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Ilford – Tottenham – Wood Green

123	Mondays to Thursdays																	
Ilford High Road <i>Hainault Street</i>	0500	0515	0530	0545	0600	0610	0619	0628	0636	0642	0649	0657	0705	0713	0720	0728	0738	0747
Ilford Station	0503	0518	0533	0548	0603	0613	0622	0631	0639	0646	0653	0701	0709	0718	0725	0733	0743	0752
Gants Hill Station <i>Woodford Avenue</i>	0509	0524	0540	0555	0610	0620	0629	0639	0647	0654	0701	0709	0718	0727	0734	0742	0752	0802
Charlie Brown's Roundabout <i>W. Side</i>	0515	0530	0546	0601	0617	0627	0636	0647	0656	0703	0711	0720	0730	0740	0748	0756	0806	0816
Waterworks Corner <i>Southend Road</i>	0518	0533	0549	0604	0620	0630	0639	0650	0659	0707	0715	0725	0735	0745	0754	0803	0813	0823
Walthamstow <i>The Bell (Forest Rd. W)</i>	0524	0540	0556	0611	0627	0637	0647	0658	0707	0716	0725	0736	0746	0756	0806	0816	0826	0836
Blackhorse Road Station <i>Forest Road</i>	0529	0545	0602	0617	0633	0643	0654	0705	0715	0724	0734	0745	0755	0805	0815	0825	0835	0845
Tottenham Hale Station <i>Bus Station</i>	0533	0549	0606	0621	0637	0648	0659	0711	0722	0731	0741	0752	0802	0812	0822	0832	0842	0852
Bruce Grove Station <i>Bruce Grove</i>	0539	0555	0612	0628	0644	0655	0706	0718	0729	0739	0749	0801	0812	0822	0832	0842	0852	0902
Lordship Lane <i>Downhills Way</i>	0543	0600	0617	0633	0649	0700	0712	0724	0736	0746	0756	0808	0819	0829	0839	0849	0859	0908
Turnpike Lane Station <i>Westbury Ave.</i>	0546	0603	0620	0637	0654	0706	0718	0730	0742	0752	0802	0814	0825	0836	0846	0856	0906	0915
Wood Green Station <i>High Road</i>	0549	0606	0623	0640	0657	0710	0722	0734	0746	0756	0807	0819	0830	0841	0851	0901	0911	0920
Ilford High Road <i>Hainault Street</i>	0757	0807	0818	0829	0839	0849	0900	0911	0921	0932	0942	0952	1003	Then every 10 minutes until	1133	1142	1152	
Ilford Station	0802	0812	0823	0834	0844	0854	0905	0916	0926	0937	0947	0957	1008		1138	1147	1157	
Gants Hill Station <i>Woodford Avenue</i>	0812	0822	0833	0844	0854	0904	0915	0925	0935	0946	0956	1006	1017		1147	1156	1206	
Charlie Brown's Roundabout <i>W. Side</i>	0826	0836	0847	0857	0907	0917	0926	0935	0944	0955	1004	1014	1025		1155	1204	1214	
Waterworks Corner <i>Southend Road</i>	0833	0843	0853	0903	0912	0922	0931	0940	0949	0959	1007	1017	1028		1158	1207	1217	
Walthamstow <i>The Bell (Forest Rd. W)</i>	0846	0856	0906	0915	0924	0933	0942	0950	0959	1009	1017	1027	1037		1207	1216	1226	
Blackhorse Road Station <i>Forest Road</i>	0855	0905	0915	0924	0933	0941	0950	0958	1007	1016	1024	1034	1044		1214	1223	1233	
Tottenham Hale Station <i>Bus Station</i>	0902	0911	0921	0930	0939	0947	0956	1004	1012	1021	1029	1039	1049		1219	1228	1238	
Bruce Grove Station <i>Bruce Grove</i>	0912	0921	0931	0940	0949	0957	1006	1014	1022	1031	1039	1049	1059		1229	1239	1249	
Lordship Lane <i>Downhills Way</i>	0918	0927	0937	0946	0955	1003	1012	1020	1028	1037	1045	1055	1105		1235	1245	1255	
Turnpike Lane Station <i>Westbury Ave.</i>	0925	0934	0944	0953	1001	1009	1018	1026	1034	1043	1051	1100	1110		1240	1250	1300	
Wood Green Station <i>High Road</i>	0930	0939	0949	0958	1006	1014	1023	1031	1039	1048	1056	1106	1116		1246	1256	1306	
Ilford High Road <i>Hainault Street</i>	1202	Then every 10 mins. until	1332	1341	1350	1358	1407	1417	1426	1434	1443	1452	Then every 10 minutes until		1642	1652	1702	1712
Ilford Station	1207		1337	1346	1355	1404	1413	1423	1432	1440	1449	1458		1648	1658	1708	1718	
Gants Hill Station <i>Woodford Avenue</i>	1216		1346	1355	1404	1414	1423	1433	1442	1450	1459	1509		1659	1709	1719	1729	
Charlie Brown's Roundabout <i>W. Side</i>	1224		1354	1403	1412	1422	1431	1441	1450	1459	1508	1518		1708	1718	1728	1738	
Waterworks Corner <i>Southend Road</i>	1227		1357	1406	1415	1425	1434	1444	1453	1502	1512	1522		1712	1722	1732	1742	
Walthamstow <i>The Bell (Forest Rd. W)</i>	1236		1406	1415	1424	1434	1443	1453	1503	1512	1522	1532		1722	1732	1742	1752	
Blackhorse Road Station <i>Forest Road</i>	1243		1413	1422	1431	1441	1451	1501	1511	1520	1530	1540		1730	1740	1750	1800	
Tottenham Hale Station <i>Bus Station</i>	1248		1418	1427	1436	1446	1456	1506	1516	1526	1536	1546		1736	1746	1756	1806	
Bruce Grove Station <i>Bruce Grove</i>	1259		1429	1438	1447	1457	1507	1517	1527	1537	1547	1557		1747	1757	1807	1816	
Lordship Lane <i>Downhills Way</i>	1305		1435	1444	1454	1504	1514	1524	1534	1544	1554	1604		1754	1804	1814	1823	
Turnpike Lane Station <i>Westbury Ave.</i>	1310		1440	1449	1459	1509	1519	1529	1539	1549	1559	1609		1759	1809	1819	1828	
Wood Green Station <i>High Road</i>	1316		1446	1456	1506	1516	1526	1536	1546	1556	1606	1616		1806	1815	1825	1834	
Ilford High Road <i>Hainault Street</i>	1722		1732	1742	1752	1802	1812	1822	1832	1842	1852	1903		1913	1924	1934	1945	1956
Ilford Station	1728	1738	1748	1758	1807	1817	1827	1837	1847	1857	1908	1918	1928	1938	1949	2000	2011	2023
Gants Hill Station <i>Woodford Avenue</i>	1739	1749	1759	1809	1818	1828	1837	1847	1857	1907	1918	1928	1938	1948	1958	2009	2020	2032
Charlie Brown's Roundabout <i>W. Side</i>	1748	1758	1808	1818	1827	1837	1846	1856	1906	1915	1926	1936	1946	1956	2006	2017	2027	2039
Waterworks Corner <i>Southend Road</i>	1752	1802	1812	1822	1831	1841	1850	1900	1909	1918	1929	1939	1949	1959	2009	2020	2030	2042
Walthamstow <i>The Bell (Forest Rd. W)</i>	1802	1812	1822	1832	1840	1850	1859	1909	1918	1927	1937	1947	1957	2007	2017	2028	2038	2050
Blackhorse Road Station <i>Forest Road</i>	1810	1820	1830	1840	1848	1858	1909	1917	1925	1934	1944	1953	2003	2013	2023	2034	2044	2056
Tottenham Hale Station <i>Bus Station</i>	1816	1825	1835	1845	1853	1903	1914	1922	1930	1939	1949	1958	2008	2018	2028	2038	2048	2100
Bruce Grove Station <i>Bruce Grove</i>	1826	1835	1845	1855	1903	1912	1923	1931	1939	1948	1958	2006	2016	2026	2036	2046	2056	2107
Lordship Lane <i>Downhills Way</i>	1832	1841	1851	1901	1909	1918	1929	1937	1944	1953	2003	2011	2021	2031	2041	2051	2101	2112
Turnpike Lane Station <i>Westbury Ave.</i>	1837	1846	1856	1906	1914	1923	1934	1942	1949	1957	2006	2014	2024	2034	2044	2054	2104	2115
Wood Green Station <i>High Road</i>	1843	1852	1901	1911	1919	1928	1938	1946	1953	2001	2010	2018	2028	2037	2047	2057	2107	2118
Ilford High Road <i>Hainault Street</i>	2031	2046	2101	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0001	0021	0041	0101
Ilford Station	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	2304	2319	2334	2349	0004	0024	0044	0104
Gants Hill Station <i>Woodford Avenue</i>	2044	2059	2113	2128	2143	2157	2212	2227	2242	2257	2311	2326	2340	2355	0010	0030	0049	0109
Charlie Brown's Roundabout <i>W. Side</i>	2051	2106	2120	2135	2149	2203	2218	2233	2248	2303	2317	2332	2346	0000	0015	0035	0054	0114
Waterworks Corner <i>Southend Road</i>	2054	2109	2123	2138	2152	2206	2221	2236	2251	2305	2319	2334	2348	0002	0017	0037	0056	0116
Walthamstow <i>The Bell (Forest Rd. W)</i>	2102	2116	2130	2145	2159	2213	2228	2243	2257	2311	2325	2340	2354	0008	0022	0042	0101	0121
Blackhorse Road Station <i>Forest Road</i>	2108	2122	2136	2150	2204	2218	2233	2248	2302	2316	2330	2344	2358	0012	0026	0046	0105	0125
Tottenham Hale Station <i>Bus Station</i>	2112	2126	2140	2154	2208	2222	2237	2252	2306	2320	2334	2348	0002	0016	0030	0049	0108	0128
Bruce Grove Station <i>Bruce Grove</i>	2119	2133	2147	2201	2215	2229	2243	2258	2312	2326	2340	2354	0008	0022	0036	0055	0114	0134
Lordship Lane <i>Downhills Way</i>	2124	2138	2152	2206	2220	2234	2248	2302	2315	2329	2343	2357	0011	0025	0039	0058	0117	0137
Turnpike Lane Station <i>Westbury Ave.</i>	2127	2141	2155	2209	2223	2237	2251	2305	2318	2332	2346	0000	0014	0028	0042	0101	0120	0140
Wood Green Station <i>High Road</i>	2130	2144	2158	2212	2226	2240	2254	2308	2321	2335	2349	0003	0017	0031	0045	0104	0123	0143

123	Fridays																	
Ilford High Road <i>Hainault Street</i>	0500	0515	0530	0545	0600	0610	0619	0628	0636	0642	0649	0657	0705	0713	0720	0728	0738	0747
Ilford Station	0503	0518	0533	0548	0603	0613	0622	0631	0639	0645	0652	0701	0709	0718	0725	0733	0743	0752
Gants Hill Station <i>Woodford Avenue</i>	0509	0524	0540	0555	0610	0620	0629	0639	0647	0654	0701	0709	0718	0727	0734	0742	0752	0802
Charlie Brown's Roundabout <i>W. Side</i>	0515	0530	0546	0601	0617	0627	0636	0647	0656	0703	0711	0720	0730	0740	0748	0756	0806	0816
Waterworks Corner <i>Southend Road</i>	0518	0533	0549	0604	0620	0630	0639	0650	0659	0707	0715	0725	0735	0745	0754	0803	0813	0823
Walthamstow <i>The Bell (Forest Rd. W)</i>	0524	0540	0556	0611	0627	0637	0647	0658	0707	0716	0725	0736	0746	0756	0806	0816	0826	0836
Blackhorse Road Station <i>Forest Road</i>	0529	0545	0602	0617	0633	0643	0654	0705	0715	0724	0734	0745	0755	0805	0815	0825	0835	0845
Tottenham Hale Station <i>Bus Station</i>	0533	0549	0606	0621	0637	0648	0659	0711	0722	0731	0741	0752	0802	0812	0822	0832	0842	0852
Bruce Grove Station <i>Bruce Grove</i>	0539	0555	0612	0628	0644	0655	0706	0718	0729	0739	0749	0801	0812	0822	0832	0842	0852	0902
Lordship Lane <i>Downhills Way</i>	0543	0600	0617	0633	0649	0700	0712	0724	0736	0746	0756	0808	0819	0829	0839	0849	0859	0908
Turnpike Lane Station <i>Westbury Ave.</i>	0546	0603	0620	0637	0654	0706	0718	0730	0742	0752	0802	0814	0825	0836	0846	0856	0906	0915
Wood Green Station <i>High Road</i>	0549	0606	0623	0640	0657	0710	0722	0734	0746	0756	0807	0819	0830	0841	0851	0901	0911	0920
Ilford High Road <i>Hainault Street</i>	0757	0807	0818	0829	0839	0849	0900	0911	0921	0932	0942	0952	1003	Then every 10 minutes until	1133	1142	1152	
Ilford Station	0802	0812	0823	0834	0844	0854	0905	0916	0926	0937	0947	0957	1008		1138	1147	1157	
Gants Hill Station <i>Woodford Avenue</i>	0812	0822	0833	0844	0854	0904	0915	0925	0935	0946	0956	1006	1017		1147	1156	1206	
Charlie Brown's Roundabout <i>W. Side</i>	0826	0836	0847	0857	0907	0917	0926	0935	0945	0955	1004	1014	1025		1155	1204	1214	
Waterworks Corner <i>Southend Road</i>	0833	0843	0853	0903	0912	0922	0931	0940	0950	0959	1007	1017	1028		1158	1207	1217	
Walthamstow <i>The Bell (Forest Rd. W)</i>	0846	0856	0906	0915	0924	0933	0942	0950	1000	1009	1017	1027	1037		1207	1216	1226	
Blackhorse Road Station <i>Forest Road</i>	0855	0905	0915	0924	0933	0941	0950	0958	1007	1016	1024	1034	1044		1214	1223	1233	
Tottenham Hale Station <i>Bus Station</i>	0902	0911	0921	0930	0939	0947	0956	1004	1012	1021	1029	1039	1049		1219	1228	1238	
Bruce Grove Station <i>Bruce Grove</i>	0912	0921	0931	0940	0949	0957	1006	1014	1022	1031	1039	1049	1059		1229	1239	1249	
Lordship Lane <i>Downhills Way</i>	0918	0927	0937	0946	0955	1003	1012	1020	1028	1037	1045	1055	1105		1235	1245	1255	
Turnpike Lane Station <i>Westbury Ave.</i>	0925	0934	0944	0953	1001	1009	1018	1026	1034	1043	1051	1100	1110		1240	1250	1300	
Wood Green Station <i>High Road</i>	0930	0939	0949	0958	1006	1014	1023	1031	1039	1048	1056	1106	1116		1246	1256	1306	
Ilford High Road <i>Hainault Street</i>	1202	Then every 10 minutes until	1332	1341	1350	1358	1407	1417	1426	1434	1443	1452	Then every 10 minutes until		1642	1652	1702	
Ilford Station	1207		1337	1346	1355	1404	1413	1423	1432	1440	1449	1458		1648	1658	1708		
Gants Hill Station <i>Woodford Avenue</i>	1216		1346	1355	1404	1414	1423	1433	1442	1450	1459	1509		1659	1709	1719		
Charlie Brown's Roundabout <i>W. Side</i>	1224		1354	1403	1412	1422	1431	1441	1450	1459	1508	1518		1708	1718	1728		
Waterworks Corner <i>Southend Road</i>	1227		1357	1406	1415	1425	1434	1444	1453	1502	1512	1522		1712	1722	1732		
Walthamstow <i>The Bell (Forest Rd. W)</i>	1236		1406	1415	1424	1434	1443	1453	1503	1512	1522	1532		1722	1732	1742		
Blackhorse Road Station <i>Forest Road</i>	1243		1413	1422	1431	1441	1451	1501	1511	1520	1530	1540		1730	1740	1750		
Tottenham Hale Station <i>Bus Station</i>	1248		1418	1427	1436	1446	1456	1506	1516	1526	1536	1546		1736	1746	1756		
Bruce Grove Station <i>Bruce Grove</i>	1259		1429	1438	1447	1457	1507	1517	1527	1537	1547	1557		1747	1757	1807		
Lordship Lane <i>Downhills Way</i>	1305		1435	1444	1454	1504	1514	1524	1534	1544	1554	1604		1754	1804	1814		
Turnpike Lane Station <i>Westbury Ave.</i>	1310		1440	1449	1459	1509	1519	1529	1539	1549	1559	1609		1759	1809	1819		
Wood Green Station <i>High Road</i>	1316		1446	1456	1506	1516	1526	1536	1546	1556	1606	1616		1806	1815	1825		
Ilford High Road <i>Hainault Street</i>	1712		1722	1732	1742	1752	1802	1812	1822	1832	1842	1852		1903	1913	1924	1934	1945
Ilford Station	1718	1728	1738	1748	1758	1807	1817	1827	1837	1847	1857	1908	1918	1928	1938	1949	2000	2011
Gants Hill Station <i>Woodford Avenue</i>	1729	1739	1749	1759	1809	1818	1828	1837	1847	1857	1907	1918	1928	1938	1948	1958	2009	2020
Charlie Brown's Roundabout <i>W. Side</i>	1738	1748	1758	1808	1818	1827	1837	1846	1856	1906	1915	1926	1936	1946	1956	2006	2016	2027
Waterworks Corner <i>Southend Road</i>	1742	1752	1802	1812	1822	1831	1841	1850	1900	1909	1918	1929	1939	1949	1959	2009	2019	2030
Walthamstow <i>The Bell (Forest Rd. W)</i>	1752	1802	1812	1822	1832	1840	1850	1859	1909	1918	1927	1937	1947	1957	2007	2017	2027	2038
Blackhorse Road Station <i>Forest Road</i>	1800	1810	1820	1830	1840	1848	1858	1909	1917	1925	1934	1944	1953	2003	2013	2023	2033	2044
Tottenham Hale Station <i>Bus Station</i>	1806	1816	1825	1835	1845	1853	1903	1914	1922	1930	1939	1949	1958	2008	2018	2028	2038	2048
Bruce Grove Station <i>Bruce Grove</i>	1816	1826	1835	1845	1855	1903	1912	1923	1931	1939	1948	1958	2006	2016	2026	2036	2046	2056
Lordship Lane <i>Downhills Way</i>	1823	1832	1841	1851	1901	1909	1918	1929	1937	1944	1953	2003	2011	2021	2031	2041	2051	2101
Turnpike Lane Station <i>Westbury Ave.</i>	1828	1837	1846	1856	1906	1914	1923	1934	1942	1949	1957	2006	2014	2024	2034	2044	2054	2104
Wood Green Station <i>High Road</i>	1834	1843	1852	1901	1911	1919	1928	1938	1946	1953	2001	2010	2018	2028	2037	2047	2057	2107
Ilford High Road <i>Hainault Street</i>	2019	2031	2046	2101	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346			
Ilford Station	2023	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	2304	2319	2334	2349			
Gants Hill Station <i>Woodford Avenue</i>	2032	2044	2059	2113	2128	2143	2157	2212	2227	2242	2257	2311	2326	2340	2355			
Charlie Brown's Roundabout <i>W. Side</i>	2039	2051	2106	2120	2135	2149	2203	2218	2233	2248	2303	2317	2332	2346	0000			
Waterworks Corner <i>Southend Road</i>	2042	2054	2109	2123	2138	2152	2206	2221	2236	2251	2306	2320	2335	2349	0003			
Walthamstow <i>The Bell (Forest Rd. W)</i>	2050	2102	2116	2130	2145	2159	2213	2228	2243	2257	2312	2326	2341	2355	0009			
Blackhorse Road Station <i>Forest Road</i>	2056	2108	2122	2136	2150	2204	2218	2233	2248	2302	2317	2331	2345	2359	0013			
Tottenham Hale Station <i>Bus Station</i>	2100	2112	2126	2140	2154	2208	2222	2237	2252	2306	2321	2335	2349	0003	0017			
Bruce Grove Station <i>Bruce Grove</i>	2107	2119	2133	2147	2201	2215	2229	2243	2258	2312	2327	2341	2355	0009	0023			
Lordship Lane <i>Downhills Way</i>	2112	2124	2138	2152	2206	2220	2234	2248	2303	2317	2331	2345	2359	0013	0027			
Turnpike Lane Station <i>Westbury Ave.</i>	2115	2127	2141	2155	2209	2223	2237	2251	2306	2320	2334	2348	0002	0016	0030			
Wood Green Station <i>High Road</i>	2118	2130	2144	2158	2212	2226	2240	2254	2309	2323	2337	2351	0005	0019	0033			

123	Saturdays																	
Ilford High Road <i>Hainault Street</i>	0001	0021	0041	0101	0115	0145	0215	0245	0315	0345	0415	0445	0500	0520	0540	0600	0620	0640
Ilford Station	0004	0024	0044	0104	0118	0148	0218	0248	0318	0348	0418	0448	0503	0523	0543	0603	0623	0643
Gants Hill Station <i>Woodford Avenue</i>	0010	0030	0050	0110	0124	0154	0224	0254	0324	0353	0423	0453	0509	0529	0549	0610	0630	0650
Charlie Brown's Roundabout <i>W. Side</i>	0015	0035	0055	0115	0129	0159	0229	0259	0329	0358	0428	0458	0514	0534	0555	0616	0636	0656
Waterworks Corner <i>Southend Road</i>	0018	0038	0058	0118	0132	0202	0232	0302	0332	0401	0431	0501	0517	0537	0558	0619	0639	0659
Walthamstow <i>The Bell (Forest Rd. W)</i>	0024	0044	0104	0124	0138	0208	0238	0308	0338	0407	0437	0507	0523	0543	0605	0626	0646	0706
Blackhorse Road Station <i>Forest Road</i>	0028	0048	0108	0128	0142	0212	0242	0312	0342	0411	0441	0511	0527	0548	0610	0631	0652	0712
Tottenham Hale Station <i>Bus Station</i>	0032	0052	0112	0132	0146	0216	0246	0316	0346	0415	0445	0515	0531	0552	0614	0635	0656	0716
Bruce Grove Station <i>Bruce Grove</i>	0038	0058	0118	0138	0152	0222	0252	0322	0352	0421	0451	0521	0537	0558	0620	0641	0702	0723
Lordship Lane <i>Downhills Way</i>	0042	0102	0122	0142	0156	0226	0256	0326	0356	0425	0455	0525	0541	0602	0624	0646	0707	0728
Turnpike Lane Station <i>Westbury Ave.</i>	0045	0105	0125	0145	0159	0229	0259	0329	0359	0428	0458	0528	0544	0605	0627	0649	0710	0731
Wood Green Station <i>High Road</i>	0048	0108	0128	0148	0202	0232	0302	0332	0402	0431	0501	0531	0547	0608	0630	0652	0713	0734
Ilford High Road <i>Hainault Street</i>	0700	0720	0740	0800	0815	0829	0841	0853	0903	0912	0921	0931	0940	0950	0959	1009	1018	1028
Ilford Station	0704	0724	0744	0804	0819	0833	0845	0857	0907	0916	0925	0935	0944	0954	1003	1013	1022	1032
Gants Hill Station <i>Woodford Avenue</i>	0711	0731	0752	0812	0827	0841	0853	0905	0915	0924	0933	0943	0953	1003	1012	1022	1031	1041
Charlie Brown's Roundabout <i>W. Side</i>	0717	0738	0759	0819	0834	0848	0900	0913	0923	0932	0941	0951	1001	1011	1020	1030	1039	1050
Waterworks Corner <i>Southend Road</i>	0720	0741	0802	0822	0837	0851	0903	0916	0926	0935	0944	0954	1004	1014	1023	1033	1042	1053
Walthamstow <i>The Bell (Forest Rd. W)</i>	0727	0749	0810	0830	0845	0859	0911	0924	0934	0943	0953	1003	1013	1023	1032	1042	1051	1102
Blackhorse Road Station <i>Forest Road</i>	0733	0755	0816	0836	0851	0905	0918	0931	0941	0950	1000	1010	1020	1030	1039	1049	1059	1110
Tottenham Hale Station <i>Bus Station</i>	0737	0759	0820	0840	0855	0910	0923	0936	0946	0955	1005	1015	1025	1035	1044	1054	1104	1115
Bruce Grove Station <i>Bruce Grove</i>	0744	0806	0827	0847	0902	0917	0930	0943	0954	1003	1013	1023	1033	1043	1053	1103	1113	1124
Lordship Lane <i>Downhills Way</i>	0749	0811	0832	0852	0908	0923	0936	0949	1000	1009	1019	1029	1039	1049	1059	1109	1119	1130
Turnpike Lane Station <i>Westbury Ave.</i>	0752	0814	0836	0856	0912	0927	0940	0953	1004	1013	1023	1033	1043	1053	1103	1114	1124	1135
Wood Green Station <i>High Road</i>	0755	0817	0839	0900	0916	0931	0944	0957	1008	1018	1028	1038	1048	1058	1108	1119	1129	1140
Ilford High Road <i>Hainault Street</i>	1038	1048	1057	1107	1117	1127	1137	1146	1155	Then every 10 minutes until	1455	1505	Then every 10 minutes until	1655	1705	1715		
Ilford Station	1043	1053	1102	1112	1122	1132	1142	1151	1201		1501	1510		1700	1710	1720		
Gants Hill Station <i>Woodford Avenue</i>	1052	1102	1111	1121	1131	1141	1151	1201	1211		1511	1520		1710	1720	1730		
Charlie Brown's Roundabout <i>W. Side</i>	1101	1111	1120	1130	1140	1150	1200	1210	1220		1520	1529		1719	1729	1739		
Waterworks Corner <i>Southend Road</i>	1104	1114	1123	1133	1143	1154	1204	1214	1224		1524	1533		1723	1733	1743		
Walthamstow <i>The Bell (Forest Rd. W)</i>	1113	1124	1133	1143	1153	1204	1214	1224	1234		1534	1543		1733	1742	1752		
Blackhorse Road Station <i>Forest Road</i>	1121	1132	1141	1151	1201	1212	1222	1232	1242		1542	1551		1741	1750	1800		
Tottenham Hale Station <i>Bus Station</i>	1126	1137	1146	1157	1207	1218	1228	1238	1248		1548	1557		1747	1756	1806		
Bruce Grove Station <i>Bruce Grove</i>	1135	1146	1155	1206	1217	1228	1238	1248	1258		1558	1608		1758	1807	1817		
Lordship Lane <i>Downhills Way</i>	1141	1152	1201	1212	1223	1234	1244	1254	1304		1604	1614		1804	1813	1823		
Turnpike Lane Station <i>Westbury Ave.</i>	1146	1157	1206	1217	1228	1239	1249	1259	1309	1609	1619	1809	1818	1828				
Wood Green Station <i>High Road</i>	1151	1202	1212	1223	1234	1245	1256	1306	1316	1616	1626	1816	1825	1835				
Ilford High Road <i>Hainault Street</i>	1725	1735	1745	1755	1806	1816	1826	1836	1847	1858	1909	1920	1931	1943	1955	2007	2019	2031
Ilford Station	1730	1740	1750	1800	1811	1821	1831	1841	1852	1903	1914	1925	1936	1948	2000	2011	2023	2035
Gants Hill Station <i>Woodford Avenue</i>	1740	1750	1800	1810	1821	1831	1841	1851	1902	1913	1924	1935	1946	1957	2009	2020	2032	2044
Charlie Brown's Roundabout <i>W. Side</i>	1749	1759	1808	1818	1829	1839	1849	1859	1910	1921	1932	1943	1953	2004	2016	2027	2039	2051
Waterworks Corner <i>Southend Road</i>	1753	1803	1812	1822	1833	1843	1852	1902	1913	1924	1935	1946	1956	2007	2019	2030	2042	2054
Walthamstow <i>The Bell (Forest Rd. W)</i>	1802	1812	1821	1831	1842	1852	1901	1911	1922	1933	1943	1954	2004	2015	2027	2038	2050	2101
Blackhorse Road Station <i>Forest Road</i>	1810	1820	1829	1839	1850	1859	1908	1918	1929	1940	1950	2001	2010	2021	2033	2044	2056	2107
Tottenham Hale Station <i>Bus Station</i>	1816	1826	1835	1845	1855	1904	1913	1923	1934	1945	1955	2006	2015	2026	2037	2048	2100	2111
Bruce Grove Station <i>Bruce Grove</i>	1827	1836	1845	1855	1905	1914	1922	1932	1943	1954	2004	2014	2023	2034	2045	2056	2108	2119
Lordship Lane <i>Downhills Way</i>	1833	1842	1851	1901	1911	1920	1928	1938	1949	2000	2010	2019	2028	2039	2050	2101	2113	2124
Turnpike Lane Station <i>Westbury Ave.</i>	1838	1847	1856	1906	1916	1925	1933	1943	1954	2004	2014	2023	2032	2043	2054	2105	2116	2127
Wood Green Station <i>High Road</i>	1844	1853	1902	1911	1921	1930	1938	1948	1958	2008	2018	2027	2036	2047	2058	2109	2120	2131
Ilford High Road <i>Hainault Street</i>	2046	2101	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346					
Ilford Station	2050	2105	2120	2135	2150	2205	2220	2235	2250	2304	2319	2334	2349					
Gants Hill Station <i>Woodford Avenue</i>	2059	2114	2129	2143	2158	2213	2228	2242	2257	2311	2326	2341	2356					
Charlie Brown's Roundabout <i>W. Side</i>	2106	2121	2136	2150	2205	2219	2234	2248	2303	2317	2332	2347	0001					
Waterworks Corner <i>Southend Road</i>	2109	2124	2139	2153	2208	2222	2237	2251	2306	2320	2335	2350	0004					
Walthamstow <i>The Bell (Forest Rd. W)</i>	2116	2131	2146	2200	2215	2229	2244	2258	2313	2327	2342	2356	0010					
Blackhorse Road Station <i>Forest Road</i>	2122	2137	2151	2205	2220	2234	2249	2303	2318	2332	2347	0001	0015					
Tottenham Hale Station <i>Bus Station</i>	2126	2141	2155	2209	2224	2238	2253	2307	2322	2336	2351	0005	0019					
Bruce Grove Station <i>Bruce Grove</i>	2134	2149	2203	2217	2231	2245	2300	2314	2329	2343	2357	0011	0025					
Lordship Lane <i>Downhills Way</i>	2139	2154	2208	2222	2236	2250	2305	2319	2333	2347	0001	0015	0029					
Turnpike Lane Station <i>Westbury Ave.</i>	2142	2157	2211	2225	2239	2253	2308	2322	2336	2350	0004	0018	0032					
Wood Green Station <i>High Road</i>	2146	2201	2215	2229	2243	2257	2311	2325	2339	2353	0007	0021	0035					

123	Sundays																		
Ilford High Road <i>Hainault Street</i>	0001	0021	0041	0101	0115	0145	0215	0245	0315	0345	0415	0445	0515	0540	0600	0620	0640	0700	
Ilford Station	0004	0024	0044	0104	0118	0148	0218	0248	0318	0348	0418	0448	0518	0543	0604	0624	0644	0704	
Gants Hill Station <i>Woodford Avenue</i>	0011	0030	0050	0110	0124	0154	0224	0254	0324	0353	0423	0453	0523	0549	0610	0630	0651	0711	
Charlie Brown's Roundabout <i>W. Side</i>	0016	0035	0055	0115	0129	0159	0229	0259	0329	0358	0428	0458	0528	0554	0615	0636	0657	0717	
Waterworks Corner <i>Southend Road</i>	0019	0038	0058	0118	0132	0202	0232	0302	0332	0401	0431	0501	0531	0557	0618	0639	0700	0720	
Walthamstow <i>The Bell (Forest Rd. W)</i>	0025	0044	0104	0124	0138	0208	0238	0308	0338	0407	0437	0507	0537	0604	0625	0646	0707	0727	
Blackhorse Road Station <i>Forest Road</i>	0029	0048	0108	0128	0142	0212	0242	0312	0342	0411	0441	0511	0541	0609	0630	0651	0712	0732	
Tottenham Hale Station <i>Bus Station</i>	0033	0052	0112	0132	0146	0216	0246	0316	0346	0415	0445	0515	0545	0613	0634	0655	0716	0736	
Bruce Grove Station <i>Bruce Grove</i>	0039	0058	0118	0138	0152	0222	0252	0322	0352	0421	0451	0521	0551	0619	0640	0701	0722	0742	
Lordship Lane <i>Downhills Way</i>	0043	0102	0122	0142	0156	0226	0256	0326	0356	0425	0455	0525	0555	0623	0644	0706	0727	0747	
Turnpike Lane Station <i>Westbury Ave.</i>	0046	0105	0125	0145	0159	0229	0259	0329	0359	0428	0458	0528	0558	0626	0647	0709	0730	0750	
Wood Green Station <i>High Road</i>	0049	0108	0128	0148	0202	0232	0302	0332	0402	0431	0501	0531	0601	0629	0650	0712	0733	0753	
Ilford High Road <i>Hainault Street</i>	0720	0740	0800	0820	0840	0855	0910	0925	0940	0954	1009	1023	1038	1053	1106	1121	1136	1150	
Ilford Station	0724	0744	0804	0824	0844	0859	0914	0929	0944	0958	1013	1027	1042	1057	1110	1125	1140	1154	
Gants Hill Station <i>Woodford Avenue</i>	0731	0751	0811	0831	0852	0907	0922	0937	0952	1006	1021	1035	1050	1105	1119	1134	1149	1203	
Charlie Brown's Roundabout <i>W. Side</i>	0737	0757	0817	0837	0859	0914	0929	0944	0959	1014	1029	1043	1058	1113	1127	1142	1157	1212	
Waterworks Corner <i>Southend Road</i>	0740	0800	0820	0840	0902	0917	0932	0947	1002	1017	1032	1046	1101	1116	1130	1145	1200	1215	
Walthamstow <i>The Bell (Forest Rd. W)</i>	0747	0807	0827	0847	0909	0924	0940	0955	1010	1025	1040	1055	1110	1125	1139	1154	1209	1224	
Blackhorse Road Station <i>Forest Road</i>	0752	0812	0832	0853	0915	0930	0946	1002	1017	1032	1047	1102	1117	1132	1147	1202	1217	1232	
Tottenham Hale Station <i>Bus Station</i>	0756	0816	0836	0857	0919	0934	0951	1007	1022	1037	1052	1107	1122	1137	1152	1208	1223	1238	
Bruce Grove Station <i>Bruce Grove</i>	0802	0822	0843	0904	0926	0941	0958	1015	1030	1045	1100	1115	1131	1146	1201	1217	1232	1248	
Lordship Lane <i>Downhills Way</i>	0807	0827	0848	0909	0931	0947	1004	1021	1036	1051	1106	1121	1137	1152	1207	1223	1238	1254	
Turnpike Lane Station <i>Westbury Ave.</i>	0810	0830	0851	0912	0935	0951	1008	1025	1040	1055	1110	1125	1141	1156	1212	1228	1243	1259	
Wood Green Station <i>High Road</i>	0813	0833	0854	0915	0938	0955	1012	1029	1044	1059	1115	1130	1146	1201	1217	1233	1248	1304	
Ilford High Road <i>Hainault Street</i>	1204	1218	1233	1247	1301				1416	1431	1446	1501	1516	1531	1546	1601	1616	1631	1646
Ilford Station	1209	1223	1238	1252	1306				1421	1436	1451	1506	1521	1536	1551	1606	1621	1636	1651
Gants Hill Station <i>Woodford Avenue</i>	1218	1232	1247	1302	1316				1431	1446	1501	1517	1532	1546	1601	1616	1631	1646	1701
Charlie Brown's Roundabout <i>W. Side</i>	1227	1241	1256	1311	1325				1440	1455	1510	1526	1541	1555	1610	1625	1639	1654	1709
Waterworks Corner <i>Southend Road</i>	1230	1245	1300	1315	1329				1444	1459	1513	1529	1544	1558	1613	1628	1642	1657	1712
Walthamstow <i>The Bell (Forest Rd. W)</i>	1239	1254	1309	1324	1339				1454	1508	1522	1538	1553	1607	1622	1637	1651	1706	1721
Blackhorse Road Station <i>Forest Road</i>	1247	1302	1317	1332	1347				1502	1516	1530	1546	1600	1614	1629	1644	1658	1713	1728
Tottenham Hale Station <i>Bus Station</i>	1253	1308	1323	1338	1353				1508	1522	1536	1551	1605	1619	1634	1649	1703	1718	1733
Bruce Grove Station <i>Bruce Grove</i>	1303	1318	1333	1348	1403				1518	1532	1546	1601	1615	1629	1644	1659	1713	1728	1743
Lordship Lane <i>Downhills Way</i>	1309	1324	1339	1354	1409				1524	1538	1552	1607	1621	1635	1650	1705	1719	1734	1749
Turnpike Lane Station <i>Westbury Ave.</i>	1314	1329	1344	1400	1415				1530	1544	1558	1612	1626	1640	1655	1710	1724	1739	1753
Wood Green Station <i>High Road</i>	1320	1335	1350	1406	1421				1536	1550	1604	1618	1632	1646	1701	1716	1730	1744	1758
Ilford High Road <i>Hainault Street</i>	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2001	2016	2031	2046	2101	2116	
Ilford Station	1706	1721	1736	1751	1805	1820	1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	
Gants Hill Station <i>Woodford Avenue</i>	1716	1731	1745	1800	1814	1829	1844	1859	1914	1929	1944	1959	2014	2028	2043	2058	2113	2128	
Charlie Brown's Roundabout <i>W. Side</i>	1724	1739	1753	1808	1822	1837	1851	1906	1921	1936	1951	2006	2021	2035	2049	2104	2119	2134	
Waterworks Corner <i>Southend Road</i>	1727	1742	1756	1811	1825	1840	1854	1909	1924	1939	1954	2009	2024	2038	2052	2107	2122	2137	
Walthamstow <i>The Bell (Forest Rd. W)</i>	1736	1750	1804	1819	1833	1848	1902	1917	1932	1947	2001	2016	2031	2045	2059	2114	2129	2144	
Blackhorse Road Station <i>Forest Road</i>	1743	1757	1811	1826	1840	1855	1909	1923	1938	1953	2007	2022	2037	2051	2105	2119	2134	2149	
Tottenham Hale Station <i>Bus Station</i>	1748	1802	1816	1831	1845	1900	1914	1928	1942	1957	2011	2026	2041	2055	2109	2123	2138	2153	
Bruce Grove Station <i>Bruce Grove</i>	1757	1811	1825	1839	1853	1908	1922	1936	1950	2004	2018	2033	2048	2102	2116	2130	2145	2200	
Lordship Lane <i>Downhills Way</i>	1803	1817	1831	1845	1859	1914	1927	1941	1955	2009	2023	2038	2053	2107	2121	2135	2150	2205	
Turnpike Lane Station <i>Westbury Ave.</i>	1807	1821	1835	1849	1903	1918	1931	1945	1959	2013	2027	2042	2056	2110	2124	2138	2153	2208	
Wood Green Station <i>High Road</i>	1812	1826	1840	1854	1908	1922	1935	1949	2003	2017	2031	2045	2059	2113	2127	2141	2156	2211	
Ilford High Road <i>Hainault Street</i>	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0001	0021	0041	0101					
Ilford Station	2135	2150	2205	2220	2235	2249	2304	2319	2334	2349	0004	0024	0044	0104					
Gants Hill Station <i>Woodford Avenue</i>	2143	2157	2212	2227	2242	2256	2311	2326	2340	2355	0010	0029	0049	0109					
Charlie Brown's Roundabout <i>W. Side</i>	2149	2203	2218	2233	2247	2301	2316	2331	2345	0000	0015	0034	0054	0114					
Waterworks Corner <i>Southend Road</i>	2152	2206	2221	2236	2250	2303	2318	2333	2347	0002	0017	0036	0056	0116					
Walthamstow <i>The Bell (Forest Rd. W)</i>	2159	2213	2228	2242	2256	2309	2323	2338	2352	0007	0022	0041	0101	0121					
Blackhorse Road Station <i>Forest Road</i>	2204	2218	2233	2247	2301	2314	2327	2342	2356	0011	0026	0045	0105	0125					
Tottenham Hale Station <i>Bus Station</i>	2208	2222	2237	2251	2305	2318	2331	2346	0000	0015	0029	0048	0108	0128					
Bruce Grove Station <i>Bruce Grove</i>	2214	2228	2243	2257	2311	2324	2337	2352	0006	0021	0035	0054	0114	0134					
Lordship Lane <i>Downhills Way</i>	2219	2233	2247	2301	2315	2328	2341	2356	0010	0025	0039	0058	0118	0138					
Turnpike Lane Station <i>Westbury Ave.</i>	2222	2236	2250	2304	2318	2331	2344	2359	0013	0028	0042	0101	0121	0141					
Wood Green Station <i>High Road</i>	2225	2239	2253	2307	2321	2334	2347	0002	0016	0031	0045	0104	0124	0144					

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Wood Green – Tottenham – Ilford

123	Mondays to Thursdays																	
Wood Green Station High Road	0500	0515	0530	0545	0555	0604	0614	0622	0630	0638	0645	0653	0700	0709	0718	0725	0734	0744
Turnpike Lane Station Bus Station	0504	0519	0534	0549	0559	0608	0618	0626	0634	0642	0649	0657	0705	0714	0723	0730	0739	0749
Lordship Lane Downhills Way	0509	0524	0539	0554	0604	0613	0623	0631	0639	0647	0654	0702	0711	0720	0729	0736	0745	0755
Bruce Grove Station Bruce Grove	0513	0528	0543	0558	0609	0618	0628	0636	0644	0652	0659	0707	0716	0726	0735	0743	0752	0802
Tottenham Hale Station Bus Station	0519	0534	0549	0604	0615	0624	0634	0642	0650	0659	0707	0715	0724	0734	0744	0753	0803	0813
Blackhorse Road Station Forest Road	0522	0537	0552	0608	0619	0628	0638	0646	0654	0703	0712	0720	0729	0739	0749	0758	0808	0818
Walthamstow The Bell (Forest Rd. W)	0526	0541	0556	0612	0624	0633	0643	0651	0700	0709	0718	0726	0736	0746	0756	0806	0816	0826
Waterworks Corner Southend Road	0533	0548	0603	0619	0631	0641	0651	0659	0709	0718	0728	0737	0747	0757	0807	0817	0827	0837
Charlie Brown's Roundabout W. Side	0535	0550	0605	0621	0633	0643	0653	0702	0712	0721	0731	0740	0750	0800	0810	0820	0830	0840
Gants Hill Station Woodford Avenue	0541	0557	0612	0628	0640	0650	0701	0711	0721	0731	0741	0751	0801	0811	0821	0831	0841	0851
Ilford Station	0546	0602	0618	0634	0646	0656	0708	0718	0729	0740	0750	0801	0811	0821	0831	0841	0851	0901
Ilford High Road Hainault Street	0549	0605	0621	0637	0649	0700	0712	0722	0733	0745	0755	0806	0816	0826	0836	0846	0856	0906
Wood Green Station High Road	0754	0803	0813	0823	0833	0844	0854	0904	Then every 10 minutes until	1044	1054	Then every 10 minutes until	1204	1214	Then every 10 mins. until	1344		
Turnpike Lane Station Bus Station	0759	0809	0819	0829	0839	0850	0900	0911		1051	1101		1211	1221		1351		
Lordship Lane Downhills Way	0805	0815	0825	0835	0845	0856	0906	0917		1057	1108		1218	1228		1358		
Bruce Grove Station Bruce Grove	0812	0822	0832	0842	0852	0903	0913	0924		1104	1115		1225	1235		1405		
Tottenham Hale Station Bus Station	0823	0833	0843	0853	0903	0913	0923	0934		1114	1125		1235	1245		1415		
Blackhorse Road Station Forest Road	0828	0838	0848	0858	0908	0918	0928	0939		1119	1130		1240	1250		1420		
Walthamstow The Bell (Forest Rd. W)	0836	0846	0856	0906	0915	0925	0935	0946		1126	1137		1247	1257		1427		
Waterworks Corner Southend Road	0847	0857	0907	0917	0926	0936	0946	0956		1136	1147		1257	1308		1438		
Charlie Brown's Roundabout W. Side	0850	0900	0910	0920	0929	0939	0949	0959		1139	1150		1300	1311		1441		
Gants Hill Station Woodford Avenue	0901	0911	0921	0930	0939	0948	0958	1008		1148	1159		1309	1320		1450		
Ilford Station	0911	0920	0930	0939	0948	0957	1007	1017	1157	1208	1318	1329	1459					
Ilford High Road Hainault Street	0916	0925	0935	0944	0953	1002	1012	1022	1202	1213	1323	1334	1504					
Wood Green Station High Road	1354	1404	1413	1422	1431	1440	1450	1500	1509	1518	1528	Then every 10 minutes until	1638	1648	1658	1708	1718	
Turnpike Lane Station Bus Station	1401	1411	1420	1429	1438	1447	1457	1507	1516	1526	1536		1646	1656	1706	1716	1726	
Lordship Lane Downhills Way	1408	1418	1427	1436	1445	1454	1504	1514	1523	1533	1543		1653	1703	1713	1723	1733	
Bruce Grove Station Bruce Grove	1415	1425	1434	1443	1452	1502	1512	1522	1531	1541	1551		1701	1711	1721	1731	1741	
Tottenham Hale Station Bus Station	1425	1436	1445	1454	1503	1513	1523	1533	1542	1552	1602		1712	1722	1732	1742	1752	
Blackhorse Road Station Forest Road	1430	1441	1450	1459	1508	1518	1528	1538	1547	1557	1608		1718	1728	1738	1748	1758	
Walthamstow The Bell (Forest Rd. W)	1437	1448	1457	1507	1517	1527	1537	1547	1556	1606	1617		1727	1737	1747	1757	1807	
Waterworks Corner Southend Road	1448	1459	1508	1518	1529	1539	1549	1559	1609	1619	1630		1740	1750	1800	1809	1818	
Charlie Brown's Roundabout W. Side	1451	1502	1511	1521	1532	1542	1552	1602	1612	1622	1633		1743	1753	1803	1812	1821	
Gants Hill Station Woodford Avenue	1500	1511	1522	1533	1544	1554	1604	1614	1624	1634	1645		1755	1805	1814	1823	1832	
Ilford Station	1510	1521	1533	1544	1555	1605	1615	1625	1635	1645	1656	1806	1815	1824	1833	1842		
Ilford High Road Hainault Street	1515	1526	1538	1549	1600	1610	1620	1630	1640	1650	1701	1811	1820	1829	1838	1847		
Wood Green Station High Road	1728	1739	1749	1759	1810	1820	1831	1841	1851	1901	1911	1922	1933	1943	1954	2006	2018	2030
Turnpike Lane Station Bus Station	1736	1747	1757	1807	1817	1827	1838	1848	1858	1908	1918	1928	1939	1949	1959	2011	2023	2035
Lordship Lane Downhills Way	1743	1754	1804	1814	1824	1834	1845	1855	1905	1915	1925	1935	1946	1956	2006	2017	2029	2041
Bruce Grove Station Bruce Grove	1751	1802	1812	1822	1832	1842	1852	1902	1912	1922	1932	1942	1952	2002	2012	2023	2035	2047
Tottenham Hale Station Bus Station	1802	1812	1822	1832	1842	1852	1902	1911	1921	1931	1941	1951	2000	2010	2020	2031	2043	2055
Blackhorse Road Station Forest Road	1808	1818	1828	1838	1847	1857	1907	1916	1926	1936	1946	1956	2005	2015	2025	2036	2047	2059
Walthamstow The Bell (Forest Rd. W)	1817	1827	1837	1846	1855	1905	1915	1923	1933	1943	1953	2003	2012	2021	2031	2042	2053	2105
Waterworks Corner Southend Road	1828	1838	1848	1857	1906	1916	1925	1933	1943	1953	2003	2012	2021	2030	2040	2051	2102	2114
Charlie Brown's Roundabout W. Side	1831	1841	1851	1900	1909	1919	1928	1936	1946	1956	2006	2015	2024	2033	2043	2054	2105	2116
Gants Hill Station Woodford Avenue	1841	1851	1901	1910	1919	1928	1937	1945	1955	2004	2014	2023	2032	2040	2050	2101	2112	2123
Ilford Station	1851	1901	1910	1919	1928	1937	1946	1954	2003	2012	2022	2031	2040	2048	2058	2108	2119	2130
Ilford High Road Hainault Street	1856	1906	1915	1924	1933	1942	1950	1958	2007	2016	2026	2035	2044	2052	2102	2112	2123	2134
Wood Green Station High Road	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045	
Turnpike Lane Station Bus Station	2050	2105	2120	2135	2150	2205	2220	2235	2249	2304	2319	2334	2349	0004	0019	0034	0049	
Lordship Lane Downhills Way	2056	2111	2126	2141	2156	2211	2226	2241	2255	2310	2324	2339	2354	0009	0024	0039	0054	
Bruce Grove Station Bruce Grove	2102	2116	2131	2146	2201	2216	2231	2246	2300	2315	2329	2343	2358	0013	0028	0043	0058	
Tottenham Hale Station Bus Station	2109	2123	2138	2153	2208	2223	2238	2252	2306	2321	2335	2349	0004	0019	0034	0049	0104	
Blackhorse Road Station Forest Road	2113	2127	2142	2157	2212	2227	2242	2256	2310	2325	2339	2353	0008	0023	0038	0053	0108	
Walthamstow The Bell (Forest Rd. W)	2119	2133	2148	2203	2218	2233	2247	2301	2315	2330	2344	2358	0013	0028	0043	0058	0113	
Waterworks Corner Southend Road	2128	2142	2156	2211	2226	2241	2255	2309	2323	2337	2351	0005	0020	0035	0049	0104	0119	
Charlie Brown's Roundabout W. Side	2130	2144	2158	2213	2228	2243	2257	2311	2325	2339	2353	0007	0022	0037	0051	0106	0121	
Gants Hill Station Woodford Avenue	2137	2151	2205	2219	2234	2249	2303	2317	2331	2345	2359	0013	0027	0042	0056	0111	0126	
Ilford Station	2144	2158	2212	2226	2240	2255	2309	2323	2337	2351	0005	0019	0033	0047	0101	0116	0131	
Ilford High Road Hainault Street	2148	2202	2216	2230	2244	2258	2312	2326	2340	2354	0008	0022	0036	0050	0104	0119	0134	

123	Fridays																	
Wood Green Station High Road	0500	0515	0530	0545	0555	0604	0614	0622	0630	0638	0645	0653	0700	0709	0718	0725	0734	0744
Turnpike Lane Station Bus Station	0504	0519	0534	0549	0559	0608	0618	0626	0634	0642	0649	0657	0705	0714	0723	0730	0739	0749
Lordship Lane Downhills Way	0509	0524	0539	0554	0604	0613	0623	0631	0639	0647	0654	0702	0711	0720	0729	0736	0745	0755
Bruce Grove Station Bruce Grove	0513	0528	0543	0558	0608	0618	0628	0636	0644	0652	0659	0707	0716	0726	0735	0743	0752	0802
Tottenham Hale Station Bus Station	0519	0534	0549	0604	0614	0624	0634	0642	0650	0659	0707	0715	0724	0734	0744	0753	0803	0813
Blackhorse Road Station Forest Road	0522	0537	0552	0608	0618	0628	0638	0646	0654	0703	0712	0720	0729	0739	0749	0758	0808	0818
Walthamstow The Bell (Forest Rd. W)	0526	0541	0556	0612	0623	0633	0643	0651	0700	0709	0718	0726	0736	0746	0756	0806	0816	0826
Waterworks Corner Southend Road	0533	0548	0603	0619	0631	0641	0651	0659	0709	0718	0728	0737	0747	0757	0807	0817	0827	0837
Charlie Brown's Roundabout W. Side	0535	0550	0605	0621	0633	0643	0653	0702	0712	0721	0731	0740	0750	0800	0810	0820	0830	0840
Gants Hill Station Woodford Avenue	0541	0557	0612	0628	0640	0650	0701	0711	0721	0731	0741	0751	0801	0811	0821	0831	0841	0851
Ilford Station	0546	0602	0618	0634	0646	0656	0708	0718	0729	0740	0750	0801	0811	0821	0831	0841	0851	0901
Ilford High Road Hainault Street	0549	0605	0621	0637	0649	0700	0712	0722	0733	0745	0755	0806	0816	0826	0836	0846	0856	0906
Wood Green Station High Road	0754	0803	0813	0823	0833	0844	0854	0904	Then every 10 minutes until	1044	1054	Then every 10 minutes until	1204	1214	Then every 10 mins. until	1344		
Turnpike Lane Station Bus Station	0759	0809	0819	0829	0839	0850	0900	0911		1051	1101		1211	1221		1351		
Lordship Lane Downhills Way	0805	0815	0825	0835	0845	0856	0906	0917		1057	1108		1218	1228		1358		
Bruce Grove Station Bruce Grove	0812	0822	0832	0842	0852	0903	0913	0924		1104	1115		1225	1235		1405		
Tottenham Hale Station Bus Station	0823	0833	0843	0853	0903	0913	0923	0934		1114	1125		1235	1245		1415		
Blackhorse Road Station Forest Road	0828	0838	0848	0858	0908	0918	0928	0939		1119	1130		1240	1250		1420		
Walthamstow The Bell (Forest Rd. W)	0836	0846	0856	0906	0915	0925	0935	0946		1126	1137		1247	1257		1427		
Waterworks Corner Southend Road	0847	0857	0907	0917	0926	0936	0946	0956		1136	1147		1257	1308		1438		
Charlie Brown's Roundabout W. Side	0850	0900	0910	0920	0929	0939	0949	0959		1139	1150		1300	1311		1441		
Gants Hill Station Woodford Avenue	0901	0911	0921	0930	0939	0948	0958	1008		1148	1159		1309	1320		1450		
Ilford Station	0911	0920	0930	0939	0948	0957	1007	1017	1157	1208	1318	1329	1459					
Ilford High Road Hainault Street	0916	0925	0935	0944	0953	1002	1012	1022	1202	1213	1323	1334	1504					
Wood Green Station High Road	1354	1404	1413	1422	1431	1440	1450	1500	1509	1518	1528	Then every 10 minutes until	1638	1648	1658	1708	1718	
Turnpike Lane Station Bus Station	1401	1411	1420	1429	1438	1447	1457	1507	1516	1526	1536		1646	1656	1706	1716	1726	
Lordship Lane Downhills Way	1408	1418	1427	1436	1445	1454	1504	1514	1523	1533	1543		1653	1703	1713	1723	1733	
Bruce Grove Station Bruce Grove	1415	1425	1434	1443	1452	1502	1512	1522	1531	1541	1551		1701	1711	1721	1731	1741	
Tottenham Hale Station Bus Station	1425	1436	1445	1454	1503	1513	1523	1533	1542	1552	1602		1712	1722	1732	1742	1752	
Blackhorse Road Station Forest Road	1430	1441	1450	1459	1508	1518	1528	1538	1547	1557	1608		1718	1728	1738	1748	1758	
Walthamstow The Bell (Forest Rd. W)	1437	1448	1457	1507	1517	1527	1537	1547	1556	1606	1617		1727	1737	1747	1757	1807	
Waterworks Corner Southend Road	1448	1459	1508	1518	1529	1539	1549	1559	1609	1619	1630		1740	1750	1800	1809	1818	
Charlie Brown's Roundabout W. Side	1451	1502	1511	1521	1532	1542	1552	1602	1612	1622	1633		1743	1753	1803	1812	1821	
Gants Hill Station Woodford Avenue	1500	1511	1522	1533	1544	1554	1604	1614	1624	1634	1645		1755	1805	1814	1823	1832	
Ilford Station	1510	1521	1533	1544	1555	1605	1615	1625	1635	1645	1656	1806	1815	1824	1833	1842		
Ilford High Road Hainault Street	1515	1526	1538	1549	1600	1610	1620	1630	1640	1650	1701	1811	1820	1829	1838	1847		
Wood Green Station High Road	1728	1739	1749	1759	1810	1820	1831	1841	1851	1901	1911	1922	1933	1943	1954	2006	2018	2030
Turnpike Lane Station Bus Station	1736	1747	1757	1807	1817	1827	1838	1848	1858	1908	1918	1928	1939	1949	2000	2011	2023	2035
Lordship Lane Downhills Way	1743	1754	1804	1814	1824	1834	1845	1855	1905	1915	1925	1935	1946	1956	2006	2017	2029	2041
Bruce Grove Station Bruce Grove	1751	1802	1812	1822	1832	1842	1852	1902	1912	1922	1932	1942	1952	2002	2012	2023	2035	2047
Tottenham Hale Station Bus Station	1802	1812	1822	1832	1842	1852	1902	1911	1921	1931	1941	1951	2000	2010	2020	2031	2043	2055
Blackhorse Road Station Forest Road	1808	1818	1828	1838	1847	1857	1907	1916	1926	1936	1946	1956	2005	2015	2025	2036	2047	2059
Walthamstow The Bell (Forest Rd. W)	1817	1827	1837	1846	1855	1905	1915	1923	1933	1943	1953	2003	2012	2021	2031	2042	2053	2105
Waterworks Corner Southend Road	1828	1838	1848	1857	1906	1916	1925	1933	1943	1953	2003	2012	2021	2030	2040	2051	2102	2114
Charlie Brown's Roundabout W. Side	1831	1841	1851	1900	1909	1919	1928	1936	1946	1956	2006	2015	2024	2033	2043	2054	2105	2116
Gants Hill Station Woodford Avenue	1841	1851	1901	1910	1919	1928	1937	1945	1955	2004	2014	2023	2032	2040	2050	2101	2112	2123
Ilford Station	1851	1901	1910	1919	1928	1937	1946	1954	2003	2012	2022	2031	2040	2048	2058	2108	2119	2130
Ilford High Road Hainault Street	1856	1906	1915	1924	1933	1942	1950	1958	2007	2016	2026	2035	2044	2052	2102	2112	2123	2134
Wood Green Station High Road	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345					
Turnpike Lane Station Bus Station	2050	2105	2120	2135	2150	2205	2220	2235	2249	2304	2319	2334	2349					
Lordship Lane Downhills Way	2056	2111	2126	2141	2156	2211	2226	2241	2255	2310	2324	2339	2354					
Bruce Grove Station Bruce Grove	2102	2116	2131	2146	2201	2216	2231	2246	2300	2315	2329	2343	2358					
Tottenham Hale Station Bus Station	2109	2123	2138	2153	2208	2223	2238	2252	2306	2321	2335	2349	0004					
Blackhorse Road Station Forest Road	2113	2127	2142	2157	2212	2227	2242	2256	2310	2325	2339	2353	0008					
Walthamstow The Bell (Forest Rd. W)	2119	2133	2148	2203	2218	2233	2247	2301	2315	2330	2344	2358	0013					
Waterworks Corner Southend Road	2128	2142	2156	2211	2226	2241	2255	2309	2323	2337	2351	0005	0020					
Charlie Brown's Roundabout W. Side	2130	2144	2158	2213	2228	2243	2257	2311	2325	2339	2353	0007	0022					
Gants Hill Station Woodford Avenue	2137	2151	2205	2219	2234	2249	2303	2317	2331	2345	2359	0013	0027					
Ilford Station	2144	2158	2212	2226	2240	2255	2309	2323	2337	2351	0005	0019	0033					
Ilford High Road Hainault Street	2148	2202	2216	2230	2244	2258	2312	2326	2340	2354	0008	0022	0036					

123	Saturdays																	
Wood Green Station High Road	0000	0015	0030	0045	0110	0140	0210	0240	0310	0340	0410	0440	0500	0520	0539	0558	0616	0635
Turnpike Lane Station Bus Station	0004	0019	0034	0049	0114	0144	0214	0244	0314	0344	0414	0444	0504	0524	0543	0602	0620	0639
Lordship Lane Downhills Way	0009	0024	0039	0054	0119	0149	0219	0249	0319	0348	0418	0448	0509	0529	0548	0607	0625	0644
Bruce Grove Station Bruce Grove	0013	0028	0043	0058	0123	0153	0223	0253	0323	0352	0422	0452	0513	0533	0552	0611	0629	0649
Tottenham Hale Station Bus Station	0019	0034	0049	0104	0129	0159	0229	0259	0329	0358	0428	0458	0519	0539	0558	0617	0635	0655
Blackhorse Road Station Forest Road	0023	0038	0053	0108	0133	0202	0232	0302	0332	0401	0431	0501	0522	0542	0601	0620	0639	0659
Walthamstow The Bell (Forest Rd. W)	0028	0043	0058	0112	0137	0206	0236	0306	0336	0405	0435	0505	0526	0546	0606	0625	0644	0704
Waterworks Corner Southend Road	0035	0050	0105	0119	0143	0212	0242	0312	0342	0411	0441	0511	0532	0553	0613	0632	0652	0712
Charlie Brown's Roundabout W. Side	0037	0052	0107	0121	0145	0214	0244	0314	0344	0413	0443	0513	0534	0555	0615	0635	0655	0715
Gants Hill Station Woodford Avenue	0042	0057	0112	0126	0150	0219	0249	0319	0349	0418	0448	0518	0540	0601	0621	0642	0702	0722
Ilford Station	0048	0103	0118	0132	0156	0225	0254	0324	0354	0423	0453	0523	0545	0606	0627	0648	0708	0728
Ilford High Road Hainault Street	0051	0106	0121	0135	0159	0228	0257	0327	0357	0426	0456	0526	0548	0609	0630	0651	0711	0731
Wood Green Station High Road	0655	0715	0735	0755	0810	0824	0837	0851	0901	0910	0919	0928	0937	0946	0955	1005	1014	1024
Turnpike Lane Station Bus Station	0659	0719	0739	0759	0814	0828	0842	0856	0906	0915	0924	0933	0942	0951	1001	1011	1020	1030
Lordship Lane Downhills Way	0704	0724	0744	0804	0819	0834	0848	0902	0912	0921	0930	0939	0948	0957	1007	1017	1026	1036
Bruce Grove Station Bruce Grove	0709	0729	0749	0809	0824	0839	0853	0908	0918	0927	0936	0945	0954	1003	1013	1023	1033	1043
Tottenham Hale Station Bus Station	0715	0735	0755	0816	0831	0846	0901	0916	0926	0935	0944	0953	1002	1012	1022	1032	1042	1052
Blackhorse Road Station Forest Road	0719	0739	0759	0820	0835	0850	0905	0920	0930	0939	0948	0957	1007	1017	1027	1037	1047	1057
Walthamstow The Bell (Forest Rd. W)	0724	0744	0804	0825	0841	0856	0911	0926	0936	0945	0954	1004	1014	1024	1034	1044	1054	1104
Waterworks Corner Southend Road	0732	0752	0812	0833	0849	0905	0920	0935	0945	0954	1004	1014	1024	1034	1044	1054	1104	1114
Charlie Brown's Roundabout W. Side	0735	0755	0815	0836	0852	0908	0923	0938	0948	0957	1007	1017	1027	1037	1047	1057	1107	1117
Gants Hill Station Woodford Avenue	0743	0803	0823	0844	0900	0916	0931	0946	0957	1006	1016	1026	1036	1046	1056	1107	1117	1127
Ilford Station	0749	0809	0830	0851	0908	0924	0939	0954	1005	1015	1025	1035	1045	1055	1105	1116	1126	1137
Ilford High Road Hainault Street	0752	0813	0834	0855	0912	0928	0943	0958	1009	1019	1029	1039	1049	1059	1109	1120	1130	1141
Wood Green Station High Road	1034	1044	1054	1103	1113	1123	1133	1143	1153	1203		1343	1353	1403	1413	1423		1643
Turnpike Lane Station Bus Station	1040	1050	1100	1109	1119	1129	1140	1151	1201	1210		1350	1401	1411	1421	1431		1651
Lordship Lane Downhills Way	1046	1056	1106	1115	1126	1136	1147	1158	1208	1217		1357	1408	1418	1428	1438		1658
Bruce Grove Station Bruce Grove	1053	1103	1113	1122	1133	1144	1155	1206	1216	1225	Then every 10	1405	1416	1426	1436	1446	Then every 10	1706
Tottenham Hale Station Bus Station	1102	1112	1122	1132	1143	1154	1205	1217	1227	1236		1416	1427	1437	1447	1457		
Blackhorse Road Station Forest Road	1107	1117	1127	1137	1148	1159	1210	1222	1232	1241	mins. until	1421	1432	1442	1452	1502	mins. until	1722
Walthamstow The Bell (Forest Rd. W)	1114	1124	1134	1144	1155	1206	1218	1230	1240	1249		1429	1440	1450	1500	1510		
Waterworks Corner Southend Road	1124	1134	1144	1154	1205	1217	1229	1241	1251	1300	until	1440	1451	1501	1511	1520	until	1740
Charlie Brown's Roundabout W. Side	1127	1137	1147	1157	1208	1220	1232	1244	1254	1303		1443	1454	1504	1514	1523		
Gants Hill Station Woodford Avenue	1137	1148	1158	1208	1219	1231	1243	1255	1305	1314		1454	1504	1514	1524	1533		1753
Ilford Station	1147	1159	1209	1219	1230	1242	1254	1306	1317	1326		1506	1516	1526	1535	1544		1804
Ilford High Road Hainault Street	1152	1204	1214	1224	1235	1247	1259	1311	1322	1331		1511	1521	1531	1540	1549		1809
Wood Green Station High Road	1653	1703	1713	1724	1734	1744	1754	1804	1814	1824	1834	1845	1856	1907	1918	1930	1942	1954
Turnpike Lane Station Bus Station	1701	1711	1721	1731	1741	1751	1801	1811	1821	1831	1841	1852	1903	1914	1924	1936	1948	2000
Lordship Lane Downhills Way	1708	1718	1728	1738	1748	1758	1808	1818	1828	1838	1848	1859	1910	1921	1931	1943	1955	2007
Bruce Grove Station Bruce Grove	1716	1726	1736	1746	1756	1806	1815	1825	1835	1845	1855	1906	1917	1928	1938	1950	2002	2013
Tottenham Hale Station Bus Station	1727	1737	1746	1756	1806	1816	1825	1834	1844	1854	1904	1915	1926	1937	1947	1959	2011	2022
Blackhorse Road Station Forest Road	1732	1742	1751	1801	1811	1821	1830	1839	1849	1859	1909	1920	1931	1942	1952	2004	2015	2026
Walthamstow The Bell (Forest Rd. W)	1740	1750	1759	1809	1818	1828	1837	1846	1856	1906	1916	1927	1938	1949	1959	2011	2022	2033
Waterworks Corner Southend Road	1750	1800	1809	1819	1828	1838	1847	1856	1905	1915	1925	1936	1947	1958	2008	2020	2031	2042
Charlie Brown's Roundabout W. Side	1753	1803	1812	1822	1831	1841	1850	1859	1908	1918	1928	1939	1950	2001	2011	2023	2034	2045
Gants Hill Station Woodford Avenue	1803	1811	1821	1831	1840	1850	1859	1908	1917	1927	1937	1948	1959	2009	2019	2030	2041	2052
Ilford Station	1813	1821	1831	1841	1850	1900	1909	1917	1926	1936	1946	1957	2008	2018	2028	2039	2050	2101
Ilford High Road Hainault Street	1818	1826	1836	1846	1855	1905	1914	1922	1931	1941	1951	2002	2012	2022	2032	2043	2054	2105
Wood Green Station High Road	2006	2018	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345		
Turnpike Lane Station Bus Station	2012	2024	2036	2050	2105	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350		
Lordship Lane Downhills Way	2019	2031	2043	2056	2111	2126	2141	2156	2211	2226	2241	2256	2311	2326	2341	2356		
Bruce Grove Station Bruce Grove	2025	2037	2049	2102	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0001		
Tottenham Hale Station Bus Station	2034	2045	2056	2109	2123	2138	2153	2208	2223	2238	2253	2308	2323	2338	2352	0007		
Blackhorse Road Station Forest Road	2038	2049	2100	2113	2127	2142	2157	2212	2227	2242	2257	2312	2327	2342	2356	0011		
Walthamstow The Bell (Forest Rd. W)	2044	2055	2106	2119	2133	2148	2203	2218	2233	2248	2302	2317	2332	2347	0001	0016		
Waterworks Corner Southend Road	2053	2104	2115	2128	2141	2156	2211	2226	2241	2256	2310	2325	2340	2354	0008	0023		
Charlie Brown's Roundabout W. Side	2056	2107	2117	2130	2143	2158	2213	2228	2243	2258	2312	2327	2342	2356	0010	0025		
Gants Hill Station Woodford Avenue	2103	2114	2124	2137	2150	2205	2219	2234	2249	2304	2318	2333	2348	0002	0016	0030		
Ilford Station	2112	2122	2132	2145	2158	2212	2226	2241	2256	2311	2325	2339	2354	0008	0022	0036		
Ilford High Road Hainault Street	2116	2126	2136	2149	2202	2216	2230	2245	2300	2315	2329	2343	2357	0011	0025	0039		

123	Sundays																	
Wood Green Station High Road	0000	0015	0030	0045	0110	0140	0210	0240	0310	0340	0410	0440	0500	0520	0540	0600	0620	0640
Turnpike Lane Station Bus Station	0004	0019	0034	0049	0114	0144	0214	0244	0314	0344	0414	0444	0504	0524	0544	0604	0624	0644
Lordship Lane Downhills Way	0010	0025	0039	0054	0119	0149	0219	0249	0319	0348	0418	0448	0508	0528	0549	0609	0629	0649
Bruce Grove Station Bruce Grove	0015	0029	0043	0058	0123	0153	0223	0253	0323	0352	0422	0452	0512	0532	0553	0613	0633	0653
Tottenham Hale Station Bus Station	0021	0035	0049	0104	0129	0159	0229	0259	0329	0358	0428	0458	0518	0538	0559	0619	0639	0659
Blackhorse Road Station Forest Road	0025	0039	0053	0108	0133	0202	0232	0302	0332	0401	0431	0501	0521	0542	0603	0623	0643	0703
Walthamstow The Bell (Forest Rd. W)	0030	0044	0058	0112	0137	0206	0236	0306	0336	0405	0435	0505	0525	0546	0607	0627	0647	0708
Waterworks Corner Southend Road	0037	0051	0105	0119	0143	0212	0242	0312	0342	0411	0441	0511	0531	0552	0613	0633	0654	0715
Charlie Brown's Roundabout W. Side	0039	0053	0107	0121	0145	0214	0244	0314	0344	0413	0443	0513	0533	0554	0615	0635	0656	0717
Gants Hill Station Woodford Avenue	0044	0058	0112	0126	0150	0219	0249	0319	0349	0418	0448	0518	0539	0600	0621	0641	0702	0723
Ilford Station	0050	0104	0118	0132	0156	0225	0254	0324	0354	0423	0453	0523	0544	0605	0626	0647	0708	0729
Ilford High Road Hainault Street	0053	0107	0121	0135	0159	0228	0257	0327	0357	0426	0456	0526	0547	0608	0629	0650	0711	0732
Wood Green Station High Road	0700	0720	0740	0800	0815	0830	0844	0857	0911	0926	0939	0953	1007	1021	1035	1049	1103	1117
Turnpike Lane Station Bus Station	0704	0724	0744	0804	0819	0834	0848	0901	0915	0930	0943	0958	1012	1026	1040	1054	1108	1122
Lordship Lane Downhills Way	0709	0729	0749	0809	0824	0839	0853	0906	0921	0936	0949	1004	1018	1032	1046	1100	1114	1128
Bruce Grove Station Bruce Grove	0713	0733	0753	0814	0829	0844	0858	0911	0926	0941	0955	1010	1024	1038	1052	1106	1120	1134
Tottenham Hale Station Bus Station	0719	0739	0759	0820	0835	0850	0905	0918	0933	0948	1002	1017	1031	1045	1059	1114	1129	1143
Blackhorse Road Station Forest Road	0723	0743	0803	0824	0839	0854	0909	0922	0937	0952	1006	1021	1035	1050	1104	1119	1134	1148
Walthamstow The Bell (Forest Rd. W)	0728	0748	0808	0829	0844	0859	0914	0928	0943	0958	1012	1027	1041	1056	1111	1126	1141	1155
Waterworks Corner Southend Road	0735	0755	0815	0836	0851	0907	0922	0936	0951	1006	1021	1036	1050	1105	1120	1135	1150	1204
Charlie Brown's Roundabout W. Side	0737	0757	0817	0838	0853	0910	0925	0939	0954	1009	1024	1039	1053	1108	1123	1138	1153	1207
Gants Hill Station Woodford Avenue	0743	0803	0824	0845	0900	0917	0932	0947	1002	1017	1032	1047	1102	1117	1132	1147	1202	1217
Ilford Station	0749	0809	0830	0851	0906	0923	0939	0954	1009	1025	1040	1055	1111	1126	1141	1156	1212	1227
Ilford High Road Hainault Street	0752	0812	0833	0854	0910	0927	0943	0958	1013	1029	1044	1059	1115	1130	1145	1200	1216	1232
Wood Green Station High Road	1130	1143	1157	1211	1225	1239	1253	Then every 15 minutes until	1423	1438	1453	1508	1523	1538	1552	1608	1623	
Turnpike Lane Station Bus Station	1135	1148	1203	1217	1232	1246	1300		1430	1445	1500	1515	1530	1545	1559	1615	1630	
Lordship Lane Downhills Way	1142	1155	1210	1224	1239	1253	1308		1438	1453	1508	1523	1538	1553	1607	1623	1638	
Bruce Grove Station Bruce Grove	1148	1202	1217	1231	1246	1301	1316		1446	1501	1516	1531	1546	1601	1615	1631	1646	
Tottenham Hale Station Bus Station	1157	1212	1227	1242	1257	1312	1327		1457	1512	1527	1542	1557	1612	1626	1642	1657	
Blackhorse Road Station Forest Road	1202	1217	1232	1247	1302	1317	1332		1502	1517	1532	1547	1602	1617	1631	1647	1702	
Walthamstow The Bell (Forest Rd. W)	1209	1224	1239	1254	1309	1324	1339		1509	1524	1539	1554	1609	1624	1638	1654	1709	
Waterworks Corner Southend Road	1219	1234	1249	1304	1319	1334	1349		1519	1534	1549	1604	1619	1634	1648	1704	1719	
Charlie Brown's Roundabout W. Side	1222	1237	1252	1307	1322	1337	1352		1522	1537	1552	1607	1622	1637	1651	1707	1722	
Gants Hill Station Woodford Avenue	1232	1247	1302	1317	1332	1347	1402		1532	1546	1601	1616	1631	1646	1700	1716	1731	
Ilford Station	1242	1257	1312	1327	1342	1357	1412	1542	1556	1610	1625	1640	1655	1709	1725	1740		
Ilford High Road Hainault Street	1247	1302	1317	1332	1347	1402	1417	1547	1601	1615	1630	1645	1700	1714	1730	1745		
Wood Green Station High Road	1638	1653	1708	1723	1738	1753	1805	1817	1830	1845	1900	1915	1930	1945	2000	2015	2030	2045
Turnpike Lane Station Bus Station	1645	1700	1715	1730	1745	1800	1812	1824	1837	1851	1906	1921	1936	1951	2005	2020	2035	2050
Lordship Lane Downhills Way	1653	1708	1723	1738	1753	1808	1820	1831	1844	1858	1913	1928	1943	1958	2011	2026	2041	2056
Bruce Grove Station Bruce Grove	1700	1715	1730	1745	1800	1815	1827	1838	1851	1904	1919	1934	1949	2004	2017	2032	2046	2101
Tottenham Hale Station Bus Station	1711	1726	1741	1755	1808	1824	1836	1847	1900	1913	1928	1943	1957	2011	2024	2039	2053	2108
Blackhorse Road Station Forest Road	1716	1731	1746	1800	1813	1829	1841	1852	1905	1918	1933	1948	2002	2015	2028	2043	2057	2112
Walthamstow The Bell (Forest Rd. W)	1723	1738	1753	1807	1820	1836	1848	1859	1912	1925	1939	1954	2008	2021	2034	2049	2103	2118
Waterworks Corner Southend Road	1733	1748	1803	1817	1830	1846	1858	1909	1921	1934	1948	2003	2017	2030	2043	2057	2111	2126
Charlie Brown's Roundabout W. Side	1736	1751	1806	1820	1833	1849	1901	1912	1924	1937	1951	2005	2019	2032	2045	2059	2113	2128
Gants Hill Station Woodford Avenue	1745	1800	1814	1828	1841	1857	1909	1920	1932	1945	1958	2012	2026	2039	2052	2106	2120	2134
Ilford Station	1754	1809	1823	1837	1850	1906	1918	1929	1940	1953	2006	2020	2034	2047	2100	2113	2127	2141
Ilford High Road Hainault Street	1759	1813	1827	1841	1854	1910	1922	1933	1944	1957	2010	2024	2038	2051	2104	2117	2131	2145
Wood Green Station High Road	2100	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045		
Turnpike Lane Station Bus Station	2105	2120	2135	2150	2205	2219	2234	2249	2304	2319	2334	2349	0004	0019	0034	0049		
Lordship Lane Downhills Way	2111	2126	2141	2156	2211	2225	2240	2254	2309	2324	2339	2354	0009	0024	0039	0054		
Bruce Grove Station Bruce Grove	2116	2131	2146	2201	2216	2230	2245	2259	2314	2328	2343	2358	0013	0028	0043	0058		
Tottenham Hale Station Bus Station	2123	2138	2153	2208	2223	2237	2251	2305	2320	2334	2349	0004	0019	0034	0049	0104		
Blackhorse Road Station Forest Road	2127	2142	2157	2212	2227	2241	2255	2309	2324	2338	2353	0008	0023	0038	0053	0108		
Walthamstow The Bell (Forest Rd. W)	2133	2147	2202	2217	2232	2246	2300	2314	2329	2343	2358	0013	0027	0042	0057	0112		
Waterworks Corner Southend Road	2141	2155	2210	2225	2239	2253	2307	2321	2336	2349	0004	0019	0033	0048	0103	0118		
Charlie Brown's Roundabout W. Side	2143	2157	2212	2227	2241	2255	2309	2323	2338	2351	0006	0021	0035	0050	0105	0120		
Gants Hill Station Woodford Avenue	2149	2203	2218	2233	2247	2301	2315	2329	2343	2356	0011	0026	0040	0055	0110	0125		
Ilford Station	2156	2210	2225	2239	2253	2307	2321	2335	2349	0002	0017	0031	0045	0100	0115	0130		
Ilford High Road Hainault Street	2200	2214	2228	2242	2256	2310	2324	2338	2352	0005	0020	0034	0048	0103	0118	0133		