

108 Mondays to Fridays																				
	MO	MX	MO	MX	MO	MX														
Lewisham High Street <i>Lewis Grove</i>	0010	0010	0025	0025	0040	0040	0100		0430	0500	0520	0540	0600	0614	0628	0642	1814			
Blackheath Station	0014	0014	0029	0029	0044	0044	0104	Then	0434	0504	0524	0544	0604	0619	0633	0647	1821			
Greenwich Peninsula <i>Sainsbury's</i>	0022	0023	0037	0038	0052	0053	0113	every 30	0443	0513	0533	0553	0614	0629	0644	0659	1834			
North Greenwich Station	0028	0029	0043	0044	0058	0059	0119	minutes	0449	0519	0539	0559	0620	0636	0651	0706	1842			
Poplar <i>All Saints (DLR) Station</i>	0037	0038	0051	0053	0106	0107	0128	until	0458	0529	0549	0609	0632	0649	0704	0719	1853			
Bow Church Station	0044	0045	0058	0100	0113	0114	0134		0504	0535	0555	0616	0640	0657	0712	0728	1902			
Stratford International Station	0054	0055	0108	0110	0123	0124	0144		0514	0545	0605	0627	0651	0708	0723	0739	1915			
Mondays to Thursdays																				
Lewisham High Street <i>Lewis Grove</i>	1825		1925	1940	1955	2010	2025		2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2355	
Blackheath Station	1832	Then	1931	1945	2000	2015	2030		2045	2100	2115	2130	2145	2200	2215	2229	2244	2259	2359	
Greenwich Peninsula <i>Sainsbury's</i>	1844	about	1941	1955	2010	2025	2040		2055	2110	2125	2140	2155	2210	2224	2238	2253	2308	0008	
North Greenwich Station	1852	every 12	1948	2002	2017	2032	2047		2101	2116	2131	2146	2201	2216	2230	2244	2259	2314	0014	
Poplar <i>All Saints (DLR) Station</i>	1903	minutes	1958	2012	2027	2041	2056		2110	2125	2140	2155	2210	2225	2239	2253	2308	2323	0023	
Bow Church Station	1912	until	2007	2021	2036	2050	2105		2119	2133	2148	2203	2218	2232	2246	2300	2315	2330	0030	
Stratford International Station	1925		2018	2032	2047	2101	2116		2130	2144	2159	2214	2229	2243	2257	2311	2326	2340	0040	
Fridays																				
Lewisham High Street <i>Lewis Grove</i>	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355						
Blackheath Station	2045	2100	2115	2130	2145	2200	2215	2229	2244	2259	2314	2329	2344	2359						
Greenwich Peninsula <i>Sainsbury's</i>	2055	2110	2125	2140	2155	2210	2225	2239	2253	2308	2323	2338	2353	0008						
North Greenwich Station	2102	2117	2132	2147	2202	2217	2232	2246	2300	2315	2330	2344	2359	0014						
Poplar <i>All Saints (DLR) Station</i>	2111	2126	2141	2156	2211	2226	2241	2255	2309	2324	2339	2353	0008	0023						
Bow Church Station	2120	2134	2149	2204	2219	2233	2248	2302	2316	2331	2346	0000	0015	0030						
Stratford International Station	2131	2145	2200	2215	2230	2244	2259	2313	2327	2341	2356	0010	0025	0040						
108 Saturdays																				
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0230	0300		0500	0520	0540	0600	0615	0630		1845	1857		
Blackheath Station	0014	0029	0044	0104	0134	0204	0234	0304	Then	0504	0524	0544	0604	0619	0634	Then	1851	1903		
Greenwich Peninsula <i>Sainsbury's</i>	0023	0038	0053	0113	0143	0213	0243	0313	every 30	0513	0533	0553	0613	0628	0643	about	1903	1914		
North Greenwich Station	0029	0044	0059	0120	0150	0220	0249	0319	minutes	0519	0539	0559	0619	0634	0649	every 10	1911	1922		
Poplar <i>All Saints (DLR) Station</i>	0038	0053	0108	0129	0159	0229	0258	0328	until	0528	0548	0608	0628	0643	0658	minutes	1924	1934		
Bow Church Station	0045	0100	0115	0136	0206	0236	0305	0334		0534	0554	0614	0634	0649	0705	until	1933	1943		
Stratford International Station	0055	0110	0125	0146	0216	0246	0315	0344		0544	0604	0624	0644	0659	0715		1946	1956		
Lewisham High Street <i>Lewis Grove</i>	1909	1921	1936	1952	2007	2022	2037	2052	2108	2123	2138	2153	2209	2224	2239	2254	2309	2324	2339	2355
Blackheath Station	1915	1927	1942	1957	2012	2027	2042	2057	2113	2128	2143	2158	2213	2228	2243	2258	2313	2328	2343	2359
Greenwich Peninsula <i>Sainsbury's</i>	1926	1938	1953	2007	2022	2037	2052	2107	2123	2138	2153	2208	2223	2238	2253	2308	2323	2338	2353	0008
North Greenwich Station	1934	1946	2000	2014	2029	2044	2059	2114	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0014
Poplar <i>All Saints (DLR) Station</i>	1946	1958	2011	2025	2039	2054	2109	2124	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0009	0023
Bow Church Station	1955	2007	2020	2034	2048	2103	2118	2133	2148	2203	2218	2233	2248	2303	2317	2332	2347	0002	0016	0030
Stratford International Station	2007	2019	2032	2046	2100	2115	2130	2145	2200	2215	2230	2245	2300	2314	2328	2343	2358	0012	0026	0040
108 Sundays																				
Lewisham High Street <i>Lewis Grove</i>	0010	0025	0040	0100	0130	0200	0230		0500		0720	0735	0750	0805	0820	0834	0849	0903		
Blackheath Station	0014	0029	0044	0104	0134	0204	0234	Then	0504	Then	0724	0739	0754	0809	0824	0839	0854	0908		
Greenwich Peninsula <i>Sainsbury's</i>	0023	0038	0053	0114	0144	0214	0243	every 30	0513	every 20	0733	0748	0803	0818	0833	0848	0903	0918		
North Greenwich Station	0029	0044	0059	0120	0150	0220	0249	minutes	0519	minutes	0739	0754	0809	0824	0840	0855	0910	0925		
Poplar <i>All Saints (DLR) Station</i>	0038	0053	0108	0130	0200	0230	0258	until	0528	until	0748	0803	0818	0833	0849	0904	0919	0934		
Bow Church Station	0045	0100	0115	0137	0207	0236	0304		0534		0754	0809	0824	0839	0855	0910	0926	0942		
Stratford International Station	0055	0110	0125	0147	0217	0246	0314		0544		0804	0819	0834	0849	0905	0920	0936	0953		
Lewisham High Street <i>Lewis Grove</i>	0916	0931	0946	1001	1015	1030	1044	1059	1114	1129	1144	1159		1329	1344		1614	1629		
Blackheath Station	0921	0936	0951	1006	1020	1035	1049	1104	1119	1135	1150	1205	Then	1335	1350	Then	1620	1635		
Greenwich Peninsula <i>Sainsbury's</i>	0932	0947	1002	1017	1032	1047	1101	1116	1131	1147	1203	1218	every 15	1348	1402	every 15	1632	1647		
North Greenwich Station	0939	0954	1009	1024	1039	1054	1108	1123	1139	1155	1211	1226	minutes	1356	1410	minutes	1640	1655		
Poplar <i>All Saints (DLR) Station</i>	0949	1004	1019	1034	1049	1104	1119	1134	1151	1207	1223	1238	until	1408	1423	until	1653	1708		
Bow Church Station	0957	1012	1028	1043	1058	1113	1128	1143	1200	1216	1232	1248		1418	1433		1703	1717		
Stratford International Station	1008	1023	1040	1055	1110	1125	1141	1156	1214	1230	1246	1302		1432	1447		1717	1730		
Lewisham High Street <i>Lewis Grove</i>	1644	1659	1714	1729	1744	1759	1813	1828	1843	1858	1913	1928	1943	1958	2013	2028	2043	2058	2112	2127
Blackheath Station	1650	1705	1720	1734	1749	1804	1818	1833	1848	1903	1918	1933	1948	2003	2018	2033	2048	2103	2117	2131
Greenwich Peninsula <i>Sainsbury's</i>	1702	1717	1732	1746	1759	1814	1828	1843	1858	1913	1928	1943	1958	2013	2028	2042	2057	2112	2126	2140
North Greenwich Station	1709	1724	1739	1753	1806	1821	1835	1850	1905	1920	1935	1950	2005	2020	2035	2049	2103	2118	2132	2146
Poplar <i>All Saints (DLR) Station</i>	1722	1737	1752	1805	1818	1833	1847	1902	1917	1931	1945	2000	2015	2030	2045	2058	2112	2127	2141	2155
Bow Church Station	1731	1746	1801	1814	1827	1842	1856	1911	1926	1940	1954	2009	2024	2039	2053	2106	2120	2135	2149	2203
Stratford International Station	1744	1759	1814	1827	1840	1855	1909	1924	1939	1953	2006	2020	2035	2050	2104	2117	2131	2146	2200	2214
Lewisham High Street <i>Lewis Grove</i>	2142	2157	2212	2226	2240	2255	2310	2325	2340	2355										
Blackheath Station	2146	2201	2216	2230	2244	2259	2314	2329	2344	2359										
Greenwich Peninsula <i>Sainsbury's</i>	2155	2210	2225	2239	2253	2307	2322	2337	2352	0007										
North Greenwich Station	2201	2216	2231	2245	2259	2313	2328	2343	2358	0013										
Poplar <i>All Saints (DLR) Station</i>	2210	2225	2240	2254	2308	2322	2337	2352	0007	0022										
Bow Church Station	2218	2233	2248	2302	2315															

