

169		Mondays to Fridays																
Clayhall <i>The Glade</i>	0450	0520	0540	0600	0620	0635	0650	0702	0713	0724	0733	0742	0751	0800	0810	0820	0830	0840
Barkingside <i>Fullwell Cross</i>	0456	0526	0546	0606	0627	0642	0657	0709	0720	0731	0741	0751	0800	0809	0819	0829	0839	0849
Newbury Park <i>Ley St./Eastern Avenue</i>	0501	0533	0553	0613	0634	0649	0705	0717	0728	0740	0750	0800	0809	0819	0829	0839	0849	0900
Ilford High Road <i>Hainault Street</i>	0507	0540	0600	0620	0641	0657	0713	0725	0737	0749	0759	0809	0819	0829	0839	0849	0900	0911
Ilford Broadway <i>Chapel Road</i>	0510	0543	0604	0624	0646	0702	0718	0730	0742	0754	0804	0814	0824	0834	0844	0854	0905	0916
Ilford Lane <i>Loxford Lane</i>	0514	0547	0609	0630	0652	0709	0725	0737	0749	0801	0811	0821	0831	0841	0851	0901	0912	0922
Barking Station	0517	0550	0612	0634	0656	0713	0729	0741	0754	0806	0816	0826	0836	0846	0856	0906	0916	0926
Barking <i>London Road</i>	0519	0552	0614	0636	0658	0715	0731	0743	0756	0809	0819	0829	0839	0849	0859	0909	0919	0928
Clayhall <i>The Glade</i>	0850	0900	0910	0920	0930	Then every 10 minutes until	1050	1100	1110	1120	1130	Then every 10 minutes until	1230	1240	1250	1300		
Barkingside <i>Fullwell Cross</i>	0859	0909	0919	0929	0938		1058	1108	1118	1128	1138		1238	1249	1300	1310		
Newbury Park <i>Ley St./Eastern Avenue</i>	0910	0920	0930	0939	0948		1108	1119	1129	1139	1149		1249	1300	1311	1322		
Ilford High Road <i>Hainault Street</i>	0921	0930	0940	0949	0958		1118	1128	1138	1148	1158		1258	1309	1320	1331		
Ilford Broadway <i>Chapel Road</i>	0926	0935	0945	0954	1003		1123	1133	1143	1153	1203		1303	1314	1325	1336		
Ilford Lane <i>Loxford Lane</i>	0932	0941	0951	1000	1009		1129	1139	1149	1159	1210		1310	1321	1332	1343		
Barking Station	0936	0945	0955	1004	1013		1133	1143	1153	1203	1214		1314	1325	1336	1347		
Barking <i>London Road</i>	0938	0947	0957	1006	1015		1135	1145	1155	1205	1216		1316	1327	1338	1349		
Clayhall <i>The Glade</i>	1309	1318	1327	1336	1345	1355	1405	1415	1425	1435	1445	1455	1505	1515	1526	1536	1546	1556
Barkingside <i>Fullwell Cross</i>	1319	1328	1337	1346	1355	1405	1415	1425	1435	1445	1455	1505	1515	1525	1536	1546	1556	1606
Newbury Park <i>Ley St./Eastern Avenue</i>	1331	1341	1351	1401	1410	1421	1431	1441	1451	1501	1511	1521	1531	1541	1552	1602	1612	1622
Ilford High Road <i>Hainault Street</i>	1341	1352	1402	1412	1422	1433	1443	1453	1503	1513	1523	1533	1543	1553	1603	1613	1623	1632
Ilford Broadway <i>Chapel Road</i>	1346	1357	1407	1417	1427	1438	1448	1458	1508	1518	1528	1538	1548	1558	1608	1618	1628	1637
Ilford Lane <i>Loxford Lane</i>	1353	1404	1414	1424	1434	1445	1455	1505	1515	1526	1536	1546	1556	1606	1616	1626	1636	1645
Barking Station	1357	1408	1418	1428	1438	1449	1459	1509	1519	1530	1540	1550	1600	1610	1620	1630	1640	1649
Barking <i>London Road</i>	1359	1410	1420	1430	1440	1451	1501	1511	1521	1532	1542	1552	1602	1613	1623	1633	1643	1652
Clayhall <i>The Glade</i>	1606	1616	1626	1636	1646	1657	1708	1719	1730	Then every 10 minutes until	1820	1831	1843	1855	1910	1926	1944	
Barkingside <i>Fullwell Cross</i>	1616	1625	1635	1644	1654	1705	1716	1727	1738		1828	1839	1850	1902	1917	1933	1951	
Newbury Park <i>Ley St./Eastern Avenue</i>	1631	1639	1648	1657	1707	1717	1728	1738	1748		1838	1849	1900	1911	1926	1942	2000	
Ilford High Road <i>Hainault Street</i>	1641	1649	1658	1707	1717	1727	1737	1747	1757		1847	1858	1909	1920	1935	1950	2008	
Ilford Broadway <i>Chapel Road</i>	1646	1654	1703	1712	1722	1732	1742	1752	1802		1852	1903	1914	1925	1940	1955	2013	
Ilford Lane <i>Loxford Lane</i>	1654	1702	1711	1720	1730	1740	1750	1800	1810		1900	1911	1922	1933	1947	2002	2020	
Barking Station	1658	1707	1716	1725	1735	1745	1755	1805	1815		1905	1915	1926	1937	1951	2006	2024	
Barking <i>London Road</i>	1701	1710	1719	1728	1738	1748	1758	1808	1818		1908	1918	1929	1940	1954	2009	2026	
Clayhall <i>The Glade</i>	2002	2020	2038	2056	2114	2132	2150	2208	2228	2248	2304	2320	2340	0000	0030			
Barkingside <i>Fullwell Cross</i>	2008	2026	2043	2101	2119	2137	2155	2213	2233	2252	2308	2324	2344	0004	0034			
Newbury Park <i>Ley St./Eastern Avenue</i>	2016	2034	2051	2109	2126	2144	2202	2220	2238	2257	2313	2329	2349	0009	0039			
Ilford High Road <i>Hainault Street</i>	2024	2042	2059	2117	2134	2151	2209	2226	2243	2302	2318	2334	2354	0014	0044			
Ilford Broadway <i>Chapel Road</i>	2029	2047	2104	2122	2139	2156	2213	2230	2247	2305	2321	2337	2357	0017	0047			
Ilford Lane <i>Loxford Lane</i>	2035	2052	2109	2127	2144	2200	2218	2235	2252	2309	2325	2341	0001	0021	0051			
Barking Station	2039	2056	2113	2131	2148	2204	2221	2238	2255	2312	2328	2344	0004	0024	0054			
Barking <i>London Road</i>	2041	2059	2115	2133	2150	2206	2223	2240	2257	2314	2330	2346	0006	0026	0056			
169		Saturdays (also Good Friday)																
Clayhall <i>The Glade</i>	0450	0520	0540	0600	0620	0640	0700	0720	0740	0800	0815	0830	0842	0855	0905	0915	0925	0935
Barkingside <i>Fullwell Cross</i>	0456	0526	0546	0606	0626	0646	0706	0726	0746	0806	0822	0837	0849	0902	0912	0922	0932	0942
Newbury Park <i>Ley St./Eastern Avenue</i>	0501	0531	0551	0611	0631	0652	0712	0732	0753	0814	0831	0847	0900	0914	0924	0934	0944	0954
Ilford High Road <i>Hainault Street</i>	0507	0537	0557	0617	0637	0658	0718	0739	0800	0821	0838	0855	0909	0923	0933	0943	0953	1003
Ilford Broadway <i>Chapel Road</i>	0510	0540	0600	0620	0640	0701	0722	0743	0804	0825	0842	0859	0913	0927	0937	0947	0957	1007
Ilford Lane <i>Loxford Lane</i>	0514	0544	0604	0624	0644	0705	0726	0747	0808	0829	0846	0903	0918	0932	0942	0952	1002	1013
Barking Station	0517	0547	0607	0627	0647	0708	0729	0750	0811	0832	0849	0906	0921	0935	0945	0955	1005	1016
Barking <i>London Road</i>	0519	0549	0609	0629	0649	0710	0731	0752	0813	0834	0851	0908	0923	0937	0947	0957	1007	1018
Clayhall <i>The Glade</i>	0945	0955	1005	1015	1025	1035	1045	1055	1105	1115	1125	1135	1145	1155	1205	1215	1225	1235
Barkingside <i>Fullwell Cross</i>	0952	1002	1012	1022	1032	1042	1052	1102	1112	1122	1132	1142	1153	1203	1213	1223	1233	1243
Newbury Park <i>Ley St./Eastern Avenue</i>	1004	1014	1024	1034	1044	1054	1104	1114	1124	1135	1145	1155	1206	1217	1228	1239	1249	1300
Ilford High Road <i>Hainault Street</i>	1013	1023	1033	1043	1053	1103	1113	1123	1133	1144	1154	1204	1216	1227	1238	1249	1259	1310
Ilford Broadway <i>Chapel Road</i>	1017	1027	1037	1047	1057	1107	1117	1127	1137	1148	1158	1209	1221	1232	1243	1254	1304	1315
Ilford Lane <i>Loxford Lane</i>	1023	1033	1043	1053	1103	1114	1124	1134	1144	1155	1205	1217	1229	1240	1251	1302	1313	1324
Barking Station	1026	1036	1046	1056	1107	1118	1128	1138	1148	1159	1210	1222	1234	1245	1256	1307	1318	1329
Barking <i>London Road</i>	1028	1038	1048	1058	1109	1120	1130	1140	1150	1201	1212	1224	1236	1247	1258	1310	1321	1332

169	Saturdays (also Good Friday) (cont.)																		
Clayhall The Glade	1245	1255	1305	1315	1325	1335	1345	1355	1405	1415	1425	1435	1445	1455	1505	1515	1525	1535	
Barkingside Fullwell Cross	1253	1303	1313	1323	1333	1343	1353	1403	1413	1423	1433	1443	1453	1503	1512	1522	1532	1542	
Newbury Park Ley St./Eastern Avenue	1310	1321	1332	1342	1352	1402	1412	1421	1431	1441	1451	1500	1510	1519	1528	1537	1547	1557	
Ilford High Road Hainault Street	1320	1331	1342	1352	1402	1412	1422	1431	1441	1451	1500	1510	1519	1528	1537	1547	1557	1607	
Ilford Broadway Chapel Road	1325	1336	1347	1357	1407	1417	1427	1436	1446	1456	1505	1515	1524	1533	1542	1552	1602	1612	
Ilford Lane Loxford Lane	1334	1345	1356	1406	1416	1426	1436	1446	1456	1506	1515	1524	1533	1542	1551	1601	1611	1621	
Barking Station	1339	1350	1401	1411	1421	1431	1441	1451	1501	1511	1520	1529	1538	1547	1556	1606	1616	1626	
Barking London Road	1342	1353	1404	1414	1424	1434	1444	1454	1504	1514	1523	1532	1541	1550	1559	1609	1619	1629	
Clayhall The Glade	1545	1555	1605	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755	1806	1817	1831	1845	
Barkingside Fullwell Cross	1552	1602	1612	1622	1632	1642	1652	1702	1712	1722	1732	1742	1752	1802	1812	1823	1837	1851	
Newbury Park Ley St./Eastern Avenue	1607	1616	1626	1636	1646	1656	1706	1715	1724	1734	1743	1753	1803	1812	1822	1833	1846	1900	
Ilford High Road Hainault Street	1616	1625	1635	1645	1655	1705	1715	1724	1733	1743	1752	1802	1811	1820	1830	1841	1854	1908	
Ilford Broadway Chapel Road	1621	1630	1640	1650	1700	1710	1720	1729	1738	1748	1757	1807	1816	1825	1835	1846	1859	1913	
Ilford Lane Loxford Lane	1630	1639	1649	1659	1709	1720	1730	1738	1747	1757	1806	1816	1825	1834	1844	1855	1908	1921	
Barking Station	1635	1644	1654	1704	1714	1725	1735	1743	1752	1802	1811	1821	1830	1839	1849	1900	1913	1926	
Barking London Road	1638	1647	1657	1707	1717	1727	1737	1745	1754	1804	1813	1823	1832	1841	1851	1902	1915	1928	
Clayhall The Glade	1900	1920	1940	2000	2020	2040	2058	2116	2134	2152	2210	2228	2246	2304	2322	2340	0000	0030	
Barkingside Fullwell Cross	1906	1926	1946	2006	2026	2046	2104	2122	2140	2158	2216	2233	2251	2309	2327	2345	0004	0034	
Newbury Park Ley St./Eastern Avenue	1915	1934	1954	2014	2034	2054	2112	2129	2147	2205	2223	2240	2258	2315	2333	2351	0009	0039	
Ilford High Road Hainault Street	1923	1942	2002	2022	2042	2102	2119	2136	2154	2212	2229	2246	2304	2321	2339	2357	0015	0045	
Ilford Broadway Chapel Road	1928	1947	2006	2026	2046	2106	2123	2140	2158	2216	2233	2250	2308	2325	2343	0000	0018	0048	
Ilford Lane Loxford Lane	1936	1954	2012	2032	2052	2112	2129	2146	2203	2221	2238	2255	2313	2330	2347	0004	0022	0052	
Barking Station	1941	1958	2016	2036	2056	2115	2132	2149	2206	2224	2241	2258	2316	2333	2350	0007	0025	0055	
Barking London Road	1943	2000	2018	2038	2058	2117	2134	2151	2208	2226	2243	2300	2318	2335	2352	0009	0027	0057	
169	Sundays and other Public Holidays (except Christmas Day)																		
Clayhall The Glade	0450	0520	0550	0620	0650	0720	0750	0810	0830	0850	0910	0930	0945	1000	1015	1030	1045	1100	
Barkingside Fullwell Cross	0455	0525	0555	0625	0655	0725	0756	0816	0836	0856	0916	0937	0952	1007	1022	1037	1052	1107	
Newbury Park Ley St./Eastern Avenue	0459	0529	0559	0629	0659	0730	0802	0822	0844	0904	0925	0946	1001	1016	1031	1046	1101	1116	
Ilford High Road Hainault Street	0504	0534	0604	0634	0705	0736	0808	0829	0851	0911	0933	0954	1009	1024	1039	1054	1109	1124	
Ilford Broadway Chapel Road	0507	0537	0607	0637	0708	0739	0811	0833	0855	0915	0937	0958	1013	1028	1043	1058	1113	1128	
Ilford Lane Loxford Lane	0510	0540	0610	0640	0712	0743	0815	0837	0859	0920	0942	1003	1018	1033	1048	1103	1119	1134	
Barking Station	0513	0543	0613	0643	0715	0746	0818	0840	0902	0924	0946	1007	1022	1037	1052	1107	1123	1138	
Barking London Road	0515	0545	0615	0645	0717	0748	0820	0842	0904	0926	0948	1009	1024	1039	1054	1109	1125	1140	
Clayhall The Glade	1115	1130	1145	1200	1215	1230	1245	1300	1315	1330	1345	1400	1415	1430	1445	1500	1515	1530	
Barkingside Fullwell Cross	1122	1137	1152	1207	1222	1237	1252	1307	1322	1337	1352	1407	1422	1437	1452	1507	1522	1537	
Newbury Park Ley St./Eastern Avenue	1132	1147	1203	1219	1234	1249	1304	1320	1335	1350	1405	1420	1434	1448	1502	1517	1532	1547	
Ilford High Road Hainault Street	1140	1156	1212	1229	1244	1259	1314	1330	1345	1400	1415	1430	1444	1458	1512	1527	1542	1557	
Ilford Broadway Chapel Road	1144	1200	1216	1233	1248	1303	1318	1334	1349	1404	1420	1435	1449	1503	1517	1532	1547	1602	
Ilford Lane Loxford Lane	1150	1206	1223	1240	1255	1310	1325	1341	1356	1411	1427	1442	1457	1511	1525	1540	1555	1610	
Barking Station	1154	1210	1227	1244	1259	1314	1329	1345	1400	1415	1431	1446	1501	1515	1529	1544	1559	1614	
Barking London Road	1156	1212	1229	1246	1301	1316	1331	1347	1402	1417	1433	1448	1503	1517	1531	1546	1601	1616	
Clayhall The Glade	1545	1600	1616	1632	1648	1704	1720	1736	1752	1808	1824	1840	1900	1920	1940	2000	2018	2036	
Barkingside Fullwell Cross	1552	1607	1622	1638	1654	1710	1726	1742	1758	1814	1830	1846	1906	1926	1945	2005	2023	2041	
Newbury Park Ley St./Eastern Avenue	1602	1617	1632	1647	1703	1719	1734	1749	1805	1821	1837	1853	1912	1932	1951	2011	2029	2047	
Ilford High Road Hainault Street	1611	1626	1641	1656	1712	1727	1742	1757	1813	1829	1844	1900	1919	1939	1958	2018	2036	2054	
Ilford Broadway Chapel Road	1616	1631	1646	1701	1716	1731	1746	1801	1817	1833	1848	1904	1923	1943	2002	2022	2040	2058	
Ilford Lane Loxford Lane	1625	1640	1655	1710	1725	1740	1755	1810	1825	1840	1855	1910	1929	1949	2008	2027	2045	2103	
Barking Station	1629	1644	1659	1714	1729	1744	1759	1814	1829	1844	1859	1914	1933	1952	2011	2030	2048	2106	
Barking London Road	1631	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1935	1954	2013	2032	2050	2108	
Clayhall The Glade	2054	2112	2130	2148	2206	2224	2242	2300	2320	2340	0000	0030							
Barkingside Fullwell Cross	2059	2117	2135	2153	2211	2229	2247	2305	2325	2345	0005	0035							
Newbury Park Ley St./Eastern Avenue	2105	2122	2140	2158	2216	2234	2252	2310	2330	2350	0010	0040							
Ilford High Road Hainault Street	2112	2129	2146	2204	2221	2239	2257	2315	2335	2355	0015	0045							
Ilford Broadway Chapel Road	2116	2133	2149	2207	2224	2242	2300	2318	2338	2358	0018	0048							
Ilford Lane Loxford Lane	2121	2138	2154	2212	2229	2246	2304	2322	2342	0002	0022	0052							
Barking Station	2124	2141	2157	2215	2232	2249	2307	2325	2345	0005	0025	0055							
Barking London Road	2126	2143	2159	2217	2234	2251	2309	2327	2347	0007	0027	0057							

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## Barking – Ilford – Clayhall

169		Mondays to Fridays																	
Barking London Road	0420	0450	0510	0530	0550	0607	0622	0637	0649	0700	0711	0721	0731	0741	0751	0801	0812	0822	
Barking Station	0422	0452	0512	0532	0552	0609	0625	0640	0652	0703	0714	0724	0734	0744	0754	0804	0815	0825	
Ilford Lane Loxford Lane	0425	0455	0515	0535	0555	0612	0628	0643	0655	0706	0717	0727	0737	0747	0757	0807	0818	0828	
Ilford Ilford Hill	0429	0459	0520	0540	0600	0617	0634	0649	0701	0712	0723	0734	0745	0755	0805	0815	0826	0836	
Ilford High Road Hainault Street	0432	0502	0523	0543	0604	0621	0638	0653	0705	0716	0727	0738	0749	0759	0809	0819	0830	0840	
Newbury Park Ley St./Eastern Avenue	0436	0507	0528	0548	0609	0626	0643	0659	0712	0724	0736	0748	0800	0810	0820	0830	0841	0851	
Barkingside Fullwell Cross	0442	0513	0535	0556	0617	0634	0651	0708	0721	0733	0745	0757	0809	0819	0829	0840	0851	0902	
Clayhall The Glade	0445	0517	0539	0600	0621	0638	0655	0712	0725	0737	0749	0801	0813	0823	0834	0845	0857	0908	
Barking London Road	0832	0842	0852	0902	0912	0922	0932	0942	0952	1002	1012	1021	Then every 10 minutes until	1121	1131	1141	1151		
Barking Station	0835	0846	0856	0906	0916	0926	0936	0946	0956	1006	1016	1025		1125	1135	1145	1155		
Ilford Lane Loxford Lane	0839	0850	0900	0910	0920	0930	0940	0950	1000	1010	1020	1029		1129	1139	1149	1159		
Ilford Ilford Hill	0848	0900	0911	0920	0930	0939	0949	0958	1008	1018	1028	1037		1137	1147	1157	1207		
Ilford High Road Hainault Street	0852	0904	0916	0925	0935	0944	0954	1003	1013	1023	1033	1042		1142	1152	1202	1212		
Newbury Park Ley St./Eastern Avenue	0902	0914	0926	0934	0943	0952	1002	1011	1021	1031	1041	1050		1150	1200	1211	1221		
Barkingside Fullwell Cross	0912	0924	0935	0944	0953	1003	1013	1022	1032	1042	1052	1101	1201	1212	1223	1233			
Clayhall The Glade	0918	0929	0940	0949	0958	1008	1018	1027	1037	1047	1057	1107	1207	1218	1229	1239			
Barking London Road	1201	1211	1221	1231	1241	1251	1301	1311	1321	1331	1341	1350	1400	1409	1418	Then every 10 minutes until	1528		
Barking Station	1205	1215	1225	1235	1245	1255	1305	1315	1325	1335	1345	1354	1404	1413	1422		1532		
Ilford Lane Loxford Lane	1209	1219	1229	1239	1249	1259	1309	1319	1329	1339	1349	1358	1408	1417	1426		1536		
Ilford Ilford Hill	1217	1227	1237	1247	1257	1307	1318	1328	1339	1349	1359	1408	1418	1427	1436		1546		
Ilford High Road Hainault Street	1222	1232	1242	1252	1302	1312	1323	1333	1344	1354	1404	1413	1423	1432	1441		1551		
Newbury Park Ley St./Eastern Avenue	1231	1241	1251	1301	1312	1322	1333	1344	1355	1406	1417	1426	1437	1446	1455		1605		
Barkingside Fullwell Cross	1243	1253	1303	1313	1324	1334	1345	1356	1407	1418	1429	1439	1450	1459	1509	1619			
Clayhall The Glade	1249	1259	1309	1319	1330	1340	1351	1402	1413	1424	1435	1445	1456	1506	1516	1626			
Barking London Road	1539	1550	1601	1611	1621	1631	1641	1651	1701	1711	1721	1731	1741	1751	1803	1815	1827	1839	
Barking Station	1543	1554	1605	1615	1625	1636	1646	1656	1707	1717	1727	1737	1747	1757	1809	1821	1833	1845	
Ilford Lane Loxford Lane	1547	1558	1609	1619	1629	1640	1650	1700	1711	1721	1731	1741	1751	1801	1813	1825	1837	1849	
Ilford Ilford Hill	1557	1608	1619	1628	1638	1649	1659	1709	1720	1730	1740	1750	1800	1810	1822	1834	1846	1858	
Ilford High Road Hainault Street	1602	1613	1624	1633	1643	1654	1704	1714	1725	1735	1745	1755	1805	1815	1827	1839	1851	1903	
Newbury Park Ley St./Eastern Avenue	1615	1626	1637	1646	1655	1706	1716	1726	1736	1746	1756	1806	1816	1826	1838	1850	1902	1914	
Barkingside Fullwell Cross	1629	1639	1649	1658	1707	1717	1727	1737	1747	1757	1807	1817	1827	1837	1849	1901	1913	1925	
Clayhall The Glade	1636	1646	1656	1705	1714	1724	1734	1744	1754	1804	1813	1823	1833	1843	1855	1907	1919	1931	
Barking London Road	1854	1909	1925	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2306	2325	2355	0025		
Barking Station	1900	1914	1930	1950	2010	2029	2049	2108	2128	2148	2208	2228	2248	2308	2327	2357	0027		
Ilford Lane Loxford Lane	1904	1918	1934	1954	2014	2033	2053	2112	2132	2152	2212	2232	2251	2311	2330	0000	0030		
Ilford Ilford Hill	1913	1927	1943	2003	2023	2041	2100	2119	2139	2158	2218	2237	2256	2316	2335	0005	0035		
Ilford High Road Hainault Street	1918	1932	1948	2008	2028	2046	2105	2124	2143	2202	2222	2240	2259	2319	2338	0008	0038		
Newbury Park Ley St./Eastern Avenue	1928	1942	1957	2017	2036	2054	2112	2131	2149	2208	2227	2245	2304	2324	2343	0013	0043		
Barkingside Fullwell Cross	1939	1953	2007	2026	2045	2103	2121	2139	2157	2215	2234	2252	2310	2330	2349	0019	0049		
Clayhall The Glade	1945	1959	2013	2031	2050	2108	2126	2144	2202	2220	2238	2256	2314	2334	2353	0023	0053		
169		Saturdays (also Good Friday)																	
Barking London Road	0420	0450	0510	0530	0550	0610	0630	0650	0710	0725	0740	0755	0809	0823	0837	0849	0901	0913	
Barking Station	0422	0452	0512	0532	0552	0612	0632	0652	0712	0727	0742	0757	0812	0826	0840	0852	0904	0916	
Ilford Lane Loxford Lane	0425	0455	0515	0535	0555	0615	0635	0655	0715	0730	0745	0800	0815	0830	0844	0856	0908	0920	
Ilford Ilford Hill	0429	0459	0519	0539	0600	0620	0640	0700	0720	0735	0750	0805	0820	0835	0849	0902	0915	0927	
Ilford High Road Hainault Street	0432	0502	0522	0542	0603	0623	0643	0703	0723	0738	0753	0809	0824	0839	0853	0906	0919	0931	
Newbury Park Ley St./Eastern Avenue	0436	0506	0526	0546	0607	0628	0648	0708	0728	0744	0759	0815	0830	0845	0859	0912	0926	0938	
Barkingside Fullwell Cross	0441	0512	0532	0552	0613	0635	0655	0715	0735	0751	0807	0824	0840	0855	0909	0922	0936	0948	
Clayhall The Glade	0444	0515	0535	0555	0616	0638	0659	0719	0739	0755	0811	0828	0844	0859	0914	0927	0941	0954	
Barking London Road	0923	Then every 10 minutes until	1033	1043	1053	1103	1113	1123	1133	1143	1153	1202	1212	1222	1232	1242	1252		
Barking Station	0926		1036	1046	1056	1106	1116	1126	1136	1146	1156	1205	1215	1225	1235	1245	1255		
Ilford Lane Loxford Lane	0930		1040	1050	1100	1110	1120	1130	1140	1150	1200	1209	1219	1229	1239	1249	1259		
Ilford Ilford Hill	0937		1047	1057	1107	1117	1127	1138	1148	1158	1208	1217	1228	1239	1250	1300	1311		
Ilford High Road Hainault Street	0941		1051	1101	1111	1121	1131	1142	1152	1202	1212	1221	1232	1243	1255	1305	1316		
Newbury Park Ley St./Eastern Avenue	0948		1058	1108	1118	1128	1138	1149	1200	1210	1221	1231	1242	1253	1305	1316	1327		
Barkingside Fullwell Cross	0959	1109	1120	1130	1140	1150	1201	1212	1223	1234	1244	1255	1306	1317	1328	1339			
Clayhall The Glade	1005	1115	1126	1136	1146	1156	1207	1218	1229	1240	1250	1301	1312	1323	1334	1345			

169 Saturdays (also Good Friday) (cont.)	
Barking London Road	1302 1312 1323 1334 1345 1355 1406 1417 1427 1437 1447 1457 1507 1517 1527
Barking Station	1306 1316 1327 1338 1349 1400 1412 1423 1433 1443 1453 1503 1513 1523 1533
Ilford Lane Loxford Lane	1310 1320 1331 1342 1353 1404 1416 1427 1437 1447 1457 1507 1517 1527 1537
Ilford Ilford Hill	1322 1333 1344 1356 1408 1419 1431 1442 1452 1502 1512 1521 1531 1541 1551
Ilford High Road Hainault Street	1327 1338 1349 1401 1413 1424 1436 1447 1457 1507 1517 1526 1536 1546 1556
Newbury Park Ley St./Eastern Avenue	1338 1349 1400 1412 1424 1435 1447 1458 1508 1518 1528 1537 1547 1557 1607
Barkingside Fullwell Cross	1350 1401 1412 1424 1436 1447 1459 1510 1520 1530 1540 1549 1559 1609 1619
Clayhall The Glade	1356 1407 1418 1430 1442 1453 1505 1516 1526 1536 1546 1555 1605 1615 1625
Barking London Road	1622 1632 1642 1652 1702 1712 1722 1732 1743 1755 1807 1821 1835 1850 1905 1925 1945 2005
Barking Station	1628 1638 1648 1658 1707 1717 1727 1737 1748 1800 1811 1825 1839 1854 1909 1929 1949 2008
Ilford Lane Loxford Lane	1632 1642 1652 1702 1711 1721 1731 1741 1752 1804 1815 1829 1843 1858 1913 1933 1953 2012
Ilford Ilford Hill	1646 1656 1706 1716 1725 1735 1745 1755 1806 1817 1828 1842 1855 1910 1924 1943 2003 2022
Ilford High Road Hainault Street	1651 1701 1711 1721 1730 1740 1750 1800 1811 1822 1833 1847 1900 1914 1928 1947 2007 2026
Newbury Park Ley St./Eastern Avenue	1702 1712 1721 1731 1740 1750 1800 1810 1820 1831 1842 1856 1909 1922 1936 1955 2015 2034
Barkingside Fullwell Cross	1713 1723 1732 1742 1751 1801 1811 1820 1830 1841 1852 1906 1919 1932 1946 2005 2024 2043
Clayhall The Glade	1719 1729 1738 1748 1757 1807 1817 1826 1836 1847 1858 1911 1924 1937 1951 2010 2029 2048
Barking London Road	2025 2045 2105 2126 2145 2205 2225 2245 2305 2325 2355 0025
Barking Station	2028 2048 2108 2129 2148 2208 2228 2248 2308 2328 2358 0028
Ilford Lane Loxford Lane	2032 2052 2112 2133 2152 2212 2232 2251 2311 2331 0001 0031
Ilford Ilford Hill	2041 2100 2120 2141 2200 2219 2238 2256 2316 2336 0006 0036
Ilford High Road Hainault Street	2045 2104 2124 2145 2204 2223 2242 2300 2319 2339 0009 0039
Newbury Park Ley St./Eastern Avenue	2053 2112 2132 2152 2211 2230 2248 2306 2324 2344 0014 0044
Barkingside Fullwell Cross	2102 2121 2140 2200 2219 2237 2255 2313 2331 2351 0021 0051
Clayhall The Glade	2107 2126 2145 2205 2223 2241 2259 2317 2335 2355 0025 0055
169 Sundays and other Public Holidays (except Christmas Day)	
Barking London Road	0419 0449 0519 0549 0620 0650 0716 0738 0759 0819 0839 0855 0910 0925 0940 0955 1010 1025
Barking Station	0422 0452 0522 0552 0622 0652 0718 0740 0801 0822 0842 0858 0913 0928 0943 0958 1013 1028
Ilford Lane Loxford Lane	0425 0455 0525 0555 0625 0655 0721 0743 0804 0825 0845 0901 0917 0932 0947 1002 1017 1032
Ilford Ilford Hill	0429 0459 0529 0559 0629 0659 0726 0748 0809 0831 0851 0907 0924 0939 0954 1009 1024 1039
Ilford High Road Hainault Street	0432 0502 0532 0602 0632 0702 0729 0751 0812 0834 0854 0911 0928 0943 0958 1013 1028 1043
Newbury Park Ley St./Eastern Avenue	0436 0507 0537 0607 0637 0707 0734 0756 0818 0840 0900 0917 0935 0950 1005 1020 1035 1050
Barkingside Fullwell Cross	0441 0512 0542 0612 0642 0712 0741 0803 0825 0847 0907 0925 0943 0958 1014 1029 1044 1059
Clayhall The Glade	0444 0515 0545 0615 0645 0715 0745 0807 0829 0851 0911 0929 0947 1003 1019 1034 1049 1104
Barking London Road	1040 1055 1110 1124 1138 1153 1208 1223 1238 1253 1308 1323 1338 1353 1408
Barking Station	1043 1058 1113 1128 1142 1157 1212 1227 1242 1257 1312 1327 1342 1357 1412
Ilford Lane Loxford Lane	1047 1102 1117 1132 1146 1201 1216 1231 1246 1302 1317 1332 1347 1402 1416
Ilford Ilford Hill	1054 1109 1124 1139 1153 1208 1224 1239 1255 1311 1327 1342 1357 1412 1427
Ilford High Road Hainault Street	1058 1113 1128 1143 1157 1212 1228 1244 1300 1316 1332 1347 1402 1417 1432
Newbury Park Ley St./Eastern Avenue	1105 1120 1135 1151 1206 1222 1239 1255 1311 1327 1343 1358 1413 1428 1443
Barkingside Fullwell Cross	1114 1130 1145 1201 1216 1233 1250 1306 1322 1338 1354 1409 1424 1439 1454
Clayhall The Glade	1119 1135 1151 1207 1222 1239 1256 1312 1328 1344 1400 1415 1430 1445 1500
Barking London Road	1553 1608 1623 1638 1653 1708 1723 1744 1805 1825 1845 1905 1925 1945 2005 2025 2045 2105
Barking Station	1557 1611 1626 1641 1656 1711 1726 1747 1808 1828 1848 1908 1928 1948 2008 2028 2048 2108
Ilford Lane Loxford Lane	1601 1615 1630 1645 1700 1715 1730 1751 1812 1832 1852 1912 1932 1952 2012 2032 2052 2112
Ilford Ilford Hill	1612 1626 1641 1656 1711 1726 1740 1801 1821 1841 1901 1921 1940 2000 2019 2038 2058 2118
Ilford High Road Hainault Street	1617 1631 1646 1701 1715 1730 1744 1805 1825 1845 1905 1925 1944 2004 2023 2042 2102 2122
Newbury Park Ley St./Eastern Avenue	1627 1641 1656 1711 1725 1739 1753 1814 1834 1853 1913 1932 1951 2010 2029 2048 2108 2128
Barkingside Fullwell Cross	1638 1652 1707 1721 1735 1749 1803 1823 1843 1902 1921 1940 1959 2018 2037 2056 2116 2135
Clayhall The Glade	1644 1658 1712 1726 1740 1754 1808 1828 1848 1907 1926 1945 2004 2023 2042 2101 2120 2139
Barking London Road	2125 2145 2205 2226 2245 2305 2325 2355 0025
Barking Station	2128 2148 2208 2228 2247 2307 2327 2357 0027
Ilford Lane Loxford Lane	2132 2152 2211 2231 2250 2310 2330 0000 0030
Ilford Ilford Hill	2138 2157 2216 2236 2255 2315 2335 0005 0035
Ilford High Road Hainault Street	2141 2200 2219 2239 2258 2318 2338 0008 0038
Newbury Park Ley St./Eastern Avenue	2147 2206 2224 2244 2303 2323 2343 0013 0043
Barkingside Fullwell Cross	2154 2213 2231 2250 2309 2329 2349 0019 0049
Clayhall The Glade	2158 2217 2235 2254 2313 2333 2353 0023 0053