

108		Mondays to Thursdays																							
		MX	MO	MX	MO	MX	MO																		
Lewisham High Street Lewis Grove		0010	0012	0025	0026	0040	0040	0105	0135							0405	0435	0500	0520	0540	0600	0615	0630		
Blackheath Station		0014	0016	0029	0030	0044	0044	0109	0139							0409	0439	0504	0524	0544	0604	0619	0634		
Blackheath Royal Standard		0018	0020	0033	0034	0048	0048	0113	0143							0413	0443	0508	0528	0548	0609	0624	0640		
Greenwich Peninsula IKEA		0022	0024	0037	0038	0052	0052	0117	0147	Then every 30 minutes until						0417	0447	0512	0532	0553	0614	0629	0646		
North Greenwich Station		0028	0031	0043	0045	0058	0059	0123	0153							0423	0453	0518	0538	0600	0622	0637	0655		
Poplar All Saints (DLR) Station		0037	0039	0052	0053	0107	0107	0132	0202							0432	0502	0527	0549	0612	0634	0651	0710		
Devons Road (DLR) Station		0041	0043	0056	0057	0111	0111	0137	0206							0436	0507	0531	0553	0617	0639	0656	0715		
Bow Church Station		0045	0047	0100	0101	0115	0115	0140	0209							0439	0510	0535	0557	0621	0643	0700	0719		
Stratford City Bus Station		0053	0055	0108	0109	0123	0123	0148	0217							0447	0518	0543	0606	0630	0652	0709	0728		
Stratford International Way		0055	0057	0110	0111	0125	0125	0150	0219							0449	0520	0545	0608	0632	0654	0711	0730		
Lewisham High Street Lewis Grove		0645	0655	0705	0715	0725	0735	0745	0756							0807	0818	0828	0838	0849	0901	0913	0925	0937	0949
Blackheath Station		0650	0700	0711	0721	0731	0742	0753	0805							0816	0827	0837	0847	0858	0909	0921	0932	0944	0956
Blackheath Royal Standard		0657	0707	0718	0729	0740	0751	0802	0814	0825	0836	0846	0856	0906	0917	0928	0939	0951	1003						
Greenwich Peninsula IKEA		0704	0714	0725	0736	0747	0758	0809	0821	0832	0843	0853	0902	0912	0923	0934	0945	0957	1009						
North Greenwich Station		0713	0724	0735	0747	0758	0809	0820	0832	0843	0854	0904	0913	0923	0934	0945	0956	1008	1019						
Poplar All Saints (DLR) Station		0728	0740	0752	0804	0816	0828	0839	0850	0901	0912	0922	0931	0941	0952	1003	1014	1026	1037						
Devons Road (DLR) Station		0733	0746	0758	0810	0822	0834	0845	0856	0907	0918	0928	0937	0947	0958	1009	1020	1032	1043						
Bow Church Station		0737	0750	0802	0814	0827	0839	0850	0900	0911	0922	0932	0941	0951	1002	1013	1024	1036	1047						
Stratford City Bus Station		0747	0800	0812	0824	0837	0849	0900	0910	0921	0932	0942	0951	1001	1012	1023	1034	1046	1057						
Stratford International Way		0749	0802	0814	0826	0839	0851	0902	0912	0923	0934	0944	0953	1003	1014	1025	1036	1048	1059						
Lewisham High Street Lewis Grove		1001	1013	1024	1036	1047	1059	1110	1122	1133	1145	1157	1208	1220	Then every 11 minutes until		1326	1337	1348						
Blackheath Station		1008	1020	1031	1043	1054	1106	1117	1129	1140	1152	1204	1215	1227			1333	1344	1355						
Blackheath Royal Standard		1014	1026	1037	1049	1100	1112	1123	1135	1146	1158	1210	1221	1233			1339	1350	1401						
Greenwich Peninsula IKEA		1020	1032	1043	1055	1106	1118	1129	1141	1152	1204	1216	1227	1239			1345	1356	1407						
North Greenwich Station		1030	1042	1053	1105	1116	1128	1139	1151	1202	1214	1226	1237	1249			1355	1406	1417						
Poplar All Saints (DLR) Station		1048	1100	1110	1122	1133	1145	1156	1208	1219	1231	1243	1254	1306			1412	1423	1434						
Devons Road (DLR) Station		1054	1106	1117	1129	1140	1152	1203	1215	1226	1238	1250	1301	1313			1419	1430	1441						
Bow Church Station		1058	1110	1121	1133	1144	1156	1207	1219	1230	1242	1254	1305	1317			1423	1435	1446						
Stratford City Bus Station		1108	1120	1131	1143	1154	1206	1217	1229	1240	1252	1304	1315	1327			1433	1445	1456						
Stratford International Way		1110	1122	1133	1145	1156	1208	1219	1231	1242	1254	1306	1317	1329	1435	1447	1458								
Lewisham High Street Lewis Grove		1359	1411	1421	1432	1443	1454	1504	1515	1526	1537	1548	1559	1611	1623	1634	1645	1656	1707						
Blackheath Station		1407	1419	1429	1440	1451	1502	1512	1523	1534	1545	1556	1607	1619	1631	1642	1653	1704	1715						
Blackheath Royal Standard		1413	1425	1435	1446	1457	1508	1519	1530	1541	1552	1603	1614	1626	1638	1649	1700	1711	1722						
Greenwich Peninsula IKEA		1419	1431	1441	1452	1503	1514	1525	1536	1547	1558	1609	1620	1632	1644	1655	1706	1717	1728						
North Greenwich Station		1429	1441	1451	1502	1513	1524	1535	1546	1557	1608	1619	1630	1642	1654	1705	1716	1727	1738						
Poplar All Saints (DLR) Station		1446	1458	1508	1519	1530	1541	1552	1603	1614	1625	1636	1647	1700	1712	1723	1734	1745	1756						
Devons Road (DLR) Station		1453	1505	1515	1526	1537	1548	1559	1610	1621	1632	1643	1654	1707	1719	1730	1741	1752	1803						
Bow Church Station		1459	1511	1522	1533	1544	1555	1606	1616	1627	1638	1649	1700	1713	1725	1736	1747	1758	1808						
Stratford City Bus Station		1509	1521	1533	1544	1555	1606	1617	1628	1639	1650	1701	1712	1725	1737	1748	1759	1809	1819						
Stratford International Way		1511	1523	1535	1546	1557	1608	1619	1630	1641	1652	1703	1714	1727	1739	1750	1801	1811	1821						
Lewisham High Street Lewis Grove		1718	1729	1740	1751	1802	1813	1824	1836	1848	1900	1912	1924	1939	1954	2009	2024	2039	2054						
Blackheath Station		1726	1737	1748	1759	1809	1820	1831	1842	1854	1906	1918	1930	1944	1959	2014	2029	2044	2058						
Blackheath Royal Standard		1733	1744	1755	1806	1816	1827	1837	1848	1900	1912	1924	1936	1950	2004	2019	2034	2049	2103						
Greenwich Peninsula IKEA		1739	1750	1801	1812	1822	1833	1843	1854	1906	1918	1929	1941	1955	2009	2024	2039	2054	2108						
North Greenwich Station		1749	1800	1811	1822	1832	1843	1853	1904	1915	1927	1937	1949	2002	2016	2031	2046	2101	2115						
Poplar All Saints (DLR) Station		1807	1818	1829	1840	1850	1901	1911	1920	1931	1941	1950	2000	2012	2026	2041	2056	2111	2125						
Devons Road (DLR) Station		1814	1825	1836	1846	1856	1907	1917	1926	1937	1947	1956	2006	2018	2032	2046	2101	2116	2130						
Bow Church Station		1819	1830	1841	1851	1901	1912	1922	1931	1941	1951	2000	2010	2022	2036	2050	2105	2120	2134						
Stratford City Bus Station		1830	1841	1852	1902	1912	1922	1932	1941	1951	2001	2010	2020	2032	2045	2059	2114	2129	2143						
Stratford International Way		1832	1843	1854	1904	1914	1924	1934	1943	1953	2003	2012	2022	2034	2047	2101	2116	2131	2145						
Lewisham High Street Lewis Grove		2109	2124	2139	2154	2209	2224	2239	2254	2309	2324	2339	2355												
Blackheath Station		2113	2128	2143	2158	2213	2228	2243	2258	2313	2328	2343	2359												
Blackheath Royal Standard		2118	2133	2148	2203	2217	2232	2247	2302	2317	2332	2347	0003												
Greenwich Peninsula IKEA		2123	2138	2153	2208	2222	2237	2252	2307	2321	2336	2351	0007												
North Greenwich Station		2130	2145	2200	2215	2229	2244	2259	2314	2327	2342	2357	0013												
Poplar All Saints (DLR) Station		2140	2155	2210	2225	2239	2254	2309	2324	2337	2352	0007	0022												
Devons Road (DLR) Station		2145	2200	2215	2230	2244	2259	2314	2328	2341	2356	0011	0026												
Bow Church Station		2149	2204	2219	2234	2248	2303	2318	2332	2345	0000	0015	0030												
Stratford City Bus Station		2158	2213	2228	2243	2257	2312	2326	2340	2353	0008	0023	0038												
Stratford International Way		2200	2215	2230	2245	2259	2314	2328	2342	2355	0010	0025	0040												

Notes:

MO - Operates on Mondays only

MX - Operates on Tuesdays to Fridays only

108	Saturdays																	
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0105	0135	0205	0235	0307	0336	0405	0435	0500	0520	0540	0600	0615	0630	0640
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0311	0340	0409	0438	0503	0524	0544	0604	0619	0634	0644
Blackheath <i>Royal Standard</i>	0018	0033	0048	0113	0143	0213	0243	0315	0344	0413	0442	0507	0528	0548	0608	0623	0638	0648
Greenwich Peninsula <i>IKEA</i>	0022	0037	0052	0117	0147	0217	0247	0319	0349	0418	0446	0511	0532	0553	0613	0628	0643	0653
North Greenwich Station	0028	0043	0058	0123	0153	0223	0253	0324	0354	0424	0452	0517	0538	0559	0619	0634	0649	0700
Poplar <i>All Saints (DLR) Station</i>	0037	0052	0107	0132	0202	0232	0302	0333	0403	0433	0500	0526	0547	0608	0629	0644	0659	0710
Devons Road (DLR) Station	0041	0056	0111	0137	0207	0237	0306	0337	0407	0437	0506	0530	0551	0612	0633	0648	0704	0715
Bow Church Station	0045	0100	0115	0141	0211	0240	0309	0340	0410	0440	0509	0534	0555	0616	0637	0652	0708	0719
Stratford City <i>Bus Station</i>	0053	0108	0123	0149	0219	0248	0317	0348	0418	0448	0517	0541	0603	0624	0645	0700	0716	0727
Stratford <i>International Way</i>	0055	0110	0125	0151	0221	0250	0319	0350	0420	0450	0519	0544	0605	0626	0647	0702	0718	0729
Lewisham High Street <i>Lewis Grove</i>	0650	0700	0710	0720	0730	0740	0750	0800	0810	0819	0828	0838	0848	0856	0905	0914	0923	0933
Blackheath Station	0654	0704	0714	0724	0734	0744	0754	0804	0814	0823	0833	0843	0853	0901	0910	0919	0928	0938
Blackheath <i>Royal Standard</i>	0658	0708	0718	0729	0739	0749	0759	0809	0819	0828	0838	0848	0858	0906	0915	0924	0934	0944
Greenwich Peninsula <i>IKEA</i>	0703	0713	0723	0734	0744	0754	0804	0814	0824	0833	0843	0853	0903	0911	0920	0930	0940	0950
North Greenwich Station	0710	0720	0730	0741	0751	0801	0811	0821	0831	0840	0850	0900	0910	0919	0928	0938	0949	0959
Poplar <i>All Saints (DLR) Station</i>	0720	0730	0740	0751	0801	0811	0821	0831	0841	0850	0900	0910	0920	0930	0940	0950	1001	1012
Devons Road (DLR) Station	0725	0735	0745	0756	0806	0816	0826	0836	0846	0856	0906	0916	0926	0936	0946	0956	1007	1019
Bow Church Station	0729	0739	0749	0800	0810	0820	0830	0840	0850	0900	0910	0920	0930	0940	0950	1000	1011	1023
Stratford City <i>Bus Station</i>	0737	0747	0757	0808	0818	0828	0839	0849	0859	0909	0919	0929	0939	0949	0959	1009	1021	1033
Stratford <i>International Way</i>	0739	0749	0759	0810	0820	0830	0841	0851	0901	0911	0921	0931	0941	0951	1001	1011	1023	1035
Lewisham High Street <i>Lewis Grove</i>	0943	0953	1004	1014	1025	1037	1048	1100	1112	1123	1135	1147	1158	1209	1221	1232	1244	1255
Blackheath Station	0948	0958	1009	1020	1031	1043	1055	1107	1119	1130	1142	1154	1206	1217	1229	1240	1252	1303
Blackheath <i>Royal Standard</i>	0954	1004	1015	1026	1037	1049	1101	1113	1125	1136	1148	1201	1213	1224	1236	1247	1259	1310
Greenwich Peninsula <i>IKEA</i>	1000	1010	1021	1032	1043	1055	1107	1119	1131	1142	1154	1207	1219	1231	1243	1254	1306	1317
North Greenwich Station	1009	1020	1031	1042	1053	1105	1117	1129	1141	1152	1204	1217	1229	1241	1253	1304	1316	1328
Poplar <i>All Saints (DLR) Station</i>	1023	1035	1047	1059	1110	1122	1134	1146	1158	1210	1222	1235	1247	1259	1311	1322	1334	1346
Devons Road (DLR) Station	1030	1042	1054	1106	1117	1129	1141	1153	1205	1217	1229	1242	1254	1306	1318	1329	1341	1353
Bow Church Station	1034	1046	1058	1110	1121	1133	1145	1157	1209	1221	1233	1246	1258	1310	1322	1333	1345	1357
Stratford City <i>Bus Station</i>	1044	1056	1108	1120	1131	1143	1155	1207	1219	1231	1243	1256	1308	1320	1332	1343	1355	1408
Stratford <i>International Way</i>	1046	1058	1110	1122	1133	1145	1157	1209	1221	1233	1245	1258	1310	1322	1334	1345	1357	1410
Lewisham High Street <i>Lewis Grove</i>	1307	1318	1330	1341	1353	1404	1416	1427	1439	1450	1502	1514	Then every 11 minutes until	1631	1643	1654	1706	
Blackheath Station	1315	1326	1338	1349	1401	1412	1424	1435	1447	1457	1509	1521		1638	1650	1701	1712	
Blackheath <i>Royal Standard</i>	1322	1333	1345	1356	1408	1419	1431	1442	1454	1504	1516	1528		1645	1657	1708	1719	
Greenwich Peninsula <i>IKEA</i>	1329	1340	1352	1403	1415	1426	1438	1449	1500	1510	1522	1534		1651	1703	1714	1725	
North Greenwich Station	1340	1351	1403	1414	1426	1437	1449	1500	1511	1521	1533	1544		1701	1713	1724	1735	
Poplar <i>All Saints (DLR) Station</i>	1358	1409	1421	1432	1444	1455	1507	1518	1529	1540	1552	1603		1720	1732	1743	1754	
Devons Road (DLR) Station	1405	1416	1428	1439	1451	1502	1514	1525	1536	1547	1559	1610		1727	1739	1750	1801	
Bow Church Station	1409	1420	1432	1443	1455	1506	1518	1529	1541	1552	1604	1615		1732	1744	1755	1806	
Stratford City <i>Bus Station</i>	1420	1431	1443	1454	1506	1517	1529	1540	1552	1603	1615	1626		1743	1754	1805	1816	
Stratford <i>International Way</i>	1422	1433	1445	1456	1508	1519	1531	1542	1554	1605	1617	1628		1745	1756	1807	1818	
Lewisham High Street <i>Lewis Grove</i>	1717	1728	1740	1751	1802	1814	1825	1837	1849	1901	1913	1924	1939	1954	2009	2024	2040	2055
Blackheath Station	1723	1734	1746	1757	1808	1820	1831	1843	1855	1907	1919	1930	1945	1959	2014	2029	2045	2100
Blackheath <i>Royal Standard</i>	1730	1741	1752	1803	1814	1826	1837	1849	1901	1913	1925	1936	1951	2005	2020	2035	2051	2105
Greenwich Peninsula <i>IKEA</i>	1736	1747	1758	1809	1820	1832	1843	1855	1907	1919	1931	1942	1957	2011	2026	2041	2056	2110
North Greenwich Station	1746	1757	1808	1819	1830	1842	1853	1905	1917	1928	1940	1950	2005	2019	2034	2049	2104	2118
Poplar <i>All Saints (DLR) Station</i>	1805	1816	1827	1838	1849	1901	1912	1923	1933	1943	1954	2003	2018	2032	2046	2101	2115	2129
Devons Road (DLR) Station	1812	1823	1834	1845	1855	1907	1918	1928	1938	1948	1959	2008	2023	2037	2051	2106	2120	2134
Bow Church Station	1817	1828	1839	1850	1900	1911	1922	1932	1942	1952	2003	2012	2027	2041	2055	2110	2124	2138
Stratford City <i>Bus Station</i>	1827	1838	1849	1900	1910	1921	1932	1942	1952	2001	2012	2021	2036	2050	2104	2119	2133	2147
Stratford <i>International Way</i>	1829	1840	1851	1902	1912	1923	1934	1944	1954	2003	2014	2023	2038	2052	2106	2121	2135	2149
Lewisham High Street <i>Lewis Grove</i>	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355						
Blackheath Station	2115	2130	2145	2200	2214	2229	2244	2259	2314	2329	2344	2359						
Blackheath <i>Royal Standard</i>	2120	2135	2150	2205	2219	2234	2249	2304	2319	2334	2348	0003						
Greenwich Peninsula <i>IKEA</i>	2125	2140	2155	2210	2224	2239	2254	2309	2324	2338	2352	0007						
North Greenwich Station	2133	2148	2203	2218	2232	2247	2302	2317	2332	2346	0000	0014						
Poplar <i>All Saints (DLR) Station</i>	2144	2159	2214	2229	2243	2258	2313	2328	2343	2357	0011	0025						
Devons Road (DLR) Station	2149	2204	2219	2234	2248	2303	2318	2333	2348	0002	0016	0030						
Bow Church Station	2153	2208	2223	2238	2252	2307	2322	2337	2352	0006	0020	0034						
Stratford City <i>Bus Station</i>	2202	2217	2232	2247	2301	2316	2331	2345	0000	0014	0026	0041						
Stratford <i>International Way</i>	2204	2219	2234	2249	2303	2318	2333	2347	0002	0016	0028	0044						

108		Sundays																	
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0105	0135	0205	0235	0305	0335	0405	0435	0500			0720	0735	0750	0805	
Blackheath Station	0014	0029	0044	0109	0139	0209	0239	0309	0338	0408	0438	0504			0724	0739	0754	0809	
Blackheath <i>Royal Standard</i>	0018	0033	0048	0113	0143	0213	0243	0312	0341	0411	0442	0508			0728	0743	0758	0814	
Greenwich Peninsula <i>IKEA</i>	0022	0037	0052	0118	0148	0218	0248	0316	0345	0415	0447	0513	Then every 20 minutes until		0733	0748	0803	0819	
North Greenwich Station	0029	0043	0058	0125	0155	0225	0254	0322	0351	0421	0453	0519			0739	0754	0809	0825	
Poplar <i>All Saints (DLR) Station</i>	0039	0052	0107	0136	0207	0236	0305	0332	0401	0431	0503	0529			0749	0804	0819	0835	
Devons Road (DLR) Station	0044	0057	0112	0142	0212	0241	0310	0336	0405	0435	0508	0534			0754	0809	0824	0840	
Bow Church Station	0048	0101	0116	0145	0215	0244	0313	0339	0408	0438	0511	0538			0758	0813	0828	0844	
Stratford City <i>Bus Station</i>	0055	0107	0123	0152	0222	0251	0320	0346	0415	0445	0518	0545			0805	0820	0835	0852	
Stratford <i>International Way</i>	0058	0109	0126	0155	0225	0254	0323	0349	0418	0448	0520	0548			0808	0823	0838	0854	
Lewisham High Street <i>Lewis Grove</i>	0820	0835	0850	0905	0920	0934	0948	1002	1016	1030	1045	1101		1117	1133	1148	1204	1220	1236
Blackheath Station	0824	0839	0854	0909	0924	0938	0952	1007	1021	1035	1050	1106		1122	1138	1153	1210	1226	1242
Blackheath <i>Royal Standard</i>	0829	0844	0859	0914	0929	0943	0957	1012	1027	1041	1056	1112	1128	1144	1200	1217	1233	1249	
Greenwich Peninsula <i>IKEA</i>	0834	0849	0904	0919	0934	0948	1003	1018	1033	1047	1102	1118	1134	1150	1206	1223	1239	1255	
North Greenwich Station	0840	0856	0911	0926	0941	0956	1011	1027	1042	1056	1111	1128	1144	1201	1217	1234	1250	1306	
Poplar <i>All Saints (DLR) Station</i>	0850	0906	0921	0936	0951	1007	1023	1039	1055	1111	1127	1144	1201	1218	1235	1252	1308	1324	
Devons Road (DLR) Station	0855	0911	0926	0941	0957	1013	1029	1045	1101	1117	1133	1150	1207	1224	1241	1258	1314	1330	
Bow Church Station	0859	0915	0930	0945	1001	1017	1033	1049	1105	1121	1137	1154	1211	1228	1245	1302	1318	1334	
Stratford City <i>Bus Station</i>	0907	0924	0939	0954	1010	1026	1042	1058	1114	1130	1147	1204	1221	1238	1255	1312	1328	1344	
Stratford <i>International Way</i>	0909	0926	0941	0956	1012	1028	1044	1100	1116	1132	1149	1206	1223	1240	1257	1314	1330	1346	
Lewisham High Street <i>Lewis Grove</i>	1252	1308	1324	1340	1356	1412	1428	1444	1500	1516	1532	1548	1604	1620	1636	1652	1708	1724	
Blackheath Station	1258	1314	1330	1346	1402	1418	1434	1450	1506	1522	1538	1554	1610	1626	1642	1658	1714	1730	
Blackheath <i>Royal Standard</i>	1305	1321	1337	1352	1408	1424	1440	1456	1512	1528	1544	1600	1616	1632	1648	1704	1720	1736	
Greenwich Peninsula <i>IKEA</i>	1311	1327	1343	1358	1414	1430	1446	1502	1517	1533	1549	1605	1621	1637	1653	1709	1725	1741	
North Greenwich Station	1322	1338	1354	1409	1425	1440	1456	1512	1527	1543	1559	1615	1631	1647	1703	1719	1735	1751	
Poplar <i>All Saints (DLR) Station</i>	1340	1356	1412	1427	1443	1458	1514	1530	1545	1601	1617	1633	1649	1705	1721	1737	1753	1809	
Devons Road (DLR) Station	1346	1402	1418	1433	1449	1504	1520	1536	1551	1607	1623	1639	1655	1711	1727	1743	1759	1815	
Bow Church Station	1350	1406	1422	1437	1453	1508	1524	1540	1555	1611	1627	1643	1659	1715	1731	1747	1803	1819	
Stratford City <i>Bus Station</i>	1400	1416	1432	1447	1503	1518	1534	1550	1605	1621	1637	1653	1709	1725	1741	1757	1813	1829	
Stratford <i>International Way</i>	1402	1418	1434	1449	1505	1521	1537	1553	1608	1624	1640	1656	1712	1728	1744	1800	1816	1832	
Lewisham High Street <i>Lewis Grove</i>	1740	1756	1812	1828	1844	1859	1914	1929	1944	1959	2014	2029	2044	2059	2114	2129	2144	2159	
Blackheath Station	1746	1802	1818	1834	1850	1905	1920	1934	1949	2004	2019	2034	2049	2103	2118	2133	2148	2203	
Blackheath <i>Royal Standard</i>	1752	1808	1824	1840	1855	1910	1925	1939	1954	2009	2024	2039	2054	2108	2123	2137	2152	2207	
Greenwich Peninsula <i>IKEA</i>	1757	1813	1829	1845	1900	1915	1930	1944	1959	2014	2029	2044	2059	2113	2128	2142	2157	2211	
North Greenwich Station	1807	1823	1839	1854	1908	1923	1938	1952	2007	2021	2036	2051	2106	2120	2135	2149	2204	2218	
Poplar <i>All Saints (DLR) Station</i>	1825	1841	1856	1910	1924	1938	1953	2006	2019	2033	2047	2102	2117	2130	2145	2159	2214	2228	
Devons Road (DLR) Station	1831	1847	1901	1915	1929	1943	1958	2011	2024	2038	2052	2107	2122	2135	2150	2204	2219	2233	
Bow Church Station	1835	1851	1905	1919	1933	1947	2002	2015	2028	2042	2056	2111	2126	2139	2154	2208	2223	2237	
Stratford City <i>Bus Station</i>	1845	1901	1915	1929	1943	1957	2011	2024	2037	2051	2105	2120	2134	2147	2202	2216	2231	2245	
Stratford <i>International Way</i>	1848	1904	1918	1932	1946	2000	2013	2026	2039	2053	2107	2122	2136	2149	2204	2218	2233	2247	
Lewisham High Street <i>Lewis Grove</i>	2214			2344	2358														
Blackheath Station	2218			2348	0002														
Blackheath <i>Royal Standard</i>	2222			2352	0006														
Greenwich Peninsula <i>IKEA</i>	2226	Then every 15 minutes until		2356	0010														
North Greenwich Station	2233			0003	0017														
Poplar <i>All Saints (DLR) Station</i>	2242			0012	0026														
Devons Road (DLR) Station	2246			0016	0030														
Bow Church Station	2250			0020	0034														
Stratford City <i>Bus Station</i>	2258			0028	0042														
Stratford <i>International Way</i>	2300			0030	0044														

108	Mondays to Thursdays																	
	MO	MX	MX	MO	MO	MX	MX	MO	MO	MX	MX	MO	MX	MO	MX	MO	MX	MO
Stratford International Way	--	--	0000	0000	--	--	0015	0015	--	--	0030	0030	--	--	0045	0045	--	--
Stratford City opposite Bus Station	--	--	0002	0003	--	--	0017	0018	--	--	0032	0033	--	--	0047	0048	--	--
Bow Church Station	--	--	0010	0011	--	--	0025	0026	--	--	0040	0041	--	--	0055	0056	--	--
Devons Road (DLR) Station	--	--	0012	0013	--	--	0027	0028	--	--	0042	0043	--	--	0057	0058	--	--
Poplar All Saints (DLR) Station	--	--	0016	0017	--	--	0031	0032	--	--	0046	0047	--	--	0101	0102	--	--
North Greenwich Station	0017	0017	0024	0025	0031	0032	0039	0040	0045	0046	0054	0055	0100	0100	0109	0110	0115	0115
Greenwich Peninsula IKEA	0022	0022	0029	0030	0036	0036	0044	0045	0050	0050	0059	0100	0104	0105	0114	0115	0119	0120
Blackheath Royal Standard	0028	0028	0035	0035	0042	0042	0049	0050	0056	0056	0104	0105	0110	0111	0119	0120	0125	0126
Blackheath Station	0032	0032	0038	0038	0046	0046	0052	0053	0100	0100	0107	0108	0114	0115	0122	0123	0129	0130
Lewisham Station Station Road	0037	0038	0043	0043	0051	0052	0057	0058	0105	0106	0112	0113	0120	0120	0127	0128	0135	0135
Stratford International Way	0110	0140	0210	0240	0310	0340	0413	0445	0505	0525	0545	0600	0615	0630	0640	0649	0658	0709
Stratford City opposite Bus Station	0112	0142	0212	0242	0312	0343	0416	0448	0507	0527	0547	0602	0617	0632	0642	0651	0700	0712
Bow Church Station	0120	0150	0220	0250	0320	0351	0424	0456	0515	0535	0555	0611	0626	0641	0651	0701	0710	0722
Devons Road (DLR) Station	0122	0152	0222	0252	0322	0353	0426	0458	0517	0537	0557	0613	0628	0643	0653	0703	0713	0725
Poplar All Saints (DLR) Station	0127	0157	0227	0257	0327	0358	0431	0503	0522	0542	0602	0618	0633	0648	0658	0709	0719	0731
North Greenwich Station	0134	0204	0234	0304	0334	0405	0438	0510	0530	0550	0611	0627	0642	0658	0710	0721	0732	0744
Greenwich Peninsula IKEA	0139	0209	0239	0309	0339	0410	0443	0515	0535	0555	0616	0632	0647	0704	0716	0727	0738	0750
Blackheath Royal Standard	0144	0214	0244	0314	0344	0415	0448	0520	0540	0601	0622	0638	0655	0713	0725	0737	0749	0801
Blackheath Station	0147	0217	0247	0317	0347	0418	0451	0523	0543	0605	0626	0643	0702	0722	0734	0747	0759	0812
Lewisham Station Station Road	0152	0222	0252	0322	0352	0423	0456	0528	0548	0610	0632	0650	0710	0731	0743	0756	0808	0821
Stratford International Way	0720	0731	0742	0752	0804	0814	0825	0836	0848	0900	0912	0924	0936	0947	0959	1010	1022	1033
Stratford City opposite Bus Station	0723	0734	0745	0755	0807	0817	0829	0840	0852	0904	0916	0928	0939	0950	1002	1013	1025	1037
Bow Church Station	0733	0745	0757	0807	0819	0829	0841	0852	0904	0915	0927	0939	0949	1000	1012	1023	1035	1047
Devons Road (DLR) Station	0736	0748	0800	0810	0822	0833	0845	0856	0907	0918	0930	0942	0952	1003	1015	1026	1038	1050
Poplar All Saints (DLR) Station	0742	0754	0806	0817	0829	0840	0852	0902	0913	0924	0936	0948	0958	1009	1021	1032	1044	1056
North Greenwich Station	0756	0808	0821	0832	0843	0854	0906	0916	0927	0938	0950	1001	1011	1022	1034	1045	1057	1109
Greenwich Peninsula IKEA	0803	0815	0828	0840	0851	0902	0913	0923	0934	0945	0957	1008	1018	1029	1041	1052	1104	1116
Blackheath Royal Standard	0813	0825	0837	0849	0900	0911	0922	0931	0942	0953	1005	1016	1026	1037	1049	1100	1112	1124
Blackheath Station	0824	0836	0848	0900	0911	0922	0932	0940	0950	1000	1011	1022	1032	1043	1055	1106	1118	1130
Lewisham Station Station Road	0834	0846	0858	0910	0920	0931	0941	0949	0958	1008	1019	1030	1040	1050	1102	1113	1125	1137
Stratford International Way	1045	1056	1107	1119	1130	1142	1153	1205	1216	1228	1239	1251	1302	1314	1326	1337	1349	1400
Stratford City opposite Bus Station	1049	1100	1111	1123	1134	1146	1157	1209	1220	1232	1243	1255	1306	1318	1330	1341	1353	1404
Bow Church Station	1059	1110	1121	1133	1144	1156	1207	1219	1230	1242	1253	1305	1317	1329	1341	1352	1404	1416
Devons Road (DLR) Station	1102	1113	1124	1136	1147	1159	1210	1222	1233	1245	1256	1308	1320	1332	1344	1355	1407	1419
Poplar All Saints (DLR) Station	1108	1119	1130	1142	1153	1205	1217	1229	1240	1252	1303	1315	1327	1339	1351	1402	1414	1426
North Greenwich Station	1121	1132	1144	1156	1207	1219	1231	1243	1254	1306	1317	1329	1341	1353	1405	1417	1429	1441
Greenwich Peninsula IKEA	1128	1139	1151	1203	1214	1226	1238	1250	1301	1313	1324	1336	1348	1400	1412	1424	1436	1448
Blackheath Royal Standard	1136	1147	1159	1211	1222	1234	1246	1258	1309	1321	1332	1344	1356	1408	1420	1433	1445	1457
Blackheath Station	1142	1153	1205	1216	1227	1239	1251	1303	1314	1326	1337	1349	1401	1413	1425	1438	1451	1503
Lewisham Station Station Road	1149	1200	1212	1223	1234	1246	1258	1310	1321	1333	1344	1356	1408	1420	1432	1445	1458	1510
Stratford International Way	1411	1421	1432	1439	1450	1500	1511	1518	1527	1539	1550	1602	1613	1625	1636	1648	1700	1711
Stratford City opposite Bus Station	1415	1425	1436	1443	1454	1504	1515	1522	1531	1543	1554	1606	1618	1630	1641	1653	1705	1716
Bow Church Station	1427	1437	1448	1456	1507	1517	1528	1535	1544	1556	1606	1618	1630	1642	1653	1705	1717	1728
Devons Road (DLR) Station	1430	1440	1451	1500	1511	1521	1532	1539	1548	1600	1610	1622	1634	1646	1657	1709	1721	1732
Poplar All Saints (DLR) Station	1437	1447	1458	1507	1519	1529	1540	1549	1559	1611	1621	1633	1645	1657	1708	1720	1732	1743
North Greenwich Station	1452	1503	1515	1526	1538	1549	1601	1612	1623	1635	1645	1657	1709	1721	1732	1744	1756	1807
Greenwich Peninsula IKEA	1459	1510	1522	1533	1545	1556	1608	1619	1630	1642	1653	1705	1717	1729	1740	1752	1804	1815
Blackheath Royal Standard	1508	1519	1531	1542	1554	1605	1617	1628	1639	1651	1702	1714	1726	1738	1749	1801	1813	1825
Blackheath Station	1514	1525	1537	1549	1601	1612	1624	1636	1648	1700	1712	1724	1737	1749	1800	1812	1824	1836
Lewisham Station Station Road	1522	1533	1545	1557	1609	1620	1632	1644	1656	1708	1720	1732	1745	1757	1808	1819	1831	1843
Stratford International Way	1723	1734	1745	1757	1808	1820	1832	1844	1856	1908	1920	1932	1945	2000	2015	2030	2045	2100
Stratford City opposite Bus Station	1728	1739	1750	1802	1813	1825	1837	1848	1900	1912	1924	1936	1949	2004	2019	2034	2049	2103
Bow Church Station	1740	1751	1802	1814	1825	1836	1848	1859	1911	1922	1934	1946	1959	2014	2029	2044	2058	2112
Devons Road (DLR) Station	1744	1755	1806	1818	1829	1840	1851	1902	1914	1925	1937	1949	2002	2017	2032	2047	2101	2115
Poplar All Saints (DLR) Station	1754	1805	1815	1827	1838	1848	1859	1909	1921	1931	1943	1955	2008	2023	2038	2052	2106	2120
North Greenwich Station	1818	1829	1838	1850	1900	1910	1920	1928	1938	1946	1956	2006	2019	2033	2048	2102	2115	2129
Greenwich Peninsula IKEA	1826	1837	1846	1858	1908	1918	1927	1935	1945	1953	2003	2012	2025	2039	2054	2108	2121	2135
Blackheath Royal Standard	1836	1847	1856	1908	1918	1927	1935	1942	1952	2000	2010	2019	2032	2046	2101	2115	2128	2142
Blackheath Station	1845	1855	1904	1914	1924	1933	1940	1947	1957	2005	2015	2024	2037	2051	2106	2120	2133	2147
Lewisham Station Station Road	1852	1902	1911	1921	1931	1940	1947	1954	2003	2011	2021	2030	2043	2057	2112	2126	2139	2153
Notes:	MO - Operates on Mondays only									MX - Operates on Tuesdays to Fridays only								

108	Mondays to Thursdays (cont.)																	
Stratford International Way	2115	2130	2145	2200	2215	--	2230	--	2245	--	2300	--	2315	--	2330	--	2345	
Stratford City opposite Bus Station	2118	2133	2148	2203	2218	--	2232	--	2247	--	2302	--	2317	--	2332	--	2347	
Bow Church Station	2127	2142	2157	2212	2227	--	2241	--	2256	--	2310	--	2325	--	2340	--	2355	
Devons Road (DLR) Station	2130	2145	2159	2214	2229	--	2243	--	2258	--	2312	--	2327	--	2342	--	2357	
Poplar All Saints (DLR) Station	2135	2150	2204	2219	2234	--	2248	--	2303	--	2317	--	2332	--	2346	--	0001	
North Greenwich Station	2144	2158	2212	2227	2242	2245	2256	2305	2311	2319	2325	2334	2340	2348	2354	0002	0009	
Greenwich Peninsula IKEA	2150	2204	2218	2233	2248	2250	2302	2310	2317	2324	2331	2339	2346	2353	0000	0007	0014	
Blackheath Royal Standard	2157	2210	2224	2239	2254	2257	2308	2316	2323	2330	2337	2345	2352	2359	0006	0013	0020	
Blackheath Station	2202	2214	2228	2243	2258	2301	2312	2320	2327	2334	2341	2349	2356	0003	0009	0017	0023	
Lewisham Station Station Road	2208	2220	2234	2249	2304	2307	2318	2326	2333	2340	2346	2355	0001	0009	0014	0023	0028	
108	Fridays																	
Stratford International Way	--	0000	--	0015	--	0030	--	0045	--	0110	0140	0210	0240	0310	0340	0413	0445	0505
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0112	0142	0212	0242	0312	0343	0416	0448	0507
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0120	0150	0220	0250	0320	0351	0424	0456	0515
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0122	0152	0222	0252	0322	0353	0426	0458	0517
Poplar All Saints (DLR) Station	--	0016	--	0031	--	0046	--	0101	--	0127	0157	0227	0257	0327	0358	0431	0503	0522
North Greenwich Station	0017	0024	0032	0039	0046	0054	0100	0109	0115	0134	0204	0234	0304	0334	0405	0438	0510	0530
Greenwich Peninsula IKEA	0022	0029	0036	0044	0050	0059	0104	0114	0119	0139	0209	0239	0309	0339	0410	0443	0515	0535
Blackheath Royal Standard	0028	0035	0042	0049	0056	0104	0110	0119	0125	0144	0214	0244	0314	0344	0415	0448	0520	0540
Blackheath Station	0032	0038	0046	0052	0100	0107	0114	0122	0129	0147	0217	0247	0317	0347	0418	0451	0523	0543
Lewisham Station Station Road	0038	0043	0052	0057	0106	0112	0120	0127	0135	0152	0222	0252	0322	0352	0423	0456	0528	0548
Stratford International Way	0525	0545	0600	0615	0630	0640	0649	0658	0709	0720	0731	0742	0752	0804	0814	0825	0836	0848
Stratford City opposite Bus Station	0527	0547	0602	0617	0632	0642	0651	0700	0712	0723	0734	0745	0755	0807	0817	0829	0840	0852
Bow Church Station	0535	0555	0611	0626	0641	0651	0701	0710	0722	0733	0745	0757	0807	0819	0829	0841	0852	0904
Devons Road (DLR) Station	0537	0557	0613	0628	0643	0653	0703	0713	0725	0736	0748	0800	0810	0822	0833	0845	0856	0907
Poplar All Saints (DLR) Station	0542	0602	0618	0633	0648	0658	0709	0719	0731	0742	0754	0806	0817	0829	0840	0852	0902	0913
North Greenwich Station	0550	0611	0627	0642	0658	0710	0721	0732	0744	0756	0808	0821	0832	0843	0854	0906	0916	0927
Greenwich Peninsula IKEA	0555	0616	0632	0647	0704	0716	0727	0738	0750	0803	0815	0828	0840	0851	0902	0913	0923	0934
Blackheath Royal Standard	0601	0622	0638	0655	0713	0725	0737	0749	0801	0813	0825	0837	0849	0900	0911	0922	0931	0942
Blackheath Station	0605	0626	0643	0702	0722	0734	0747	0759	0812	0824	0836	0848	0900	0911	0922	0932	0940	0950
Lewisham Station Station Road	0610	0632	0650	0710	0731	0743	0756	0808	0821	0834	0846	0858	0910	0920	0931	0941	0949	0958
Stratford International Way	0900	0912	0924	0936	0947	0959	1010	1022	1033	1045	1056	1107	1119	1130	1142	1153	1205	1216
Stratford City opposite Bus Station	0904	0916	0928	0939	0950	1002	1013	1025	1037	1049	1100	1111	1123	1134	1146	1157	1209	1220
Bow Church Station	0915	0927	0939	0949	1000	1012	1023	1035	1047	1059	1110	1121	1133	1144	1156	1207	1219	1230
Devons Road (DLR) Station	0918	0930	0942	0952	1003	1015	1026	1038	1050	1102	1113	1124	1136	1147	1159	1210	1222	1233
Poplar All Saints (DLR) Station	0924	0936	0948	0958	1009	1021	1032	1044	1056	1108	1119	1130	1142	1153	1205	1217	1229	1240
North Greenwich Station	0938	0950	1001	1011	1022	1034	1045	1057	1109	1121	1132	1144	1156	1207	1219	1231	1243	1254
Greenwich Peninsula IKEA	0945	0957	1008	1018	1029	1041	1052	1104	1116	1128	1139	1151	1203	1214	1226	1238	1250	1301
Blackheath Royal Standard	0953	1005	1016	1026	1037	1049	1100	1112	1124	1136	1147	1159	1211	1222	1234	1246	1258	1309
Blackheath Station	1000	1011	1022	1032	1043	1055	1106	1118	1130	1142	1153	1205	1216	1227	1239	1251	1303	1314
Lewisham Station Station Road	1008	1019	1030	1040	1050	1102	1113	1125	1137	1149	1200	1212	1223	1234	1246	1258	1310	1321
Stratford International Way	1228	1239	1251	1302	1314	1326	1337	1349	1400	1411	1421	1432	1439	1450	1500	1511	1518	1527
Stratford City opposite Bus Station	1232	1243	1255	1306	1318	1330	1341	1353	1404	1415	1425	1436	1443	1454	1504	1515	1522	1531
Bow Church Station	1242	1253	1305	1317	1329	1341	1352	1404	1416	1427	1437	1448	1456	1507	1517	1528	1535	1544
Devons Road (DLR) Station	1245	1256	1308	1320	1332	1344	1355	1407	1419	1430	1440	1451	1500	1511	1521	1532	1539	1548
Poplar All Saints (DLR) Station	1252	1303	1315	1327	1339	1351	1402	1414	1426	1437	1447	1458	1507	1519	1529	1540	1549	1559
North Greenwich Station	1306	1317	1329	1341	1353	1405	1417	1429	1441	1452	1503	1515	1526	1538	1549	1601	1612	1623
Greenwich Peninsula IKEA	1313	1324	1336	1348	1400	1412	1424	1436	1448	1459	1510	1522	1533	1545	1556	1608	1619	1630
Blackheath Royal Standard	1321	1332	1344	1356	1408	1420	1433	1445	1457	1508	1519	1531	1542	1554	1605	1617	1628	1639
Blackheath Station	1326	1337	1349	1401	1413	1425	1438	1451	1503	1514	1525	1537	1549	1601	1612	1624	1636	1648
Lewisham Station Station Road	1333	1344	1356	1408	1420	1432	1445	1458	1510	1522	1533	1545	1557	1609	1620	1632	1644	1656
Stratford International Way	1539	1550	1602	1613	1625	1636	1648	1700	1711	1723	1734	1745	1757	1808	1820	1832	1844	1856
Stratford City opposite Bus Station	1543	1554	1606	1618	1630	1641	1653	1705	1716	1728	1739	1750	1802	1813	1825	1837	1848	1900
Bow Church Station	1556	1606	1618	1630	1642	1653	1705	1717	1728	1740	1751	1802	1814	1825	1836	1848	1859	1911
Devons Road (DLR) Station	1600	1610	1622	1634	1646	1657	1709	1721	1732	1744	1755	1806	1818	1829	1840	1851	1902	1914
Poplar All Saints (DLR) Station	1611	1621	1633	1645	1657	1708	1720	1732	1743	1754	1805	1815	1827	1838	1848	1859	1909	1921
North Greenwich Station	1635	1645	1657	1709	1721	1732	1744	1756	1807	1818	1829	1838	1850	1900	1910	1920	1928	1938
Greenwich Peninsula IKEA	1642	1653	1705	1717	1729	1740	1752	1804	1815	1826	1837	1846	1858	1908	1918	1927	1935	1944
Blackheath Royal Standard	1651	1702	1714	1726	1738	1749	1801	1813	1825	1836	1847	1856	1908	1918	1927	1935	1942	1951
Blackheath Station	1700	1712	1724	1737	1749	1800	1812	1824	1836	1845	1855	1904	1914	1924	1933	1940	1947	1956
Lewisham Station Station Road	1708	1720	1732	1745	1757	1808	1819	1831	1843	1852	1902	1911	1921	1931	1940	1947	1954	2002

108	Fridays (cont.)																		
Stratford International Way	1908	1920	1932	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	--	2230	--	2245	
Stratford City opposite Bus Station	1912	1924	1936	1949	2004	2019	2034	2049	2103	2118	2133	2148	2203	2218	--	2233	--	2248	
Bow Church Station	1922	1934	1946	1959	2014	2029	2044	2058	2112	2127	2142	2157	2212	2227	--	2242	--	2257	
Devons Road (DLR) Station	1925	1937	1949	2002	2017	2032	2047	2101	2115	2130	2145	2159	2214	2229	--	2244	--	2259	
Poplar All Saints (DLR) Station	1931	1943	1955	2008	2023	2038	2052	2106	2120	2135	2150	2204	2219	2234	--	2249	--	2304	
North Greenwich Station	1946	1956	2006	2019	2033	2048	2102	2115	2129	2144	2159	2213	2228	2243	2245	2258	2304	2313	
Greenwich Peninsula IKEA	1952	2002	2012	2025	2039	2054	2108	2121	2135	2150	2205	2219	2234	2249	2251	2304	2310	2319	
Blackheath Royal Standard	1959	2009	2019	2032	2046	2101	2115	2128	2142	2157	2211	2225	2240	2255	2258	2310	2316	2325	
Blackheath Station	2004	2014	2024	2037	2051	2106	2120	2133	2147	2202	2215	2229	2244	2259	2302	2314	2320	2329	
Lewisham Station Station Road	2010	2020	2030	2043	2057	2112	2126	2139	2153	2208	2221	2235	2250	2305	2308	2320	2326	2335	
Stratford International Way	--	2300	--	2315	--	2330	--	2345											
Stratford City opposite Bus Station	--	2303	--	2317	--	2332	--	2347											
Bow Church Station	--	2311	--	2325	--	2340	--	2355											
Devons Road (DLR) Station	--	2313	--	2327	--	2342	--	2357											
Poplar All Saints (DLR) Station	--	2318	--	2332	--	2346	--	0001											
North Greenwich Station	2319	2326	2334	2340	2349	2354	0004	0009											
Greenwich Peninsula IKEA	2325	2332	2340	2345	2355	2359	0010	0014											
Blackheath Royal Standard	2331	2338	2346	2351	0001	0005	0016	0020											
Blackheath Station	2335	2342	2350	2355	0005	0008	0020	0023											
Lewisham Station Station Road	2341	2347	2356	0000	0011	0013	0026	0028											
108	Saturdays																		
Stratford International Way	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0210	0240	0310	0340	0413	
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0212	0242	0312	0342	0415	
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0109	0124	0139	0154	0220	0250	0320	0350	0423	
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0111	0126	0141	0156	0222	0252	0322	0352	0425	
Poplar All Saints (DLR) Station	--	0016	--	0031	--	0046	--	0101	--	0116	0131	0146	0201	0227	0257	0327	0357	0430	
North Greenwich Station	0018	0024	0033	0039	0048	0054	0102	0109	0116	0124	0139	0154	0209	0235	0304	0334	0404	0437	
Greenwich Peninsula IKEA	0024	0029	0038	0044	0053	0059	0107	0114	0121	0129	0144	0159	0214	0240	0309	0339	0408	0441	
Blackheath Royal Standard	0030	0035	0044	0049	0059	0104	0113	0119	0127	0136	0150	0205	0220	0246	0315	0345	0414	0447	
Blackheath Station	0034	0038	0048	0052	0103	0107	0117	0122	0131	0140	0154	0209	0224	0250	0318	0348	0418	0451	
Lewisham Station Station Road	0040	0043	0054	0057	0109	0112	0123	0127	0137	0145	0159	0214	0229	0255	0323	0353	0423	0456	
Stratford International Way	0445	0505	0525	0545	0605	0620	0635	0645	0655	0705	0715	0725	0735	0745	0755	0805	0813	0823	
Stratford City opposite Bus Station	0448	0507	0527	0547	0607	0622	0637	0647	0657	0707	0717	0727	0737	0747	0757	0807	0815	0825	
Bow Church Station	0456	0515	0535	0555	0615	0630	0645	0655	0705	0715	0725	0735	0745	0755	0805	0815	0823	0833	
Devons Road (DLR) Station	0458	0517	0537	0557	0617	0632	0647	0657	0707	0717	0727	0737	0747	0757	0807	0817	0825	0835	
Poplar All Saints (DLR) Station	0503	0521	0541	0601	0621	0636	0651	0701	0711	0721	0731	0742	0752	0802	0812	0822	0830	0840	
North Greenwich Station	0511	0527	0548	0609	0629	0644	0659	0709	0719	0729	0739	0750	0800	0810	0820	0830	0838	0848	
Greenwich Peninsula IKEA	0515	0531	0552	0614	0634	0649	0704	0714	0724	0734	0744	0755	0805	0815	0825	0835	0843	0853	
Blackheath Royal Standard	0520	0536	0557	0619	0640	0655	0710	0720	0730	0740	0750	0802	0812	0822	0832	0842	0850	0900	
Blackheath Station	0523	0540	0601	0623	0644	0659	0714	0724	0734	0744	0754	0806	0816	0826	0836	0846	0855	0905	
Lewisham Station Station Road	0528	0545	0606	0628	0649	0705	0720	0730	0740	0750	0800	0812	0822	0832	0842	0852	0901	0911	
Stratford International Way	0833	0843	0851	0901	0910	0918	0928	0938	0948	0958	1008	1019	1031	1042	1054	1105	1117	1128	
Stratford City opposite Bus Station	0835	0845	0853	0903	0912	0920	0930	0940	0950	1000	1011	1022	1034	1045	1057	1108	1120	1131	
Bow Church Station	0843	0853	0902	0912	0921	0929	0939	0949	0959	1009	1020	1031	1043	1054	1106	1118	1130	1141	
Devons Road (DLR) Station	0845	0855	0904	0914	0923	0932	0942	0952	1002	1012	1023	1034	1046	1057	1109	1121	1133	1144	
Poplar All Saints (DLR) Station	0850	0900	0909	0919	0928	0938	0948	0958	1008	1019	1030	1041	1053	1104	1116	1128	1140	1151	
North Greenwich Station	0858	0908	0917	0927	0937	0947	0958	1009	1020	1032	1044	1056	1109	1121	1133	1145	1157	1209	
Greenwich Peninsula IKEA	0903	0913	0923	0933	0943	0953	1004	1016	1027	1039	1051	1103	1117	1129	1141	1153	1205	1217	
Blackheath Royal Standard	0910	0920	0930	0940	0950	1000	1011	1023	1034	1046	1058	1110	1124	1136	1148	1201	1213	1225	
Blackheath Station	0915	0925	0936	0946	0956	1006	1017	1029	1040	1052	1104	1117	1131	1143	1155	1208	1220	1232	
Lewisham Station Station Road	0921	0931	0942	0952	1002	1012	1023	1035	1046	1058	1110	1123	1137	1149	1202	1215	1227	1239	
Stratford International Way	1140	1151	1203	1214	1226	1237	1249	1300	1312	1323	1335	1347	1358	1410	1421	1433	1444	1456	
Stratford City opposite Bus Station	1143	1154	1206	1217	1229	1240	1253	1304	1316	1327	1339	1351	1402	1414	1425	1437	1448	1500	
Bow Church Station	1153	1204	1216	1227	1239	1250	1303	1314	1326	1337	1349	1401	1413	1425	1436	1448	1459	1511	
Devons Road (DLR) Station	1156	1207	1219	1230	1242	1253	1306	1317	1329	1340	1352	1404	1416	1428	1439	1451	1502	1514	
Poplar All Saints (DLR) Station	1203	1214	1226	1237	1249	1300	1313	1324	1336	1347	1359	1411	1423	1435	1446	1458	1509	1521	
North Greenwich Station	1221	1232	1244	1255	1308	1319	1332	1343	1355	1406	1418	1430	1442	1454	1505	1517	1529	1541	
Greenwich Peninsula IKEA	1229	1240	1252	1303	1316	1327	1340	1352	1404	1415	1427	1439	1450	1502	1513	1525	1537	1549	
Blackheath Royal Standard	1237	1249	1301	1312	1325	1336	1349	1401	1413	1424	1436	1448	1459	1511	1522	1534	1546	1558	
Blackheath Station	1244	1256	1308	1319	1332	1343	1356	1408	1420	1431	1443	1455	1506	1518	1529	1541	1553	1605	
Lewisham Station Station Road	1251	1303	1315	1326	1339	1350	1403	1415	1427	1438	1450	1502	1513	1525	1536	1548	1600	1612	

108	Sundays																	
Stratford International Way	--	0000	--	0015	--	0030	--	0045	--	0100	0115	0130	0145	0205	0235	0305	0335	0410
Stratford City opposite Bus Station	--	0002	--	0017	--	0032	--	0047	--	0102	0117	0132	0147	0207	0237	0307	0337	0412
Bow Church Station	--	0010	--	0025	--	0040	--	0055	--	0110	0125	0140	0155	0215	0245	0315	0345	0420
Devons Road (DLR) Station	--	0012	--	0027	--	0042	--	0057	--	0113	0127	0142	0157	0217	0247	0317	0347	0422
Poplar All Saints (DLR) Station	--	0017	--	0031	--	0046	--	0101	--	0118	0132	0147	0202	0222	0252	0322	0352	0427
North Greenwich Station	0018	0026	0033	0040	0048	0055	0102	0110	0116	0133	0147	0202	0217	0236	0304	0334	0404	0439
Greenwich Peninsula IKEA	0024	0031	0038	0045	0053	0100	0107	0115	0121	0138	0152	0207	0222	0241	0309	0339	0409	0444
Blackheath Royal Standard	0030	0037	0044	0051	0059	0106	0113	0121	0127	0144	0158	0213	0228	0247	0315	0345	0415	0450
Blackheath Station	0034	0041	0048	0055	0103	0110	0117	0125	0131	0148	0202	0217	0232	0251	0319	0349	0419	0454
Lewisham Station Station Road	0040	0046	0054	0100	0109	0115	0123	0130	0137	0153	0207	0222	0238	0257	0324	0354	0424	0459
Stratford International Way	0445	0505	0525	0545	0605	0625	0645	0705	0720	0735	Then every 15 minutes until	0850	0905	0920	0935	0950	1004	
Stratford City opposite Bus Station	0447	0507	0527	0547	0607	0627	0647	0707	0722	0737		0852	0907	0922	0937	0952	1006	
Bow Church Station	0455	0516	0536	0556	0616	0636	0656	0715	0730	0745		0900	0915	0930	0945	1000	1014	
Devons Road (DLR) Station	0457	0518	0538	0558	0618	0638	0658	0717	0732	0747		0902	0917	0932	0947	1002	1016	
Poplar All Saints (DLR) Station	0501	0523	0543	0603	0623	0643	0703	0722	0737	0752		0907	0922	0937	0952	1007	1021	
North Greenwich Station	0513	0532	0552	0612	0632	0652	0712	0731	0746	0801		0916	0931	0946	1002	1018	1032	
Greenwich Peninsula IKEA	0518	0537	0557	0617	0637	0657	0717	0736	0751	0806		0921	0936	0951	1007	1023	1038	
Blackheath Royal Standard	0524	0542	0602	0622	0642	0702	0722	0741	0756	0812		0927	0942	0957	1013	1029	1045	
Blackheath Station	0527	0545	0605	0626	0646	0706	0726	0745	0800	0816		0931	0947	1002	1018	1034	1050	
Lewisham Station Station Road	0532	0550	0610	0631	0651	0712	0732	0751	0806	0822		0937	0953	1008	1024	1040	1056	
Stratford International Way	1018	1033	1048	1103	1119	1134	1150	1205	1221	1236	1252	1308	1324	1340	1356	1412	1428	1444
Stratford City opposite Bus Station	1020	1035	1050	1106	1122	1137	1153	1208	1224	1239	1255	1311	1327	1344	1400	1416	1432	1448
Bow Church Station	1028	1043	1058	1115	1131	1147	1203	1218	1234	1249	1305	1321	1337	1354	1410	1426	1442	1458
Devons Road (DLR) Station	1030	1045	1100	1117	1133	1150	1206	1221	1237	1252	1308	1324	1340	1357	1413	1429	1445	1501
Poplar All Saints (DLR) Station	1036	1051	1106	1123	1139	1156	1212	1227	1243	1259	1315	1331	1347	1404	1420	1436	1452	1508
North Greenwich Station	1047	1104	1120	1137	1153	1210	1226	1241	1257	1313	1329	1345	1401	1419	1435	1451	1507	1523
Greenwich Peninsula IKEA	1054	1111	1127	1144	1200	1217	1233	1248	1304	1320	1336	1352	1408	1426	1442	1458	1514	1530
Blackheath Royal Standard	1101	1118	1134	1151	1207	1224	1240	1256	1312	1328	1344	1400	1416	1434	1450	1506	1522	1538
Blackheath Station	1106	1123	1139	1157	1213	1230	1246	1302	1319	1335	1351	1407	1423	1440	1456	1512	1528	1544
Lewisham Station Station Road	1112	1129	1146	1204	1220	1237	1253	1309	1326	1342	1358	1414	1430	1447	1503	1519	1535	1551
Stratford International Way	1459	1514	1530	1546	1602	1618	1634	1650	1707	1724	1740	1756	1812	1828	1844	1900	1915	1930
Stratford City opposite Bus Station	1503	1518	1534	1550	1606	1622	1638	1654	1711	1728	1744	1800	1816	1832	1848	1903	1918	1933
Bow Church Station	1513	1528	1545	1601	1617	1633	1649	1705	1722	1739	1755	1811	1827	1843	1859	1914	1929	1944
Devons Road (DLR) Station	1516	1531	1548	1604	1620	1636	1652	1708	1725	1742	1758	1814	1830	1846	1902	1917	1932	1947
Poplar All Saints (DLR) Station	1523	1538	1555	1611	1627	1643	1659	1715	1732	1749	1805	1821	1836	1852	1908	1923	1938	1953
North Greenwich Station	1538	1554	1611	1627	1643	1659	1715	1731	1748	1805	1821	1837	1852	1907	1922	1937	1951	2004
Greenwich Peninsula IKEA	1545	1601	1618	1634	1650	1706	1722	1738	1755	1812	1828	1844	1859	1914	1929	1944	1957	2010
Blackheath Royal Standard	1554	1610	1627	1643	1659	1715	1730	1746	1803	1819	1835	1851	1906	1921	1936	1951	2004	2017
Blackheath Station	1600	1616	1633	1649	1705	1721	1736	1752	1808	1824	1840	1856	1911	1926	1941	1956	2009	2022
Lewisham Station Station Road	1607	1623	1640	1656	1712	1728	1743	1759	1815	1831	1847	1903	1917	1932	1947	2002	2015	2028
Stratford International Way	1945	2000	2015	2030	2045	2100	2115	2130	2145	2200	2215	--	2230	--	2245	--	2300	--
Stratford City opposite Bus Station	1948	2003	2018	2033	2048	2103	2118	2133	2148	2203	2218	--	2233	--	2248	--	2303	--
Bow Church Station	1957	2012	2027	2042	2057	2112	2127	2142	2157	2212	2227	--	2242	--	2257	--	2312	--
Devons Road (DLR) Station	2000	2015	2030	2045	2059	2114	2129	2144	2159	2214	2229	--	2244	--	2259	--	2314	--
Poplar All Saints (DLR) Station	2006	2021	2036	2050	2104	2119	2134	2149	2204	2219	2234	--	2249	--	2304	--	2319	--
North Greenwich Station	2016	2031	2046	2059	2113	2128	2143	2157	2212	2227	2242	2245	2257	2304	2312	2318	2327	2333
Greenwich Peninsula IKEA	2022	2037	2052	2105	2119	2134	2149	2203	2218	2233	2248	2250	2303	2309	2318	2323	2332	2338
Blackheath Royal Standard	2029	2044	2058	2111	2125	2140	2155	2209	2224	2239	2254	2256	2309	2315	2324	2329	2338	2344
Blackheath Station	2034	2049	2102	2115	2129	2144	2159	2213	2228	2243	2258	2300	2313	2319	2328	2333	2342	2348
Lewisham Station Station Road	2040	2055	2108	2121	2135	2150	2205	2219	2234	2249	2304	2305	2319	2324	2334	2338	2348	2353
Stratford International Way	2315	--	2330	--	2345													
Stratford City opposite Bus Station	2318	--	2333	--	2348													
Bow Church Station	2326	--	2341	--	2356													
Devons Road (DLR) Station	2328	--	2343	--	2358													
Poplar All Saints (DLR) Station	2332	--	2347	--	0002													
North Greenwich Station	2340	2348	2355	0003	0010													
Greenwich Peninsula IKEA	2345	2353	0000	0008	0015													
Blackheath Royal Standard	2351	2359	0005	0014	0020													
Blackheath Station	2355	0003	0008	0018	0023													
Lewisham Station Station Road	0001	0008	0013	0023	0028													