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Clayhall – Ilford – Barking

169		Mondays to Fridays																	
Clayhall The Glade	0450	0520	0540	0600	0620	0635	0650	0700	0711	0722	0733	0743	0751	0800	0809	0819	0829	0839	
Barkingside Fullwell Cross	0454	0524	0545	0605	0625	0640	0655	0706	0717	0728	0740	0750	0758	0807	0817	0827	0837	0847	
Newbury Park Ley St./Eastern Avenue	0459	0529	0550	0611	0631	0646	0701	0713	0725	0737	0749	0759	0808	0818	0828	0838	0848	0858	
Ilford High Road Hainault Street	0504	0534	0555	0617	0637	0652	0707	0722	0734	0746	0758	0808	0818	0828	0838	0848	0858	0908	
Ilford Broadway Chapel Road	0507	0537	0558	0620	0640	0655	0711	0726	0738	0750	0802	0812	0822	0832	0842	0852	0902	0912	
Barking Station	0513	0543	0604	0627	0647	0702	0719	0735	0748	0800	0812	0822	0832	0842	0852	0902	0912	0922	
Barking London Road	0515	0545	0606	0629	0649	0704	0721	0738	0751	0803	0815	0825	0835	0845	0855	0904	0914	0924	
Clayhall The Glade	0849	0859	0909	0919	0929	0939	Then every 10 minutes until	1149	1159	Then every 10 minutes until	1419	1429	1439	1448	1457	1506			
Barkingside Fullwell Cross	0857	0907	0916	0926	0936	0946		1156	1206		1426	1436	1446	1455	1505	1515			
Newbury Park Ley St./Eastern Avenue	0908	0918	0927	0937	0947	0956		1206	1216		1436	1446	1456	1506	1516	1526			
Ilford High Road Hainault Street	0917	0927	0936	0946	0956	1005		1215	1225		1445	1455	1505	1515	1526	1537			
Ilford Broadway Chapel Road	0921	0931	0940	0950	1000	1009		1219	1229		1449	1459	1510	1520	1531	1542			
Barking Station	0931	0941	0950	1000	1010	1019		1229	1240		1500	1511	1522	1532	1543	1554			
Barking London Road	0933	0943	0952	1002	1012	1021	1231	1242	1502	1513	1524	1534	1545	1556					
Clayhall The Glade	1515	1525	1536	1547	1558	1609	1619	Then every 10 minutes until	1819	1830	1842	1854	1911	1925	1944	2003	2020		
Barkingside Fullwell Cross	1524	1534	1544	1554	1605	1616	1626		1826	1837	1848	1900	1917	1931	1950	2008	2025		
Newbury Park Ley St./Eastern Avenue	1536	1546	1556	1606	1616	1627	1637		1837	1847	1858	1910	1924	1938	1957	2014	2031		
Ilford High Road Hainault Street	1547	1557	1607	1617	1626	1636	1646		1846	1856	1907	1917	1931	1945	2004	2021	2038		
Ilford Broadway Chapel Road	1552	1602	1612	1622	1631	1641	1650		1850	1901	1911	1921	1935	1949	2007	2024	2041		
Barking Station	1604	1614	1624	1634	1643	1653	1702		1902	1912	1922	1932	1946	1959	2016	2033	2050		
Barking London Road	1606	1616	1626	1636	1645	1655	1704	1904	1914	1924	1934	1948	2001	2018	2035	2052			
Clayhall The Glade	2040	2100	2120	2140	2200	2220	2240	2300	2320	2350	0020								
Barkingside Fullwell Cross	2045	2105	2125	2145	2205	2225	2245	2304	2324	2354	0024								
Newbury Park Ley St./Eastern Avenue	2051	2111	2131	2151	2210	2230	2250	2308	2328	2358	0028								
Ilford High Road Hainault Street	2058	2117	2137	2157	2216	2236	2256	2313	2333	0003	0033								
Ilford Broadway Chapel Road	2101	2120	2140	2200	2219	2239	2259	2316	2336	0006	0036								
Barking Station	2109	2128	2148	2207	2226	2246	2306	2322	2342	0012	0042								
Barking London Road	2111	2130	2150	2209	2228	2248	2308	2324	2344	0014	0044								

169		Saturdays (also Good Friday)																
Clayhall The Glade	0450	0520		0640	0700	0720	0736	0752	0808	0824	0837	0849	0901	0911	0921	0931	0941	
Barkingside Fullwell Cross	0454	0524	Then	0644	0705	0725	0741	0757	0813	0830	0843	0855	0907	0917	0927	0937	0947	
Newbury Park Ley St./Eastern Avenue	0459	0529	every 20	0649	0710	0730	0746	0802	0819	0837	0850	0902	0915	0925	0935	0945	0955	
Ilford High Road Hainault Street	0504	0534	minutes	0654	0715	0735	0752	0808	0826	0844	0858	0910	0923	0933	0943	0953	1003	
Ilford Broadway Chapel Road	0507	0537	until	0657	0718	0738	0755	0812	0830	0848	0902	0914	0927	0937	0947	0957	1007	
Barking Station	0513	0543		0703	0724	0744	0801	0819	0837	0855	0910	0922	0935	0945	0955	1005	1016	
Barking London Road	0515	0545		0705	0726	0746	0803	0821	0839	0857	0912	0924	0937	0947	0957	1007	1018	
Clayhall The Glade	0951	1000	1009	1019	1028	1038	1047	1056	1105	1115	1125	Then	1225	1235	Then	1335		
Barkingside Fullwell Cross	0957	1006	1016	1026	1035	1045	1054	1103	1112	1122	1132	every 10	1232	1242	every 10	1342		
Newbury Park Ley St./Eastern Avenue	1005	1015	1025	1035	1044	1054	1103	1113	1123	1133	1143	minutes	1243	1253	minutes	1353		
Ilford High Road Hainault Street	1013	1023	1033	1043	1052	1102	1112	1122	1132	1142	1152	until	1252	1302	until	1402		
Ilford Broadway Chapel Road	1017	1027	1037	1047	1056	1106	1116	1126	1136	1146	1156		1256	1307		1407		
Barking Station	1026	1036	1046	1056	1106	1117	1127	1137	1147	1157	1208		1308	1319		1419		
Barking London Road	1028	1038	1048	1058	1108	1119	1129	1139	1149	1159	1210		1310	1321		1421		
Clayhall The Glade	1345			1445	1456	1507	1517	1527	1537	1548	Then	1648	1659	1709	1719	1729	1740	
Barkingside Fullwell Cross	1352	Then		1452	1503	1513	1523	1533	1543	1554	every 10	1654	1705	1715	1725	1735	1746	
Newbury Park Ley St./Eastern Avenue	1402	every 10		1502	1512	1522	1532	1542	1552	1603	minutes	1703	1713	1723	1733	1743	1754	
Ilford High Road Hainault Street	1411	minutes		1511	1521	1531	1541	1551	1601	1611	until	1711	1721	1731	1741	1751	1802	
Ilford Broadway Chapel Road	1416	until		1516	1526	1536	1546	1556	1606	1616		1716	1726	1736	1746	1756	1806	
Barking Station	1429			1529	1539	1549	1559	1609	1619	1629		1729	1739	1749	1759	1809	1819	
Barking London Road	1431			1531	1541	1551	1601	1611	1621	1631		1731	1741	1751	1801	1811	1821	
Clayhall The Glade	1750	1802	1814	1829	1844	1900	1920	1940	2000	2020	2040	2100	2120	2140	2200	2220	2240	2300
Barkingside Fullwell Cross	1756	1808	1820	1835	1850	1905	1925	1945	2005	2025	2045	2105	2125	2145	2205	2225	2245	2304
Newbury Park Ley St./Eastern Avenue	1804	1816	1828	1843	1858	1913	1933	1953	2012	2031	2051	2111	2131	2151	2211	2231	2251	2309
Ilford High Road Hainault Street	1812	1824	1836	1851	1906	1921	1941	2001	2020	2038	2058	2117	2137	2157	2216	2236	2256	2314
Ilford Broadway Chapel Road	1816	1828	1840	1855	1910	1925	1945	2005	2024	2042	2102	2120	2140	2200	2219	2239	2259	2317
Barking Station	1829	1841	1853	1908	1922	1937	1957	2016	2034	2052	2111	2129	2149	2208	2227	2247	2307	2324
Barking London Road	1831	1843	1855	1910	1924	1939	1959	2018	2036	2054	2113	2131	2151	2210	2229	2249	2309	2326
Clayhall The Glade	2320	2350	0020															
Barkingside Fullwell Cross	2324	2354	0024															
Newbury Park Ley St./Eastern Avenue	2329	2359	0029															
Ilford High Road Hainault Street	2334	0004	0034															
Ilford Broadway Chapel Road	2337	0007	0037															
Barking Station	2344	0013	0043															
Barking London Road	2346	0015	0045															
169		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																
Clayhall The Glade	0450	0520	0550	0619	0649	0719	0749	0810	0830	0850	0910	0926	0940	0953	1007	1022	1036	1051
Barkingside Fullwell Cross	0454	0524	0554	0623	0653	0723	0753	0814	0835	0855	0915	0931	0945	0958	1013	1028	1042	1057
Newbury Park Ley St./Eastern Avenue	0458	0528	0558	0628	0658	0728	0758	0820	0841	0901	0922	0938	0952	1005	1020	1035	1049	1104
Ilford High Road Hainault Street	0503	0533	0603	0633	0703	0733	0803	0826	0847	0908	0929	0945	0959	1013	1028	1043	1057	1112
Ilford Broadway Chapel Road	0506	0536	0606	0636	0706	0736	0806	0829	0850	0911	0932	0948	1002	1017	1032	1047	1101	1116
Barking Station	0512	0542	0612	0642	0712	0742	0813	0836	0857	0918	0939	0955	1010	1025	1040	1055	1110	1125
Barking London Road	0514	0544	0614	0644	0714	0744	0815	0838	0859	0920	0941	0957	1012	1027	1042	1057	1112	1127
Clayhall The Glade	1106	1121	1136	1151	1206	1221	1236	1251	1306	Then	1421	1436	1451	1506	1521	1536	1551	
Barkingside Fullwell Cross	1112	1127	1142	1157	1212	1227	1242	1257	1312	every 15	1427	1442	1457	1512	1527	1542	1557	
Newbury Park Ley St./Eastern Avenue	1120	1135	1150	1205	1220	1235	1250	1305	1321	minutes	1436	1451	1506	1520	1535	1550	1605	
Ilford High Road Hainault Street	1128	1143	1158	1213	1229	1244	1259	1314	1330	until	1445	1500	1514	1528	1543	1558	1613	
Ilford Broadway Chapel Road	1132	1147	1202	1217	1233	1248	1303	1318	1334		1449	1504	1518	1532	1547	1602	1617	
Barking Station	1141	1156	1211	1227	1243	1258	1315	1330	1346		1501	1517	1531	1545	1600	1616	1631	
Barking London Road	1143	1158	1213	1229	1245	1300	1317	1332	1348		1503	1519	1533	1547	1602	1618	1633	
Clayhall The Glade	1606	1621	1636	1651	1706	1721	1736	1751	1806	1821	1840	1900	1920	1940	2000	2020	2040	2100
Barkingside Fullwell Cross	1612	1627	1642	1657	1711	1726	1741	1756	1811	1826	1845	1905	1925	1945	2005	2025	2045	2105
Newbury Park Ley St./Eastern Avenue	1619	1634	1649	1704	1718	1733	1748	1803	1817	1832	1851	1911	1931	1951	2010	2030	2050	2110
Ilford High Road Hainault Street	1627	1642	1657	1712	1726	1741	1756	1810	1824	1839	1857	1917	1937	1957	2016	2036	2056	2116
Ilford Broadway Chapel Road	1631	1646	1701	1716	1730	1745	1800	1813	1827	1842	1900	1920	1940	2000	2019	2039	2059	2119
Barking Station	1645	1700	1713	1728	1742	1757	1811	1824	1838	1853	1911	1930	1950	2009	2028	2048	2108	2127
Barking London Road	1647	1702	1715	1730	1744	1759	1813	1826	1840	1855	1913	1932	1952	2011	2030	2050	2110	2129
Clayhall The Glade	2120	2140	2200	2220	2240	2300	2320	2350	0020									
Barkingside Fullwell Cross	2125	2145	2205	2225	2245	2304	2324	2354	0024									
Newbury Park Ley St./Eastern Avenue	2130	2150	2210	2230	2250	2308	2328	2358	0028									
Ilford High Road Hainault Street	2136	2156	2215	2235	2255	2313	2333	0003	0033									
Ilford Broadway Chapel Road	2139	2159	2218	2238	2258	2316	2336	0006	0036									
Barking Station	2147	2207	2225	2245	2305	2322	2342	0012	0042									
Barking London Road	2149	2209	2227	2247	2307	2324	2344	0014	0044									

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Barking – Ilford – Clayhall

169		Mondays to Fridays																
Barking London Road	0420	0450	0510	0530	0550	0606	0621	0636	0649	0657	0705	0717	0728	0737	0746	0755	0805	0815
Barking Station	0421	0451	0511	0531	0551	0608	0623	0638	0651	0659	0708	0720	0731	0740	0749	0758	0808	0818
Ilford Ilford Hill	0427	0457	0517	0538	0558	0617	0632	0647	0700	0709	0721	0733	0744	0753	0802	0812	0823	0833
Ilford High Road Hainault Street	0430	0500	0520	0541	0601	0620	0635	0650	0703	0713	0725	0737	0748	0757	0806	0816	0827	0837
Newbury Park Ley St./Eastern Avenue	0434	0504	0524	0545	0605	0625	0640	0655	0709	0719	0731	0743	0754	0803	0813	0824	0835	0845
Barkingside Fullwell Cross	0439	0509	0530	0551	0611	0631	0646	0701	0716	0728	0740	0752	0803	0813	0823	0834	0845	0855
Clayhall The Glade	0442	0512	0533	0554	0615	0635	0650	0706	0721	0733	0745	0757	0809	0819	0829	0840	0851	0901
Barking London Road	0825	0835	0845	0855	0905	0915	0926	0937	Then every 10 minutes until	1047	1056	Then every 10 minutes until	1216	1225	Then every 10 mins. until	1355		
Barking Station	0828	0838	0848	0858	0908	0918	0929	0940		1050	1059		1219	1228		1358		
Ilford Ilford Hill	0843	0853	0903	0913	0923	0932	0942	0952		1102	1111		1231	1241		1411		
Ilford High Road Hainault Street	0847	0857	0908	0918	0928	0937	0947	0957		1107	1116		1236	1246		1416		
Newbury Park Ley St./Eastern Avenue	0855	0905	0915	0925	0935	0944	0954	1004		1114	1123		1243	1253		1423		
Barkingside Fullwell Cross	0905	0915	0925	0935	0945	0954	1004	1014	1124	1134	1254	1304	1434					
Clayhall The Glade	0911	0921	0931	0940	0950	0959	1009	1019	1129	1139	1259	1309	1439					
Barking London Road	1404	1413	1423	1432	1442	1450	1459	1508	1518	1529	1540	1550	1600	1610	Then every 10 mins. until	1800	1812	1825
Barking Station	1407	1416	1426	1435	1445	1453	1502	1512	1522	1533	1544	1554	1604	1614		1804	1816	1829
Ilford Ilford Hill	1421	1430	1440	1449	1459	1507	1516	1526	1536	1547	1558	1608	1618	1627		1817	1829	1842
Ilford High Road Hainault Street	1426	1435	1445	1454	1504	1512	1521	1531	1541	1552	1603	1613	1623	1632		1822	1834	1847
Newbury Park Ley St./Eastern Avenue	1433	1443	1453	1502	1512	1521	1531	1541	1551	1602	1612	1622	1632	1641		1831	1843	1855
Barkingside Fullwell Cross	1444	1454	1504	1514	1524	1533	1543	1553	1603	1613	1623	1633	1643	1652	1842	1853	1905	
Clayhall The Glade	1449	1459	1509	1519	1529	1539	1549	1559	1609	1619	1629	1639	1649	1658	1848	1859	1910	
Barking London Road	1837	1849	1904	1923	1941	2003	2024	2046	2107	2127	2148	2209	2229	2250	2307	2324	2354	0024
Barking Station	1841	1853	1907	1926	1944	2005	2026	2048	2109	2129	2150	2211	2231	2252	2309	2325	2355	0025
Ilford Ilford Hill	1854	1906	1918	1937	1955	2016	2036	2058	2118	2138	2159	2219	2239	2300	2316	2332	0002	0032
Ilford High Road Hainault Street	1858	1910	1922	1941	1959	2019	2039	2101	2121	2141	2202	2222	2242	2303	2319	2335	0005	0035
Newbury Park Ley St./Eastern Avenue	1906	1917	1929	1948	2006	2026	2046	2107	2127	2147	2208	2228	2248	2309	2324	2339	0009	0039
Barkingside Fullwell Cross	1915	1926	1938	1957	2014	2034	2054	2114	2134	2154	2215	2235	2255	2315	2330	2345	0015	0045
Clayhall The Glade	1920	1931	1943	2002	2019	2039	2059	2119	2139	2159	2219	2239	2259	2319	2334	2349	0019	0049

169		Saturdays (also Good Friday)																	
Barking London Road	0420	0450	0510	0530	0550	0610	0630	0650	0709	0725	0740	0755	0810	0825	0840	0851	0902	0915	
Barking Station	0421	0451	0511	0531	0551	0611	0631	0651	0711	0727	0742	0757	0812	0827	0842	0853	0904	0917	
Ilford Ilford Hill	0427	0457	0517	0538	0558	0618	0638	0658	0718	0735	0750	0805	0820	0835	0850	0901	0913	0926	
Ilford High Road Hainault Street	0430	0500	0520	0541	0601	0621	0641	0701	0721	0738	0753	0808	0823	0838	0853	0905	0917	0930	
Newbury Park Ley St./Eastern Avenue	0434	0504	0524	0545	0605	0625	0645	0705	0726	0743	0758	0813	0828	0843	0858	0911	0923	0936	
Barkingside Fullwell Cross	0439	0509	0529	0550	0610	0631	0651	0712	0733	0750	0805	0821	0836	0851	0906	0919	0932	0945	
Clayhall The Glade	0442	0512	0532	0553	0613	0634	0654	0715	0737	0754	0809	0825	0840	0855	0910	0923	0936	0949	
Barking London Road	0925	0935	0945	0955	1005	1015	1025	1035	1044	1054	1103	1113	1123	1133	1143	1153	1203	1213	
Barking Station	0927	0937	0947	0957	1008	1018	1028	1038	1047	1057	1106	1116	1126	1136	1146	1156	1206	1216	
Ilford Ilford Hill	0937	0947	0957	1007	1018	1028	1038	1048	1057	1107	1117	1127	1138	1148	1158	1208	1218	1228	
Ilford High Road Hainault Street	0941	0951	1001	1011	1022	1032	1042	1052	1101	1111	1121	1131	1142	1152	1202	1212	1222	1232	
Newbury Park Ley St./Eastern Avenue	0947	0957	1007	1017	1028	1038	1048	1058	1108	1118	1128	1138	1149	1159	1210	1220	1230	1240	
Barkingside Fullwell Cross	0956	1006	1016	1026	1037	1047	1057	1107	1118	1128	1139	1149	1200	1210	1221	1231	1241	1251	
Clayhall The Glade	1000	1011	1021	1031	1042	1052	1102	1112	1123	1133	1144	1154	1205	1216	1227	1237	1247	1257	
Barking London Road	1223	1233	1243	1253	1303	1313	1323	1333	1343	1353	1403	1413	1423	Then every 10 minutes until	1633	1644	1654		
Barking Station	1226	1236	1246	1256	1306	1316	1326	1336	1346	1356	1406	1416	1426		1636	1647	1657		
Ilford Ilford Hill	1239	1249	1259	1309	1320	1331	1341	1351	1401	1411	1422	1432	1442		1652	1703	1713		
Ilford High Road Hainault Street	1243	1253	1303	1313	1324	1335	1345	1355	1405	1415	1426	1436	1446		1656	1707	1717		
Newbury Park Ley St./Eastern Avenue	1251	1301	1311	1321	1332	1343	1353	1403	1413	1423	1434	1444	1454		1704	1714	1724		
Barkingside Fullwell Cross	1302	1312	1322	1332	1343	1354	1404	1413	1423	1433	1444	1454	1504		1714	1724	1734		
Clayhall The Glade	1307	1317	1327	1337	1348	1359	1409	1419	1429	1439	1450	1500	1509	1719	1729	1739			
Barking London Road	1705	1715	1725	1737	1749	1801	1815	1830	1845	1900	1920	1941	2003	2024	2045	2106	2126	2147	
Barking Station	1708	1718	1728	1740	1752	1804	1818	1833	1848	1903	1923	1944	2006	2026	2047	2108	2128	2149	
Ilford Ilford Hill	1723	1733	1743	1755	1806	1817	1830	1845	1900	1915	1935	1956	2017	2037	2058	2118	2138	2159	
Ilford High Road Hainault Street	1727	1737	1747	1759	1810	1821	1834	1849	1904	1918	1938	1959	2020	2040	2101	2121	2141	2202	
Newbury Park Ley St./Eastern Avenue	1734	1744	1754	1806	1817	1828	1841	1856	1911	1925	1945	2006	2027	2047	2107	2127	2147	2208	
Barkingside Fullwell Cross	1744	1754	1804	1816	1827	1838	1851	1906	1920	1934	1954	2014	2034	2054	2114	2134	2154	2215	
Clayhall The Glade	1749	1759	1809	1821	1832	1843	1856	1911	1925	1939	1959	2019	2039	2059	2119	2139	2159	2219	
Barking London Road	2208	2228	2249	2307	2324	2354	0024												
Barking Station	2210	2230	2251	2309	2325	2355	0025												
Ilford Ilford Hill	2219	2239	2300	2316	2332	0002	0032												
Ilford High Road Hainault Street	2222	2242	2303	2319	2335	0005	0035												
Newbury Park Ley St./Eastern Avenue	2228	2248	2309	2324	2339	0009	0039												
Barkingside Fullwell Cross	2235	2255	2315	2330	2345	0015	0045												
Clayhall The Glade	2239	2259	2319	2334	2349	0019	0049												
169		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Barking London Road	0420	0450	0520	0549	0619	0649	0719	0738	0757	0816	0836	0851	0906	0923	0938	0953	1008	1023	
Barking Station	0421	0451	0521	0550	0620	0650	0720	0739	0758	0818	0838	0853	0908	0925	0940	0955	1010	1025	
Ilford Ilford Hill	0428	0458	0528	0557	0627	0657	0727	0747	0806	0826	0846	0901	0916	0933	0949	1004	1020	1035	
Ilford High Road Hainault Street	0431	0501	0531	0600	0630	0700	0730	0750	0809	0829	0849	0904	0919	0936	0952	1007	1023	1038	
Newbury Park Ley St./Eastern Avenue	0435	0505	0535	0604	0634	0704	0734	0754	0814	0834	0854	0909	0924	0941	0957	1013	1029	1044	
Barkingside Fullwell Cross	0440	0510	0540	0610	0640	0710	0740	0800	0821	0841	0901	0916	0931	0948	1005	1021	1037	1052	
Clayhall The Glade	0443	0513	0543	0613	0643	0714	0744	0804	0825	0845	0905	0920	0935	0952	1009	1025	1041	1056	
Barking London Road	1038	1052	1106	1121	1136	1151	1205	1220	1234	1249	1303	1317	Then every 15 minutes until	1532	1548	1603	1618		
Barking Station	1040	1054	1108	1123	1138	1153	1207	1222	1236	1251	1305	1320		1535	1551	1606	1621		
Ilford Ilford Hill	1050	1104	1119	1134	1149	1204	1219	1234	1248	1303	1318	1333		1548	1604	1619	1634		
Ilford High Road Hainault Street	1053	1107	1123	1138	1153	1208	1223	1238	1252	1307	1322	1337		1552	1608	1623	1638		
Newbury Park Ley St./Eastern Avenue	1059	1114	1130	1145	1200	1215	1231	1246	1300	1315	1330	1345		1600	1616	1631	1646		
Barkingside Fullwell Cross	1107	1123	1139	1154	1209	1224	1240	1255	1310	1325	1340	1355		1610	1625	1640	1655		
Clayhall The Glade	1112	1128	1144	1159	1214	1229	1245	1300	1315	1330	1345	1400	1615	1630	1645	1700			
Barking London Road	1633	1649	1704	1720	1740	1801	1822	1842	1903	1924	1945	2006	2027	2047	2107	2128	2149	2210	
Barking Station	1636	1652	1707	1723	1743	1804	1825	1845	1906	1926	1947	2008	2029	2049	2109	2130	2151	2212	
Ilford Ilford Hill	1649	1705	1720	1736	1756	1816	1837	1857	1918	1938	1959	2019	2039	2059	2119	2139	2200	2220	
Ilford High Road Hainault Street	1653	1709	1724	1740	1800	1820	1840	1900	1921	1941	2002	2022	2042	2102	2122	2142	2203	2223	
Newbury Park Ley St./Eastern Avenue	1701	1716	1731	1747	1806	1826	1846	1906	1927	1947	2008	2028	2048	2108	2128	2148	2209	2229	
Barkingside Fullwell Cross	1710	1725	1740	1756	1814	1834	1854	1914	1934	1954	2015	2035	2055	2115	2135	2155	2215	2235	
Clayhall The Glade	1715	1730	1745	1801	1819	1839	1859	1919	1939	1959	2019	2039	2059	2119	2139	2159	2219	2239	
Barking London Road	2230	2250	2307	2324	2354	0024													
Barking Station	2232	2252	2309	2325	2355	0025													
Ilford Ilford Hill	2240	2300	2316	2332	0002	0032													
Ilford High Road Hainault Street	2243	2303	2319	2335	0005	0035													
Newbury Park Ley St./Eastern Avenue	2249	2309	2324	2339	0009	0039													
Barkingside Fullwell Cross	2255	2315	2330	2345	0015	0045													
Clayhall The Glade	2259	2319	2334	2349	0019	0049													