104 Beckton – Upton Park – Stratford

104 Mondays to Fridays

Beckton *Bus Station*	0510	0530	0550	0605	0620	0635	0647	0659											
Lonsdale Avenue *Hatherley Gardens*	0518	0538	0558	0613	0628	0643	0655	0708											
Upton Park *The Boleyn (Green Street)*	0522	0542	0602	0617	0632	0647	0700	0713											
Upton Park Station	0524	0544	0604	0619	0634	0649	0702	0715											
Green Street *Plashet Grove*	0525	0545	0605	0620	0635	0650	0703	0716											
Portway *Plashet Road*	0529	0549	0609	0625	0640	0655	0708	0721											
Stratford *Bus Station*	0536	0556	0617	0633	0648	0703	0716	0729											

Beckton *Bus Station*	2105	2117	2129	2141	2153	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	0040	0100	0120	
Lonsdale Avenue *Hatherley Gardens*	2113	2125	2137	2149	2201	2213	2228	2243	2258	2313	2328	2343	2357	0012	0027	0047	0107	0127	
Upton Park *The Boleyn (Green Street)*	2117	2129	2141	2153	2205	2217	2232	2247	2301	2316	2331	2346	0000	0015	0030	0050	0110	0130	
Upton Park Station	2119	2131	2143	2155	2207	2219	2234	2249	2303	2318	2333	2348	0002	0017	0032	0052	0112	0132	
Green Street *Plashet Grove*	2120	2132	2144	2156	2208	2220	2235	2250	2304	2319	2334	2349	0003	0018	0033	0053	0113	0133	
Portway *Plashet Road*	2125	2137	2149	2200	2212	2224	2239	2254	2308	2323	2338	2353	0007	0022	0037	0057	0117	0137	
Stratford *Bus Station*	2133	2145	2157	2208	2219	2231	2246	2301	2315	2330	2345	2359	0013	0028	0043	0103	0123	0143	

Then about every 10 minutes until

104 Saturdays (also Good Friday)

Beckton *Bus Station*	0510	0530	0550	0610	0630	0650	0705	0720	0735	0750	0802	0814	0826						
Lonsdale Avenue *Hatherley Gardens*	0517	0537	0557	0617	0637	0657	0712	0727	0742	0757	0809	0821	0833						
Upton Park *The Boleyn (Green Street)*	0520	0540	0600	0621	0641	0701	0716	0731	0746	0801	0813	0826	0838						
Upton Park Station	0522	0542	0602	0623	0643	0703	0718	0733	0748	0803	0815	0828	0840						
Green Street *Plashet Grove*	0523	0543	0603	0624	0644	0704	0719	0734	0749	0804	0816	0829	0841						
Portway *Plashet Road*	0527	0547	0607	0628	0648	0708	0723	0738	0753	0808	0821	0834	0846						
Stratford *Bus Station*	0533	0553	0614	0635	0655	0715	0730	0745	0801	0816	0829	0842	0854						

Then about every 10 minutes until

Beckton *Bus Station*	2029	2041	2053	2105	2117	2129	2141	2153	2205	2220	2235	2250	2305						
Lonsdale Avenue *Hatherley Gardens*	2037	2049	2101	2113	2125	2137	2149	2201	2213	2228	2243	2258	2312						
Upton Park *The Boleyn (Green Street)*	2042	2054	2105	2117	2129	2141	2153	2205	2217	2232	2247	2301	2315						
Upton Park Station	2044	2056	2107	2119	2131	2143	2155	2207	2219	2234	2249	2303	2317						
Green Street *Plashet Grove*	2046	2058	2109	2121	2132	2144	2156	2208	2220	2235	2250	2304	2318						
Portway *Plashet Road*	2052	2103	2114	2126	2137	2149	2201	2213	2225	2240	2255	2309	2323						
Stratford *Bus Station*	2101	2112	2123	2134	2145	2157	2208	2220	2232	2247	2302	2316	2330						

Then every 15 mins. until

Beckton *Bus Station*														0020	0040	0100	0120		
Lonsdale Avenue *Hatherley Gardens*														0027	0047	0107	0127		
Upton Park *The Boleyn (Green Street)*														0030	0050	0110	0130		
Upton Park Station														0032	0052	0112	0132		
Green Street *Plashet Grove*														0033	0053	0113	0133		
Portway *Plashet Road*														0038	0058	0118	0138		
Stratford *Bus Station*														0045	0105	0125	0145		

Then every 12 mins. until

104 Sundays and other Public Holidays (except Christmas Day)

Beckton *Bus Station*	0545	0605	0625	0645	0705	0725	0745	0800	0815	0829	0841	0853	0904	0916	0928			1040	1052
Lonsdale Avenue *Hatherley Gardens*	0552	0612	0632	0652	0712	0732	0752	0807	0822	0836	0848	0900	0911	0923	0936			1048	1100
Upton Park *The Boleyn (Green Street)*	0556	0616	0636	0656	0716	0736	0756	0811	0826	0840	0852	0904	0916	0928	0941			1053	1105
Upton Park Station	0557	0617	0637	0657	0717	0738	0758	0813	0828	0842	0854	0906	0918	0930	0943			1055	1107
Green Street *Plashet Grove*	0558	0618	0638	0658	0718	0739	0759	0814	0829	0843	0855	0907	0919	0931	0944			1056	1108
Portway *Plashet Road*	0602	0622	0642	0702	0722	0743	0803	0818	0833	0848	0900	0912	0924	0936	0949			1101	1113
Stratford *Bus Station*	0608	0628	0648	0709	0729	0750	0810	0825	0840	0855	0907	0920	0932	0944	0957			1109	1122

Then every 12 minutes until

Beckton *Bus Station*	1104	1116	1127	1139	1151	1203	1215	1227		1339	1351	1403	1415	1427	1439			1715	
Lonsdale Avenue *Hatherley Gardens*	1112	1124	1136	1148	1200	1213	1225	1237		1349	1402	1414	1426	1438	1450			1726	
Upton Park *The Boleyn (Green Street)*	1117	1129	1141	1153	1205	1218	1230	1243		1355	1408	1420	1432	1444	1455			1731	
Upton Park Station	1119	1131	1143	1155	1207	1220	1233	1246		1358	1411	1423	1435	1447	1458			1734	
Green Street *Plashet Grove*	1120	1132	1144	1157	1209	1222	1235	1248		1400	1413	1425	1437	1449	1500			1736	
Portway *Plashet Road*	1126	1138	1150	1203	1215	1228	1242	1255		1407	1420	1432	1444	1456	1507			1743	
Stratford *Bus Station*	1135	1147	1159	1212	1224	1237	1251	1304		1416	1429	1441	1453	1505	1516			1752	

Then every 12 minutes until

Beckton *Bus Station*	1727	1739	1751	1803	1815	1827	1839	1851	1903	1916	1928	1941	1953	2005	2017	2029	2041	2053	
Lonsdale Avenue *Hatherley Gardens*	1738	1749	1801	1813	1825	1837	1849	1901	1913	1925	1937	1949	2001	2013	2025	2037	2049	2101	
Upton Park *The Boleyn (Green Street)*	1743	1754	1806	1818	1830	1842	1854	1906	1918	1930	1942	1954	2006	2018	2030	2042	2053	2105	
Upton Park Station	1746	1757	1809	1821	1833	1845	1856	1908	1920	1932	1944	1956	2008	2020	2032	2044	2055	2107	
Green Street *Plashet Grove*	1748	1759	1810	1822	1834	1846	1857	1909	1921	1933	1945	1957	2009	2021	2033	2045	2056	2108	
Portway *Plashet Road*	1754	1805	1816	1828	1840	1852	1903	1915	1927	1939	1951	2003	2015	2027	2039	2051	2102	2114	
Stratford *Bus Station*	1803	1814	1825	1837	1849	1901	1912	1923	1935	1947	1959	2011	2023	2035	2047	2058	2109	2121	

Beckton *Bus Station*	2105	2117	2129	2141	2153	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	0040	0100	0120	
Lonsdale Avenue *Hatherley Gardens*	2113	2125	2137	2149	2201	2213	2228	2243	2258	2313	2327	2342	2357	0012	0027	0047	0107	0127	
Upton Park *The Boleyn (Green Street)*	2117	2129	2141	2153	2205	2217	2232	2247	2302	2317	2330	2345	0000	0015	0030	0050	0110	0130	
Upton Park Station	2119	2131	2143	2155	2207	2219	2234	2249	2304	2319	2332	2347	0002	0017	0032	0052	0112	0132	
Green Street *Plashet Grove*	2120	2132	2144	2156	2208	2220	2235	2250	2305	2320	2333	2348	0003	0018	0033	0053	0113	0133	
Portway *Plashet Road*	2126	2137	2149	2201	2213	2225	2240	2255	2310	2324	2337	2352	0007	0022	0037	0057	0117	0137	
Stratford *Bus Station*	2133	2144	2156	2208	2220	2232	2247	2302	2317	2330	2343	2358	0013	0028	0043	0103	0123	0143	

104 Stratford – Upton Park – Beckton

104 Mondays to Fridays

Stratford *Bus Station*	0435	0455	0515	0535	0555	0615	0630	0645	0657	0709	0719			2000	2012	2024	2036	2048		
Plashet Road *Portway*	0440	0500	0520	0540	0600	0620	0636	0651	0703	0715	0726	*Then*		2008	2020	2032	2044	2056		
Plashet Road *Green Street*	0442	0502	0522	0542	0602	0622	0638	0654	0706	0718	0729	*about*		2011	2023	2035	2047	2059		
Upton Park Station	0444	0504	0524	0544	0604	0624	0640	0656	0708	0720	0731	*every 10*		2013	2025	2037	2049	2101		
Upton Park *The Boleyn (Green Street)*	0446	0506	0526	0546	0606	0626	0642	0658	0710	0722	0734	*minutes*		2016	2028	2040	2052	2104		
Lonsdale Avenue *Hatherley Gardens*	0449	0509	0529	0549	0609	0629	0645	0701	0713	0726	0739	*until*		2021	2033	2045	2057	2109		
Beckton *Bus Station*	0454	0514	0534	0554	0615	0636	0652	0708	0720	0733	0747			2029	2041	2053	2105	2116		
Stratford *Bus Station*	2100		2200	2215	2230	2245	2300		0030	0050	0110									
Plashet Road *Portway*	2107	*Then*	2207	2222	2237	2252	2307	*Then*	0037	0057	0117									
Plashet Road *Green Street*	2110	*every 12*	2210	2225	2240	2255	2310	*every 15*	0040	0100	0120									
Upton Park Station	2112	*minutes*	2212	2227	2242	2257	2312	*minutes*	0042	0102	0122									
Upton Park *The Boleyn (Green Street)*	2115	*until*	2215	2230	2245	2300	2314	*until*	0044	0104	0124									
Lonsdale Avenue *Hatherley Gardens*	2120		2220	2235	2250	2304	2318		0048	0108	0128									
Beckton *Bus Station*	2127		2227	2242	2257	2310	2324		0054	0114	0134									

104 Saturdays (also Good Friday)

Stratford *Bus Station*	0435		0615	0635	0654	0714	0729	0744	0758	0813	0827	0842	0854	0906			1936			
Plashet Road *Portway*	0440	*Then*	0620	0640	0659	0719	0734	0749	0804	0819	0833	0848	0900	0912	*Then*		1945			
Plashet Road *Green Street*	0442	*every 20*	0622	0642	0702	0722	0737	0752	0807	0822	0836	0851	0903	0915	*about*		1949			
Upton Park Station	0444	*minutes*	0624	0644	0704	0724	0739	0754	0809	0824	0838	0853	0905	0917	*every 10*		1952			
Upton Park *The Boleyn (Green Street)*	0446	*until*	0626	0646	0706	0726	0741	0756	0811	0826	0840	0855	0907	0919	*minutes*		1955			
Lonsdale Avenue *Hatherley Gardens*	0449		0629	0649	0709	0729	0744	0759	0814	0829	0844	0859	0911	0923	*until*		2000			
Beckton *Bus Station*	0454		0634	0655	0715	0735	0750	0805	0820	0835	0850	0905	0918	0931			2009			
Stratford *Bus Station*	1948	2000	2012	2024	2036	2048	2100	2112	2124	2136	2148	2200	2215	2230	2245	2300	2315	2330		
Plashet Road *Portway*	1957	2009	2021	2032	2044	2056	2108	2120	2132	2144	2156	2208	2223	2238	2253	2307	2322	2337		
Plashet Road *Green Street*	2001	2013	2025	2036	2048	2100	2111	2123	2135	2147	2159	2211	2226	2241	2256	2310	2325	2340		
Upton Park Station	2004	2016	2028	2039	2051	2103	2114	2126	2138	2149	2201	2213	2228	2243	2258	2312	2327	2342		
Upton Park *The Boleyn (Green Street)*	2007	2019	2031	2042	2054	2106	2117	2129	2141	2152	2204	2216	2231	2246	2301	2314	2329	2344		
Lonsdale Avenue *Hatherley Gardens*	2012	2024	2036	2047	2059	2111	2122	2134	2146	2157	2208	2220	2235	2250	2305	2318	2333	2348		
Beckton *Bus Station*	2021	2033	2045	2056	2108	2119	2130	2142	2154	2205	2216	2228	2243	2258	2312	2325	2340	2355		
Stratford *Bus Station*	2345	0000	0015	0030	0050	0110														
Plashet Road *Portway*	2352	0007	0022	0037	0057	0117														
Plashet Road *Green Street*	2355	0010	0025	0040	0100	0120														
Upton Park Station	2357	0012	0027	0042	0102	0122														
Upton Park *The Boleyn (Green Street)*	2359	0014	0029	0044	0104	0124														
Lonsdale Avenue *Hatherley Gardens*	0003	0018	0033	0048	0108	0128														
Beckton *Bus Station*	0009	0024	0039	0054	0114	0134														

104 Sundays and other Public Holidays (except Christmas Day)

Stratford *Bus Station*	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820	0840	0855	0910	0922	0934	0946	0958	1010		
Plashet Road *Portway*	0525	0545	0605	0625	0645	0705	0725	0745	0805	0825	0846	0901	0916	0928	0941	0953	1005	1017		
Plashet Road *Green Street*	0527	0547	0607	0627	0647	0707	0727	0747	0807	0827	0848	0903	0918	0931	0944	0956	1008	1020		
Upton Park Station	0529	0549	0609	0629	0649	0709	0729	0749	0809	0829	0850	0905	0920	0933	0946	0958	1010	1022		
Upton Park *The Boleyn (Green Street)*	0531	0551	0611	0631	0651	0711	0731	0751	0811	0831	0852	0907	0922	0935	0948	1000	1012	1024		
Lonsdale Avenue *Hatherley Gardens*	0534	0554	0615	0635	0655	0715	0735	0755	0815	0835	0856	0911	0926	0939	0952	1004	1016	1028		
Beckton *Bus Station*	0539	0559	0620	0640	0700	0720	0740	0801	0821	0841	0902	0917	0932	0945	0958	1010	1023	1035		
Stratford *Bus Station*	1022	1034	1046	1058	1110	1122	1134	1146	1158	1210	1222	1233	1244	1256			1508	1521		
Plashet Road *Portway*	1029	1041	1053	1105	1117	1129	1141	1153	1205	1218	1230	1241	1253	1305	*Then*		1517	1530		
Plashet Road *Green Street*	1032	1044	1056	1108	1120	1132	1144	1156	1208	1221	1233	1245	1257	1309	*every 12*		1521	1534		
Upton Park Station	1034	1046	1058	1110	1122	1134	1146	1158	1210	1223	1235	1247	1259	1312	*minutes*		1524	1537		
Upton Park *The Boleyn (Green Street)*	1036	1048	1100	1112	1124	1137	1149	1201	1213	1226	1238	1251	1303	1316	*until*		1528	1540		
Lonsdale Avenue *Hatherley Gardens*	1040	1052	1105	1117	1129	1142	1154	1206	1218	1231	1243	1256	1308	1321			1533	1545		
Beckton *Bus Station*	1047	1100	1113	1125	1137	1150	1202	1214	1226	1239	1252	1305	1317	1330			1542	1554		
Stratford *Bus Station*	1533	1545	1557	1609	1621		1821	1834	1846	1858	1910	1922	1934	1947	1959	2012	2024			
Plashet Road *Portway*	1542	1554	1606	1618	1630	*Then*	1830	1842	1854	1906	1918	1930	1942	1955	2007	2019	2031			
Plashet Road *Green Street*	1546	1558	1610	1622	1634	*every 12*	1834	1846	1858	1910	1922	1934	1946	1958	2010	2022	2034			
Upton Park Station	1549	1601	1613	1625	1637	*minutes*	1837	1849	1901	1913	1925	1937	1949	2001	2013	2025	2037			
Upton Park *The Boleyn (Green Street)*	1552	1604	1616	1628	1640	*until*	1840	1852	1904	1916	1928	1940	1952	2004	2016	2028	2040			
Lonsdale Avenue *Hatherley Gardens*	1557	1609	1621	1633	1645		1845	1857	1909	1921	1933	1945	1957	2009	2021	2033	2045			
Beckton *Bus Station*	1606	1618	1630	1642	1653		1853	1905	1917	1929	1941	1953	2004	2016	2028	2040	2052			
Stratford *Bus Station*	2036	2048	2100		2200	2215	2230		0030	0050	0110									
Plashet Road *Portway*	2043	2055	2107	*Then*	2207	2222	2237	*Then*	0037	0057	0117									
Plashet Road *Green Street*	2046	2058	2110	*every 12*	2210	2225	2240	*every 15*	0040	0100	0120									
Upton Park Station	2049	2101	2113	*minutes*	2213	2228	2242	*minutes*	0042	0102	0122									
Upton Park *The Boleyn (Green Street)*	2052	2103	2115	*until*	2215	2230	2244	*until*	0044	0104	0124									
Lonsdale Avenue *Hatherley Gardens*	2056	2107	2119		2219	2234	2248		0048	0108	0128									
Beckton *Bus Station*	2103	2114	2125		2225	2240	2254		0054	0114	0134									