

158		Sundays																
Chingford Mount <i>Albert Crescent</i>	0009	0021	0033	0045	0120	Then every 30 minutes until	0420	0459	0513	0528	0541	0556	0610	0624	0638	0653	0707	
Crooked Billet Roundabout <i>West Side</i>	0014	0026	0038	0050	0125		0425	0504	0519	0534	0547	0602	0616	0630	0644	0659	0713	
Billet Road <i>Higham Hill Road</i>	0017	0029	0041	0053	0128		0428	0507	0522	0537	0550	0605	0619	0634	0648	0703	0717	
Blackhorse Road Station	0022	0034	0046	0058	0133		0433	0512	0527	0542	0555	0610	0625	0640	0654	0709	0723	
St James Street Stn. <i>St James's St.</i>	0024	0036	0048	0100	0135		0435	0514	0529	0544	0557	0612	0627	0642	0656	0711	0725	
Markhouse Road <i>Lea Bridge Road</i>	0028	0040	0052	0103	0138		0438	0517	0532	0547	0601	0616	0631	0646	0700	0715	0729	
Leyton Station	0036	0048	0059	0110	0145		0445	0524	0539	0554	0609	0624	0639	0654	0709	0724	0738	
Stratford Bus Station	0043	0055	0106	0117	0151	0451	0530	0545	0600	0615	0630	0645	0700	0715	0730	0745		
Chingford Mount <i>Albert Crescent</i>	0721	0735	0749	0804	0819	0833	0846	0900	0912	0924	0934	0944	0954	1003	1013	1022	1031	1040
Crooked Billet Roundabout <i>West Side</i>	0727	0741	0755	0810	0825	0839	0853	0907	0920	0932	0942	0952	1002	1012	1022	1032	1041	1050
Billet Road <i>Higham Hill Road</i>	0731	0745	0759	0814	0829	0843	0857	0911	0924	0936	0946	0956	1006	1016	1026	1036	1045	1055
Blackhorse Road Station	0737	0751	0806	0821	0836	0850	0904	0918	0931	0943	0953	1003	1013	1023	1033	1043	1053	1103
St James Street Stn. <i>St James's St.</i>	0740	0754	0809	0824	0839	0853	0907	0921	0934	0946	0956	1006	1016	1026	1036	1046	1056	1106
Markhouse Road <i>Lea Bridge Road</i>	0744	0758	0813	0828	0843	0857	0912	0926	0939	0951	1001	1011	1021	1031	1041	1051	1101	1111
Leyton Station	0753	0807	0822	0837	0852	0907	0922	0936	0949	1002	1012	1023	1033	1043	1053	1103	1113	1123
Stratford Bus Station	0800	0815	0830	0845	0900	0915	0930	0945	0958	1011	1021	1032	1042	1052	1103	1113	1123	1133
Chingford Mount <i>Albert Crescent</i>	1050	1100	1110	1120	1130	1140	1150	1200	1210	Then every 10 minutes until	1400	1410	1420	1430	1440	1450	1500	
Crooked Billet Roundabout <i>West Side</i>	1100	1110	1120	1130	1140	1150	1200	1210	1221		1411	1420	1430	1440	1450	1500	1510	
Billet Road <i>Higham Hill Road</i>	1105	1115	1125	1135	1145	1155	1205	1215	1226		1416	1425	1435	1445	1455	1505	1514	
Blackhorse Road Station	1113	1123	1133	1143	1153	1203	1213	1223	1234		1424	1433	1443	1453	1502	1512	1521	
St James Street Stn. <i>St James's St.</i>	1116	1126	1136	1146	1157	1207	1217	1227	1238		1428	1436	1446	1456	1505	1515	1524	
Markhouse Road <i>Lea Bridge Road</i>	1121	1131	1141	1151	1202	1212	1223	1233	1244		1434	1442	1452	1501	1510	1520	1529	
Leyton Station	1133	1144	1154	1204	1215	1226	1237	1247	1258		1448	1456	1505	1514	1523	1533	1542	
Stratford Bus Station	1143	1154	1204	1215	1226	1237	1248	1258	1309	1459	1507	1516	1525	1534	1544	1553		
Chingford Mount <i>Albert Crescent</i>	1510	1520	1530	1540	1550	1600	1610	1620	1630	1640	1650	1700	1710	1720	1730	1740	1750	1800
Crooked Billet Roundabout <i>West Side</i>	1520	1530	1540	1550	1600	1610	1619	1629	1638	1648	1658	1708	1718	1728	1738	1748	1758	1808
Billet Road <i>Higham Hill Road</i>	1524	1534	1544	1554	1604	1614	1623	1633	1642	1652	1702	1712	1722	1732	1742	1752	1802	1812
Blackhorse Road Station	1531	1541	1551	1601	1611	1621	1630	1640	1649	1659	1709	1719	1729	1739	1749	1759	1809	1819
St James Street Stn. <i>St James's St.</i>	1534	1544	1554	1604	1614	1624	1633	1643	1652	1702	1712	1722	1732	1742	1752	1802	1812	1822
Markhouse Road <i>Lea Bridge Road</i>	1539	1549	1559	1609	1619	1629	1638	1648	1657	1707	1717	1727	1737	1747	1757	1807	1817	1827
Leyton Station	1552	1602	1612	1622	1632	1641	1650	1700	1709	1719	1729	1739	1749	1758	1808	1818	1828	1838
Stratford Bus Station	1603	1613	1623	1633	1643	1652	1701	1711	1720	1730	1740	1750	1800	1809	1819	1829	1839	1848
Chingford Mount <i>Albert Crescent</i>	1810	1820	1832	1844	1856	1908	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108	2120	2132
Crooked Billet Roundabout <i>West Side</i>	1818	1828	1840	1852	1904	1916	1928	1940	1952	2004	2016	2028	2040	2052	2104	2116	2128	2140
Billet Road <i>Higham Hill Road</i>	1822	1832	1844	1856	1908	1920	1932	1944	1956	2008	2020	2032	2044	2056	2108	2120	2132	2143
Blackhorse Road Station	1829	1839	1851	1903	1915	1927	1939	1951	2003	2015	2027	2039	2051	2102	2114	2126	2138	2149
St James Street Stn. <i>St James's St.</i>	1832	1842	1854	1906	1918	1930	1942	1954	2006	2018	2030	2042	2054	2105	2117	2129	2141	2152
Markhouse Road <i>Lea Bridge Road</i>	1837	1847	1859	1911	1923	1935	1946	1958	2010	2022	2034	2046	2058	2109	2121	2133	2145	2156
Leyton Station	1848	1858	1910	1922	1934	1946	1957	2009	2020	2032	2044	2056	2108	2119	2130	2142	2154	2205
Stratford Bus Station	1858	1908	1920	1931	1942	1954	2005	2017	2028	2040	2052	2104	2116	2127	2138	2149	2201	2212
Chingford Mount <i>Albert Crescent</i>	2144	2156	2208	2220	2232	2244	2256	2308	2320	2332	2344	2356	0008	0020	0032	0045		
Crooked Billet Roundabout <i>West Side</i>	2151	2203	2215	2227	2238	2250	2302	2314	2326	2338	2350	0002	0013	0025	0037	0050		
Billet Road <i>Higham Hill Road</i>	2154	2206	2218	2230	2241	2253	2305	2317	2329	2341	2353	0005	0016	0028	0039	0052		
Blackhorse Road Station	2200	2212	2223	2235	2246	2258	2309	2321	2333	2345	2357	0009	0020	0032	0043	0056		
St James Street Stn. <i>St James's St.</i>	2203	2215	2226	2238	2249	2301	2312	2324	2336	2348	0000	0011	0022	0034	0045	0058		
Markhouse Road <i>Lea Bridge Road</i>	2207	2219	2230	2242	2253	2305	2316	2328	2340	2352	0004	0015	0026	0038	0049	0101		
Leyton Station	2216	2227	2238	2250	2301	2313	2324	2335	2347	2359	0011	0022	0033	0045	0056	0108		
Stratford Bus Station	2223	2234	2245	2257	2308	2320	2331	2342	2354	0006	0018	0028	0039	0051	0102	0114		

158	Fridays																		
Stratford Bus Station	0435	0450	0505	0520	0535	0550	0602	0614	0624	0630	0636	0642	0648	0654	0700	0706	0711	0716	
Leyton Station	0440	0455	0510	0525	0540	0555	0607	0620	0630	0636	0642	0648	0655	0701	0707	0713	0718	0723	
Markhouse Road Lea Bridge Road	0447	0503	0518	0533	0548	0604	0617	0630	0640	0646	0652	0658	0705	0711	0718	0724	0729	0734	
St James Street Stn. St James's St.	0451	0507	0522	0537	0552	0609	0622	0635	0645	0651	0657	0703	0710	0716	0723	0729	0735	0740	
Blackhorse Road Station	0453	0509	0524	0540	0555	0612	0625	0638	0649	0655	0701	0707	0714	0720	0727	0733	0739	0745	
Billet Road Higham Hill Road	0458	0514	0529	0545	0601	0618	0631	0644	0655	0701	0708	0714	0721	0727	0734	0740	0746	0752	
Crooked Billet Roundabout West Side	0501	0517	0532	0548	0604	0621	0634	0648	0659	0705	0712	0718	0725	0732	0739	0745	0752	0758	
Chingford Mount Old Church Road	0506	0522	0537	0553	0609	0626	0640	0654	0705	0711	0718	0724	0731	0738	0745	0752	0759	0805	
Stratford Bus Station	0721	0727	0732	0737	0742			0812	0818	0824	0830	0836	0843	0849			0913	0919	
Leyton Station	0728	0734	0740	0745	0750			0820	0826	0832	0838	0844	0851	0857			0921	0926	
Markhouse Road Lea Bridge Road	0740	0746	0752	0758	0804	Then		0834	0840	0846	0852	0858	0904	0910	Then		0934	0939	
St James Street Stn. St James's St.	0746	0752	0758	0804	0810	every 6		0840	0846	0852	0858	0904	0910	0915	every 6		0939	0944	
Blackhorse Road Station	0751	0757	0803	0809	0815	minutes		0845	0851	0857	0903	0909	0915	0920	minutes		0944	0948	
Billet Road Higham Hill Road	0758	0804	0810	0816	0822	until		0852	0858	0904	0910	0916	0922	0927	until		0951	0955	
Crooked Billet Roundabout West Side	0804	0810	0816	0822	0828			0858	0904	0909	0914	0920	0926	0931			0955	0959	
Chingford Mount Old Church Road	0811	0818	0824	0830	0836			0906	0911	0916	0921	0927	0933	0938			1002	1006	
Stratford Bus Station	0925	0931			1049	1055	1101			1131	1137	1143	1149	1155	1201			1255	
Leyton Station	0932	0938			1056	1102	1108			1138	1145	1151	1157	1203	1209			1303	
Markhouse Road Lea Bridge Road	0945	0951	Then		1109	1115	1121	Then		1151	1158	1204	1210	1216	1222	Then		1316	
St James Street Stn. St James's St.	0950	0956	every 6		1114	1120	1126	every 6		1156	1203	1209	1215	1221	1227	every 6		1321	
Blackhorse Road Station	0954	1000	minutes		1118	1124	1130	minutes		1200	1207	1213	1219	1225	1231	minutes		1325	
Billet Road Higham Hill Road	1001	1006	until		1124	1130	1137	until		1207	1214	1220	1226	1232	1238	until		1332	
Crooked Billet Roundabout West Side	1005	1010			1128	1134	1141			1211	1218	1224	1230	1236	1243			1337	
Chingford Mount Old Church Road	1012	1018			1136	1143	1150			1220	1227	1233	1239	1245	1252			1346	
Stratford Bus Station	1300				1324	1330	1335	1341	1346	1352	1358	1404	1410	1416	1421	1426	1432	1437	1443
Leyton Station	1308				1332	1338	1343	1349	1354	1400	1406	1412	1418	1424	1429	1434	1440	1445	1451
Markhouse Road Lea Bridge Road	1322	Then			1346	1352	1358	1404	1409	1415	1421	1427	1433	1439	1444	1449	1455	1500	1506
St James Street Stn. St James's St.	1327	every 6			1351	1357	1403	1409	1414	1420	1426	1432	1438	1444	1449	1455	1501	1507	1513
Blackhorse Road Station	1331	minutes			1355	1401	1407	1413	1419	1425	1431	1437	1443	1449	1454	1500	1506	1512	1518
Billet Road Higham Hill Road	1338	until			1402	1408	1414	1420	1426	1432	1438	1444	1450	1456	1502	1508	1514	1520	1526
Crooked Billet Roundabout West Side	1343				1407	1413	1419	1425	1431	1437	1443	1449	1455	1502	1508	1514	1521	1528	1534
Chingford Mount Old Church Road	1352				1416	1423	1429	1435	1441	1447	1453	1459	1506	1513	1519	1525	1532	1539	1545
Stratford Bus Station	1448	1453			1529	1535			1623	1629	1635			1735	1741			1817	
Leyton Station	1457	1502			1538	1545			1633	1639	1645			1745	1751			1827	
Markhouse Road Lea Bridge Road	1512	1517	Then		1553	1600	Then		1648	1654	1700	Then		1800	1806	Then		1842	
St James Street Stn. St James's St.	1519	1524	every 6		1600	1606	every 6		1654	1700	1706	every 6		1806	1811	every 6		1847	
Blackhorse Road Station	1524	1530	minutes		1606	1612	minutes		1700	1706	1712	minutes		1812	1817	minutes		1853	
Billet Road Higham Hill Road	1532	1538	until		1614	1620	until		1708	1714	1720	until		1820	1825	until		1901	
Crooked Billet Roundabout West Side	1540	1546			1622	1628			1716	1721	1726			1826	1831			1907	
Chingford Mount Old Church Road	1551	1557			1633	1639			1727	1731	1736			1836	1841			1917	
Stratford Bus Station	1823	1829	1835	1841	1847	1853	1900	1907	1914	1922	1929	1937	1948	2000	2012	2024	2036	2048	
Leyton Station	1833	1839	1845	1851	1857	1903	1910	1917	1924	1931	1938	1946	1957	2009	2021	2033	2045	2056	
Markhouse Road Lea Bridge Road	1848	1854	1900	1906	1912	1918	1925	1931	1938	1945	1952	2000	2011	2023	2034	2046	2057	2108	
St James Street Stn. St James's St.	1853	1859	1905	1911	1917	1923	1930	1936	1943	1950	1957	2005	2016	2028	2039	2050	2101	2112	
Blackhorse Road Station	1858	1904	1909	1915	1921	1927	1934	1940	1947	1954	2001	2009	2020	2032	2042	2053	2104	2115	
Billet Road Higham Hill Road	1906	1912	1917	1923	1929	1934	1941	1947	1954	2001	2008	2016	2027	2039	2049	2100	2111	2122	
Crooked Billet Roundabout West Side	1912	1917	1922	1928	1934	1939	1946	1952	1959	2006	2013	2021	2032	2043	2053	2104	2115	2126	
Chingford Mount Old Church Road	1922	1927	1932	1938	1943	1948	1955	2001	2008	2014	2021	2028	2039	2050	2100	2110	2121	2132	
Stratford Bus Station	2100	2112	2124	2136	2148	2200	2212	2224	2236	2248	2300	2312	2324	2336	2348				
Leyton Station	2108	2120	2132	2144	2156	2208	2220	2232	2243	2255	2307	2319	2331	2343	2355				
Markhouse Road Lea Bridge Road	2120	2132	2144	2155	2207	2219	2230	2242	2253	2305	2317	2329	2340	2352	0004				
St James Street Stn. St James's St.	2124	2136	2148	2159	2211	2223	2234	2246	2257	2309	2321	2333	2344	2356	0008				
Blackhorse Road Station	2127	2139	2151	2202	2214	2226	2237	2249	2300	2312	2324	2336	2347	2359	0011				
Billet Road Higham Hill Road	2134	2146	2158	2209	2221	2232	2243	2255	2306	2318	2330	2342	2353	0005	0017				
Crooked Billet Roundabout West Side	2138	2150	2202	2213	2225	2236	2247	2259	2310	2322	2334	2346	2357	0008	0020				
Chingford Mount Old Church Road	2144	2156	2208	2219	2231	2242	2253	2304	2315	2327	2339	2351	0002	0013	0025				

158	Sundays																					
Stratford Bus Station	0000	0012	0024	0036	0048	0100	0112	0135	0205	0235	0305	0335	0405	0435	0505	0525	0540	0555				
Leyton Station	0006	0018	0030	0042	0054	0106	0118	0141	0211	0241	0311	0341	0410	0440	0510	0530	0545	0600				
Markhouse Road <i>Lea Bridge Road</i>	0015	0027	0038	0050	0102	0114	0126	0149	0219	0248	0318	0348	0417	0447	0517	0537	0552	0607				
St James Street Stn. <i>St James's St.</i>	0019	0031	0042	0054	0106	0117	0129	0152	0222	0251	0321	0351	0420	0450	0520	0540	0556	0611				
Blackhorse Road Station	0022	0033	0044	0056	0108	0119	0131	0154	0224	0253	0323	0353	0422	0452	0522	0542	0558	0613				
Billet Road <i>Higham Hill Road</i>	0028	0039	0050	0101	0113	0124	0136	0159	0229	0258	0328	0357	0426	0456	0526	0547	0603	0618				
Crooked Billet Roundabout <i>West Side</i>	0031	0042	0053	0104	0116	0127	0139	0202	0232	0301	0331	0400	0429	0459	0529	0550	0606	0621				
Chingford Mount <i>Old Church Road</i>	0036	0047	0058	0109	0121	0132	0144	0207	0237	0306	0336	0405	0434	0504	0534	0555	0611	0626				
Stratford Bus Station	0610	0625	0640	0655	0710	0725	0740	0755	0810	0825	0840	0852	0904	0914	0924	0934	0944	0953				
Leyton Station	0615	0630	0645	0700	0715	0730	0745	0800	0816	0831	0846	0858	0910	0920	0930	0941	0951	1000				
Markhouse Road <i>Lea Bridge Road</i>	0622	0637	0652	0707	0722	0737	0752	0808	0824	0839	0854	0907	0919	0930	0940	0951	1001	1011				
St James Street Stn. <i>St James's St.</i>	0626	0641	0656	0711	0726	0741	0756	0812	0828	0843	0858	0911	0923	0934	0945	0956	1006	1016				
Blackhorse Road Station	0628	0643	0658	0713	0728	0744	0759	0815	0831	0846	0901	0914	0926	0937	0948	0959	1009	1019				
Billet Road <i>Higham Hill Road</i>	0633	0648	0703	0718	0733	0749	0804	0820	0836	0851	0906	0919	0931	0942	0954	1005	1015	1025				
Crooked Billet Roundabout <i>West Side</i>	0636	0651	0706	0721	0736	0752	0807	0823	0839	0854	0909	0922	0935	0946	0958	1009	1019	1029				
Chingford Mount <i>Old Church Road</i>	0641	0656	0711	0726	0741	0757	0812	0828	0844	0859	0915	0928	0941	0952	1004	1015	1026	1036				
Stratford Bus Station	1002	1012	1022	1032	1042	1052	1101	1111	1121	1131	1141	1151	1201	1211	1221					1311		
Leyton Station	1009	1019	1029	1039	1049	1059	1108	1118	1128	1138	1148	1158	1208	1219	1229					1319		
Markhouse Road <i>Lea Bridge Road</i>	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1202	1212	1223	1234	1244					1334		
St James Street Stn. <i>St James's St.</i>	1026	1036	1046	1056	1106	1116	1126	1136	1146	1156	1207	1218	1229	1240	1250					1340		
Blackhorse Road Station	1029	1039	1049	1059	1109	1119	1129	1140	1150	1200	1211	1222	1233	1244	1254					1344		
Billet Road <i>Higham Hill Road</i>	1035	1045	1055	1105	1115	1125	1135	1146	1156	1206	1217	1228	1239	1250	1301					1351		
Crooked Billet Roundabout <i>West Side</i>	1039	1049	1059	1109	1119	1129	1139	1150	1200	1211	1222	1233	1244	1255	1306					1356		
Chingford Mount <i>Old Church Road</i>	1046	1056	1106	1116	1127	1137	1147	1158	1209	1220	1231	1242	1253	1304	1315					1405		
Stratford Bus Station	1321							1441	1451	1501	1511	1521	1531	1541	1551	1601	1611	1621	1631	1641	1651	1701
Leyton Station	1330							1450	1500	1510	1520	1530	1540	1550	1600	1610	1620	1630	1640	1650	1700	1709
Markhouse Road <i>Lea Bridge Road</i>	1345							1505	1515	1524	1534	1544	1554	1604	1614	1624	1634	1644	1654	1704	1714	1723
St James Street Stn. <i>St James's St.</i>	1351							1511	1520	1529	1539	1549	1559	1609	1619	1629	1639	1649	1659	1709	1719	1728
Blackhorse Road Station	1355							1515	1524	1533	1543	1553	1603	1613	1623	1633	1643	1653	1703	1713	1723	1732
Billet Road <i>Higham Hill Road</i>	1402							1522	1531	1540	1550	1600	1610	1620	1630	1640	1650	1700	1710	1720	1730	1739
Crooked Billet Roundabout <i>West Side</i>	1407							1527	1536	1545	1555	1605	1615	1625	1635	1645	1655	1704	1714	1724	1734	1743
Chingford Mount <i>Old Church Road</i>	1415							1535	1544	1553	1603	1613	1622	1632	1642	1652	1702	1711	1721	1731	1741	1750
Stratford Bus Station	1711							1831	1841	1851	1901	1912	1924	1936	1948	2000	2012	2024	2036	2048	2100	2112
Leyton Station	1719							1839	1849	1859	1909	1920	1932	1944	1956	2008	2020	2032	2043	2055	2107	2119
Markhouse Road <i>Lea Bridge Road</i>	1733							1853	1903	1912	1922	1933	1945	1957	2008	2020	2032	2043	2054	2106	2118	2129
St James Street Stn. <i>St James's St.</i>	1738							1858	1908	1917	1927	1938	1949	2001	2012	2024	2036	2047	2058	2110	2122	2133
Blackhorse Road Station	1742							1902	1911	1920	1930	1941	1952	2004	2015	2027	2039	2050	2101	2113	2125	2136
Billet Road <i>Higham Hill Road</i>	1749							1909	1918	1927	1937	1948	1959	2011	2022	2034	2046	2057	2108	2119	2131	2142
Crooked Billet Roundabout <i>West Side</i>	1753							1913	1922	1931	1941	1952	2003	2015	2026	2038	2050	2101	2112	2123	2135	2146
Chingford Mount <i>Old Church Road</i>	1800							1920	1929	1938	1948	1959	2010	2022	2033	2045	2056	2107	2118	2129	2141	2152
Stratford Bus Station	2124	2136	2148	2200	2212	2224	2236	2248	2300	2311	2323	2335	2347	2359	0011							0111
Leyton Station	2131	2143	2155	2207	2219	2231	2243	2255	2306	2317	2329	2341	2353	0005	0017							0117
Markhouse Road <i>Lea Bridge Road</i>	2141	2153	2205	2217	2229	2240	2252	2304	2315	2326	2337	2349	0000	0012	0024							0124
St James Street Stn. <i>St James's St.</i>	2145	2157	2209	2221	2233	2244	2256	2308	2319	2330	2341	2352	0003	0015	0027							0127
Blackhorse Road Station	2148	2200	2212	2224	2235	2246	2258	2310	2321	2332	2343	2354	0005	0017	0029							0129
Billet Road <i>Higham Hill Road</i>	2154	2206	2218	2230	2241	2252	2304	2316	2326	2337	2348	2359	0010	0022	0034							0134
Crooked Billet Roundabout <i>West Side</i>	2158	2210	2222	2233	2244	2255	2307	2319	2329	2340	2351	0002	0013	0025	0037							0137
Chingford Mount <i>Old Church Road</i>	2204	2215	2227	2238	2249	2300	2312	2324	2334	2345	2356	0007	0018	0030	0041							0141