

128 Mondays to Fridays																			
Claybury Broadway	0015	0040			0510	0529	0546	0603	0618		0945		1357	1851					
Barkingside Chequers	0020	0045			0515	0535	0552	0609	0625		0953		1405	1858					
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	0557	0615	0631	Then	1001	Then	1413	1906					
Ilford Station	0030	0055	every 30		0525	0545	0602	0620	0636	about	1009	every 12	1421	1914					
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	0606	0624	0640	every 12	1014	minutes	1426	1919					
Goodmayes Lord Napier	0040	0105	until		0535	0555	0612	0631	0648	minutes	1023	until	1435	1928					
Becontree Heath Ship & Anchor	0047	0112			0542	0603	0621	0640	0658	until	1035		1447	1939					
Queen's Hospital	0053	0118			0548	0610	0629	0649	0708		1045		1457	1947					
Romford Station	0059	0124			0554	0617	0637	0657	0717		1055		1507	1955					
Claybury Broadway	1904	1919	1934	1949	2004	2034	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355			
Barkingside Chequers	1910	1925	1940	1955	2009	2039	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000			
Gants Hill Station Cranbrook Road (S)	1918	1933	1947	2002	2015	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005			
Ilford Station	1926	1941	1955	2009	2022	2052	2112	2131	2150	2210	2230	2250	2310	2330	2350	0010			
Ilford High Road Hainault Street	1931	1946	2000	2013	2026	2056	2116	2135	2154	2214	2234	2254	2314	2334	2354	0014			
Goodmayes Lord Napier	1940	1955	2008	2021	2034	2104	2124	2143	2202	2221	2241	2300	2320	2340	0000	0020			
Becontree Heath Ship & Anchor	1951	2005	2018	2031	2044	2113	2132	2151	2210	2229	2249	2308	2328	2347	0007	0027			
Queen's Hospital	1959	2012	2025	2038	2051	2120	2139	2158	2217	2236	2255	2314	2334	2353	0013	0033			
Romford Station	2007	2020	2033	2046	2059	2127	2146	2205	2224	2242	2301	2320	2340	2359	0019	0039			
128 Saturdays																			
Claybury Broadway	0015	0040			0510	0530			0650	0705	0720	0735	0750	0805		1805	1818		
Barkingside Chequers	0020	0045			0515	0535			0655	0710	0725	0740	0756	0811		1811	1824		
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	Then		0700	0715	0730	0746	0802	0817	Then	1820	1833		
Ilford Station	0030	0055	every 30		0525	0545	every 20		0705	0720	0736	0752	0809	0823	about	1828	1841		
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	minutes		0709	0724	0740	0756	0813	0827	every 12	1833	1846		
Goodmayes Lord Napier	0040	0105	until		0535	0554	until		0714	0730	0746	0802	0820	0834	minutes	1843	1856		
Becontree Heath Ship & Anchor	0047	0112			0542	0602			0722	0738	0754	0811	0829	0844	until	1854	1907		
Queen's Hospital	0053	0118			0548	0609			0729	0745	0801	0818	0836	0852		1902	1914		
Romford Station	0059	0124			0554	0616			0736	0752	0808	0826	0844	0900		1909	1921		
Claybury Broadway	1833	1848	1903	1919	1934	1954	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	
Barkingside Chequers	1839	1854	1909	1925	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	
Gants Hill Station Cranbrook Road (S)	1848	1903	1918	1934	1949	2009	2028	2048	2107	2127	2147	2206	2226	2246	2305	2325	2345	0005	
Ilford Station	1856	1911	1925	1941	1956	2016	2034	2054	2113	2133	2153	2212	2232	2251	2310	2330	2350	0010	
Ilford High Road Hainault Street	1901	1916	1930	1946	2001	2020	2038	2058	2117	2137	2157	2216	2236	2255	2314	2334	2354	0014	
Goodmayes Lord Napier	1910	1925	1939	1955	2010	2028	2046	2105	2124	2144	2204	2223	2242	2301	2320	2340	0000	0020	
Becontree Heath Ship & Anchor	1922	1936	1950	2006	2020	2038	2056	2114	2133	2153	2213	2232	2250	2309	2328	2347	0007	0027	
Queen's Hospital	1929	1943	1957	2013	2027	2045	2103	2121	2140	2200	2220	2239	2256	2315	2334	2353	0013	0033	
Romford Station	1936	1950	2004	2020	2034	2052	2110	2128	2147	2207	2227	2245	2302	2321	2340	2359	0019	0039	
128 Sundays																			
Claybury Broadway	0015	0040			0510	0530	0600	0630	0700	0727	0747	0807	0826	0845	0905	0924	0943	1001	
Barkingside Chequers	0020	0045			0515	0535	0605	0635	0705	0732	0752	0812	0831	0850	0911	0930	0950	1008	
Gants Hill Station Cranbrook Road (S)	0025	0050	Then		0520	0540	0610	0640	0710	0737	0757	0817	0836	0855	0917	0936	0956	1015	
Ilford Station	0030	0055	every 30		0525	0545	0615	0645	0715	0742	0802	0822	0841	0901	0923	0942	1002	1021	
Ilford High Road Hainault Street	0034	0059	minutes		0529	0549	0619	0649	0719	0746	0806	0826	0845	0905	0927	0946	1006	1025	
Goodmayes Lord Napier	0040	0105	until		0535	0554	0624	0654	0725	0752	0812	0832	0851	0912	0934	0954	1014	1034	
Becontree Heath Ship & Anchor	0047	0112			0542	0602	0632	0702	0733	0800	0820	0841	0901	0922	0944	1005	1025	1045	
Queen's Hospital	0053	0118			0548	0609	0639	0709	0740	0807	0828	0849	0909	0930	0952	1013	1034	1054	
Romford Station	0059	0124			0554	0616	0646	0716	0747	0814	0835	0856	0917	0938	1000	1021	1042	1102	
Claybury Broadway	1020	1039	1057	1116	1135				1455	1515	1535	1555	1615	1635	1655	1715	1735	1755	1815
Barkingside Chequers	1027	1046	1104	1123	1142				1502	1522	1542	1602	1622	1642	1701	1721	1741	1801	1821
Gants Hill Station Cranbrook Road (S)	1034	1053	1112	1131	1150	Then			1510	1530	1550	1610	1630	1650	1709	1729	1749	1808	1828
Ilford Station	1041	1101	1120	1140	1159	every 20			1519	1539	1559	1618	1638	1658	1717	1736	1756	1815	1835
Ilford High Road Hainault Street	1045	1105	1125	1145	1204	minutes			1524	1544	1604	1623	1643	1703	1722	1741	1801	1820	1840
Goodmayes Lord Napier	1054	1114	1134	1154	1214	until			1534	1554	1614	1633	1653	1712	1731	1750	1809	1828	1848
Becontree Heath Ship & Anchor	1105	1125	1145	1205	1226				1546	1606	1625	1644	1704	1723	1742	1801	1819	1838	1858
Queen's Hospital	1114	1134	1154	1214	1235				1555	1615	1634	1653	1713	1732	1750	1809	1827	1846	1906
Romford Station	1123	1143	1203	1224	1245				1605	1624	1643	1702	1721	1740	1758	1816	1834	1853	1913
Claybury Broadway	1835	1855	1915	1935	1955	2015	2035	2055	2115				2255	2315	2335	2355			
Barkingside Chequers	1841	1901	1921	1941	2001	2021	2041	2101	2120				2300	2320	2340	0000			
Gants Hill Station Cranbrook Road (S)	1848	1908	1928	1948	2007	2027	2047	2106	2125	Then			2305	2325	2345	0005			
Ilford Station	1855	1915	1935	1955	2013	2033	2053	2112	2130	every 20			2310	2330	2350	0010			
Ilford High Road Hainault Street	1900	1920	1940	2000	2018	2037	2057	2116	2134	minutes			2314	2334	2354	0014			
Goodmayes Lord Napier	1908	1928	1948	2008	2026	2044	2104	2122	2140	until			2320	2340	0000	0020			
Becontree Heath Ship & Anchor	1918	1938	1958	2017	2035	2053	2112	2130	2148				2328	2347	0007	0027			
Queen's Hospital	1926	1945	2005	2024	2042	2100	2118	2136	2154				2334	2353	0013	0033			
Romford Station	1933	1952	2011	2030	2048	2106	2124	2142	2200				2340	2359	0019	0039			

128 Mondays to Fridays																		
	MO	MX																
Romford Station	0000	0000	0020		0520	0537	0556	0614	0626	0637		0851		1315	1912			
Queen's Hospital	0006	0006	0026		0526	0543	0602	0621	0633	0644	Then	0900		1324	Then 1920			
Becontree Heath Ship & Anchor	0013	0013	0032	Then	0532	0550	0610	0629	0641	0653	about	0910	Then	1334	about 1929			
Goodmayes Lord Napier	0019	0019	0039	every 30	0539	0558	0618	0638	0650	0702	every	0920	every 12	1344	every 1937			
Ilford High Road Hainault Street	0025	0025	0045	minutes	0545	0606	0627	0647	0659	0711	12	0930	minutes	1354	12 1949			
Ilford Station	0029	0029	0049	until	0549	0610	0631	0651	0703	0716	mins.	0936	until	1400	mins. 1954			
Gants Hill Station Cranbrook Road (S)	0033	0034	0054		0554	0616	0637	0657	0710	0724	until	0943		1407	until 2001			
Barkingside Chequers	0038	0039	0059		0559	0621	0642	0702	0716	0731		0951		1415	2008			
Claybury Broadway	0043	0044	0104		0604	0626	0648	0709	0724	0739		0958		1422	2014			
Romford Station	1925	1940	2000	2020	2040	2100	2120	2140	2200			2340						
Queen's Hospital	1933	1947	2007	2027	2047	2106	2126	2146	2206			2346						
Becontree Heath Ship & Anchor	1942	1956	2015	2035	2055	2114	2134	2154	2213	Then		2353						
Goodmayes Lord Napier	1950	2004	2023	2042	2102	2121	2140	2200	2219	every 20		2359						
Ilford High Road Hainault Street	2001	2014	2032	2051	2110	2129	2148	2207	2226	minutes		0006						
Ilford Station	2006	2019	2037	2056	2115	2133	2152	2211	2230	until		0010						
Gants Hill Station Cranbrook Road (S)	2013	2026	2044	2103	2121	2139	2158	2217	2235			0015						
Barkingside Chequers	2020	2033	2051	2109	2127	2145	2204	2222	2240			0020						
Claybury Broadway	2026	2039	2057	2115	2133	2151	2209	2227	2245			0025						
128 Saturdays																		
Romford Station	0000	0020			0520	0538	0558	0618	0638	0658	0716	0731	0746	0801	0816	0830	1830	
Queen's Hospital	0006	0026			0526	0544	0604	0624	0644	0704	0722	0737	0752	0808	0823	0837	Then 1838	
Becontree Heath Ship & Anchor	0013	0032	Then		0532	0551	0611	0631	0651	0711	0729	0744	0759	0816	0832	0846	about 1847	
Goodmayes Lord Napier	0019	0039	every 30		0539	0558	0618	0638	0658	0718	0737	0752	0807	0824	0840	0854	every 1856	
Ilford High Road Hainault Street	0025	0045	minutes		0545	0605	0625	0645	0705	0725	0744	0759	0815	0832	0848	0902	12 1907	
Ilford Station	0029	0049	until		0549	0609	0629	0649	0709	0729	0748	0803	0819	0836	0852	0907	mins. 1913	
Gants Hill Station Cranbrook Road (S)	0034	0054			0554	0614	0634	0654	0715	0735	0754	0809	0825	0842	0858	0913	until 1921	
Barkingside Chequers	0039	0059			0559	0619	0639	0659	0720	0740	0759	0815	0831	0848	0904	0919	1927	
Claybury Broadway	0044	0104			0604	0624	0644	0704	0725	0745	0804	0820	0836	0853	0909	0924	1933	
Romford Station	1845	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340		
Queen's Hospital	1853	1908	1927	1947	2007	2027	2047	2106	2126	2146	2206	2226	2246	2306	2326	2346		
Becontree Heath Ship & Anchor	1902	1917	1935	1955	2015	2035	2055	2114	2134	2154	2213	2233	2253	2313	2333	2353		
Goodmayes Lord Napier	1911	1925	1943	2003	2023	2042	2102	2121	2141	2201	2220	2240	2300	2320	2340	0000		
Ilford High Road Hainault Street	1921	1934	1952	2011	2031	2050	2110	2129	2149	2208	2227	2247	2307	2327	2347	0006		
Ilford Station	1926	1939	1957	2016	2035	2054	2114	2133	2153	2212	2231	2251	2311	2331	2351	0010		
Gants Hill Station Cranbrook Road (S)	1934	1947	2005	2023	2041	2100	2120	2139	2159	2218	2237	2256	2316	2336	2356	0015		
Barkingside Chequers	1940	1953	2011	2029	2047	2106	2126	2145	2205	2224	2243	2302	2321	2341	0001	0020		
Claybury Broadway	1946	1959	2017	2035	2053	2112	2131	2150	2210	2229	2248	2307	2326	2346	0006	0025		
128 Sundays																		
Romford Station	0000	0020			0520	0537	0607	0634	0654	0714	0734	0753	0812	0831	0849	0909	0927	0945
Queen's Hospital	0006	0026			0526	0543	0613	0640	0700	0720	0740	0759	0818	0838	0856	0916	0935	0953
Becontree Heath Ship & Anchor	0013	0032	Then		0532	0550	0620	0647	0707	0727	0747	0806	0826	0846	0904	0924	0943	1001
Goodmayes Lord Napier	0019	0039	every 30		0539	0557	0627	0654	0714	0734	0754	0814	0834	0854	0913	0933	0952	1010
Ilford High Road Hainault Street	0025	0045	minutes		0545	0604	0634	0701	0721	0741	0801	0821	0841	0901	0921	0941	1001	1020
Ilford Station	0029	0049	until		0549	0608	0638	0705	0725	0745	0805	0825	0845	0906	0926	0946	1006	1025
Gants Hill Station Cranbrook Road (S)	0033	0054			0554	0613	0643	0710	0730	0750	0810	0830	0850	0911	0931	0951	1012	1032
Barkingside Chequers	0038	0059			0559	0618	0648	0715	0735	0755	0815	0835	0855	0917	0937	0958	1019	1039
Claybury Broadway	0043	0104			0604	0623	0653	0720	0740	0800	0820	0840	0900	0922	0943	1004	1025	1045
Romford Station	1005	1024	1042	1101	1120	1139	1158	1217			1457	1517	1537	1557	1617	1638	1658	1718
Queen's Hospital	1013	1032	1050	1109	1128	1147	1206	1226			1506	1526	1546	1606	1626	1646	1706	1726
Becontree Heath Ship & Anchor	1021	1040	1100	1118	1137	1156	1216	1236	Then		1516	1536	1556	1616	1636	1656	1715	1735
Goodmayes Lord Napier	1030	1049	1109	1128	1147	1206	1226	1246	every 20		1526	1546	1606	1625	1645	1705	1724	1744
Ilford High Road Hainault Street	1041	1100	1120	1140	1159	1218	1238	1258	minutes		1538	1558	1617	1636	1655	1715	1734	1754
Ilford Station	1046	1105	1125	1145	1204	1224	1244	1304	until		1544	1604	1623	1642	1701	1721	1740	1800
Gants Hill Station Cranbrook Road (S)	1053	1113	1133	1153	1212	1232	1252	1312			1552	1612	1631	1650	1709	1729	1748	1807
Barkingside Chequers	1100	1120	1140	1200	1220	1240	1300	1320			1600	1619	1638	1657	1716	1736	1755	1814
Claybury Broadway	1106	1126	1146	1207	1227	1247	1307	1327			1607	1626	1645	1704	1723	1743	1802	1821
Romford Station	1738	1758	1819	1839	1900	1920	1940	2000	2020	2040	2100	2120			2320	2340		
Queen's Hospital	1746	1806	1826	1846	1906	1926	1946	2006	2026	2046	2106	2126			2326	2346		
Becontree Heath Ship & Anchor	1755	1814	1834	1854	1914	1934	1954	2014	2034	2054	2113	2133	Then		2333	2353		
Goodmayes Lord Napier	1804	1823	1843	1903	1922	1942	2002	2021	2041	2101	2120	2140	every 20		2340	0000		
Ilford High Road Hainault Street	1813	1832	1852	1912	1931	1950	2010	2029	2049	2108	2127	2147	minutes		2347	0006		
Ilford Station	1819	1838	1858	1917	1936	1955	2014	2033	2053	2112	2131	2151	until		2351	0010		
Gants Hill Station Cranbrook Road (S)	1826	1845	1905	1924	1943	2002	2021	2040	2100	2118	2137	2156			2356	0015		
Barkingside Chequers	1833	1852	1911	1930	1949	2008	2027	2046	2105	2123	2142	2201			0001	0020		
Claybury Broadway	1840	1858	1917	1936	1955	2014	2033	2052	2110	2128	2147	2206			0006	0025		

Notes: MO - Operates on Mondays only

MX - Operates on Tuesdays to Fridays only