

169		Mondays to Fridays																
Clayhall The Glade	0450	0520	0540	0600	0620	0635	0650	0702	0713	0724	0733	0742	0751	0800	0810	0820	0830	0840
Barkingside Fullwell Cross	0456	0526	0546	0606	0627	0642	0657	0709	0720	0731	0741	0751	0800	0809	0819	0829	0839	0849
Newbury Park Ley St./Eastern Avenue	0501	0533	0553	0613	0634	0649	0705	0717	0728	0740	0750	0800	0809	0819	0829	0839	0849	0859
Ilford High Road Hainault Street	0507	0540	0600	0620	0641	0657	0713	0725	0737	0749	0759	0809	0819	0829	0839	0849	0859	0909
Ilford Broadway Chapel Road	0510	0543	0604	0625	0646	0702	0718	0730	0742	0754	0804	0814	0824	0834	0844	0854	0904	0914
Ilford Lane Loxford Lane	0514	0547	0609	0630	0651	0708	0724	0736	0748	0800	0810	0820	0830	0840	0850	0900	0910	0920
Barking Station	0517	0550	0612	0634	0655	0712	0728	0740	0752	0804	0814	0824	0834	0844	0854	0904	0914	0924
Barking Abbey Green (London Road)	0521	0554	0616	0638	0659	0716	0732	0744	0756	0808	0819	0829	0839	0849	0859	0909	0919	0929
Clayhall The Glade	0850	0900	0910	0920	0930			1050	1100	1110	1120	1130			1300	1309	1318	1327
Barkingside Fullwell Cross	0859	0909	0919	0929	0938			1058	1108	1118	1128	1138			1308	1317	1326	1335
Newbury Park Ley St./Eastern Avenue	0909	0919	0929	0939	0948	Then		1108	1119	1129	1139	1149	Then		1319	1329	1338	1348
Ilford High Road Hainault Street	0919	0929	0939	0949	0958	every 10		1118	1128	1138	1148	1158	every 10		1328	1338	1348	1359
Ilford Broadway Chapel Road	0924	0934	0944	0954	1003	minutes		1123	1133	1143	1153	1203	minutes		1333	1343	1353	1404
Ilford Lane Loxford Lane	0930	0940	0950	1000	1009	until		1129	1139	1149	1159	1210	until		1340	1350	1400	1411
Barking Station	0934	0944	0954	1004	1013			1133	1143	1153	1203	1214			1344	1354	1404	1415
Barking Abbey Green (London Road)	0938	0948	0958	1008	1017			1137	1147	1157	1207	1218			1348	1358	1408	1419
Clayhall The Glade	1336	1345	1355	1405	1415	1425	1435	1445	1455	1505			1555	1605	1615	1625	1635	1645
Barkingside Fullwell Cross	1344	1353	1403	1413	1424	1434	1444	1454	1504	1514			1604	1614	1624	1634	1644	1653
Newbury Park Ley St./Eastern Avenue	1358	1408	1418	1428	1439	1449	1459	1509	1519	1529	Then		1619	1629	1638	1647	1656	1705
Ilford High Road Hainault Street	1409	1419	1430	1440	1451	1501	1511	1521	1531	1541	every 10		1631	1640	1648	1657	1706	1715
Ilford Broadway Chapel Road	1414	1424	1435	1445	1456	1506	1516	1526	1536	1546	minutes		1636	1645	1653	1702	1711	1720
Ilford Lane Loxford Lane	1422	1432	1443	1453	1504	1514	1524	1534	1544	1554	until		1644	1653	1701	1710	1719	1728
Barking Station	1426	1436	1447	1457	1508	1518	1528	1538	1548	1559			1649	1658	1706	1715	1724	1733
Barking Abbey Green (London Road)	1430	1440	1451	1501	1512	1522	1532	1542	1552	1603			1653	1702	1711	1720	1729	1738
Clayhall The Glade	1655	1705	1715	1725	1735	1745	1755	1805	1815	1825	1840	1855	1910	1925	1940	2000	2020	2040
Barkingside Fullwell Cross	1703	1713	1723	1733	1743	1753	1803	1813	1823	1835	1847	1902	1917	1932	1947	2007	2026	2046
Newbury Park Ley St./Eastern Avenue	1715	1725	1735	1744	1754	1804	1814	1824	1834	1846	1858	1912	1927	1941	1956	2016	2034	2054
Ilford High Road Hainault Street	1725	1735	1745	1754	1804	1814	1824	1834	1844	1856	1908	1921	1936	1950	2004	2024	2042	2102
Ilford Broadway Chapel Road	1730	1740	1750	1759	1809	1819	1829	1839	1849	1901	1913	1926	1941	1955	2008	2028	2046	2106
Ilford Lane Loxford Lane	1738	1748	1758	1807	1817	1827	1837	1847	1857	1909	1921	1934	1949	2002	2015	2035	2053	2113
Barking Station	1743	1753	1803	1812	1822	1832	1842	1852	1902	1914	1925	1938	1953	2006	2019	2039	2057	2117
Barking Abbey Green (London Road)	1748	1758	1808	1817	1827	1837	1847	1857	1906	1918	1929	1942	1957	2010	2023	2042	2101	2120
Clayhall The Glade	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0030							
Barkingside Fullwell Cross	2106	2126	2146	2206	2225	2245	2304	2324	2344	0004	0034							
Newbury Park Ley St./Eastern Avenue	2114	2133	2153	2213	2232	2251	2309	2329	2349	0009	0039							
Ilford High Road Hainault Street	2122	2141	2200	2220	2238	2256	2314	2334	2354	0014	0044							
Ilford Broadway Chapel Road	2126	2145	2204	2224	2242	2300	2318	2337	2357	0017	0047							
Ilford Lane Loxford Lane	2133	2152	2211	2230	2248	2306	2324	2342	0001	0021	0051							
Barking Station	2137	2156	2215	2233	2251	2309	2327	2345	0004	0024	0054							
Barking Abbey Green (London Road)	2140	2159	2218	2236	2254	2312	2330	2348	0007	0027	0057							
169		Saturdays (also Good Friday)																
Clayhall The Glade	0450	0520	0540	0600	0620	0640	0700	0720	0740	0800	0815	0830	0845	0856	0907	0918	0928	0938
Barkingside Fullwell Cross	0456	0526	0546	0606	0626	0646	0706	0726	0746	0806	0822	0837	0852	0903	0914	0925	0935	0945
Newbury Park Ley St./Eastern Avenue	0501	0531	0551	0611	0631	0652	0712	0732	0753	0814	0830	0846	0901	0913	0925	0936	0946	0956
Ilford High Road Hainault Street	0507	0537	0557	0617	0637	0658	0718	0739	0800	0821	0837	0853	0909	0921	0933	0945	0955	1005
Ilford Broadway Chapel Road	0511	0541	0601	0621	0641	0702	0722	0743	0804	0825	0841	0857	0913	0925	0937	0949	0959	1009
Ilford Lane Loxford Lane	0515	0545	0605	0625	0645	0706	0726	0747	0808	0829	0845	0901	0918	0930	0942	0954	1005	1015
Barking Station	0518	0548	0608	0628	0648	0709	0729	0750	0811	0832	0848	0905	0922	0934	0946	0958	1009	1019
Barking Abbey Green (London Road)	0522	0552	0612	0632	0652	0713	0733	0754	0815	0836	0852	0909	0926	0938	0950	1002	1013	1023
Clayhall The Glade	0948	0958	1008	1018	1028	1037	1047	1057	1107	1117	1127	1137	1147	1157	1207	1217	1227	1237
Barkingside Fullwell Cross	0955	1005	1015	1025	1035	1044	1054	1104	1114	1124	1134	1144	1155	1205	1215	1225	1235	1245
Newbury Park Ley St./Eastern Avenue	1006	1016	1026	1036	1046	1055	1105	1116	1126	1137	1147	1157	1208	1219	1230	1240	1250	1300
Ilford High Road Hainault Street	1015	1025	1035	1045	1055	1104	1115	1126	1136	1147	1157	1208	1219	1230	1241	1251	1301	1311
Ilford Broadway Chapel Road	1019	1029	1039	1049	1059	1109	1120	1131	1141	1152	1202	1213	1224	1235	1246	1256	1306	1316
Ilford Lane Loxford Lane	1025	1035	1045	1055	1106	1116	1127	1138	1148	1159	1210	1221	1232	1243	1254	1304	1315	1325
Barking Station	1029	1039	1049	1059	1110	1120	1131	1142	1152	1203	1214	1225	1236	1247	1258	1308	1319	1329
Barking Abbey Green (London Road)	1033	1043	1053	1103	1114	1124	1135	1146	1156	1207	1218	1229	1240	1251	1302	1313	1324	1334

169		Saturdays (also Good Friday) (cont.)																
Clayhall The Glade	1247		1347	1357	1407	1417	1428	1438	1449	1500	1511	1521	1531	1541	1551	1601	1611	
Barkingside Fullwell Cross	1255		1355	1405	1415	1425	1436	1446	1457	1508	1518	1528	1538	1548	1558	1608	1618	
Newbury Park Ley St./Eastern Avenue	1310	Then	1410	1420	1430	1440	1450	1500	1510	1521	1531	1541	1551	1601	1611	1620	1630	
Ilford High Road Hainault Street	1321	every 10	1421	1431	1441	1451	1501	1511	1521	1531	1541	1551	1601	1611	1621	1630	1640	
Ilford Broadway Chapel Road	1326	minutes	1426	1436	1446	1456	1506	1516	1526	1536	1546	1556	1606	1616	1626	1635	1645	
Ilford Lane Loxford Lane	1335	until	1435	1446	1456	1506	1516	1526	1536	1546	1556	1606	1616	1626	1636	1645	1655	
Barking Station	1339		1439	1450	1500	1510	1520	1530	1540	1550	1600	1610	1620	1630	1640	1649	1659	
Barking Abbey Green (London Road)	1344		1444	1455	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645	1654	1704	
Clayhall The Glade	1621	1630	1640	1650	1700	1710	1720	1730	1740	1750	1803	1815	1830	1845	1900	1920	1940	2000
Barkingside Fullwell Cross	1628	1637	1647	1657	1707	1717	1727	1737	1747	1757	1810	1822	1837	1852	1907	1927	1947	2007
Newbury Park Ley St./Eastern Avenue	1640	1649	1659	1709	1718	1728	1738	1748	1758	1808	1820	1832	1847	1902	1917	1937	1957	2016
Ilford High Road Hainault Street	1650	1659	1709	1719	1728	1738	1748	1758	1808	1818	1830	1841	1856	1911	1926	1946	2006	2025
Ilford Broadway Chapel Road	1655	1704	1714	1724	1733	1743	1753	1803	1813	1823	1835	1846	1901	1916	1931	1951	2010	2029
Ilford Lane Loxford Lane	1705	1715	1725	1735	1744	1754	1804	1813	1823	1833	1845	1856	1911	1926	1941	2000	2019	2038
Barking Station	1709	1719	1729	1739	1748	1758	1808	1817	1827	1837	1849	1900	1915	1930	1945	2004	2023	2042
Barking Abbey Green (London Road)	1714	1724	1733	1743	1752	1802	1812	1821	1831	1841	1853	1904	1919	1934	1949	2008	2027	2046
Clayhall The Glade	2020	2040	2100	2120	2140	2200	2220	2240	2300	2320	2340	0000	0030					
Barkingside Fullwell Cross	2026	2046	2106	2126	2146	2206	2226	2245	2305	2325	2344	0004	0034					
Newbury Park Ley St./Eastern Avenue	2035	2054	2114	2133	2153	2213	2233	2252	2312	2332	2351	0011	0041					
Ilford High Road Hainault Street	2044	2102	2121	2140	2200	2220	2239	2258	2318	2338	2357	0017	0047					
Ilford Broadway Chapel Road	2048	2106	2125	2144	2204	2224	2243	2302	2322	2342	0001	0021	0051					
Ilford Lane Loxford Lane	2057	2115	2133	2152	2211	2231	2250	2309	2329	2348	0007	0026	0056					
Barking Station	2101	2119	2137	2156	2215	2235	2254	2313	2333	2352	0011	0030	0100					
Barking Abbey Green (London Road)	2105	2123	2141	2200	2219	2239	2258	2317	2337	2356	0015	0034	0104					
169		Sundays and other Public Holidays (except Christmas Day)																
Clayhall The Glade	0450		0730	0750	0810	0830	0850	0910	0925	0940	0954	1009	1024	1039	1054	1109	1124	
Barkingside Fullwell Cross	0455		0735	0756	0817	0837	0857	0917	0932	0947	1002	1017	1032	1047	1102	1117	1132	
Newbury Park Ley St./Eastern Avenue	0501	Then	0741	0803	0824	0845	0905	0926	0942	0957	1012	1027	1042	1057	1112	1127	1143	
Ilford High Road Hainault Street	0507	every 20	0747	0809	0831	0852	0913	0934	0950	1006	1021	1036	1051	1106	1121	1136	1152	
Ilford Broadway Chapel Road	0511	minutes	0751	0813	0835	0856	0917	0938	0954	1010	1025	1040	1055	1110	1125	1140	1156	
Ilford Lane Loxford Lane	0515	until	0755	0817	0839	0900	0922	0943	0959	1015	1030	1045	1100	1115	1131	1147	1203	
Barking Station	0518		0758	0820	0842	0904	0926	0947	1003	1019	1034	1049	1104	1119	1135	1151	1207	
Barking Abbey Green (London Road)	0522		0802	0824	0846	0908	0930	0951	1007	1023	1038	1053	1108	1123	1139	1155	1211	
Clayhall The Glade	1139	1154	1208	1222	1237	1252	1307	1322	1337	1352	1408	1423	1438	1453	1508	1523	1538	1553
Barkingside Fullwell Cross	1147	1202	1216	1230	1245	1300	1315	1330	1345	1400	1416	1431	1446	1501	1516	1531	1546	1601
Newbury Park Ley St./Eastern Avenue	1158	1214	1229	1243	1259	1314	1330	1345	1400	1415	1430	1444	1459	1513	1528	1543	1558	1613
Ilford High Road Hainault Street	1208	1224	1240	1254	1310	1325	1341	1356	1411	1425	1440	1454	1509	1523	1538	1553	1608	1622
Ilford Broadway Chapel Road	1212	1228	1245	1259	1315	1330	1346	1401	1416	1430	1445	1459	1514	1528	1543	1558	1613	1627
Ilford Lane Loxford Lane	1219	1235	1251	1306	1322	1338	1354	1409	1424	1439	1454	1509	1524	1538	1553	1608	1623	1638
Barking Station	1224	1240	1256	1311	1327	1343	1359	1414	1429	1444	1459	1513	1528	1542	1557	1612	1627	1642
Barking Abbey Green (London Road)	1228	1244	1300	1315	1331	1347	1403	1418	1433	1448	1503	1517	1532	1546	1601	1616	1631	1646
Clayhall The Glade	1609	1625	1640	1655	1710	1725	1740	1755	1810	1825	1840	1900	1920	1940	2000	2020	2040	2100
Barkingside Fullwell Cross	1616	1632	1647	1702	1717	1732	1747	1802	1817	1832	1846	1906	1926	1945	2005	2025	2045	2105
Newbury Park Ley St./Eastern Avenue	1627	1642	1657	1712	1726	1740	1755	1810	1825	1840	1854	1914	1934	1953	2012	2032	2052	2112
Ilford High Road Hainault Street	1636	1651	1706	1721	1735	1749	1804	1818	1833	1848	1902	1922	1942	2001	2020	2039	2059	2119
Ilford Broadway Chapel Road	1641	1656	1711	1726	1740	1754	1808	1822	1837	1852	1906	1926	1946	2005	2024	2043	2103	2123
Ilford Lane Loxford Lane	1652	1707	1722	1737	1751	1805	1819	1833	1847	1901	1915	1935	1955	2014	2032	2051	2111	2130
Barking Station	1656	1711	1726	1741	1755	1809	1823	1837	1851	1905	1919	1939	1959	2018	2036	2055	2115	2134
Barking Abbey Green (London Road)	1700	1715	1730	1745	1759	1813	1827	1841	1855	1909	1923	1943	2003	2022	2040	2059	2119	2138
Clayhall The Glade	2120	2140	2200	2220	2240	2300	2320	2340	0000	0030								
Barkingside Fullwell Cross	2125	2145	2205	2225	2245	2304	2324	2344	0004	0034								
Newbury Park Ley St./Eastern Avenue	2131	2151	2211	2231	2250	2309	2329	2349	0009	0039								
Ilford High Road Hainault Street	2138	2157	2217	2237	2256	2315	2335	2354	0014	0044								
Ilford Broadway Chapel Road	2142	2201	2221	2241	2300	2319	2339	2358	0018	0048								
Ilford Lane Loxford Lane	2149	2207	2226	2246	2305	2324	2344	0003	0023	0053								
Barking Station	2153	2211	2230	2249	2308	2327	2347	0006	0026	0056								
Barking Abbey Green (London Road)	2157	2215	2234	2253	2312	2331	2351	0010	0030	0100								

169		Mondays to Fridays																	
Barking London Road	0420	0450	0510	0530	0550	0605	0620	0635	0647	0658	0708	0717	0726	0735	0744	0753	0803	0813	
Barking Station	0423	0453	0513	0533	0553	0608	0624	0639	0651	0702	0712	0721	0730	0739	0748	0757	0807	0817	
Ilford Lane Loxford Lane	0426	0456	0516	0536	0556	0611	0627	0642	0654	0705	0716	0725	0734	0743	0752	0801	0811	0821	
Ilford Ilford Hill	0429	0500	0521	0541	0601	0616	0632	0648	0700	0712	0723	0732	0742	0752	0802	0811	0821	0831	
Ilford High Road Hainault Street	0432	0503	0524	0544	0605	0620	0636	0652	0704	0716	0727	0736	0746	0756	0806	0815	0825	0835	
Newbury Park Ley St./Eastern Avenue	0436	0508	0529	0549	0610	0625	0642	0658	0711	0723	0735	0745	0755	0805	0815	0825	0835	0845	
Barkingside Fullwell Cross	0442	0514	0536	0557	0618	0634	0651	0707	0721	0733	0745	0755	0805	0815	0825	0835	0846	0856	
Clayhall The Glade	0445	0518	0540	0601	0622	0638	0655	0711	0725	0738	0750	0800	0810	0820	0830	0841	0852	0902	
Barking London Road	0823	0833	0843	0853	0903	0914	0924			1014	1023			1123	1133	1143		1253	
Barking Station	0827	0837	0848	0858	0908	0919	0929			1019	1028			1128	1138	1148	Then	1258	
Ilford Lane Loxford Lane	0831	0841	0852	0902	0912	0923	0933	Then		1023	1032	Then		1132	1142	1152	every	1302	
Ilford Ilford Hill	0841	0851	0902	0911	0921	0932	0941	every 10		1031	1040	every 10		1140	1150	1200	10	1310	
Ilford High Road Hainault Street	0845	0855	0906	0916	0926	0937	0946	minutes		1036	1045	minutes		1145	1155	1205	mins.	1315	
Newbury Park Ley St./Eastern Avenue	0855	0905	0916	0926	0935	0945	0954	until		1044	1053	until		1153	1203	1214	until	1324	
Barkingside Fullwell Cross	0906	0916	0927	0937	0946	0956	1005			1055	1104			1204	1215	1226		1336	
Clayhall The Glade	0912	0922	0932	0942	0951	1001	1010			1100	1110			1210	1221	1232		1342	
Barking London Road	1303	1313	1323	1333	1343	1351	1401	1410	1419	1429	1439	1449			1559	1610	1621	1631	
Barking Station	1308	1318	1328	1338	1348	1356	1406	1415	1424	1434	1444	1454			1604	1615	1626	1636	
Ilford Lane Loxford Lane	1312	1322	1332	1342	1352	1400	1410	1419	1428	1438	1448	1458	Then		1608	1619	1630	1640	
Ilford Ilford Hill	1321	1331	1341	1351	1401	1409	1419	1428	1437	1447	1457	1508	every 10		1618	1629	1640	1650	
Ilford High Road Hainault Street	1326	1336	1346	1356	1406	1414	1424	1433	1442	1452	1502	1513	minutes		1623	1634	1645	1655	
Newbury Park Ley St./Eastern Avenue	1335	1346	1356	1407	1417	1425	1436	1445	1455	1505	1515	1525	until		1635	1646	1656	1706	
Barkingside Fullwell Cross	1347	1358	1408	1419	1429	1438	1449	1458	1509	1519	1529	1539			1649	1659	1709	1719	
Clayhall The Glade	1353	1404	1414	1425	1435	1444	1455	1504	1515	1526	1536	1546			1656	1706	1716	1726	
Barking London Road	1641	1651	1701	1711	1721	1731	1740	1750	1802	1815	1827	1842	1857	1911	1925	1945	2005	2025	
Barking Station	1647	1657	1707	1717	1728	1738	1747	1757	1809	1822	1834	1849	1904	1918	1932	1952	2011	2031	
Ilford Lane Loxford Lane	1651	1701	1711	1721	1732	1742	1751	1801	1813	1826	1838	1853	1908	1922	1936	1956	2015	2035	
Ilford Ilford Hill	1701	1711	1721	1731	1742	1752	1801	1811	1823	1836	1848	1903	1918	1932	1946	2005	2024	2043	
Ilford High Road Hainault Street	1706	1716	1726	1736	1747	1757	1806	1816	1828	1841	1853	1908	1923	1937	1951	2010	2029	2048	
Newbury Park Ley St./Eastern Avenue	1717	1727	1737	1747	1758	1808	1817	1827	1839	1852	1904	1919	1933	1947	2000	2019	2037	2056	
Barkingside Fullwell Cross	1729	1739	1749	1759	1810	1820	1829	1839	1851	1903	1915	1930	1944	1958	2011	2030	2048	2106	
Clayhall The Glade	1736	1746	1756	1806	1816	1826	1835	1845	1857	1909	1921	1936	1950	2004	2017	2035	2053	2111	
Barking London Road	2045	2105	2125	2145	2205	2225	2245	2305	2325	2355	0025								
Barking Station	2050	2109	2129	2149	2209	2229	2249	2308	2328	2358	0028								
Ilford Lane Loxford Lane	2054	2113	2133	2153	2213	2233	2252	2311	2331	0001	0031								
Ilford Ilford Hill	2102	2121	2141	2200	2220	2240	2259	2317	2337	0007	0037								
Ilford High Road Hainault Street	2107	2126	2145	2204	2224	2244	2303	2321	2341	0010	0040								
Newbury Park Ley St./Eastern Avenue	2114	2133	2151	2210	2230	2250	2309	2327	2346	0015	0045								
Barkingside Fullwell Cross	2124	2142	2200	2218	2238	2257	2315	2333	2352	0021	0051								
Clayhall The Glade	2129	2147	2205	2223	2242	2301	2319	2337	2356	0025	0055								
169		Saturdays (also Good Friday)																	
Barking London Road	0420	0450	0510	0530	0550	0610	0630	0650	0710	0725	0740	0755	0809	0824	0836	0848	0859	0907	
Barking Station	0423	0453	0513	0533	0553	0613	0633	0653	0713	0728	0743	0758	0813	0828	0840	0852	0903	0911	
Ilford Lane Loxford Lane	0426	0456	0516	0536	0556	0616	0636	0656	0716	0731	0746	0801	0816	0832	0844	0856	0907	0915	
Ilford Ilford Hill	0430	0500	0520	0540	0601	0621	0641	0701	0721	0736	0751	0806	0821	0837	0849	0901	0913	0922	
Ilford High Road Hainault Street	0433	0503	0523	0543	0604	0624	0644	0704	0724	0739	0754	0810	0825	0841	0853	0905	0917	0926	
Newbury Park Ley St./Eastern Avenue	0437	0507	0527	0547	0608	0629	0649	0709	0729	0745	0800	0816	0831	0847	0859	0911	0923	0933	
Barkingside Fullwell Cross	0443	0513	0533	0553	0614	0636	0656	0716	0736	0752	0808	0825	0841	0857	0909	0921	0933	0943	
Clayhall The Glade	0445	0515	0535	0555	0618	0640	0701	0721	0741	0757	0813	0830	0846	0902	0914	0926	0938	0948	
Barking London Road	0917	0927	0936				1036	1046	1056	1106	1116	1126	1136	1146	1156	1206	1216	1226	1236
Barking Station	0921	0931	0940				1040	1050	1100	1110	1120	1130	1140	1150	1200	1210	1220	1230	1240
Ilford Lane Loxford Lane	0925	0935	0944	Then			1044	1054	1104	1114	1124	1134	1144	1154	1204	1214	1224	1234	1244
Ilford Ilford Hill	0932	0942	0951	every 10			1051	1101	1111	1121	1131	1142	1152	1202	1212	1222	1233	1244	1255
Ilford High Road Hainault Street	0936	0946	0955	minutes			1055	1105	1116	1126	1136	1147	1157	1207	1217	1227	1238	1249	1300
Newbury Park Ley St./Eastern Avenue	0943	0953	1003	until			1103	1113	1124	1135	1145	1156	1206	1216	1227	1237	1248	1259	1310
Barkingside Fullwell Cross	0953	1004	1014				1114	1125	1136	1147	1157	1208	1218	1229	1240	1250	1301	1312	1322
Clayhall The Glade	0959	1010	1020				1120	1131	1142	1153	1203	1214	1224	1235	1246	1256	1307	1318	1328

169		Saturdays (also Good Friday) (cont.)																
Barking London Road	1246	1256	1306	1316	1326	1336	1346	1356	1406	1416	1426	1436	1447	1459	Then every 10 minutes until	1659	1710	
Barking Station	1250	1300	1311	1321	1331	1341	1351	1402	1413	1423	1433	1443	1454	1506		1706	1716	
Ilford Lane Loxford Lane	1254	1304	1315	1325	1335	1345	1355	1406	1417	1427	1437	1447	1458	1510		1710	1720	
Ilford Ilford Hill	1305	1316	1327	1337	1347	1357	1407	1418	1429	1439	1449	1459	1510	1522		1722	1732	
Ilford High Road Hainault Street	1310	1321	1332	1342	1352	1402	1412	1423	1434	1444	1454	1504	1515	1527		1727	1737	
Newbury Park Ley St./Eastern Avenue	1321	1332	1343	1353	1403	1413	1423	1434	1445	1455	1505	1515	1525	1537		1737	1747	
Barkingside Fullwell Cross	1333	1344	1355	1405	1415	1425	1435	1446	1457	1507	1517	1527	1537	1549		1749	1759	
Clayhall The Glade	1339	1350	1401	1411	1421	1431	1441	1452	1503	1513	1523	1533	1543	1555		1755	1805	
Barking London Road	1720	1732	1745	1800	1815	1830	1845	1905	1925	1945	2005	2025	2044	2104	2124	2144	2204	2223
Barking Station	1726	1738	1751	1806	1820	1835	1850	1910	1930	1950	2010	2029	2048	2108	2128	2148	2208	2227
Ilford Lane Loxford Lane	1730	1742	1755	1810	1824	1839	1854	1914	1934	1954	2014	2033	2052	2112	2132	2152	2212	2231
Ilford Ilford Hill	1742	1754	1807	1822	1836	1851	1906	1925	1945	2005	2024	2042	2101	2121	2141	2201	2220	2238
Ilford High Road Hainault Street	1747	1759	1812	1827	1841	1856	1911	1930	1950	2010	2029	2047	2106	2125	2145	2204	2223	2241
Newbury Park Ley St./Eastern Avenue	1757	1809	1821	1836	1850	1905	1920	1939	1959	2018	2037	2055	2114	2133	2152	2211	2230	2247
Barkingside Fullwell Cross	1809	1820	1832	1847	1901	1916	1930	1949	2009	2028	2046	2104	2123	2142	2200	2219	2237	2254
Clayhall The Glade	1815	1826	1838	1853	1907	1922	1936	1955	2015	2034	2052	2110	2128	2147	2205	2224	2242	2259
Barking London Road	2243	2304	2325	2355	0025													
Barking Station	2246	2306	2327	2357	0027													
Ilford Lane Loxford Lane	2249	2309	2330	0000	0030													
Ilford Ilford Hill	2256	2316	2337	0007	0037													
Ilford High Road Hainault Street	2259	2319	2340	0010	0040													
Newbury Park Ley St./Eastern Avenue	2305	2324	2344	0014	0044													
Barkingside Fullwell Cross	2312	2331	2351	0021	0051													
Clayhall The Glade	2317	2335	2355	0025	0055													
169		Sundays and other Public Holidays (except Christmas Day)																
Barking London Road	0420	0439	0459	0519	0538	0558	0617	0636	0656	0716	0736	0756	0816	0836	0851	0906	0921	0936
Barking Station	0424	0443	0503	0523	0542	0602	0621	0639	0659	0719	0739	0759	0819	0840	0855	0910	0925	0940
Ilford Lane Loxford Lane	0427	0446	0506	0526	0545	0605	0624	0642	0702	0722	0742	0802	0822	0843	0858	0913	0929	0944
Ilford Ilford Hill	0431	0450	0510	0530	0549	0609	0628	0647	0706	0727	0747	0807	0827	0849	0904	0919	0935	0950
Ilford High Road Hainault Street	0434	0453	0513	0533	0552	0612	0631	0650	0709	0730	0750	0810	0831	0853	0908	0923	0939	0954
Newbury Park Ley St./Eastern Avenue	0438	0457	0517	0537	0556	0616	0635	0655	0714	0735	0755	0815	0837	0859	0914	0930	0946	1001
Barkingside Fullwell Cross	0442	0502	0522	0542	0601	0621	0641	0701	0721	0741	0801	0821	0844	0907	0923	0939	0955	1010
Clayhall The Glade	0445	0505	0525	0545	0605	0625	0645	0705	0725	0745	0805	0825	0848	0912	0928	0945	1001	1015
Barking London Road	0951	1006	1021	1036	1051	1106	1121	1136	1151	1206	1221	1236	1251	1306	1321	1336	1352	1407
Barking Station	0955	1010	1025	1040	1055	1110	1125	1141	1156	1211	1226	1241	1256	1311	1326	1341	1357	1412
Ilford Lane Loxford Lane	0959	1014	1029	1044	1059	1114	1129	1145	1200	1215	1230	1245	1300	1315	1330	1345	1401	1416
Ilford Ilford Hill	1006	1021	1036	1051	1106	1121	1136	1152	1208	1224	1239	1254	1310	1325	1341	1356	1412	1428
Ilford High Road Hainault Street	1010	1025	1040	1055	1110	1125	1140	1156	1212	1228	1244	1259	1315	1330	1346	1401	1417	1433
Newbury Park Ley St./Eastern Avenue	1017	1032	1047	1102	1117	1132	1148	1204	1221	1238	1254	1310	1326	1341	1357	1412	1427	1443
Barkingside Fullwell Cross	1027	1042	1057	1112	1127	1143	1159	1215	1232	1249	1306	1322	1338	1353	1409	1424	1439	1455
Clayhall The Glade	1032	1048	1103	1118	1133	1149	1205	1221	1238	1255	1312	1328	1344	1359	1415	1430	1445	1501
Barking London Road	1422	1437	1452	1507	1522	1538	1553	1609	1624	1639	1654	1710	1725	1745	1805	1825	1845	1905
Barking Station	1427	1442	1457	1512	1527	1543	1558	1613	1628	1643	1658	1714	1729	1749	1809	1829	1849	1909
Ilford Lane Loxford Lane	1431	1446	1501	1516	1531	1547	1602	1617	1632	1647	1702	1718	1733	1753	1813	1833	1853	1913
Ilford Ilford Hill	1443	1458	1513	1528	1543	1559	1614	1629	1644	1659	1714	1730	1745	1805	1824	1844	1903	1923
Ilford High Road Hainault Street	1448	1503	1518	1533	1548	1604	1619	1634	1649	1704	1719	1735	1750	1810	1829	1848	1907	1927
Newbury Park Ley St./Eastern Avenue	1458	1513	1528	1543	1558	1614	1629	1644	1659	1714	1729	1744	1759	1819	1837	1856	1915	1934
Barkingside Fullwell Cross	1510	1525	1540	1555	1610	1625	1640	1655	1710	1724	1739	1754	1809	1828	1846	1905	1924	1943
Clayhall The Glade	1516	1531	1546	1601	1616	1631	1646	1701	1716	1730	1745	1800	1815	1834	1852	1911	1930	1949
Barking London Road	1925	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2355	0025			
Barking Station	1929	1949	2009	2029	2049	2109	2129	2149	2209	2229	2249	2308	2328	2358	0028			
Ilford Lane Loxford Lane	1933	1953	2013	2033	2053	2113	2132	2152	2212	2232	2252	2311	2331	0001	0031			
Ilford Ilford Hill	1942	2002	2022	2042	2101	2121	2140	2159	2219	2239	2259	2318	2338	0008	0038			
Ilford High Road Hainault Street	1946	2006	2026	2046	2105	2125	2144	2203	2223	2243	2302	2321	2341	0011	0041			
Newbury Park Ley St./Eastern Avenue	1953	2013	2033	2053	2112	2131	2150	2209	2229	2249	2308	2327	2346	0016	0046			
Barkingside Fullwell Cross	2002	2021	2041	2101	2120	2139	2158	2217	2236	2256	2315	2334	2352	0022	0052			
Clayhall The Glade	2008	2027	2046	2106	2125	2144	2203	2222	2240	2300	2319	2337	2355	0025	0055			