

115

East Ham – Poplar – Aldgate

115		Mondays to Fridays																	
East Ham White Horse	0445		SD	NSD		SD	NSD		SD	NSD	SD	NSD	SD	NSD	SD	NSD			
East Ham White Horse	0445		0618	0618		1857	1901		1947	1950	1959	2000	2011	2023	2035				
East Ham Newham Town Hall	0447		0620	0620		1900	1903		1949	1952	2001	2002	2013	2025	2037				
Upton Park The Boleyn (Barking Road)	0451	Then	0625	0625	Then	1907	1910	Then	1956	1959	2007	2008	2019	2031	2043				
Plaistow Greengate	0454	about	0628	0628	about	1912	1914	every 10	2001	2003	2012	2012	2023	2035	2047				
Canning Town Bus Station	0500	every 10	0635	0636	every 8	1920	1924	minutes	2008	2011	2019	2020	2030	2042	2054				
Poplar All Saints (DLR) Station	0504	minutes	0642	0643	minutes	1927	1931	until	2015	2018	2026	2027	2037	2049	2101				
Limehouse East India Dock Road	0508	until	0647	0646	until	1931	1935		2019	2022	2030	2031	2041	2053	2105				
Limehouse Station	0511		0651	0651		1935	1939		2023	2026	2034	2035	2045	2057	2109				
Aldgate Station Aldgate High Street	0519		0702	0702		1947	1951		2033	2036	2044	2045	2055	2107	2119				
East Ham White Horse	2047	2059	2112			2224	2237	2249	2301	2313						0025			
East Ham Newham Town Hall	2049	2101	2114			2226	2239	2251	2303	2315						0027			
Upton Park The Boleyn (Barking Road)	2055	2107	2119	Then		2231	2244	2256	2308	2319	Then					0031			
Plaistow Greengate	2059	2111	2123	every 12		2235	2248	2300	2311	2322	every 12					0034			
Canning Town Bus Station	2106	2118	2129	minutes		2241	2254	2306	2317	2328	minutes					0040			
Poplar All Saints (DLR) Station	2112	2123	2134	until		2246	2259	2310	2321	2332	until					0044			
Limehouse East India Dock Road	2116	2127	2138			2250	2303	2314	2325	2336						0048			
Limehouse Station	2120	2131	2142			2254	2306	2317	2328	2339						0051			
Aldgate Station Aldgate High Street	2130	2141	2152			2304	2315	2326	2337	2348						0100			
115		Saturdays (also Good Friday)																	
East Ham White Horse	0445	0455	0505	0515	0525		0625	0635	0645	0655	0705	0715	0725	0734	0744	0753	0803		
East Ham Newham Town Hall	0447	0457	0507	0517	0527		0627	0637	0647	0657	0707	0717	0727	0736	0746	0755	0805		
Upton Park The Boleyn (Barking Road)	0451	0501	0511	0521	0531	Then	0631	0642	0652	0702	0712	0722	0732	0741	0751	0800	0810		
Plaistow Greengate	0454	0504	0514	0524	0534	every 10	0634	0645	0655	0705	0715	0725	0735	0745	0755	0804	0814		
Canning Town Bus Station	0459	0509	0519	0529	0540	minutes	0640	0651	0701	0711	0722	0732	0742	0752	0802	0812	0822		
Poplar All Saints (DLR) Station	0503	0513	0523	0533	0544	until	0644	0655	0705	0716	0728	0738	0748	0758	0808	0818	0828		
Limehouse East India Dock Road	0507	0517	0527	0537	0548		0648	0659	0709	0720	0732	0742	0752	0802	0812	0822	0832		
Limehouse Station	0510	0520	0530	0540	0551		0651	0702	0712	0723	0735	0745	0755	0806	0816	0826	0836		
Aldgate Station Aldgate High Street	0517	0527	0538	0548	0559		0659	0710	0720	0732	0744	0754	0804	0816	0826	0836	0846		
East Ham White Horse	0813	0823	0833	0843	0853		1801	1810			1920	1931	1942	1954	2007	2019	2031		
East Ham Newham Town Hall	0815	0825	0835	0845	0855		1803	1812			1922	1933	1944	1956	2009	2021	2033		
Upton Park The Boleyn (Barking Road)	0820	0830	0840	0850	0900	Then	1810	1819	Then		1929	1940	1951	2003	2015	2027	2039		
Plaistow Greengate	0824	0834	0844	0854	0904	about	1815	1824	every 10		1934	1945	1956	2008	2020	2032	2044		
Canning Town Bus Station	0832	0842	0852	0902	0912	every 8	1823	1832	minutes		1942	1953	2004	2016	2028	2040	2052		
Poplar All Saints (DLR) Station	0838	0848	0858	0908	0918	minutes	1830	1839	until		1949	2000	2011	2023	2035	2047	2059		
Limehouse East India Dock Road	0842	0852	0902	0912	0922	until	1834	1843			1953	2004	2015	2027	2039	2051	2103		
Limehouse Station	0846	0856	0906	0916	0926		1838	1847			1957	2008	2019	2031	2043	2055	2107		
Aldgate Station Aldgate High Street	0856	0906	0916	0927	0937		1850	1859			2009	2019	2030	2042	2054	2106	2118		
East Ham White Horse	2043	2056	2109	2121	2133	2145	2157	2210	2223	2235				2323	2336	2348	0001	0013	0025
East Ham Newham Town Hall	2045	2058	2111	2123	2135	2147	2159	2212	2225	2237				2325	2338	2350	0003	0015	0027
Upton Park The Boleyn (Barking Road)	2051	2104	2117	2129	2141	2153	2205	2218	2230	2242	Then			2330	2343	2355	0007	0019	0031
Plaistow Greengate	2056	2109	2121	2133	2145	2157	2209	2222	2234	2246	every 12			2334	2347	2359	0011	0023	0035
Canning Town Bus Station	2104	2116	2128	2140	2152	2204	2216	2228	2240	2252	minutes			2340	2353	0005	0017	0029	0041
Poplar All Saints (DLR) Station	2110	2121	2133	2145	2157	2209	2221	2233	2245	2257	until			2345	2358	0010	0022	0034	0046
Limehouse East India Dock Road	2114	2125	2137	2149	2201	2213	2225	2237	2249	2301				2349	0002	0014	0026	0038	0050
Limehouse Station	2118	2129	2141	2153	2205	2217	2229	2241	2253	2304				2352	0005	0017	0029	0041	0053
Aldgate Station Aldgate High Street	2129	2140	2152	2204	2216	2227	2239	2251	2303	2314				0002	0014	0026	0038	0050	0102
115		Sundays and other Public Holidays (except Christmas Day)																	
East Ham White Horse	0445		0709	0721	0733	0745	0757	0809	0821	0833	0845	0857	0909	0920	0930	0940	0950		
East Ham Newham Town Hall	0447		0711	0723	0735	0747	0759	0811	0823	0835	0847	0859	0911	0922	0932	0942	0952		
Upton Park The Boleyn (Barking Road)	0451	Then	0715	0727	0739	0751	0804	0816	0828	0840	0852	0904	0916	0927	0937	0947	0957		
Plaistow Greengate	0454	every 12	0718	0730	0742	0754	0807	0819	0831	0843	0856	0908	0920	0931	0941	0951	1001		
Canning Town Bus Station	0459	minutes	0723	0736	0748	0800	0813	0825	0837	0850	0903	0915	0927	0938	0948	0958	1009		
Poplar All Saints (DLR) Station	0503	until	0727	0740	0753	0805	0818	0830	0842	0855	0908	0920	0932	0943	0953	1004	1016		
Limehouse East India Dock Road	0506		0730	0743	0756	0808	0821	0833	0845	0858	0911	0923	0935	0946	0956	1008	1020		
Limehouse Station	0509		0733	0746	0759	0811	0824	0836	0848	0901	0914	0926	0938	0950	1000	1012	1024		
Aldgate Station Aldgate High Street	0517		0741	0754	0807	0820	0833	0845	0858	0911	0924	0936	0948	1001	1011	1023	1035		
East Ham White Horse	1000		1757	1810	1822	1834	1847		2035	2047	2100	2112		2236	2248	2301		0025	
East Ham Newham Town Hall	1002	Then	1759	1812	1824	1836	1849	Then	2037	2049	2102	2114	Then	2238	2250	2303		0027	
Upton Park The Boleyn (Barking Road)	1007	about	1806	1819	1831	1843	1855	about	2043	2055	2108	2119	about	2243	2255	2307	Then	0031	
Plaistow Greengate	1011	every	1811	1824	1836	1848	1900	every	2048	2100	2112	2123	every	2247	2259	2310	every	0034	
Canning Town Bus Station	1019	10	1819	1832	1844	1855	1907	12	2055	2106	2118	2129	12	2253	2305	2316	12	0040	
Poplar All Saints (DLR) Station	1026	mins.	1826	1839	1851	1902	1914	mins.	2102	2112	2123	2134	mins.	2258	2309	2320	mins.	0044	
Limehouse East India Dock Road	1030	until	1830	1843	1855	1906	1918	until	2106	2116	2127	2138	until	2302	2313	2324	until	0048	
Limehouse Station	1034		1834	1847	1859	1910	1922		2109	2119	2130	2141		2305	2316	2327		0051	
Aldgate Station Aldgate High Street	1046		1846	1858	1910	1921	1933		2118	2128	2139	2150		2313	2324	2335		0059	

Notes: SD - Operates on school days, half term and Christmas NSD - Operates during Summer and Easter school holidays only

115		Mondays to Fridays															
Aldgate Station Bus Station	0530		NSD	SD					NSD	SD	SD	NSD	SD	NSD	SD		
Limehouse Station	0538																
Limehouse Commercial Road	0540	Then															
Poplar All Saints (DLR) Station	0543	every 10															
Canning Town Bus Station	0548	minutes															
Plaistow Greengate	0554	until															
Upton Park The Boleyn (Barking Road)	0556																
East Ham Newham Town Hall	0600																
East Ham White Horse	0602																
	NSD		SD	NSD	SD	NSD	SD	NSD	SD	NSD							
Aldgate Station Bus Station	2119		2155	2155	2207	2207	2219	2219	2231	2231	2243	2255	2307	2319	0055		
Limehouse Station	2130		2204	2206	2216	2218	2228	2229	2240	2241	2252	2304	2315	2327	0103		
Limehouse Commercial Road	2133	Then	2207	2209	2219	2221	2231	2232	2242	2243	2254	2306	2317	2329	0105		
Poplar All Saints (DLR) Station	2137	every 12	2211	2213	2223	2225	2235	2236	2246	2247	2258	2310	2321	2333	0109		
Canning Town Bus Station	2143	minutes	2217	2219	2229	2231	2241	2242	2252	2253	2304	2316	2327	2339	0115		
Plaistow Greengate	2151	until	2225	2227	2237	2239	2249	2250	2300	2301	2311	2323	2334	2346	0122		
Upton Park The Boleyn (Barking Road)	2153		2227	2229	2239	2241	2251	2252	2302	2303	2313	2325	2336	2348	0124		
East Ham Newham Town Hall	2159		2235	2235	2244	2246	2256	2257	2307	2308	2318	2330	2341	2352	0128		
East Ham White Horse	2201		2235	2237	2246	2248	2258	2259	2309	2310	2320	2332	2343	2354	0130		
115		Saturdays (also Good Friday)															
Aldgate Station Bus Station	0528	0538		0658	0708	0718	0728	0738	0748	0758	0808	0818	0828	0838	0848	0858	0908
Limehouse Station	0536	0546		0706	0716	0726	0737	0747	0757	0807	0817	0827	0838	0848	0858	0908	0918
Limehouse Commercial Road	0538	0548	Then	0708	0718	0728	0739	0749	0759	0809	0819	0829	0840	0850	0900	0910	0920
Poplar All Saints (DLR) Station	0541	0551	every 10	0711	0721	0732	0743	0753	0803	0813	0823	0833	0844	0854	0904	0914	0924
Canning Town Bus Station	0546	0556	minutes	0716	0727	0739	0750	0800	0810	0820	0830	0840	0851	0901	0911	0921	0931
Plaistow Greengate	0552	0602	until	0722	0734	0746	0757	0807	0817	0827	0838	0848	0859	0909	0920	0930	0941
Upton Park The Boleyn (Barking Road)	0554	0604		0724	0736	0748	0759	0809	0819	0829	0840	0850	0901	0911	0922	0933	0944
East Ham Newham Town Hall	0557	0608		0728	0740	0752	0803	0813	0823	0834	0845	0855	0906	0917	0928	0939	0950
East Ham White Horse	0559	0610		0730	0742	0754	0805	0815	0825	0836	0847	0857	0908	0919	0930	0941	0952
Aldgate Station Bus Station	0918	0928		1931	1940	1950	2000	2010	2020	2031	2043	2055	2107	2119	2131		2231
Limehouse Station	0928	0938		1942	1951	2001	2011	2021	2031	2041	2053	2105	2117	2129	2141		2241
Limehouse Commercial Road	0930	0940	Then	1944	1953	2003	2013	2023	2033	2043	2055	2107	2119	2131	2143	Then	2243
Poplar All Saints (DLR) Station	0934	0944	about	1949	1958	2008	2018	2028	2038	2048	2100	2112	2123	2135	2147	every	2247
Canning Town Bus Station	0941	0951	every 8	1958	2007	2017	2026	2036	2046	2056	2107	2118	2129	2141	2153	12	2253
Plaistow Greengate	0951	1001	minutes	2008	2017	2027	2036	2046	2056	2106	2116	2127	2138	2150	2202	mins.	2302
Upton Park The Boleyn (Barking Road)	0954	1004	until	2011	2020	2030	2039	2049	2059	2109	2119	2130	2141	2153	2204	until	2304
East Ham Newham Town Hall	1000	1010		2018	2027	2036	2045	2055	2105	2115	2125	2136	2147	2159	2210		2310
East Ham White Horse	1002	1012		2020	2029	2038	2047	2057	2107	2117	2127	2138	2149	2201	2212		2312
Aldgate Station Bus Station	2243	2255	2307	2319	2331	2343	2355	0007									0055
Limehouse Station	2253	2305	2317	2329	2341	2353	0005	0016									0104
Limehouse Commercial Road	2255	2307	2319	2331	2343	2355	0007	0018	Then								0106
Poplar All Saints (DLR) Station	2259	2311	2323	2335	2347	2359	0011	0022	every 12								0110
Canning Town Bus Station	2305	2317	2329	2341	2353	0005	0017	0028	minutes								0116
Plaistow Greengate	2313	2325	2337	2349	0001	0013	0025	0036	until								0124
Upton Park The Boleyn (Barking Road)	2315	2327	2339	2351	0003	0015	0027	0038									0126
East Ham Newham Town Hall	2321	2333	2344	2356	0007	0019	0031	0042									0130
East Ham White Horse	2323	2335	2346	2358	0009	0021	0033	0044									0132
115		Sundays and other Public Holidays (except Christmas Day)															
Aldgate Station Bus Station	0528		0716	0728	0740	0752	0804	0816	0828	0840	0852	0904			1904	1916	1928
Limehouse Station	0536		0724	0736	0748	0800	0812	0824	0836	0848	0900	0913			1915	1927	1939
Limehouse Commercial Road	0539	Then	0727	0739	0751	0803	0815	0827	0839	0851	0903	0916	Then		1918	1930	1942
Poplar All Saints (DLR) Station	0542	every 12	0730	0742	0755	0807	0819	0831	0843	0855	0907	0920	about		1922	1934	1946
Canning Town Bus Station	0547	minutes	0735	0748	0802	0815	0827	0839	0851	0903	0915	0928	every 10		1931	1943	1955
Plaistow Greengate	0553	until	0741	0754	0809	0822	0834	0846	0858	0911	0923	0936	minutes		1941	1953	2005
Upton Park The Boleyn (Barking Road)	0555		0743	0756	0811	0824	0836	0848	0900	0913	0925	0938	until		1944	1956	2008
East Ham Newham Town Hall	0559		0747	0800	0815	0828	0840	0852	0906	0919	0931	0944			1950	2002	2014
East Ham White Horse	0601		0749	0802	0817	0830	0842	0854	0908	0921	0933	0946			1952	2004	2016
Aldgate Station Bus Station	1940	1952	2004	2017	2029	2041	2053	2106									0055
Limehouse Station	1951	2003	2015	2027	2039	2051	2103	2116									0104
Limehouse Commercial Road	1954	2006	2018	2030	2042	2054	2106	2118	Then								0106
Poplar All Saints (DLR) Station	1958	2010	2022	2034	2046	2058	2110	2122	every 12								0110
Canning Town Bus Station	2007	2019	2030	2042	2053	2105	2116	2128	minutes								0116
Plaistow Greengate	2017	2029	2040	2052	2102	2113	2124	2136	until								0123
Upton Park The Boleyn (Barking Road)	2020	2032	2043	2055	2104	2115	2126	2138									0125
East Ham Newham Town Hall	2025	2037	2048	2100	2109	2120	2131	2143									0129
East Ham White Horse	2027	2039	2050	2102	2111	2122	2133	2145									0131

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