

103	Mondays to Fridays																	
Chase Cross Chase Cross Road	0500	0520	0540	0600	0615	0630	0640	0649	0657	0705	0712	0720	0728	0736	0744	0754	0805	0815
Eastern Avenue Pettits Lane	0505	0525	0545	0605	0621	0636	0646	0655	0704	0713	0720	0728	0736	0744	0753	0803	0814	0824
Romford North Street Bus Garage	0507	0527	0547	0608	0624	0639	0649	0658	0707	0717	0724	0732	0740	0749	0759	0809	0820	0830
Romford Market St Edward's Way	0509	0529	0549	0610	0626	0641	0651	0700	0710	0720	0727	0735	0744	0753	0803	0813	0824	0834
Romford Station	0512	0532	0553	0614	0630	0645	0655	0705	0715	0725	0732	0741	0750	0759	0809	0819	0829	0839
Becontree Heath Civic Cent. (Wood La.)	0519	0539	0600	0622	0638	0653	0703	0714	0724	0734	0742	0752	0802	0812	0822	0832	0842	0852
Dagenham East Station	0525	0545	0607	0629	0645	0700	0711	0722	0732	0742	0751	0801	0811	0821	0831	0841	0851	0901
South Hornchurch Newtons Corner	0528	0548	0610	0632	0648	0704	0715	0726	0736	0746	0756	0806	0816	0826	0836	0846	0856	0906
Rainham Station Celtic Farm Road	0533	0553	0616	0639	0656	0712	0723	0734	0744	0754	0804	0814	0824	0834	0844	0854	0904	0913
Chase Cross Chase Cross Road	0825	0836	0847	0858	0909	0920	0931	Then every 10 minutes until	1101	1111	Then every 10 minutes until	1341	1351	1400	1409	1419		
Eastern Avenue Pettits Lane	0834	0845	0856	0907	0917	0927	0937		1107	1117		1347	1357	1406	1415	1425		
Romford North Street Bus Garage	0840	0851	0902	0912	0921	0930	0940		1110	1120		1350	1400	1409	1418	1428		
Romford Market St Edward's Way	0844	0855	0905	0915	0924	0933	0943		1113	1123		1353	1403	1412	1421	1431		
Romford Station	0849	0900	0910	0920	0929	0938	0948		1118	1129		1359	1409	1418	1427	1437		
Becontree Heath Civic Cent. (Wood La.)	0902	0912	0921	0930	0939	0948	0958		1128	1139		1409	1419	1428	1438	1448		
Dagenham East Station	0910	0919	0928	0937	0946	0955	1005		1135	1146		1416	1426	1436	1446	1456		
South Hornchurch Newtons Corner	0914	0923	0932	0941	0950	0959	1009	1139	1150	1420	1430	1441	1451	1501				
Rainham Station Celtic Farm Road	0921	0930	0939	0948	0957	1006	1016	1146	1157	1427	1438	1449	1459	1509				
Chase Cross Chase Cross Road	1428	1437	1446	1455	1504	1513	1522	1532	1543	1554	1604	1614	1624	1634	1644	1654	1704	1714
Eastern Avenue Pettits Lane	1434	1443	1452	1501	1510	1519	1528	1538	1549	1600	1610	1620	1630	1640	1650	1700	1710	1720
Romford North Street Bus Garage	1437	1446	1455	1505	1514	1523	1532	1542	1553	1604	1614	1624	1634	1644	1654	1704	1714	1724
Romford Market St Edward's Way	1440	1449	1458	1508	1517	1527	1536	1546	1556	1607	1617	1627	1637	1647	1657	1707	1717	1727
Romford Station	1446	1455	1504	1514	1523	1533	1542	1552	1602	1613	1623	1633	1643	1653	1703	1713	1723	1733
Becontree Heath Civic Cent. (Wood La.)	1457	1506	1516	1526	1535	1545	1554	1604	1614	1625	1635	1645	1655	1705	1716	1726	1736	1746
Dagenham East Station	1506	1516	1526	1536	1546	1556	1605	1615	1625	1635	1645	1655	1705	1715	1726	1736	1746	1755
South Hornchurch Newtons Corner	1511	1521	1531	1541	1551	1601	1610	1620	1630	1640	1650	1700	1710	1721	1732	1742	1751	1800
Rainham Station Celtic Farm Road	1519	1529	1539	1549	1559	1609	1619	1629	1639	1648	1658	1708	1718	1729	1740	1750	1759	1808
Chase Cross Chase Cross Road	1725	1736	1747	1758	1809	1824	1839	1854	1910	1926	1941	1956	2016	2036	2056	2116	2136	2156
Eastern Avenue Pettits Lane	1731	1742	1752	1803	1814	1829	1844	1859	1915	1931	1946	2001	2020	2040	2100	2120	2140	2200
Romford North Street Bus Garage	1735	1746	1756	1806	1817	1832	1847	1902	1918	1934	1949	2004	2023	2043	2103	2123	2143	2203
Romford Market St Edward's Way	1738	1749	1759	1809	1820	1835	1850	1905	1920	1936	1951	2006	2025	2045	2105	2125	2145	2205
Romford Station	1744	1755	1804	1814	1825	1840	1855	1910	1925	1941	1955	2010	2029	2049	2109	2129	2149	2209
Becontree Heath Civic Cent. (Wood La.)	1756	1807	1816	1826	1837	1852	1906	1920	1935	1950	2004	2018	2037	2057	2117	2137	2157	2217
Dagenham East Station	1805	1815	1824	1834	1845	1859	1913	1927	1942	1956	2010	2024	2043	2103	2123	2143	2203	2223
South Hornchurch Newtons Corner	1810	1820	1829	1839	1849	1903	1917	1931	1946	2000	2014	2028	2047	2107	2127	2147	2207	2227
Rainham Station Celtic Farm Road	1818	1828	1837	1847	1857	1911	1925	1939	1953	2007	2021	2035	2054	2114	2134	2154	2213	2233
Chase Cross Chase Cross Road	2216	2236	2256	2316	2336													
Eastern Avenue Pettits Lane	2220	2240	2300	2320	2340													
Romford North Street Bus Garage	2222	2242	2302	2322	2342													
Romford Market St Edward's Way	2224	2244	2304	2324	2344													
Romford Station	2228	2248	2308	2328	2348													
Becontree Heath Civic Cent. (Wood La.)	2236	2256	2315	2335	2355													
Dagenham East Station	2242	2301	2320	2340	0000													
South Hornchurch Newtons Corner	2245	2304	2323	2343	0003													
Rainham Station Celtic Farm Road	2251	2310	2329	2349	0009													

103		Saturdays (also Good Friday)																
Chase Cross Chase Cross Road	0500		0640	0659	0718	0738	0758	0816	0826	0836	0845	0855	0904	0914	0924	0933	0941	
Eastern Avenue Pettits Lane	0504		0644	0703	0723	0743	0803	0821	0831	0841	0850	0900	0910	0920	0930	0939	0947	
Romford North Street Bus Garage	0506	Then every 20 minutes until	0646	0706	0726	0746	0806	0824	0834	0844	0853	0903	0913	0923	0933	0942	0950	
Romford Market St Edward's Way	0508		0648	0708	0728	0748	0808	0826	0836	0846	0855	0905	0915	0925	0935	0944	0952	
Romford Station	0511		0651	0711	0731	0751	0811	0830	0840	0850	0859	0909	0919	0929	0939	0948	0957	
Becontree Heath Civic Cent. (Wood La.)	0518		0658	0718	0738	0758	0818	0837	0847	0857	0907	0917	0927	0937	0947	0956	1006	
Dagenham East Station	0523		0703	0724	0744	0804	0824	0843	0853	0903	0913	0923	0933	0943	0953	1003	1013	
South Hornchurch Newtons Corner	0526		0706	0727	0747	0807	0827	0847	0857	0907	0917	0927	0937	0947	0957	1007	1017	
Rainham Station Celtic Farm Road	0532		0712	0733	0753	0813	0833	0854	0904	0914	0924	0934	0944	0954	1004	1015	1025	
Chase Cross Chase Cross Road	0950	0959	1008	1018	1028	1037	1046	1055	Then every 10 minutes until	1225	1234	Then every 10 minutes until	1354	1405	Then every 10 mins. until	1615		
Eastern Avenue Pettits Lane	0956	1005	1015	1025	1035	1044	1053	1102		1232	1241		1401	1411		1621		
Romford North Street Bus Garage	0959	1009	1019	1029	1039	1048	1057	1106		1236	1245		1405	1415		1625		
Romford Market St Edward's Way	1002	1012	1022	1032	1042	1051	1100	1109		1239	1248		1408	1418		1628		
Romford Station	1007	1017	1027	1037	1047	1056	1105	1115		1245	1254		1414	1424		1634		
Becontree Heath Civic Cent. (Wood La.)	1016	1026	1036	1046	1056	1105	1115	1125		1255	1305		1425	1435		1645		
Dagenham East Station	1023	1033	1043	1053	1103	1113	1123	1133	1303	1313	1433	1443	1653					
South Hornchurch Newtons Corner	1027	1037	1047	1057	1107	1117	1127	1137	1307	1317	1437	1447	1657					
Rainham Station Celtic Farm Road	1035	1045	1055	1105	1115	1125	1135	1145	1315	1325	1445	1455	1705					
Chase Cross Chase Cross Road	1626	1636	1646	1656	1706	1716	1726	1736	1751	1806	1821	1838	1856	1916	1936	1956	2016	2036
Eastern Avenue Pettits Lane	1632	1642	1652	1702	1712	1722	1732	1742	1757	1811	1826	1843	1901	1921	1941	2000	2020	2040
Romford North Street Bus Garage	1636	1646	1656	1706	1716	1726	1736	1746	1801	1814	1829	1846	1904	1924	1944	2003	2023	2043
Romford Market St Edward's Way	1639	1649	1659	1709	1719	1729	1739	1749	1803	1816	1831	1848	1906	1926	1946	2005	2025	2045
Romford Station	1645	1655	1705	1715	1725	1735	1745	1755	1808	1821	1836	1853	1911	1931	1950	2009	2029	2049
Becontree Heath Civic Cent. (Wood La.)	1655	1705	1715	1725	1735	1745	1755	1805	1817	1830	1845	1902	1920	1940	1959	2017	2037	2057
Dagenham East Station	1703	1713	1723	1732	1742	1752	1802	1812	1824	1837	1852	1909	1927	1947	2006	2024	2043	2103
South Hornchurch Newtons Corner	1707	1717	1727	1736	1746	1756	1806	1816	1828	1841	1856	1913	1931	1951	2010	2028	2047	2107
Rainham Station Celtic Farm Road	1715	1725	1735	1744	1754	1804	1814	1824	1836	1849	1903	1920	1938	1958	2016	2034	2053	2113
Chase Cross Chase Cross Road	2056	2116	2136	2156	2216	2236	2256	2316	2336									
Eastern Avenue Pettits Lane	2100	2120	2140	2200	2220	2240	2300	2320	2340									
Romford North Street Bus Garage	2103	2123	2143	2203	2223	2242	2302	2322	2342									
Romford Market St Edward's Way	2105	2125	2145	2205	2225	2244	2304	2324	2344									
Romford Station	2109	2129	2149	2209	2229	2248	2308	2328	2348									
Becontree Heath Civic Cent. (Wood La.)	2116	2136	2156	2216	2236	2255	2315	2335	2355									
Dagenham East Station	2122	2142	2202	2222	2241	2300	2320	2340	0000									
South Hornchurch Newtons Corner	2126	2146	2206	2226	2244	2303	2323	2343	0003									
Rainham Station Celtic Farm Road	2132	2152	2212	2232	2250	2309	2329	2349	0009									
103		Sundays and other Public Holidays (except Christmas Day)																
Chase Cross Chase Cross Road	0700	0730	0800	0830	0859	0929	0958	1028	1056	Then every 20 minutes until	1236	1255	Then every 20 minutes until	1635	1655	1715		
Eastern Avenue Pettits Lane	0704	0734	0804	0834	0904	0934	1003	1033	1101		1241	1300		1640	1700	1720		
Romford North Street Bus Garage	0707	0737	0807	0837	0907	0937	1007	1037	1105		1245	1304		1644	1703	1723		
Romford Market St Edward's Way	0709	0739	0809	0839	0909	0939	1009	1039	1108		1248	1307		1647	1705	1725		
Romford Station	0712	0742	0812	0843	0913	0943	1013	1043	1113		1253	1312		1652	1710	1730		
Becontree Heath Civic Cent. (Wood La.)	0719	0749	0819	0850	0920	0950	1021	1051	1121		1301	1321		1701	1719	1738		
Dagenham East Station	0724	0754	0824	0855	0926	0957	1028	1058	1128	1308	1328	1708	1726	1745				
South Hornchurch Newtons Corner	0727	0757	0827	0858	0929	1001	1032	1102	1132	1312	1332	1712	1730	1749				
Rainham Station Celtic Farm Road	0733	0803	0834	0905	0936	1008	1040	1110	1140	1320	1340	1720	1738	1757				
Chase Cross Chase Cross Road	1735	1755	1815	Then every 20 minutes until	1955	2015	2035	2055	2116	Then every 20 minutes until	2336							
Eastern Avenue Pettits Lane	1740	1800	1819		1959	2019	2039	2059	2120		2340							
Romford North Street Bus Garage	1743	1803	1822		2002	2022	2042	2102	2122		2342							
Romford Market St Edward's Way	1745	1805	1824		2004	2024	2044	2104	2124		2344							
Romford Station	1750	1809	1828		2008	2028	2048	2108	2128		2348							
Becontree Heath Civic Cent. (Wood La.)	1758	1817	1836		2016	2035	2055	2115	2135		2355							
Dagenham East Station	1805	1823	1842	2022	2041	2101	2120	2140	0000									
South Hornchurch Newtons Corner	1809	1827	1846	2026	2045	2104	2123	2143	0003									
Rainham Station Celtic Farm Road	1816	1834	1853	2033	2052	2110	2129	2149	0009									

103	Mondays to Fridays																	
Rainham Station Celtic Farm Road	0458	0518	0538	0558	0615	0629	0638	0646	0654	0701	0708	0717	0726	0735	0744	0753	0803	0813
South Hornchurch Newtons Corner	0504	0524	0545	0605	0622	0636	0645	0653	0701	0708	0716	0725	0734	0743	0753	0802	0812	0822
Dagenham East Station	0508	0528	0549	0609	0627	0641	0650	0658	0707	0715	0723	0732	0742	0751	0801	0811	0821	0831
Becontree Heath Civic Cent. (Wood La.)	0513	0534	0555	0615	0634	0648	0657	0705	0715	0723	0731	0741	0751	0801	0811	0821	0831	0841
Romford Station	0520	0541	0602	0623	0643	0657	0706	0715	0725	0734	0743	0753	0803	0813	0823	0833	0843	0853
Romford Market St Edward's Way	0523	0544	0605	0626	0646	0700	0709	0718	0728	0737	0747	0757	0807	0817	0827	0837	0847	0857
Romford North Street (The Squire)	0526	0547	0608	0629	0649	0703	0712	0722	0732	0741	0751	0801	0811	0821	0831	0841	0851	0901
Eastern Avenue Pettits Lane	0528	0549	0610	0631	0651	0705	0715	0725	0735	0744	0754	0804	0814	0824	0834	0844	0854	0904
Chase Cross Chase Cross Road	0532	0553	0614	0635	0655	0710	0720	0730	0740	0750	0800	0810	0820	0830	0840	0850	0900	0909
Rainham Station Celtic Farm Road	0823	0833	0843	0853	0903	0913	0924	0935	0946	0956	1006	Then every 10 minutes until	1116	1126	Then every 10 minutes until	1346		
South Hornchurch Newtons Corner	0831	0841	0851	0901	0911	0921	0932	0943	0953	1003	1013		1123	1133		1353		
Dagenham East Station	0840	0850	0900	0909	0919	0928	0938	0948	0958	1008	1018		1128	1138		1358		
Becontree Heath Civic Cent. (Wood La.)	0850	0900	0909	0918	0927	0936	0946	0956	1006	1016	1026		1136	1146		1406		
Romford Station	0901	0910	0919	0928	0937	0946	0955	1005	1015	1025	1036		1146	1156		1416		
Romford Market St Edward's Way	0905	0914	0923	0932	0941	0950	0959	1009	1019	1029	1040		1150	1200		1420		
Romford North Street (The Squire)	0909	0918	0927	0936	0945	0954	1003	1013	1023	1033	1044		1154	1204		1424		
Eastern Avenue Pettits Lane	0912	0921	0930	0939	0948	0957	1006	1016	1026	1036	1047	1157	1207	1427				
Chase Cross Chase Cross Road	0917	0926	0935	0944	0953	1002	1011	1021	1031	1041	1052	1202	1213	1433				
Rainham Station Celtic Farm Road	1356	1406	1416	1425	1433	1442	1450	1458	1507	1517	1527	1537	1547	1558	Then every 10 minutes until	1658	1708	
South Hornchurch Newtons Corner	1403	1413	1423	1432	1441	1450	1458	1507	1517	1527	1537	1547	1557	1608		1708	1718	
Dagenham East Station	1408	1418	1428	1437	1446	1455	1503	1513	1523	1533	1543	1553	1603	1614		1714	1724	
Becontree Heath Civic Cent. (Wood La.)	1416	1426	1436	1445	1454	1503	1512	1522	1532	1542	1552	1602	1612	1622		1722	1732	
Romford Station	1426	1436	1446	1456	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635		1735	1745	
Romford Market St Edward's Way	1430	1440	1450	1500	1509	1519	1529	1539	1549	1559	1609	1619	1629	1639		1739	1749	
Romford North Street (The Squire)	1434	1444	1454	1504	1513	1523	1533	1543	1553	1603	1613	1623	1633	1643		1743	1753	
Eastern Avenue Pettits Lane	1438	1448	1459	1509	1518	1528	1538	1548	1559	1609	1619	1629	1639	1649	1749	1758		
Chase Cross Chase Cross Road	1444	1454	1505	1515	1525	1535	1545	1555	1606	1616	1626	1636	1646	1656	1756	1805		
Rainham Station Celtic Farm Road	1718	1728	1739	1750	1801	1812	1822	1832	1847	1902	1918	1933	1948	2009	2030	2051	2112	2133
South Hornchurch Newtons Corner	1728	1738	1749	1800	1810	1820	1830	1840	1855	1910	1926	1941	1955	2016	2037	2058	2118	2139
Dagenham East Station	1734	1744	1755	1806	1816	1825	1835	1845	1900	1915	1931	1946	2000	2020	2041	2102	2122	2143
Becontree Heath Civic Cent. (Wood La.)	1742	1752	1803	1814	1823	1832	1842	1852	1907	1922	1938	1953	2007	2027	2047	2108	2128	2149
Romford Station	1755	1804	1814	1825	1834	1843	1853	1903	1918	1932	1947	2001	2015	2035	2055	2115	2135	2155
Romford Market St Edward's Way	1758	1807	1817	1828	1837	1846	1856	1906	1921	1935	1950	2004	2018	2038	2058	2118	2138	2158
Romford North Street (The Squire)	1802	1811	1821	1832	1841	1850	1900	1910	1924	1938	1953	2007	2021	2041	2101	2121	2141	2201
Eastern Avenue Pettits Lane	1807	1816	1826	1836	1845	1854	1904	1914	1928	1942	1956	2010	2024	2044	2104	2124	2144	2204
Chase Cross Chase Cross Road	1814	1823	1833	1842	1851	1900	1910	1920	1934	1947	2001	2015	2029	2049	2109	2129	2149	2209
Rainham Station Celtic Farm Road	2153	2214	2235	2255	2315	2335	2355	0015										
South Hornchurch Newtons Corner	2159	2220	2241	2301	2320	2340	0000	0020										
Dagenham East Station	2203	2224	2245	2305	2324	2344	0004	0024										
Becontree Heath Civic Cent. (Wood La.)	2209	2230	2250	2310	2329	2349	0009	0029										
Romford Station	2215	2236	2256	2316	2335	2355	0015	0035										
Romford Market St Edward's Way	2218	2239	2259	2319	2338	2358	0018	0038										
Romford North Street (The Squire)	2221	2242	2302	2322	2341	0001	0021	0041										
Eastern Avenue Pettits Lane	2224	2244	2304	2324	2343	0003	0023	0043										
Chase Cross Chase Cross Road	2229	2249	2309	2329	2348	0008	0028	0048										

103		Saturdays (also Good Friday)																
Rainham Station Celtic Farm Road	0458		0738	0758	0818	0838	0848	0858	0907	0917	0927	0936	0945	0954	1004	1014	1024	
South Hornchurch Newtons Corner	0504		0744	0804	0824	0844	0854	0904	0914	0924	0934	0943	0952	1001	1011	1021	1031	
Dagenham East Station	0508	Then	0748	0808	0829	0849	0859	0909	0919	0929	0939	0948	0957	1006	1016	1026	1036	
Becontree Heath Civic Cent. (Wood La.)	0514	every 20	0754	0815	0836	0856	0906	0916	0926	0936	0946	0955	1004	1014	1024	1034	1044	
Romford Station	0521	minutes	0801	0822	0843	0904	0915	0925	0935	0945	0955	1004	1014	1024	1034	1044	1054	
Romford Market St Edward's Way	0524	until	0804	0825	0846	0907	0918	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	
Romford North Street (The Squire)	0527		0807	0828	0849	0910	0921	0931	0941	0951	1001	1011	1021	1031	1041	1051	1101	
Eastern Avenue Pettits Lane	0529		0809	0830	0851	0912	0924	0934	0944	0955	1005	1015	1025	1035	1045	1055	1106	
Chase Cross Chase Cross Road	0533		0813	0834	0855	0917	0929	0939	0949	1000	1011	1021	1031	1041	1051	1101	1112	
Rainham Station Celtic Farm Road	1034	1044	1054	1104	1114	1124	1133			1333	1343		1423	1433			1633	
South Hornchurch Newtons Corner	1041	1051	1101	1112	1122	1132	1141			1341	1351		1431	1441			1641	
Dagenham East Station	1046	1056	1106	1117	1127	1137	1146	Then		1346	1356	Then	1436	1446	Then		1646	
Becontree Heath Civic Cent. (Wood La.)	1054	1104	1114	1125	1135	1145	1154	every 10		1354	1404	every 10	1444	1454	every 10		1654	
Romford Station	1104	1115	1126	1137	1147	1157	1207	minutes		1407	1416	minutes	1456	1505	minutes		1705	
Romford Market St Edward's Way	1108	1119	1130	1141	1151	1201	1211	until		1411	1420	until	1500	1509	until		1709	
Romford North Street (The Squire)	1112	1123	1134	1145	1155	1205	1215			1415	1424		1504	1513			1713	
Eastern Avenue Pettits Lane	1117	1128	1139	1150	1200	1210	1220			1420	1429		1509	1518			1718	
Chase Cross Chase Cross Road	1123	1134	1145	1156	1206	1216	1226			1426	1435		1515	1524			1724	
Rainham Station Celtic Farm Road	1643	1653	1703	1713	1723	1733	1748	1803	1818	1833	1848	1908	1929	1951	2013	2033	2054	2114
South Hornchurch Newtons Corner	1651	1701	1711	1721	1731	1741	1756	1810	1825	1840	1855	1915	1936	1958	2019	2039	2100	2120
Dagenham East Station	1656	1706	1716	1726	1736	1746	1801	1815	1830	1845	1900	1920	1941	2003	2023	2043	2104	2124
Becontree Heath Civic Cent. (Wood La.)	1704	1713	1723	1733	1743	1753	1808	1822	1837	1852	1907	1927	1948	2009	2029	2049	2110	2130
Romford Station	1714	1723	1733	1743	1753	1803	1817	1831	1846	1901	1916	1936	1957	2017	2037	2057	2117	2137
Romford Market St Edward's Way	1718	1727	1737	1747	1757	1806	1820	1834	1849	1904	1919	1939	2000	2020	2040	2100	2120	2140
Romford North Street (The Squire)	1722	1731	1741	1751	1801	1810	1824	1838	1853	1908	1923	1943	2004	2024	2044	2104	2124	2144
Eastern Avenue Pettits Lane	1727	1736	1746	1756	1805	1814	1828	1842	1857	1912	1927	1946	2006	2026	2046	2106	2126	2146
Chase Cross Chase Cross Road	1733	1742	1752	1802	1811	1820	1834	1848	1903	1918	1933	1952	2011	2031	2051	2111	2131	2151
Rainham Station Celtic Farm Road	2134	2154	2215				0015											
South Hornchurch Newtons Corner	2140	2200	2221				0021											
Dagenham East Station	2144	2204	2225	Then			0025											
Becontree Heath Civic Cent. (Wood La.)	2150	2210	2231	every 20			0031											
Romford Station	2157	2217	2238	minutes			0038											
Romford Market St Edward's Way	2200	2220	2241	until			0041											
Romford North Street (The Squire)	2204	2224	2244				0044											
Eastern Avenue Pettits Lane	2206	2226	2246				0046											
Chase Cross Chase Cross Road	2211	2231	2251				0051											
103		Sundays and other Public Holidays (except Christmas Day)																
Rainham Station Celtic Farm Road	0715	0745	0815	0844	0912	0941	1009	1028	1046			1426	1447			1627	1647	1707
South Hornchurch Newtons Corner	0721	0751	0821	0850	0919	0948	1016	1035	1053			1433	1454			1634	1654	1714
Dagenham East Station	0725	0755	0825	0855	0924	0953	1021	1040	1058	Then		1438	1459	Then		1639	1659	1719
Becontree Heath Civic Cent. (Wood La.)	0731	0801	0831	0902	0931	1000	1028	1047	1105	every 20		1445	1506	every 20		1646	1706	1726
Romford Station	0738	0808	0838	0909	0939	1009	1037	1056	1114	minutes		1454	1514	minutes		1654	1714	1734
Romford Market St Edward's Way	0741	0811	0841	0912	0942	1012	1040	1059	1118	until		1458	1518	until		1658	1717	1737
Romford North Street (The Squire)	0744	0814	0844	0915	0945	1015	1043	1102	1121			1501	1521			1701	1720	1740
Eastern Avenue Pettits Lane	0746	0816	0846	0917	0948	1018	1046	1105	1124			1504	1524			1704	1723	1743
Chase Cross Chase Cross Road	0750	0820	0850	0921	0952	1023	1051	1110	1129			1509	1529			1709	1728	1748
Rainham Station Celtic Farm Road	1727	1747	1808	1829	1850	1911	1932	1953	2014	2035						0015		
South Hornchurch Newtons Corner	1734	1754	1815	1836	1856	1917	1938	1959	2020	2041						0021		
Dagenham East Station	1739	1759	1820	1840	1900	1921	1942	2003	2024	2045	Then					0025		
Becontree Heath Civic Cent. (Wood La.)	1746	1806	1826	1846	1906	1927	1948	2009	2030	2051	every 20					0031		
Romford Station	1754	1814	1834	1854	1914	1935	1956	2016	2037	2058	minutes					0038		
Romford Market St Edward's Way	1757	1817	1837	1857	1917	1938	1959	2019	2040	2101	until					0041		
Romford North Street (The Squire)	1800	1820	1840	1900	1920	1941	2002	2022	2043	2104						0044		
Eastern Avenue Pettits Lane	1803	1823	1843	1903	1923	1944	2005	2025	2045	2106						0046		
Chase Cross Chase Cross Road	1808	1828	1848	1908	1928	1949	2010	2030	2050	2111						0051		