

165 Mondays to Fridays																		
Abbey Wood Lane	0440	0455	0510	0525	0540	0555	0610	0622				1020		1508	1854	1907		
Chandlers Corner	0444	0459	0514	0530	0545	0600	0615	0627				1026		1514	1900	1912		
Rainham War Memorial	0446	0501	0517	0533	0548	0603	0618	0630				1030		1518	1903	1915		
South Hornchurch Cherry Tree	0451	0506	0522	0538	0553	0608	0624	0636				1037		1525	1911	1922		
Elm Park Station	0457	0512	0528	0544	0559	0615	0631	0644				1046		1534	1919	1930		
Hornchurch Town Centre	0504	0519	0535	0551	0606	0622	0638	0651				1055		1543	1926	1937		
Gidea Park The Drill	0510	0525	0541	0557	0612	0628	0644	0658				1103		1551	1933	1944		
Romford Station	0516	0531	0547	0603	0619	0635	0651	0705				1110		1558	1939	1950		
Romford Market St. Edward's Way	0519	0534	0550	0606	0622	0638	0654	0708				1114		1602	1942	1953		
Romford Brewery	0521	0536	0552	0608	0624	0640	0656	0710				1116		1604	1944	1955		
Abbey Wood Lane	1922	1937	1952	2007	2022	2042	2102	2122	2142	2202	2222	2242	2302	2322	2342	0002	0022	
Chandlers Corner	1927	1942	1957	2012	2027	2047	2107	2127	2147	2207	2227	2247	2307	2327	2347	0007	0027	
Rainham War Memorial	1930	1945	2000	2015	2030	2050	2110	2130	2150	2210	2230	2250	2310	2330	2350	0010	0030	
South Hornchurch Cherry Tree	1936	1951	2006	2021	2036	2056	2116	2136	2156	2216	2236	2255	2315	2335	2355	0015	0035	
Elm Park Station	1944	1959	2013	2028	2043	2103	2123	2143	2203	2222	2242	2301	2321	2341	0001	0021	0041	
Hornchurch Town Centre	1951	2006	2020	2035	2050	2110	2130	2150	2210	2229	2249	2308	2328	2348	0008	0028	0048	
Gidea Park The Drill	1958	2012	2026	2041	2056	2116	2136	2156	2216	2235	2255	2314	2334	2354	0014	0034	0054	
Romford Station	2004	2018	2032	2047	2102	2122	2142	2202	2222	2241	2301	2320	2340	0000	0020	0040	0100	
Romford Market St. Edward's Way	2007	2021	2035	2050	2105	2125	2145	2205	2225	2244	2304	2323	2342	0002	0022	0042	0102	
Romford Brewery	2009	2023	2037	2052	2107	2127	2147	2207	2227	2246	2306	2325	2344	0004	0024	0044	0104	
165 Saturdays (also Good Friday)																		
Abbey Wood Lane	0440	0455	0510	0525	0540	0555	0610	0625	0640	0655	0710	0725	0740	0755	0810	0823	1820	
Chandlers Corner	0444	0459	0514	0530	0545	0600	0615	0630	0645	0700	0715	0730	0745	0800	0815	0828	1825	
Rainham War Memorial	0446	0501	0516	0532	0547	0602	0618	0633	0648	0703	0718	0733	0748	0803	0818	0831	1828	
South Hornchurch Cherry Tree	0451	0506	0521	0537	0552	0607	0623	0638	0653	0708	0723	0738	0753	0809	0824	0838	1834	
Elm Park Station	0457	0512	0527	0543	0558	0613	0629	0644	0659	0715	0730	0745	0800	0816	0832	0846	1842	
Hornchurch Town Centre	0504	0519	0534	0550	0605	0620	0636	0651	0706	0722	0737	0752	0807	0823	0839	0854	1850	
Gidea Park The Drill	0510	0525	0540	0556	0611	0626	0642	0657	0712	0728	0743	0758	0813	0829	0845	0900	1857	
Romford Station	0516	0531	0546	0602	0617	0632	0648	0703	0718	0734	0749	0804	0819	0835	0851	0907	1904	
Romford Market St. Edward's Way	0519	0534	0549	0605	0620	0635	0651	0706	0721	0737	0752	0807	0822	0839	0855	0911	1908	
Romford Brewery	0521	0536	0551	0607	0622	0637	0653	0708	0723	0739	0754	0809	0825	0842	0859	0915	1910	
Abbey Wood Lane	1833	1847	1902	1917	1932	1947	2002	2022	2042	2102	2122	2142	2202	2222	2242	2302	0022	
Chandlers Corner	1838	1852	1907	1922	1937	1952	2007	2027	2047	2107	2127	2147	2207	2227	2247	2307	0027	
Rainham War Memorial	1841	1855	1910	1925	1940	1955	2010	2030	2050	2110	2130	2150	2210	2230	2250	2310	0030	
South Hornchurch Cherry Tree	1847	1901	1916	1931	1946	2001	2016	2036	2056	2116	2136	2156	2216	2236	2255	2315	0035	
Elm Park Station	1855	1909	1924	1938	1953	2008	2023	2043	2103	2123	2143	2203	2222	2242	2301	2321	0041	
Hornchurch Town Centre	1903	1917	1932	1946	2001	2015	2030	2050	2110	2130	2150	2210	2229	2249	2308	2328	0048	
Gidea Park The Drill	1910	1924	1939	1953	2008	2022	2037	2056	2116	2136	2156	2216	2235	2255	2314	2334	0054	
Romford Station	1917	1930	1945	1959	2014	2028	2043	2102	2122	2142	2202	2222	2241	2301	2320	2340	0100	
Romford Market St. Edward's Way	1921	1934	1949	2003	2018	2032	2047	2105	2125	2145	2205	2225	2244	2304	2323	2342	0102	
Romford Brewery	1923	1936	1951	2005	2020	2034	2049	2107	2127	2147	2207	2227	2246	2306	2325	2344	0104	
165 Sundays and other Public Holidays (except Christmas Day)																		
Abbey Wood Lane	0545	0605	0625	0645	0705	0725	0745	0805	0824	0843	0903	0922	0941	1000	1019	1038	1058	1117
Chandlers Corner	0549	0609	0629	0649	0709	0730	0750	0810	0829	0848	0908	0927	0946	1005	1024	1043	1103	1122
Rainham War Memorial	0551	0611	0631	0651	0711	0732	0752	0812	0831	0850	0910	0929	0948	1008	1027	1046	1106	1125
South Hornchurch Cherry Tree	0556	0616	0636	0656	0716	0737	0757	0817	0837	0856	0916	0935	0954	1014	1033	1053	1113	1132
Elm Park Station	0602	0622	0642	0702	0722	0743	0803	0823	0843	0902	0922	0941	1000	1020	1040	1100	1121	1140
Hornchurch Town Centre	0609	0629	0649	0709	0729	0750	0810	0830	0850	0909	0929	0948	1007	1027	1047	1107	1128	1147
Gidea Park The Drill	0614	0634	0654	0714	0734	0755	0815	0835	0855	0914	0934	0954	1013	1033	1053	1113	1134	1154
Romford Station	0619	0639	0659	0719	0739	0800	0820	0840	0900	0920	0940	1000	1019	1039	1059	1119	1140	1201
Romford Market St. Edward's Way	0621	0641	0701	0721	0741	0802	0822	0843	0903	0923	0943	1003	1023	1043	1103	1123	1144	1205
Romford Brewery	0623	0643	0703	0723	0743	0804	0824	0845	0905	0925	0945	1005	1025	1046	1106	1126	1147	1208
Abbey Wood Lane	1136			1656	1717	1738	1759	1820	1841	1902	1922	1942	2002	2022			0022	
Chandlers Corner	1142			1702	1723	1744	1805	1826	1847	1908	1928	1948	2007	2027			0027	
Rainham War Memorial	1145			1705	1726	1747	1808	1829	1850	1911	1931	1951	2010	2030			0030	
South Hornchurch Cherry Tree	1152			1712	1733	1753	1814	1835	1856	1917	1937	1956	2015	2035			0035	
Elm Park Station	1200			1720	1741	1801	1822	1842	1902	1923	1943	2002	2021	2041			0041	
Hornchurch Town Centre	1208			1728	1749	1809	1830	1850	1909	1930	1950	2009	2028	2048			0048	
Gidea Park The Drill	1215			1735	1756	1816	1837	1856	1915	1936	1956	2015	2034	2054			0054	
Romford Station	1222			1742	1802	1822	1843	1902	1921	1942	2002	2021	2040	2100			0100	
Romford Market St. Edward's Way	1226			1746	1806	1826	1847	1906	1925	1945	2005	2024	2043	2102			0102	
Romford Brewery	1229			1749	1809	1829	1849	1908	1927	1947	2007	2026	2045	2104			0104	

165		Mondays to Fridays																
Romford Brewery	0505	0520	0535	0550	0605	0620	0635	0650	0702	0713	0725	0737		0913		1401		1559
Romford Market St. Edward's Way	0507	0522	0537	0552	0607	0622	0637	0652	0705	0716	0728	0740		0916		1404		1602
Romford Station	0510	0525	0540	0555	0610	0625	0640	0655	0709	0720	0732	0744	Then	0921	Then	1409	Then	1607
Gidea Park The Drill	0515	0530	0545	0601	0616	0631	0647	0702	0716	0728	0740	0752	about	0928	every	1416	about	1616
Hornchurch Town Centre	0520	0535	0550	0606	0621	0637	0653	0709	0723	0735	0747	0800	every	0937	12	1425	every	1624
Elm Park Station	0526	0541	0556	0612	0627	0643	0659	0717	0731	0744	0756	0809	12	0947	mins.	1435	12	1633
South Hornchurch Cherry Tree	0533	0548	0603	0619	0634	0650	0707	0725	0740	0753	0806	0819	mins.	0956	until	1444	mins.	1644
Rainham Tesco	0539	0554	0609	0625	0641	0657	0714	0733	0748	0801	0814	0827	until	1003		1451	until	1652
Chandlers Corner	0541	0556	0611	0627	0643	0659	0717	0736	0751	0804	0817	0830		1006		1454		1655
Abbey Wood Lane	0546	0601	0616	0632	0648	0704	0722	0741	0756	0809	0822	0835		1012		1500		1701
SD																		
Romford Brewery	1605	1611			1947	2002	2017	2032	2052	2112	2132	2152		2312	2332			0112
Romford Market St. Edward's Way	1608	1614			1949	2004	2019	2034	2054	2114	2134	2154		2314	2334			0114
Romford Station	1613	1619	Then		1953	2008	2023	2038	2058	2118	2138	2158		2318	2338			0118
Gidea Park The Drill	1622	1628	about		2000	2015	2029	2044	2104	2124	2144	2204	Then	2324	2343	Then		0123
Hornchurch Town Centre	1630	1636	every		2006	2021	2035	2050	2110	2130	2150	2209	every 20	2329	2348	every 20		0128
Elm Park Station	1639	1645	12		2014	2029	2043	2058	2117	2137	2156	2215	minutes	2335	2354	minutes		0134
South Hornchurch Cherry Tree	1650	1656	mins.		2021	2036	2050	2105	2124	2144	2203	2222	until	2342	0001	until		0141
Rainham Tesco	1658	1704	until		2027	2042	2056	2111	2130	2150	2209	2228		2348	0007			0147
Chandlers Corner	1701	1707			2029	2044	2058	2113	2132	2152	2211	2230		2350	0009			0149
Abbey Wood Lane	1707	1713			2034	2049	2103	2118	2137	2157	2216	2235		2355	0014			0154
165		Saturdays (also Good Friday)																
Romford Brewery	0505		0650	0705	0720	0735	0750	0805	0819	0831	0842		1133		1609		1745	1758
Romford Market St. Edward's Way	0507		0652	0707	0722	0737	0752	0807	0821	0833	0845		1136		1612		1748	1801
Romford Station	0510	Then	0655	0710	0725	0740	0755	0810	0825	0837	0849	Then	1142	Then	1618	Then	1754	1807
Gidea Park The Drill	0515	every	0700	0715	0730	0745	0800	0815	0830	0843	0855	about	1149	every	1625	about	1800	1813
Hornchurch Town Centre	0520	15	0705	0720	0735	0750	0805	0821	0836	0849	0901	every	1158	12	1634	every	1807	1820
Elm Park Station	0526	mins.	0711	0727	0742	0757	0812	0828	0844	0857	0910	12	1208	mins.	1644	12	1815	1828
South Hornchurch Cherry Tree	0533	until	0718	0734	0749	0804	0820	0836	0852	0905	0918	mins.	1218	until	1654	mins.	1823	1836
Rainham Tesco	0539		0724	0740	0755	0810	0826	0842	0858	0912	0925	until	1226		1702	until	1830	1843
Chandlers Corner	0541		0726	0742	0757	0812	0828	0844	0900	0914	0928		1229		1705		1833	1846
Abbey Wood Lane	0546		0731	0747	0802	0817	0833	0849	0905	0919	0933		1234		1710		1838	1851
Romford Brewery	1811		1902	1917	1932	1947	2002	2017	2032	2052	2112	2132	2152		2312	2332		0112
Romford Market St. Edward's Way	1814		1905	1920	1935	1950	2005	2020	2035	2055	2114	2134	2154		2314	2334		0114
Romford Station	1820	Then	1910	1925	1940	1955	2010	2025	2040	2059	2118	2138	2158	Then	2318	2338	Then	0118
Gidea Park The Drill	1826	about	1916	1931	1946	2001	2016	2031	2046	2105	2124	2144	2204	every	2324	2343	every	0123
Hornchurch Town Centre	1833	every	1923	1937	1952	2007	2022	2037	2052	2111	2130	2150	2209	20	2329	2348	20	0128
Elm Park Station	1841	12-13	1930	1944	1959	2014	2029	2044	2059	2118	2137	2156	2215	mins.	2335	2354	mins.	0134
South Hornchurch Cherry Tree	1848	mins.	1937	1952	2007	2022	2036	2051	2106	2125	2144	2203	2222	until	2342	0001	until	0141
Rainham Tesco	1855	until	1944	1959	2014	2029	2043	2058	2112	2131	2150	2209	2228		2348	0007		0147
Chandlers Corner	1858		1947	2002	2017	2032	2046	2100	2114	2133	2152	2211	2230		2350	0009		0149
Abbey Wood Lane	1903		1952	2007	2022	2037	2051	2105	2119	2138	2157	2216	2235		2355	0014		0154
165		Sundays and other Public Holidays (except Christmas Day)																
Romford Brewery	0600		0800	0820	0840	0900	0920	0940	0959	1019	1039	1058	1117	1137	1157	1216	1236	
Romford Market St. Edward's Way	0602		0802	0822	0842	0902	0922	0942	1001	1021	1041	1100	1119	1139	1159	1219	1239	
Romford Station	0605		0805	0825	0845	0905	0925	0945	1005	1025	1045	1104	1124	1144	1204	1224	1244	
Gidea Park The Drill	0610	Then	0810	0830	0850	0911	0931	0951	1011	1031	1051	1110	1130	1150	1210	1230	1250	
Hornchurch Town Centre	0615	every 20	0815	0835	0855	0916	0936	0957	1017	1037	1057	1116	1136	1156	1216	1236	1256	
Elm Park Station	0621	minutes	0821	0841	0901	0922	0942	1003	1024	1044	1104	1123	1143	1203	1224	1244	1304	
South Hornchurch Cherry Tree	0627	until	0827	0847	0907	0928	0949	1010	1031	1051	1111	1131	1151	1212	1232	1252	1312	
Rainham Tesco	0632		0832	0853	0913	0934	0955	1016	1037	1057	1117	1137	1157	1218	1239	1259	1319	
Chandlers Corner	0634		0834	0855	0915	0936	0957	1018	1039	1100	1120	1140	1200	1221	1242	1302	1322	
Abbey Wood Lane	0639		0839	0900	0920	0941	1002	1023	1044	1105	1125	1145	1205	1226	1247	1307	1327	
Romford Brewery	1256	1316			1656	1716	1736	1756	1816	1836	1854	1914	1932	1952				0112
Romford Market St. Edward's Way	1259	1319			1659	1719	1739	1759	1819	1839	1857	1917	1935	1954				0114
Romford Station	1304	1324			1704	1724	1744	1804	1824	1844	1901	1921	1939	1958				0118
Gidea Park The Drill	1310	1330	Then		1710	1730	1750	1810	1830	1850	1907	1927	1945	2003	Then			0123
Hornchurch Town Centre	1316	1336	every 20		1716	1736	1756	1816	1836	1856	1913	1932	1950	2008	every 20			0128
Elm Park Station	1324	1344	minutes		1724	1744	1803	1823	1843	1903	1920	1939	1956	2014	minutes			0134
South Hornchurch Cherry Tree	1332	1352	until		1732	1752	1811	1831	1850	1910	1927	1946	2003	2021	until			0141
Rainham Tesco	1339	1359			1739	1758	1817	1837	1856	1916	1933	1952	2009	2027				0147
Chandlers Corner	1342	1402			1742	1801	1820	1840	1859	1919	1935	1954	2011	2029				0149
Abbey Wood Lane	1347	1408			1748	1807	1826	1845	1904	1924	1940	1959	2016	2034				0154

Note: SD - Operates on school days only