

128 Mondays to Fridays																		
Claybury Broadway	0015	0040			0510	0529	0545	0603	0619		0945		1321	1851				
Barkingside Chequers	0020	0045			0515	0535	0551	0609	0625		0953		1329	1858				
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	0556	0615	0631	Then	1001	Then	1337	1905				
Ilford Station	0030	0055	every 30		0525	0545	0601	0620	0636	about	1008	every 12	1344	1912				
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	0605	0624	0640	every 12	1013	minutes	1349	1917				
Goodmayes Lord Napier	0040	0105	until		0535	0555	0611	0631	0648	minutes	1022	until	1358	1926				
Becontree Heath Ship & Anchor	0047	0112			0542	0603	0620	0640	0658	until	1034		1410	1937				
Queen's Hospital	0053	0118			0548	0610	0628	0649	0708		1044		1420	1946				
Romford Station	0059	0124			0554	0617	0636	0657	0717		1054		1430	1954				
Claybury Broadway	1904	1919	1934	1954	2014	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355		
Barkingside Chequers	1911	1925	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000		
Gants Hill Station Cranbrook Road (S)	1918	1932	1947	2007	2027	2046	2106	2126	2146	2206	2226	2245	2305	2325	2345	0005		
Ilford Station	1925	1939	1954	2013	2033	2052	2112	2132	2151	2211	2231	2250	2310	2330	2350	0010		
Ilford High Road Hainault Street	1930	1944	1959	2018	2038	2057	2117	2136	2155	2215	2235	2254	2314	2334	2354	0014		
Goodmayes Lord Napier	1939	1953	2007	2026	2046	2104	2124	2143	2202	2222	2241	2300	2320	2340	0000	0020		
Becontree Heath Ship & Anchor	1949	2003	2017	2036	2055	2113	2132	2151	2210	2230	2249	2308	2328	2347	0007	0027		
Queen's Hospital	1957	2011	2025	2043	2102	2120	2139	2158	2217	2236	2255	2314	2334	2353	0013	0033		
Romford Station	2005	2019	2033	2051	2109	2127	2146	2205	2224	2242	2301	2320	2340	2359	0019	0039		
128 Saturdays (also Good Friday)																		
Claybury Broadway	0015	0040			0510	0530		0650	0705	0718	0732	0747	0802	0816	0829	1803	1818	
Barkingside Chequers	0020	0045			0515	0535		0655	0710	0724	0738	0753	0808	0822	0835	Then	1810	1825
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	Then	0700	0715	0729	0744	0759	0814	0828	0841	about	1818	1833
Ilford Station	0030	0055	every 30		0525	0545	every	0705	0720	0734	0749	0805	0820	0834	0847	every	1826	1840
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	30	0709	0724	0738	0753	0809	0824	0838	0851	12	1831	1845
Goodmayes Lord Napier	0040	0105	until		0535	0555	mins.	0715	0730	0744	0800	0816	0831	0845	0858	mins.	1840	1854
Becontree Heath Ship & Anchor	0047	0112			0542	0603	until	0723	0738	0752	0808	0824	0840	0854	0907	until	1850	1904
Queen's Hospital	0053	0118			0548	0610		0730	0745	0759	0815	0831	0848	0902	0915		1858	1911
Romford Station	0059	0124			0554	0617		0737	0752	0807	0823	0839	0856	0911	0924		1906	1919
Claybury Broadway	1833	1848	1903	1919	1934	1954	2014	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355
Barkingside Chequers	1840	1855	1910	1925	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000
Gants Hill Station Cranbrook Road (S)	1847	1902	1917	1932	1947	2006	2026	2046	2106	2126	2146	2206	2226	2245	2305	2325	2345	0005
Ilford Station	1854	1909	1924	1939	1953	2012	2032	2052	2112	2131	2151	2211	2231	2250	2310	2330	2350	0010
Ilford High Road Hainault Street	1859	1914	1929	1944	1958	2017	2037	2057	2116	2135	2155	2215	2235	2254	2314	2334	2354	0014
Goodmayes Lord Napier	1908	1922	1937	1952	2006	2025	2044	2104	2123	2142	2202	2222	2241	2300	2320	2340	0000	0020
Becontree Heath Ship & Anchor	1918	1932	1946	2001	2015	2034	2053	2112	2131	2150	2210	2230	2249	2308	2328	2347	0007	0027
Queen's Hospital	1925	1939	1953	2008	2022	2041	2100	2119	2138	2157	2217	2236	2255	2314	2334	2353	0013	0033
Romford Station	1933	1946	2000	2015	2029	2048	2107	2126	2145	2204	2223	2242	2301	2320	2340	2359	0019	0039
128 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Claybury Broadway	0015	0040			0510	0530	0600	0630	0700	0720	0740	0800	0820	0839	0859	0918	0937	0957
Barkingside Chequers	0020	0045			0515	0535	0605	0635	0705	0725	0746	0807	0827	0846	0906	0925	0944	1004
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	0610	0640	0710	0730	0751	0812	0832	0852	0912	0931	0951	1011
Ilford Station	0030	0055	every 30		0525	0545	0615	0645	0715	0735	0756	0817	0837	0857	0917	0937	0958	1018
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	0619	0649	0719	0739	0800	0821	0841	0901	0922	0942	1003	1023
Goodmayes Lord Napier	0040	0105	until		0535	0555	0625	0655	0725	0745	0806	0828	0848	0909	0930	0950	1011	1031
Becontree Heath Ship & Anchor	0047	0112			0542	0603	0633	0703	0733	0753	0815	0837	0857	0918	0939	1000	1021	1042
Queen's Hospital	0053	0118			0548	0610	0640	0710	0740	0800	0822	0844	0904	0925	0946	1008	1029	1050
Romford Station	0059	0124			0554	0617	0647	0717	0747	0807	0829	0851	0912	0933	0954	1016	1037	1059
Claybury Broadway	1017	1037	1057	1116	1135	1155		1435	1455	1515	1535	1555	1615	1635	1655	1715	1735	1755
Barkingside Chequers	1024	1044	1104	1123	1143	1203		1443	1502	1522	1542	1602	1622	1642	1701	1721	1741	1801
Gants Hill Station Cranbrook Road (S)	1031	1051	1111	1131	1151	1211	Then	1451	1510	1530	1550	1610	1630	1649	1708	1728	1748	1808
Ilford Station	1038	1058	1118	1138	1158	1219	every	1459	1518	1538	1558	1618	1638	1657	1716	1735	1755	1815
Ilford High Road Hainault Street	1043	1103	1123	1144	1204	1225	20	1505	1524	1544	1604	1624	1644	1703	1722	1741	1801	1820
Goodmayes Lord Napier	1051	1111	1131	1152	1213	1234	mins.	1514	1533	1553	1613	1633	1653	1712	1731	1750	1810	1828
Becontree Heath Ship & Anchor	1102	1123	1143	1204	1225	1246	until	1526	1545	1605	1625	1645	1705	1724	1743	1801	1820	1837
Queen's Hospital	1111	1132	1152	1213	1234	1255		1535	1554	1614	1634	1654	1714	1733	1751	1809	1828	1845
Romford Station	1120	1141	1202	1223	1244	1305		1545	1604	1623	1643	1703	1722	1741	1759	1817	1836	1853
Claybury Broadway	1815	1835	1855	1915	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355
Barkingside Chequers	1821	1841	1901	1921	1941	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000
Gants Hill Station Cranbrook Road (S)	1828	1848	1908	1928	1947	2006	2026	2046	2106	2126	2146	2205	2225	2245	2305	2325	2345	0005
Ilford Station	1835	1854	1914	1934	1953	2012	2032	2052	2112	2131	2151	2210	2230	2250	2310	2330	2350	0010
Ilford High Road Hainault Street	1840	1859	1919	1939	1958	2017	2037	2056	2116	2135	2155	2214	2234	2254	2314	2334	2354	0014
Goodmayes Lord Napier	1848	1907	1927	1946	2005	2024	2044	2103	2123	2142	2202	2221	2240	2300	2320	2340	0000	0020
Becontree Heath Ship & Anchor	1857	1916	1936	1955	2014	2033	2052	2111	2131	2150	2210	2229	2248	2308	2328	2347	0007	0027
Queen's Hospital	1905	1924	1943	2002	2021	2040	2059	2118	2138	2157	2216	2235	2254	2314	2334	2353	0013	0033
Romford Station	1913	1932	1950	2009	2028	2047	2106	2125	2144	2203	2222	2241	2300	2320	2340	2359	0019	0039

128 Mondays to Fridays																				
Romford Station	0000	0020			0520	0537	0556	0614	0626	0638		1027		1303		1859				
Queen's Hospital	0006	0026			0526	0543	0602	0621	0633	0645		1036		1312	Then	1908				
Becontree Heath Ship & Anchor	0013	0032			0532	0550	0610	0629	0641	0654		1047		1323	Then about	1918				
Goodmayes Lord Napier	0020	0039			0539	0558	0618	0638	0650	0703		1057		1333	every	1927				
Ilford High Road Hainault Street	0026	0045			0545	0606	0627	0647	0659	0712		1107		1343	every 12 minutes	1937				
Ilford Station	0030	0049			0549	0610	0631	0651	0703	0717		1113		1349	mins.	1942				
Gants Hill Station Cranbrook Road (S)	0035	0054			0554	0616	0637	0657	0710	0724		1120		1356	until	1949				
Barkingside Chequers	0040	0059			0559	0621	0642	0702	0716	0731		1127		1403		1956				
Claybury Broadway	0045	0104			0604	0626	0648	0709	0724	0740		1134		1410		2003				
Romford Station	1912	1925	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340					
Queen's Hospital	1920	1933	1948	2008	2028	2048	2107	2127	2146	2206	2226	2246	2306	2326	2346					
Becontree Heath Ship & Anchor	1929	1942	1957	2017	2037	2056	2115	2135	2154	2213	2233	2253	2313	2333	2353					
Goodmayes Lord Napier	1938	1951	2006	2026	2046	2105	2124	2143	2202	2221	2240	2300	2320	2340	0000					
Ilford High Road Hainault Street	1948	2000	2014	2034	2054	2113	2132	2150	2209	2228	2247	2307	2327	2347	0006					
Ilford Station	1953	2005	2019	2039	2058	2117	2136	2154	2213	2232	2251	2311	2331	2351	0010					
Gants Hill Station Cranbrook Road (S)	2000	2012	2026	2046	2105	2124	2142	2200	2218	2237	2256	2316	2336	2356	0015					
Barkingside Chequers	2007	2019	2033	2052	2111	2130	2148	2206	2224	2243	2302	2322	2341	0001	0020					
Claybury Broadway	2014	2026	2039	2058	2117	2136	2154	2212	2229	2248	2307	2327	2346	0006	0025					
128 Saturdays (also Good Friday)																				
Romford Station	0000	0020			0520	0537	0557	0617	0637	0655	0713	0730	0745	0800	0815		1804			
Queen's Hospital	0006	0026			0526	0543	0603	0623	0643	0701	0719	0736	0751	0807	0822		1813			
Becontree Heath Ship & Anchor	0013	0032			0532	0550	0610	0630	0650	0708	0726	0743	0759	0815	0830		1822			
Goodmayes Lord Napier	0020	0039			0539	0557	0617	0637	0657	0715	0734	0751	0807	0823	0838		1832			
Ilford High Road Hainault Street	0026	0045			0545	0604	0624	0644	0704	0722	0741	0758	0814	0830	0846		1842			
Ilford Station	0030	0049			0549	0608	0628	0648	0708	0726	0745	0802	0818	0834	0850		1847			
Gants Hill Station Cranbrook Road (S)	0035	0054			0554	0613	0633	0653	0713	0731	0750	0808	0824	0840	0856		1855			
Barkingside Chequers	0040	0059			0559	0618	0639	0659	0719	0737	0756	0814	0830	0846	0902		1902			
Claybury Broadway	0045	0104			0604	0623	0644	0704	0724	0742	0801	0819	0836	0852	0908		1908			
Romford Station	1817	1830	1845	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Queen's Hospital	1825	1838	1853	1908	1928	1947	2007	2027	2047	2106	2126	2146	2206	2226	2246	2306	2326	2346		
Becontree Heath Ship & Anchor	1834	1846	1901	1916	1936	1955	2015	2035	2055	2114	2134	2154	2213	2233	2253	2313	2333	2353		
Goodmayes Lord Napier	1843	1855	1910	1925	1945	2004	2023	2043	2103	2122	2142	2202	2221	2240	2300	2320	2340	0000		
Ilford High Road Hainault Street	1853	1905	1919	1934	1953	2012	2031	2050	2110	2129	2149	2209	2228	2247	2307	2327	2347	0006		
Ilford Station	1858	1910	1924	1939	1958	2017	2036	2055	2114	2133	2153	2213	2232	2251	2311	2331	2351	0010		
Gants Hill Station Cranbrook Road (S)	1906	1918	1932	1946	2005	2024	2043	2101	2120	2139	2159	2218	2237	2256	2316	2336	2356	0015		
Barkingside Chequers	1913	1925	1938	1952	2011	2030	2049	2107	2126	2145	2205	2224	2243	2302	2322	2341	0001	0020		
Claybury Broadway	1919	1931	1944	1958	2017	2036	2055	2113	2132	2150	2210	2229	2248	2307	2327	2346	0006	0025		
128 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Romford Station	0000	0020			0520	0537	0607	0627	0647	0707	0727	0746	0804	0824	0844	0904	0924	0942		
Queen's Hospital	0006	0026			0526	0543	0613	0633	0653	0713	0733	0752	0810	0830	0850	0911	0931	0949		
Becontree Heath Ship & Anchor	0013	0032			0532	0550	0620	0640	0700	0720	0740	0759	0817	0837	0858	0919	0939	0957		
Goodmayes Lord Napier	0020	0039			0539	0557	0627	0647	0707	0727	0747	0806	0825	0845	0906	0928	0948	1007		
Ilford High Road Hainault Street	0026	0045			0545	0604	0634	0654	0714	0734	0754	0813	0832	0853	0914	0936	0956	1016		
Ilford Station	0030	0049			0549	0608	0638	0658	0718	0738	0758	0817	0836	0857	0919	0941	1001	1021		
Gants Hill Station Cranbrook Road (S)	0035	0054			0554	0613	0643	0703	0723	0743	0803	0822	0842	0903	0925	0947	1008	1028		
Barkingside Chequers	0040	0059			0559	0618	0648	0708	0728	0748	0808	0828	0848	0909	0931	0953	1015	1035		
Claybury Broadway	0045	0104			0604	0623	0653	0713	0733	0753	0813	0833	0853	0915	0937	0959	1021	1041		
Romford Station	1001	1020	1040	1059	1119	1138	1157					1517	1537	1557	1618	1638	1658	1718	1738	1759
Queen's Hospital	1009	1028	1048	1107	1127	1147	1206					1526	1546	1606	1627	1646	1706	1726	1746	1807
Becontree Heath Ship & Anchor	1017	1036	1056	1116	1136	1156	1216					1536	1556	1616	1636	1655	1715	1735	1754	1815
Goodmayes Lord Napier	1027	1046	1106	1126	1146	1206	1226					1546	1606	1626	1646	1705	1725	1745	1804	1824
Ilford High Road Hainault Street	1036	1056	1116	1136	1156	1216	1236					1556	1616	1636	1656	1715	1735	1755	1813	1833
Ilford Station	1041	1101	1121	1141	1201	1221	1241					1601	1621	1641	1701	1720	1740	1800	1818	1838
Gants Hill Station Cranbrook Road (S)	1048	1108	1128	1148	1209	1229	1249					1609	1629	1649	1709	1728	1748	1807	1825	1845
Barkingside Chequers	1056	1116	1136	1156	1216	1237	1257					1617	1636	1656	1716	1735	1755	1814	1832	1852
Claybury Broadway	1102	1122	1142	1202	1223	1244	1304					1624	1643	1703	1723	1742	1802	1821	1839	1858
Romford Station	1820	1840	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340			
Queen's Hospital	1827	1847	1907	1927	1947	2007	2026	2046	2106	2126	2146	2206	2226	2246	2306	2326	2346			
Becontree Heath Ship & Anchor	1835	1855	1915	1935	1955	2015	2034	2054	2113	2133	2153	2213	2233	2253	2313	2333	2353			
Goodmayes Lord Napier	1844	1904	1924	1943	2003	2023	2042	2101	2120	2140	2200	2220	2240	2300	2320	2340	0000			
Ilford High Road Hainault Street	1853	1912	1932	1951	2011	2031	2049	2108	2127	2147	2207	2227	2247	2307	2327	2347	0006			
Ilford Station	1858	1917	1937	1955	2015	2035	2053	2112	2131	2151	2211	2231	2251	2311	2331	2351	0010			
Gants Hill Station Cranbrook Road (S)	1905	1924	1944	2002	2021	2041	2059	2118	2137	2157	2217	2236	2256	2316	2336	2356	0015			
Barkingside Chequers	1912	1931	1950	2008	2027	2047	2105	2124	2143	2203	2223	2242	2302	2322	2341	0001	0020			
Claybury Broadway	1918	1937	1956	2014	2033	2052	2110	2129	2148	2208	2228	2247	2307	2327	2346	0006	0025			