

147		Sundays and other Public Holidays (except Christmas Day)																	
Ilford High Road Hainault Street	0555	0610	0625	0640	0655	0707	0719	0731	0743	0755	0805	0815	0825	0835	0845	0855	0905	0915	
Ilford Broadway High Road	0557	0612	0627	0642	0657	0709	0721	0733	0745	0757	0807	0817	0827	0837	0847	0857	0907	0917	
Dersingham Avenue Church Road	0603	0618	0633	0648	0703	0715	0727	0739	0751	0804	0814	0824	0834	0844	0854	0904	0914	0925	
East Ham Station	0608	0623	0638	0653	0708	0720	0732	0744	0756	0809	0819	0829	0839	0849	0859	0909	0919	0931	
East Ham Ron Leighton Way	0610	0625	0640	0655	0710	0722	0734	0746	0758	0811	0821	0831	0841	0851	0901	0911	0922	0934	
Upton Park The Boleyn (Barking Road)	0614	0629	0644	0659	0715	0727	0739	0751	0803	0816	0826	0836	0846	0856	0906	0916	0927	0939	
Plaistow Greengate	0617	0632	0647	0702	0718	0730	0742	0754	0806	0819	0829	0839	0849	0859	0910	0920	0931	0943	
Prince Regent Stn. Prince Regent Lane	0623	0638	0653	0708	0724	0736	0748	0800	0812	0825	0835	0845	0855	0905	0916	0926	0938	0950	
Keir Hardie Est. Radland Rd/Rogers Rd.	0627	0642	0657	0712	0728	0740	0752	0804	0816	0829	0839	0849	0859	0909	0920	0930	0942	0954	
Canning Town Bus Station	0632	0647	0702	0717	0733	0745	0757	0809	0821	0834	0844	0855	0905	0915	0926	0936	0948	1000	
Ilford High Road Hainault Street	0925	0935	0945	0955	1006	1017	1027	1038	1049	1058	1109	1120	1131	1142	1153	1204	1215	1226	
Ilford Broadway High Road	0927	0937	0947	0957	1008	1019	1030	1041	1052	1101	1112	1123	1134	1145	1156	1207	1218	1229	
Dersingham Avenue Church Road	0935	0945	0955	1005	1016	1027	1038	1049	1101	1110	1121	1132	1143	1154	1206	1218	1229	1240	
East Ham Station	0941	0951	1001	1011	1022	1033	1044	1055	1107	1116	1127	1139	1150	1201	1213	1225	1237	1248	
East Ham Ron Leighton Way	0944	0954	1004	1014	1025	1036	1047	1058	1111	1120	1132	1145	1156	1207	1219	1231	1243	1254	
Upton Park The Boleyn (Barking Road)	0949	0959	1009	1019	1030	1041	1052	1103	1116	1126	1138	1151	1202	1213	1225	1238	1250	1301	
Plaistow Greengate	0953	1003	1013	1023	1034	1045	1056	1107	1120	1130	1142	1155	1207	1218	1230	1243	1255	1306	
Prince Regent Stn. Prince Regent Lane	1000	1010	1020	1030	1041	1052	1104	1115	1128	1138	1150	1203	1215	1226	1238	1252	1304	1315	
Keir Hardie Est. Radland Rd/Rogers Rd.	1004	1014	1024	1034	1045	1056	1108	1119	1132	1142	1154	1208	1220	1231	1243	1257	1309	1320	
Canning Town Bus Station	1010	1020	1030	1040	1051	1102	1114	1125	1138	1148	1200	1214	1226	1237	1249	1303	1315	1326	
Ilford High Road Hainault Street	1237			1416	1428	1439	1451	1503			1620	1631	1642	1653	1704	1715	1726	1737	
Ilford Broadway High Road	1240			1419	1431	1442	1454	1506			1623	1634	1645	1656	1707	1718	1729	1740	
Dersingham Avenue Church Road	1253			1432	1443	1454	1506	1516			1633	1643	1654	1705	1716	1727	1738	1749	
East Ham Station	1301	Then		1440	1451	1502	1513	1523	Then		1640	1650	1701	1712	1723	1734	1745	1756	
East Ham Ron Leighton Way	1307	every 11		1446	1457	1508	1519	1529	every 11		1646	1656	1707	1718	1729	1740	1750	1801	
Upton Park The Boleyn (Barking Road)	1314	minutes		1453	1504	1515	1526	1536	minutes		1653	1703	1714	1725	1736	1747	1757	1808	
Plaistow Greengate	1319	until		1458	1509	1520	1531	1541	until		1658	1708	1719	1730	1741	1752	1802	1813	
Prince Regent Stn. Prince Regent Lane	1328			1507	1518	1529	1540	1550			1707	1717	1727	1738	1749	1800	1810	1821	
Keir Hardie Est. Radland Rd/Rogers Rd.	1333			1512	1523	1534	1545	1555			1712	1722	1732	1743	1754	1805	1815	1826	
Canning Town Bus Station	1339			1518	1529	1540	1551	1601			1718	1728	1738	1749	1800	1811	1821	1832	
Ilford High Road Hainault Street	1750	1803		1908	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108	2120	2132	2144		
Ilford Broadway High Road	1753	1806		1911	1923	1935	1947	1959	2011	2023	2035	2047	2059	2111	2123	2135	2147		
Dersingham Avenue Church Road	1801	1814		1919	1931	1943	1955	2007	2019	2031	2043	2055	2106	2118	2130	2142	2154		
East Ham Station	1808	1821	Then	1926	1938	1949	2001	2013	2025	2037	2049	2101	2112	2124	2135	2147	2159		
East Ham Ron Leighton Way	1812	1824	every 13	1929	1941	1952	2004	2016	2028	2040	2052	2104	2115	2126	2137	2149	2201		
Upton Park The Boleyn (Barking Road)	1819	1830	minutes	1935	1947	1958	2009	2021	2033	2045	2057	2109	2120	2131	2142	2154	2206		
Plaistow Greengate	1823	1834	until	1939	1951	2002	2013	2025	2037	2049	2101	2113	2124	2135	2146	2158	2210		
Prince Regent Stn. Prince Regent Lane	1831	1842		1947	1959	2010	2021	2032	2044	2055	2107	2119	2130	2141	2152	2204	2216		
Keir Hardie Est. Radland Rd/Rogers Rd.	1836	1847		1952	2003	2014	2025	2036	2048	2059	2111	2123	2134	2145	2156	2208	2220		
Canning Town Bus Station	1842	1853		1958	2009	2020	2031	2042	2053	2104	2116	2128	2139	2150	2201	2213	2225		
Ilford High Road Hainault Street	2156	2209	2221	2233	2245	2257	2309				0045								
Ilford Broadway High Road	2159	2211	2223	2235	2247	2259	2311				0047								
Dersingham Avenue Church Road	2205	2217	2229	2241	2253	2305	2317				0053								
East Ham Station	2210	2222	2234	2246	2258	2310	2322		Then		0058								
East Ham Ron Leighton Way	2212	2224	2236	2248	2300	2312	2324		every 12		0100								
Upton Park The Boleyn (Barking Road)	2217	2229	2240	2252	2304	2316	2328		minutes		0104								
Plaistow Greengate	2221	2233	2243	2255	2307	2319	2331		until		0107								
Prince Regent Stn. Prince Regent Lane	2227	2238	2248	2300	2312	2324	2335				0111								
Keir Hardie Est. Radland Rd/Rogers Rd.	2231	2242	2252	2304	2316	2328	2339				0115								
Canning Town Bus Station	2236	2247	2257	2309	2321	2333	2344				0120								

