150 Chigwell Row – Ilford – Becontree Heath

150 Mondays to Fridays

Chigwell Row *Maypole*	0505	0525	0545	0605	0625		0953		1305		1812	1825	1837	1849	1902		
Hainault Station	0512	0532	0553	0613	0633	*Then*	1001		1313	*Then*	1820	1833	1845	1857	1909		
Barkingside *Chequers*	0518	0538	0559	0619	0640	*about*	1010	*Then*	1322	*about*	1828	1841	1853	1905	1917		
Gants Hill Station *Cranbrook Road (S)*	0523	0543	0604	0625	0646	*every 12*	1018	*every 12*	1330	*every 12*	1835	1848	1900	1912	1924		
Ilford Station	0528	0548	0609	0630	0651	*minutes*	1025	*minutes*	1337	*minutes*	1843	1856	1907	1919	1931		
Ilford High Road *Hainault Street*	0532	0552	0613	0634	0655	*until*	1030	*until*	1342	*until*	1848	1901	1912	1924	1936		
Goodmayes *Lord Napier*	0538	0558	0619	0641	0703		1039		1351		1858	1911	1921	1933	1944		
Becontree Heath *Ship & Anchor*	0546	0606	0628	0650	0713		1050		1402		1910	1922	1932	1943	1954		
Chigwell Row *Maypole*	1915	1927	1942	1957	2017	2038	2058	2118	2138	2158	2220	2238	2258	2318	2338	2358	
Hainault Station	1922	1934	1949	2004	2024	2044	2104	2124	2144	2204	2226	2244	2304	2324	2344	0004	
Barkingside *Chequers*	1929	1941	1956	2011	2030	2050	2110	2130	2150	2210	2232	2250	2310	2330	2350	0010	
Gants Hill Station *Cranbrook Road (S)*	1936	1948	2003	2018	2036	2056	2116	2136	2156	2216	2237	2255	2315	2335	2355	0015	
Ilford Station	1943	1955	2009	2024	2042	2102	2122	2141	2201	2221	2242	2300	2320	2340	0000	0020	
Ilford High Road *Hainault Street*	1948	2000	2014	2029	2047	2106	2126	2145	2205	2225	2246	2304	2324	2344	0004	0024	
Goodmayes *Lord Napier*	1956	2008	2022	2036	2054	2113	2133	2152	2212	2231	2252	2310	2330	2350	0010	0030	
Becontree Heath *Ship & Anchor*	2006	2018	2032	2045	2103	2122	2141	2200	2220	2239	2259	2317	2337	2357	0017	0037	

150 Saturdays (also Good Friday)

Chigwell Row *Maypole*	0505	0535	0555	0615	0635	0655	0715	0730	0745	0800	0815		1135		1411	1423		
Hainault Station	0511	0541	0601	0622	0642	0702	0722	0737	0752	0807	0822	*Then*	1143		1419	1431		
Barkingside *Chequers*	0517	0547	0607	0628	0648	0708	0728	0743	0758	0813	0829	*about*	1153	*Then*	1429	1440		
Gants Hill Station *Cranbrook Road (S)*	0522	0552	0612	0633	0653	0713	0733	0749	0804	0819	0835	*every 12*	1201	*every 12*	1437	1448		
Ilford Station	0527	0557	0617	0638	0658	0718	0738	0754	0810	0825	0841	*minutes*	1210	*minutes*	1446	1457		
Ilford High Road *Hainault Street*	0531	0601	0621	0642	0702	0722	0742	0758	0814	0829	0845	*until*	1216	*until*	1452	1503		
Goodmayes *Lord Napier*	0537	0607	0627	0648	0708	0728	0749	0805	0821	0836	0852		1226		1502	1513		
Becontree Heath *Ship & Anchor*	0545	0615	0635	0656	0716	0736	0757	0813	0829	0845	0901		1238		1514	1525		
Chigwell Row *Maypole*	1435	1447	1459	1511		1659	1711	1724	1736	1748	1802	1817	1832	1847	1902	1918	1938	
Hainault Station	1443	1455	1507	1519		1707	1719	1732	1744	1756	1810	1825	1840	1855	1910	1925	1945	
Barkingside *Chequers*	1452	1504	1516	1528	*Then*	1716	1728	1740	1752	1804	1818	1833	1848	1902	1917	1932	1952	
Gants Hill Station *Cranbrook Road (S)*	1500	1512	1524	1536	*every 12*	1724	1736	1748	1800	1812	1826	1841	1855	1908	1924	1939	1959	
Ilford Station	1509	1521	1533	1545	*minutes*	1733	1744	1756	1807	1820	1834	1848	1902	1915	1931	1946	2005	
Ilford High Road *Hainault Street*	1515	1527	1539	1551	*until*	1739	1750	1802	1813	1826	1839	1853	1907	1920	1936	1951	2010	
Goodmayes *Lord Napier*	1525	1537	1549	1601		1749	1800	1812	1823	1835	1848	1902	1915	1928	1944	1959	2018	
Becontree Heath *Ship & Anchor*	1537	1549	1601	1612		1800	1811	1823	1833	1845	1858	1911	1925	1938	1953	2008	2027	
Chigwell Row *Maypole*	1958	2018	2038	2058	2118	2138	2158	2218		2358								
Hainault Station	2005	2025	2044	2104	2124	2144	2204	2224		0004								
Barkingside *Chequers*	2012	2031	2050	2110	2130	2150	2210	2230	*Then*	0010								
Gants Hill Station *Cranbrook Road (S)*	2018	2037	2056	2116	2136	2156	2216	2235	*every 20*	0015								
Ilford Station	2024	2043	2102	2122	2141	2201	2221	2240	*minutes*	0020								
Ilford High Road *Hainault Street*	2029	2048	2107	2126	2145	2205	2225	2244	*until*	0024								
Goodmayes *Lord Napier*	2036	2055	2114	2133	2152	2212	2231	2250		0030								
Becontree Heath *Ship & Anchor*	2045	2104	2122	2141	2200	2220	2238	2257		0037								

150 Sundays and other Public Holidays (except Christmas Day)

Chigwell Row *Maypole*	0535	0605	0635	0703	0728	0748	0808	0827	0846	0905	0924	0943	1001	1020	1038	1058	1117	1136
Hainault Station	0542	0612	0642	0710	0735	0755	0815	0834	0853	0912	0931	0950	1008	1028	1046	1106	1125	1144
Barkingside *Chequers*	0547	0617	0647	0715	0740	0800	0820	0839	0858	0917	0937	0956	1015	1035	1054	1114	1133	1153
Gants Hill Station *Cranbrook Road (S)*	0552	0622	0652	0720	0745	0805	0825	0845	0904	0923	0943	1003	1022	1042	1101	1121	1141	1201
Ilford Station	0557	0627	0657	0725	0750	0810	0830	0850	0909	0929	0949	1009	1028	1048	1108	1128	1148	1208
Ilford High Road *Hainault Street*	0601	0631	0701	0729	0754	0814	0834	0854	0914	0934	0954	1014	1033	1053	1113	1133	1154	1214
Goodmayes *Lord Napier*	0607	0637	0707	0735	0800	0820	0841	0901	0921	0942	1002	1022	1041	1101	1121	1142	1203	1223
Becontree Heath *Ship & Anchor*	0615	0645	0715	0743	0809	0829	0850	0911	0931	0952	1012	1032	1052	1112	1133	1154	1215	1235
Chigwell Row *Maypole*	1156		1436	1456	1516	1536	1556	1616	1636	1657	1717	1737	1757	1817	1837	1857	1917	
Hainault Station	1204		1444	1504	1524	1543	1603	1623	1643	1704	1724	1744	1804	1824	1844	1904	1924	
Barkingside *Chequers*	1213	*Then*	1453	1512	1532	1551	1611	1631	1651	1711	1731	1751	1811	1831	1851	1911	1930	
Gants Hill Station *Cranbrook Road (S)*	1221	*every 20*	1501	1520	1540	1559	1619	1638	1658	1718	1738	1758	1818	1838	1858	1918	1937	
Ilford Station	1229	*minutes*	1509	1528	1548	1607	1627	1646	1706	1726	1745	1805	1825	1845	1904	1924	1943	
Ilford High Road *Hainault Street*	1235	*until*	1515	1534	1554	1613	1633	1652	1712	1732	1751	1810	1830	1850	1909	1929	1948	
Goodmayes *Lord Napier*	1244		1524	1543	1603	1622	1642	1701	1721	1741	1800	1819	1839	1858	1917	1937	1955	
Becontree Heath *Ship & Anchor*	1256		1536	1555	1615	1634	1654	1713	1732	1752	1810	1829	1848	1907	1926	1946	2004	
Chigwell Row *Maypole*	1937	1958	2018	2038	2058	2118	2138	2158		2358								
Hainault Station	1944	2004	2024	2044	2104	2124	2144	2204		0004								
Barkingside *Chequers*	1950	2010	2030	2050	2110	2130	2150	2210	*Then*	0010								
Gants Hill Station *Cranbrook Road (S)*	1956	2016	2036	2055	2115	2135	2155	2215	*every 20*	0015								
Ilford Station	2002	2022	2042	2101	2121	2140	2200	2220	*minutes*	0020								
Ilford High Road *Hainault Street*	2007	2027	2046	2105	2125	2144	2204	2224	*until*	0024								
Goodmayes *Lord Napier*	2014	2034	2053	2112	2132	2151	2211	2230		0030								
Becontree Heath *Ship & Anchor*	2023	2042	2101	2120	2140	2159	2219	2237		0037								

150 Becontree Heath – Ilford – Chigwell Row

150 Mondays to Fridays

Becontree Heath *Ship & Anchor*	0520	0540	0600	0618		0917		1317		1839	1852	1905	1920	1935	1950
Goodmayes *Lord Napier*	0527	0548	0608	0626	*Then*	0927		1327	*Then*	1848	1901	1914	1929	1943	1958
Ilford High Road *Hainault Street*	0534	0555	0616	0634	*about*	0937	*Then*	1337	*about*	1858	1910	1923	1937	1951	2006
Ilford Station	0538	0559	0620	0638	*every 12*	0943	*every 12*	1343	*every 12*	1904	1915	1928	1942	1956	2011
Gants Hill Station *Cranbrook Road (S)*	0543	0604	0625	0644	*minutes*	0950	*minutes*	1350	*minutes*	1912	1923	1935	1949	2003	2018
Barkingside *Chequers*	0548	0609	0630	0649	*until*	0957	*until*	1357	*until*	1920	1930	1942	1956	2010	2025
Hainault Station	0553	0614	0636	0655		1005		1405		1928	1938	1949	2003	2017	2032
Chigwell Row *Maypole*	0559	0621	0643	0703		1013		1413		1936	1946	1957	2011	2025	2039

Becontree Heath *Ship & Anchor*	2005	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025
Goodmayes *Lord Napier*	2013	2033	2053	2113	2132	2152	2212	2232	2252	2311	2331	2351	0011	0031
Ilford High Road *Hainault Street*	2021	2040	2100	2120	2139	2159	2219	2239	2258	2317	2337	2357	0017	0037
Ilford Station	2026	2044	2104	2124	2143	2203	2223	2243	2302	2321	2341	0001	0021	0041
Gants Hill Station *Cranbrook Road (S)*	2033	2051	2110	2130	2149	2209	2229	2248	2307	2326	2346	0006	0026	0046
Barkingside *Chequers*	2039	2057	2116	2136	2155	2215	2234	2253	2312	2331	2351	0011	0031	0051
Hainault Station	2045	2103	2122	2142	2201	2221	2240	2259	2318	2337	2357	0017	0037	0057
Chigwell Row *Maypole*	2052	2110	2129	2149	2208	2228	2247	2306	2325	2344	0004	0024	0044	0104

150 Saturdays (also Good Friday)

Becontree Heath *Ship & Anchor*	0520	0540	0600	0620	0640	0700	0715	0730	0745	0800	0815	0830	0845		1208		1656
Goodmayes *Lord Napier*	0527	0547	0607	0627	0647	0707	0722	0737	0752	0808	0823	0838	0853	*Then*	1217	*Then*	1705
Ilford High Road *Hainault Street*	0534	0554	0614	0634	0654	0714	0729	0744	0759	0815	0831	0846	0901	*about*	1228	*every*	1716
Ilford Station	0538	0558	0618	0638	0658	0718	0733	0748	0803	0819	0835	0850	0905	*every 12*	1234	*12*	1722
Gants Hill Station *Cranbrook Road (S)*	0543	0603	0623	0643	0703	0723	0738	0753	0808	0825	0841	0856	0911	*minutes*	1243	*mins.*	1731
Barkingside *Chequers*	0548	0608	0628	0649	0709	0729	0744	0759	0814	0831	0847	0902	0917	*until*	1251	*until*	1739
Hainault Station	0553	0613	0634	0655	0715	0735	0750	0805	0821	0838	0854	0909	0924		1259		1747
Chigwell Row *Maypole*	0559	0619	0641	0702	0722	0742	0757	0812	0828	0845	0901	0916	0931		1307		1755

Becontree Heath *Ship & Anchor*	1708	1720	1732	1744	1756	1808	1824	1839	1854	1909	1924	1944	2004	2025	2045	2105	2125	2145
Goodmayes *Lord Napier*	1717	1729	1741	1753	1805	1817	1832	1847	1902	1917	1932	1952	2012	2033	2052	2112	2132	2152
Ilford High Road *Hainault Street*	1728	1740	1752	1804	1815	1827	1842	1857	1911	1926	1940	2000	2020	2040	2059	2119	2139	2159
Ilford Station	1734	1746	1758	1810	1821	1832	1847	1902	1916	1931	1945	2005	2025	2044	2103	2123	2143	2203
Gants Hill Station *Cranbrook Road (S)*	1742	1754	1806	1818	1829	1840	1855	1910	1924	1938	1952	2012	2032	2051	2109	2129	2149	2209
Barkingside *Chequers*	1750	1802	1813	1825	1836	1847	1902	1917	1930	1944	1958	2018	2038	2057	2115	2135	2155	2215
Hainault Station	1758	1810	1821	1833	1843	1854	1909	1924	1937	1951	2004	2024	2044	2103	2121	2141	2201	2221
Chigwell Row *Maypole*	1806	1818	1829	1841	1851	1902	1917	1931	1944	1958	2011	2031	2051	2110	2128	2148	2208	2228

Becontree Heath *Ship & Anchor*	2205	2225	2245	2305	2325	2345	0005	0025
Goodmayes *Lord Napier*	2212	2232	2252	2311	2331	2351	0011	0031
Ilford High Road *Hainault Street*	2219	2239	2258	2317	2337	2357	0017	0037
Ilford Station	2223	2243	2302	2321	2341	0001	0021	0041
Gants Hill Station *Cranbrook Road (S)*	2229	2248	2307	2326	2346	0006	0026	0046
Barkingside *Chequers*	2234	2253	2312	2331	2351	0011	0031	0051
Hainault Station	2240	2259	2318	2337	2357	0017	0037	0057
Chigwell Row *Maypole*	2247	2306	2325	2344	0004	0024	0044	0104

150 Sundays and other Public Holidays (except Christmas Day)

Becontree Heath *Ship & Anchor*	0540	0610	0640	0710	0730	0750	0810	0830	0850	0909	0929	0949	1007	1027	1047	1106	1126	1146
Goodmayes *Lord Napier*	0547	0617	0647	0717	0737	0757	0817	0837	0857	0917	0937	0957	1016	1036	1056	1115	1135	1155
Ilford High Road *Hainault Street*	0554	0624	0654	0724	0744	0804	0824	0844	0904	0925	0945	1006	1025	1045	1105	1125	1145	1205
Ilford Station	0558	0628	0658	0728	0748	0808	0828	0848	0908	0929	0950	1011	1030	1050	1110	1130	1150	1210
Gants Hill Station *Cranbrook Road (S)*	0603	0633	0703	0733	0753	0813	0833	0854	0914	0935	0956	1018	1037	1057	1117	1137	1157	1218
Barkingside *Chequers*	0608	0638	0708	0738	0758	0818	0839	0900	0920	0941	1002	1024	1044	1104	1125	1145	1205	1226
Hainault Station	0613	0644	0714	0744	0804	0824	0845	0906	0926	0947	1008	1030	1050	1111	1133	1153	1213	1234
Chigwell Row *Maypole*	0619	0650	0720	0750	0810	0830	0851	0912	0933	0954	1015	1037	1057	1118	1140	1200	1221	1242

Becontree Heath *Ship & Anchor*	1206		1526	1546	1606	1626	1646	1706	1726	1746	1806	1826	1846	1906	1925	1945	2005
Goodmayes *Lord Napier*	1215		1535	1555	1615	1635	1655	1715	1735	1755	1815	1835	1855	1914	1933	1953	2012
Ilford High Road *Hainault Street*	1225	*Then*	1545	1605	1625	1645	1705	1725	1745	1805	1825	1844	1904	1922	1941	2001	2020
Ilford Station	1230	*every 20*	1550	1610	1630	1650	1710	1730	1750	1810	1830	1849	1909	1927	1945	2005	2024
Gants Hill Station *Cranbrook Road (S)*	1238	*minutes*	1558	1618	1638	1658	1718	1738	1758	1817	1837	1856	1916	1934	1952	2011	2030
Barkingside *Chequers*	1246	*until*	1606	1625	1645	1705	1725	1745	1805	1824	1844	1903	1922	1940	1958	2017	2036
Hainault Station	1254		1614	1633	1652	1712	1732	1752	1812	1831	1850	1909	1928	1946	2004	2023	2042
Chigwell Row *Maypole*	1302		1622	1641	1700	1720	1740	1800	1820	1838	1857	1916	1935	1953	2011	2030	2049

Becontree Heath *Ship & Anchor*	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025
Goodmayes *Lord Napier*	2032	2052	2112	2132	2152	2212	2232	2252	2311	2331	2351	0011	0031
Ilford High Road *Hainault Street*	2039	2059	2119	2139	2159	2219	2239	2258	2317	2337	2357	0017	0037
Ilford Station	2043	2103	2123	2143	2203	2223	2243	2302	2321	2341	0001	0021	0041
Gants Hill Station *Cranbrook Road (S)*	2049	2109	2129	2149	2209	2229	2248	2307	2326	2346	0006	0026	0046
Barkingside *Chequers*	2055	2115	2135	2155	2215	2234	2253	2312	2331	2351	0011	0031	0051
Hainault Station	2101	2121	2141	2201	2221	2240	2259	2318	2337	2357	0017	0037	0057
Chigwell Row *Maypole*	2108	2128	2148	2208	2228	2247	2306	2325	2344	0003	0023	0043	0103