

108		Mondays to Thursdays																		
		MO	MX	MO	MX	MO	MX													
Lewisham High Street <i>Lewis Grove</i>	0010	0010	0025	0025	0040	0040	0100													
Blackheath Station	0014	0014	0029	0029	0044	0044	0104													
Blackheath <i>Royal Standard</i>	0018	0018	0033	0033	0048	0048	0108													
Greenwich Peninsula <i>Sainsbury's</i>	0022	0023	0037	0038	0052	0053	0113	Then every 30 minutes until												
North Greenwich Station	0028	0029	0043	0044	0058	0059	0119													
Poplar <i>All Saints (DLR) Station</i>	0037	0038	0051	0053	0106	0107	0128													
Devons Road (DLR) Station	0042	0043	0056	0058	0111	0112	0132													
Bow Church Station	0044	0045	0058	0100	0113	0114	0134													
Stratford City Bus Station	0052	0053	0106	0108	0121	0122	0142													
Stratford International Station	0054	0055	0108	0110	0123	0124	0144													
Lewisham High Street <i>Lewis Grove</i>	0658	0707	0714	0724	0732	0742	0751		0759	0808	0816	0825	0833	0842	0852	0904	0914	0924	0934	
Blackheath Station	0704	0713	0721	0731	0740	0750	0759	0807	0816	0824	0833	0841	0850	0900	0911	0921	0931	0941		
Blackheath <i>Royal Standard</i>	0711	0721	0729	0739	0749	0759	0808	0816	0825	0833	0842	0849	0858	0908	0918	0928	0938	0948		
Greenwich Peninsula <i>Sainsbury's</i>	0717	0727	0736	0746	0756	0806	0815	0823	0832	0840	0849	0856	0905	0915	0925	0935	0945	0955		
North Greenwich Station	0725	0735	0744	0754	0804	0814	0823	0831	0840	0848	0857	0904	0913	0923	0933	0943	0953	1003		
Poplar <i>All Saints (DLR) Station</i>	0739	0749	0758	0808	0818	0828	0837	0845	0853	0901	0910	0917	0925	0935	0945	0955	1005	1015		
Devons Road (DLR) Station	0745	0755	0805	0815	0825	0835	0844	0852	0900	0908	0917	0924	0932	0942	0952	1002	1012	1022		
Bow Church Station	0748	0758	0809	0819	0829	0839	0848	0856	0904	0912	0921	0927	0935	0945	0955	1005	1015	1025		
Stratford City Bus Station	0758	0808	0819	0829	0839	0849	0858	0906	0914	0922	0931	0937	0945	0955	1005	1015	1025	1035		
Stratford International Station	0801	0811	0822	0832	0842	0852	0901	0909	0917	0925	0934	0940	0948	0958	1008	1018	1028	1038		
Lewisham High Street <i>Lewis Grove</i>	0946	0957			1057	1108	1118	1128	1138	1148			1408	1418	1428	1438	1448	1458		
Blackheath Station	0953	1004			1104	1115	1125	1135	1145	1154			1414	1424	1434	1444	1454	1504		
Blackheath <i>Royal Standard</i>	1000	1010			1110	1121	1131	1141	1151	1200			1420	1430	1440	1450	1500	1510		
Greenwich Peninsula <i>Sainsbury's</i>	1006	1016	Then every 10 minutes until			1116	1127	1137	1147	1157	1206	Then every 10 minutes until			1426	1436	1446	1456	1506	1516
North Greenwich Station	1013	1023				1123	1134	1144	1154	1204	1213				1433	1443	1453	1503	1513	1523
Poplar <i>All Saints (DLR) Station</i>	1025	1035				1135	1145	1155	1205	1215	1224				1444	1454	1504	1514	1524	1534
Devons Road (DLR) Station	1032	1042				1142	1152	1202	1212	1222	1231				1451	1501	1511	1522	1532	1542
Bow Church Station	1035	1045				1145	1155	1205	1215	1225	1234				1454	1504	1514	1524	1534	1544
Stratford City Bus Station	1045	1055				1155	1205	1215	1225	1235	1245				1505	1515	1525	1535	1545	1555
Stratford International Station	1048	1058				1158	1208	1218	1228	1238	1248				1508	1518	1528	1538	1548	1558
Lewisham High Street <i>Lewis Grove</i>	1506	1516		1526	1536	1545	1554			1704	1714		1724	1734	1744	1754	1804	1814	1825	1837
Blackheath Station	1513	1523	1533	1543	1552	1601			1711	1721	1731	1741	1751	1801	1811	1821	1832	1844		
Blackheath <i>Royal Standard</i>	1520	1530	1540	1550	1559	1608			1718	1728	1738	1748	1758	1808	1818	1828	1838	1850		
Greenwich Peninsula <i>Sainsbury's</i>	1526	1536	1546	1556	1605	1614			1724	1734	1744	1754	1804	1814	1824	1834	1844	1856		
North Greenwich Station	1533	1543	1553	1603	1612	1622			1732	1742	1752	1802	1812	1822	1832	1842	1852	1904		
Poplar <i>All Saints (DLR) Station</i>	1544	1554	1604	1614	1624	1634			1744	1754	1804	1814	1824	1834	1843	1853	1903	1915		
Devons Road (DLR) Station	1552	1602	1612	1621	1631	1641			1751	1801	1811	1821	1831	1840	1849	1859	1909	1921		
Bow Church Station	1556	1606	1616	1625	1635	1645			1755	1804	1814	1824	1834	1843	1852	1902	1912	1924		
Stratford City Bus Station	1607	1617	1627	1636	1646	1656			1806	1815	1825	1835	1844	1853	1902	1912	1922	1934		
Stratford International Station	1610	1620	1630	1639	1649	1659			1809	1818	1828	1838	1847	1856	1905	1915	1925	1937		
Lewisham High Street <i>Lewis Grove</i>	1849	1901	1913	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255		
Blackheath Station	1856	1907	1919	1931	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	2229	2244	2259		
Blackheath <i>Royal Standard</i>	1902	1913	1925	1936	1950	2005	2020	2035	2050	2105	2120	2135	2150	2205	2219	2233	2248	2303		
Greenwich Peninsula <i>Sainsbury's</i>	1908	1919	1930	1941	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2224	2238	2253	2308		
North Greenwich Station	1915	1926	1937	1948	2002	2017	2032	2047	2101	2116	2131	2146	2201	2216	2230	2244	2259	2314		
Poplar <i>All Saints (DLR) Station</i>	1926	1936	1947	1958	2012	2027	2041	2056	2110	2125	2140	2155	2210	2225	2239	2253	2308	2323		
Devons Road (DLR) Station	1932	1942	1953	2004	2018	2033	2047	2102	2116	2130	2145	2200	2215	2230	2244	2258	2313	2328		
Bow Church Station	1935	1945	1956	2007	2021	2036	2050	2105	2119	2133	2148	2203	2218	2232	2246	2300	2315	2330		
Stratford City Bus Station	1945	1955	2005	2016	2030	2045	2059	2114	2128	2142	2157	2212	2227	2241	2255	2309	2324	2338		
Stratford International Station	1948	1957	2007	2018	2032	2047	2101	2116	2130	2144	2159	2214	2229	2243	2257	2311	2326	2340		
Lewisham High Street <i>Lewis Grove</i>	2310	2325	2340	2355																
Blackheath Station	2314	2329	2344	2359																
Blackheath <i>Royal Standard</i>	2318	2333	2348	0003																
Greenwich Peninsula <i>Sainsbury's</i>	2323	2338	2353	0008																
North Greenwich Station	2329	2344	2359	0014																
Poplar <i>All Saints (DLR) Station</i>	2338	2353	0008	0023																
Devons Road (DLR) Station	2343	2358	0013	0028																
Bow Church Station	2345	0000	0015	0030																
Stratford City Bus Station	2353	0008	0023	0038																
Stratford International Station	2355	0010	0025	0040																

Note: MO - Operates on Mondays only MX - Operates on Tuesdays to Fridays only

108		Saturdays																	
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0230	0300	0330	0400	0430	0500	0520	0540	0600	0615	0630	0640	
Blackheath Station	0014	0029	0044	0104	0134	0204	0234	0304	0334	0404	0434	0504	0524	0544	0604	0619	0634	0644	
Blackheath <i>Royal Standard</i>	0018	0033	0048	0108	0138	0208	0238	0308	0338	0408	0438	0508	0528	0548	0608	0623	0638	0648	
Greenwich Peninsula <i>Sainsbury's</i>	0023	0038	0053	0113	0143	0213	0243	0313	0343	0413	0443	0513	0533	0553	0613	0628	0643	0653	
North Greenwich Station	0029	0044	0059	0120	0150	0220	0249	0319	0349	0419	0449	0519	0539	0559	0619	0634	0649	0659	
Poplar <i>All Saints (DLR) Station</i>	0038	0053	0108	0129	0159	0229	0258	0328	0358	0428	0458	0528	0548	0608	0628	0643	0658	0708	
Devons Road (DLR) Station	0043	0058	0113	0134	0204	0234	0303	0332	0402	0432	0502	0532	0552	0612	0632	0647	0702	0712	
Bow Church Station	0045	0100	0115	0136	0206	0236	0305	0334	0404	0434	0504	0534	0554	0614	0634	0649	0705	0715	
Stratford City <i>Bus Station</i>	0053	0108	0123	0144	0214	0244	0313	0342	0412	0442	0512	0542	0602	0622	0642	0657	0713	0723	
Stratford International Station	0055	0110	0125	0146	0216	0246	0315	0344	0414	0444	0514	0544	0604	0624	0644	0659	0715	0725	
Lewisham High Street <i>Lewis Grove</i>	0650	0700	0710	0720	0730	0740	0750	0800	0810	0820	0829	0839	0849	0858	0908	0918	0927	0937	
Blackheath Station	0654	0704	0714	0724	0734	0744	0754	0804	0814	0824	0834	0844	0854	0903	0913	0923	0932	0942	
Blackheath <i>Royal Standard</i>	0658	0708	0718	0728	0738	0748	0758	0809	0819	0829	0839	0849	0859	0908	0918	0928	0938	0948	
Greenwich Peninsula <i>Sainsbury's</i>	0703	0713	0723	0733	0743	0753	0803	0814	0824	0834	0844	0854	0904	0914	0924	0934	0944	0954	
North Greenwich Station	0709	0719	0729	0739	0749	0759	0809	0820	0830	0841	0851	0901	0911	0921	0931	0941	0951	1001	
Poplar <i>All Saints (DLR) Station</i>	0718	0728	0738	0748	0758	0808	0818	0830	0840	0851	0901	0911	0921	0931	0941	0951	1001	1011	
Devons Road (DLR) Station	0722	0732	0742	0752	0802	0813	0823	0835	0845	0856	0906	0916	0926	0937	0947	0957	1007	1017	
Bow Church Station	0725	0735	0745	0755	0805	0816	0826	0838	0848	0859	0909	0919	0929	0940	0950	1000	1010	1020	
Stratford City <i>Bus Station</i>	0733	0743	0753	0803	0813	0824	0834	0847	0857	0908	0918	0928	0938	0949	0959	1010	1020	1030	
Stratford International Station	0735	0745	0755	0806	0816	0827	0837	0850	0900	0911	0921	0931	0941	0952	1002	1013	1023	1033	
Lewisham High Street <i>Lewis Grove</i>	0947	0957	1006	1016	1025	1035	1045	1055	1104	<i>Then every 10 minutes until</i>	1154	1204	1213	<i>Then every 10 minutes until</i>	1413	1423			
Blackheath Station	0952	1002	1012	1022	1031	1041	1051	1101	1111		1201	1211	1220		1420	1430			
Blackheath <i>Royal Standard</i>	0958	1008	1018	1028	1037	1047	1057	1108	1118		1208	1218	1227		1427	1436			
Greenwich Peninsula <i>Sainsbury's</i>	1004	1014	1024	1034	1043	1054	1104	1115	1125		1215	1225	1234		1434	1443			
North Greenwich Station	1011	1021	1031	1041	1050	1101	1111	1122	1132		1222	1232	1242		1442	1451			
Poplar <i>All Saints (DLR) Station</i>	1021	1031	1041	1051	1101	1112	1123	1134	1144		1234	1244	1254		1454	1503			
Devons Road (DLR) Station	1027	1037	1047	1057	1107	1118	1129	1140	1150		1240	1251	1301		1501	1510			
Bow Church Station	1030	1040	1050	1100	1110	1121	1132	1143	1153		1243	1254	1304		1504	1513			
Stratford City <i>Bus Station</i>	1040	1050	1100	1110	1120	1131	1142	1153	1204		1254	1305	1315		1515	1524			
Stratford International Station	1043	1053	1103	1113	1123	1134	1145	1156	1207		1257	1308	1318		1518	1527			
Lewisham High Street <i>Lewis Grove</i>	1433	1444	1455	<i>Then every 10 minutes until</i>	1705	1715	1725	<i>Then every 10 minutes until</i>	1845	1857	1909	1921	1936	1952	2007	2022			
Blackheath Station	1440	1451	1501		1711	1721	1731		1851	1903	1915	1927	1942	1957	2012	2027			
Blackheath <i>Royal Standard</i>	1446	1457	1507		1717	1727	1737		1857	1908	1920	1932	1947	2002	2017	2032			
Greenwich Peninsula <i>Sainsbury's</i>	1453	1503	1513		1723	1733	1743		1903	1914	1926	1938	1953	2007	2022	2037			
North Greenwich Station	1501	1511	1521		1731	1741	1751		1911	1922	1934	1946	2000	2014	2029	2044			
Poplar <i>All Saints (DLR) Station</i>	1513	1523	1533		1743	1753	1804		1924	1934	1946	1958	2011	2025	2039	2054			
Devons Road (DLR) Station	1520	1530	1540		1750	1800	1810		1930	1940	1952	2004	2017	2031	2045	2100			
Bow Church Station	1523	1533	1543		1753	1803	1813		1933	1943	1955	2007	2020	2034	2048	2103			
Stratford City <i>Bus Station</i>	1534	1544	1554		1804	1813	1823		1943	1953	2004	2016	2029	2043	2057	2112			
Stratford International Station	1537	1547	1557		1807	1816	1826		1946	1956	2007	2019	2032	2046	2100	2115			
Lewisham High Street <i>Lewis Grove</i>	2037	2052	2108	2123	2138	2153	2209	2224	2239	2254	2309	2324	2339	2355					
Blackheath Station	2042	2057	2113	2128	2143	2158	2213	2228	2243	2258	2313	2328	2343	2359					
Blackheath <i>Royal Standard</i>	2047	2102	2118	2133	2148	2203	2218	2233	2248	2303	2318	2333	2348	0003					
Greenwich Peninsula <i>Sainsbury's</i>	2052	2107	2123	2138	2153	2208	2223	2238	2253	2308	2323	2338	2353	0008					
North Greenwich Station	2059	2114	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0014					
Poplar <i>All Saints (DLR) Station</i>	2109	2124	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0009	0023					
Devons Road (DLR) Station	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0014	0028					
Bow Church Station	2118	2133	2148	2203	2218	2233	2248	2303	2317	2332	2347	0002	0016	0030					
Stratford City <i>Bus Station</i>	2127	2142	2157	2212	2227	2242	2257	2312	2326	2341	2356	0010	0024	0038					
Stratford International Station	2130	2145	2200	2215	2230	2245	2300	2314	2328	2343	2358	0012	0026	0040					

108		Sundays																
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0230			0500			0720	0735	0750	0805	0820	0834
Blackheath Station	0014	0029	0044	0104	0134	0204	0234			0504			0724	0739	0754	0809	0824	0839
Blackheath <i>Royal Standard</i>	0018	0033	0048	0109	0139	0209	0238			0508			0728	0743	0758	0813	0828	0843
Greenwich Peninsula <i>Sainsbury's</i>	0023	0038	0053	0114	0144	0214	0243		Then every 30 minutes until	0513	Then every 20 minutes until		0733	0748	0803	0818	0833	0848
North Greenwich Station	0029	0044	0059	0120	0150	0220	0249	0519		0739		0754	0809	0824	0840	0855		
Poplar <i>All Saints (DLR) Station</i>	0038	0053	0108	0130	0200	0230	0258	0528		0748		0803	0818	0833	0849	0904		
Devons Road (DLR) Station	0043	0058	0113	0135	0205	0234	0302	0532		0752		0807	0822	0837	0853	0908		
Bow Church Station	0045	0100	0115	0137	0207	0236	0304	0534		0754		0809	0824	0839	0855	0910		
Stratford City <i>Bus Station</i>	0053	0108	0123	0145	0215	0244	0312	0542		0802		0817	0832	0847	0903	0918		
Stratford International Station	0055	0110	0125	0147	0217	0246	0314	0544		0804		0819	0834	0849	0905	0920		
Lewisham High Street <i>Lewis Grove</i>	0849	0903	0916	0931	0946	1001	1015	1030	1044	1059	1114	1129	1144	1159	Then every 15 minutes until	1329	1344	
Blackheath Station	0854	0908	0921	0936	0951	1006	1020	1035	1049	1104	1119	1135	1150	1205		1335	1350	
Blackheath <i>Royal Standard</i>	0858	0913	0926	0941	0956	1011	1026	1041	1055	1110	1125	1141	1157	1212		1342	1356	
Greenwich Peninsula <i>Sainsbury's</i>	0903	0918	0932	0947	1002	1017	1032	1047	1101	1116	1131	1147	1203	1218		1348	1402	
North Greenwich Station	0910	0925	0939	0954	1009	1024	1039	1054	1108	1123	1139	1155	1211	1226		1356	1410	
Poplar <i>All Saints (DLR) Station</i>	0919	0934	0949	1004	1019	1034	1049	1104	1119	1134	1151	1207	1223	1238		1408	1423	
Devons Road (DLR) Station	0924	0939	0954	1009	1025	1040	1055	1110	1125	1140	1157	1213	1229	1245		1415	1430	
Bow Church Station	0926	0942	0957	1012	1028	1043	1058	1113	1128	1143	1200	1216	1232	1248		1418	1433	
Stratford City <i>Bus Station</i>	0934	0951	1006	1021	1037	1052	1107	1122	1138	1153	1211	1227	1243	1259		1429	1444	
Stratford International Station	0936	0953	1008	1023	1040	1055	1110	1125	1141	1156	1214	1230	1246	1302		1432	1447	
Lewisham High Street <i>Lewis Grove</i>	1359			1614	1629	1644	1659	1714	1729	1744	1759	1813	1828	1843	1858	1913	1928	1943
Blackheath Station	1405			1620	1635	1650	1705	1720	1734	1749	1804	1818	1833	1848	1903	1918	1933	1948
Blackheath <i>Royal Standard</i>	1411			1626	1641	1656	1711	1726	1740	1754	1809	1823	1838	1853	1908	1923	1938	1953
Greenwich Peninsula <i>Sainsbury's</i>	1417	Then every 150 minutes until		1632	1647	1702	1717	1732	1746	1759	1814	1828	1843	1858	1913	1928	1943	1958
North Greenwich Station	1425		1640	1655	1709	1724	1739	1753	1806	1821	1835	1850	1905	1920	1935	1950	2005	
Poplar <i>All Saints (DLR) Station</i>	1438		1653	1708	1722	1737	1752	1805	1818	1833	1847	1902	1917	1931	1945	2000	2015	
Devons Road (DLR) Station	1445		1700	1714	1728	1743	1758	1811	1824	1839	1853	1908	1923	1937	1951	2006	2021	
Bow Church Station	1448		1703	1717	1731	1746	1801	1814	1827	1842	1856	1911	1926	1940	1954	2009	2024	
Stratford City <i>Bus Station</i>	1459		1714	1727	1741	1756	1811	1824	1837	1852	1906	1921	1936	1950	2004	2018	2033	
Stratford International Station	1502		1717	1730	1744	1759	1814	1827	1840	1855	1909	1924	1939	1953	2006	2020	2035	
Lewisham High Street <i>Lewis Grove</i>	1958	2013	2028	2043	2058	2112	2127	2142	2157	2212	2226	2240	2255	2310	2325	2340	2355	
Blackheath Station	2003	2018	2033	2048	2103	2117	2131	2146	2201	2216	2230	2244	2259	2314	2329	2344	2359	
Blackheath <i>Royal Standard</i>	2008	2023	2037	2052	2107	2121	2135	2150	2205	2220	2234	2248	2303	2318	2333	2348	0003	
Greenwich Peninsula <i>Sainsbury's</i>	2013	2028	2042	2057	2112	2126	2140	2155	2210	2225	2239	2253	2307	2322	2337	2352	0007	
North Greenwich Station	2020	2035	2049	2103	2118	2132	2146	2201	2216	2231	2245	2259	2313	2328	2343	2358	0013	
Poplar <i>All Saints (DLR) Station</i>	2030	2045	2058	2112	2127	2141	2155	2210	2225	2240	2254	2308	2322	2337	2352	0007	0022	
Devons Road (DLR) Station	2036	2050	2103	2117	2132	2146	2200	2215	2230	2245	2259	2313	2327	2342	2357	0012	0027	
Bow Church Station	2039	2053	2106	2120	2135	2149	2203	2218	2233	2248	2302	2315	2329	2344	2359	0014	0029	
Stratford City <i>Bus Station</i>	2048	2102	2115	2129	2144	2158	2212	2227	2242	2257	2311	2324	2337	2352	0007	0022	0037	
Stratford International Station	2050	2104	2117	2131	2146	2200	2214	2229	2244	2259	2313	2326	2339	2354	0009	0024	0039	

108	Mondays to Thursdays																	
	MO	MX	MO	MX	MO	MX	MO	MX	MO	MX	MX	MO	MX	MO	MX	MO	MX	MO
Stratford International Station	--	--	0000	0000	--	--	0015	0015	--	--	0030	0030	--	--	0045	0045	--	--
Stratford City opposite Bus Station	--	--	0002	0002	--	--	0017	0017	--	--	0032	0032	--	--	0047	0047	--	--
Bow Church Station	--	--	0010	0010	--	--	0025	0025	--	--	0040	0040	--	--	0055	0055	--	--
Devons Road (DLR) Station	--	--	0012	0012	--	--	0027	0027	--	--	0042	0042	--	--	0057	0057	--	--
Poplar All Saints (DLR) Station	--	--	0016	0017	--	--	0031	0032	--	--	0046	0046	--	--	0101	0101	--	--
North Greenwich Station	0017	0017	0023	0025	0031	0032	0038	0039	0045	0046	0053	0053	0100	0100	0108	0108	0115	0115
Greenwich Peninsula Sainsbury's	0022	0022	0028	0030	0036	0036	0043	0043	0050	0050	0057	0058	0104	0105	0112	0113	0119	0120
Blackheath Royal Standard	0028	0028	0034	0036	0042	0042	0049	0049	0056	0056	0103	0104	0110	0111	0118	0119	0125	0126
Blackheath Station	0032	0032	0038	0040	0046	0046	0053	0053	0100	0100	0107	0108	0114	0115	0122	0123	0129	0130
Lewisham Station Station Road	0037	0038	0043	0046	0051	0052	0058	0059	0105	0106	0113	0113	0120	0120	0128	0128	0135	0135
Stratford International Station	0110	0140	0210	0240	0310	0341	0413	0445	0505	0525	0545	0600	0615	0629	0639	0646	0656	0704
Stratford City opposite Bus Station	0112	0142	0212	0242	0312	0343	0415	0447	0507	0527	0547	0603	0618	0632	0642	0649	0659	0707
Bow Church Station	0120	0150	0220	0250	0320	0351	0423	0455	0515	0535	0556	0612	0628	0642	0652	0659	0709	0718
Devons Road (DLR) Station	0122	0152	0222	0252	0322	0353	0425	0457	0517	0537	0558	0614	0630	0644	0654	0701	0711	0720
Poplar All Saints (DLR) Station	0126	0156	0226	0256	0326	0357	0429	0501	0521	0541	0602	0618	0635	0649	0659	0706	0716	0725
North Greenwich Station	0133	0203	0233	0303	0333	0404	0436	0508	0527	0547	0609	0625	0643	0657	0707	0715	0725	0734
Greenwich Peninsula Sainsbury's	0138	0208	0238	0308	0337	0408	0440	0512	0531	0551	0613	0630	0648	0702	0712	0721	0731	0740
Blackheath Royal Standard	0143	0213	0243	0313	0342	0413	0445	0517	0536	0557	0619	0637	0655	0709	0719	0729	0739	0749
Blackheath Station	0147	0217	0247	0317	0346	0417	0449	0521	0540	0601	0623	0642	0703	0719	0729	0739	0749	0759
Lewisham Station Station Road	0152	0222	0252	0322	0351	0422	0454	0526	0545	0606	0629	0650	0713	0729	0739	0749	0759	0809
Stratford International Station	0714	0723	0733	0742	0751	0801	0811	0821	0831	0841	0851	0901	0911	0921	0931	0941	0951	1000
Stratford City opposite Bus Station	0717	0726	0736	0745	0754	0804	0814	0824	0834	0844	0854	0904	0914	0924	0934	0944	0954	1003
Bow Church Station	0728	0737	0747	0757	0806	0816	0826	0836	0846	0856	0905	0915	0925	0935	0944	0954	1004	1013
Devons Road (DLR) Station	0730	0739	0749	0759	0809	0819	0829	0839	0849	0859	0908	0918	0928	0938	0947	0957	1007	1016
Poplar All Saints (DLR) Station	0735	0745	0755	0806	0816	0826	0836	0846	0856	0906	0915	0925	0935	0944	0953	1003	1013	1022
North Greenwich Station	0744	0754	0804	0814	0824	0834	0844	0854	0904	0914	0923	0933	0943	0952	1001	1011	1021	1030
Greenwich Peninsula Sainsbury's	0750	0800	0810	0820	0830	0840	0850	0900	0910	0920	0929	0939	0949	0958	1007	1017	1027	1036
Blackheath Royal Standard	0759	0809	0819	0829	0839	0849	0859	0908	0918	0928	0937	0947	0957	1006	1015	1025	1035	1044
Blackheath Station	0809	0819	0829	0839	0849	0858	0907	0915	0925	0935	0944	0954	1003	1012	1021	1031	1041	1050
Lewisham Station Station Road	0819	0829	0839	0849	0858	0907	0916	0924	0934	0943	0952	1002	1011	1020	1029	1039	1049	1058
Stratford International Station	1009	1018			1148	1158			1338	1348	1358	1408	1418	1428	1438	1448	1458	1508
Stratford City opposite Bus Station	1012	1021			1151	1201			1341	1351	1401	1411	1421	1431	1441	1451	1501	1511
Bow Church Station	1022	1031			1201	1212			1352	1402	1412	1422	1433	1443	1453	1503	1513	1523
Devons Road (DLR) Station	1025	1034	Then every 10 minutes until		1204	1215	Then every 10 minutes until		1355	1405	1415	1425	1436	1446	1456	1506	1516	1526
Poplar All Saints (DLR) Station	1031	1040			1210	1221			1401	1412	1422	1432	1443	1453	1503	1513	1523	1533
North Greenwich Station	1039	1048			1218	1229			1409	1420	1431	1441	1452	1502	1512	1522	1532	1542
Greenwich Peninsula Sainsbury's	1045	1054			1224	1235			1415	1426	1437	1447	1458	1508	1518	1528	1538	1548
Blackheath Royal Standard	1053	1102			1232	1243			1423	1434	1445	1455	1506	1516	1526	1536	1546	1556
Blackheath Station	1059	1107			1237	1248			1428	1439	1450	1501	1511	1522	1532	1542	1552	1602
Lewisham Station Station Road	1107	1115			1245	1256			1436	1448	1459	1509	1520	1531	1541	1551	1601	1611
Stratford International Station	1517	1527		1537	1546	1556		1607	1617	1627	1637	1647	1657	1707	1717	1728	1738	1748
Stratford City opposite Bus Station	1520	1530	1540	1549	1559	1610	1620	1630	1640	1650	1700	1710	1720	1731	1741	1751	1802	1813
Bow Church Station	1532	1542	1552	1601	1611	1621	1631	1641	1651	1701	1711	1721	1731	1742	1752	1802	1813	1824
Devons Road (DLR) Station	1535	1545	1555	1604	1614	1624	1634	1644	1654	1704	1714	1724	1734	1745	1755	1805	1816	1827
Poplar All Saints (DLR) Station	1543	1553	1603	1612	1622	1632	1642	1652	1702	1712	1722	1732	1742	1753	1803	1813	1824	1834
North Greenwich Station	1552	1602	1612	1622	1632	1642	1652	1702	1712	1722	1733	1743	1753	1804	1814	1824	1835	1845
Greenwich Peninsula Sainsbury's	1558	1608	1618	1628	1638	1648	1658	1709	1719	1729	1740	1750	1800	1811	1821	1831	1841	1851
Blackheath Royal Standard	1606	1616	1626	1636	1646	1656	1707	1718	1728	1738	1749	1759	1809	1820	1829	1839	1849	1859
Blackheath Station	1612	1622	1632	1642	1652	1703	1714	1725	1735	1745	1756	1806	1816	1826	1835	1845	1855	1905
Lewisham Station Station Road	1621	1631	1641	1651	1701	1711	1722	1733	1743	1753	1804	1814	1824	1834	1843	1853	1903	1913
Stratford International Station	1820	1831	1842	1853	1905	1917	1929	1944	1959	2014	2029	2044	2059	Then every 15 minutes until	2214	--	2229	
Stratford City opposite Bus Station	1823	1834	1845	1856	1908	1920	1932	1947	2002	2017	2032	2047	2102		2217	--	2232	
Bow Church Station	1834	1844	1855	1906	1918	1930	1942	1957	2012	2027	2042	2057	2112		2227	--	2241	
Devons Road (DLR) Station	1837	1847	1858	1909	1921	1932	1944	1959	2014	2029	2044	2059	2114		2229	--	2243	
Poplar All Saints (DLR) Station	1844	1854	1905	1915	1927	1938	1950	2005	2020	2035	2050	2105	2119		2234	--	2248	
North Greenwich Station	1855	1905	1915	1925	1937	1948	2000	2014	2029	2044	2059	2114	2128		2243	2245	2257	
Greenwich Peninsula Sainsbury's	1901	1910	1920	1930	1942	1953	2005	2019	2034	2049	2104	2119	2133		2248	2250	2302	
Blackheath Royal Standard	1909	1918	1928	1938	1950	2000	2012	2026	2041	2056	2111	2126	2140		2255	2257	2308	
Blackheath Station	1914	1923	1933	1943	1955	2005	2017	2031	2046	2101	2115	2130	2144		2259	2301	2312	
Lewisham Station Station Road	1922	1930	1940	1950	2002	2012	2024	2038	2053	2108	2122	2137	2151		2306	2307	2318	

Note: MO – Operates on Mondays only

MX – Operates on Tuesdays to Fridays only

108		Mondays to Thursdays (cont.)																		
Stratford International Station	--	2244	--	2259	--	2314	--	2330	--	2345										
Stratford City <i>opposite Bus Station</i>	--	2247	--	2302	--	2317	--	2332	--	2347										
Bow Church Station	--	2256	--	2311	--	2326	--	2340	--	2355										
Devons Road (DLR) Station	--	2258	--	2313	--	2328	--	2342	--	2357										
Poplar <i>All Saints (DLR) Station</i>	--	2303	--	2318	--	2333	--	2347	--	0002										
North Greenwich Station	2305	2312	2319	2326	2334	2341	2348	2355	0002	0010										
Greenwich Peninsula <i>Sainsbury's</i>	2310	2317	2324	2331	2339	2346	2353	0000	0007	0015										
Blackheath <i>Royal Standard</i>	2316	2323	2330	2337	2345	2352	2359	0006	0013	0021										
Blackheath Station	2320	2327	2334	2341	2349	2356	0003	0010	0017	0025										
Lewisham Station <i>Station Road</i>	2326	2333	2340	2347	2355	0002	0009	0016	0023	0031										
108		Fridays																		
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0110	0140	0210	0240	0310	0341	0413	0445	0505		
Stratford City <i>opposite Bus Station</i>	--	0002	--	0017	--	0032	--	0047	--	0112	0142	0212	0242	0312	0343	0415	0447	0507		
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0120	0150	0220	0250	0320	0351	0423	0455	0515		
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0122	0152	0222	0252	0322	0353	0425	0457	0517		
Poplar <i>All Saints (DLR) Station</i>	--	0017	--	0032	--	0046	--	0101	--	0126	0156	0226	0256	0326	0357	0429	0501	0521		
North Greenwich Station	0017	0025	0032	0039	0046	0053	0100	0108	0115	0133	0203	0233	0303	0333	0404	0436	0508	0527		
Greenwich Peninsula <i>Sainsbury's</i>	0022	0030	0036	0043	0050	0057	0104	0112	0119	0138	0208	0238	0308	0337	0408	0440	0512	0531		
Blackheath <i>Royal Standard</i>	0028	0036	0042	0049	0056	0103	0110	0118	0125	0143	0213	0243	0313	0342	0413	0445	0517	0536		
Blackheath Station	0032	0040	0046	0053	0100	0107	0114	0122	0129	0147	0217	0247	0317	0346	0417	0449	0521	0540		
Lewisham Station <i>Station Road</i>	0038	0046	0052	0059	0106	0113	0120	0128	0135	0152	0222	0252	0322	0351	0422	0454	0526	0545		
Stratford International Station	0525	0545	0600	0615	0629	0639	0646	0656	0704	0714	0723	0733	0742	0751	0801	0811	0821	0831		
Stratford City <i>opposite Bus Station</i>	0527	0547	0603	0618	0632	0642	0649	0659	0707	0717	0726	0736	0745	0754	0804	0814	0824	0834		
Bow Church Station	0535	0556	0612	0628	0642	0652	0659	0709	0718	0728	0737	0747	0757	0806	0816	0826	0836	0846		
Devons Road (DLR) Station	0537	0558	0614	0630	0644	0654	0701	0711	0720	0730	0739	0749	0759	0809	0819	0829	0839	0849		
Poplar <i>All Saints (DLR) Station</i>	0541	0602	0618	0635	0649	0659	0706	0716	0725	0735	0745	0755	0806	0816	0826	0836	0846	0856		
North Greenwich Station	0547	0609	0625	0643	0657	0707	0715	0725	0734	0744	0754	0804	0814	0824	0834	0844	0854	0904		
Greenwich Peninsula <i>Sainsbury's</i>	0551	0613	0630	0648	0702	0712	0721	0731	0740	0750	0800	0810	0820	0830	0840	0850	0900	0910		
Blackheath <i>Royal Standard</i>	0557	0619	0637	0655	0709	0719	0729	0739	0749	0759	0809	0819	0829	0839	0849	0859	0908	0918		
Blackheath Station	0601	0623	0642	0703	0719	0729	0739	0749	0759	0809	0819	0829	0839	0849	0858	0907	0915	0925		
Lewisham Station <i>Station Road</i>	0606	0629	0650	0713	0729	0739	0749	0759	0809	0819	0829	0839	0849	0858	0907	0916	0924	0934		
Stratford International Station	0841	0851	0901	0911	0921	0931	0941	0951	1000	1009	1018	Then every 10 minutes until	1148	1158	Then every 10 minutes until	1338				
Stratford City <i>opposite Bus Station</i>	0844	0854	0904	0914	0924	0934	0944	0954	1003	1012	1021		1151	1201		1341				
Bow Church Station	0856	0905	0915	0925	0935	0944	0954	1004	1013	1022	1031		1201	1212		1352				
Devons Road (DLR) Station	0859	0908	0918	0928	0938	0947	0957	1007	1016	1025	1034		1204	1215		1355				
Poplar <i>All Saints (DLR) Station</i>	0906	0915	0925	0935	0944	0953	1003	1013	1022	1031	1040		1210	1221		1401				
North Greenwich Station	0914	0923	0933	0943	0952	1001	1011	1021	1030	1039	1048		1218	1229		1409				
Greenwich Peninsula <i>Sainsbury's</i>	0920	0929	0939	0949	0958	1007	1017	1027	1036	1045	1054		1224	1235		1415				
Blackheath <i>Royal Standard</i>	0928	0937	0947	0957	1006	1015	1025	1035	1044	1053	1102		1232	1243		1423				
Blackheath Station	0935	0944	0954	1003	1012	1021	1031	1041	1050	1059	1107		1237	1248		1428				
Lewisham Station <i>Station Road</i>	0943	0952	1002	1011	1020	1029	1039	1049	1058	1107	1115		1245	1256		1436				
Stratford International Station	1348	1358	1408	1418	1428	1438	1448	1458	1508	1517	1527	1537	1546	1556	1607	1617	1627	1637		
Stratford City <i>opposite Bus Station</i>	1351	1401	1411	1421	1431	1441	1451	1501	1511	1520	1530	1540	1549	1559	1610	1620	1630	1640		
Bow Church Station	1402	1412	1422	1433	1443	1453	1503	1513	1523	1532	1542	1552	1601	1611	1621	1631	1641	1651		
Devons Road (DLR) Station	1405	1415	1425	1436	1446	1456	1506	1516	1526	1535	1545	1555	1604	1614	1624	1634	1644	1654		
Poplar <i>All Saints (DLR) Station</i>	1412	1422	1432	1443	1453	1503	1513	1523	1533	1543	1553	1603	1612	1622	1632	1642	1652	1702		
North Greenwich Station	1420	1431	1441	1452	1502	1512	1522	1532	1542	1552	1602	1612	1622	1632	1642	1652	1702	1712		
Greenwich Peninsula <i>Sainsbury's</i>	1426	1437	1447	1458	1508	1518	1528	1538	1548	1558	1608	1618	1628	1638	1648	1658	1709	1719		
Blackheath <i>Royal Standard</i>	1434	1445	1455	1506	1516	1526	1536	1546	1556	1606	1616	1626	1636	1646	1656	1707	1718	1728		
Blackheath Station	1439	1450	1500	1511	1522	1532	1542	1552	1602	1612	1622	1632	1642	1652	1703	1714	1725	1735		
Lewisham Station <i>Station Road</i>	1448	1459	1509	1520	1531	1541	1551	1601	1611	1621	1631	1641	1651	1701	1711	1722	1733	1743		
Stratford International Station	1647	1657	1707	1717	1728	1738	1748	1759	1810	1820	1831	1842	1853	1905	1917	1929	1944	1959		
Stratford City <i>opposite Bus Station</i>	1650	1700	1710	1720	1731	1741	1751	1802	1813	1823	1834	1845	1856	1908	1920	1932	1947	2002		
Bow Church Station	1701	1711	1721	1731	1742	1752	1802	1813	1824	1834	1844	1855	1906	1918	1930	1942	1957	2012		
Devons Road (DLR) Station	1704	1714	1724	1734	1745	1755	1805	1816	1827	1837	1847	1858	1909	1921	1932	1944	1959	2014		
Poplar <i>All Saints (DLR) Station</i>	1712	1722	1732	1742	1753	1803	1813	1824	1834	1844	1854	1905	1915	1927	1938	1950	2005	2020		
North Greenwich Station	1722	1733	1743	1753	1804	1814	1824	1835	1845	1855	1905	1915	1925	1937	1948	2000	2014	2029		
Greenwich Peninsula <i>Sainsbury's</i>	1729	1740	1750	1800	1811	1821	1831	1841	1851	1901	1911	1921	1931	1943	1954	2006	2020	2035		
Blackheath <i>Royal Standard</i>	1738	1749	1759	1809	1820	1829	1839	1849	1859	1909	1919	1929	1939	1951	2001	2013	2027	2042		
Blackheath Station	1745	1756	1806	1816	1826	1835	1845	1855	1905	1914	1924	1934	1944	1956	2006	2018	2032	2047		
Lewisham Station <i>Station Road</i>	1753	1804	1814	1824	1834	1843	1853	1903	1913	1922	1931	1941	1951	2003	2013	2025	2039	2054		

108	Fridays (cont.)																	
Stratford International Station	2014	2029	2044	2059	2114	2129	2144	2159	2214	--	2229	--	2244	--	2259	--	2314	--
Stratford City <i>opposite Bus Station</i>	2017	2032	2047	2102	2117	2132	2147	2202	2217	--	2232	--	2247	--	2302	--	2317	--
Bow Church Station	2027	2042	2057	2112	2127	2142	2157	2212	2227	--	2241	--	2256	--	2311	--	2326	--
Devons Road (DLR) Station	2029	2044	2059	2114	2129	2144	2159	2214	2229	--	2243	--	2258	--	2313	--	2328	--
Poplar <i>All Saints (DLR) Station</i>	2035	2050	2105	2119	2134	2149	2204	2219	2234	--	2248	--	2303	--	2318	--	2333	--
North Greenwich Station	2044	2059	2114	2128	2143	2158	2213	2228	2243	2245	2257	2304	2312	2319	2326	2334	2341	2349
Greenwich Peninsula <i>Sainsbury's</i>	2050	2105	2120	2134	2149	2204	2219	2234	2249	2251	2303	2310	2318	2325	2332	2340	2347	2355
Blackheath <i>Royal Standard</i>	2057	2112	2127	2141	2156	2211	2226	2241	2256	2258	2310	2317	2325	2332	2338	2346	2353	0001
Blackheath Station	2102	2117	2132	2146	2201	2216	2231	2245	2300	2302	2314	2321	2329	2336	2342	2350	2357	0005
Lewisham Station <i>Station Road</i>	2109	2124	2139	2153	2208	2223	2238	2252	2307	2308	2320	2327	2335	2342	2348	2356	0003	0011
Stratford International Station	2330	--	2345															
Stratford City <i>opposite Bus Station</i>	2332	--	2347															
Bow Church Station	2340	--	2355															
Devons Road (DLR) Station	2342	--	2357															
Poplar <i>All Saints (DLR) Station</i>	2347	--	0002															
North Greenwich Station	2355	0004	0010															
Greenwich Peninsula <i>Sainsbury's</i>	0001	0010	0016															
Blackheath <i>Royal Standard</i>	0007	0016	0022															
Blackheath Station	0011	0020	0026															
Lewisham Station <i>Station Road</i>	0017	0026	0032															
108	Saturdays																	
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0210	0240	0310	0341	0413
Stratford City <i>opposite Bus Station</i>	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0212	0242	0312	0343	0415
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0110	0125	0140	0155	0220	0250	0320	0351	0423
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0112	0127	0142	0157	0222	0252	0322	0353	0425
Poplar <i>All Saints (DLR) Station</i>	--	0017	--	0032	--	0046	--	0101	--	0116	0131	0146	0201	0226	0256	0326	0357	0429
North Greenwich Station	0018	0025	0033	0039	0048	0053	0102	0108	0116	0123	0138	0153	0208	0233	0303	0333	0404	0436
Greenwich Peninsula <i>Sainsbury's</i>	0024	0031	0038	0044	0053	0058	0107	0113	0121	0128	0143	0158	0213	0238	0308	0337	0408	0440
Blackheath <i>Royal Standard</i>	0030	0037	0044	0050	0059	0104	0113	0119	0127	0134	0149	0204	0219	0244	0314	0343	0414	0446
Blackheath Station	0034	0041	0048	0054	0103	0108	0117	0123	0131	0138	0153	0208	0223	0248	0318	0347	0418	0450
Lewisham Station <i>Station Road</i>	0040	0047	0054	0100	0109	0114	0123	0129	0137	0143	0158	0213	0228	0253	0323	0352	0423	0455
Stratford International Station	0445	0505	0525	0545	0605	0620	0635	0645	0655	0705	0715	0725	0735	0745	0755	0805	0815	0824
Stratford City <i>opposite Bus Station</i>	0447	0507	0527	0547	0607	0622	0637	0648	0658	0708	0718	0728	0738	0748	0758	0808	0818	0827
Bow Church Station	0455	0515	0535	0555	0615	0630	0645	0656	0706	0716	0726	0736	0746	0756	0806	0816	0826	0835
Devons Road (DLR) Station	0457	0517	0537	0557	0617	0632	0647	0658	0708	0718	0728	0738	0748	0758	0808	0818	0828	0837
Poplar <i>All Saints (DLR) Station</i>	0501	0521	0541	0601	0621	0636	0651	0702	0712	0722	0732	0742	0753	0803	0813	0823	0833	0842
North Greenwich Station	0508	0528	0548	0608	0628	0643	0658	0709	0719	0729	0739	0749	0800	0810	0820	0830	0841	0850
Greenwich Peninsula <i>Sainsbury's</i>	0512	0532	0552	0612	0632	0647	0703	0714	0724	0734	0744	0754	0805	0815	0825	0835	0846	0855
Blackheath <i>Royal Standard</i>	0518	0537	0557	0617	0638	0653	0709	0720	0730	0740	0750	0800	0811	0821	0831	0841	0852	0902
Blackheath Station	0522	0540	0600	0620	0641	0657	0713	0724	0734	0744	0754	0804	0815	0825	0835	0845	0856	0906
Lewisham Station <i>Station Road</i>	0527	0545	0605	0625	0646	0702	0718	0729	0739	0749	0800	0810	0821	0831	0841	0851	0902	0912
Stratford International Station	0834	0844	0854	0903	0913	0922	0931	0940	0949	0959	1008	1018	1028	1038	1048	1058	1108	1118
Stratford City <i>opposite Bus Station</i>	0837	0847	0857	0906	0916	0925	0934	0943	0952	1002	1011	1021	1031	1041	1051	1101	1111	1121
Bow Church Station	0845	0855	0905	0915	0925	0934	0943	0952	1001	1011	1020	1030	1040	1050	1100	1110	1120	1130
Devons Road (DLR) Station	0847	0857	0907	0917	0927	0936	0945	0954	1004	1014	1023	1033	1043	1053	1103	1113	1123	1133
Poplar <i>All Saints (DLR) Station</i>	0852	0902	0912	0922	0932	0942	0951	1000	1010	1020	1029	1039	1049	1059	1109	1119	1129	1139
North Greenwich Station	0900	0910	0920	0930	0940	0950	0959	1008	1018	1028	1037	1047	1057	1107	1117	1127	1138	1148
Greenwich Peninsula <i>Sainsbury's</i>	0905	0915	0925	0935	0945	0955	1005	1014	1024	1034	1043	1053	1103	1113	1123	1133	1144	1154
Blackheath <i>Royal Standard</i>	0912	0922	0932	0942	0952	1002	1012	1022	1032	1042	1051	1101	1111	1121	1131	1141	1152	1202
Blackheath Station	0917	0927	0937	0947	0957	1007	1017	1027	1037	1047	1056	1106	1116	1126	1136	1147	1158	1208
Lewisham Station <i>Station Road</i>	0923	0934	0944	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1155	1206	1216
Stratford International Station	1128	1138	1148	1158	1208	1218	1228	1238	1248	1258	1308	1318	1328	1338	1348	1358	1408	1418
Stratford City <i>opposite Bus Station</i>	1131	1141	1151	1201	1211	1221	1231	1241	1251	1301	1311	1321	1331	1341	1351	1402	1412	1422
Bow Church Station	1140	1151	1201	1211	1221	1231	1241	1251	1301	1312	1322	1332	1342	1352	1402	1413	1423	1433
Devons Road (DLR) Station	1143	1154	1204	1214	1224	1234	1244	1254	1304	1315	1325	1335	1345	1355	1405	1416	1426	1436
Poplar <i>All Saints (DLR) Station</i>	1150	1201	1211	1221	1231	1241	1251	1301	1311	1322	1332	1342	1352	1402	1412	1423	1433	1443
North Greenwich Station	1159	1210	1220	1230	1240	1250	1300	1310	1320	1331	1341	1351	1401	1411	1421	1432	1443	1453
Greenwich Peninsula <i>Sainsbury's</i>	1205	1216	1226	1236	1246	1256	1306	1316	1326	1337	1347	1357	1407	1417	1427	1438	1449	1459
Blackheath <i>Royal Standard</i>	1213	1224	1234	1244	1254	1304	1314	1324	1334	1345	1355	1405	1415	1425	1435	1446	1457	1507
Blackheath Station	1219	1230	1240	1250	1300	1311	1321	1331	1341	1352	1401	1410	1420	1430	1440	1451	1502	1512
Lewisham Station <i>Station Road</i>	1227	1238	1248	1258	1308	1319	1329	1339	1349	1400	1409	1418	1428	1438	1448	1459	1510	1520

108	Saturdays (cont.)																
Stratford International Station	1428	1438	1448	1458	1508	1518	1528	1538	1548	1558	1608	Then every 10 minutes until	1658	1709	1719	1729	1739
Stratford City <i>opposite Bus Station</i>	1432	1442	1452	1502	1512	1522	1532	1542	1552	1602	1612		1702	1713	1723	1733	1743
Bow Church Station	1443	1453	1503	1513	1523	1533	1544	1554	1604	1614	1624		1714	1725	1735	1745	1755
Devons Road (DLR) Station	1446	1456	1506	1516	1526	1536	1547	1557	1607	1617	1627		1717	1728	1738	1748	1758
Poplar <i>All Saints (DLR) Station</i>	1453	1503	1513	1523	1533	1543	1554	1604	1614	1624	1634		1724	1735	1745	1755	1805
North Greenwich Station	1503	1513	1523	1533	1543	1553	1604	1614	1624	1634	1645		1735	1746	1756	1806	1816
Greenwich Peninsula <i>Sainsbury's</i>	1509	1520	1530	1540	1550	1600	1611	1621	1631	1641	1652		1742	1753	1803	1813	1823
Blackheath <i>Royal Standard</i>	1517	1528	1538	1548	1558	1608	1619	1629	1639	1649	1700		1750	1801	1811	1821	1831
Blackheath Station	1522	1533	1543	1553	1603	1613	1624	1634	1644	1654	1705		1755	1805	1815	1825	1835
Lewisham Station <i>Station Road</i>	1530	1540	1550	1600	1610	1620	1631	1641	1651	1701	1712	1802	1812	1822	1832	1842	
Stratford International Station	1749	1759	1809	1820	1830	1842	1854	1906	1918	1930	1945	2000	2015	2030	Then every 15 minutes until	2145	2200
Stratford City <i>opposite Bus Station</i>	1753	1803	1813	1824	1834	1846	1858	1910	1922	1934	1949	2003	2018	2033		2148	2203
Bow Church Station	1805	1815	1825	1836	1846	1858	1910	1922	1934	1946	2001	2014	2029	2043		2158	2212
Devons Road (DLR) Station	1808	1818	1828	1839	1849	1901	1913	1925	1937	1949	2004	2017	2032	2046		2201	2214
Poplar <i>All Saints (DLR) Station</i>	1815	1825	1835	1845	1855	1907	1919	1931	1943	1955	2010	2023	2038	2052		2207	2220
North Greenwich Station	1826	1836	1846	1856	1906	1917	1929	1941	1953	2004	2018	2031	2046	2100		2215	2228
Greenwich Peninsula <i>Sainsbury's</i>	1833	1843	1853	1903	1913	1924	1936	1948	2000	2010	2024	2037	2052	2106		2221	2234
Blackheath <i>Royal Standard</i>	1841	1851	1901	1911	1921	1931	1943	1955	2007	2017	2031	2044	2059	2113		2228	2241
Blackheath Station	1845	1855	1905	1915	1925	1935	1947	1959	2011	2021	2035	2048	2103	2117		2232	2245
Lewisham Station <i>Station Road</i>	1852	1902	1911	1921	1931	1941	1953	2005	2017	2027	2041	2054	2109	2123	2238	2251	
Stratford International Station	2215	--	2230	--	2245	--	2300	--	2315	--	2330	--	2345				
Stratford City <i>opposite Bus Station</i>	2218	--	2233	--	2248	--	2303	--	2318	--	2333	--	2348				
Bow Church Station	2227	--	2242	--	2257	--	2311	--	2326	--	2341	--	2356				
Devons Road (DLR) Station	2229	--	2244	--	2259	--	2313	--	2328	--	2343	--	2358				
Poplar <i>All Saints (DLR) Station</i>	2235	--	2250	--	2305	--	2318	--	2333	--	2348	--	0003				
North Greenwich Station	2243	2245	2258	2305	2313	2320	2326	2334	2341	2349	2356	0004	0011				
Greenwich Peninsula <i>Sainsbury's</i>	2249	2251	2304	2311	2319	2326	2332	2340	2347	2355	0002	0010	0017				
Blackheath <i>Royal Standard</i>	2255	2257	2310	2317	2325	2332	2338	2346	2353	0001	0008	0016	0023				
Blackheath Station	2259	2301	2314	2321	2329	2336	2342	2350	2357	0005	0012	0020	0027				
Lewisham Station <i>Station Road</i>	2305	2307	2320	2327	2335	2342	2348	2356	0003	0011	0018	0026	0033				

108	Sundays																	
Stratford International Station	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0210	0240	0310	0340	0413
Stratford City opposite Bus Station	--	0003	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0212	0242	0312	0342	0415
Bow Church Station	--	0011	--	0025	--	0040	--	0055	--	0110	0125	0140	0155	0220	0250	0320	0350	0423
Devons Road (DLR) Station	--	0013	--	0027	--	0042	--	0057	--	0112	0127	0142	0157	0222	0252	0322	0352	0425
Poplar All Saints (DLR) Station	--	0018	--	0032	--	0046	--	0101	--	0116	0131	0146	0201	0226	0256	0326	0356	0429
North Greenwich Station	0018	0025	0033	0039	0048	0053	0102	0108	0116	0125	0140	0155	0210	0235	0305	0335	0405	0438
Greenwich Peninsula Sainsbury's	0024	0031	0038	0044	0053	0058	0107	0113	0121	0129	0144	0159	0214	0239	0309	0339	0409	0442
Blackheath Royal Standard	0030	0037	0044	0050	0059	0104	0113	0119	0127	0135	0150	0205	0220	0245	0315	0345	0415	0448
Blackheath Station	0034	0041	0048	0054	0103	0108	0117	0123	0131	0139	0154	0209	0224	0249	0319	0349	0419	0452
Lewisham Station Station Road	0040	0047	0054	0100	0109	0114	0123	0129	0137	0144	0159	0214	0229	0254	0324	0354	0424	0457
Stratford International Station	0445	0505			0645	0705	0720	0735	0750			0905	0919	0932	0947	1002	1015	1029
Stratford City opposite Bus Station	0447	0507			0647	0708	0723	0738	0753			0908	0922	0935	0950	1005	1018	1032
Bow Church Station	0455	0515			0655	0716	0731	0746	0801			0916	0930	0944	0959	1014	1027	1041
Devons Road (DLR) Station	0457	0517			0657	0718	0733	0748	0803			0918	0932	0946	1001	1016	1029	1043
Poplar All Saints (DLR) Station	0501	0521			0701	0722	0737	0752	0807			0922	0937	0951	1006	1021	1034	1049
North Greenwich Station	0510	0528			0708	0729	0744	0759	0814			0929	0944	0958	1013	1028	1041	1056
Greenwich Peninsula Sainsbury's	0514	0532			0712	0733	0748	0803	0819			0934	0949	1003	1018	1033	1047	1102
Blackheath Royal Standard	0520	0537			0717	0739	0754	0809	0825			0940	0955	1009	1024	1039	1054	1109
Blackheath Station	0524	0540			0720	0742	0757	0813	0829			0944	0959	1014	1029	1044	1059	1114
Lewisham Station Station Road	0529	0545			0725	0747	0802	0818	0834			0949	1004	1020	1035	1050	1105	1120
Stratford International Station	1044	1059	1114	1128	1143	1158	1213	1228	1243	1258	1313	1328	1343	1358	1413	1428	1443	1458
Stratford City opposite Bus Station	1047	1102	1117	1131	1146	1201	1216	1231	1246	1301	1316	1331	1346	1401	1416	1431	1446	1501
Bow Church Station	1056	1111	1126	1141	1156	1211	1226	1241	1256	1311	1326	1342	1357	1412	1427	1442	1457	1512
Devons Road (DLR) Station	1058	1113	1128	1143	1158	1214	1229	1244	1259	1314	1329	1345	1400	1415	1430	1445	1500	1515
Poplar All Saints (DLR) Station	1104	1119	1134	1149	1204	1220	1235	1250	1305	1321	1336	1352	1407	1422	1437	1452	1507	1522
North Greenwich Station	1111	1126	1142	1157	1212	1228	1243	1258	1313	1330	1345	1401	1416	1431	1446	1501	1517	1532
Greenwich Peninsula Sainsbury's	1117	1132	1148	1203	1218	1234	1249	1304	1320	1337	1352	1408	1423	1438	1453	1508	1524	1539
Blackheath Royal Standard	1124	1139	1155	1210	1225	1242	1257	1312	1328	1345	1400	1416	1431	1446	1501	1516	1532	1547
Blackheath Station	1129	1144	1200	1216	1232	1249	1304	1319	1334	1351	1406	1422	1437	1452	1507	1522	1538	1553
Lewisham Station Station Road	1135	1150	1206	1222	1239	1256	1312	1327	1342	1359	1414	1430	1445	1500	1515	1530	1545	1600
Stratford International Station	1513	1528	1543	1558	1613	1628	1643	1658	1713	1728	1743	1758	1813	1828	1843	1859	1915	1930
Stratford City opposite Bus Station	1516	1531	1546	1602	1617	1632	1647	1702	1717	1732	1747	1802	1817	1832	1847	1903	1918	1933
Bow Church Station	1527	1543	1558	1614	1629	1644	1659	1714	1729	1744	1759	1814	1829	1844	1858	1913	1928	1943
Devons Road (DLR) Station	1530	1546	1601	1617	1632	1647	1702	1717	1732	1747	1802	1817	1832	1847	1901	1916	1931	1946
Poplar All Saints (DLR) Station	1537	1553	1608	1624	1639	1654	1709	1724	1739	1754	1809	1824	1839	1854	1907	1922	1937	1952
North Greenwich Station	1547	1603	1618	1634	1649	1704	1719	1734	1749	1804	1819	1834	1849	1904	1917	1932	1947	2001
Greenwich Peninsula Sainsbury's	1554	1610	1625	1641	1656	1711	1725	1740	1755	1810	1825	1840	1855	1910	1923	1938	1953	2007
Blackheath Royal Standard	1602	1618	1633	1649	1704	1719	1733	1748	1803	1817	1832	1847	1902	1917	1930	1945	2000	2014
Blackheath Station	1608	1624	1639	1655	1710	1725	1739	1754	1808	1822	1837	1852	1907	1922	1935	1950	2005	2019
Lewisham Station Station Road	1615	1631	1646	1702	1717	1732	1746	1801	1815	1829	1843	1858	1913	1928	1941	1956	2011	2025
Stratford International Station	1945	2000	2014	2029	2044	2059	2114	2129	2144	2159	2214	--	2229	--	2244	--	2300	--
Stratford City opposite Bus Station	1948	2003	2017	2032	2047	2102	2117	2132	2147	2202	2217	--	2232	--	2247	--	2303	--
Bow Church Station	1957	2012	2026	2041	2056	2111	2126	2141	2156	2211	2226	--	2241	--	2256	--	2311	--
Devons Road (DLR) Station	2000	2014	2028	2043	2058	2113	2128	2143	2158	2213	2228	--	2243	--	2258	--	2313	--
Poplar All Saints (DLR) Station	2006	2020	2033	2048	2103	2118	2133	2148	2203	2218	2233	--	2248	--	2303	--	2318	--
North Greenwich Station	2015	2029	2042	2056	2111	2126	2141	2156	2211	2226	2241	2245	2256	2304	2311	2318	2325	2333
Greenwich Peninsula Sainsbury's	2021	2035	2048	2101	2116	2131	2146	2201	2216	2231	2246	2250	2301	2309	2316	2323	2330	2338
Blackheath Royal Standard	2028	2042	2055	2108	2123	2138	2153	2207	2222	2237	2252	2256	2307	2315	2322	2329	2336	2344
Blackheath Station	2032	2046	2059	2112	2127	2142	2157	2211	2226	2241	2256	2300	2311	2319	2326	2333	2340	2348
Lewisham Station Station Road	2038	2052	2105	2118	2133	2148	2203	2217	2231	2246	2301	2305	2316	2324	2331	2338	2345	2353
Stratford International Station	2315	--	2330	--	2345													
Stratford City opposite Bus Station	2318	--	2333	--	2348													
Bow Church Station	2326	--	2341	--	2356													
Devons Road (DLR) Station	2328	--	2343	--	2358													
Poplar All Saints (DLR) Station	2333	--	2348	--	0003													
North Greenwich Station	2340	2348	2355	0003	0010													
Greenwich Peninsula Sainsbury's	2345	2353	0000	0008	0015													
Blackheath Royal Standard	2351	2359	0006	0014	0021													
Blackheath Station	2355	0003	0010	0018	0025													
Lewisham Station Station Road	0000	0008	0015	0023	0030													