

108		Mondays to Fridays																						
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0131	0201	0231	0301	0331	0401	0431	0500	0520	0540	0600	0615	0630	0645	0655	0705				
Blackheath Station	0014	0029	0044	0104	0135	0205	0235	0305	0335	0405	0435	0504	0524	0544	0604	0619	0635	0650	0701	0711				
Greenwich Peninsula <i>IKEA</i>	0022	0037	0052	0112	0143	0213	0244	0314	0344	0414	0444	0513	0533	0554	0614	0630	0646	0702	0713	0724				
North Greenwich Station	0029	0044	0059	0119	0149	0219	0250	0320	0350	0420	0450	0520	0540	0601	0621	0637	0653	0710	0721	0732				
Poplar <i>All Saints (DLR) Station</i>	0039	0054	0109	0129	0159	0229	0259	0329	0359	0429	0459	0530	0551	0613	0633	0650	0707	0725	0736	0747				
Bow Church Station	0046	0101	0116	0136	0206	0236	0306	0336	0406	0436	0507	0538	0559	0621	0641	0659	0716	0734	0745	0756				
Stratford <i>International Way</i>	0056	0111	0126	0145	0215	0245	0315	0345	0415	0445	0516	0548	0609	0631	0652	0710	0727	0745	0757	0808				
108		Mondays to Thursdays																						
Lewisham High Street <i>Lewis Grove</i>	0715	<i>Then</i>	1825	<i>Then</i>	1925	1940	1955	2010	2025	2040	2055	2110			2225	2240	2255	2310	2325	2340	2355			
Blackheath Station	0721	<i>about</i>	1831	<i>about</i>	1930	1945	2000	2015	2030	2045	2059	2114	<i>Then</i>		2229	2244	2259	2314	2329	2344	2359			
Greenwich Peninsula <i>IKEA</i>	0734	<i>every</i>	1844	<i>every</i>	1942	1957	2012	2026	2041	2056	2110	2124	<i>every</i>		2239	2254	2309	2324	2338	2353	0007			
North Greenwich Station	0743	<i>10</i>	1853	<i>12</i>	1950	2005	2020	2034	2049	2104	2118	2132	<i>15</i>		2247	2302	2317	2332	2346	0000	0014			
Poplar <i>All Saints (DLR) Station</i>	0758	<i>mins.</i>	1906	<i>mins.</i>	2001	2016	2031	2044	2059	2114	2128	2142	<i>mins.</i>		2257	2312	2327	2342	2356	0010	0024			
Bow Church Station	0809	<i>until</i>	1916	<i>until</i>	2010	2025	2040	2053	2108	2123	2137	2151	<i>until</i>		2306	2320	2335	2350	0004	0018	0032			
Stratford <i>International Way</i>	0821		1928		2022	2037	2052	2105	2119	2134	2148	2202			2317	2331	2346	0001	0014	0028	0042			
108		Fridays																						
Lewisham High Street <i>Lewis Grove</i>	0715	<i>Then</i>	1825	<i>Then</i>	1925	1940	1955	2010	2025	2040	2055	2110			2225	2240	2255	2310	2325	2340	2355			
Blackheath Station	0721	<i>about</i>	1831	<i>about</i>	1930	1945	2000	2015	2030	2045	2059	2114	<i>Then</i>		2229	2244	2259	2314	2329	2344	2359			
Greenwich Peninsula <i>IKEA</i>	0734	<i>every</i>	1844	<i>every</i>	1942	1957	2012	2026	2041	2056	2110	2124	<i>every</i>		2239	2254	2309	2324	2339	2354	0009			
North Greenwich Station	0743	<i>10</i>	1853	<i>12</i>	1951	2006	2020	2034	2049	2104	2118	2132	<i>15</i>		2247	2302	2317	2332	2347	0001	0016			
Poplar <i>All Saints (DLR) Station</i>	0758	<i>mins.</i>	1907	<i>mins.</i>	2003	2017	2031	2044	2059	2114	2128	2142	<i>mins.</i>		2257	2312	2327	2342	2357	0011	0026			
Bow Church Station	0809	<i>until</i>	1917	<i>until</i>	2012	2026	2040	2053	2108	2123	2137	2151	<i>until</i>		2306	2320	2335	2350	0005	0019	0034			
Stratford <i>International Way</i>	0821		1929		2024	2038	2052	2105	2119	2134	2148	2202			2317	2331	2346	0001	0015	0029	0044			
108		Saturdays																						
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0231	0301	0331	0401	0431	0500	0520	0540	0600	0615	0630				1853			
Blackheath Station	0014	0029	0044	0104	0134	0204	0235	0305	0335	0405	0435	0504	0524	0544	0604	0619	0634	<i>Then</i>			1858			
Greenwich Peninsula <i>IKEA</i>	0024	0039	0054	0114	0144	0214	0244	0314	0344	0413	0443	0512	0532	0553	0613	0628	0643	<i>about</i>			1911			
North Greenwich Station	0031	0046	0101	0121	0151	0221	0251	0320	0350	0419	0449	0518	0538	0559	0619	0634	0649	<i>every 10</i>			1920			
Poplar <i>All Saints (DLR) Station</i>	0041	0056	0111	0131	0201	0231	0301	0330	0400	0429	0459	0527	0547	0608	0628	0643	0658	<i>minutes</i>			1935			
Bow Church Station	0049	0104	0119	0139	0209	0239	0308	0337	0407	0436	0506	0533	0553	0614	0634	0649	0704	<i>until</i>			1944			
Stratford <i>International Way</i>	0059	0114	0129	0150	0220	0250	0317	0346	0416	0445	0515	0542	0602	0623	0643	0658	0714				1956			
Lewisham High Street <i>Lewis Grove</i>	1904	1916	1928	1940	1955					2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355			
Blackheath Station	1909	1921	1933	1945	2000	<i>Then</i>				2115	2130	2145	2159	2214	2229	2244	2259	2314	2329	2344	2359			
Greenwich Peninsula <i>IKEA</i>	1922	1934	1946	1957	2012	<i>every 15</i>				2127	2141	2156	2210	2224	2239	2254	2309	2324	2339	2354	0009			
North Greenwich Station	1931	1943	1954	2005	2020	<i>minutes</i>				2135	2149	2204	2218	2232	2247	2302	2317	2332	2347	0002	0017			
Poplar <i>All Saints (DLR) Station</i>	1945	1956	2007	2018	2032	<i>until</i>				2147	2201	2216	2230	2244	2259	2314	2329	2344	2358	0013	0028			
Bow Church Station	1954	2005	2016	2027	2041					2156	2210	2225	2239	2253	2308	2323	2338	2353	0006	0021	0036			
Stratford <i>International Way</i>	2006	2017	2028	2039	2053					2208	2221	2236	2250	2304	2319	2334	2349	0004	0017	0032	0047			
108		Sundays																						
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0231	0301	0331	0401	0431	0500	0520	0540	0600	0620	0640	0700	0720	0735				
Blackheath Station	0014	0029	0044	0104	0134	0204	0235	0305	0335	0405	0435	0504	0524	0544	0604	0624	0644	0704	0724	0739				
Greenwich Peninsula <i>IKEA</i>	0024	0039	0054	0114	0144	0214	0244	0314	0344	0413	0443	0513	0533	0554	0614	0634	0654	0714	0734	0749				
North Greenwich Station	0032	0047	0102	0121	0151	0221	0251	0320	0350	0419	0449	0519	0539	0600	0620	0640	0700	0720	0740	0755				
Poplar <i>All Saints (DLR) Station</i>	0043	0057	0112	0131	0201	0231	0301	0330	0400	0429	0459	0529	0549	0610	0630	0650	0710	0730	0750	0805				
Bow Church Station	0051	0105	0120	0139	0209	0239	0308	0337	0407	0436	0506	0536	0556	0617	0637	0657	0717	0737	0757	0812				
Stratford <i>International Way</i>	0102	0116	0131	0150	0220	0250	0317	0346	0416	0445	0515	0545	0605	0626	0646	0707	0727	0747	0807	0822				
Lewisham High Street <i>Lewis Grove</i>	0750	0805	0820	0835	0850	0905	0920	0935	0948	1001	1015	1029	1044	1057	1111	1126	1141	1155	1210	1224				
Blackheath Station	0754	0809	0824	0839	0854	0909	0924	0939	0952	1006	1020	1034	1049	1102	1116	1131	1146	1200	1215	1230				
Greenwich Peninsula <i>IKEA</i>	0804	0819	0834	0849	0904	0919	0934	0949	1004	1018	1032	1046	1101	1115	1129	1144	1159	1214	1229	1244				
North Greenwich Station	0810	0826	0841	0856	0911	0926	0941	0956	1011	1026	1040	1054	1109	1123	1137	1152	1207	1222	1237	1252				
Poplar <i>All Saints (DLR) Station</i>	0820	0836	0851	0906	0921	0936	0951	1006	1021	1036	1051	1106	1121	1136	1151	1206	1221	1236	1251	1307				
Bow Church Station	0827	0844	0859	0914	0929	0944	0959	1014	1030	1045	1100	1115	1130	1145	1200	1215	1231	1246	1301	1317				
Stratford <i>International Way</i>	0837	0854	0909	0924	0939	0955	1010	1025	1041	1056	1111	1127	1142	1157	1213	1228	1244	1259	1315	1331				
Lewisham High Street <i>Lewis Grove</i>	1239	1254	1309	1323				1423	1438	1453	1508	1523	1538	1553	1609	1625				1710	1725	1740	1755	1810
Blackheath Station	1245	1300	1315	1329	<i>Then</i>			1429	1444	1459	1514	1529	1544	1559	1615	1630	<i>Then</i>			1715	1730	1745	1800	1815
Greenwich Peninsula <i>IKEA</i>	1259	1314	1329	1343	<i>every</i>			1443	1458	1513	1527	1542	1557	1612	1627	1642	<i>every</i>			1727	1742	1757	1812	1827
North Greenwich Station	1307	1322	1337	1352	<i>15</i>			1452	1507	1522	1536	1551	1606	1621	1636	1651	<i>15</i>			1736	1751	1806	1820	1835
Poplar <i>All Saints (DLR) Station</i>	1322	1337	1352	1407	<i>mins.</i>			1507	1522	1537	1551	1606	1621	1636	1651	1706	<i>mins.</i>			1751	1806	1821	1835	1850
Bow Church Station	1332	1347	1402																					

108		Mondays to Thursdays																			
Stratford International Way	MX MO	0000	0000	0015	0030	0045	--	0105		0305	0335	0405	0425	0450	0505	0525	0545	0600	0615	0630	0640
Bow Church Station		0011	0012	0026	0041	0056	--	0116	Then	0316	0347	0417	0437	0502	0517	0537	0557	0612	0627	0642	0653
Poplar All Saints (DLR) Station		0018	0019	0033	0048	0103	--	0123	every	0323	0354	0424	0444	0508	0523	0543	0603	0618	0633	0649	0700
North Greenwich Station		0027	0028	0042	0057	0112	0115	0132	30	0332	0403	0434	0454	0518	0533	0553	0613	0628	0644	0700	0711
Greenwich Peninsula IKEA		0032	0033	0047	0102	0117	0119	0137	mins.	0337	0408	0439	0459	0523	0538	0558	0618	0633	0650	0706	0717
Blackheath Station		0042	0043	0056	0111	0126	0127	0146	until	0346	0417	0448	0508	0532	0548	0608	0628	0645	0704	0723	0736
Lewisham Station Station Road		0047	0048	0101	0116	0131	0132	0151		0351	0422	0453	0513	0536	0553	0613	0634	0653	0713	0733	0746
108		Mondays to Thursdays																			
Stratford International Way	0650	Then	1855	1907	1919	1931	1945	2000		2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	
Bow Church Station	0703	about	1910	1922	1934	1946	1959	2014	Then	2129	2144	2158	2213	2227	2242	2257	2312	2326	2341	2356	
Poplar All Saints (DLR) Station	0710	every	1920	1931	1943	1955	2008	2023	every	2138	2153	2207	2221	2235	2249	2304	2319	2333	2348	0003	
North Greenwich Station	0722	10	1934	1944	1955	2007	2020	2033	15	2148	2203	2217	2231	2245	2259	2314	2329	2342	2357	0012	
Greenwich Peninsula IKEA	0728	mins.	1941	1951	2002	2014	2026	2039	mins.	2154	2209	2223	2237	2251	2305	2320	2335	2347	0002	0017	
Blackheath Station	0748	until	1953	2003	2014	2026	2038	2051	until	2206	2220	2234	2247	2301	2315	2330	2345	2357	0012	0027	
Lewisham Station Station Road	0758		1959	2009	2020	2032	2044	2057		2212	2226	2240	2253	2307	2320	2335	2350	0002	0017	0032	
108		Fridays																			
Stratford International Way	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345				
Bow Church Station	1959	2014	2029	2044	2059	2114	2129	2144	2158	2213	2227	2242	2257	2312	2327	2342	2357				
Poplar All Saints (DLR) Station	2008	2023	2038	2053	2108	2123	2138	2153	2207	2221	2235	2249	2304	2319	2334	2349	0004				
North Greenwich Station	2020	2034	2049	2103	2118	2133	2148	2203	2217	2231	2245	2259	2314	2329	2344	2359	0014				
Greenwich Peninsula IKEA	2027	2041	2056	2110	2125	2140	2155	2210	2224	2238	2252	2306	2321	2335	2349	0004	0019				
Blackheath Station	2039	2053	2108	2122	2137	2152	2207	2221	2235	2249	2303	2317	2331	2345	2359	0014	0029				
Lewisham Station Station Road	2045	2059	2114	2128	2143	2158	2213	2227	2241	2255	2309	2322	2336	2350	0004	0019	0034				
108		Saturdays																			
Stratford International Way	0000	0015	0030	0045		0200	0230	0300	0330	0400	0425	0450	0505	0525	0545	0605	0620	0635	Then	1840	
Bow Church Station	0012	0027	0042	0057	Then	0212	0242	0312	0342	0412	0437	0501	0516	0536	0556	0616	0631	0646	about	1855	
Poplar All Saints (DLR) Station	0019	0034	0049	0104	every	0219	0249	0319	0349	0419	0444	0508	0522	0542	0602	0622	0637	0652	every	1904	
North Greenwich Station	0029	0044	0059	0114	15	0229	0259	0329	0359	0429	0454	0518	0531	0551	0611	0631	0646	0701	10	1918	
Greenwich Peninsula IKEA	0034	0049	0104	0119	mins.	0234	0304	0334	0404	0434	0459	0523	0535	0555	0616	0636	0651	0706	mins.	1926	
Blackheath Station	0044	0059	0114	0129	until	0244	0314	0343	0413	0443	0508	0532	0545	0605	0626	0646	0701	0716	until	1939	
Lewisham Station Station Road	0049	0104	0119	0134		0249	0319	0348	0418	0448	0513	0536	0550	0610	0631	0651	0706	0721		1946	
Stratford International Way	1852	1904	1916	1928	1943	1959	2014	2029		2129	2145	2200	2215	2230	2245	2300	2315	2330	2345		
Bow Church Station	1907	1919	1931	1943	1958	2013	2028	2043	Then	2143	2158	2213	2228	2243	2258	2313	2327	2342	2357		
Poplar All Saints (DLR) Station	1916	1928	1940	1952	2007	2022	2037	2052	every 15	2152	2207	2222	2237	2252	2307	2322	2336	2350	0004		
North Greenwich Station	1929	1941	1952	2004	2019	2033	2048	2103	minutes	2203	2218	2233	2248	2303	2318	2333	2347	0001	0014		
Greenwich Peninsula IKEA	1936	1948	1959	2011	2026	2040	2055	2109	until	2209	2224	2239	2254	2309	2324	2339	2353	0007	0020		
Blackheath Station	1949	2001	2012	2024	2039	2053	2107	2121		2221	2236	2251	2306	2321	2336	2350	0004	0017	0030		
Lewisham Station Station Road	1956	2008	2019	2031	2046	2059	2113	2127		2227	2242	2257	2312	2327	2342	2356	0009	0022	0035		
108		Sundays																			
Stratford International Way	0000	0015	0030	0045	0100		0200	0230	0300	0330	0400	0425	0450	0505		0645	0705	0720	0735	0750	
Bow Church Station	0012	0027	0042	0057	0112	Then	0212	0242	0312	0342	0412	0437	0501	0516	Then	0656	0717	0732	0747	0802	
Poplar All Saints (DLR) Station	0019	0034	0049	0104	0119	every	0219	0249	0319	0349	0419	0444	0508	0522	every	0702	0723	0738	0753	0809	
North Greenwich Station	0029	0044	0059	0114	0129	15	0229	0259	0329	0359	0429	0454	0518	0531	20	0711	0732	0747	0803	0819	
Greenwich Peninsula IKEA	0034	0049	0104	0119	0134	mins.	0234	0304	0334	0404	0434	0459	0523	0536	mins.	0716	0737	0752	0808	0824	
Blackheath Station	0044	0059	0114	0129	0144	until	0244	0314	0343	0413	0443	0508	0532	0546	until	0726	0747	0802	0818	0834	
Lewisham Station Station Road	0049	0104	0119	0134	0149		0249	0319	0348	0418	0448	0513	0536	0551		0731	0752	0807	0823	0839	
Stratford International Way	0805	0820	0835	0850	0905	0919	0934	0949	1004	1017	1031	1046	1101	1116	1130	1145	1200	1215	1230	1245	
Bow Church Station	0817	0832	0847	0902	0917	0931	0946	1001	1016	1029	1044	1059	1114	1129	1143	1158	1213	1228	1243	1259	
Poplar All Saints (DLR) Station	0824	0839	0854	0909	0924	0938	0953	1008	1023	1037	1052	1107	1122	1137	1152	1207	1222	1238	1253	1309	
North Greenwich Station	0834	0849	0904	0919	0934	0949	1004	1019	1034	1048	1103	1118	1133	1148	1203	1219	1234	1250	1306	1322	
Greenwich Peninsula IKEA	0839	0854	0909	0924	0940	0955	1010	1025	1040	1054	1109	1124	1139	1154	1209	1226	1241	1257	1313	1329	
Blackheath Station	0849	0904	0919	0935	0951	1006	1021	1036	1051	1107	1122	1137	1152	1208	1224	1241	1256	1312	1328	1344	
Lewisham Station Station Road	0854	0909	0924	0940	0956	1011	1027	1042	1057	1113	1128	1143	1159	1215	1231	1248	1303	1319	1335	1351	
Stratford International Way	1259	1314	1329	1344		1429	1444	1458		1543	1558	1613	1628	1643	1658	1714		1759	1814	1829	
Bow Church Station	1314	1329	1344	1359	Then	1444	1459	1513	Then	1558	1613	1628	1643	1658	1713	1729	Then	1814	1829	1844	
Poplar All Saints (DLR) Station	1324	1339	1354	1409	every	1454	1509	1523	every	1608	1623	1638	1653	1708	1723	1739	every	1824	1839	1853	
North Greenwich Station	1338	1353	1408	1423	15	1508	1523	1538	15	1623	1638	1653	1708	1723	1738	1753	15	1838	1853	1907	
Greenwich Peninsula IKEA	1345	1400	1415	1430	mins.	1515	1530	1545	mins.	1630	1646	1701	1716	1731	1745	1800	mins.	1845	1900	1914	
Blackheath Station	1400	1415	1430	1444	until	1529	1545	1600	until	1645	1701	1716	1731	1745	1758	1813	until	1858	1912	1926	
Lewisham Station Station Road	1407	1422	1437	1451		1536	1552	1607		1652	1708	1723	1738	1752	1805	1820		1905	1919	1933	
Stratford International Way	1844	1859	1914	1930	1945	2000	2015	2030	2045		2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	
Bow Church Station	1859	1913	1928	1943	1958	2012	2027	2042	2057	Then	2142	2157	2212	2227	2242	2257	2312	2327	2342	2357	
Poplar All Saints (DLR) Station	1908	1922	1937	1952	2007	2020	2035	2050	2105	every	2150	2204	2219	2234	2249	2304	2319	2334	2349	0004	
North Greenwich Station	1922	1936	1950	2005	2019	2031	2046	2101	2115	15	2200	2214	2229	2244	2259	2314	2329	2344	2358	0013	
Greenwich Peninsula IKEA	1929	1943	1956	2011	2025	2037	2052	2107	2121	mins.	2206	2220	2235	2250	2305	2320	2335	2349	0003	0018	
Blackheath Station	1941	1955	2008	2023	2036	2048	2103	2118	2132	until	2217	2231	2246	2301	2316	2331	2345	2359	0013	0028	
Lewisham Station Station Road	1948	2002	2015	2029	2042	2054	2109	2124	2138												