104 Beckton – Upton Park – Stratford

104	Mondays to Fridays																		
Beckton *Bus Station*	0510	0530	0550	0605	0620	0635	0647	0659	0708	0717	0726	0736	0745	0755	0805	0814	0824	0834	
Lonsdale Avenue *Hatherley Gardens*	0518	0538	0558	0613	0628	0643	0655	0708	0718	0727	0736	0746	0756	0806	0816	0826	0836	0846	
Upton Park *The Boleyn (Green Street)*	0522	0542	0602	0617	0632	0647	0700	0713	0723	0732	0742	0752	0802	0812	0822	0832	0842	0852	
Upton Park Station	0524	0544	0604	0619	0634	0649	0702	0715	0725	0735	0745	0755	0805	0815	0825	0835	0845	0855	
Green Street *Plashet Grove*	0525	0545	0605	0620	0635	0650	0703	0716	0726	0736	0746	0756	0806	0816	0826	0836	0846	0856	
Portway *Plashet Road*	0529	0549	0609	0625	0640	0655	0708	0721	0731	0741	0752	0802	0812	0823	0833	0843	0852	0902	
Stratford *Bus Station*	0536	0556	0617	0633	0648	0703	0716	0729	0740	0751	0802	0812	0822	0833	0843	0853	0902	0912	
Beckton *Bus Station*	0844	0854	0905	0915	0925			1035	1045			1235	1244	1254	1304	1314	1324	1334	
Lonsdale Avenue *Hatherley Gardens*	0855	0904	0914	0924	0934	*Then*		1044	1054	*Then*		1244	1254	1304	1314	1324	1334	1344	
Upton Park *The Boleyn (Green Street)*	0901	0910	0920	0930	0939	*every 10*		1049	1059	*every 10*		1249	1259	1309	1319	1329	1339	1349	
Upton Park Station	0904	0913	0923	0933	0942	*minutes*		1052	1102	*minutes*		1252	1302	1312	1322	1332	1342	1352	
Green Street *Plashet Grove*	0905	0914	0924	0934	0943	*until*		1053	1104	*until*		1254	1304	1314	1324	1334	1344	1354	
Portway *Plashet Road*	0911	0920	0930	0940	0949			1059	1110			1300	1310	1320	1330	1341	1351	1401	
Stratford *Bus Station*	0921	0930	0940	0950	0959			1109	1120			1310	1320	1330	1340	1351	1401	1411	
Beckton *Bus Station*	1344	1353	1403	1413	1422	1431	1441	1450	1459	1509	1519	1529	1539	1549	1559	1609	1619	1629	
Lonsdale Avenue *Hatherley Gardens*	1354	1403	1413	1423	1432	1442	1452	1501	1511	1521	1531	1541	1551	1601	1610	1620	1630	1640	
Upton Park *The Boleyn (Green Street)*	1359	1408	1418	1428	1438	1448	1458	1507	1517	1527	1537	1547	1557	1607	1616	1626	1636	1646	
Upton Park Station	1402	1412	1422	1432	1442	1452	1502	1512	1522	1532	1542	1551	1601	1610	1619	1629	1638	1648	
Green Street *Plashet Grove*	1404	1414	1424	1434	1444	1454	1504	1514	1524	1534	1544	1553	1603	1612	1621	1631	1640	1650	
Portway *Plashet Road*	1411	1421	1431	1441	1451	1502	1512	1522	1532	1542	1552	1601	1610	1619	1628	1638	1647	1657	
Stratford *Bus Station*	1421	1431	1441	1451	1501	1512	1522	1532	1542	1552	1602	1611	1620	1629	1638	1648	1657	1707	
Beckton *Bus Station*	1639	1649	1659	1709			1759	1809	1819	1829	1839	1849	1859	1909	1919	1929	1941	1953	
Lonsdale Avenue *Hatherley Gardens*	1650	1700	1710	1720	*Then*		1810	1819	1829	1839	1849	1859	1909	1919	1929	1939	1951	2003	
Upton Park *The Boleyn (Green Street)*	1656	1706	1716	1725	*every 10*		1815	1824	1834	1844	1854	1904	1914	1924	1934	1944	1956	2008	
Upton Park Station	1658	1708	1718	1727	*minutes*		1817	1826	1836	1846	1856	1906	1916	1926	1936	1946	1958	2010	
Green Street *Plashet Grove*	1700	1710	1720	1729	*until*		1819	1828	1838	1848	1858	1908	1918	1928	1938	1948	2000	2012	
Portway *Plashet Road*	1707	1717	1726	1735			1825	1834	1844	1854	1904	1914	1924	1933	1943	1953	2005	2017	
Stratford *Bus Station*	1717	1727	1736	1745			1835	1844	1854	1904	1913	1923	1933	1942	1952	2002	2014	2026	
Beckton *Bus Station*	2005	2017	2029	2041	2053	2105	2117	2129	2141	2153	2205	2220	2235	2250	2305	2320	2335	2350	
Lonsdale Avenue *Hatherley Gardens*	2015	2026	2038	2049	2101	2113	2125	2137	2149	2201	2213	2228	2243	2258	2313	2328	2343	2357	
Upton Park *The Boleyn (Green Street)*	2020	2031	2042	2053	2105	2117	2129	2141	2153	2205	2217	2232	2247	2301	2316	2331	2346	0000	
Upton Park Station	2022	2033	2044	2055	2107	2119	2131	2143	2155	2207	2219	2234	2249	2303	2318	2333	2348	0002	
Green Street *Plashet Grove*	2024	2035	2046	2057	2108	2120	2132	2144	2156	2208	2220	2235	2250	2304	2319	2334	2349	0003	
Portway *Plashet Road*	2029	2040	2051	2102	2113	2125	2137	2149	2200	2212	2224	2239	2254	2308	2323	2338	2353	0007	
Stratford *Bus Station*	2037	2048	2059	2110	2121	2133	2145	2157	2208	2219	2231	2246	2301	2315	2330	2345	2359	0013	
Beckton *Bus Station*	0005	0020	0040	0100	0120														
Lonsdale Avenue *Hatherley Gardens*	0012	0027	0047	0107	0127														
Upton Park *The Boleyn (Green Street)*	0015	0030	0050	0110	0130														
Upton Park Station	0017	0032	0052	0112	0132														
Green Street *Plashet Grove*	0018	0033	0053	0113	0133														
Portway *Plashet Road*	0022	0037	0057	0117	0137														
Stratford *Bus Station*	0028	0043	0103	0123	0143														

104 Saturdays (also Good Friday)

Beckton *Bus Station*	0510	0530	0550	0610	0630	0650	0705	0720	0735	0750	0802	0814	0826	0836	0846	0856	0906	0916	
Lonsdale Avenue *Hatherley Gardens*	0517	0537	0557	0617	0637	0657	0712	0727	0742	0757	0809	0821	0833	0844	0854	0905	0915	0925	
Upton Park *The Boleyn (Green Street)*	0520	0540	0600	0621	0641	0701	0716	0731	0746	0801	0813	0826	0838	0849	0859	0910	0920	0930	
Upton Park Station	0522	0542	0602	0623	0643	0703	0718	0733	0748	0803	0815	0828	0840	0851	0901	0912	0922	0932	
Green Street *Plashet Grove*	0523	0543	0603	0624	0644	0704	0719	0734	0749	0804	0816	0829	0841	0852	0902	0913	0923	0933	
Portway *Plashet Road*	0527	0547	0607	0628	0648	0708	0723	0738	0753	0808	0821	0834	0846	0857	0908	0919	0929	0939	
Stratford *Bus Station*	0533	0553	0614	0635	0655	0715	0730	0745	0801	0816	0829	0842	0854	0905	0916	0927	0937	0948	
Beckton *Bus Station*	0926	0936	0946	0956	1005	1014			1104	1113	1123	1133	1142	1151	1200	1209		1329	
Lonsdale Avenue *Hatherley Gardens*	0935	0945	0955	1005	1014	1023	*Then*		1113	1122	1132	1142	1152	1201	1211	1221	*Then*	1341	
Upton Park *The Boleyn (Green Street)*	0940	0950	1000	1010	1019	1028	*every 10*		1118	1127	1137	1147	1157	1206	1216	1226	*every*	1346	
Upton Park Station	0942	0952	1002	1012	1021	1031	*minutes*		1121	1130	1140	1150	1200	1210	1220	1230	*10*	1350	
Green Street *Plashet Grove*	0943	0953	1003	1013	1023	1033	*until*		1123	1132	1142	1152	1202	1212	1222	1232	*mins.*	1352	
Portway *Plashet Road*	0949	0959	1010	1020	1030	1040			1130	1139	1149	1159	1209	1219	1229	1239	*until*	1359	
Stratford *Bus Station*	0958	1008	1019	1029	1039	1049			1139	1149	1159	1209	1219	1229	1239	1249		1409	
Beckton *Bus Station*	1338	1348	1357		1627	1637	1647	1657	1707	1717	1727		1827	1837	1847	1857			
Lonsdale Avenue *Hatherley Gardens*	1350	1400	1410	*Then*	1640	1649	1658	1707	1717	1727	1737	*Then*	1837	1847	1857	1907			
Upton Park *The Boleyn (Green Street)*	1355	1405	1415	*every 10*	1645	1654	1703	1712	1722	1732	1742	*every 10*	1842	1852	1902	1912			
Upton Park Station	1359	1409	1419	*minutes*	1649	1658	1707	1716	1726	1735	1744	*minutes*	1844	1854	1904	1914			
Green Street *Plashet Grove*	1402	1412	1422	*until*	1652	1701	1710	1719	1729	1738	1747	*until*	1847	1857	1906	1916			
Portway *Plashet Road*	1409	1419	1429		1659	1708	1717	1726	1736	1745	1754		1854	1903	1912	1922			
Stratford *Bus Station*	1419	1429	1439		1709	1718	1727	1736	1746	1755	1804		1904	1913	1922	1932			
Beckton *Bus Station*	1907	1917	1929	1941	1953	2005	2017	2029	2041	2053	2105	2117	2129	2141	2153	2205	2220	2235	
Lonsdale Avenue *Hatherley Gardens*	1917	1927	1939	1951	2003	2015	2026	2037	2049	2101	2113	2125	2137	2149	2201	2213	2228	2243	
Upton Park *The Boleyn (Green Street)*	1922	1932	1944	1956	2008	2020	2031	2042	2054	2105	2117	2129	2141	2153	2205	2217	2232	2247	
Upton Park Station	1924	1934	1946	1958	2010	2022	2033	2044	2056	2107	2119	2131	2143	2155	2207	2219	2234	2249	
Green Street *Plashet Grove*	1926	1936	1948	2000	2012	2024	2035	2046	2058	2109	2121	2132	2144	2156	2208	2220	2235	2250	
Portway *Plashet Road*	1932	1942	1954	2006	2018	2030	2041	2052	2103	2114	2126	2137	2149	2201	2213	2225	2240	2255	
Stratford *Bus Station*	1941	1951	2003	2015	2027	2039	2050	2101	2112	2123	2134	2145	2157	2208	2220	2232	2247	2302	
Beckton *Bus Station*	2250	2305			0020	0040	0100	0120											
Lonsdale Avenue *Hatherley Gardens*	2258	2312	*Then*		0027	0047	0107	0127											
Upton Park *The Boleyn (Green Street)*	2301	2315	*every 15*		0030	0050	0110	0130											
Upton Park Station	2303	2317	*minutes*		0032	0052	0112	0132											
Green Street *Plashet Grove*	2304	2318	*until*		0033	0053	0113	0133											
Portway *Plashet Road*	2309	2323			0038	0058	0118	0138											
Stratford *Bus Station*	2316	2330			0045	0105	0125	0145											

104 Sundays and other Public Holidays (except Christmas Day)

Beckton *Bus Station*	0545	0605	0625	0645	0705	0725	0745	0800	0815	0829	0841	0853	0904	0916	0928		1040	1052	
Lonsdale Avenue *Hatherley Gardens*	0552	0612	0632	0652	0712	0732	0752	0807	0822	0836	0848	0900	0911	0923	0936	*Then*	1048	1100	
Upton Park *The Boleyn (Green Street)*	0556	0616	0636	0656	0716	0736	0756	0811	0826	0840	0852	0904	0916	0928	0941	*every*	1053	1105	
Upton Park Station	0557	0617	0637	0657	0717	0738	0758	0813	0828	0842	0854	0906	0918	0930	0943	*12*	1055	1107	
Green Street *Plashet Grove*	0558	0618	0638	0658	0718	0739	0759	0814	0829	0843	0855	0907	0919	0931	0944	*mins.*	1056	1108	
Portway *Plashet Road*	0602	0622	0642	0702	0722	0743	0803	0818	0833	0848	0900	0912	0924	0936	0949	*until*	1101	1113	
Stratford *Bus Station*	0608	0628	0648	0709	0729	0750	0810	0825	0840	0855	0907	0920	0932	0944	0957		1109	1122	
Beckton *Bus Station*	1104	1116	1127	1139	1151	1203	1215	1227		1339	1351	1403	1415	1427	1439			1715	
Lonsdale Avenue *Hatherley Gardens*	1112	1124	1136	1148	1200	1213	1225	1237	*Then*	1349	1402	1414	1426	1438	1450		*Then*	1726	
Upton Park *The Boleyn (Green Street)*	1117	1129	1141	1153	1205	1218	1230	1243	*every*	1355	1408	1420	1432	1444	1455		*every 12*	1731	
Upton Park Station	1119	1131	1143	1155	1207	1220	1233	1246	*12*	1358	1411	1423	1435	1447	1458		*minutes*	1734	
Green Street *Plashet Grove*	1120	1132	1144	1157	1209	1222	1235	1248	*mins.*	1400	1413	1425	1437	1449	1500		*until*	1736	
Portway *Plashet Road*	1126	1138	1150	1203	1215	1228	1242	1255	*until*	1407	1420	1432	1444	1456	1507			1743	
Stratford *Bus Station*	1135	1147	1159	1212	1224	1237	1251	1304		1416	1429	1441	1453	1505	1516			1752	
Beckton *Bus Station*	1727	1739	1751	1803	1815	1827	1839	1851	1903	1916	1928	1941	1953	2005	2017	2029	2041	2053	
Lonsdale Avenue *Hatherley Gardens*	1738	1749	1801	1813	1825	1837	1849	1901	1913	1925	1937	1949	2001	2013	2025	2037	2049	2101	
Upton Park *The Boleyn (Green Street)*	1743	1754	1806	1818	1830	1842	1854	1906	1918	1930	1942	1954	2006	2018	2030	2042	2053	2105	
Upton Park Station	1746	1757	1809	1821	1833	1845	1856	1908	1920	1932	1944	1956	2008	2020	2032	2044	2055	2107	
Green Street *Plashet Grove*	1748	1759	1810	1822	1834	1846	1857	1909	1921	1933	1945	1957	2009	2021	2033	2045	2056	2108	
Portway *Plashet Road*	1754	1805	1816	1828	1840	1852	1903	1915	1927	1939	1951	2003	2015	2027	2039	2051	2102	2114	
Stratford *Bus Station*	1803	1814	1825	1837	1849	1901	1912	1923	1935	1947	1959	2011	2023	2035	2047	2058	2109	2121	
Beckton *Bus Station*	2105	2117	2129	2141	2153	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	0040	0100	0120	
Lonsdale Avenue *Hatherley Gardens*	2113	2125	2137	2149	2201	2213	2228	2243	2258	2313	2327	2342	2357	0012	0027	0047	0107	0127	
Upton Park *The Boleyn (Green Street)*	2117	2129	2141	2153	2205	2217	2232	2247	2302	2317	2330	2345	0000	0015	0030	0050	0110	0130	
Upton Park Station	2119	2131	2143	2155	2207	2219	2234	2249	2304	2319	2332	2347	0002	0017	0032	0052	0112	0132	
Green Street *Plashet Grove*	2120	2132	2144	2156	2208	2220	2235	2250	2305	2320	2333	2348	0003	0018	0033	0053	0113	0133	
Portway *Plashet Road*	2126	2137	2149	2201	2213	2225	2240	2255	2310	2324	2337	2352	0007	0022	0037	0057	0117	0137	
Stratford *Bus Station*	2133	2144	2156	2208	2220	2232	2247	2302	2317	2330	2343	2358	0013	0028	0043	0103	0123	0143	

104 Stratford – Upton Park – Beckton

104	Mondays to Fridays																			
Stratford *Bus Station*	0435	0455	0515	0535	0555	0615	0630	0645	0657	0709	0719	0729	0739	0748	0758	0807	0816	0826		
Plashet Road *Portway*	0440	0500	0520	0540	0600	0620	0636	0651	0703	0715	0726	0736	0746	0756	0806	0816	0826	0836		
Plashet Road *Green Street*	0442	0502	0522	0542	0602	0622	0638	0654	0706	0718	0729	0739	0749	0759	0809	0819	0829	0839		
Upton Park Station	0444	0504	0524	0544	0604	0624	0640	0656	0708	0720	0731	0741	0751	0801	0811	0821	0831	0841		
Upton Park *The Boleyn (Green Street)*	0446	0506	0526	0546	0606	0626	0642	0658	0710	0722	0734	0744	0754	0804	0814	0824	0834	0844		
Lonsdale Avenue *Hatherley Gardens*	0449	0509	0529	0549	0609	0629	0645	0701	0713	0726	0739	0749	0800	0810	0820	0830	0839	0849		
Beckton *Bus Station*	0454	0514	0534	0554	0615	0636	0652	0708	0720	0733	0747	0758	0810	0820	0830	0838	0847	0857		
Stratford *Bus Station*	0836	0846	0856	0906			1126	1135	1145	1155	1204			1404	1414	1423	1433	1443		
Plashet Road *Portway*	0845	0855	0905	0914	*Then*		1134	1143	1153	1203	1212	*Then*		1412	1422	1432	1442	1452		
Plashet Road *Green Street*	0848	0858	0908	0917	*every 10*		1137	1147	1157	1207	1216	*every 10*		1416	1426	1436	1446	1456		
Upton Park Station	0850	0900	0910	0919	*minutes*		1139	1149	1159	1209	1219	*minutes*		1419	1429	1439	1449	1459		
Upton Park *The Boleyn (Green Street)*	0853	0903	0913	0922	*until*		1142	1152	1202	1212	1222	*until*		1422	1432	1443	1453	1503		
Lonsdale Avenue *Hatherley Gardens*	0858	0908	0918	0927			1147	1157	1207	1217	1227			1427	1437	1448	1458	1508		
Beckton *Bus Station*	0906	0916	0926	0935			1155	1205	1215	1225	1235			1435	1446	1457	1508	1518		
Stratford *Bus Station*	1451	1500	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1708	1718	1728	1738		
Plashet Road *Portway*	1501	1511	1519	1529	1539	1549	1559	1608	1618	1628	1638	1648	1658	1708	1717	1727	1737	1747		
Plashet Road *Green Street*	1506	1516	1525	1535	1545	1555	1604	1613	1623	1633	1643	1653	1703	1713	1722	1731	1741	1751		
Upton Park Station	1509	1519	1529	1539	1549	1559	1608	1617	1627	1636	1646	1656	1706	1716	1725	1734	1744	1754		
Upton Park *The Boleyn (Green Street)*	1513	1523	1533	1543	1553	1603	1612	1621	1631	1640	1650	1700	1709	1719	1728	1737	1747	1757		
Lonsdale Avenue *Hatherley Gardens*	1518	1528	1538	1548	1558	1608	1617	1626	1636	1645	1655	1705	1714	1724	1733	1742	1752	1802		
Beckton *Bus Station*	1528	1538	1548	1558	1608	1618	1627	1636	1646	1655	1705	1715	1724	1734	1743	1752	1801	1811		
Stratford *Bus Station*	1748	1758	1808	1818	1828	1838			1928	1939	1949	2000	2012	2024	2036	2048	2100	2112		
Plashet Road *Portway*	1757	1807	1817	1827	1837	1847	*Then*		1937	1947	1957	2008	2020	2032	2044	2056	2107	2119		
Plashet Road *Green Street*	1801	1811	1821	1831	1841	1851	*every 10*		1941	1951	2001	2011	2023	2035	2047	2059	2110	2122		
Upton Park Station	1804	1814	1824	1834	1844	1854	*minutes*		1944	1954	2003	2013	2025	2037	2049	2101	2112	2124		
Upton Park *The Boleyn (Green Street)*	1807	1817	1827	1837	1847	1857	*until*		1947	1957	2006	2016	2028	2040	2052	2104	2115	2127		
Lonsdale Avenue *Hatherley Gardens*	1812	1822	1832	1842	1852	1902			1952	2002	2011	2021	2033	2045	2057	2109	2120	2132		
Beckton *Bus Station*	1821	1831	1841	1851	1901	1910			2000	2010	2019	2029	2041	2053	2105	2116	2127	2139		
Stratford *Bus Station*	2124	2136	2148	2200	2215	2230	2245	2300			0030	0050	0110							
Plashet Road *Portway*	2131	2143	2155	2207	2222	2237	2252	2307	*Then*		0037	0057	0117							
Plashet Road *Green Street*	2134	2146	2158	2210	2225	2240	2255	2310	*every 15*		0040	0100	0120							
Upton Park Station	2136	2148	2200	2212	2227	2242	2257	2312	*minutes*		0042	0102	0122							
Upton Park *The Boleyn (Green Street)*	2139	2151	2203	2215	2230	2245	2300	2314	*until*		0044	0104	0124							
Lonsdale Avenue *Hatherley Gardens*	2144	2156	2208	2220	2235	2250	2304	2318			0048	0108	0128							
Beckton *Bus Station*	2151	2203	2215	2227	2242	2257	2310	2324			0054	0114	0134							

104 Saturdays (also Good Friday)

Stratford *Bus Station*	0435		0615	0635	0654	0714	0729	0744	0758	0813	0827	0842	0854	0906	0916	0925	0935		
Plashet Road *Portway*	0440	*Then*	0620	0640	0659	0719	0734	0749	0804	0819	0833	0848	0900	0912	0922	0932	0942		
Plashet Road *Green Street*	0442	*every 20*	0622	0642	0702	0722	0737	0752	0807	0822	0836	0851	0903	0915	0925	0935	0945		
Upton Park Station	0444	*minutes*	0624	0644	0704	0724	0739	0754	0809	0824	0838	0853	0905	0917	0927	0937	0947		
Upton Park *The Boleyn (Green Street)*	0446	*until*	0626	0646	0706	0726	0741	0756	0811	0826	0840	0855	0907	0919	0929	0939	0949		
Lonsdale Avenue *Hatherley Gardens*	0449		0629	0649	0709	0729	0744	0759	0814	0829	0844	0859	0911	0923	0933	0943	0954		
Beckton *Bus Station*	0454		0634	0655	0715	0735	0750	0805	0820	0835	0850	0905	0918	0931	0941	0951	1002		
Stratford *Bus Station*	0944	0954	1003	1013	1023	1033	1043	1053	1103	1113	1123	1132	1142	1152	1202	1212	1221	1231	
Plashet Road *Portway*	0952	1002	1011	1021	1031	1041	1051	1101	1111	1121	1131	1140	1150	1200	1210	1220	1229	1239	
Plashet Road *Green Street*	0955	1005	1014	1024	1034	1044	1054	1104	1114	1124	1134	1143	1153	1203	1213	1223	1233	1243	
Upton Park Station	0957	1007	1017	1027	1037	1047	1057	1107	1117	1127	1137	1146	1156	1206	1216	1226	1236	1246	
Upton Park *The Boleyn (Green Street)*	0959	1010	1020	1030	1040	1050	1100	1110	1120	1130	1140	1150	1200	1210	1220	1230	1240	1250	
Lonsdale Avenue *Hatherley Gardens*	1004	1015	1025	1035	1045	1055	1105	1115	1125	1135	1145	1155	1205	1215	1225	1235	1245	1255	
Beckton *Bus Station*	1012	1023	1033	1043	1053	1103	1113	1124	1134	1144	1154	1204	1214	1224	1234	1244	1254	1304	
Stratford *Bus Station*	1240	1250	1259	1309	1318	1328	1338	1348	1357	1406			1526	1536	1546			1646	
Plashet Road *Portway*	1248	1258	1308	1318	1327	1337	1347	1357	1406	1415	*Then*		1535	1545	1555	*Then*		1655	
Plashet Road *Green Street*	1252	1302	1312	1322	1331	1341	1351	1401	1410	1419	*every 10*		1539	1549	1559	*every 10*		1659	
Upton Park Station	1255	1305	1315	1325	1334	1344	1354	1404	1413	1422	*minutes*		1542	1552	1603	*minutes*		1703	
Upton Park *The Boleyn (Green Street)*	1259	1309	1319	1329	1338	1348	1358	1408	1417	1426	*until*		1546	1556	1607	*until*		1707	
Lonsdale Avenue *Hatherley Gardens*	1305	1315	1325	1335	1344	1354	1404	1414	1423	1432			1552	1602	1613			1713	
Beckton *Bus Station*	1314	1324	1334	1344	1354	1404	1414	1424	1434	1444			1604	1613	1623			1723	
Stratford *Bus Station*	1656	1706	1716	1726	1736	1746	1756	1806			1936	1948	2000	2012	2024	2036	2048	2100	
Plashet Road *Portway*	1705	1715	1725	1735	1745	1755	1805	1815	*Then*		1945	1957	2009	2021	2032	2044	2056	2108	
Plashet Road *Green Street*	1709	1719	1729	1739	1749	1759	1809	1819	*every 10*		1949	2001	2013	2025	2036	2048	2100	2111	
Upton Park Station	1713	1723	1733	1742	1752	1802	1812	1822	*minutes*		1952	2004	2016	2028	2039	2051	2103	2114	
Upton Park *The Boleyn (Green Street)*	1716	1726	1736	1745	1755	1805	1815	1825	*until*		1955	2007	2019	2031	2042	2054	2106	2117	
Lonsdale Avenue *Hatherley Gardens*	1722	1732	1742	1751	1801	1811	1820	1830			2000	2012	2024	2036	2047	2059	2111	2122	
Beckton *Bus Station*	1732	1742	1752	1801	1811	1821	1830	1839			2009	2021	2033	2045	2056	2108	2119	2130	
Stratford *Bus Station*	2112	2124	2136	2148	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0050	0110		
Plashet Road *Portway*	2120	2132	2144	2156	2208	2223	2238	2253	2307	2322	2337	2352	0007	0022	0037	0057	0117		
Plashet Road *Green Street*	2123	2135	2147	2159	2211	2226	2241	2256	2310	2325	2340	2355	0010	0025	0040	0100	0120		
Upton Park Station	2126	2138	2149	2201	2213	2228	2243	2258	2312	2327	2342	2357	0012	0027	0042	0102	0122		
Upton Park *The Boleyn (Green Street)*	2129	2141	2152	2204	2216	2231	2246	2301	2314	2329	2344	2359	0014	0029	0044	0104	0124		
Lonsdale Avenue *Hatherley Gardens*	2134	2146	2157	2208	2220	2235	2250	2305	2318	2333	2348	0003	0018	0033	0048	0108	0128		
Beckton *Bus Station*	2142	2154	2205	2216	2228	2243	2258	2312	2325	2340	2355	0009	0024	0039	0054	0114	0134		

104 Sundays and other Public Holidays (except Christmas Day)

Stratford *Bus Station*	0520	0540	0600	0620	0640	0700	0720	0740	0800	0820	0840	0855	0910	0922	0934	0946	0958	1010	
Plashet Road *Portway*	0525	0545	0605	0625	0645	0705	0725	0745	0805	0825	0846	0901	0916	0928	0941	0953	1005	1017	
Plashet Road *Green Street*	0527	0547	0607	0627	0647	0707	0727	0747	0807	0827	0848	0903	0918	0931	0944	0956	1008	1020	
Upton Park Station	0529	0549	0609	0629	0649	0709	0729	0749	0809	0829	0850	0905	0920	0933	0946	0958	1010	1022	
Upton Park *The Boleyn (Green Street)*	0531	0551	0611	0631	0651	0711	0731	0751	0811	0831	0852	0907	0922	0935	0948	1000	1012	1024	
Lonsdale Avenue *Hatherley Gardens*	0534	0554	0615	0635	0655	0715	0735	0755	0815	0835	0856	0911	0926	0939	0952	1004	1016	1028	
Beckton *Bus Station*	0539	0559	0620	0640	0700	0720	0740	0801	0821	0841	0902	0917	0932	0945	0958	1010	1023	1035	
Stratford *Bus Station*	1022	1034	1046	1058	1110	1122	1134	1146	1158	1210	1222	1233	1244	1256			1508	1521	
Plashet Road *Portway*	1029	1041	1053	1105	1117	1129	1141	1153	1205	1218	1230	1241	1253	1305	*Then*		1517	1530	
Plashet Road *Green Street*	1032	1044	1056	1108	1120	1132	1144	1156	1208	1221	1233	1245	1257	1309	*every 12*		1521	1534	
Upton Park Station	1034	1046	1058	1110	1122	1134	1146	1158	1210	1223	1235	1247	1259	1312	*minutes*		1524	1537	
Upton Park *The Boleyn (Green Street)*	1036	1048	1100	1112	1124	1137	1149	1201	1213	1226	1238	1251	1303	1316	*until*		1528	1540	
Lonsdale Avenue *Hatherley Gardens*	1040	1052	1105	1117	1129	1142	1154	1206	1218	1231	1243	1256	1308	1321			1533	1545	
Beckton *Bus Station*	1047	1100	1113	1125	1137	1150	1202	1214	1226	1239	1252	1305	1317	1330			1542	1554	
Stratford *Bus Station*	1533	1545	1557	1609	1621			1821	1834	1846	1858	1910	1922	1934	1947	1959	2012	2024	
Plashet Road *Portway*	1542	1554	1606	1618	1630	*Then*		1830	1842	1854	1906	1918	1930	1942	1955	2007	2019	2031	
Plashet Road *Green Street*	1546	1558	1610	1622	1634	*every 12*		1834	1846	1858	1910	1922	1934	1946	1958	2010	2022	2034	
Upton Park Station	1549	1601	1613	1625	1637	*minutes*		1837	1849	1901	1913	1925	1937	1949	2001	2013	2025	2037	
Upton Park *The Boleyn (Green Street)*	1552	1604	1616	1628	1640	*until*		1840	1852	1904	1916	1928	1940	1952	2004	2016	2028	2040	
Lonsdale Avenue *Hatherley Gardens*	1557	1609	1621	1633	1645			1845	1857	1909	1921	1933	1945	1957	2009	2021	2033	2045	
Beckton *Bus Station*	1606	1618	1630	1642	1653			1853	1905	1917	1929	1941	1953	2004	2016	2028	2040	2052	
Stratford *Bus Station*	2036	2048	2100			2200	2215	2230			0030	0050	0110						
Plashet Road *Portway*	2043	2055	2107	*Then*		2207	2222	2237	*Then*		0037	0057	0117						
Plashet Road *Green Street*	2046	2058	2110	*every 12*		2210	2225	2240	*every 15*		0040	0100	0120						
Upton Park Station	2049	2101	2113	*minutes*		2213	2228	2242	*minutes*		0042	0102	0122						
Upton Park *The Boleyn (Green Street)*	2052	2103	2115	*until*		2215	2230	2244	*until*		0044	0104	0124						
Lonsdale Avenue *Hatherley Gardens*	2056	2107	2119			2219	2234	2248			0048	0108	0128						
Beckton *Bus Station*	2103	2114	2125			2225	2240	2254			0054	0114	0134						