	2129	2149	2209	2229
Rainham Station Celtic Farm Road	2213	2234	2254	2315	2335	2355	0015											
South Hornchurch Newtons Corner	2219	2240	2300	2320	2340	0000	0020											
Dagenham East Station	2223	2244	2304	2324	2344	0004	0024											
Becontree Heath Civic Cent. (Wood La.)	2229	2249	2309	2329	2349	0009	0029											
Romford Station	2236	2255	2315	2335	2355	0015	0035											
Romford Market St Edward's Way	2239	2258	2318	2338	2358	0018	0038											
Romford North Street (The Squire)	2243	2302	2322	2342	0002	0022	0042											
Eastern Avenue Pettits Lane	2244	2303	2323	2343	0003	0023	0043											
Chase Cross Chase Cross Road	2249	2308	2328	2348	0008	0028	0048											

103		Saturdays (also Good Friday)																
Rainham Station Celtic Farm Road	0500		0720	0740	0800	0820	0840	0850	0900	0910	0920	0929	0938	0947	0957	1007	1017	
South Hornchurch Newtons Corner	0506		0726	0746	0806	0826	0846	0857	0907	0917	0927	0936	0945	0954	1004	1014	1024	
Dagenham East Station	0510	Then	0730	0750	0811	0831	0851	0902	0912	0922	0932	0941	0950	0959	1009	1019	1029	
Becontree Heath Civic Cent. (Wood La.)	0515	every 20	0735	0756	0818	0838	0858	0909	0919	0929	0939	0948	0957	1007	1017	1027	1037	
Romford Station	0522	minutes	0742	0803	0825	0845	0906	0918	0928	0938	0948	0957	1007	1017	1027	1037	1047	
Romford Market St Edward's Way	0525	until	0745	0806	0828	0848	0909	0921	0931	0941	0951	1001	1011	1021	1031	1041	1051	
Romford North Street (The Squire)	0529		0749	0810	0832	0852	0913	0925	0935	0945	0955	1005	1015	1025	1035	1045	1055	
Eastern Avenue Pettits Lane	0530		0750	0811	0833	0853	0915	0927	0937	0947	0957	1008	1018	1028	1038	1048	1058	
Chase Cross Chase Cross Road	0534		0754	0815	0837	0858	0920	0932	0942	0952	1003	1014	1024	1034	1044	1054	1104	
Rainham Station Celtic Farm Road	1027	1037	1047	1057	1107			1537	1547			1637	1647	1657	1707	1717	1728	1739
South Hornchurch Newtons Corner	1034	1044	1054	1104	1115			1545	1555			1645	1655	1705	1715	1725	1736	1747
Dagenham East Station	1039	1049	1059	1109	1120	Then		1550	1600	Then		1650	1700	1710	1720	1730	1741	1752
Becontree Heath Civic Cent. (Wood La.)	1047	1057	1107	1117	1128	every 10		1558	1608	every 10		1658	1707	1717	1727	1737	1748	1759
Romford Station	1057	1107	1119	1129	1140	minutes		1610	1619	minutes		1709	1718	1728	1737	1747	1758	1809
Romford Market St Edward's Way	1101	1112	1123	1133	1144	until		1614	1623	until		1713	1722	1732	1741	1751	1802	1812
Romford North Street (The Squire)	1106	1117	1128	1138	1149			1619	1628			1718	1727	1737	1746	1756	1807	1817
Eastern Avenue Pettits Lane	1110	1121	1132	1142	1153			1623	1632			1722	1731	1741	1750	1800	1810	1820
Chase Cross Chase Cross Road	1116	1127	1138	1148	1159			1629	1638			1728	1737	1747	1756	1806	1816	1826
Rainham Station Celtic Farm Road	1751	1806	1821	1836	1851	1911	1932	1952	2012	2033	2053	2113	2133	2153	2214	2235	2255	2315
South Hornchurch Newtons Corner	1759	1813	1828	1843	1858	1918	1939	1959	2018	2039	2059	2119	2139	2159	2220	2241	2301	2320
Dagenham East Station	1804	1818	1833	1848	1903	1923	1944	2004	2022	2043	2103	2123	2143	2203	2224	2245	2305	2324
Becontree Heath Civic Cent. (Wood La.)	1811	1825	1840	1855	1910	1930	1951	2010	2028	2049	2109	2129	2149	2209	2230	2250	2310	2329
Romford Station	1820	1834	1849	1904	1919	1939	2000	2018	2036	2057	2116	2136	2155	2215	2236	2256	2316	2335
Romford Market St Edward's Way	1823	1837	1852	1907	1922	1942	2003	2021	2039	2100	2119	2139	2158	2218	2239	2259	2319	2338
Romford North Street (The Squire)	1828	1842	1857	1912	1927	1947	2007	2025	2043	2104	2123	2143	2202	2222	2243	2303	2323	2342
Eastern Avenue Pettits Lane	1831	1845	1900	1915	1930	1950	2009	2027	2045	2106	2125	2145	2204	2224	2244	2304	2324	2343
Chase Cross Chase Cross Road	1837	1851	1906	1921	1936	1956	2015	2033	2051	2111	2130	2150	2209	2229	2249	2309	2329	2348
Rainham Station Celtic Farm Road	2335	2355	0015															
South Hornchurch Newtons Corner	2340	0000	0020															
Dagenham East Station	2344	0004	0024															
Becontree Heath Civic Cent. (Wood La.)	2349	0009	0029															
Romford Station	2355	0015	0035															
Romford Market St Edward's Way	2358	0018	0038															
Romford North Street (The Squire)	0002	0022	0042															
Eastern Avenue Pettits Lane	0003	0023	0043															
Chase Cross Chase Cross Road	0008	0028	0048															
103		Sundays and other Public Holidays (except Christmas Day)																
Rainham Station Celtic Farm Road	0715	0745	0815	0843	0910	0939	0958	1017	1035			1615	1635	1655	1715	1735	1755	1815
South Hornchurch Newtons Corner	0721	0751	0821	0849	0917	0946	1005	1024	1042			1622	1642	1702	1722	1742	1802	1822
Dagenham East Station	0725	0755	0825	0854	0922	0951	1010	1029	1047	Then		1627	1647	1707	1727	1747	1807	1826
Becontree Heath Civic Cent. (Wood La.)	0731	0801	0831	0900	0929	0958	1017	1036	1054	every 20		1634	1654	1714	1734	1754	1813	1832
Romford Station	0738	0808	0838	0907	0936	1006	1026	1045	1103	minutes		1643	1703	1722	1742	1802	1821	1840
Romford Market St Edward's Way	0741	0811	0841	0910	0939	1009	1029	1048	1107	until		1647	1706	1725	1745	1805	1824	1843
Romford North Street (The Squire)	0745	0815	0845	0914	0943	1013	1033	1053	1112			1652	1711	1730	1750	1809	1828	1847
Eastern Avenue Pettits Lane	0746	0816	0846	0915	0945	1015	1035	1055	1114			1654	1713	1732	1752	1811	1830	1849
Chase Cross Chase Cross Road	0750	0820	0850	0920	0950	1020	1040	1100	1120			1700	1719	1738	1758	1816	1835	1854
Rainham Station Celtic Farm Road	1835	1855	1915	1935	1955	2015	2035	2055				0015						
South Hornchurch Newtons Corner	1842	1902	1922	1942	2002	2021	2041	2100				0020						
Dagenham East Station	1846	1906	1926	1946	2006	2025	2045	2104	Then			0024						
Becontree Heath Civic Cent. (Wood La.)	1852	1912	1932	1952	2012	2031	2050	2109	every 20			0029						
Romford Station	1900	1920	1940	2000	2019	2038	2056	2115	minutes			0035						
Romford Market St Edward's Way	1903	1923	1943	2003	2022	2041	2059	2118	until			0038						
Romford North Street (The Squire)	1907	1927	1947	2007	2026	2045	2103	2122				0042						
Eastern Avenue Pettits Lane	1909	1929	1949	2009	2028	2046	2104	2123				0043						
Chase Cross Chase Cross Road	1914	1934	1954	2014	2033	2051	2109	2128				0048						