

167		Mondays to Fridays																
Debden Torrington Drive	0557	0620	0637	0657	0713	0726	0743	0803	0823	0843	0903	0923	Then every 20 minutes until	1403	1423	1441	1458	
Loughton Homebase	0604	0627	0646	0706	0723	0737	0754	0815	0835	0855	0914	0933		1413	1433	1451	1510	
Loughton Station	0608	0631	0651	0711	0728	0743	0800	0822	0842	0902	0921	0940		1420	1440	1458	1518	
Buckhurst Hill Station Forecourt	0614	0637	0658	0719	0737	0754	0812	0834	0854	0912	0930	0949		1429	1449	1508	1529	
Chigwell Station	0619	0642	0703	0725	0743	0801	0820	0842	0902	0919	0937	0955		1435	1456	1515	1537	
Barkingside Fullwell Cross	0625	0648	0710	0733	0752	0812	0832	0852	0911	0928	0946	1004		1444	1505	1524	1547	
Gants Hill Station Cranbrook Road (S)	0631	0655	0719	0743	0803	0823	0843	0903	0922	0939	0957	1015	1455	1517	1537	1600		
Ilford High Road Hainault Street	0638	0702	0727	0753	0816	0837	0857	0914	0932	0949	1007	1025	1505	1529	1549	1612		
SD																		
Debden Torrington Drive	1518	1528	1538	1558	1618	1638	1658	1718	1738	1758	1818	1838	1858	1918	1948	2018	2049	2119
Loughton Homebase	1531	1541	1551	1611	1630	1650	1710	1730	1749	1809	1828	1848	1907	1927	1957	2026	2057	2127
Loughton Station	1539	1549	1559	1618	1637	1657	1717	1737	1756	1815	1834	1854	1913	1932	2002	2031	2102	2132
Buckhurst Hill Station Forecourt	1550	1600	1609	1628	1647	1707	1727	1747	1806	1824	1843	1902	1921	1940	2010	2038	2108	2138
Chigwell Station	1558	1608	1617	1636	1654	1714	1734	1754	1813	1831	1850	1908	1927	1946	2016	2043	2113	2143
Barkingside Fullwell Cross	1608	1618	1627	1645	1703	1723	1743	1803	1822	1840	1859	1916	1935	1954	2023	2050	2119	2149
Gants Hill Station Cranbrook Road (S)	1620	1629	1638	1656	1714	1734	1753	1813	1832	1850	1909	1926	1944	2003	2031	2057	2126	2156
Ilford High Road Hainault Street	1631	1640	1649	1707	1725	1745	1804	1824	1843	1900	1919	1936	1954	2012	2039	2105	2134	2204
Debden Torrington Drive	2150	2220	2250	2320	2350													
Loughton Homebase	2158	2228	2257	2327	2357													
Loughton Station	2202	2232	2301	2331	0001													
Buckhurst Hill Station Forecourt	2208	2238	2307	2337	0007													
Chigwell Station	2213	2243	2312	2342	0012													
Barkingside Fullwell Cross	2219	2249	2318	2347	0017													
Gants Hill Station Cranbrook Road (S)	2225	2255	2324	2353	0023													
Ilford High Road Hainault Street	2232	2302	2331	0000	0030													
167		Saturdays (also Good Friday)																
Debden Torrington Drive	0557	0620	0640	0700	0720	0740	0800	0820	0840	0858	0914	0932	0950	1010	1027	1045	1103	1120
Loughton Homebase	0604	0627	0648	0708	0728	0748	0808	0828	0849	0908	0925	0943	1001	1021	1038	1057	1115	1132
Loughton Station	0608	0631	0652	0712	0732	0752	0812	0833	0854	0913	0931	0949	1008	1028	1045	1105	1123	1141
Buckhurst Hill Station Forecourt	0614	0637	0658	0718	0738	0758	0818	0840	0901	0920	0939	0957	1017	1037	1054	1114	1133	1151
Chigwell Station	0619	0642	0703	0723	0743	0804	0824	0846	0907	0926	0945	1004	1024	1044	1101	1121	1140	1159
Barkingside Fullwell Cross	0625	0648	0709	0729	0749	0810	0830	0853	0914	0933	0953	1012	1033	1053	1110	1130	1150	1209
Gants Hill Station Cranbrook Road (S)	0631	0654	0715	0735	0755	0816	0837	0901	0922	0942	1002	1022	1043	1104	1121	1141	1201	1221
Ilford High Road Hainault Street	0637	0700	0722	0742	0802	0823	0845	0909	0931	0952	1012	1032	1053	1114	1132	1153	1213	1233
Debden Torrington Drive	1138	1159	1221	1241	1301	1321	1341	1401	1422	1442	1502	1522	1542	1602	1622	1642	1702	1723
Loughton Homebase	1150	1211	1232	1252	1312	1332	1352	1412	1432	1452	1512	1532	1552	1612	1632	1652	1712	1732
Loughton Station	1159	1220	1240	1300	1320	1340	1400	1420	1439	1459	1519	1539	1559	1619	1639	1659	1719	1739
Buckhurst Hill Station Forecourt	1211	1232	1251	1310	1330	1350	1409	1429	1448	1508	1528	1548	1608	1628	1648	1708	1728	1747
Chigwell Station	1219	1239	1258	1317	1337	1357	1416	1436	1455	1515	1534	1554	1614	1634	1654	1714	1734	1753
Barkingside Fullwell Cross	1229	1248	1307	1326	1346	1406	1425	1445	1504	1523	1542	1602	1622	1642	1702	1722	1742	1801
Gants Hill Station Cranbrook Road (S)	1241	1300	1318	1337	1357	1417	1436	1456	1515	1534	1553	1613	1633	1653	1713	1732	1752	1811
Ilford High Road Hainault Street	1253	1313	1332	1351	1411	1431	1450	1509	1527	1546	1605	1625	1645	1704	1724	1742	1802	1821
Debden Torrington Drive	1743	1803	1823	1844	1905	1926	1948	2019	2050	2120	2150	2220	2250	2320	2350			
Loughton Homebase	1752	1812	1832	1853	1914	1935	1957	2028	2058	2128	2158	2228	2258	2327	2357			
Loughton Station	1758	1818	1838	1858	1919	1940	2002	2033	2103	2132	2202	2232	2302	2331	0001			
Buckhurst Hill Station Forecourt	1806	1825	1845	1905	1926	1947	2009	2040	2110	2138	2208	2238	2308	2337	0007			
Chigwell Station	1812	1831	1851	1910	1931	1952	2014	2045	2115	2143	2213	2243	2313	2342	0012			
Barkingside Fullwell Cross	1820	1839	1858	1917	1938	1959	2021	2051	2121	2149	2219	2249	2319	2348	0018			
Gants Hill Station Cranbrook Road (S)	1830	1849	1908	1927	1947	2008	2029	2058	2128	2156	2226	2256	2326	2354	0024			
Ilford High Road Hainault Street	1840	1858	1917	1936	1956	2016	2037	2106	2136	2204	2234	2303	2333	0001	0031			
167		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Debden Torrington Drive	0720	0750	0820	0854	0924	0951	1021	1048	1117	1144	1214	1245	1316	1346	1416	1446	1516	1546
Loughton Homebase	0727	0758	0828	0902	0933	1000	1030	1058	1128	1155	1225	1256	1326	1356	1425	1455	1525	1555
Loughton Station	0731	0802	0832	0906	0938	1006	1036	1104	1134	1201	1231	1302	1332	1402	1431	1501	1531	1601
Buckhurst Hill Station Forecourt	0737	0808	0838	0912	0944	1013	1043	1111	1141	1209	1239	1310	1340	1410	1438	1508	1538	1608
Chigwell Station	0742	0813	0843	0917	0949	1019	1049	1117	1147	1215	1245	1316	1346	1416	1444	1514	1544	1614
Barkingside Fullwell Cross	0748	0819	0849	0923	0956	1026	1056	1125	1155	1224	1254	1324	1354	1424	1452	1522	1552	1622
Gants Hill Station Cranbrook Road (S)	0754	0825	0856	0930	1004	1035	1105	1135	1205	1235	1305	1335	1405	1435	1503	1533	1602	1631
Ilford High Road Hainault Street	0801	0832	0903	0937	1011	1043	1114	1145	1215	1245	1315	1345	1416	1446	1514	1543	1612	1641
Debden Torrington Drive	1616	1647	1718	1748	1819	1849	1920	1950	2020	2050	2120	2150	2220	2250	2320	2350		
Loughton Homebase	1625	1656	1727	1757	1828	1858	1927	1957	2027	2057	2127	2157	2227	2257	2327	2357		
Loughton Station	1631	1701	1732	1802	1833	1903	1931	2001	2031	2101	2131	2201	2231	2301	2331	0001		
Buckhurst Hill Station Forecourt	1638	1708	1739	1809	1839	1909	1937	2007	2037	2107	2137	2207	2236	2306	2336	0006		
Chigwell Station	1644	1714	1745	1814	1844	1914	1942	2012	2042	2112	2142	2212	2241	2311	2341	0011		
Barkingside Fullwell Cross	1652	1722	1752	1821	1851	1921	1949	2019	2048	2118	2148	2218	2247	2317	2346	0016		
Gants Hill Station Cranbrook Road (S)	1701	1730	1800	1829	1859	1929	1956	2026	2055	2125	2154	2224	2253	2323	2352	0022		
Ilford High Road Hainault Street	1711	1740	1810	1838	1907	1937	2004	2034	2103	2133	2201	2231	2300	2330	2359	0029		
Note:	SD - Operates on school days only																	

167		Mondays to Fridays																
		SD																
Ilford High Road Hainault Street	0630	0645	0700	0714	0727	0730	0748	0808	0828	0848	0908	0927	0946	1006	1026	1046	1106	1126
Gants Hill Station Cranbrook Road (S)	0638	0653	0709	0724	0738	0741	0800	0821	0841	0900	0920	0939	0958	1018	1038	1058	1118	1138
Barkingside Fullwell Cross	0644	0659	0716	0732	0747	0750	0809	0830	0850	0909	0929	0948	1007	1027	1047	1107	1128	1148
Chigwell Station	0651	0707	0724	0740	0755	0758	0818	0839	0859	0918	0938	0957	1016	1036	1056	1116	1137	1157
Buckhurst Hill Station Forecourt	0657	0713	0731	0747	0803	0806	0826	0846	0906	0925	0945	1003	1022	1042	1102	1122	1143	1203
Loughton Station	0703	0720	0739	0756	0813	0816	0836	0856	0915	0933	0953	1011	1030	1050	1110	1130	1151	1211
Loughton Homebase	0708	0726	0746	0803	0820	0823	0843	0903	0922	0940	1000	1018	1037	1058	1118	1139	1200	1220
Debden Torrington Drive	0719	0738	0758	0817	0834	0837	0857	0915	0934	0952	1012	1030	1049	1110	1130	1151	1212	1232
Ilford High Road Hainault Street	1146	1206	1226	1246	1305	1325	1344	1403	1422	1439	1458	1518	1538	1558	1618	1638	1658	1718
Gants Hill Station Cranbrook Road (S)	1158	1218	1238	1258	1317	1337	1356	1415	1434	1452	1512	1532	1552	1612	1632	1652	1712	1732
Barkingside Fullwell Cross	1208	1228	1248	1308	1327	1347	1406	1425	1444	1502	1523	1544	1604	1623	1643	1703	1723	1743
Chigwell Station	1217	1237	1257	1317	1336	1356	1415	1434	1452	1511	1533	1554	1614	1632	1652	1712	1732	1752
Buckhurst Hill Station Forecourt	1223	1243	1303	1323	1342	1402	1421	1440	1458	1518	1540	1601	1621	1638	1658	1718	1738	1758
Loughton Station	1231	1251	1311	1331	1350	1410	1429	1448	1507	1527	1549	1610	1630	1647	1707	1727	1747	1807
Loughton Homebase	1240	1300	1320	1339	1358	1418	1437	1456	1516	1536	1559	1620	1639	1656	1716	1736	1756	1815
Debden Torrington Drive	1252	1312	1332	1351	1410	1430	1450	1511	1532	1551	1614	1634	1652	1709	1729	1749	1809	1827
Ilford High Road Hainault Street	1738	1758	1818	1838	1858	1918	1935	1955	2015	2035	2055	2125	2155	2225	2255	2325	2355	
Gants Hill Station Cranbrook Road (S)	1752	1811	1831	1851	1911	1929	1946	2006	2025	2045	2105	2135	2205	2233	2303	2333	0003	
Barkingside Fullwell Cross	1803	1821	1841	1901	1920	1938	1954	2014	2033	2053	2112	2142	2212	2239	2309	2339	0009	
Chigwell Station	1812	1830	1850	1910	1928	1946	2001	2021	2040	2100	2119	2149	2219	2245	2315	2345	0015	
Buckhurst Hill Station Forecourt	1818	1836	1856	1916	1934	1951	2006	2026	2045	2105	2124	2154	2224	2250	2320	2350	0020	
Loughton Station	1827	1844	1904	1924	1942	1958	2012	2032	2051	2111	2130	2200	2230	2256	2326	2356	0026	
Loughton Homebase	1835	1851	1911	1931	1948	2004	2017	2037	2056	2116	2135	2205	2235	2301	2331	0000	0030	
Debden Torrington Drive	1847	1903	1922	1942	1959	2015	2028	2048	2107	2127	2145	2215	2245	2310	2339	0008	0038	
167		Saturdays (also Good Friday)																
Ilford High Road Hainault Street	0630	0650	0710	0730	0750	0810	0830	0850	0908	0926	0945	1004	1023	1043	1103	1123	1143	1203
Gants Hill Station Cranbrook Road (S)	0637	0657	0718	0738	0758	0818	0839	0859	0918	0936	0955	1014	1033	1053	1115	1135	1155	1215
Barkingside Fullwell Cross	0642	0703	0724	0744	0805	0825	0846	0907	0926	0945	1004	1023	1042	1102	1125	1145	1205	1225
Chigwell Station	0648	0709	0731	0751	0812	0832	0854	0915	0934	0953	1012	1031	1050	1110	1133	1154	1214	1234
Buckhurst Hill Station Forecourt	0654	0715	0737	0757	0818	0838	0900	0921	0940	0959	1018	1037	1056	1116	1139	1200	1220	1240
Loughton Station	0700	0721	0743	0804	0825	0845	0907	0928	0948	1007	1027	1046	1105	1125	1148	1209	1229	1249
Loughton Homebase	0704	0725	0748	0809	0831	0851	0913	0934	0955	1015	1035	1055	1115	1136	1159	1220	1240	1300
Debden Torrington Drive	0712	0733	0756	0819	0841	0901	0923	0945	1006	1027	1047	1107	1127	1148	1211	1232	1253	1313
Ilford High Road Hainault Street	1223	1243	1303	1323	1343	1403	1423	1443	1503	1523	1543	1603	1623	1643	1703	1723	1743	1803
Gants Hill Station Cranbrook Road (S)	1236	1256	1316	1336	1356	1418	1438	1458	1518	1538	1557	1617	1637	1657	1716	1736	1756	1816
Barkingside Fullwell Cross	1246	1306	1326	1346	1406	1428	1448	1508	1528	1548	1607	1627	1647	1707	1726	1746	1806	1825
Chigwell Station	1255	1315	1335	1355	1415	1436	1456	1516	1536	1556	1615	1635	1655	1715	1734	1754	1814	1833
Buckhurst Hill Station Forecourt	1301	1321	1341	1401	1421	1442	1502	1522	1542	1602	1621	1641	1701	1721	1740	1800	1819	1838
Loughton Station	1310	1330	1349	1409	1429	1450	1510	1530	1550	1610	1629	1649	1709	1729	1748	1808	1826	1845
Loughton Homebase	1320	1340	1359	1419	1439	1500	1520	1540	1600	1620	1638	1658	1717	1737	1755	1814	1832	1851
Debden Torrington Drive	1333	1353	1412	1432	1452	1513	1533	1553	1613	1633	1651	1711	1730	1748	1806	1825	1843	1902
Ilford High Road Hainault Street	1823	1844	1906	1927	1955	2025	2055	2125	2155	2225	2255	2325	2355					
Gants Hill Station Cranbrook Road (S)	1836	1856	1917	1938	2006	2036	2105	2135	2205	2234	2304	2334	0003					
Barkingside Fullwell Cross	1845	1905	1926	1946	2014	2043	2112	2142	2212	2241	2310	2340	0009					
Chigwell Station	1853	1913	1934	1954	2021	2050	2119	2149	2219	2248	2316	2346	0015					
Buckhurst Hill Station Forecourt	1858	1918	1939	1959	2026	2055	2124	2154	2224	2253	2321	2351	0020					
Loughton Station	1905	1925	1946	2005	2032	2101	2130	2200	2230	2259	2327	2357	0026					
Loughton Homebase	1911	1931	1951	2010	2037	2106	2135	2205	2235	2304	2332	0002	0030					
Debden Torrington Drive	1922	1942	2002	2021	2047	2115	2144	2214	2244	2312	2339	0009	0037					
167		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Ilford High Road Hainault Street	0735	0808	0840	0910	0939	1006	1036	1104	1133	1202	1231	1300	1330	1400	1430	1500	1530	1600
Gants Hill Station Cranbrook Road (S)	0743	0816	0848	0918	0947	1015	1045	1114	1143	1213	1242	1313	1343	1413	1444	1514	1544	1614
Barkingside Fullwell Cross	0749	0822	0855	0925	0955	1023	1053	1123	1152	1222	1251	1322	1352	1422	1453	1523	1553	1623
Chigwell Station	0756	0829	0902	0932	1002	1030	1100	1130	1200	1230	1259	1330	1400	1430	1501	1531	1601	1631
Buckhurst Hill Station Forecourt	0801	0834	0907	0937	1007	1035	1105	1135	1205	1235	1305	1336	1406	1436	1506	1536	1606	1636
Loughton Station	0807	0840	0913	0943	1013	1042	1112	1142	1212	1242	1312	1343	1413	1443	1513	1543	1613	1643
Loughton Homebase	0812	0845	0918	0948	1019	1049	1119	1149	1220	1250	1320	1350	1420	1450	1519	1549	1619	1649
Debden Torrington Drive	0820	0854	0928	0958	1029	1059	1131	1201	1232	1302	1332	1402	1432	1502	1530	1600	1630	1700
Ilford High Road Hainault Street	1630	1700	1730	1755	1825	1855	1925	1955	2025	2055	2125	2155	2225	2255	2325	2355		
Gants Hill Station Cranbrook Road (S)	1644	1714	1742	1806	1836	1906	1935	2005	2035	2105	2134	2204	2234	2303	2333	0003		
Barkingside Fullwell Cross	1653	1722	1750	1814	1844	1914	1942	2012	2042	2112	2140	2210	2240	2309	2339	0009		
Chigwell Station	1701	1729	1757	1821	1851	1921	1949	2019	2049	2118	2146	2216	2246	2315	2345	0015		
Buckhurst Hill Station Forecourt	1706	1734	1802	1826	1856	1926	1954	2024	2054	2123	2151	2221	2251	2320	2350	0020		
Loughton Station	1712	1740	1808	1832	1902	1932	2000	2030	2100	2129	2157	2227	2257	2326	2356	0026		
Loughton Homebase	1717	1745	1813	1837	1907	1937	2005	2035	2104									