



128		Saturdays (also Good Friday)															
Claybury Broadway	0015	0042	Then every 30 minutes until	0442	0509	0529	0549	0609	0629	0644	0657	0712	0727	0741	0755	0810	0822
Barkingside Chequers	0021	0048		0448	0515	0535	0555	0615	0635	0650	0703	0718	0733	0747	0801	0816	0828
Gants Hill Station Cranbrook Road (S)	0026	0053		0453	0520	0540	0600	0620	0640	0655	0708	0723	0738	0752	0807	0822	0834
Ilford Station	0031	0058		0458	0525	0545	0605	0625	0645	0700	0713	0728	0743	0758	0814	0829	0841
Ilford High Road Hainault Street	0035	0102		0502	0529	0549	0609	0629	0649	0704	0717	0732	0747	0802	0819	0834	0846
Goodmayes Lord Napier	0041	0108		0508	0535	0555	0615	0635	0655	0710	0723	0738	0753	0808	0825	0840	0852
Becontree Heath Ship & Anchor	0048	0115		0515	0542	0602	0622	0642	0702	0717	0730	0745	0800	0815	0832	0847	0859
Queen's Hospital	0054	0121	0521	0548	0608	0628	0648	0708	0723	0736	0753	0809	0824	0841	0856	0908	
Romford Station	0059	0126	0526	0553	0613	0633	0653	0713	0728	0742	0759	0816	0831	0848	0903	0915	
Claybury Broadway	0834	0846	0858	0910	0922	0933	0943	0953	1003	Then every 12 minutes until	1115	1127	1139	1151	Then every 12 minutes until	1615	
Barkingside Chequers	0840	0852	0904	0916	0928	0939	0949	0959	1011		1123	1135	1147	1159		1623	
Gants Hill Station Cranbrook Road (S)	0846	0858	0910	0922	0934	0945	0955	1007	1019		1131	1143	1155	1207		1631	
Ilford Station	0853	0905	0917	0929	0941	0952	1002	1014	1026		1138	1150	1202	1215		1639	
Ilford High Road Hainault Street	0858	0910	0922	0934	0946	0957	1008	1020	1032		1144	1156	1209	1222		1646	
Goodmayes Lord Napier	0905	0917	0929	0941	0953	1005	1017	1029	1041		1153	1205	1218	1231		1655	
Becontree Heath Ship & Anchor	0912	0924	0937	0950	1003	1017	1029	1041	1053		1205	1218	1231	1244		1708	
Queen's Hospital	0921	0933	0947	1000	1013	1027	1039	1051	1103	1215	1228	1241	1254	1718			
Romford Station	0928	0941	0955	1010	1023	1037	1049	1101	1113	1225	1238	1251	1304	1728			
Claybury Broadway	1627	1639	1651	1703	1715	1727	1739	1751	1804	1819	1834	1849	1904	1920	1935	Then every 20 minutes until	2315
Barkingside Chequers	1635	1647	1659	1711	1723	1735	1747	1759	1811	1826	1841	1856	1911	1926	1941		2321
Gants Hill Station Cranbrook Road (S)	1643	1655	1707	1719	1731	1743	1755	1807	1817	1832	1847	1902	1916	1931	1946		2326
Ilford Station	1651	1703	1715	1727	1739	1751	1803	1814	1824	1839	1854	1908	1922	1937	1951		2331
Ilford High Road Hainault Street	1658	1710	1722	1734	1746	1758	1809	1820	1830	1844	1859	1912	1926	1941	1955		2335
Goodmayes Lord Napier	1707	1719	1731	1743	1755	1807	1817	1828	1838	1852	1907	1919	1933	1947	2001		2341
Becontree Heath Ship & Anchor	1719	1731	1743	1755	1807	1817	1826	1837	1847	1901	1915	1927	1940	1954	2008		2348
Queen's Hospital	1729	1741	1753	1805	1815	1825	1834	1845	1855	1908	1922	1934	1947	2001	2015	2355	
Romford Station	1739	1751	1803	1812	1822	1832	1841	1851	1901	1914	1927	1939	1952	2006	2020	0000	
Claybury Broadway	2335	2355															
Barkingside Chequers	2341	0001															
Gants Hill Station Cranbrook Road (S)	2346	0006															
Ilford Station	2351	0011															
Ilford High Road Hainault Street	2355	0015															
Goodmayes Lord Napier	0001	0021															
Becontree Heath Ship & Anchor	0008	0028															
Queen's Hospital	0014	0034															
Romford Station	0019	0039															
128		Sundays and other Public Holidays (except Christmas Day and Boxing Day)															
Claybury Broadway	0015	0042	Then every 30 minutes until	0442	0509	0539	0609	0639	0709	0736	0756	0816	0836	0856	0916	0936	0955
Barkingside Chequers	0021	0048		0448	0515	0545	0615	0645	0715	0742	0802	0822	0842	0902	0922	0942	1001
Gants Hill Station Cranbrook Road (S)	0026	0053		0453	0520	0550	0620	0650	0720	0747	0807	0827	0848	0909	0929	0949	1008
Ilford Station	0031	0058		0458	0525	0555	0625	0655	0725	0752	0812	0833	0854	0916	0936	0956	1015
Ilford High Road Hainault Street	0035	0102		0502	0529	0559	0629	0659	0729	0756	0816	0838	0900	0922	0942	1002	1021
Goodmayes Lord Napier	0041	0108		0508	0535	0605	0635	0705	0735	0802	0822	0844	0907	0929	0949	1009	1028
Becontree Heath Ship & Anchor	0048	0115		0515	0542	0612	0642	0712	0742	0809	0830	0853	0916	0938	0958	1018	1038
Queen's Hospital	0054	0121	0521	0548	0618	0648	0718	0748	0815	0836	0859	0924	0946	1006	1026	1046	
Romford Station	0059	0126	0526	0553	0623	0653	0723	0753	0820	0841	0906	0931	0953	1013	1033	1054	
Claybury Broadway	1014	1032	Then every 20 minutes until	1652	1712	1732	1753	1815	1835	1855	1915	1935	1955	2015	Then every 20 minutes until	2315	
Barkingside Chequers	1020	1038		1658	1718	1738	1759	1821	1841	1901	1921	1941	2001	2021		2321	
Gants Hill Station Cranbrook Road (S)	1027	1046		1706	1726	1746	1807	1827	1847	1907	1927	1947	2006	2026		2326	
Ilford Station	1034	1054		1714	1734	1754	1814	1834	1854	1913	1933	1953	2012	2031		2331	
Ilford High Road Hainault Street	1041	1101		1721	1741	1801	1820	1839	1859	1918	1938	1958	2017	2035		2335	
Goodmayes Lord Napier	1049	1109		1729	1749	1808	1827	1846	1906	1925	1945	2005	2023	2041		2341	
Becontree Heath Ship & Anchor	1059	1119		1739	1759	1817	1835	1854	1914	1933	1953	2012	2030	2048		2348	
Queen's Hospital	1107	1127	1747	1807	1824	1842	1901	1921	1940	2000	2019	2037	2055	2355			
Romford Station	1115	1135	1755	1814	1830	1848	1907	1927	1946	2005	2024	2042	2100	0000			
Claybury Broadway	2335	2355															
Barkingside Chequers	2341	0001															
Gants Hill Station Cranbrook Road (S)	2346	0006															
Ilford Station	2351	0011															
Ilford High Road Hainault Street	2355	0015															
Goodmayes Lord Napier	0001	0021															
Becontree Heath Ship & Anchor	0008	0028															
Queen's Hospital	0014	0034															
Romford Station	0019	0039															

128		Mondays to Fridays														
Romford Station	0000 0020		0520 0539 0554 0610 0621 0631 0643 0655 0705 0715 0725 0737 0749 0801													
Queen's Hospital	0006 0026		0526 0545 0601 0617 0629 0641 0653 0705 0715 0725 0736 0748 0800 0812													
Becontree Heath Ship & Anchor	0011 0031	Then	0531 0550 0607 0623 0636 0648 0700 0712 0722 0732 0744 0756 0808 0820													
Goodmayes Lord Napier	0020 0040	every 30	0540 0559 0616 0632 0646 0658 0710 0722 0732 0744 0756 0808 0820 0832													
Ilford High Road Hainault Street	0026 0046	minutes	0546 0605 0622 0640 0654 0706 0719 0731 0743 0755 0807 0819 0831 0843													
Ilford Station	0030 0050	until	0550 0609 0626 0644 0659 0711 0724 0737 0749 0801 0813 0825 0837 0849													
Gants Hill Station Cranbrook Road (S)	0036 0056		0556 0615 0632 0652 0708 0720 0733 0747 0759 0811 0823 0835 0847 0859													
Barkingside Chequers	0041 0101		0601 0620 0637 0657 0713 0726 0739 0753 0805 0817 0829 0841 0853 0905													
Claybury Broadway	0046 0106		0606 0625 0644 0704 0720 0735 0749 0803 0815 0827 0839 0851 0903 0915													
Romford Station	0813 0825 0837 0849 0901 0913 0926		1350 1402 1413 1423 1433 1443 1454 1505 1517													
Queen's Hospital	0824 0836 0848 0900 0912 0924 0937		1401 1413 1424 1434 1444 1454 1505 1517 1529													
Becontree Heath Ship & Anchor	0832 0844 0856 0908 0920 0933 0946	Then	1410 1422 1433 1443 1453 1503 1515 1527 1539													
Goodmayes Lord Napier	0844 0856 0908 0920 0931 0943 0955	every 12	1419 1431 1442 1452 1502 1514 1526 1538 1550													
Ilford High Road Hainault Street	0855 0907 0919 0930 0941 0952 1004	minutes	1428 1440 1451 1501 1513 1525 1537 1549 1601													
Ilford Station	0901 0913 0925 0936 0947 0958 1010	until	1434 1446 1457 1507 1519 1531 1543 1555 1607													
Gants Hill Station Cranbrook Road (S)	0911 0923 0933 0943 0954 1005 1017		1441 1453 1505 1517 1529 1541 1553 1605 1617													
Barkingside Chequers	0917 0928 0938 0948 0959 1010 1022		1446 1458 1511 1523 1535 1547 1559 1611 1623													
Claybury Broadway	0926 0936 0946 0956 1007 1018 1030		1454 1507 1520 1532 1544 1556 1608 1620 1632													
Romford Station	1529		1741 1753 1805 1817 1829 1841 1853 1905 1920 1935 1955 2015 2035 2056 2118													
Queen's Hospital	1541		1753 1805 1817 1829 1841 1853 1905 1916 1931 1946 2005 2025 2045 2106 2127													
Becontree Heath Ship & Anchor	1551	Then	1803 1815 1827 1839 1851 1903 1914 1925 1940 1954 2013 2033 2053 2113 2133													
Goodmayes Lord Napier	1602	every 12	1814 1826 1838 1850 1902 1913 1924 1935 1950 2004 2023 2043 2103 2122 2142													
Ilford High Road Hainault Street	1613	minutes	1825 1837 1849 1901 1911 1922 1932 1943 1958 2012 2031 2051 2110 2128 2148													
Ilford Station	1619	until	1831 1843 1855 1906 1916 1927 1937 1948 2003 2017 2036 2056 2114 2132 2152													
Gants Hill Station Cranbrook Road (S)	1629		1841 1853 1903 1914 1924 1935 1945 1956 2011 2025 2044 2104 2120 2138 2158													
Barkingside Chequers	1635		1847 1859 1909 1920 1930 1941 1951 2002 2017 2031 2050 2109 2125 2143 2203													
Claybury Broadway	1644		1856 1906 1916 1927 1937 1948 1958 2009 2024 2038 2057 2114 2130 2148 2208													
Romford Station	2139 2159 2219 2239 2259 2320 2340															
Queen's Hospital	2147 2207 2227 2247 2307 2328 2348															
Becontree Heath Ship & Anchor	2153 2213 2233 2253 2313 2334 2354															
Goodmayes Lord Napier	2202 2222 2242 2302 2322 2343 0003															
Ilford High Road Hainault Street	2208 2228 2248 2308 2328 2349 0009															
Ilford Station	2212 2232 2252 2312 2332 2353 0013															
Gants Hill Station Cranbrook Road (S)	2218 2238 2258 2318 2338 2359 0019															
Barkingside Chequers	2223 2243 2303 2323 2343 0004 0024															
Claybury Broadway	2228 2248 2308 2328 2348 0009 0029															

128		Saturdays (also Good Friday)																
Romford Station	0000 0020		0520	0539	0559	0619	0639	0659	0713	0727	0741	0754	0807	0819	0831	0843		
Queen's Hospital	0006 0026		0526	0545	0605	0625	0645	0705	0719	0733	0747	0800	0816	0828	0840	0852		
Becontree Heath Ship & Anchor	0011 0031	Then	0531	0550	0610	0630	0650	0710	0724	0738	0752	0807	0823	0835	0847	0859		
Goodmayes Lord Napier	0020 0040	every 30	0540	0559	0619	0639	0659	0719	0733	0747	0801	0816	0832	0844	0856	0908		
Ilford High Road Hainault Street	0026 0046	minutes	0546	0605	0625	0645	0705	0725	0739	0753	0808	0823	0839	0851	0903	0915		
Ilford Station	0030 0050	until	0550	0609	0629	0649	0709	0729	0743	0757	0812	0827	0843	0855	0907	0919		
Gants Hill Station Cranbrook Road (S)	0036 0056		0556	0615	0635	0655	0715	0735	0749	0804	0819	0834	0850	0902	0914	0926		
Barkingside Chequers	0041 0101		0601	0620	0640	0700	0720	0740	0755	0810	0825	0840	0856	0908	0920	0932		
Claybury Broadway	0046 0106		0606	0625	0645	0705	0725	0745	0801	0816	0831	0846	0902	0914	0926	0938		
Romford Station	0855 0907 0918 0930 0941 0952 1003																	
Queen's Hospital	0904 0916 0927 0939 0950 1001 1013																	
Becontree Heath Ship & Anchor	0911 0923 0934 0946 0957 1008 1020	Then																
Goodmayes Lord Napier	0920 0932 0943 0955 1007 1020 1032	every 12																
Ilford High Road Hainault Street	0927 0939 0950 1002 1015 1028 1040	minutes																
Ilford Station	0932 0944 0955 1008 1021 1034 1046	until																
Gants Hill Station Cranbrook Road (S)	0939 0951 1003 1016 1029 1042 1054																	
Barkingside Chequers	0945 0957 1010 1023 1036 1049 1101																	
Claybury Broadway	0951 1004 1017 1030 1043 1056 1108																	
Romford Station	1305		1641	1653	1705	1717	1729	1741	1753	1808	1823	1839	1859	1919		2259		
Queen's Hospital	1318		1654	1706	1717	1729	1741	1753	1805	1817	1832	1848	1907	1927		2307		
Becontree Heath Ship & Anchor	1327	Then	1703	1714	1725	1737	1749	1801	1811	1823	1838	1854	1913	1933	Then	2313		
Goodmayes Lord Napier	1339	every 12	1715	1726	1737	1749	1801	1811	1821	1833	1848	1904	1922	1942	every 20	2322		
Ilford High Road Hainault Street	1348	minutes	1724	1735	1746	1758	1809	1819	1829	1841	1856	1912	1929	1948	minutes	2328		
Ilford Station	1354	until	1730	1741	1752	1804	1814	1824	1834	1846	1902	1916	1933	1952	until	2332		
Gants Hill Station Cranbrook Road (S)	1402		1738	1749	1800	1811	1821	1831	1841	1853	1908	1922	1939	1958		2338		
Barkingside Chequers	1409		1745	1756	1806	1817	1827	1837	1847	1859	1913	1927	1944	2003		2343		
Claybury Broadway	1416		1752	1803	1812	1823	1833	1843	1853	1905	1918	1932	1949	2008		2348		
Romford Station	2320 2340																	
Queen's Hospital	2328 2348																	
Becontree Heath Ship & Anchor	2334 2354																	
Goodmayes Lord Napier	2343 0003																	
Ilford High Road Hainault Street	2349 0009																	
Ilford Station	2353 0013																	
Gants Hill Station Cranbrook Road (S)	2359 0019																	
Barkingside Chequers	0004 0024																	
Claybury Broadway	0009 0029																	
128		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Romford Station	0000 0020		0520	0539	0609	0639	0703					0843	0900	0918	0937	0956	1015	1034
Queen's Hospital	0006 0026		0526	0545	0615	0645	0709					0849	0909	0927	0946	1006	1025	1044
Becontree Heath Ship & Anchor	0011 0031	Then	0531	0550	0620	0650	0714	Then				0854	0915	0933	0952	1012	1032	1052
Goodmayes Lord Napier	0020 0040	every 30	0540	0559	0629	0659	0723	every 20				0903	0924	0943	1003	1024	1044	1104
Ilford High Road Hainault Street	0026 0046	minutes	0546	0605	0635	0705	0729	minutes				0909	0930	0949	1010	1031	1051	1111
Ilford Station	0030 0050	until	0550	0609	0639	0709	0733	until				0913	0934	0954	1016	1037	1057	1117
Gants Hill Station Cranbrook Road (S)	0036 0056		0556	0615	0645	0715	0739					0919	0940	1001	1024	1045	1105	1125
Barkingside Chequers	0041 0101		0601	0620	0650	0720	0744					0924	0945	1006	1029	1052	1112	1132
Claybury Broadway	0046 0106		0606	0625	0655	0725	0749					0929	0950	1012	1035	1058	1118	1138
Romford Station	1054		1654	1714	1734	1756	1818	1839	1859	1919	1939	1959				2259	2320	2340
Queen's Hospital	1104		1704	1724	1744	1806	1826	1847	1907	1927	1947	2007				2307	2328	2348
Becontree Heath Ship & Anchor	1112	Then	1712	1732	1752	1812	1832	1853	1913	1933	1953	2013	Then			2313	2334	2354
Goodmayes Lord Napier	1124	every 20	1724	1744	1804	1824	1844	1904	1924	1944	2004	2022	every 20			2322	2343	0003
Ilford High Road Hainault Street	1131	minutes	1731	1751	1811	1831	1851	1911	1931	1951	2010	2028	minutes			2328	2349	0009
Ilford Station	1137	until	1737	1757	1816	1836	1856	1916	1936	1956	2014	2032	until			2332	2353	0013
Gants Hill Station Cranbrook Road (S)	1145		1745	1805	1824	1843	1903	1923	1943	2003	2020	2038				2338	2359	0019
Barkingside Chequers	1152		1752	1811	1830	1849	1909	1929	1949	2008	2025	2043				2343	0004	0024
Claybury Broadway	1158		1758	1816	1835	1854	1914	1934	1954	2013	2030	2048				2348	0009	0029