

174		Mondays to Fridays (school days)																
Harold Hill Dagnam Park Square	0445	0500	0515	0530	0545	0555	0605	0615	Then about every 8 minutes until	1933	1942	1951	2000	2010	2025	2040	2055	
Gallows Corner Straight Road	0454	0509	0524	0540	0555	0606	0616	0627		1944	1953	2002	2011	2021	2036	2051	2106	
Main Road Balgores Lane	0456	0511	0526	0542	0557	0608	0619	0630		1947	1956	2005	2014	2024	2039	2054	2109	
Romford Station	0501	0516	0531	0547	0603	0614	0625	0636		1954	2003	2012	2021	2031	2046	2101	2116	
Rush Green Barking College	0506	0521	0536	0552	0608	0619	0630	0642		2002	2011	2020	2028	2038	2053	2108	2123	
Dagenham Heathway Station	0515	0532	0548	0604	0621	0632	0643	0655		2014	2023	2032	2040	2050	2105	2120	2135	
Dagenham Marsh Way CEME	0524	0541	0558	0615	0632	0643	0655	0707	2024	2033	2042	2050	2100	2115	2130	2145		
Harold Hill Dagnam Park Square	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010					
Gallows Corner Straight Road	2121	2135	2150	2205	2220	2235	2250	2305	2320	2335	2349	0003	0018					
Main Road Balgores Lane	2124	2138	2153	2208	2222	2237	2252	2307	2322	2337	2351	0005	0020					
Romford Station	2130	2144	2159	2214	2228	2243	2258	2313	2328	2343	2357	0011	0026					
Rush Green Barking College	2137	2151	2206	2221	2235	2249	2304	2318	2333	2348	0002	0016	0031					
Dagenham Heathway Station	2148	2202	2217	2231	2245	2259	2313	2327	2342	2357	0011	0025	0040					
Dagenham Marsh Way CEME	2158	2212	2226	2239	2253	2307	2321	2335	2350	0005	0019	0033	0048					
174		Mondays to Fridays (school holidays)																
Harold Hill Dagnam Park Square	0445	0500	0515	0530	0545	0555	0605	0615	Then about every 8 minutes until	1930	1940	1950	2000	2010	2025	2040	2055	
Gallows Corner Straight Road	0454	0509	0524	0539	0554	0604	0616	0627		1941	1951	2001	2011	2021	2036	2051	2106	
Main Road Balgores Lane	0456	0511	0526	0541	0556	0607	0619	0630		1944	1954	2004	2014	2024	2039	2054	2109	
Romford Station	0501	0516	0531	0546	0601	0613	0625	0636		1951	2001	2011	2021	2031	2046	2101	2116	
Rush Green Barking College	0506	0521	0536	0551	0606	0618	0630	0642		1958	2008	2018	2028	2038	2053	2108	2123	
Dagenham Heathway Station	0514	0529	0545	0601	0617	0628	0640	0652		2008	2018	2028	2038	2048	2103	2118	2132	
Dagenham Marsh Way CEME	0523	0538	0554	0610	0626	0638	0650	0702	2019	2029	2039	2049	2059	2114	2129	2143		
Harold Hill Dagnam Park Square	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	2341	2356	0011					
Gallows Corner Straight Road	2121	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020					
Main Road Balgores Lane	2124	2138	2153	2208	2223	2238	2253	2308	2323	2338	2353	0008	0023					
Romford Station	2130	2144	2159	2214	2229	2244	2259	2314	2329	2344	2359	0014	0029					
Rush Green Barking College	2137	2151	2206	2221	2235	2250	2304	2319	2334	2349	0004	0019	0034					
Dagenham Heathway Station	2146	2200	2215	2229	2243	2258	2312	2327	2342	2357	0012	0027	0042					
Dagenham Marsh Way CEME	2157	2211	2225	2239	2253	2308	2322	2337	2352	0007	0022	0037	0052					
174		Saturdays (also Good Friday)																
Harold Hill Dagnam Park Square	0445	0505	0525	Then	0625	0640	0652	0704	0714	0724	0734	0742	Then	1805	Then	1855	1910	1925
Gallows Corner Straight Road	0453	0513	0533	about	0633	0651	0703	0715	0725	0735	0745	0753	about	1816	about	1906	1921	1936
Main Road Balgores Lane	0455	0515	0535	every	0635	0653	0705	0717	0727	0737	0747	0756	every	1820	every	1909	1924	1939
Romford Station	0500	0520	0540	15	0640	0659	0711	0723	0734	0744	0754	0804	8	1828	10	1917	1932	1947
Rush Green Barking College	0506	0526	0546	mins.	0646	0705	0717	0729	0741	0751	0801	0811	mins.	1836	mins.	1925	1940	1954
Dagenham Heathway Station	0516	0536	0556	until	0656	0715	0727	0739	0751	0801	0811	0821	until	1849	until	1938	1952	2006
Dagenham Marsh Way CEME	0524	0544	0604		0705	0724	0736	0748	0800	0810	0820	0830		1901		1949	2003	2017
Harold Hill Dagnam Park Square	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325	Then every 15 mins. until	0010
Gallows Corner Straight Road	1951	2006	2021	2036	2050	2105	2120	2135	2149	2204	2219	2234	2249	2304	2318	2333		0018
Main Road Balgores Lane	1954	2009	2024	2039	2053	2108	2123	2138	2152	2206	2221	2236	2251	2306	2320	2335	0020	
Romford Station	2001	2016	2031	2046	2100	2115	2130	2145	2159	2213	2228	2243	2258	2313	2327	2341	0026	
Rush Green Barking College	2008	2023	2038	2053	2107	2122	2137	2152	2206	2220	2234	2249	2304	2319	2333	2347	0032	
Dagenham Heathway Station	2020	2035	2049	2103	2117	2132	2147	2202	2216	2230	2244	2259	2314	2328	2342	2356	0041	
Dagenham Marsh Way CEME	2031	2045	2059	2113	2127	2142	2157	2211	2225	2239	2253	2308	2322	2336	2350	0004	0049	
174		Sundays and other Public Holidays (except Christmas Day)																
Harold Hill Dagnam Park Square	0605	0625	0645	0705	0725	0745	0800	0815	0830	0845	0900	0915	0929	0943	0958	1012	1025	1039
Gallows Corner Straight Road	0615	0635	0655	0715	0735	0755	0810	0825	0840	0855	0911	0927	0941	0955	1010	1025	1038	1052
Main Road Balgores Lane	0617	0637	0657	0717	0737	0758	0813	0828	0843	0858	0914	0930	0944	0958	1013	1028	1041	1056
Romford Station	0623	0643	0703	0723	0743	0804	0819	0834	0849	0905	0921	0937	0951	1006	1021	1036	1050	1105
Rush Green Barking College	0629	0649	0709	0729	0749	0810	0825	0840	0855	0911	0927	0943	0958	1013	1028	1043	1058	1113
Dagenham Heathway Station	0638	0658	0718	0738	0759	0820	0835	0850	0906	0923	0939	0956	1011	1026	1041	1057	1112	1127
Dagenham Marsh Way CEME	0645	0706	0727	0747	0808	0829	0844	0859	0916	0933	0949	1007	1022	1037	1052	1108	1123	1138
Harold Hill Dagnam Park Square	1054	1107	1122	1137	1152	Then every 15 minutes until	1252	1307	1322	1338	1354	1410	1425	1440	Then every 15 minutes until	1640		
Gallows Corner Straight Road	1107	1120	1135	1150	1205		1305	1320	1335	1351	1406	1422	1437	1451		1651		
Main Road Balgores Lane	1111	1124	1139	1154	1209		1309	1324	1339	1355	1410	1426	1440	1454		1654		
Romford Station	1120	1133	1148	1204	1219		1319	1334	1349	1404	1419	1435	1448	1502		1702		
Rush Green Barking College	1128	1141	1156	1212	1227		1327	1342	1357	1412	1427	1443	1456	1510		1710		
Dagenham Heathway Station	1142	1155	1211	1227	1243		1343	1358	1413	1427	1441	1456	1509	1523		1723		
Dagenham Marsh Way CEME	1153	1208	1224	1240	1256	1356	1410	1424	1438	1452	1507	1520	1534	1734				
Harold Hill Dagnam Park Square	1655	Then every 15 minutes until	1810	1825	1840	1855	1910	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140	
Gallows Corner Straight Road	1706		1821	1836	1851	1905	1920	1935	1950	2005	2020	2035	2049	2104	2119	2134	2150	
Main Road Balgores Lane	1709		1824	1839	1854	1908	1923	1938	1953	2008	2023	2038	2051	2106	2121	2136	2152	
Romford Station	1717		1832	1847	1902	1914	1929	1944	1959	2014	2029	2044	2057	2112	2127	2142	2158	
Rush Green Barking College	1724		1839	1854	1909	1921	1936	1951	2006	2021	2036	2051	2104	2119	2134	2149	2204	
Dagenham Heathway Station	1737		1852	1907	1920	1932	1947	2001	2016	2031	2046	2101	2114	2129	2144	2158	2213	
Dagenham Marsh Way CEME	1748	1903	1917	1930	1942	1957	2011	2026	2041	2056	2111	2124	2139	2153	2207	2222		
Harold Hill Dagnam Park Square	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010								
Gallows Corner Straight Road	2205	2220	2235	2249	2304	2319	2334	2349	0004	0019								
Main Road Balgores Lane	2207	2222	2237	2251	2306	2321	2336	2351	0006	0021								
Romford Station	2213	2228	2243	2257	2312	2327	2341	2356	0011	0026								
Rush Green Barking College	2219	2234	2249	2303	2318	2333	2347	0002	0017	0032								
Dagenham Heathway Station	2228	2243	2258	2312	2327	2342	2356	0011	0026	0041								
Dagenham Marsh Way CEME	2237	2252	2307	2321	2335	2350	0004	0019	0034	0049								

174 Mondays to Fridays (school days)																			
Dagenham Marsh Way CEME	0450	0505	0520	0535	0550	0600	0610	Then about every 8 mins. until	0737	0758	Then about every 5 minutes until	0811	Then about every 8 mins. until	1850	1900	1910	1920	1935	
Dagenham Heathway Station	0502	0517	0532	0547	0603	0614	0626					0832		1907	1917	1927	1937	1951	
Rush Green Barking College	0510	0525	0540	0555	0612	0624	0636					0848		1919	1929	1939	1949	2002	
Romford Station	0516	0531	0546	0602	0619	0632	0644					0900		1928	1938	1948	1958	2010	
Main Road Balgores Lane	0521	0536	0551	0608	0625	0638	0650					0908		1935	1945	1955	2005	2017	
Gallows Corner Straight Road	0523	0538	0554	0611	0628	0641	0653					0912		1939	1949	1959	2008	2020	
Harold Hill Dagnam Park Square	0532	0547	0604	0621	0638	0651	0704					0928		1952	2002	2012	2020	2032	
Dagenham Marsh Way CEME	1950	2005	2020	2035	Then every 15 mins. until	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0010	0030	0050	
Dagenham Heathway Station	2006	2019	2034	2048		2148	2203	2218	2233	2248	2302	2316	2331	2346	0001	0021	0040	0100	
Rush Green Barking College	2017	2030	2044	2058		2158	2213	2227	2242	2257	2310	2324	2339	2354	0009	0029	0048	0108	
Romford Station	2025	2038	2052	2106		2206	2220	2234	2249	2303	2316	2330	2345	0000	0015	0034	0053	0113	
Main Road Balgores Lane	2032	2045	2058	2112		2212	2226	2240	2255	2308	2321	2335	2350	0005	0020	0039	0058	0118	
Gallows Corner Straight Road	2035	2048	2101	2115		2215	2229	2243	2258	2310	2323	2337	2352	0007	0022	0041	0100	0120	
Harold Hill Dagnam Park Square	2047	2100	2113	2127		2227	2241	2255	2309	2321	2334	2348	0003	0018	0032	0051	0110	0130	
174 Mondays to Fridays (school holidays)																			
Dagenham Marsh Way CEME	0450	0505	0520	0535	0550	0600	0610	Then about every 8 mins. until	0741	0800	Then about every 5 mins. until	0811	Then about every 8 mins. until	1850	1900	1910	1920	1935	1950
Dagenham Heathway Station	0501	0516	0531	0546	0601	0612	0623					0830		1904	1913	1923	1933	1948	2003
Rush Green Barking College	0509	0524	0539	0554	0610	0622	0633					0846		1916	1925	1935	1945	2000	2015
Romford Station	0515	0530	0545	0600	0616	0628	0640					0857		1926	1935	1944	1954	2009	2023
Main Road Balgores Lane	0520	0535	0550	0606	0622	0634	0646					0905		1934	1942	1950	2000	2015	2029
Gallows Corner Straight Road	0522	0537	0553	0609	0625	0637	0649					0910		1938	1946	1954	2003	2018	2032
Harold Hill Dagnam Park Square	0532	0547	0603	0619	0635	0647	0659					0925		1951	1959	2007	2015	2030	2044
Dagenham Marsh Way CEME	2005	2020	2035	Then every 15 minutes until	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0010	0030	0050		
Dagenham Heathway Station	2017	2032	2046		2146	2201	2216	2231	2246	2300	2315	2330	2345	0000	0020	0040	0100		
Rush Green Barking College	2029	2043	2057		2157	2212	2226	2240	2255	2309	2324	2338	2353	0008	0028	0048	0108		
Romford Station	2037	2051	2105		2205	2219	2233	2247	2301	2315	2330	2344	2359	0014	0034	0054	0114		
Main Road Balgores Lane	2043	2057	2111		2211	2225	2239	2253	2307	2321	2336	2350	0005	0020	0040	0100	0120		
Gallows Corner Straight Road	2046	2100	2114		2214	2228	2242	2256	2310	2324	2338	2352	0007	0022	0042	0102	0122		
Harold Hill Dagnam Park Square	2058	2112	2126		2226	2240	2254	2308	2322	2336	2350	0004	0018	0033	0053	0113	0133		
174 Saturdays (also Good Friday)																			
Dagenham Marsh Way CEME	0450	0510	0530	0545	0600	0615	0630	0645	0657	Then about every 10-12 mins. until	0749	Then about every 8 mins. until	0801	Then about every 10 mins. until	1805	1905	1920	Then every 15 mins. until	2020
Dagenham Heathway Station	0500	0521	0542	0557	0612	0627	0642	0657	0709			0811		1824	Then about every 10 mins. until	1921	1935	Then every 15 mins. until	2035
Rush Green Barking College	0507	0529	0550	0605	0620	0635	0651	0706	0719			0819		1844		1940	1954	15	2054
Romford Station	0513	0535	0556	0611	0626	0641	0657	0712	0725			0825		1852		1946	2000	15	2100
Main Road Balgores Lane	0518	0540	0601	0616	0631	0647	0703	0718	0731			0828		1858		1949	2003	15	2103
Gallows Corner Straight Road	0520	0542	0603	0618	0633	0649	0705	0720	0733			0839		1911		2001	2015	15	2115
Harold Hill Dagnam Park Square	0529	0551	0613	0628	0643	0659	0715	0730	0743										
Dagenham Marsh Way CEME	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0010	0030	0050		
Dagenham Heathway Station	2049	2104	2119	2134	2148	2203	2218	2232	2246	2301	2316	2331	2346	0001	0021	0041	0101		
Rush Green Barking College	2100	2115	2130	2145	2159	2214	2228	2242	2256	2310	2325	2340	2355	0010	0029	0049	0109		
Romford Station	2108	2123	2138	2152	2206	2221	2235	2249	2303	2317	2331	2346	0001	0016	0035	0055	0115		
Main Road Balgores Lane	2114	2129	2144	2158	2212	2227	2241	2255	2309	2323	2337	2352	0007	0021	0040	0100	0120		
Gallows Corner Straight Road	2117	2132	2147	2201	2215	2230	2244	2258	2312	2326	2340	2354	0009	0023	0042	0102	0122		
Harold Hill Dagnam Park Square	2129	2144	2159	2213	2227	2242	2256	2310	2324	2338	2352	0006	0020	0034	0053	0113	0133		
174 Sundays and other Public Holidays (except Christmas Day)																			
Dagenham Marsh Way CEME	0550	0610	0630	0650	0710	0730	0750	0805	0820	0835	0850	0905	0918	0930	0943	0957	1011	1024	
Dagenham Heathway Station	0602	0622	0642	0702	0722	0742	0802	0817	0832	0847	0902	0917	0930	0943	0957	1011	1025	1039	
Rush Green Barking College	0610	0630	0650	0711	0731	0751	0811	0826	0841	0856	0911	0926	0940	0954	1008	1023	1037	1051	
Romford Station	0616	0636	0656	0717	0737	0757	0817	0832	0847	0903	0918	0933	0947	1002	1016	1031	1045	1100	
Main Road Balgores Lane	0621	0641	0701	0722	0742	0802	0822	0837	0852	0909	0924	0939	0953	1008	1023	1038	1052	1107	
Gallows Corner Straight Road	0623	0643	0704	0724	0744	0804	0824	0839	0854	0911	0926	0941	0956	1011	1026	1041	1056	1111	
Harold Hill Dagnam Park Square	0632	0652	0713	0734	0754	0814	0834	0849	0904	0921	0936	0951	1007	1022	1037	1053	1108	1123	
Dagenham Marsh Way CEME	1038	1053	1108	1122	1136	1150	1205	Then every 15 minutes until	1335	1350	1405	1420	1435	1450	1505	1520	1535		
Dagenham Heathway Station	1054	1110	1125	1139	1153	1208	1223		1353	1408	1423	1438	1453	1508	1523	1537	1552		
Rush Green Barking College	1106	1122	1137	1151	1205	1220	1236		1406	1420	1435	1450	1505	1520	1535	1549	1604		
Romford Station	1115	1131	1146	1200	1214	1229	1245		1415	1429	1444	1458	1513	1528	1543	1557	1612		
Main Road Balgores Lane	1122	1138	1153	1208	1222	1237	1253		1423	1437	1452	1506	1521	1536	1551	1605	1620		
Gallows Corner Straight Road	1126	1142	1157	1212	1227	1242	1258		1428	1442	1457	1511	1526	1540	1555	1609	1624		
Harold Hill Dagnam Park Square	1138	1154	1209	1224	1239	1255	1311		1441	1455	1510	1524	1539	1553	1608	1622	1637		
Dagenham Marsh Way CEME	1550	1605	1620	1635	1650	1705	1720	1735	1750	1805	1820	1835	1850	1905	1920	1935	1950	2005	
Dagenham Heathway Station	1607	1622	1637	1651	1706	1720	1735	1750	1805	1819	1834	1849	1904	1919	1934	1949	2004	2019	
Rush Green Barking College	1619	1634	1649	1703	1718	1732	1747	1802	1817	1831	1846	1901	1916	1930	1945	2000	2015	2030	
Romford Station	1627	1642	1657	1711	1726	1740	1755	1810	1824	1838	1853	1908	1923	1937	1952	2007	2022	2037	
Main Road Balgores Lane	1635	1649	1704	1718	1733	1747	1802	1816	1830	1844	1859	1914	1929	1943	1958	2013	2028	2043	
Gallows Corner Straight Road	1639	1653	1707	1721	1736	1750	1805	1819	1833	1847	1902	1917	1932	1946	2001	2016	2031	2046	
Harold Hill Dagnam Park Square	1652	1706	1720	1734	1749	1803	1818	1831	1845	1859	1914	1929	1944	1958	2013	2028	2043	2058	
Dagenham Marsh Way CEME	2020	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0010	0030	0050	
Dagenham Heathway Station	2034	2048	2102	2117	2132	2147	2202	2217	2232	2247	2302	2317	2331	2346	0001	0020	0040	0100	
Rush Green Barking College	2045	2057	2111	2126	2141	2156	2211	2226	2241	2256	2311	2325	2339	2354	0009	0028	0048	0108	
Romford Station	2052	2104	2118	2133	2147	2202	2217	2232	2247	2302	2317	2331	2345	0000	0015	0034	0054	0114	
Main Road Balgores Lane	2058	2110	2124	2139	2153	2207	2222	2237	2252	2307	2322	2336	2350	0005	0020	0039	0059	0119	
Gallows Corner Straight Road	2100	2112	2126	2141	2155	2209	2224	2239	2254	2309	2324	2338	2352	0007	0022	0041	0101	0121	
Harold Hill Dagnam Park Square																			