175 Hillrise Estate – Romford – Dagenham

175	Mondays to Thursdays																		
Hillrise Estate *Hillrise Road*	0430	0450	0510	0525	0540	0555	0607	0619	0631	0639	0648	0658	0705	0712	0721	0729	0739	0749	
Collier Row *Collier Row Lane*	0434	0454	0515	0530	0545	0600	0613	0625	0637	0645	0654	0704	0711	0719	0728	0736	0746	0756	
Romford *North Street Bus Garage*	0439	0459	0520	0535	0550	0605	0618	0630	0643	0651	0700	0710	0718	0726	0736	0745	0755	0805	
Romford Market *St Edward's Way*	0441	0501	0522	0537	0552	0607	0620	0632	0645	0653	0702	0712	0721	0729	0739	0748	0758	0808	
Romford Station	0445	0505	0526	0541	0556	0611	0624	0636	0649	0658	0707	0717	0726	0734	0744	0753	0803	0813	
Queen's Hospital	0448	0508	0529	0544	0600	0615	0628	0640	0653	0703	0712	0722	0731	0740	0750	0759	0809	0819	
Becontree Heath *Ship & Anchor*	0455	0516	0537	0552	0608	0623	0636	0649	0703	0713	0723	0733	0743	0753	0803	0813	0823	0833	
Dagenham *Library*	0502	0523	0544	0600	0616	0632	0645	0658	0712	0722	0733	0744	0755	0805	0816	0826	0836	0846	
Dagenham *Oval Road South*	0505	0526	0547	0603	0619	0636	0649	0703	0718	0728	0739	0751	0801	0811	0822	0832	0842	0852	
Hillrise Estate *Hillrise Road*	0759	0810	0820	0830	0841	0851	0902	0912	0922	0932	0942	0952	1002	1012	1022	1032	1042	1052	
Collier Row *Collier Row Lane*	0806	0817	0827	0837	0847	0857	0908	0918	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058	
Romford *North Street Bus Garage*	0816	0827	0837	0848	0858	0908	0917	0926	0935	0945	0955	1005	1015	1025	1035	1045	1055	1104	
Romford Market *St Edward's Way*	0819	0830	0840	0851	0901	0911	0920	0929	0938	0948	0958	1008	1018	1028	1038	1048	1058	1107	
Romford Station	0824	0835	0846	0857	0907	0917	0926	0935	0944	0954	1004	1014	1024	1034	1044	1054	1104	1113	
Queen's Hospital	0829	0840	0851	0902	0912	0922	0931	0940	0949	0959	1009	1019	1029	1039	1049	1059	1109	1118	
Becontree Heath *Ship & Anchor*	0843	0853	0903	0913	0923	0932	0941	0950	0959	1008	1018	1028	1038	1049	1059	1109	1119	1128	
Dagenham *Library*	0856	0906	0915	0924	0934	0943	0951	1000	1009	1018	1028	1038	1048	1059	1109	1119	1129	1138	
Dagenham *Oval Road South*	0902	0912	0920	0928	0938	0947	0955	1004	1013	1022	1032	1042	1052	1103	1113	1123	1133	1142	
Hillrise Estate *Hillrise Road*	1102			1152	1202	1212	1222			1342	1352	1402	1412	1422	1432	1441	1450	1459	
Collier Row *Collier Row Lane*	1108			1158	1208	1218	1228			1348	1358	1408	1418	1428	1438	1447	1456	1505	
Romford *North Street Bus Garage*	1114	*Then*		1204	1214	1224	1234	*Then*		1354	1404	1414	1424	1434	1444	1453	1502	1512	
Romford Market *St Edward's Way*	1117	*every 10*		1207	1217	1227	1237	*every 10*		1357	1407	1417	1427	1437	1447	1456	1505	1515	
Romford Station	1123	*minutes*		1213	1223	1233	1243	*minutes*		1403	1413	1423	1433	1443	1453	1502	1511	1521	
Queen's Hospital	1128	*until*		1218	1228	1238	1248	*until*		1408	1418	1428	1438	1448	1458	1507	1516	1526	
Becontree Heath *Ship & Anchor*	1138			1228	1238	1248	1258			1418	1428	1438	1449	1459	1509	1519	1529	1539	
Dagenham *Library*	1148			1238	1249	1259	1309			1429	1440	1451	1502	1513	1523	1534	1544	1554	
Dagenham *Oval Road South*	1152			1242	1253	1303	1314			1434	1445	1456	1507	1518	1528	1539	1549	1559	
Hillrise Estate *Hillrise Road*	1508	1518	1528		1618	1628	1638	1648	1658	1708	1718	1728	1738	1748	1758	1808	1818		
Collier Row *Collier Row Lane*	1514	1524	1534		1624	1634	1644	1654	1704	1714	1724	1734	1744	1753	1803	1813	1823		
Romford *North Street Bus Garage*	1522	1532	1542	*Then*	1632	1641	1651	1701	1711	1721	1731	1741	1751	1800	1810	1820	1830		
Romford Market *St Edward's Way*	1525	1535	1545	*every 10*	1635	1644	1654	1704	1714	1724	1734	1744	1754	1803	1813	1823	1832		
Romford Station	1531	1541	1551	*minutes*	1641	1650	1700	1710	1720	1730	1740	1750	1800	1809	1819	1829	1838		
Queen's Hospital	1536	1546	1556	*until*	1646	1656	1706	1716	1726	1736	1745	1755	1805	1814	1824	1834	1843		
Becontree Heath *Ship & Anchor*	1549	1559	1609		1659	1709	1719	1729	1739	1749	1758	1807	1817	1826	1835	1845	1854		
Dagenham *Library*	1604	1614	1623		1713	1723	1733	1743	1753	1802	1811	1820	1829	1838	1847	1856	1905		
Dagenham *Oval Road South*	1609	1619	1628		1718	1728	1738	1748	1758	1807	1816	1825	1834	1843	1852	1901	1910		
Hillrise Estate *Hillrise Road*	1828	1838	1848	1900	1912	1924	1939	1954	2009	2025	2040	2055	2111	2127	2142	2158	2214	2229	
Collier Row *Collier Row Lane*	1833	1843	1853	1905	1917	1929	1944	1959	2014	2030	2045	2100	2115	2131	2146	2202	2218	2233	
Romford *North Street Bus Garage*	1839	1849	1859	1910	1922	1934	1949	2004	2019	2035	2050	2105	2120	2135	2150	2206	2222	2237	
Romford Market *St Edward's Way*	1841	1851	1901	1912	1924	1936	1951	2006	2021	2037	2052	2107	2122	2137	2152	2208	2224	2239	
Romford Station	1846	1856	1906	1917	1929	1941	1956	2011	2026	2041	2056	2111	2126	2141	2156	2212	2228	2243	
Queen's Hospital	1851	1901	1911	1922	1934	1946	2001	2016	2031	2046	2100	2115	2130	2145	2200	2216	2232	2247	
Becontree Heath *Ship & Anchor*	1902	1911	1921	1932	1944	1955	2010	2025	2040	2055	2109	2123	2138	2153	2208	2224	2240	2255	
Dagenham *Library*	1912	1921	1931	1942	1954	2004	2019	2034	2049	2104	2117	2131	2146	2201	2216	2232	2247	2302	
Dagenham *Oval Road South*	1917	1926	1935	1946	1958	2008	2023	2038	2053	2108	2121	2135	2150	2205	2220	2235	2250	2305	
Hillrise Estate *Hillrise Road*	2245	2300	2315	2330	2345	0000													
Collier Row *Collier Row Lane*	2249	2304	2319	2334	2349	0004													
Romford *North Street Bus Garage*	2253	2308	2323	2338	2353	0008													
Romford Market *St Edward's Way*	2255	2310	2325	2340	2355	0009													
Romford Station	2259	2314	2329	2344	2358	0012													
Queen's Hospital	2303	2317	2332	2347	0001	0015													
Becontree Heath *Ship & Anchor*	2311	2325	2339	2354	0008	0022													
Dagenham *Library*	2317	2331	2345	0000	0014	0028													
Dagenham *Oval Road South*	2320	2334	2348	0003	0017	0031													

175	Fridays																			
Hillrise Estate *Hillrise Road*	0430	0450	0510	0525	0540	0555	0607	0619	0631	0639	0648	0658	0705	0712	0721	0729	0739	0749		
Collier Row *Collier Row Lane*	0434	0454	0515	0530	0545	0600	0613	0625	0637	0645	0654	0704	0711	0719	0728	0736	0746	0756		
Romford *North Street Bus Garage*	0439	0459	0520	0535	0550	0605	0618	0630	0643	0651	0700	0710	0718	0726	0736	0745	0755	0805		
Romford Market *St Edward's Way*	0441	0501	0522	0537	0552	0607	0620	0632	0645	0653	0702	0712	0721	0729	0739	0748	0758	0808		
Romford Station	0445	0505	0526	0541	0556	0611	0624	0636	0649	0658	0707	0717	0726	0734	0744	0753	0803	0813		
Queen's Hospital	0448	0508	0529	0544	0600	0615	0628	0640	0653	0703	0712	0722	0731	0740	0750	0759	0809	0819		
Becontree Heath *Ship & Anchor*	0455	0516	0537	0552	0608	0623	0636	0649	0703	0713	0723	0733	0743	0753	0803	0813	0823	0833		
Dagenham *Library*	0502	0523	0544	0600	0616	0632	0645	0658	0712	0722	0733	0744	0755	0805	0816	0826	0836	0846		
Dagenham *Oval Road South*	0505	0526	0547	0603	0619	0636	0649	0703	0718	0728	0739	0751	0801	0811	0822	0832	0842	0852		
Hillrise Estate *Hillrise Road*	0759	0810	0820	0830	0841	0851	0902	0912	0922	0932	0942	0952	1002	1012	1022	1032	1042	1052		
Collier Row *Collier Row Lane*	0806	0817	0827	0837	0847	0857	0908	0918	0928	0938	0948	0958	1008	1018	1028	1038	1048	1058		
Romford *North Street Bus Garage*	0816	0827	0837	0848	0858	0908	0917	0926	0935	0945	0955	1005	1015	1025	1035	1045	1055	1104		
Romford Market *St Edward's Way*	0819	0830	0840	0851	0901	0911	0920	0929	0938	0948	0958	1008	1018	1028	1038	1048	1058	1107		
Romford Station	0824	0835	0846	0857	0907	0917	0926	0935	0944	0954	1004	1014	1024	1034	1044	1054	1104	1113		
Queen's Hospital	0829	0840	0851	0902	0912	0922	0931	0940	0949	0959	1009	1019	1029	1039	1049	1059	1109	1118		
Becontree Heath *Ship & Anchor*	0843	0853	0903	0913	0923	0932	0941	0950	0959	1008	1018	1028	1038	1049	1059	1109	1119	1128		
Dagenham *Library*	0856	0906	0915	0924	0934	0943	0951	1000	1009	1018	1028	1038	1048	1059	1109	1119	1129	1138		
Dagenham *Oval Road South*	0902	0912	0920	0928	0938	0947	0955	1004	1013	1022	1032	1042	1052	1103	1113	1123	1133	1142		
Hillrise Estate *Hillrise Road*	1102			1152	1202	1212	1222	1232			1332	1342	1352	1402	1412	1422	1431	1440		
Collier Row *Collier Row Lane*	1108			1158	1208	1218	1228	1238			1338	1348	1358	1408	1418	1428	1437	1446		
Romford *North Street Bus Garage*	1114	*Then*		1204	1214	1224	1234	1244	*Then*		1344	1354	1404	1414	1424	1434	1443	1452		
Romford Market *St Edward's Way*	1117	*every 10*		1207	1217	1227	1237	1247	*every 10*		1347	1357	1407	1417	1427	1437	1446	1455		
Romford Station	1123	*minutes*		1213	1223	1233	1243	1253	*minutes*		1353	1403	1413	1423	1433	1443	1452	1501		
Queen's Hospital	1128	*until*		1218	1228	1238	1248	1258	*until*		1358	1408	1418	1428	1438	1448	1457	1506		
Becontree Heath *Ship & Anchor*	1138			1228	1238	1248	1258	1308			1408	1419	1429	1439	1449	1459	1509	1519		
Dagenham *Library*	1148			1238	1249	1259	1309	1320			1420	1431	1442	1453	1503	1513	1524	1534		
Dagenham *Oval Road South*	1152			1242	1253	1303	1314	1325			1425	1436	1447	1458	1508	1518	1529	1539		
Hillrise Estate *Hillrise Road*	1449	1458			1618	1628	1638	1648	1658	1708	1718	1728	1738	1748	1758	1808	1818	1828		
Collier Row *Collier Row Lane*	1455	1504			1624	1634	1644	1654	1704	1714	1724	1734	1744	1754	1804	1814	1823	1833		
Romford *North Street Bus Garage*	1502	1512	*Then*		1632	1641	1651	1701	1711	1721	1731	1741	1751	1801	1811	1821	1830	1840		
Romford Market *St Edward's Way*	1505	1515	*every 10*		1635	1644	1654	1704	1714	1724	1734	1744	1754	1804	1814	1824	1833	1842		
Romford Station	1511	1521	*minutes*		1641	1650	1700	1710	1720	1730	1740	1750	1800	1810	1820	1830	1839	1847		
Queen's Hospital	1516	1526	*until*		1646	1656	1706	1716	1726	1736	1746	1756	1805	1815	1825	1835	1844	1852		
Becontree Heath *Ship & Anchor*	1529	1539			1659	1709	1719	1729	1739	1749	1759	1809	1818	1827	1837	1846	1855	1903		
Dagenham *Library*	1544	1554			1714	1724	1734	1744	1754	1803	1813	1822	1831	1840	1849	1857	1906	1914		
Dagenham *Oval Road South*	1549	1559			1719	1729	1739	1749	1759	1808	1818	1827	1836	1845	1854	1902	1911	1919		
Hillrise Estate *Hillrise Road*	1838	1848	1900	1912	1924	1939	1954	2009	2025	2040	2056	2112	2128	2144	2200	2215	2230	2245		
Collier Row *Collier Row Lane*	1843	1853	1905	1917	1929	1944	1959	2014	2030	2045	2101	2116	2132	2148	2204	2219	2234	2249		
Romford *North Street Bus Garage*	1850	1859	1911	1923	1935	1949	2004	2019	2035	2050	2106	2121	2136	2152	2208	2223	2238	2253		
Romford Market *St Edward's Way*	1852	1901	1913	1925	1937	1951	2006	2021	2037	2052	2108	2123	2138	2154	2210	2225	2240	2255		
Romford Station	1857	1906	1918	1930	1942	1956	2011	2026	2041	2056	2112	2127	2142	2158	2214	2229	2244	2259		
Queen's Hospital	1902	1911	1923	1935	1947	2001	2016	2031	2046	2100	2116	2131	2146	2202	2218	2233	2248	2303		
Becontree Heath *Ship & Anchor*	1912	1921	1933	1945	1957	2010	2025	2040	2055	2109	2124	2139	2154	2210	2226	2241	2256	2311		
Dagenham *Library*	1923	1932	1943	1955	2007	2019	2034	2049	2104	2117	2132	2147	2202	2217	2233	2248	2303	2318		
Dagenham *Oval Road South*	1928	1937	1948	2000	2011	2023	2038	2053	2108	2121	2136	2151	2206	2221	2236	2251	2306	2321		
Hillrise Estate *Hillrise Road*	2300	2315	2330	2345	0000															
Collier Row *Collier Row Lane*	2304	2319	2334	2349	0004															
Romford *North Street Bus Garage*	2308	2323	2338	2353	0008															
Romford Market *St Edward's Way*	2310	2325	2340	2355	0009															
Romford Station	2314	2329	2344	2359	0013															
Queen's Hospital	2317	2332	2347	0002	0016															
Becontree Heath *Ship & Anchor*	2325	2340	2355	0009	0023															
Dagenham *Library*	2332	2346	0001	0015	0029															
Dagenham *Oval Road South*	2335	2349	0004	0018	0032															

175	Saturdays (also Good Friday)																		
Hillrise Estate *Hillrise Road*	0430	0450	0510	0530	0550	0610	0630	0650				0750	0805	0817	0829	0840	0852	0903	0914
Collier Row *Collier Row Lane*	0434	0454	0514	0534	0554	0614	0635	0655				0755	0810	0822	0834	0845	0857	0908	0919
Romford *North Street Bus Garage*	0438	0458	0518	0538	0558	0618	0640	0700	*Then*			0800	0815	0827	0840	0851	0903	0914	0925
Romford Market *St Edward's Way*	0440	0500	0520	0540	0600	0620	0642	0702	*every 15*			0802	0817	0829	0842	0853	0905	0916	0927
Romford Station	0443	0503	0523	0544	0604	0624	0646	0706	*minutes*			0806	0821	0833	0846	0858	0910	0921	0932
Queen's Hospital	0446	0506	0526	0547	0607	0627	0649	0710	*until*			0810	0825	0837	0850	0902	0914	0925	0936
Becontree Heath *Ship & Anchor*	0453	0513	0533	0554	0615	0635	0657	0718				0818	0833	0845	0858	0910	0922	0934	0946
Dagenham *Library*	0500	0520	0540	0601	0622	0642	0704	0725				0825	0841	0853	0906	0918	0931	0943	0956
Dagenham *Oval Road South*	0503	0523	0543	0604	0625	0645	0707	0728				0828	0844	0857	0910	0922	0935	0947	1000
Hillrise Estate *Hillrise Road*	0926	0938	0949	1001	1013	1025	1037	1049	1101	1113	1125	1136	1148	1200	1212	1224	1236	1248	
Collier Row *Collier Row Lane*	0931	0943	0955	1007	1019	1031	1043	1055	1107	1119	1131	1142	1154	1207	1219	1231	1243	1255	
Romford *North Street Bus Garage*	0937	0949	1001	1013	1025	1037	1049	1101	1113	1125	1138	1149	1201	1214	1226	1238	1250	1302	
Romford Market *St Edward's Way*	0939	0951	1003	1015	1027	1039	1051	1104	1116	1128	1141	1152	1204	1217	1229	1241	1253	1305	
Romford Station	0944	0956	1008	1020	1032	1044	1056	1109	1122	1134	1147	1158	1210	1223	1235	1247	1259	1311	
Queen's Hospital	0948	1000	1012	1024	1036	1048	1100	1113	1127	1139	1152	1203	1215	1228	1240	1252	1304	1316	
Becontree Heath *Ship & Anchor*	0958	1010	1022	1034	1046	1058	1110	1123	1137	1149	1202	1214	1226	1239	1252	1304	1316	1328	
Dagenham *Library*	1008	1020	1032	1044	1056	1108	1121	1134	1148	1201	1214	1226	1238	1251	1304	1316	1328	1340	
Dagenham *Oval Road South*	1013	1025	1037	1049	1101	1114	1127	1140	1154	1207	1220	1232	1244	1257	1310	1322	1334	1346	
Hillrise Estate *Hillrise Road*	1300	1312	1324	1336	1348	1400	1412	1424	1436	1448	1500	1512	1524	1536	1548			1700	
Collier Row *Collier Row Lane*	1307	1318	1330	1342	1354	1406	1418	1430	1442	1454	1506	1518	1530	1542	1553			1705	
Romford *North Street Bus Garage*	1314	1325	1337	1349	1401	1412	1424	1436	1448	1500	1512	1524	1536	1548	1559	*Then*		1711	
Romford Market *St Edward's Way*	1317	1328	1340	1352	1404	1415	1427	1439	1451	1503	1515	1527	1538	1550	1601	*every 12*		1713	
Romford Station	1323	1334	1346	1358	1410	1421	1433	1445	1457	1509	1521	1533	1544	1556	1607	*minutes*		1719	
Queen's Hospital	1328	1339	1351	1403	1415	1426	1438	1450	1502	1514	1526	1538	1549	1601	1612	*until*		1724	
Becontree Heath *Ship & Anchor*	1340	1351	1403	1415	1427	1438	1450	1502	1513	1525	1537	1549	1600	1612	1623			1735	
Dagenham *Library*	1352	1403	1415	1427	1439	1450	1502	1514	1525	1537	1548	1600	1611	1623	1634			1746	
Dagenham *Oval Road South*	1358	1409	1421	1433	1445	1456	1508	1520	1531	1543	1554	1606	1617	1628	1639			1751	
Hillrise Estate *Hillrise Road*	1712	1724	1736	1749	1804	1819	1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	
Collier Row *Collier Row Lane*	1717	1729	1741	1754	1809	1824	1840	1855	1910	1925	1940	1955	2010	2025	2040	2055	2110	2124	
Romford *North Street Bus Garage*	1723	1735	1747	1759	1814	1829	1845	1900	1915	1930	1945	2000	2015	2030	2045	2100	2114	2128	
Romford Market *St Edward's Way*	1725	1737	1749	1801	1816	1831	1847	1902	1917	1932	1947	2002	2017	2032	2047	2102	2116	2130	
Romford Station	1731	1743	1755	1807	1822	1836	1852	1907	1922	1937	1952	2007	2021	2036	2051	2106	2120	2134	
Queen's Hospital	1736	1748	1800	1812	1827	1841	1857	1912	1927	1942	1956	2011	2025	2040	2055	2110	2124	2138	
Becontree Heath *Ship & Anchor*	1747	1759	1811	1823	1837	1851	1906	1921	1936	1951	2005	2020	2034	2049	2103	2118	2132	2146	
Dagenham *Library*	1757	1809	1821	1833	1847	1900	1915	1930	1945	2000	2014	2029	2043	2057	2111	2126	2140	2154	
Dagenham *Oval Road South*	1802	1814	1826	1838	1852	1905	1920	1935	1950	2004	2018	2033	2047	2101	2115	2130	2144	2158	
Hillrise Estate *Hillrise Road*	2135	2150	2206	2222	2237	2252	2308	2324	2340	2355	0005								
Collier Row *Collier Row Lane*	2139	2154	2210	2226	2241	2256	2312	2328	2344	2359	0009								
Romford *North Street Bus Garage*	2143	2158	2214	2230	2245	2300	2316	2332	2348	0003	0013								
Romford Market *St Edward's Way*	2145	2200	2216	2232	2247	2302	2318	2334	2350	0004	0014								
Romford Station	2149	2204	2220	2236	2251	2306	2322	2338	2354	0008	0018								
Queen's Hospital	2153	2208	2224	2240	2255	2310	2325	2341	2357	0011	0021								
Becontree Heath *Ship & Anchor*	2201	2216	2232	2248	2303	2318	2333	2349	0004	0018	0028								
Dagenham *Library*	2209	2224	2239	2255	2310	2325	2340	2355	0010	0024	0034								
Dagenham *Oval Road South*	2213	2228	2243	2258	2313	2328	2343	2358	0013	0027	0037								

175	Sundays and other Public Holidays (except Christmas Day)																		
Hillrise Estate *Hillrise Road*	0555	0615	0635	0655	0715	0735	0755	0815	0835	0855	0910	0925	0940	0954	1009	1023	1038	1053
Collier Row *Collier Row Lane*	0559	0619	0639	0659	0719	0740	0800	0820	0840	0900	0915	0930	0945	1000	1015	1029	1044	1059
Romford *North Street Bus Garage*	0603	0623	0643	0703	0723	0744	0804	0824	0845	0905	0920	0935	0950	1005	1020	1035	1050	1105
Romford Market *St Edward's Way*	0605	0625	0645	0705	0725	0746	0806	0826	0847	0907	0922	0937	0952	1007	1022	1037	1052	1107
Romford Station	0608	0628	0648	0708	0728	0749	0810	0830	0851	0911	0926	0942	0957	1012	1027	1042	1057	1112
Queen's Hospital	0611	0631	0651	0712	0732	0753	0814	0834	0855	0915	0930	0946	1001	1016	1031	1046	1101	1116
Becontree Heath *Ship & Anchor*	0619	0638	0659	0720	0740	0801	0822	0842	0903	0923	0938	0955	1010	1025	1040	1055	1110	1125
Dagenham *Library*	0626	0645	0706	0727	0747	0808	0829	0849	0910	0931	0946	1003	1018	1033	1049	1104	1120	1135
Dagenham *Oval Road South*	0629	0648	0709	0730	0750	0811	0832	0852	0913	0934	0949	1006	1021	1037	1053	1109	1125	1140
Hillrise Estate *Hillrise Road*	1108	1123	1138	1153	1208	1223	1238	1253	1308	1323	1338	1353	1408	1423	1439	1455	1510	1525
Collier Row *Collier Row Lane*	1114	1129	1144	1159	1214	1229	1244	1259	1314	1329	1344	1359	1414	1429	1445	1501	1515	1530
Romford *North Street Bus Garage*	1120	1135	1150	1205	1220	1235	1250	1305	1320	1335	1350	1405	1420	1435	1451	1507	1521	1536
Romford Market *St Edward's Way*	1122	1137	1152	1207	1222	1237	1253	1308	1323	1338	1353	1408	1423	1438	1454	1509	1523	1538
Romford Station	1127	1142	1157	1212	1227	1242	1258	1313	1328	1343	1358	1414	1429	1444	1500	1515	1529	1544
Queen's Hospital	1131	1146	1201	1216	1231	1246	1302	1317	1332	1347	1402	1418	1433	1448	1504	1519	1533	1548
Becontree Heath *Ship & Anchor*	1140	1156	1211	1226	1241	1256	1312	1327	1342	1357	1412	1428	1443	1458	1513	1528	1542	1557
Dagenham *Library*	1150	1206	1221	1237	1252	1307	1323	1338	1353	1408	1423	1438	1453	1508	1523	1538	1552	1607
Dagenham *Oval Road South*	1155	1211	1227	1243	1258	1313	1328	1343	1358	1413	1428	1443	1458	1513	1528	1543	1557	1612
Hillrise Estate *Hillrise Road*	1540	1555	1610	1625	1640	1655	1710	1725	1740	1755	1810			1940	1955	2010	2026	2042
Collier Row *Collier Row Lane*	1545	1600	1615	1630	1645	1700	1715	1730	1745	1800	1815			1945	2000	2015	2031	2047
Romford *North Street Bus Garage*	1551	1606	1620	1635	1650	1705	1720	1735	1750	1805	1820	*Then*		1950	2005	2020	2036	2051
Romford Market *St Edward's Way*	1553	1608	1622	1637	1652	1707	1722	1737	1752	1807	1822	*every 15*		1952	2007	2022	2038	2053
Romford Station	1558	1613	1627	1642	1657	1712	1727	1742	1757	1812	1826	*minutes*		1956	2011	2026	2042	2057
Queen's Hospital	1602	1617	1631	1646	1701	1716	1731	1746	1801	1816	1830	*until*		2000	2015	2030	2046	2101
Becontree Heath *Ship & Anchor*	1611	1626	1640	1655	1710	1725	1740	1755	1810	1825	1839			2009	2023	2038	2054	2109
Dagenham *Library*	1621	1635	1649	1704	1719	1734	1749	1804	1818	1833	1847			2017	2031	2046	2102	2117
Dagenham *Oval Road South*	1626	1640	1654	1709	1723	1738	1753	1808	1822	1837	1851			2021	2035	2050	2105	2120
Hillrise Estate *Hillrise Road*	2058	2114	2129	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000					
Collier Row *Collier Row Lane*	2103	2118	2133	2149	2204	2219	2234	2249	2304	2319	2334	2349	0004					
Romford *North Street Bus Garage*	2107	2122	2137	2153	2208	2223	2238	2253	2308	2323	2338	2353	0008					
Romford Market *St Edward's Way*	2109	2124	2139	2155	2210	2225	2240	2255	2310	2325	2340	2355	0009					
Romford Station	2113	2128	2143	2159	2214	2229	2244	2259	2314	2328	2343	2358	0012					
Queen's Hospital	2117	2132	2147	2203	2218	2233	2248	2303	2317	2331	2346	0001	0015					
Becontree Heath *Ship & Anchor*	2125	2140	2155	2210	2225	2240	2255	2310	2324	2338	2353	0008	0022					
Dagenham *Library*	2132	2147	2202	2217	2232	2246	2301	2316	2330	2344	2359	0014	0028					
Dagenham *Oval Road South*	2135	2150	2205	2220	2235	2249	2304	2319	2333	2347	0002	0017	0031					

175 Dagenham – Romford – Hillrise Estate

175	Mondays to Thursdays																		
Dagenham *Oval Road South*	0420	0440	0500	0520	0540	0555	0610	0625	0635	0644	0653	0703	0711	0720	0728	0736	0744	0753	
Dagenham *New Road/Kent Avenue*	0421	0441	0501	0521	0541	0556	0611	0626	0636	0645	0654	0704	0712	0721	0729	0737	0745	0754	
Dagenham Heathway Station	0426	0446	0506	0526	0546	0601	0616	0632	0642	0652	0701	0711	0719	0728	0737	0746	0755	0805	
Becontree Heath *Ship & Anchor*	0432	0452	0512	0532	0553	0608	0624	0640	0650	0700	0710	0720	0728	0738	0748	0758	0808	0818	
Queen's Hospital	0438	0458	0519	0539	0601	0616	0632	0649	0659	0709	0720	0730	0739	0749	0759	0809	0819	0829	
Romford Station	0441	0501	0522	0542	0605	0620	0636	0653	0703	0714	0725	0735	0744	0754	0804	0814	0824	0834	
Romford Market *St Edward's Way*	0444	0504	0525	0545	0608	0623	0639	0656	0706	0717	0728	0738	0748	0758	0808	0818	0828	0838	
Romford *North Street (The Squire)*	0446	0506	0527	0548	0611	0626	0642	0659	0709	0720	0731	0741	0751	0801	0811	0821	0831	0841	
Collier Row *Chase Cross Road*	0451	0511	0532	0553	0616	0631	0647	0704	0715	0726	0737	0748	0758	0809	0819	0829	0839	0849	
Hillrise Estate *Hillrise Road*	0454	0514	0535	0556	0619	0635	0651	0708	0719	0730	0741	0753	0803	0814	0824	0834	0844	0853	
Dagenham *Oval Road South*	0802	0812	0822	0832	0842	0853	0904	0915	0925	0936	0947			1107	1117	1127	1137	1147	
Dagenham *New Road/Kent Avenue*	0803	0813	0823	0833	0843	0854	0905	0916	0926	0937	0948			1108	1118	1128	1138	1148	
Dagenham Heathway Station	0815	0825	0835	0845	0855	0905	0915	0925	0935	0945	0956			1116	1126	1136	1146	1156	
Becontree Heath *Ship & Anchor*	0828	0838	0848	0858	0908	0917	0926	0936	0945	0955	1005	*Then*		1125	1135	1145	1155	1205	
Queen's Hospital	0839	0849	0859	0909	0919	0928	0937	0947	0955	1005	1015	*every 10*		1135	1145	1155	1205	1215	
Romford Station	0844	0854	0904	0914	0924	0933	0942	0952	1000	1010	1020	*minutes*		1140	1150	1200	1210	1220	
Romford Market *St Edward's Way*	0848	0858	0908	0918	0928	0937	0946	0956	1004	1014	1024	*until*		1144	1154	1204	1214	1224	
Romford *North Street (The Squire)*	0851	0901	0911	0921	0931	0940	0949	0959	1007	1017	1027			1147	1157	1208	1218	1228	
Collier Row *Chase Cross Road*	0859	0908	0918	0928	0937	0946	0955	1005	1013	1023	1033			1153	1204	1215	1225	1235	
Hillrise Estate *Hillrise Road*	0903	0912	0922	0932	0941	0950	0959	1009	1017	1027	1037			1157	1208	1219	1229	1239	
Dagenham *Oval Road South*	1157	1207	1217	1227	1237	1247	1256	1306	1316	1326	1336	1345	1354	1403	1412	1421	1431	1440	
Dagenham *New Road/Kent Avenue*	1158	1208	1218	1228	1238	1248	1257	1307	1317	1327	1337	1346	1355	1404	1413	1422	1432	1441	
Dagenham Heathway Station	1206	1216	1226	1236	1246	1256	1305	1315	1325	1335	1345	1354	1403	1413	1423	1432	1442	1451	
Becontree Heath *Ship & Anchor*	1215	1225	1235	1245	1255	1305	1314	1324	1334	1344	1354	1403	1412	1422	1433	1442	1452	1502	
Queen's Hospital	1225	1236	1246	1256	1306	1316	1325	1335	1345	1355	1405	1414	1423	1433	1444	1454	1504	1514	
Romford Station	1230	1241	1251	1301	1311	1321	1330	1340	1350	1400	1410	1419	1428	1438	1449	1459	1509	1519	
Romford Market *St Edward's Way*	1234	1245	1255	1305	1315	1325	1334	1344	1354	1404	1414	1423	1432	1442	1453	1503	1513	1523	
Romford *North Street (The Squire)*	1238	1249	1259	1309	1319	1329	1338	1348	1358	1408	1418	1427	1436	1446	1457	1507	1517	1527	
Collier Row *Chase Cross Road*	1245	1256	1306	1316	1326	1336	1345	1355	1405	1415	1425	1434	1443	1453	1505	1515	1526	1536	
Hillrise Estate *Hillrise Road*	1249	1300	1310	1320	1330	1340	1350	1400	1410	1420	1430	1439	1448	1458	1510	1520	1531	1541	
Dagenham *Oval Road South*	1448	1457	1507	1517	1527	1537	1547	1557			1707	1717	1727	1737	1747	1757	1807	1817	
Dagenham *New Road/Kent Avenue*	1449	1458	1508	1518	1528	1538	1548	1558			1708	1718	1728	1738	1748	1758	1808	1818	
Dagenham Heathway Station	1500	1509	1519	1529	1539	1549	1559	1609			1719	1729	1739	1749	1759	1809	1819	1829	
Becontree Heath *Ship & Anchor*	1512	1521	1531	1541	1551	1601	1610	1619	*Then*		1729	1739	1749	1759	1808	1818	1828	1838	
Queen's Hospital	1524	1533	1543	1553	1603	1613	1622	1631	*every 10*		1741	1751	1800	1809	1818	1828	1838	1847	
Romford Station	1529	1539	1549	1559	1609	1619	1628	1637	*minutes*		1747	1757	1806	1815	1824	1834	1843	1852	
Romford Market *St Edward's Way*	1533	1543	1553	1603	1613	1623	1632	1641	*until*		1751	1801	1810	1819	1828	1838	1847	1856	
Romford *North Street (The Squire)*	1537	1547	1557	1607	1617	1627	1637	1646			1756	1805	1814	1823	1832	1842	1851	1900	
Collier Row *Chase Cross Road*	1546	1555	1605	1615	1625	1635	1645	1654			1804	1813	1821	1830	1839	1849	1858	1907	
Hillrise Estate *Hillrise Road*	1551	1600	1610	1620	1630	1640	1650	1659			1809	1818	1826	1835	1844	1854	1903	1912	
Dagenham *Oval Road South*	1828	1838	1849	1900	1910	1921	1933	1945	2000	2015	2030	2045	2100	2115	2130			2245	
Dagenham *New Road/Kent Avenue*	1829	1839	1850	1901	1911	1922	1934	1946	2001	2016	2031	2046	2101	2116	2131			2246	
Dagenham Heathway Station	1840	1850	1901	1911	1921	1931	1942	1954	2008	2022	2037	2052	2107	2121	2136			2251	
Becontree Heath *Ship & Anchor*	1849	1859	1910	1920	1930	1940	1951	2002	2016	2030	2044	2059	2114	2128	2143	*Then*		2258	
Queen's Hospital	1858	1908	1919	1929	1939	1949	2000	2011	2024	2038	2052	2107	2122	2136	2150	*every 15*		2305	
Romford Station	1903	1913	1924	1934	1944	1954	2005	2015	2028	2042	2056	2111	2126	2140	2154	*minutes*		2309	
Romford Market *St Edward's Way*	1907	1917	1928	1938	1947	1957	2008	2018	2031	2045	2059	2114	2129	2143	2157	*until*		2312	
Romford *North Street (The Squire)*	1911	1921	1931	1941	1950	2000	2011	2021	2034	2048	2102	2117	2132	2146	2200			2315	
Collier Row *Chase Cross Road*	1918	1927	1937	1947	1956	2006	2017	2027	2040	2053	2107	2122	2137	2151	2205			2320	
Hillrise Estate *Hillrise Road*	1922	1931	1941	1951	2000	2010	2021	2031	2044	2057	2111	2126	2141	2155	2209			2324	
Dagenham *Oval Road South*	2300	2315	2330	2345	0000	0015	0030	0045											
Dagenham *New Road/Kent Avenue*	2301	2316	2331	2346	0001	0016	0031	0046											
Dagenham Heathway Station	2306	2321	2336	2351	0005	0020	0035	0050											
Becontree Heath *Ship & Anchor*	2312	2327	2342	2357	0011	0025	0040	0055											
Queen's Hospital	2319	2334	2349	0004	0017	0031	0046	0101											
Romford Station	2323	2338	2353	0008	0021	0034	0049	0104											
Romford Market *St Edward's Way*	2326	2341	2356	0011	0024	0037	0052	0107											
Romford *North Street (The Squire)*	2329	2343	2358	0013	0026	0039	0054	0109											
Collier Row *Chase Cross Road*	2334	2348	0003	0018	0031	0044	0058	0113											
Hillrise Estate *Hillrise Road*	2338	2352	0007	0021	0034	0047	0101	0116											

175	Fridays																			
Dagenham *Oval Road South*	0420	0440	0500	0520	0540	0555	0610	0625	0635	0644	0653	0703	0711	0720	0728	0736	0744	0753		
Dagenham *New Road/Kent Avenue*	0421	0441	0501	0521	0541	0556	0611	0626	0636	0645	0654	0704	0712	0721	0729	0737	0745	0754		
Dagenham Heathway Station	0426	0446	0506	0526	0546	0601	0616	0632	0642	0652	0701	0711	0719	0728	0737	0746	0755	0805		
Becontree Heath *Ship & Anchor*	0432	0452	0512	0532	0553	0608	0624	0640	0650	0700	0710	0720	0728	0738	0748	0758	0808	0818		
Queen's Hospital	0438	0458	0519	0539	0601	0616	0632	0649	0659	0709	0720	0730	0739	0749	0759	0809	0819	0829		
Romford Station	0441	0501	0522	0542	0605	0620	0636	0653	0703	0714	0725	0735	0744	0754	0804	0814	0824	0834		
Romford Market *St Edward's Way*	0444	0504	0525	0545	0608	0623	0639	0656	0706	0717	0728	0738	0748	0758	0808	0818	0828	0838		
Romford *North Street (The Squire)*	0446	0506	0527	0548	0611	0626	0642	0659	0709	0720	0731	0741	0751	0801	0811	0821	0831	0841		
Collier Row *Chase Cross Road*	0451	0511	0532	0553	0616	0631	0647	0704	0715	0726	0737	0748	0758	0809	0819	0829	0839	0849		
Hillrise Estate *Hillrise Road*	0454	0514	0535	0556	0619	0635	0651	0708	0719	0730	0741	0753	0803	0814	0824	0834	0844	0853		
Dagenham *Oval Road South*	0802	0812	0822	0832	0842	0853	0904	0915	0925	0936	0947			1047	1057	1107	1117	1127		
Dagenham *New Road/Kent Avenue*	0803	0813	0823	0833	0843	0854	0905	0916	0926	0937	0948			1048	1058	1108	1118	1128		
Dagenham Heathway Station	0815	0825	0835	0845	0855	0905	0915	0925	0935	0945	0956			1056	1106	1116	1126	1136		
Becontree Heath *Ship & Anchor*	0828	0838	0848	0858	0908	0917	0926	0936	0945	0955	1005	*Then*		1105	1115	1125	1135	1145		
Queen's Hospital	0839	0849	0859	0909	0919	0928	0937	0947	0955	1005	1015	*every 10*		1115	1125	1135	1146	1156		
Romford Station	0844	0854	0904	0914	0924	0933	0942	0952	1000	1010	1020	*minutes*		1120	1130	1140	1151	1201		
Romford Market *St Edward's Way*	0848	0858	0908	0918	0928	0937	0946	0956	1004	1014	1024	*until*		1124	1134	1144	1155	1205		
Romford *North Street (The Squire)*	0851	0901	0911	0921	0931	0940	0949	0959	1007	1017	1027			1127	1137	1148	1159	1209		
Collier Row *Chase Cross Road*	0859	0908	0918	0928	0937	0946	0955	1005	1013	1023	1033			1133	1144	1155	1206	1216		
Hillrise Estate *Hillrise Road*	0903	0912	0922	0932	0941	0950	0959	1009	1017	1027	1037			1137	1148	1159	1210	1220		
Dagenham *Oval Road South*	1137	1147	1157	1207	1217	1227	1236	1246	1256	1306	1316	1326	1335	1345	1354	1403	1412	1420		
Dagenham *New Road/Kent Avenue*	1138	1148	1158	1208	1218	1228	1237	1247	1257	1307	1317	1327	1336	1346	1355	1404	1413	1421		
Dagenham Heathway Station	1146	1156	1206	1217	1227	1237	1246	1256	1306	1316	1326	1336	1345	1355	1404	1414	1423	1432		
Becontree Heath *Ship & Anchor*	1155	1205	1215	1226	1236	1246	1255	1305	1315	1325	1335	1345	1354	1404	1413	1423	1433	1442		
Queen's Hospital	1206	1216	1226	1237	1247	1257	1306	1316	1326	1336	1346	1356	1405	1415	1425	1435	1445	1454		
Romford Station	1211	1221	1231	1242	1252	1302	1311	1321	1331	1341	1351	1401	1410	1420	1430	1440	1450	1459		
Romford Market *St Edward's Way*	1215	1225	1235	1246	1256	1306	1315	1325	1335	1345	1355	1405	1414	1424	1434	1444	1454	1503		
Romford *North Street (The Squire)*	1219	1229	1239	1250	1300	1310	1319	1329	1339	1349	1359	1409	1418	1428	1438	1448	1458	1507		
Collier Row *Chase Cross Road*	1226	1236	1246	1257	1307	1317	1326	1336	1346	1356	1406	1416	1425	1435	1445	1455	1506	1515		
Hillrise Estate *Hillrise Road*	1230	1240	1250	1301	1311	1321	1330	1340	1351	1401	1411	1421	1430	1440	1450	1500	1511	1520		
Dagenham *Oval Road South*	1430	1439	1448	1457	1507	1517	1527	1537	1547	1557			1717	1727	1737	1747	1757	1807		
Dagenham *New Road/Kent Avenue*	1431	1440	1449	1458	1508	1518	1528	1538	1548	1558			1718	1728	1738	1748	1758	1808		
Dagenham Heathway Station	1442	1451	1500	1509	1519	1529	1539	1549	1559	1609			1729	1739	1749	1759	1809	1819		
Becontree Heath *Ship & Anchor*	1452	1502	1512	1521	1531	1541	1551	1601	1610	1619	*Then*		1739	1749	1759	1809	1819	1829		
Queen's Hospital	1504	1514	1524	1533	1543	1553	1603	1613	1622	1631	*every 10*		1751	1800	1810	1819	1829	1839		
Romford Station	1509	1519	1529	1539	1549	1559	1609	1619	1628	1637	*minutes*		1757	1806	1816	1825	1835	1844		
Romford Market *St Edward's Way*	1513	1523	1533	1543	1553	1603	1613	1623	1632	1641	*until*		1801	1810	1820	1829	1839	1848		
Romford *North Street (The Squire)*	1517	1527	1537	1547	1557	1607	1617	1627	1637	1646			1806	1814	1824	1833	1842	1852		
Collier Row *Chase Cross Road*	1526	1536	1546	1555	1605	1615	1625	1635	1645	1654			1814	1822	1831	1840	1849	1859		
Hillrise Estate *Hillrise Road*	1531	1541	1551	1600	1610	1620	1630	1640	1650	1659			1819	1827	1836	1845	1854	1904		
Dagenham *Oval Road South*	1817	1828	1839	1849	1900	1910	1921	1933	1946	2000	2015	2030	2045	2100	2115	2130	2145	2200		
Dagenham *New Road/Kent Avenue*	1818	1829	1840	1850	1901	1911	1922	1934	1947	2001	2016	2031	2046	2101	2116	2131	2146	2201		
Dagenham Heathway Station	1829	1840	1851	1901	1912	1922	1933	1944	1957	2010	2024	2038	2053	2107	2121	2136	2151	2206		
Becontree Heath *Ship & Anchor*	1838	1849	1900	1910	1921	1931	1942	1953	2005	2018	2032	2046	2101	2115	2129	2143	2158	2213		
Queen's Hospital	1848	1859	1910	1920	1931	1941	1951	2002	2014	2027	2040	2054	2109	2123	2137	2151	2206	2220		
Romford Station	1853	1904	1915	1925	1936	1946	1956	2006	2018	2031	2044	2058	2113	2127	2141	2155	2210	2224		
Romford Market *St Edward's Way*	1857	1908	1919	1929	1939	1949	1959	2009	2021	2034	2047	2101	2116	2130	2144	2158	2213	2227		
Romford *North Street (The Squire)*	1901	1912	1923	1932	1942	1952	2002	2012	2024	2037	2050	2104	2119	2133	2147	2201	2216	2230		
Collier Row *Chase Cross Road*	1908	1919	1929	1938	1948	1958	2008	2018	2030	2043	2056	2109	2124	2138	2152	2206	2221	2235		
Hillrise Estate *Hillrise Road*	1913	1923	1933	1942	1952	2002	2012	2022	2034	2047	2100	2113	2128	2142	2156	2210	2225	2239		
Dagenham *Oval Road South*	2215		2330	2345	0000	0015	0030	0045												
Dagenham *New Road/Kent Avenue*	2216		2331	2346	0001	0016	0031	0046												
Dagenham Heathway Station	2221		2336	2351	0006	0021	0036	0051												
Becontree Heath *Ship & Anchor*	2228	*Then*	2343	2357	0012	0027	0042	0057												
Queen's Hospital	2235	*every 15*	2350	0004	0019	0034	0048	0103												
Romford Station	2239	*minutes*	2354	0008	0023	0038	0052	0107												
Romford Market *St Edward's Way*	2242	*until*	2357	0011	0026	0041	0055	0110												
Romford *North Street (The Squire)*	2245		0000	0014	0029	0043	0057	0112												
Collier Row *Chase Cross Road*	2250		0005	0019	0034	0048	0102	0117												
Hillrise Estate *Hillrise Road*	2254		0009	0023	0038	0052	0106	0121												

175	Saturdays (also Good Friday)																			
Dagenham *Oval Road South*	0415	0435	0455	0515	0535	0555	0615	0635	0655	0715	0730	0745	0800	0815	0826	0837	0848	0859		
Dagenham *New Road/Kent Avenue*	0416	0436	0456	0516	0536	0556	0616	0636	0656	0716	0731	0746	0801	0816	0827	0838	0849	0900		
Dagenham Heathway Station	0420	0440	0500	0520	0540	0601	0621	0641	0701	0721	0736	0751	0806	0821	0832	0843	0855	0906		
Becontree Heath *Ship & Anchor*	0426	0446	0506	0526	0546	0607	0627	0648	0708	0728	0743	0758	0813	0828	0839	0851	0903	0914		
Queen's Hospital	0432	0452	0512	0532	0553	0614	0634	0655	0716	0736	0751	0806	0821	0836	0848	0900	0912	0923		
Romford Station	0435	0455	0515	0535	0556	0617	0637	0659	0720	0740	0755	0810	0825	0840	0852	0904	0916	0928		
Romford Market *St Edward's Way*	0438	0458	0518	0538	0559	0620	0640	0702	0723	0743	0758	0813	0828	0843	0855	0907	0919	0931		
Romford *North Street (The Squire)*	0440	0500	0520	0540	0601	0622	0643	0705	0726	0746	0801	0816	0831	0846	0858	0910	0922	0934		
Collier Row *Chase Cross Road*	0443	0503	0523	0543	0605	0626	0648	0710	0731	0751	0806	0821	0836	0852	0904	0916	0928	0940		
Hillrise Estate *Hillrise Road*	0446	0506	0526	0546	0608	0629	0651	0713	0735	0755	0810	0825	0840	0856	0908	0920	0932	0944		
Dagenham *Oval Road South*	0911	0922	0933	0945	0955	1006	1017	1029	1041	1053	1105	1116	1128	1139	1149	1201	1212	1224		
Dagenham *New Road/Kent Avenue*	0912	0923	0934	0946	0956	1007	1018	1030	1042	1054	1106	1117	1129	1140	1150	1202	1213	1225		
Dagenham Heathway Station	0918	0929	0940	0952	1003	1015	1026	1038	1051	1103	1115	1126	1138	1150	1200	1213	1224	1236		
Becontree Heath *Ship & Anchor*	0926	0937	0948	1000	1012	1024	1035	1047	1100	1113	1125	1136	1148	1200	1210	1224	1235	1247		
Queen's Hospital	0935	0946	0958	1010	1022	1034	1046	1058	1111	1124	1137	1148	1201	1213	1223	1237	1248	1300		
Romford Station	0940	0951	1003	1015	1027	1039	1051	1103	1116	1129	1142	1153	1206	1218	1228	1242	1253	1305		
Romford Market *St Edward's Way*	0943	0955	1007	1019	1031	1043	1055	1107	1120	1133	1146	1157	1210	1222	1232	1246	1257	1309		
Romford *North Street (The Squire)*	0946	0958	1010	1022	1034	1046	1058	1110	1123	1137	1150	1201	1214	1226	1236	1250	1301	1313		
Collier Row *Chase Cross Road*	0952	1004	1016	1028	1040	1052	1104	1117	1130	1144	1157	1208	1221	1233	1243	1257	1308	1320		
Hillrise Estate *Hillrise Road*	0956	1008	1020	1032	1044	1056	1108	1121	1134	1148	1202	1213	1226	1238	1248	1302	1313	1325		
Dagenham *Oval Road South*	1236	1248	1300	1312	1324	1336	1348	1400	1412	1424	1436	1448	1500	1512	1524	1536		1712		
Dagenham *New Road/Kent Avenue*	1237	1249	1301	1313	1325	1337	1349	1401	1413	1425	1437	1449	1501	1513	1525	1537		1713		
Dagenham Heathway Station	1248	1300	1312	1324	1336	1347	1359	1411	1423	1435	1447	1459	1511	1523	1534	1546	*Then*	1722		
Becontree Heath *Ship & Anchor*	1259	1310	1322	1334	1346	1357	1409	1421	1433	1445	1457	1509	1521	1533	1544	1555	*every*	1731		
Queen's Hospital	1312	1323	1335	1347	1359	1410	1421	1433	1445	1457	1508	1520	1532	1543	1554	1605	*12*	1741		
Romford Station	1317	1328	1340	1352	1404	1415	1426	1438	1450	1502	1513	1525	1537	1548	1559	1610	*mins.*	1746		
Romford Market *St Edward's Way*	1321	1332	1344	1356	1408	1419	1430	1442	1454	1506	1517	1529	1541	1552	1603	1614	*until*	1750		
Romford *North Street (The Squire)*	1325	1336	1348	1400	1412	1423	1434	1446	1458	1510	1521	1533	1545	1556	1607	1618		1754		
Collier Row *Chase Cross Road*	1332	1343	1355	1407	1419	1430	1441	1453	1505	1517	1528	1540	1552	1603	1614	1625		1801		
Hillrise Estate *Hillrise Road*	1337	1348	1400	1412	1424	1435	1446	1458	1510	1522	1533	1545	1557	1608	1619	1630		1806		
Dagenham *Oval Road South*	1725	1737	1749	1802	1814	1830	1845	1900	1916	1931	1946	2001	2016	2032	2048	2103	2119	2135		
Dagenham *New Road/Kent Avenue*	1726	1738	1750	1803	1815	1831	1846	1901	1917	1932	1947	2002	2017	2033	2049	2104	2120	2136		
Dagenham Heathway Station	1735	1747	1759	1812	1824	1840	1855	1910	1926	1940	1955	2009	2024	2039	2055	2110	2126	2141		
Becontree Heath *Ship & Anchor*	1744	1756	1808	1821	1833	1849	1904	1919	1935	1949	2004	2018	2032	2047	2103	2118	2133	2148		
Queen's Hospital	1754	1806	1818	1831	1843	1858	1913	1928	1944	1958	2013	2026	2040	2055	2111	2126	2141	2156		
Romford Station	1759	1811	1823	1836	1848	1903	1918	1933	1949	2002	2017	2030	2044	2059	2115	2130	2145	2200		
Romford Market *St Edward's Way*	1803	1815	1827	1840	1852	1907	1922	1937	1952	2005	2020	2033	2047	2102	2118	2133	2148	2203		
Romford *North Street (The Squire)*	1806	1818	1830	1843	1855	1910	1925	1940	1955	2008	2023	2036	2050	2105	2121	2136	2151	2206		
Collier Row *Chase Cross Road*	1813	1825	1837	1849	1901	1916	1931	1946	2001	2014	2029	2042	2056	2111	2126	2141	2156	2211		
Hillrise Estate *Hillrise Road*	1818	1829	1841	1853	1905	1920	1935	1950	2005	2018	2033	2046	2100	2115	2130	2145	2200	2215		
Dagenham *Oval Road South*	2150	2205	2220	2235	2250	2305	2320	2335	2350	0005	0020	0035	0050							
Dagenham *New Road/Kent Avenue*	2151	2206	2221	2236	2251	2306	2321	2336	2351	0006	0021	0036	0051							
Dagenham Heathway Station	2156	2211	2226	2241	2256	2311	2326	2341	2356	0011	0026	0041	0055							
Becontree Heath *Ship & Anchor*	2203	2218	2233	2248	2303	2318	2333	2348	0002	0017	0032	0047	0101							
Queen's Hospital	2211	2226	2241	2255	2310	2325	2340	2355	0009	0024	0039	0053	0107							
Romford Station	2215	2230	2245	2259	2314	2329	2344	2359	0013	0028	0043	0057	0111							
Romford Market *St Edward's Way*	2218	2233	2248	2302	2317	2332	2347	0002	0016	0031	0046	0100	0114							
Romford *North Street (The Squire)*	2221	2236	2251	2305	2320	2335	2350	0005	0019	0034	0048	0102	0116							
Collier Row *Chase Cross Road*	2226	2241	2256	2310	2325	2340	2355	0010	0024	0039	0053	0107	0121							
Hillrise Estate *Hillrise Road*	2230	2245	2300	2314	2329	2344	2359	0014	0028	0043	0057	0111	0125							

175	Sundays and other Public Holidays (except Christmas Day)																			
Dagenham *Oval Road South*	0605			0825	0845	0900	0915	0930	0945	0959	1014	1028	1041	1056	1111	1126	1141	1156		
Dagenham *New Road/Kent Avenue*	0606			0826	0846	0901	0916	0931	0946	1000	1015	1029	1042	1057	1112	1127	1142	1157		
Dagenham Heathway Station	0611			0831	0851	0906	0921	0937	0952	1006	1021	1036	1049	1104	1119	1134	1150	1205		
Becontree Heath *Ship & Anchor*	0618	*Then*		0838	0858	0913	0928	0945	1000	1014	1029	1044	1058	1113	1128	1143	1159	1215		
Queen's Hospital	0625	*every 20*		0845	0906	0921	0936	0954	1009	1023	1038	1053	1108	1123	1138	1153	1209	1225		
Romford Station	0629	*minutes*		0849	0910	0925	0940	0958	1013	1027	1042	1057	1112	1127	1142	1157	1213	1230		
Romford Market *St Edward's Way*	0632	*until*		0852	0913	0928	0943	1001	1016	1031	1046	1101	1116	1131	1146	1201	1217	1234		
Romford *North Street (The Squire)*	0634			0854	0915	0931	0946	1004	1019	1034	1049	1104	1119	1134	1150	1205	1221	1238		
Collier Row *Chase Cross Road*	0639			0859	0920	0936	0951	1009	1024	1040	1055	1110	1125	1140	1156	1211	1228	1245		
Hillrise Estate *Hillrise Road*	0643			0903	0924	0940	0955	1013	1028	1044	1059	1114	1129	1144	1200	1216	1233	1250		
Dagenham *Oval Road South*	1211	1226	1241	1256	1311	1326	1341	1357	1412	1428	1443	1459	1514	1530	1545	1600	1615	1630		
Dagenham *New Road/Kent Avenue*	1212	1227	1242	1257	1312	1327	1342	1358	1413	1429	1444	1500	1515	1531	1546	1601	1616	1631		
Dagenham Heathway Station	1221	1236	1251	1306	1321	1336	1351	1407	1422	1438	1453	1509	1524	1539	1554	1609	1624	1639		
Becontree Heath *Ship & Anchor*	1231	1246	1301	1316	1331	1346	1401	1417	1432	1447	1502	1518	1533	1548	1603	1617	1632	1647		
Queen's Hospital	1241	1256	1312	1327	1342	1357	1412	1427	1442	1457	1512	1528	1542	1557	1612	1626	1641	1656		
Romford Station	1246	1302	1318	1333	1348	1403	1417	1432	1447	1502	1517	1533	1547	1602	1617	1631	1645	1700		
Romford Market *St Edward's Way*	1250	1306	1322	1337	1352	1407	1421	1436	1451	1506	1521	1537	1551	1606	1621	1635	1649	1704		
Romford *North Street (The Squire)*	1254	1310	1326	1341	1356	1411	1425	1440	1455	1510	1525	1540	1554	1609	1624	1638	1652	1707		
Collier Row *Chase Cross Road*	1301	1317	1333	1348	1403	1418	1432	1447	1502	1517	1532	1547	1600	1615	1630	1644	1658	1713		
Hillrise Estate *Hillrise Road*	1306	1322	1338	1353	1408	1423	1437	1452	1506	1521	1536	1551	1604	1619	1634	1648	1702	1717		
Dagenham *Oval Road South*	1645	1700	1715	1730	1745	1800	1815	1830	1845	1900	1915	1930	1945	2000	2015	2030	2045	2100		
Dagenham *New Road/Kent Avenue*	1646	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2001	2016	2031	2046	2101		
Dagenham Heathway Station	1654	1708	1723	1738	1753	1807	1822	1837	1852	1907	1922	1937	1952	2007	2021	2036	2051	2106		
Becontree Heath *Ship & Anchor*	1702	1716	1731	1746	1801	1815	1830	1845	1900	1915	1930	1945	2000	2015	2029	2043	2058	2113		
Queen's Hospital	1711	1725	1740	1754	1809	1823	1838	1853	1908	1923	1938	1953	2008	2023	2037	2051	2105	2120		
Romford Station	1715	1729	1744	1758	1813	1827	1842	1857	1912	1927	1942	1957	2012	2027	2041	2055	2109	2124		
Romford Market *St Edward's Way*	1719	1733	1747	1801	1816	1830	1845	1900	1915	1930	1945	2000	2015	2030	2044	2058	2112	2127		
Romford *North Street (The Squire)*	1722	1736	1750	1804	1819	1833	1848	1903	1918	1933	1948	2003	2018	2033	2047	2101	2115	2130		
Collier Row *Chase Cross Road*	1728	1742	1756	1810	1825	1839	1854	1909	1924	1939	1953	2008	2023	2038	2052	2106	2120	2135		
Hillrise Estate *Hillrise Road*	1732	1746	1800	1814	1829	1843	1858	1913	1928	1943	1957	2012	2027	2042	2056	2110	2124	2139		
Dagenham *Oval Road South*	2115	2130	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045					
Dagenham *New Road/Kent Avenue*	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0001	0016	0031	0046					
Dagenham Heathway Station	2121	2136	2151	2206	2221	2236	2251	2305	2320	2335	2350	0005	0020	0035	0050					
Becontree Heath *Ship & Anchor*	2128	2143	2158	2212	2227	2242	2257	2311	2326	2341	2356	0011	0025	0040	0055					
Queen's Hospital	2135	2150	2205	2219	2234	2249	2304	2318	2332	2347	0002	0017	0031	0046	0101					
Romford Station	2139	2154	2209	2223	2238	2253	2308	2322	2336	2351	0006	0020	0034	0049	0104					
Romford Market *St Edward's Way*	2142	2157	2212	2226	2241	2256	2311	2325	2339	2354	0009	0023	0037	0052	0107					
Romford *North Street (The Squire)*	2145	2200	2215	2229	2244	2258	2313	2327	2341	2356	0011	0025	0039	0054	0109					
Collier Row *Chase Cross Road*	2150	2205	2220	2234	2249	2303	2318	2332	2346	0001	0016	0030	0044	0058	0113					
Hillrise Estate *Hillrise Road*	2154	2209	2224	2238	2253	2307	2322	2336	2350	0005	0019	0033	0047	0101	0116					