

128		Mondays to Fridays																
Claybury Broadway	0015	0040		0510	0529	0545	0603	0619	0628	0638	0649	0659	0709	0720	0730	0741	0752	
Barkingside Chequers	0020	0045		0515	0535	0551	0609	0625	0635	0645	0656	0706	0716	0728	0738	0749	0801	
Gants Hill Station Cranbrook Road (S)	0025	0050	Then	0520	0540	0556	0615	0631	0641	0651	0702	0713	0723	0736	0746	0757	0810	
Ilford Station	0030	0055	every 30	0525	0545	0601	0620	0636	0646	0657	0708	0720	0731	0743	0754	0806	0819	
Ilford High Road Hainault Street	0034	0059	minutes	0529	0549	0605	0624	0640	0650	0702	0713	0725	0736	0748	0759	0811	0824	
Goodmayes Lord Napier	0040	0105	until	0535	0555	0611	0631	0648	0659	0711	0723	0735	0746	0758	0809	0821	0834	
Becontree Heath Ship & Anchor	0047	0112		0542	0603	0620	0640	0658	0709	0722	0735	0748	0759	0811	0823	0835	0848	
Queen's Hospital	0053	0118		0548	0610	0628	0649	0708	0719	0732	0746	0759	0810	0822	0834	0846	0859	
Romford Station	0059	0124		0554	0617	0636	0657	0717	0729	0742	0756	0808	0820	0832	0844	0856	0909	
Claybury Broadway	0804	0816	0828	0840	0853	0906	0919	0932	0945		Then	1321	1333	1345	1357	1409	1420	1430
Barkingside Chequers	0813	0825	0837	0849	0902	0915	0928	0940	0953		every 12	1329	1341	1353	1405	1417	1428	1438
Gants Hill Station Cranbrook Road (S)	0822	0834	0846	0858	0911	0924	0936	0948	1001		minutes	1337	1349	1401	1413	1425	1436	1446
Ilford Station	0831	0843	0855	0907	0919	0932	0944	0956	1008		until	1344	1356	1408	1421	1433	1444	1454
Ilford High Road Hainault Street	0836	0848	0900	0912	0924	0937	0949	1001	1013			1349	1402	1414	1427	1439	1450	1500
Goodmayes Lord Napier	0846	0858	0909	0921	0933	0946	0958	1010	1022			1358	1412	1424	1437	1449	1500	1510
Becontree Heath Ship & Anchor	0900	0911	0922	0934	0946	0958	1010	1022	1034			1410	1424	1436	1449	1501	1512	1524
Queen's Hospital	0910	0921	0932	0944	0956	1008	1020	1032	1044			1420	1434	1446	1459	1511	1523	1535
Romford Station	0920	0931	0942	0954	1006	1018	1030	1042	1054			1430	1444	1456	1509	1521	1533	1545
Claybury Broadway	1441	1452	1503		Then	1651	1703	1715	1727	1739	1751	1803	1815	1827	1839	1851	1904	1919
Barkingside Chequers	1449	1500	1511		every 12	1659	1711	1723	1735	1747	1759	1811	1822	1834	1846	1858	1911	1925
Gants Hill Station Cranbrook Road (S)	1457	1508	1520		minutes	1708	1719	1731	1743	1755	1807	1819	1830	1841	1853	1905	1918	1932
Ilford Station	1505	1517	1529		until	1717	1728	1740	1752	1804	1816	1827	1838	1849	1901	1912	1925	1939
Ilford High Road Hainault Street	1511	1523	1535			1723	1734	1746	1758	1810	1822	1833	1843	1854	1906	1917	1930	1944
Goodmayes Lord Napier	1522	1534	1546			1734	1745	1757	1809	1821	1833	1844	1854	1904	1916	1926	1939	1953
Becontree Heath Ship & Anchor	1536	1548	1600			1748	1758	1810	1821	1833	1845	1856	1906	1916	1927	1937	1949	2003
Queen's Hospital	1547	1559	1611			1759	1809	1820	1831	1843	1854	1905	1915	1925	1936	1946	1957	2011
Romford Station	1557	1609	1621			1809	1819	1830	1841	1852	1903	1913	1923	1933	1944	1954	2005	2019
Claybury Broadway	1934	1954	2014	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355				
Barkingside Chequers	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000				
Gants Hill Station Cranbrook Road (S)	1947	2007	2027	2046	2106	2126	2146	2206	2226	2245	2305	2325	2345	0005				
Ilford Station	1954	2013	2033	2052	2112	2132	2151	2211	2231	2250	2310	2330	2350	0010				
Ilford High Road Hainault Street	1959	2018	2038	2057	2117	2136	2155	2215	2235	2254	2314	2334	2354	0014				
Goodmayes Lord Napier	2007	2026	2046	2104	2124	2143	2202	2222	2241	2300	2320	2340	0000	0020				
Becontree Heath Ship & Anchor	2017	2036	2055	2113	2132	2151	2210	2230	2249	2308	2328	2347	0007	0027				
Queen's Hospital	2025	2043	2102	2120	2139	2158	2217	2236	2255	2314	2334	2353	0013	0033				
Romford Station	2033	2051	2109	2127	2146	2205	2224	2242	2301	2320	2340	2359	0019	0039				





