

165 Mondays to Fridays																		
Abbey Wood Lane	0440	0455	0510	0525	0540	0555	0609	0623				0951		1451		1814	1827	
Chandlers Corner	0444	0459	0514	0529	0544	0559	0614	0628				0957		1457		1820	1833	
Rainham War Memorial	0446	0501	0516	0531	0546	0601	0617	0631				1001		1501	Then	1824	1837	
South Hornchurch Cherry Tree	0451	0506	0521	0536	0551	0607	0623	0637				1008	Then	1508	about	1832	1845	
Elm Park Station	0457	0512	0527	0542	0558	0614	0630	0644				1017	every 12	1517	minutes	1841	1854	
Hornchurch Town Centre	0504	0519	0534	0549	0605	0621	0637	0652				1026	minutes	1526	minutes	1851	1902	
Gidea Park The Drill	0510	0525	0540	0555	0611	0627	0643	0659				1034	until	1534	until	1858	1909	
Romford Station	0516	0531	0546	0602	0618	0634	0650	0706				1041		1541		1905	1916	
Romford Market St. Edward's Way	0519	0534	0549	0605	0621	0637	0653	0709				1045		1545		1908	1919	
Romford Brewery	0521	0536	0551	0607	0623	0639	0655	0711				1047		1547		1910	1921	
Abbey Wood Lane	1839	1852	1905	1920	1935	1950	2005	2020				2140	2200	2220			0020	
Chandlers Corner	1845	1858	1910	1925	1940	1955	2010	2025				2145	2205	2225			0025	
Rainham War Memorial	1848	1901	1913	1928	1943	1958	2013	2028				2148	2208	2228			0028	
South Hornchurch Cherry Tree	1855	1907	1919	1934	1949	2004	2019	2034				2154	2213	2233	Then		0033	
Elm Park Station	1904	1916	1927	1942	1957	2011	2026	2041				2201	2220	2239	every 20		0039	
Hornchurch Town Centre	1912	1923	1934	1949	2004	2018	2033	2048				2208	2227	2246	minutes		0046	
Gidea Park The Drill	1919	1930	1941	1956	2010	2024	2039	2054				2214	2233	2252	until		0052	
Romford Station	1926	1937	1948	2002	2016	2030	2045	2100				2220	2239	2258			0058	
Romford Market St. Edward's Way	1929	1940	1951	2005	2019	2033	2048	2103				2223	2242	2301			0101	
Romford Brewery	1931	1942	1953	2007	2021	2035	2050	2105				2225	2244	2303			0103	
165 Saturdays (also Good Friday)																		
Abbey Wood Lane	0440	0455	0510	0525	0540	0555	0610	0625	0640	0655	0710	0725	0740	0754	0809	0823		1727
Chandlers Corner	0444	0459	0514	0529	0544	0559	0615	0630	0645	0700	0715	0730	0745	0759	0814	0828		1734
Rainham War Memorial	0446	0501	0516	0531	0546	0602	0618	0633	0648	0703	0718	0733	0748	0802	0817	0831	Then	1737
South Hornchurch Cherry Tree	0451	0506	0521	0536	0551	0607	0623	0638	0653	0708	0723	0738	0753	0808	0823	0837	about	1744
Elm Park Station	0457	0512	0527	0542	0557	0613	0629	0644	0659	0715	0730	0745	0800	0816	0831	0845	every	1752
Hornchurch Town Centre	0504	0519	0534	0549	0604	0620	0636	0651	0706	0722	0737	0752	0807	0823	0838	0852	12	1801
Gidea Park The Drill	0510	0525	0540	0555	0610	0626	0642	0657	0712	0728	0743	0758	0813	0829	0844	0858	mins.	1809
Romford Station	0516	0531	0546	0601	0616	0632	0648	0703	0718	0734	0749	0804	0819	0835	0850	0905	until	1816
Romford Market St. Edward's Way	0519	0534	0549	0604	0619	0635	0651	0706	0721	0737	0752	0807	0822	0838	0853	0909		1820
Romford Brewery	0521	0536	0551	0606	0621	0637	0653	0708	0723	0739	0754	0810	0825	0841	0857	0913		1823
Abbey Wood Lane	1740	1752	1805	1818	1831	1847	1903	1919	1934	1949	2004	2020	2040	2100				0020
Chandlers Corner	1746	1758	1810	1823	1836	1852	1908	1924	1939	1954	2009	2025	2045	2105				0025
Rainham War Memorial	1749	1801	1813	1826	1839	1855	1911	1927	1942	1957	2012	2028	2048	2108				0028
South Hornchurch Cherry Tree	1756	1808	1820	1833	1846	1902	1918	1933	1948	2003	2018	2034	2054	2113			Then	0033
Elm Park Station	1804	1816	1828	1841	1854	1910	1925	1940	1955	2010	2025	2041	2101	2119			every 20	0039
Hornchurch Town Centre	1813	1825	1837	1850	1903	1918	1933	1948	2003	2018	2033	2049	2108	2126			minutes	0046
Gidea Park The Drill	1821	1833	1845	1858	1910	1925	1940	1955	2010	2025	2040	2055	2114	2132			until	0052
Romford Station	1828	1840	1852	1905	1917	1931	1946	2001	2016	2031	2046	2101	2120	2138				0058
Romford Market St. Edward's Way	1832	1844	1856	1909	1921	1935	1950	2005	2020	2035	2050	2104	2123	2141				0101
Romford Brewery	1835	1847	1859	1911	1923	1937	1952	2007	2022	2037	2052	2106	2125	2143				0103
165 Sundays and other Public Holidays (except Christmas Day)																		
Abbey Wood Lane	0545			0725	0744	0804	0824	0844	0904	0922	0941	1000	1019	1038	1057	1116	1136	1156
Chandlers Corner	0549			0729	0749	0809	0829	0849	0909	0927	0946	1005	1024	1043	1102	1121	1141	1201
Rainham War Memorial	0551			0731	0751	0811	0831	0851	0911	0929	0949	1008	1027	1046	1105	1124	1144	1204
South Hornchurch Cherry Tree	0556	Then		0736	0756	0816	0836	0856	0916	0935	0955	1014	1033	1053	1112	1131	1151	1211
Elm Park Station	0602	every 20		0742	0802	0822	0842	0902	0922	0941	1001	1021	1040	1100	1119	1139	1159	1219
Hornchurch Town Centre	0609	minutes		0749	0809	0829	0849	0909	0929	0948	1008	1028	1047	1107	1127	1147	1207	1227
Gidea Park The Drill	0614	until		0754	0814	0834	0854	0914	0934	0954	1014	1034	1054	1114	1134	1154	1214	1234
Romford Station	0619			0759	0819	0839	0859	0920	0940	1000	1020	1040	1100	1120	1141	1201	1221	1241
Romford Market St. Edward's Way	0621			0801	0821	0841	0902	0923	0943	1004	1024	1044	1104	1124	1145	1205	1225	1245
Romford Brewery	0623			0803	0823	0843	0904	0925	0945	1006	1026	1046	1107	1127	1148	1208	1228	1248
Abbey Wood Lane	1215			1715	1736	1757	1817	1837	1858	1919	1939	2000						0020
Chandlers Corner	1221			1721	1742	1803	1823	1843	1904	1924	1944	2005						0025
Rainham War Memorial	1224			1724	1745	1806	1826	1846	1907	1927	1947	2008						0028
South Hornchurch Cherry Tree	1231	Then		1731	1752	1812	1832	1852	1913	1933	1953	2013			Then			0033
Elm Park Station	1239	every 20		1739	1759	1819	1839	1859	1919	1939	1959	2019			every 20			0039
Hornchurch Town Centre	1247	minutes		1747	1807	1827	1847	1907	1926	1946	2006	2026			minutes			0046
Gidea Park The Drill	1254	until		1754	1814	1834	1854	1913	1932	1952	2012	2032			until			0052
Romford Station	1301			1801	1821	1840	1900	1919	1938	1958	2018	2038						0058
Romford Market St. Edward's Way	1305			1805	1825	1844	1904	1923	1942	2001	2020	2040						0100
Romford Brewery	1308			1808	1828	1847	1906	1925	1944	2003	2022	2042						0102

165 Mondays to Fridays																			
Romford Brewery	0505	0520	0535	0550	0605	0619	0634	0647	0700			0930		1406		1828			
Romford Market St. Edward's Way	0507	0522	0537	0552	0607	0621	0636	0649	0702			0933		1409		1831			
Romford Station	0510	0525	0540	0555	0610	0624	0639	0652	0706		Then	0938		1414	Then	1836			
Gidea Park The Drill	0515	0530	0545	0601	0616	0630	0645	0659	0714		about	0945	Then	1421	about	1845			
Hornchurch Town Centre	0520	0535	0551	0607	0622	0636	0652	0706	0721		every 12	0954	every 12	1430	every 12	1853			
Elm Park Station	0526	0541	0557	0613	0628	0643	0659	0714	0729		minutes	1004	minutes	1440	minutes	1902			
South Hornchurch Cherry Tree	0533	0548	0604	0620	0635	0650	0706	0723	0738		until	1013	until	1449	until	1911			
Rainham Tesco	0539	0555	0611	0627	0642	0657	0714	0731	0746			1020		1456		1918			
Chandlers Corner	0541	0557	0613	0629	0644	0700	0717	0734	0749			1023		1459		1921			
Abbey Wood Lane	0546	0602	0618	0634	0649	0705	0722	0739	0754			1029		1505		1926			
Romford Brewery	1841	1854	1906	1918	1931	1944	1959	2015	2030	2050	2110	2131	2151			0111			
Romford Market St. Edward's Way	1844	1857	1909	1921	1934	1947	2002	2017	2032	2052	2112	2133	2153			0113			
Romford Station	1849	1902	1913	1925	1938	1951	2006	2021	2036	2056	2116	2137	2157			0117			
Gidea Park The Drill	1858	1910	1921	1932	1945	1958	2012	2027	2042	2102	2122	2143	2203		Then	0123			
Hornchurch Town Centre	1906	1917	1928	1939	1952	2004	2018	2033	2048	2108	2128	2149	2208		every 20	0128			
Elm Park Station	1914	1925	1936	1947	2000	2012	2026	2041	2056	2115	2135	2155	2214		minutes	0134			
South Hornchurch Cherry Tree	1923	1934	1945	1956	2008	2019	2033	2048	2103	2122	2142	2202	2221		until	0141			
Rainham Tesco	1930	1941	1952	2003	2014	2025	2039	2054	2109	2128	2148	2208	2227			0147			
Chandlers Corner	1933	1944	1955	2005	2016	2027	2041	2056	2111	2130	2150	2210	2229			0149			
Abbey Wood Lane	1938	1949	2000	2010	2021	2032	2046	2101	2116	2135	2155	2215	2234			0154			
165 Saturdays (also Good Friday)																			
Romford Brewery	0505				0650	0705	0720	0735	0750	0805	0820			1018		1642 1655 1708			
Romford Market St. Edward's Way	0507				0652	0707	0722	0737	0752	0807	0822			1021		1645 1658 1711			
Romford Station	0510				0655	0710	0725	0740	0755	0811	0826		Then	1027		1651 1704 1717			
Gidea Park The Drill	0515	Then			0700	0715	0730	0745	0800	0816	0831		about	1034	Then	1658 1711 1724			
Hornchurch Town Centre	0520	every 15			0705	0720	0735	0750	0806	0822	0837		every 12	1043	every 12	1707 1720 1733			
Elm Park Station	0526	minutes			0711	0727	0742	0758	0814	0830	0845		minutes	1053	minutes	1717 1730 1742			
South Hornchurch Cherry Tree	0533	until			0718	0734	0749	0805	0821	0837	0852		until	1103	until	1727 1739 1750			
Rainham Tesco	0539				0724	0740	0755	0811	0827	0843	0859			1111		1735 1746 1757			
Chandlers Corner	0541				0726	0742	0757	0813	0829	0845	0901			1114		1738 1749 1800			
Abbey Wood Lane	0546				0731	0747	0802	0818	0834	0850	0906			1119		1743 1754 1805			
Romford Brewery	1721	1734	1747	1759	1811	1823	1835	1848	1901			2016	2031	2051	2112		0112		
Romford Market St. Edward's Way	1724	1737	1750	1802	1814	1826	1838	1851	1904			2019	2034	2054	2114		0114		
Romford Station	1730	1743	1756	1808	1820	1832	1844	1857	1909			2024	2039	2059	2118		0118		
Gidea Park The Drill	1737	1749	1802	1814	1826	1838	1850	1903	1915		Then	2030	2045	2104	2123	Then	0123		
Hornchurch Town Centre	1745	1757	1809	1821	1833	1845	1857	1909	1921		every 15	2036	2051	2109	2128	every 20	0128		
Elm Park Station	1754	1805	1817	1829	1841	1853	1905	1916	1928		minutes	2043	2058	2115	2134	minutes	0134		
South Hornchurch Cherry Tree	1802	1813	1825	1837	1849	1901	1912	1923	1935		until	2050	2105	2122	2141	until	0141		
Rainham Tesco	1809	1820	1832	1844	1856	1908	1919	1930	1942			2057	2111	2128	2147		0147		
Chandlers Corner	1812	1823	1835	1847	1859	1911	1922	1933	1945			2100	2113	2130	2149		0149		
Abbey Wood Lane	1817	1828	1840	1852	1904	1916	1927	1938	1950			2105	2118	2135	2154		0154		
165 Sundays and other Public Holidays (except Christmas Day)																			
Romford Brewery	0555	0620				0820	0840	0900	0920	0940	0959	1019	1038	1057	1117	1137	1157	1217	1237
Romford Market St. Edward's Way	0557	0622				0822	0842	0902	0922	0942	1001	1021	1040	1059	1119	1139	1159	1220	1240
Romford Station	0600	0625				0825	0845	0905	0925	0945	1005	1025	1044	1104	1124	1144	1204	1225	1245
Gidea Park The Drill	0605	0630	Then			0830	0850	0910	0930	0951	1011	1031	1050	1110	1130	1150	1210	1231	1251
Hornchurch Town Centre	0610	0635	every 20			0835	0855	0915	0936	0957	1017	1037	1056	1116	1136	1156	1216	1237	1257
Elm Park Station	0616	0641	minutes			0841	0901	0922	0943	1004	1024	1044	1103	1123	1143	1203	1224	1245	1305
South Hornchurch Cherry Tree	0622	0647	until			0847	0908	0929	0950	1011	1031	1051	1111	1131	1151	1211	1232	1253	1313
Rainham Tesco	0627	0652				0852	0914	0935	0956	1017	1037	1057	1117	1137	1157	1218	1239	1300	1320
Chandlers Corner	0629	0654				0854	0916	0937	0958	1019	1039	1100	1120	1140	1200	1221	1242	1303	1323
Abbey Wood Lane	0634	0659				0859	0921	0942	1003	1024	1044	1105	1125	1145	1205	1226	1247	1308	1328
Romford Brewery	1257	1317				1717	1737	1756	1815	1834	1853	1912	1932	1952	2012				0112
Romford Market St. Edward's Way	1300	1320				1720	1740	1759	1818	1837	1856	1915	1935	1955	2014				0114
Romford Station	1305	1325				1725	1745	1804	1823	1842	1900	1919	1939	1959	2018				0118
Gidea Park The Drill	1311	1331	Then			1731	1751	1810	1829	1848	1906	1925	1945	2004	2023	Then			0123
Hornchurch Town Centre	1317	1337	every 20			1737	1757	1816	1835	1854	1912	1931	1951	2009	2028	every 20			0128
Elm Park Station	1325	1345	minutes			1745	1804	1823	1842	1901	1919	1938	1957	2015	2034	minutes			0134
South Hornchurch Cherry Tree	1333	1353	until			1753	1812	1831	1850	1908	1926	1945	2004	2022	2041	until			0141
Rainham Tesco	1340	1400				1800	1818	1837	1856	1914	1932	1951	2010	2028	2047				0147
Chandlers Corner	1343	1403				1803	1821	1840	1859	1917	1935	1953	2012	2030	2049				0149
Abbey Wood Lane	1348	1409				1809	1827	1846	1904	1922	1940	1958	2017	2035	2054				0154