

128		Mondays to Fridays													
Claybury Broadway	0015 0042		0442 0509 0529 0545 0603 0619 0631 0641 0651 0701		0813 0825 0837 0850										
Barkingside Chequers	0021 0048		0448 0515 0535 0551 0609 0625 0637 0647 0657 0708		0820 0832 0844 0857										
Gants Hill Station Cranbrook Road (S)	0026 0053	Then	0453 0520 0540 0556 0614 0630 0642 0653 0704 0716	Then	0828 0840 0852 0905										
Ilford Station	0031 0058	every	0458 0525 0545 0601 0619 0636 0648 0700 0712 0724	every	0836 0848 0900 0913										
Ilford High Road Hainault Street	0035 0102	30	0502 0529 0549 0605 0623 0640 0653 0706 0718 0730	12	0842 0854 0906 0919										
Goodmayes Lord Napier	0041 0108	mins.	0508 0535 0555 0611 0629 0647 0702 0717 0729 0741	mins.	0853 0905 0917 0929										
Becontree Heath Ship & Anchor	0048 0115	until	0515 0542 0602 0618 0636 0655 0714 0729 0741 0753	until	0905 0917 0928 0940										
Queen's Hospital	0054 0121		0521 0548 0608 0626 0644 0704 0724 0739 0751 0803		0915 0926 0937 0949										
Romford Station	0059 0126		0526 0553 0613 0633 0653 0713 0733 0748 0800 0812		0924 0935 0946 0958										
Claybury Broadway	0903 0916 0929 0942		1318 1330 1341 1353 1405 1417		1641 1653 1705 1717 1729 1741										
Barkingside Chequers	0910 0923 0936 0949		1325 1337 1348 1400 1412 1424		1648 1700 1712 1724 1736 1747										
Gants Hill Station Cranbrook Road (S)	0918 0931 0944 0957	Then	1333 1345 1356 1408 1420 1432	Then	1656 1708 1720 1732 1743 1754										
Ilford Station	0926 0938 0951 1004	every	1340 1352 1403 1415 1427 1441	every	1705 1717 1729 1739 1750 1801										
Ilford High Road Hainault Street	0932 0944 0957 1010	12	1346 1358 1409 1421 1433 1447	12	1711 1723 1735 1744 1755 1806										
Goodmayes Lord Napier	0942 0953 1006 1019	mins.	1355 1407 1419 1431 1444 1458	mins.	1722 1734 1746 1754 1805 1815										
Becontree Heath Ship & Anchor	0952 1003 1016 1029	until	1405 1417 1430 1443 1456 1510	until	1734 1745 1756 1804 1815 1825										
Queen's Hospital	1001 1012 1025 1038		1414 1427 1440 1453 1506 1520		1744 1755 1806 1814 1825 1835										
Romford Station	1010 1021 1034 1047		1423 1436 1449 1502 1515 1529		1753 1804 1815 1823 1834 1844										
Claybury Broadway	1753		1829 1841 1853 1905 1920 1935 1955 2015 2035 2055 2115 2135		2315 2335 2355										
Barkingside Chequers	1759	Then	1835 1847 1859 1911 1926 1941 2001 2021 2041 2101 2121 2141		2321 2341 0001										
Gants Hill Station Cranbrook Road (S)	1805	about	1841 1853 1905 1917 1932 1947 2007 2027 2047 2106 2126 2146	Then	2326 2346 0006										
Ilford Station	1812	every	1848 1900 1911 1923 1938 1953 2013 2033 2053 2112 2131 2151	every	2331 2351 0011										
Ilford High Road Hainault Street	1817	12	1853 1905 1916 1928 1943 1958 2018 2038 2058 2116 2135 2155	20	2335 2355 0015										
Goodmayes Lord Napier	1826	mins.	1901 1912 1923 1935 1950 2005 2025 2045 2105 2123 2141 2201	mins.	2341 0001 0021										
Becontree Heath Ship & Anchor	1836	until	1910 1921 1932 1944 1959 2014 2034 2054 2113 2130 2148 2208	until	2348 0008 0028										
Queen's Hospital	1845		1919 1930 1941 1953 2008 2023 2042 2102 2120 2137 2155 2215		2355 0014 0034										
Romford Station	1854		1927 1937 1948 2000 2015 2030 2049 2108 2126 2143 2201 2220		0000 0019 0039										
128		Saturdays (also Good Friday)													
Claybury Broadway	0015 0042		0442 0509		0629 0644 0657 0712 0727 0741 0755 0810		0922 0933 0943								
Barkingside Chequers	0021 0048		0448 0515		0635 0650 0703 0718 0733 0747 0801 0816	Then	0928 0939 0949								
Gants Hill Station Cranbrook Road (S)	0026 0053	Then	0453 0520	Then	0640 0655 0708 0723 0738 0752 0807 0822	about	0934 0945 0955								
Ilford Station	0031 0058	every	0458 0525	every	0645 0700 0713 0728 0743 0758 0814 0829	every	0941 0952 1002								
Ilford High Road Hainault Street	0035 0102	30	0502 0529	20	0649 0704 0717 0732 0747 0802 0819 0834	12	0946 0957 1008								
Goodmayes Lord Napier	0041 0108	mins.	0508 0535	mins.	0655 0710 0723 0738 0753 0808 0825 0840	mins.	0953 1005 1017								
Becontree Heath Ship & Anchor	0048 0115	until	0515 0542	until	0702 0717 0730 0745 0800 0815 0832 0847	until	1003 1017 1029								
Queen's Hospital	0054 0121		0521 0548		0708 0723 0736 0753 0809 0824 0841 0856		1013 1027 1039								
Romford Station	0059 0126		0526 0553		0713 0728 0742 0759 0816 0831 0848 0903		1023 1037 1049								
Claybury Broadway	0953		1151		1615		2315 2335 2355								
Barkingside Chequers	0959	Then	1159	Then	1623	Then	2321 2341 0001								
Gants Hill Station Cranbrook Road (S)	1007	about	1207	Then	1631	about	2326 2346 0006								
Ilford Station	1014	every	1215	every	1639	every	2331 2351 0011								
Ilford High Road Hainault Street	1020	12	1222	12	1646	12	2335 2355 0015								
Goodmayes Lord Napier	1029	mins.	1231	mins.	1655	mins.	2341 0001 0021								
Becontree Heath Ship & Anchor	1041	until	1244	until	1708	until	2348 0008 0028								
Queen's Hospital	1051		1254		1718		2355 0014 0034								
Romford Station	1101		1304		1728		0000 0019 0039								
128		Sundays and other Public Holidays (except Christmas Day and Boxing Day)													
Claybury Broadway	0015 0042		0442 0509 0539 0609 0639 0709 0736 0756 0816 0836 0856 0916 0936 0955												
Barkingside Chequers	0021 0048		0448 0515 0545 0615 0645 0715 0742 0802 0822 0842 0902 0922 0942 1001												
Gants Hill Station Cranbrook Road (S)	0026 0053	Then	0453 0520 0550 0620 0650 0720 0747 0807 0827 0848 0909 0929 0949 1008												
Ilford Station	0031 0058	every 30	0458 0525 0555 0625 0655 0725 0752 0812 0833 0854 0916 0936 0956 1015												
Ilford High Road Hainault Street	0035 0102	minutes	0502 0529 0559 0629 0659 0729 0756 0816 0838 0900 0922 0942 1002 1021												
Goodmayes Lord Napier	0041 0108	until	0508 0535 0605 0635 0705 0735 0802 0822 0844 0907 0929 0949 1009 1028												
Becontree Heath Ship & Anchor	0048 0115		0515 0542 0612 0642 0712 0742 0809 0830 0853 0916 0938 0958 1018 1038												
Queen's Hospital	0054 0121		0521 0548 0618 0648 0718 0748 0815 0836 0859 0924 0946 1006 1026 1046												
Romford Station	0059 0126		0526 0553 0623 0653 0723 0753 0820 0841 0906 0931 0953 1013 1033 1054												
Claybury Broadway	1014 1032		1652 1712 1732 1753 1815 1835 1855 1915 1935 1955 2015		2315 2335 2355										
Barkingside Chequers	1020 1038		1658 1718 1738 1759 1821 1841 1901 1921 1941 2001 2021		2321 2341 0001										
Gants Hill Station Cranbrook Road (S)	1027 1046	Then	1706 1726 1746 1807 1827 1847 1907 1927 1947 2006 2026	Then	2326 2346 0006										
Ilford Station	1034 1054	every	1714 1734 1754 1814 1834 1854 1913 1933 1953 2012 2031	every	2331 2351 0011										
Ilford High Road Hainault Street	1041 1101	20	1721 1741 1801 1820 1839 1859 1918 1938 1958 2017 2035	20	2335 2355 0015										
Goodmayes Lord Napier	1049 1109	mins.	1729 1749 1808 1827 1846 1906 1925 1945 2005 2023 2041	mins.	2341 0001 0021										
Becontree Heath Ship & Anchor	1059 1119	until	1739 1759 1817 1835 1854 1914 1933 1953 2012 2030 2048	until	2348 0008 0028										
Queen's Hospital	1107 1127		1747 1807 1824 1842 1901 1921 1940 2000 2019 2037 2055		2355 0014 0034										
Romford Station	1115 1135		1755 1814 1830 1848 1907 1927 1946 2005 2024 2042 2100		0000 0019 0039										

128 Mondays to Fridays																				
Romford Station	0000	0020		0520	0539	0554	0610	0621	0631	0643	0655	0705	0715	0725		0849	0901	0913		
Queen's Hospital	0006	0026		0526	0545	0601	0617	0629	0641	0653	0705	0715	0725	0736	Then	0900	0912	0924		
Becontree Heath Ship & Anchor	0011	0031	Then	0531	0550	0607	0623	0636	0648	0700	0712	0722	0732	0744	about	0908	0920	0933		
Goodmayes Lord Napier	0020	0040	every	0540	0559	0616	0632	0646	0658	0710	0722	0732	0744	0756	every	0920	0931	0943		
Ilford High Road Hainault Street	0026	0046	30	0546	0605	0622	0640	0654	0706	0719	0731	0743	0755	0807	12	0930	0941	0952		
Ilford Station	0030	0050	mins.	0550	0609	0626	0644	0659	0711	0724	0737	0749	0801	0813	mins.	0936	0947	0958		
Gants Hill Station Cranbrook Road (S)	0036	0056	until	0556	0615	0632	0652	0708	0720	0733	0747	0759	0811	0823	until	0943	0954	1005		
Barkingside Chequers	0041	0101		0601	0620	0637	0657	0713	0726	0739	0753	0805	0817	0829		0948	0959	1010		
Claybury Broadway	0046	0106		0606	0625	0644	0704	0720	0735	0749	0803	0815	0827	0839		0956	1007	1018		
Romford Station	0926			1350				1905	1920	1935	1955	2015	2035	2056	2118	2139		2259	2320	2340
Queen's Hospital	0937			1401				1916	1931	1946	2005	2025	2045	2106	2127	2147		2307	2328	2348
Becontree Heath Ship & Anchor	0946	Then		1410	Then			1925	1940	1954	2013	2033	2053	2113	2133	2153	Then	2313	2334	2354
Goodmayes Lord Napier	0955	every		1419	about			1935	1950	2004	2023	2043	2103	2122	2142	2202	every	2322	2343	0003
Ilford High Road Hainault Street	1004	12		1428	every 12			1943	1958	2012	2031	2051	2110	2128	2148	2208	20	2328	2349	0009
Ilford Station	1010	mins.		1434	minutes			1948	2003	2017	2036	2056	2114	2132	2152	2212	mins.	2332	2353	0013
Gants Hill Station Cranbrook Road (S)	1017	until		1441	until			1956	2011	2025	2044	2104	2120	2138	2158	2218	until	2338	2359	0019
Barkingside Chequers	1022			1446				2002	2017	2031	2050	2109	2125	2143	2203	2223		2343	0004	0024
Claybury Broadway	1030			1454				2009	2024	2038	2057	2114	2130	2148	2208	2228		2348	0009	0029
128 Saturdays (also Good Friday)																				
Romford Station	0000	0020		0520	0539	0559	0619	0639	0659	0713	0727	0741	0754	0807	0819	0831	0843			
Queen's Hospital	0006	0026		0526	0545	0605	0625	0645	0705	0719	0733	0747	0800	0816	0828	0840	0852			
Becontree Heath Ship & Anchor	0011	0031	Then	0531	0550	0610	0630	0650	0710	0724	0738	0752	0807	0823	0835	0847	0859			
Goodmayes Lord Napier	0020	0040	every 30	0540	0559	0619	0639	0659	0719	0733	0747	0801	0816	0832	0844	0856	0908			
Ilford High Road Hainault Street	0026	0046	minutes	0546	0605	0625	0645	0705	0725	0739	0753	0808	0823	0839	0851	0903	0915			
Ilford Station	0030	0050	until	0550	0609	0629	0649	0709	0729	0743	0757	0812	0827	0843	0855	0907	0919			
Gants Hill Station Cranbrook Road (S)	0036	0056		0556	0615	0635	0655	0715	0735	0749	0804	0819	0834	0850	0902	0914	0926			
Barkingside Chequers	0041	0101		0601	0620	0640	0700	0720	0740	0755	0810	0825	0840	0856	0908	0920	0932			
Claybury Broadway	0046	0106		0606	0625	0645	0705	0725	0745	0801	0816	0831	0846	0902	0914	0926	0938			
Romford Station	0855	0907	0918	0930	0941	0952	1003			1127	1137	1147	1157	1208	1219	1230	1241	1253		
Queen's Hospital	0904	0916	0927	0939	0950	1001	1013			1137	1148	1158	1208	1220	1231	1242	1254	1306		
Becontree Heath Ship & Anchor	0911	0923	0934	0946	0957	1008	1020	Then		1144	1155	1205	1216	1228	1239	1250	1302	1315		
Goodmayes Lord Napier	0920	0932	0943	0955	1007	1020	1032	every 12		1156	1207	1217	1228	1240	1251	1302	1314	1327		
Ilford High Road Hainault Street	0927	0939	0950	1002	1015	1028	1040	minutes		1204	1216	1226	1237	1249	1300	1311	1323	1336		
Ilford Station	0932	0944	0955	1008	1021	1034	1046	until		1210	1222	1232	1243	1255	1306	1317	1329	1342		
Gants Hill Station Cranbrook Road (S)	0939	0951	1003	1016	1029	1042	1054			1218	1230	1240	1251	1303	1314	1325	1337	1350		
Barkingside Chequers	0945	0957	1010	1023	1036	1049	1101			1225	1237	1247	1258	1310	1321	1332	1344	1357		
Claybury Broadway	0951	1004	1017	1030	1043	1056	1108			1232	1244	1254	1305	1317	1328	1339	1351	1404		
Romford Station	1305			1641	1653	1705	1717	1729	1741	1753	1808	1823	1839	1859	1919		2259	2320	2340	
Queen's Hospital	1318			1654	1706	1717	1729	1741	1753	1805	1817	1832	1848	1907	1927		2307	2328	2348	
Becontree Heath Ship & Anchor	1327	Then		1703	1714	1725	1737	1749	1801	1811	1823	1838	1854	1913	1933	Then	2313	2334	2354	
Goodmayes Lord Napier	1339	every		1715	1726	1737	1749	1801	1811	1821	1833	1848	1904	1922	1942	every	2322	2343	0003	
Ilford High Road Hainault Street	1348	12		1724	1735	1746	1758	1809	1819	1829	1841	1856	1912	1929	1948	20	2328	2349	0009	
Ilford Station	1354	mins.		1730	1741	1752	1804	1814	1824	1834	1846	1902	1916	1933	1952	mins.	2332	2353	0013	
Gants Hill Station Cranbrook Road (S)	1402	until		1738	1749	1800	1811	1821	1831	1841	1853	1908	1922	1939	1958	until	2338	2359	0019	
Barkingside Chequers	1409			1745	1756	1806	1817	1827	1837	1847	1859	1913	1927	1944	2003		2343	0004	0024	
Claybury Broadway	1416			1752	1803	1812	1823	1833	1843	1853	1905	1918	1932	1949	2008		2348	0009	0029	
128 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																				
Romford Station	0000	0020		0520	0539	0609	0639	0703			0843	0900	0918	0937	0956	1015	1034			
Queen's Hospital	0006	0026		0526	0545	0615	0645	0709			0849	0909	0927	0946	1006	1025	1044			
Becontree Heath Ship & Anchor	0011	0031	Then	0531	0550	0620	0650	0714	Then		0854	0915	0933	0952	1012	1032	1052			
Goodmayes Lord Napier	0020	0040	every 30	0540	0559	0629	0659	0723	every 20		0903	0924	0943	1003	1024	1044	1104			
Ilford High Road Hainault Street	0026	0046	minutes	0546	0605	0635	0705	0729	minutes		0909	0930	0949	1010	1031	1051	1111			
Ilford Station	0030	0050	until	0550	0609	0639	0709	0733	until		0913	0934	0954	1016	1037	1057	1117			
Gants Hill Station Cranbrook Road (S)	0036	0056		0556	0615	0645	0715	0739			0919	0940	1001	1024	1045	1105	1125			
Barkingside Chequers	0041	0101		0601	0620	0650	0720	0744			0924	0945	1006	1029	1052	1112	1132			
Claybury Broadway	0046	0106		0606	0625	0655	0725	0749			0929	0950	1012	1035	1058	1118	1138			
Romford Station	1054			1654	1714	1734	1756	1818	1839	1859	1919	1939	1959			2259	2320	2340		
Queen's Hospital	1104			1704	1724	1744	1806	1826	1847	1907	1927	1947	2007			2307	2328	2348		
Becontree Heath Ship & Anchor	1112	Then		1712	1732	1752	1812	1832	1853	1913	1933	1953	2013	Then		2313	2334	2354		
Goodmayes Lord Napier	1124	every 20		1724	1744	1804	1824	1844	1904	1924	1944	2004	2022	every 20		2322	2343	0003		
Ilford High Road Hainault Street	1131	minutes		1731	1751	1811	1831	1851	1911	1931	1951	2010	2028	minutes		2328	2349	0009		
Ilford Station	1137	until		1737	1757	1816	1836	1856	1916	1936	1956	2014	2032	until		2332	2353	0013		
Gants Hill Station Cranbrook Road (S)	1145			1745	1805	1824	1843	1903	1923	1943	2003	2020	2038			2338	2359	0019		
Barkingside Chequers	1152			1752	1811	1830	1849	1909	1929	1949	2008	2025	2043			2343	0004	0024		
Claybury Broadway	1158			1758	1816	1835	1854	1914	1934	1954	2013	2030	2048			2348	0009	0029		