

103		Mondays to Thursdays (school days)																
Chase Cross Chase Cross Road	0500	0520	0540	0555	0610	0625	0637	0645	0654	0702	0710	0718	0726	0734	0743	0752	0802	0812
Eastern Avenue Pettits Lane	0505	0525	0545	0600	0615	0631	0643	0651	0700	0708	0717	0725	0733	0742	0751	0801	0811	0821
Romford North Street Bus Garage	0507	0528	0548	0603	0618	0634	0646	0655	0704	0712	0721	0729	0738	0747	0756	0806	0816	0827
Romford Market St Edward's Way	0509	0530	0550	0605	0620	0636	0648	0658	0707	0715	0724	0732	0741	0750	0759	0809	0819	0830
Romford Station	0512	0533	0554	0609	0624	0640	0652	0702	0712	0720	0729	0738	0747	0756	0805	0815	0825	0836
Becontree Heath Civic Cent.(Wood La.	0519	0540	0601	0617	0632	0649	0701	0711	0721	0730	0740	0750	0759	0808	0817	0827	0837	0847
Dagenham East Station	0525	0546	0608	0624	0639	0656	0709	0719	0729	0739	0749	0759	0809	0818	0827	0837	0847	0857
South Hornchurch Newtons Corner	0528	0549	0611	0627	0643	0700	0713	0723	0733	0744	0754	0804	0814	0823	0832	0842	0852	0902
Rainham Station Celtic Farm Road	0534	0555	0617	0633	0650	0707	0720	0730	0741	0752	0802	0812	0822	0831	0840	0850	0900	0910
Chase Cross Chase Cross Road	0822	0832	0842	0853	0903	0913	0923	0933	0943	0953	1003	1013	1023	Then every 10 minutes until	1123	1133	1143	
Eastern Avenue Pettits Lane	0831	0841	0850	0901	0910	0920	0930	0939	0949	0959	1009	1019	1029		1129	1139	1149	
Romford North Street Bus Garage	0837	0847	0856	0907	0915	0925	0934	0943	0953	1003	1013	1023	1032		1132	1142	1152	
Romford Market St Edward's Way	0841	0851	0900	0911	0918	0928	0937	0946	0956	1006	1016	1026	1035		1135	1145	1155	
Romford Station	0847	0857	0906	0917	0924	0934	0943	0952	1002	1012	1022	1032	1041		1141	1151	1201	
Becontree Heath Civic Cent.(Wood La.	0858	0908	0916	0927	0934	0943	0952	1001	1011	1021	1031	1041	1050		1150	1201	1211	
Dagenham East Station	0907	0917	0925	0935	0942	0951	0959	1008	1018	1028	1038	1048	1058		1158	1209	1219	
South Hornchurch Newtons Corner	0912	0922	0929	0939	0946	0955	1003	1012	1022	1032	1042	1052	1102		1202	1213	1224	
Rainham Station Celtic Farm Road	0920	0929	0936	0946	0953	1002	1010	1019	1029	1039	1049	1059	1109		1209	1220	1231	
Chase Cross Chase Cross Road	1153	Then every 10 minutes until	1343	1353	1403	1413	1423	1432	1441	1449	1458	1508	1518	1528	1539	1550	1600	
Eastern Avenue Pettits Lane	1159		1349	1359	1409	1419	1429	1438	1447	1456	1505	1515	1525	1535	1545	1556	1606	
Romford North Street Bus Garage	1202		1352	1402	1412	1422	1432	1441	1450	1459	1509	1519	1529	1539	1549	1600	1610	
Romford Market St Edward's Way	1205		1355	1405	1415	1425	1435	1444	1453	1502	1512	1522	1532	1542	1552	1603	1613	
Romford Station	1211		1401	1411	1421	1431	1441	1450	1459	1508	1518	1528	1538	1548	1558	1609	1619	
Becontree Heath Civic Cent.(Wood La.	1221		1411	1421	1431	1441	1451	1501	1510	1520	1530	1540	1550	1600	1610	1621	1631	
Dagenham East Station	1229		1419	1429	1439	1450	1501	1511	1521	1531	1541	1551	1601	1611	1621	1631	1641	
South Hornchurch Newtons Corner	1234		1424	1434	1444	1455	1506	1516	1526	1536	1547	1557	1607	1617	1627	1637	1647	
Rainham Station Celtic Farm Road	1241		1431	1442	1452	1503	1514	1524	1534	1544	1555	1605	1615	1625	1635	1645	1655	
Chase Cross Chase Cross Road	1610	1620	1630	1640	1650	1700	1710	1720	1730	1740	1750	1800	1811	1822	1834	1846	1858	1910
Eastern Avenue Pettits Lane	1616	1626	1636	1646	1656	1706	1716	1726	1736	1746	1756	1806	1817	1828	1840	1852	1904	1916
Romford North Street Bus Garage	1620	1630	1640	1650	1700	1710	1720	1730	1740	1750	1800	1809	1820	1831	1843	1855	1907	1919
Romford Market St Edward's Way	1623	1633	1643	1653	1703	1713	1723	1733	1743	1753	1803	1812	1823	1834	1846	1858	1910	1921
Romford Station	1629	1639	1649	1659	1709	1719	1729	1739	1749	1759	1809	1818	1829	1840	1852	1903	1915	1926
Becontree Heath Civic Cent.(Wood La.	1641	1651	1701	1711	1722	1732	1742	1752	1802	1811	1821	1830	1840	1851	1903	1913	1925	1936
Dagenham East Station	1651	1701	1711	1721	1732	1742	1752	1801	1811	1820	1830	1839	1849	1859	1911	1921	1932	1943
South Hornchurch Newtons Corner	1657	1707	1717	1727	1737	1747	1757	1806	1816	1825	1835	1844	1854	1904	1916	1926	1937	1948
Rainham Station Celtic Farm Road	1705	1715	1725	1735	1745	1755	1805	1814	1824	1833	1843	1852	1902	1911	1923	1933	1944	1955
Chase Cross Chase Cross Road	1922	1934	1950	2005	2020	2035	Then every 15 minutes until	2205	2220	2235	2250	2305	2320	2335				
Eastern Avenue Pettits Lane	1928	1940	1955	2009	2024	2039		2209	2224	2239	2254	2309	2324	2339				
Romford North Street Bus Garage	1931	1943	1957	2011	2026	2041		2211	2226	2241	2256	2311	2326	2341				
Romford Market St Edward's Way	1933	1945	1959	2013	2028	2043		2213	2228	2243	2258	2313	2328	2343				
Romford Station	1938	1950	2004	2018	2033	2047		2217	2232	2247	2302	2317	2332	2346				
Becontree Heath Civic Cent.(Wood La.	1948	2000	2014	2027	2042	2056		2226	2240	2255	2310	2324	2339	2353				
Dagenham East Station	1955	2007	2021	2034	2048	2102		2232	2246	2301	2315	2329	2344	2358				
South Hornchurch Newtons Corner	1959	2011	2025	2038	2052	2106		2236	2250	2305	2319	2332	2347	0001				
Rainham Station Celtic Farm Road	2006	2018	2032	2045	2058	2112		2242	2256	2311	2325	2338	2352	0006				

103		Fridays (school days)																
Chase Cross Chase Cross Road	0500	0520	0540	0555	0610	0625	0637	0645	0654	0702	0710	0718	0726	0734	0743	0752	0802	0812
Eastern Avenue Pettits Lane	0505	0525	0545	0600	0615	0631	0643	0651	0700	0708	0717	0725	0733	0742	0751	0801	0811	0821
Romford North Street Bus Garage	0507	0528	0548	0603	0618	0634	0646	0655	0704	0712	0721	0729	0738	0747	0756	0806	0816	0827
Romford Market St Edward's Way	0509	0530	0550	0605	0620	0636	0648	0658	0707	0715	0724	0732	0741	0750	0759	0809	0819	0830
Romford Station	0512	0533	0554	0609	0624	0640	0652	0702	0712	0720	0729	0738	0747	0756	0805	0815	0825	0836
Becontree Heath Civic Cent.(Wood La.	0519	0540	0601	0617	0632	0649	0701	0711	0721	0730	0740	0750	0759	0808	0817	0827	0837	0847
Dagenham East Station	0525	0546	0608	0624	0639	0656	0709	0719	0729	0739	0749	0759	0809	0818	0827	0837	0847	0857
South Hornchurch Newtons Corner	0528	0549	0611	0627	0643	0700	0713	0723	0733	0744	0754	0804	0814	0823	0832	0842	0852	0902
Rainham Station Celtic Farm Road	0534	0555	0617	0633	0650	0707	0720	0730	0741	0752	0802	0812	0822	0831	0840	0850	0900	0910
Chase Cross Chase Cross Road	0822	0832	0842	0853	0903	0913	0923	0933	0943	0953	1003	1013	1023	Then every 10 minutes until	1123	1133	1143	
Eastern Avenue Pettits Lane	0831	0841	0850	0901	0910	0920	0930	0939	0949	0959	1009	1019	1029		1129	1139	1149	
Romford North Street Bus Garage	0837	0847	0856	0907	0915	0925	0934	0943	0953	1003	1013	1023	1032		1132	1142	1152	
Romford Market St Edward's Way	0841	0851	0900	0911	0918	0928	0937	0946	0956	1006	1016	1026	1035		1135	1145	1155	
Romford Station	0847	0857	0906	0917	0924	0934	0943	0952	1002	1012	1022	1032	1041		1141	1151	1201	
Becontree Heath Civic Cent.(Wood La.	0858	0908	0916	0927	0934	0943	0952	1001	1011	1021	1031	1041	1050		1150	1201	1211	
Dagenham East Station	0907	0917	0925	0935	0942	0951	0959	1008	1018	1028	1038	1048	1058		1158	1209	1219	
South Hornchurch Newtons Corner	0912	0922	0929	0939	0946	0955	1003	1012	1022	1032	1042	1052	1102		1202	1213	1224	
Rainham Station Celtic Farm Road	0920	0929	0936	0946	0953	1002	1010	1019	1029	1039	1049	1059	1109	1209	1220	1231		
Chase Cross Chase Cross Road	1153	Then every 10 minutes until	1343	1353	1403	1413	1423	1432	1441	1449	1458	1508	1518	1528	1539	1550	1600	
Eastern Avenue Pettits Lane	1159		1349	1359	1409	1419	1429	1438	1447	1456	1505	1515	1525	1535	1545	1556	1606	
Romford North Street Bus Garage	1202		1352	1402	1412	1422	1432	1441	1450	1459	1509	1519	1529	1539	1549	1600	1610	
Romford Market St Edward's Way	1205		1355	1405	1415	1425	1435	1444	1453	1502	1512	1522	1532	1542	1552	1603	1613	
Romford Station	1211		1401	1411	1421	1431	1441	1450	1459	1508	1518	1528	1538	1548	1558	1609	1619	
Becontree Heath Civic Cent.(Wood La.	1221		1411	1421	1431	1441	1451	1501	1510	1520	1530	1540	1550	1600	1610	1621	1631	
Dagenham East Station	1229		1419	1429	1439	1450	1501	1511	1521	1531	1541	1551	1601	1611	1621	1631	1641	
South Hornchurch Newtons Corner	1234		1424	1434	1444	1455	1506	1516	1526	1536	1547	1557	1607	1617	1627	1637	1647	
Rainham Station Celtic Farm Road	1241	1431	1442	1452	1503	1514	1524	1534	1544	1555	1605	1615	1625	1635	1645	1655		
Chase Cross Chase Cross Road	1610	1620	1630	1640	1650	1700	1710	1720	1730	1740	1750	1800	1811	1822	1834	1846	1858	1910
Eastern Avenue Pettits Lane	1616	1626	1636	1646	1656	1706	1716	1726	1736	1746	1756	1806	1817	1828	1840	1852	1904	1916
Romford North Street Bus Garage	1620	1630	1640	1650	1700	1710	1720	1730	1740	1750	1800	1809	1820	1831	1843	1855	1907	1919
Romford Market St Edward's Way	1623	1633	1643	1653	1703	1713	1723	1733	1743	1753	1803	1812	1823	1834	1846	1858	1910	1921
Romford Station	1629	1639	1649	1659	1709	1719	1729	1739	1749	1759	1809	1818	1829	1840	1852	1903	1915	1926
Becontree Heath Civic Cent.(Wood La.	1641	1651	1701	1711	1722	1732	1742	1752	1802	1811	1821	1830	1840	1851	1903	1913	1925	1936
Dagenham East Station	1651	1701	1711	1721	1732	1742	1752	1801	1811	1820	1830	1839	1849	1859	1911	1921	1932	1943
South Hornchurch Newtons Corner	1657	1707	1717	1727	1737	1747	1757	1806	1816	1825	1835	1844	1854	1904	1916	1926	1937	1948
Rainham Station Celtic Farm Road	1705	1715	1725	1735	1745	1755	1805	1814	1824	1833	1843	1852	1902	1911	1923	1933	1944	1955
Chase Cross Chase Cross Road	1922	1934	1950	2005	2020	2035	Then every 15 minutes until	2205	2220	2235	2250	2305	2320	2335				
Eastern Avenue Pettits Lane	1928	1940	1955	2009	2024	2039		2209	2224	2239	2254	2309	2324	2339				
Romford North Street Bus Garage	1931	1943	1957	2011	2026	2041		2211	2226	2241	2256	2311	2326	2341				
Romford Market St Edward's Way	1933	1945	1959	2013	2028	2043		2213	2228	2243	2258	2313	2328	2343				
Romford Station	1938	1950	2004	2018	2033	2047		2217	2232	2247	2302	2317	2332	2347				
Becontree Heath Civic Cent.(Wood La.	1948	2000	2014	2027	2042	2056		2226	2240	2255	2310	2325	2340	2355				
Dagenham East Station	1955	2007	2021	2034	2048	2102		2232	2246	2301	2315	2330	2345	0000				
South Hornchurch Newtons Corner	1959	2011	2025	2038	2052	2106		2236	2250	2305	2319	2333	2348	0003				
Rainham Station Celtic Farm Road	2006	2018	2032	2045	2058	2112	2242	2256	2311	2325	2339	2353	0008					

103		Mondays to Fridays (school holidays)																	
Chase Cross Chase Cross Road	0500	0520	0540	0555	0610	0623	0633	0642	0651	0700	0710	0719	0728	0737	0747	0757	0807	0817	
Eastern Avenue Pettits Lane	0505	0525	0545	0600	0616	0629	0639	0648	0657	0706	0716	0726	0735	0744	0754	0804	0814	0824	
Romford North Street Bus Garage	0507	0528	0548	0603	0619	0632	0642	0651	0700	0710	0720	0730	0740	0749	0759	0809	0819	0829	
Romford Market St Edward's Way	0509	0530	0550	0605	0621	0634	0644	0653	0703	0713	0723	0733	0743	0752	0802	0812	0822	0832	
Romford Station	0512	0533	0554	0609	0625	0638	0648	0658	0708	0718	0728	0738	0748	0758	0808	0818	0828	0838	
Becontree Heath Civic Cent.(Wood La.	0519	0540	0601	0617	0633	0647	0658	0708	0718	0728	0738	0748	0758	0808	0818	0828	0838	0848	
Dagenham East Station	0525	0546	0608	0624	0640	0654	0706	0716	0726	0736	0746	0756	0806	0816	0826	0836	0846	0856	
South Hornchurch Newtons Corner	0528	0549	0611	0627	0644	0658	0710	0720	0730	0740	0751	0801	0811	0821	0831	0841	0851	0901	
Rainham Station Celtic Farm Road	0534	0555	0617	0634	0651	0705	0717	0727	0737	0748	0759	0809	0819	0829	0839	0849	0859	0909	
Chase Cross Chase Cross Road	0827	0837	0847	0857	0907			1017	1027			1117	1127	1137			1357	1407	
Eastern Avenue Pettits Lane	0834	0844	0854	0904	0913			1023	1033			1123	1133	1143			1403	1413	
Romford North Street Bus Garage	0839	0849	0859	0908	0917		Then	1027	1036		Then	1126	1136	1146		Then	1406	1416	
Romford Market St Edward's Way	0842	0852	0902	0911	0920		every 10	1030	1039		every 10	1129	1139	1149		every 10	1409	1419	
Romford Station	0848	0858	0908	0917	0926		minutes	1036	1045		minutes	1135	1145	1155		minutes	1415	1425	
Becontree Heath Civic Cent.(Wood La.	0858	0908	0917	0926	0935		until	1045	1054		until	1144	1155	1205		until	1425	1435	
Dagenham East Station	0906	0915	0924	0933	0942			1052	1102			1152	1203	1213			1433	1443	
South Hornchurch Newtons Corner	0910	0919	0928	0937	0946			1056	1106			1156	1207	1218			1438	1448	
Rainham Station Celtic Farm Road	0918	0926	0935	0944	0953			1103	1113			1203	1214	1225			1445	1456	
Chase Cross Chase Cross Road	1417	1426	1435	1444	1453	1502				1702	1712	1722	1732	1742	1752	1802	1812	1824	1836
Eastern Avenue Pettits Lane	1423	1432	1441	1450	1459	1508				1708	1718	1728	1738	1748	1758	1808	1818	1830	1842
Romford North Street Bus Garage	1426	1435	1444	1453	1503	1512		Then		1712	1722	1732	1742	1752	1801	1811	1821	1833	1845
Romford Market St Edward's Way	1429	1438	1447	1456	1506	1515		every 10		1715	1725	1735	1745	1755	1804	1814	1824	1836	1848
Romford Station	1435	1444	1453	1502	1512	1521		minutes		1721	1731	1741	1751	1801	1810	1820	1830	1842	1853
Becontree Heath Civic Cent.(Wood La.	1445	1454	1504	1513	1523	1533		until		1733	1743	1753	1803	1813	1822	1831	1841	1853	1904
Dagenham East Station	1453	1503	1513	1523	1533	1543				1743	1752	1802	1812	1822	1831	1840	1850	1901	1912
South Hornchurch Newtons Corner	1458	1508	1518	1528	1538	1548				1748	1757	1807	1817	1827	1836	1845	1855	1906	1917
Rainham Station Celtic Farm Road	1506	1516	1526	1536	1546	1556				1756	1805	1815	1825	1835	1844	1853	1902	1913	1924
Chase Cross Chase Cross Road	1848	1900	1912	1924	1936	1950	2005	2020	2035				2205	2220	2235	2250	2305	2320	2335
Eastern Avenue Pettits Lane	1854	1906	1918	1930	1941	1955	2009	2024	2039				2209	2224	2239	2254	2309	2324	2339
Romford North Street Bus Garage	1857	1909	1921	1933	1944	1957	2011	2026	2041			Then	2211	2226	2241	2256	2311	2326	2341
Romford Market St Edward's Way	1900	1911	1923	1935	1946	1959	2013	2028	2043			every 15	2213	2228	2243	2258	2313	2328	2343
Romford Station	1905	1916	1928	1940	1951	2004	2018	2033	2047			minutes	2217	2232	2247	2302	2317	2332	2346
Becontree Heath Civic Cent.(Wood La.	1916	1926	1938	1950	2001	2014	2027	2042	2056			until	2226	2240	2255	2309	2324	2339	2353
Dagenham East Station	1923	1933	1945	1957	2008	2021	2034	2048	2102				2232	2246	2300	2314	2329	2344	2358
South Hornchurch Newtons Corner	1928	1938	1950	2001	2012	2025	2038	2052	2106				2236	2250	2304	2317	2332	2347	0001
Rainham Station Celtic Farm Road	1935	1945	1957	2008	2019	2032	2045	2058	2112				2242	2256	2310	2323	2338	2352	0006

103		Saturdays (also Good Friday)																	
Chase Cross Chase Cross Road	0500	0520	0540	0600	0620	0640	0700	0720	0735	0750	0805	0817	0829	0839	0849	0858	0907	0916	
Eastern Avenue Pettits Lane	0504	0524	0544	0605	0625	0645	0705	0725	0740	0755	0810	0822	0834	0844	0854	0903	0912	0922	
Romford North Street Bus Garage	0506	0526	0546	0607	0627	0647	0707	0728	0743	0758	0813	0825	0837	0847	0857	0906	0915	0925	
Romford Market St Edward's Way	0508	0528	0548	0609	0629	0649	0709	0730	0745	0800	0815	0827	0839	0849	0859	0908	0917	0927	
Romford Station	0511	0531	0551	0612	0633	0653	0713	0734	0749	0804	0819	0831	0843	0854	0904	0913	0922	0932	
Becontree Heath Civic Cent.(Wood La.	0518	0538	0558	0619	0640	0700	0721	0742	0757	0812	0827	0839	0851	0902	0912	0921	0931	0941	
Dagenham East Station	0523	0543	0604	0625	0646	0706	0727	0748	0803	0818	0833	0845	0857	0908	0918	0928	0938	0948	
South Hornchurch Newtons Corner	0526	0546	0607	0628	0649	0709	0731	0752	0807	0822	0837	0849	0901	0912	0922	0932	0942	0952	
Rainham Station Celtic Farm Road	0531	0551	0612	0633	0654	0715	0737	0758	0813	0828	0843	0855	0907	0918	0929	0939	0949	0959	
Chase Cross Chase Cross Road	0926	0936	0945	0954	1003	1012	1022	1032	1041	1051	1101	1111	1121	1131	1141	1151	1201	1211	
Eastern Avenue Pettits Lane	0932	0942	0951	1000	1009	1018	1028	1038	1047	1057	1107	1117	1127	1137	1147	1157	1207	1217	
Romford North Street Bus Garage	0935	0945	0954	1003	1012	1022	1032	1042	1051	1101	1111	1121	1131	1141	1151	1201	1211	1221	
Romford Market St Edward's Way	0937	0947	0956	1005	1015	1025	1035	1045	1054	1104	1114	1124	1134	1144	1154	1204	1214	1224	
Romford Station	0942	0952	1001	1011	1021	1031	1041	1051	1100	1110	1120	1130	1140	1150	1200	1210	1220	1230	
Becontree Heath Civic Cent.(Wood La.	0951	1001	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1200	1210	1220	1231	1241	
Dagenham East Station	0958	1008	1018	1028	1038	1048	1058	1108	1118	1128	1138	1148	1158	1208	1218	1228	1239	1249	
South Hornchurch Newtons Corner	1002	1012	1022	1032	1042	1052	1102	1112	1122	1132	1142	1152	1203	1213	1223	1233	1244	1254	
Rainham Station Celtic Farm Road	1009	1019	1029	1039	1049	1059	1110	1120	1130	1140	1150	1200	1211	1221	1231	1241	1252	1302	

103		Saturdays (also Good Friday) (cont.)																	
Chase Cross Chase Cross Road	1221		1441	1452			1652	1703	1713	1725	1737	1749	1801	1813	1825	1837	1851	1905	
Eastern Avenue Pettits Lane	1227		1447	1458			1658	1709	1719	1731	1743	1754	1806	1818	1830	1842	1856	1910	
Romford North Street Bus Garage	1231	Then	1451	1501		Then	1701	1712	1722	1734	1746	1757	1809	1821	1833	1845	1859	1913	
Romford Market St Edward's Way	1234	every	1454	1504		every 10	1704	1715	1725	1736	1748	1759	1811	1823	1835	1847	1901	1915	
Romford Station	1240	10	1500	1510		minutes	1710	1721	1731	1742	1754	1805	1817	1829	1841	1852	1906	1920	
Becontree Heath Civic Cent.(Wood La.	1251	mins.	1511	1521		until	1721	1732	1742	1752	1804	1815	1827	1839	1851	1902	1916	1930	
Dagenham East Station	1259	until	1519	1529			1729	1740	1750	1800	1812	1823	1835	1846	1858	1909	1923	1937	
South Hornchurch Newtons Corner	1304		1524	1534			1734	1745	1755	1805	1816	1827	1839	1850	1902	1913	1927	1941	
Rainham Station Celtic Farm Road	1312		1532	1542			1742	1753	1803	1813	1824	1835	1847	1858	1909	1920	1934	1948	
Chase Cross Chase Cross Road	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	
Eastern Avenue Pettits Lane	1925	1940	1955	2010	2025	2040	2054	2109	2124	2139	2154	2209	2224	2239	2254	2309	2324	2339	
Romford North Street Bus Garage	1928	1943	1957	2012	2027	2042	2056	2111	2126	2141	2156	2211	2226	2241	2256	2311	2326	2341	
Romford Market St Edward's Way	1930	1945	1959	2014	2029	2044	2058	2113	2128	2143	2158	2213	2228	2243	2258	2313	2328	2343	
Romford Station	1935	1950	2004	2019	2034	2048	2102	2117	2132	2147	2202	2217	2232	2247	2302	2317	2332	2347	
Becontree Heath Civic Cent.(Wood La.	1945	2000	2014	2029	2043	2057	2111	2126	2141	2156	2211	2226	2240	2255	2310	2325	2340	2355	
Dagenham East Station	1952	2007	2021	2036	2050	2104	2118	2133	2147	2202	2217	2232	2246	2301	2316	2330	2345	0000	
South Hornchurch Newtons Corner	1956	2011	2025	2040	2054	2108	2122	2137	2151	2206	2221	2236	2250	2305	2319	2333	2348	0003	
Rainham Station Celtic Farm Road	2003	2018	2032	2047	2101	2114	2128	2143	2157	2212	2227	2242	2256	2311	2325	2339	2353	0008	
103		Sundays and other Public Holidays (except Christmas Day)																	
Chase Cross Chase Cross Road	0500	0520	0540	0600	0620	0640	0700	0719	0738	0757	0817	0837	0857	0917	0937	0957	1017	1036	
Eastern Avenue Pettits Lane	0504	0524	0544	0604	0625	0645	0705	0724	0743	0802	0822	0842	0902	0922	0942	1002	1022	1041	
Romford North Street Bus Garage	0506	0526	0546	0606	0627	0647	0707	0726	0745	0804	0824	0845	0905	0925	0945	1005	1025	1045	
Romford Market St Edward's Way	0508	0528	0548	0608	0629	0649	0709	0728	0747	0806	0826	0847	0907	0927	0947	1007	1027	1047	
Romford Station	0511	0531	0551	0611	0632	0652	0713	0732	0751	0810	0830	0851	0911	0931	0951	1012	1032	1052	
Becontree Heath Civic Cent.(Wood La.	0518	0538	0558	0618	0639	0659	0720	0739	0758	0817	0838	0859	0919	0939	0959	1020	1040	1100	
Dagenham East Station	0523	0543	0603	0624	0645	0705	0726	0745	0804	0823	0844	0905	0925	0946	1006	1027	1047	1107	
South Hornchurch Newtons Corner	0526	0546	0606	0627	0648	0708	0729	0748	0808	0827	0848	0909	0929	0950	1010	1031	1051	1111	
Rainham Station Celtic Farm Road	0531	0551	0611	0632	0653	0714	0735	0754	0814	0833	0854	0915	0935	0956	1017	1038	1058	1118	
Chase Cross Chase Cross Road	1054	1113	1128	1143	1158	1213	1228	1243				1428	1443	1458	1513	1528	1542	1557	1612
Eastern Avenue Pettits Lane	1100	1119	1134	1149	1204	1219	1234	1249				1434	1448	1503	1518	1533	1547	1602	1617
Romford North Street Bus Garage	1104	1123	1138	1153	1208	1223	1238	1253		Then		1438	1452	1506	1521	1536	1550	1605	1620
Romford Market St Edward's Way	1106	1125	1140	1155	1210	1226	1241	1256		every 15		1441	1455	1509	1524	1539	1553	1608	1623
Romford Station	1111	1130	1145	1201	1216	1232	1247	1302		minutes		1447	1501	1515	1530	1545	1559	1614	1629
Becontree Heath Civic Cent.(Wood La.	1120	1139	1154	1210	1225	1241	1256	1312		until		1457	1511	1525	1540	1555	1609	1624	1639
Dagenham East Station	1127	1147	1202	1218	1233	1249	1304	1320				1505	1519	1533	1548	1603	1617	1632	1647
South Hornchurch Newtons Corner	1131	1151	1206	1222	1237	1253	1308	1324				1509	1523	1537	1552	1607	1621	1636	1651
Rainham Station Celtic Farm Road	1138	1158	1213	1229	1244	1300	1315	1331				1516	1530	1544	1559	1614	1628	1643	1658
Chase Cross Chase Cross Road	1627	1642	1657	1713	1729	1745	1800	1816	1831	1846	1901	1917	1932	1946	2001	2017	2032	2047	
Eastern Avenue Pettits Lane	1632	1647	1702	1718	1734	1750	1805	1821	1836	1851	1906	1922	1937	1951	2006	2021	2036	2051	
Romford North Street Bus Garage	1635	1650	1705	1721	1737	1753	1808	1824	1839	1854	1909	1924	1939	1953	2008	2023	2038	2053	
Romford Market St Edward's Way	1638	1653	1707	1723	1739	1755	1810	1826	1841	1856	1911	1926	1941	1955	2010	2025	2040	2055	
Romford Station	1644	1659	1713	1729	1745	1800	1815	1831	1846	1901	1916	1931	1945	1959	2014	2029	2044	2059	
Becontree Heath Civic Cent.(Wood La.	1654	1709	1723	1739	1754	1809	1824	1840	1855	1910	1925	1940	1954	2008	2023	2038	2053	2108	
Dagenham East Station	1702	1717	1731	1746	1801	1816	1831	1847	1902	1917	1932	1947	2001	2015	2030	2045	2100	2114	
South Hornchurch Newtons Corner	1706	1721	1735	1750	1805	1820	1835	1851	1906	1921	1936	1951	2005	2019	2034	2049	2104	2118	
Rainham Station Celtic Farm Road	1713	1728	1742	1757	1812	1827	1842	1857	1912	1927	1942	1957	2011	2025	2040	2055	2110	2124	
Chase Cross Chase Cross Road	2103	2118	2133	2148	2203	2219	2234	2250	2305	2320	2335								
Eastern Avenue Pettits Lane	2107	2122	2137	2152	2207	2223	2238	2254	2309	2324	2339								
Romford North Street Bus Garage	2109	2124	2139	2154	2209	2225	2240	2256	2311	2326	2341								
Romford Market St Edward's Way	2111	2126	2141	2156	2211	2227	2242	2258	2313	2328	2343								
Romford Station	2115	2130	2145	2200	2215	2231	2246	2302	2317	2332	2346								
Becontree Heath Civic Cent.(Wood La.	2123	2138	2153	2208	2223	2238	2253	2309	2324	2339	2353								
Dagenham East Station	2129	2144	2159	2214	2229	2244	2259	2314	2329	2344	2358								
South Hornchurch Newtons Corner	2133	2148	2203	2217	2232	2247	2302	2317	2332	2347	0001								
Rainham Station Celtic Farm Road	2139	2154	2209	2223	2238	2253	2308	2323	2337	2352	0006								

103		Mondays to Thursdays (school days)																
Rainham Station Celtic Farm Road	0500	0520	0540	0555	0610	0622	0633	0641	0649	0657	0705	0714	0722	0731	0741	0751	0801	0812
South Hornchurch Newtons Corner	0506	0526	0546	0602	0617	0629	0641	0650	0658	0707	0715	0724	0732	0741	0751	0801	0811	0822
Dagenham East Station	0510	0531	0551	0607	0622	0634	0647	0656	0704	0713	0722	0731	0740	0750	0800	0810	0820	0831
Becontree Heath Civic Cent.(Wood La.	0516	0537	0557	0613	0628	0641	0654	0703	0712	0721	0730	0740	0750	0800	0810	0820	0830	0841
Romford Station	0523	0544	0605	0621	0637	0650	0703	0713	0722	0732	0742	0752	0802	0812	0822	0832	0842	0852
Romford Market St Edward's Way	0526	0547	0608	0624	0640	0653	0706	0716	0726	0736	0746	0756	0806	0816	0826	0836	0846	0856
Romford North Street (The Squire)	0528	0549	0611	0627	0643	0656	0709	0719	0729	0739	0750	0800	0810	0820	0830	0840	0850	0900
Eastern Avenue Pettits Lane	0530	0551	0613	0629	0645	0659	0712	0722	0733	0743	0754	0804	0814	0824	0834	0844	0854	0904
Chase Cross Chase Cross Road	0534	0555	0617	0633	0650	0704	0717	0727	0738	0749	0800	0810	0820	0830	0840	0850	0900	0910
Rainham Station Celtic Farm Road	0822	0832	0842	0852	0902	0912	0922	0932	0941	0951	Then every 10 minutes until	1121	1131	1141	1151	1201	1211	
South Hornchurch Newtons Corner	0832	0842	0852	0901	0911	0920	0930	0940	0949	0958		1128	1139	1149	1159	1209	1219	
Dagenham East Station	0841	0851	0901	0909	0918	0927	0936	0946	0955	1004		1134	1145	1155	1205	1215	1225	
Becontree Heath Civic Cent.(Wood La.	0851	0901	0910	0918	0927	0936	0945	0954	1003	1012		1142	1153	1203	1213	1223	1233	
Romford Station	0902	0912	0921	0929	0938	0946	0955	1004	1013	1022		1152	1203	1213	1223	1234	1244	
Romford Market St Edward's Way	0906	0916	0925	0933	0942	0950	0959	1008	1017	1026		1156	1207	1217	1227	1238	1248	
Romford North Street (The Squire)	0910	0919	0928	0936	0945	0953	1002	1011	1020	1029		1159	1210	1220	1230	1241	1251	
Eastern Avenue Pettits Lane	0914	0923	0932	0940	0949	0957	1006	1015	1024	1033		1203	1214	1224	1234	1245	1255	
Chase Cross Chase Cross Road	0919	0928	0937	0945	0954	1002	1011	1020	1029	1039	1209	1220	1230	1240	1251	1301		
Rainham Station Celtic Farm Road	1221	1231	1241	1251	1300	1310	1320	1330	1340	1350	1400	1410	1420	1430	1439	1448	1458	1507
South Hornchurch Newtons Corner	1229	1239	1249	1259	1308	1318	1328	1338	1348	1358	1408	1418	1428	1438	1447	1457	1507	1516
Dagenham East Station	1235	1245	1255	1305	1314	1324	1334	1344	1354	1404	1414	1424	1434	1444	1453	1503	1513	1522
Becontree Heath Civic Cent.(Wood La.	1243	1253	1303	1313	1322	1332	1342	1352	1402	1412	1422	1432	1442	1452	1502	1512	1522	1531
Romford Station	1254	1304	1314	1324	1333	1343	1353	1403	1413	1423	1433	1443	1454	1504	1514	1524	1534	1544
Romford Market St Edward's Way	1258	1308	1318	1328	1337	1347	1357	1407	1417	1427	1437	1447	1458	1508	1518	1528	1538	1548
Romford North Street (The Squire)	1301	1311	1321	1331	1340	1350	1400	1410	1420	1431	1441	1451	1502	1512	1522	1532	1542	1552
Eastern Avenue Pettits Lane	1305	1315	1325	1335	1344	1354	1404	1414	1424	1435	1445	1456	1507	1517	1527	1537	1548	1558
Chase Cross Chase Cross Road	1311	1321	1331	1341	1350	1400	1410	1420	1430	1441	1451	1502	1513	1524	1534	1544	1555	1605
Rainham Station Celtic Farm Road	1516	Then every 10 minutes until	1646	1657	1707	1717	1727	1737	1747	1757	1807	1817	1827	1837	1848	1859	1911	
South Hornchurch Newtons Corner	1525		1655	1706	1716	1726	1736	1746	1756	1806	1816	1826	1836	1845	1856	1907	1918	
Dagenham East Station	1532		1702	1713	1723	1733	1743	1753	1802	1812	1822	1832	1842	1850	1901	1912	1923	
Becontree Heath Civic Cent.(Wood La.	1541		1711	1722	1732	1742	1752	1801	1810	1820	1830	1840	1850	1858	1909	1920	1931	
Romford Station	1554		1724	1735	1745	1754	1804	1813	1822	1831	1841	1850	1900	1908	1919	1930	1940	
Romford Market St Edward's Way	1558		1728	1739	1749	1758	1808	1817	1826	1835	1845	1854	1904	1912	1922	1933	1943	
Romford North Street (The Squire)	1602		1732	1743	1753	1802	1812	1821	1830	1839	1849	1858	1908	1916	1926	1937	1947	
Eastern Avenue Pettits Lane	1608		1738	1748	1758	1807	1817	1826	1835	1844	1853	1902	1912	1920	1930	1940	1950	
Chase Cross Chase Cross Road	1615	1745	1755	1805	1814	1823	1832	1841	1850	1859	1908	1918	1926	1936	1946	1956		
Rainham Station Celtic Farm Road	1923	1935	1947	1959	2014	2029	2044	2059	2114	2129	2145	2200	2215	2230	2245	2300	2315	2330
South Hornchurch Newtons Corner	1930	1942	1954	2006	2021	2036	2051	2106	2120	2135	2151	2206	2221	2236	2251	2306	2321	2336
Dagenham East Station	1935	1947	1959	2011	2026	2041	2056	2110	2124	2139	2155	2210	2225	2240	2255	2310	2325	2340
Becontree Heath Civic Cent.(Wood La.	1942	1954	2006	2018	2033	2048	2103	2117	2131	2146	2201	2216	2231	2246	2301	2315	2330	2344
Romford Station	1951	2003	2015	2027	2041	2056	2111	2125	2139	2154	2209	2223	2238	2253	2308	2322	2337	2351
Romford Market St Edward's Way	1954	2006	2018	2030	2044	2059	2114	2128	2142	2157	2212	2226	2241	2256	2311	2325	2340	2354
Romford North Street (The Squire)	1958	2009	2021	2033	2047	2102	2117	2131	2145	2200	2215	2229	2244	2259	2313	2327	2342	2356
Eastern Avenue Pettits Lane	2001	2012	2024	2036	2050	2105	2119	2133	2147	2202	2217	2231	2246	2301	2315	2329	2344	2358
Chase Cross Chase Cross Road	2007	2018	2030	2042	2055	2110	2124	2138	2152	2207	2222	2236	2251	2306	2320	2334	2349	0002
Rainham Station Celtic Farm Road	2345	0000	0015															
South Hornchurch Newtons Corner	2350	0005	0020															
Dagenham East Station	2354	0008	0023															
Becontree Heath Civic Cent.(Wood La.	2358	0012	0027															
Romford Station	0004	0018	0033															
Romford Market St Edward's Way	0007	0021	0036															
Romford North Street (The Squire)	0009	0023	0038															
Eastern Avenue Pettits Lane	0011	0025	0040															
Chase Cross Chase Cross Road	0015	0029	0044															

103		Fridays (school days)																
Rainham Station Celtic Farm Road	0500	0520	0540	0555	0610	0622	0633	0641	0649	0657	0705	0714	0722	0731	0741	0751	0801	0812
South Hornchurch Newtons Corner	0506	0526	0546	0602	0617	0629	0641	0650	0658	0707	0715	0724	0732	0741	0751	0801	0811	0822
Dagenham East Station	0510	0531	0551	0607	0622	0634	0647	0656	0704	0713	0722	0731	0740	0750	0800	0810	0820	0831
Becontree Heath Civic Cent. (Wood La.)	0516	0537	0557	0613	0628	0641	0654	0703	0712	0721	0730	0740	0750	0800	0810	0820	0830	0841
Romford Station	0523	0544	0605	0621	0637	0650	0703	0713	0722	0732	0742	0752	0802	0812	0822	0832	0842	0852
Romford Market St Edward's Way	0526	0547	0608	0624	0640	0653	0706	0716	0726	0736	0746	0756	0806	0816	0826	0836	0846	0856
Romford North Street (The Squire)	0528	0549	0611	0627	0643	0656	0709	0719	0729	0739	0750	0800	0810	0820	0830	0840	0850	0900
Eastern Avenue Pettits Lane	0530	0551	0613	0629	0645	0659	0712	0722	0733	0743	0754	0804	0814	0824	0834	0844	0854	0904
Chase Cross Chase Cross Road	0534	0555	0617	0633	0650	0704	0717	0727	0738	0749	0800	0810	0820	0830	0840	0850	0900	0910
Rainham Station Celtic Farm Road	0822	0832	0842	0852	0902	0912	0922	0932	0941	0951	Then every 10 minutes until	1121	1131	1141	1151	1201	1211	
South Hornchurch Newtons Corner	0832	0842	0852	0901	0911	0920	0930	0940	0949	0958		1128	1139	1149	1159	1209	1219	
Dagenham East Station	0841	0851	0901	0909	0918	0927	0936	0946	0955	1004		1134	1145	1155	1205	1215	1225	
Becontree Heath Civic Cent. (Wood La.)	0851	0901	0910	0918	0927	0936	0945	0954	1003	1012		1142	1153	1203	1213	1223	1233	
Romford Station	0902	0912	0921	0929	0938	0946	0955	1004	1013	1022		1152	1203	1213	1223	1234	1244	
Romford Market St Edward's Way	0906	0916	0925	0933	0942	0950	0959	1008	1017	1026		1156	1207	1217	1227	1238	1248	
Romford North Street (The Squire)	0910	0919	0928	0936	0945	0953	1002	1011	1020	1029		1159	1210	1220	1230	1241	1251	
Eastern Avenue Pettits Lane	0914	0923	0932	0940	0949	0957	1006	1015	1024	1033		1203	1214	1224	1234	1245	1255	
Chase Cross Chase Cross Road	0919	0928	0937	0945	0954	1002	1011	1020	1029	1039		1209	1220	1230	1240	1251	1301	
Rainham Station Celtic Farm Road	1221	1231	1241	1251	1300	1310	1320	1330	1340	1350	1400	1410	1420	1430	1439	1448	1458	1507
South Hornchurch Newtons Corner	1229	1239	1249	1259	1308	1318	1328	1338	1348	1358	1408	1418	1428	1438	1447	1457	1507	1516
Dagenham East Station	1235	1245	1255	1305	1314	1324	1334	1344	1354	1404	1414	1424	1434	1444	1453	1503	1513	1522
Becontree Heath Civic Cent. (Wood La.)	1243	1253	1303	1313	1322	1332	1342	1352	1402	1412	1422	1432	1442	1452	1502	1512	1522	1531
Romford Station	1254	1304	1314	1324	1333	1343	1353	1403	1413	1423	1433	1443	1454	1504	1514	1524	1534	1544
Romford Market St Edward's Way	1258	1308	1318	1328	1337	1347	1357	1407	1417	1427	1437	1447	1458	1508	1518	1528	1538	1548
Romford North Street (The Squire)	1301	1311	1321	1331	1340	1350	1400	1410	1420	1431	1441	1451	1502	1512	1522	1532	1542	1552
Eastern Avenue Pettits Lane	1305	1315	1325	1335	1344	1354	1404	1414	1424	1435	1445	1456	1507	1517	1527	1537	1548	1558
Chase Cross Chase Cross Road	1311	1321	1331	1341	1350	1400	1410	1420	1430	1441	1451	1502	1513	1524	1534	1544	1555	1605
Rainham Station Celtic Farm Road	1516	Then every 10 minutes until	1646	1657	1707	1717	1727	1737	1747	1757	1807	1817	1827	1837	1848	1859	1911	
South Hornchurch Newtons Corner	1525		1655	1706	1716	1726	1736	1746	1756	1806	1816	1826	1836	1845	1856	1907	1918	
Dagenham East Station	1532		1702	1713	1723	1733	1743	1753	1802	1812	1822	1832	1842	1850	1901	1912	1923	
Becontree Heath Civic Cent. (Wood La.)	1541		1711	1722	1732	1742	1752	1801	1810	1820	1830	1840	1850	1858	1909	1920	1931	
Romford Station	1554		1724	1735	1745	1754	1804	1813	1822	1831	1841	1850	1900	1908	1919	1930	1940	
Romford Market St Edward's Way	1558		1728	1739	1749	1758	1808	1817	1826	1835	1845	1854	1904	1912	1922	1933	1943	
Romford North Street (The Squire)	1602		1732	1743	1753	1802	1812	1821	1830	1839	1849	1858	1908	1916	1926	1937	1947	
Eastern Avenue Pettits Lane	1608		1738	1748	1758	1807	1817	1826	1835	1844	1853	1902	1912	1920	1930	1940	1950	
Chase Cross Chase Cross Road	1615		1745	1755	1805	1814	1823	1832	1841	1850	1859	1908	1918	1926	1936	1946	1956	
Rainham Station Celtic Farm Road	1923	1935	1947	1959	2014	2029	2044	2059	2114	2129	2145	2200	2215	2230	2245	2300	2315	2330
South Hornchurch Newtons Corner	1930	1942	1954	2006	2021	2036	2051	2106	2120	2135	2151	2206	2221	2236	2251	2306	2321	2336
Dagenham East Station	1935	1947	1959	2011	2026	2041	2056	2110	2124	2139	2155	2210	2225	2240	2255	2310	2325	2340
Becontree Heath Civic Cent. (Wood La.)	1942	1954	2006	2018	2033	2048	2103	2117	2131	2146	2201	2216	2231	2246	2301	2316	2331	2345
Romford Station	1951	2003	2015	2027	2041	2056	2111	2125	2139	2154	2209	2223	2238	2253	2308	2323	2338	2352
Romford Market St Edward's Way	1954	2006	2018	2030	2044	2059	2114	2128	2142	2157	2212	2226	2241	2256	2311	2326	2341	2355
Romford North Street (The Squire)	1958	2009	2021	2033	2047	2102	2117	2131	2145	2200	2215	2229	2244	2259	2313	2328	2343	2357
Eastern Avenue Pettits Lane	2001	2012	2024	2036	2050	2105	2119	2133	2147	2202	2217	2231	2246	2301	2315	2330	2345	2359
Chase Cross Chase Cross Road	2007	2018	2030	2042	2055	2110	2124	2138	2152	2207	2222	2236	2251	2306	2320	2335	2349	0003
Rainham Station Celtic Farm Road	2345	0000	0015															
South Hornchurch Newtons Corner	2350	0005	0020															
Dagenham East Station	2354	0008	0023															
Becontree Heath Civic Cent. (Wood La.)	2359	0013	0028															
Romford Station	0006	0020	0035															
Romford Market St Edward's Way	0009	0023	0038															
Romford North Street (The Squire)	0011	0025	0040															
Eastern Avenue Pettits Lane	0013	0027	0042															
Chase Cross Chase Cross Road	0017	0031	0046															

103 Mondays to Fridays (school holidays)

Rainham Station Celtic Farm Road	0500	0520	0540	0555	0611	0623	0632	0641	0649	0657	0706	0715	0724	Then every 10 minutes until	0834	0845	0855
South Hornchurch Newtons Corner	0506	0526	0546	0602	0618	0630	0639	0649	0657	0705	0715	0724	0733		0843	0854	0904
Dagenham East Station	0510	0531	0551	0607	0623	0636	0645	0655	0703	0712	0722	0731	0741		0851	0902	0911
Becontree Heath Civic Cent.(Wood La.	0516	0537	0557	0613	0630	0643	0652	0702	0711	0720	0730	0740	0750		0900	0910	0919
Romford Station	0523	0544	0605	0621	0639	0652	0702	0712	0721	0731	0741	0751	0801		0911	0921	0930
Romford Market St Edward's Way	0526	0547	0608	0624	0642	0655	0705	0715	0725	0735	0745	0755	0805		0915	0925	0934
Romford North Street (The Squire)	0528	0549	0611	0627	0645	0658	0708	0718	0728	0738	0748	0758	0808		0918	0928	0937
Eastern Avenue Pettits Lane	0530	0551	0613	0629	0647	0701	0711	0722	0732	0742	0752	0802	0812		0922	0932	0941
Chase Cross Chase Cross Road	0534	0555	0617	0633	0652	0706	0716	0727	0737	0747	0757	0807	0817	0927	0937	0946	

Rainham Station Celtic Farm Road	0905	0915	0925	0935	Then every 10 minutes until	1025	1035	Then every 10 minutes until	1115	1125	1135	1145	1155	Then every 10 minutes until	1335
South Hornchurch Newtons Corner	0914	0924	0933	0942		1032	1042		1122	1133	1143	1153	1203		1343
Dagenham East Station	0921	0930	0939	0948		1038	1048		1128	1139	1149	1159	1209		1349
Becontree Heath Civic Cent.(Wood La.	0929	0938	0947	0956		1046	1056		1136	1147	1157	1207	1217		1357
Romford Station	0939	0948	0957	1006		1056	1106		1146	1157	1207	1217	1228		1408
Romford Market St Edward's Way	0943	0952	1001	1010		1100	1110		1150	1201	1211	1221	1232		1412
Romford North Street (The Squire)	0946	0955	1004	1013		1103	1113		1153	1204	1214	1224	1235		1415
Eastern Avenue Pettits Lane	0950	0959	1008	1017		1107	1117		1157	1208	1218	1228	1239		1419
Chase Cross Chase Cross Road	0955	1004	1013	1022	1112	1123	1203	1214	1224	1234	1245	1425			

Rainham Station Celtic Farm Road	1345	1355	1405	1415	1425	1435	1444	1453	1501	1510	Then every 10 minutes until	1640	1650	1700	1710	1720	1730
South Hornchurch Newtons Corner	1353	1403	1413	1423	1433	1443	1452	1501	1510	1519		1649	1659	1709	1719	1729	1739
Dagenham East Station	1359	1409	1419	1429	1439	1449	1458	1507	1517	1526		1656	1706	1716	1726	1736	1746
Becontree Heath Civic Cent.(Wood La.	1407	1417	1427	1437	1447	1457	1507	1516	1526	1535		1705	1715	1725	1735	1745	1754
Romford Station	1418	1428	1438	1448	1458	1508	1518	1528	1538	1548		1718	1728	1738	1747	1757	1806
Romford Market St Edward's Way	1422	1432	1442	1452	1502	1512	1522	1532	1542	1552		1722	1732	1742	1751	1801	1810
Romford North Street (The Squire)	1426	1436	1446	1456	1506	1516	1526	1536	1546	1556		1726	1736	1746	1755	1805	1814
Eastern Avenue Pettits Lane	1430	1440	1450	1500	1510	1521	1531	1542	1552	1602		1732	1741	1751	1800	1810	1819
Chase Cross Chase Cross Road	1436	1446	1456	1506	1516	1527	1538	1549	1559	1609	1739	1748	1758	1807	1816	1825	

Rainham Station Celtic Farm Road	1740	1750	1800	1810	1820	1830	1841	1852	1904	1916	1928	1940	1952	2004	2016	2030	2045	2100
South Hornchurch Newtons Corner	1749	1759	1809	1819	1829	1838	1849	1900	1911	1923	1935	1947	1959	2011	2023	2037	2052	2107
Dagenham East Station	1755	1805	1815	1825	1835	1844	1855	1906	1916	1928	1940	1952	2004	2016	2028	2042	2056	2111
Becontree Heath Civic Cent.(Wood La.	1803	1813	1823	1833	1843	1852	1903	1914	1924	1935	1947	1959	2011	2023	2035	2049	2103	2118
Romford Station	1815	1824	1834	1843	1853	1902	1913	1924	1934	1944	1956	2008	2020	2031	2043	2057	2111	2126
Romford Market St Edward's Way	1819	1828	1838	1847	1857	1906	1916	1927	1937	1947	1959	2011	2023	2034	2046	2100	2114	2129
Romford North Street (The Squire)	1823	1832	1842	1851	1901	1910	1920	1931	1941	1951	2002	2014	2026	2037	2049	2103	2117	2132
Eastern Avenue Pettits Lane	1828	1837	1846	1855	1905	1914	1924	1934	1944	1954	2005	2017	2029	2040	2052	2105	2119	2134
Chase Cross Chase Cross Road	1834	1843	1852	1901	1911	1920	1930	1940	1950	2000	2011	2023	2034	2045	2057	2110	2124	2139

Rainham Station Celtic Farm Road	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015
South Hornchurch Newtons Corner	2121	2136	2151	2206	2221	2236	2251	2306	2321	2336	2350	0005	0020
Dagenham East Station	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2354	0008	0023
Becontree Heath Civic Cent.(Wood La.	2132	2146	2201	2216	2231	2246	2300	2315	2330	2344	2358	0012	0027
Romford Station	2140	2154	2208	2223	2238	2253	2307	2322	2337	2350	0004	0018	0033
Romford Market St Edward's Way	2143	2157	2211	2226	2241	2256	2310	2325	2340	2353	0007	0021	0036
Romford North Street (The Squire)	2146	2200	2214	2229	2244	2258	2312	2327	2342	2355	0009	0023	0038
Eastern Avenue Pettits Lane	2148	2202	2216	2231	2246	2300	2314	2329	2344	2357	0011	0025	0040
Chase Cross Chase Cross Road	2153	2207	2221	2236	2251	2305	2319	2334	2348	0001	0015	0029	0044

103 Saturdays (also Good Friday)

Rainham Station Celtic Farm Road	0500	0520	0540	0600	0620	0640	0700	0720	0735	0750	0802	0814	0825	0835	0845	0855	0904	0913
South Hornchurch Newtons Corner	0505	0525	0545	0606	0626	0646	0706	0726	0741	0756	0809	0821	0832	0842	0852	0902	0911	0920
Dagenham East Station	0509	0529	0549	0610	0630	0650	0711	0731	0746	0801	0814	0826	0837	0847	0857	0907	0916	0925
Becontree Heath Civic Cent.(Wood La.	0514	0534	0554	0615	0636	0656	0717	0737	0752	0808	0821	0833	0844	0854	0904	0914	0923	0932
Romford Station	0521	0541	0601	0622	0643	0704	0725	0745	0800	0816	0829	0841	0853	0903	0913	0923	0932	0942
Romford Market St Edward's Way	0524	0544	0604	0625	0646	0707	0728	0748	0803	0819	0832	0844	0856	0906	0916	0926	0936	0946
Romford North Street (The Squire)	0526	0546	0607	0628	0649	0710	0731	0751	0806	0822	0835	0847	0859	0909	0919	0929	0939	0949
Eastern Avenue Pettits Lane	0528	0548	0609	0630	0651	0712	0733	0753	0808	0824	0837	0849	0901	0911	0922	0932	0942	0952
Chase Cross Chase Cross Road	0532	0552	0613	0634	0655	0716	0737	0758	0813	0829	0842	0854	0906	0916	0927	0937	0947	0957

Rainham Station Celtic Farm Road	0922	0932	0941	0950	0959	1009	1019	1029	1039	1049	1059	1109	1118	1127	1137	1147	1157	1206
South Hornchurch Newtons Corner	0929	0939	0948	0957	1006	1016	1026	1036	1047	1057	1107	1117	1126	1135	1145	1155	1205	1215
Dagenham East Station	0934	0944	0953	1003	1012	1022	1032	1042	1053	1103	1113	1123	1132	1141	1151	1201	1211	1221
Becontree Heath Civic Cent.(Wood La.	0942	0952	1001	1011	1020	1030	1040	1050	1101	1111	1121	1131	1140	1149	1159	1209	1219	1229
Romford Station	0952	1002	1012	1022	1031	1041	1051	1101	1112	1123	1133	1143	1153	1202	1212	1222	1232	1242
Romford Market St Edward's Way	0956	1006	1016	1026	1035	1045	1055	1105	1116	1127	1137	1147	1157	1206	1216	1226	1236	1246
Romford North Street (The Squire)	0959	1009	1019	1029	1039	1049	1059	1109	1120	1131	1141	1151	1201	1210	1220	1230	1240	1250
Eastern Avenue Pettits Lane	1002	1013	1023	1033	1043	1053	1103	1113	1124	1135	1145	1155	1205	1215	1225	1235	1245	1255
Chase Cross Chase Cross Road	1007	1018	1028	1038	1048	1058	1108	1119	1130	1141	1151	1201	1211	1221	1231	1241	1251	1301

103		Saturdays (also Good Friday) (cont.)																
Rainham Station Celtic Farm Road	1216		1316	1327	1338	1349	1359	1409	1419	1429	1439	1449		1559	1610	1620		
South Hornchurch Newtons Corner	1225		1325	1335	1346	1357	1407	1417	1427	1437	1447	1457		1607	1618	1628		
Dagenham East Station	1231	Then	1331	1341	1352	1403	1413	1423	1433	1443	1453	1503	Then	1613	1624	1634		
Becontree Heath Civic Cent. (Wood La.)	1239	every 10	1339	1349	1400	1411	1421	1431	1441	1451	1501	1511	every 10	1621	1632	1642		
Romford Station	1252	minutes	1352	1402	1413	1424	1433	1443	1453	1503	1513	1522	minutes	1632	1642	1652		
Romford Market St Edward's Way	1256	until	1356	1406	1417	1428	1437	1447	1457	1507	1517	1526	until	1636	1646	1656		
Romford North Street (The Squire)	1300		1400	1410	1421	1432	1441	1451	1501	1511	1521	1530		1640	1650	1700		
Eastern Avenue Pettits Lane	1305		1405	1415	1425	1436	1445	1455	1505	1515	1525	1534		1644	1654	1704		
Chase Cross Chase Cross Road	1311		1411	1421	1431	1442	1451	1501	1511	1521	1531	1540		1650	1700	1710		
Rainham Station Celtic Farm Road	1630	1640	1650	1700	1710	1720	1730	1740	1752	1804	1816	1828	1840	1852	1904	1916	1930	1945
South Hornchurch Newtons Corner	1638	1648	1658	1708	1718	1728	1738	1748	1800	1812	1824	1836	1848	1900	1912	1924	1938	1952
Dagenham East Station	1644	1654	1704	1714	1724	1734	1744	1754	1806	1818	1830	1842	1854	1906	1918	1930	1944	1958
Becontree Heath Civic Cent. (Wood La.)	1652	1702	1712	1722	1732	1742	1752	1802	1814	1826	1838	1849	1901	1913	1925	1937	1951	2005
Romford Station	1702	1712	1722	1732	1742	1752	1802	1811	1823	1835	1847	1858	1910	1922	1934	1946	2000	2014
Romford Market St Edward's Way	1706	1716	1726	1736	1746	1756	1806	1815	1827	1839	1851	1902	1913	1925	1937	1949	2003	2017
Romford North Street (The Squire)	1710	1720	1730	1740	1750	1759	1809	1818	1830	1842	1854	1905	1916	1928	1940	1952	2006	2020
Eastern Avenue Pettits Lane	1714	1724	1734	1744	1754	1803	1812	1821	1833	1845	1857	1908	1919	1931	1943	1955	2009	2023
Chase Cross Chase Cross Road	1720	1730	1740	1750	1800	1809	1818	1827	1839	1851	1903	1914	1925	1937	1949	2001	2015	2028
Rainham Station Celtic Farm Road	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230							
South Hornchurch Newtons Corner	2007	2022	2037	2052	2107	2122	2137	2151	2206	2221	2236							
Dagenham East Station	2012	2027	2042	2057	2112	2127	2142	2156	2210	2225	2240							
Becontree Heath Civic Cent. (Wood La.)	2019	2034	2049	2104	2119	2133	2148	2202	2216	2231	2246							
Romford Station	2028	2043	2058	2112	2127	2141	2156	2210	2224	2238	2253							
Romford Market St Edward's Way	2031	2046	2101	2115	2130	2144	2159	2213	2227	2241	2256							
Romford North Street (The Squire)	2034	2049	2104	2118	2133	2147	2202	2216	2230	2244	2259							
Eastern Avenue Pettits Lane	2036	2051	2106	2120	2135	2149	2204	2218	2232	2246	2301							
Chase Cross Chase Cross Road	2041	2056	2111	2125	2140	2154	2209	2223	2237	2251	2306							
103		Sundays and other Public Holidays (except Christmas Day)																
Rainham Station Celtic Farm Road	0500	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820	0840	0900	0920	0940	1000	1015	1029
South Hornchurch Newtons Corner	0505	0525	0545	0605	0626	0646	0706	0726	0746	0806	0827	0847	0907	0927	0947	1007	1022	1036
Dagenham East Station	0509	0529	0549	0609	0630	0650	0710	0730	0750	0811	0832	0852	0912	0932	0952	1012	1027	1042
Becontree Heath Civic Cent. (Wood La.)	0514	0534	0554	0614	0636	0656	0716	0736	0756	0817	0838	0858	0918	0939	0959	1019	1034	1049
Romford Station	0521	0541	0601	0621	0643	0704	0724	0744	0804	0825	0846	0906	0926	0947	1008	1028	1043	1058
Romford Market St Edward's Way	0524	0544	0604	0624	0646	0707	0727	0747	0807	0828	0849	0909	0929	0950	1011	1032	1047	1102
Romford North Street (The Squire)	0526	0546	0606	0627	0649	0710	0730	0750	0810	0831	0852	0912	0932	0953	1014	1035	1050	1105
Eastern Avenue Pettits Lane	0528	0548	0608	0629	0651	0712	0732	0752	0812	0833	0854	0914	0935	0956	1017	1038	1053	1108
Chase Cross Chase Cross Road	0531	0552	0612	0633	0655	0716	0736	0756	0816	0837	0858	0919	0940	1001	1022	1043	1058	1113
Rainham Station Celtic Farm Road	1043	1057	1112	1126	1141	1156	1211	1226										
South Hornchurch Newtons Corner	1050	1105	1120	1134	1149	1204	1219	1234										
Dagenham East Station	1056	1111	1126	1140	1155	1210	1225	1240	Then	1341	1356	1411	1427	1442	1457	1512	1527	
Becontree Heath Civic Cent. (Wood La.)	1103	1118	1133	1148	1203	1218	1233	1248	every 15	1349	1404	1419	1435	1449	1504	1519	1534	
Romford Station	1113	1128	1143	1158	1213	1228	1243	1258	minutes	1355	1410	1425	1440	1454	1509	1524	1539	
Romford Market St Edward's Way	1117	1132	1147	1202	1217	1232	1247	1302	until	1403	1418	1433	1448	1502	1516	1531	1546	
Romford North Street (The Squire)	1120	1135	1150	1205	1220	1235	1250	1306		1413	1428	1443	1458	1512	1526	1541	1555	
Eastern Avenue Pettits Lane	1123	1138	1153	1208	1224	1239	1254	1310		1417	1432	1447	1502	1516	1530	1545	1559	
Chase Cross Chase Cross Road	1128	1143	1158	1214	1230	1245	1300	1316		1421	1436	1451	1506	1520	1534	1549	1603	
Rainham Station Celtic Farm Road	1542	1557	1612	1627	1642	1657	1711	1727	1742	1756	1810	1825	1840	1856	1911	1926	1942	1958
South Hornchurch Newtons Corner	1549	1604	1619	1634	1649	1704	1718	1734	1749	1803	1817	1832	1847	1903	1918	1933	1949	2004
Dagenham East Station	1554	1609	1624	1639	1654	1709	1723	1739	1754	1808	1822	1837	1852	1908	1923	1938	1954	2009
Becontree Heath Civic Cent. (Wood La.)	1601	1616	1631	1646	1701	1716	1730	1746	1801	1815	1829	1844	1859	1915	1930	1945	2001	2016
Romford Station	1610	1625	1640	1655	1710	1725	1739	1755	1810	1824	1838	1853	1908	1923	1938	1953	2009	2024
Romford Market St Edward's Way	1614	1629	1644	1659	1714	1728	1742	1758	1813	1827	1841	1856	1911	1926	1941	1956	2012	2027
Romford North Street (The Squire)	1617	1632	1647	1702	1717	1731	1745	1801	1816	1830	1844	1859	1914	1929	1944	1959	2015	2030
Eastern Avenue Pettits Lane	1620	1635	1650	1705	1720	1734	1748	1804	1819	1833	1847	1902	1917	1932	1947	2002	2017	2032
Chase Cross Chase Cross Road	1626	1641	1656	1711	1726	1740	1754	1809	1824	1838	1852	1907	1922	1937	1952	2007	2022	2037
Rainham Station Celtic Farm Road	2013	2029	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	
South Hornchurch Newtons Corner	2019	2035	2051	2106	2121	2136	2151	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	
Dagenham East Station	2024	2039	2055	2110	2125	2140	2155	2209	2224	2239	2254	2309	2323	2338	2353	0008	0023	
Becontree Heath Civic Cent. (Wood La.)	2031	2046	2101	2116	2131	2146	2201	2215	2229	2244	2259	2314	2328	2343	2358	0013	0027	
Romford Station	2039	2054	2109	2123	2138	2153	2208	2222	2236	2251	2306	2320	2334	2349	0004	0019	0033	
Romford Market St Edward's Way	2042	2057	2112	2126	2141	2156	2211	2225	2239	2254	2309	2323	2337	2352	0007	0022	0036	
Romford North Street (The Squire)	2045	2100	2115	2129	2143	2158	2213	2227	2241	2256	2311	2325	2339	2354	0009	0024	0038	
Eastern Avenue Pettits Lane	2047	2102	2117	2131	2145	2200	2215	2229	2243	2258	2313	2327	2341	2356	0011	0026	0040	
Chase Cross Chase Cross Road	2052	2107	2122	2136	2150	2205	2220	2234	2248	2303	2317	2331	2345	0000	0015	0030	0044	