

175 Mondays to Fridays																		
Hillrise Estate Hillrise Road	0430	0450	0510	0530	0550	0610	0622	0634	0646	0657	0708	0719	0730	0740	0750	0800	0810	0822
Collier Row Collier Row Lane	0433	0453	0513	0533	0553	0613	0626	0639	0651	0702	0713	0724	0736	0746	0756	0807	0817	0829
Romford North Street Bus Garage	0438	0458	0518	0538	0558	0618	0633	0646	0658	0709	0720	0732	0744	0755	0807	0819	0831	0843
Romford Market St Edward's Way	0441	0501	0521	0541	0601	0621	0636	0649	0701	0712	0723	0735	0747	0758	0810	0822	0834	0846
Romford Station	0444	0504	0524	0544	0604	0624	0639	0652	0704	0715	0726	0739	0751	0802	0814	0826	0838	0850
Queen's Hospital	0447	0507	0527	0547	0607	0627	0642	0655	0707	0718	0729	0742	0754	0806	0818	0830	0842	0854
Becontree Heath Ship & Anchor	0455	0515	0535	0555	0615	0635	0651	0705	0717	0728	0740	0753	0805	0817	0829	0841	0853	0905
Dagenham Heathway Station	0502	0522	0542	0602	0622	0642	0658	0712	0724	0736	0749	0802	0815	0827	0839	0851	0903	0915
Dagenham New Road/Kent Avenue	0505	0525	0545	0605	0625	0646	0702	0716	0728	0740	0753	0806	0819	0831	0843	0855	0907	0919
Hillrise Estate Hillrise Road	0834	0846	0858	0910	0922	0934	0946	0958	Then every 12 minutes until	1422	1433	1444	1455	1506	Then every 12 minutes until	1742		
Collier Row Collier Row Lane	0841	0853	0905	0917	0928	0939	0951	1003		1427	1438	1449	1500	1511		1747		
Romford North Street Bus Garage	0855	0907	0919	0929	0939	0949	1000	1010		1434	1445	1456	1507	1518		1754		
Romford Market St Edward's Way	0858	0910	0922	0932	0942	0952	1003	1013		1437	1448	1459	1510	1522		1758		
Romford Station	0902	0914	0926	0936	0946	0956	1007	1017		1441	1452	1503	1515	1527		1803		
Queen's Hospital	0906	0918	0930	0940	0950	1000	1011	1021		1445	1456	1507	1519	1531		1807		
Becontree Heath Ship & Anchor	0917	0928	0940	0950	1000	1010	1021	1031		1455	1507	1519	1531	1543		1819		
Dagenham Heathway Station	0927	0938	0950	1000	1010	1020	1031	1041		1505	1517	1529	1541	1553		1829		
Dagenham New Road/Kent Avenue	0931	0942	0954	1004	1014	1024	1035	1045		1509	1521	1533	1545	1557		1833		
Hillrise Estate Hillrise Road	1754	1806	1818	1830	1842	1857	1912	1932	1952	2012	2033	2053	2114	2135	Then every 20 minutes until	2355		
Collier Row Collier Row Lane	1759	1811	1823	1835	1847	1902	1917	1936	1956	2016	2037	2057	2118	2138		2358		
Romford North Street Bus Garage	1806	1818	1830	1842	1854	1909	1924	1942	2002	2022	2043	2103	2123	2143		0003		
Romford Market St Edward's Way	1810	1822	1833	1845	1857	1912	1927	1945	2005	2025	2046	2106	2126	2146		0006		
Romford Station	1815	1827	1838	1850	1902	1916	1931	1949	2009	2029	2049	2109	2129	2149		0009		
Queen's Hospital	1819	1831	1842	1854	1906	1920	1935	1953	2013	2033	2053	2112	2132	2152		0012		
Becontree Heath Ship & Anchor	1831	1841	1852	1904	1916	1930	1944	2002	2022	2042	2102	2121	2141	2201		0021		
Dagenham Heathway Station	1839	1849	1900	1912	1924	1938	1952	2010	2030	2050	2109	2128	2148	2208		0028		
Dagenham New Road/Kent Avenue	1843	1853	1904	1916	1928	1942	1956	2014	2034	2054	2113	2132	2152	2212		0032		
175 Saturdays (also Good Friday)																		
Hillrise Estate Hillrise Road	0430	Then every 20 mins. until	0710	0725	0740	0755	0810	0825	0836	0847	0858	0909	0919	0930	0940	0951	1001	1013
Collier Row Collier Row Lane	0433		0713	0728	0743	0758	0813	0828	0839	0850	0902	0913	0923	0934	0944	0955	1006	1018
Romford North Street Bus Garage	0438		0718	0733	0748	0803	0818	0833	0844	0856	0908	0919	0929	0941	0951	1002	1014	1026
Romford Market St Edward's Way	0441		0721	0736	0751	0806	0821	0836	0847	0859	0911	0922	0933	0945	0955	1006	1018	1030
Romford Station	0444		0724	0739	0754	0809	0824	0839	0850	0902	0914	0925	0937	0949	0959	1011	1023	1035
Queen's Hospital	0447		0727	0742	0757	0812	0827	0842	0853	0905	0917	0928	0940	0952	1003	1015	1027	1039
Becontree Heath Ship & Anchor	0455		0735	0750	0805	0820	0835	0850	0902	0914	0926	0938	0950	1002	1014	1026	1038	1050
Dagenham Heathway Station	0502		0742	0757	0812	0827	0842	0857	0910	0922	0934	0946	0958	1010	1022	1034	1046	1058
Dagenham New Road/Kent Avenue	0505		0745	0800	0816	0831	0846	0901	0914	0926	0938	0950	1002	1014	1026	1038	1050	1102
Hillrise Estate Hillrise Road	1024	Then every 12 mins. until	1648	1700	1712	1724	1736	1748	1800	1812	1825	1840	1855	1915	1935	1955	Then every 20 mins. until	2355
Collier Row Collier Row Lane	1029		1653	1705	1717	1729	1741	1753	1804	1816	1829	1844	1859	1918	1938	1958		2358
Romford North Street Bus Garage	1038		1702	1713	1725	1737	1749	1801	1811	1823	1835	1850	1905	1924	1943	2003		0003
Romford Market St Edward's Way	1042		1706	1717	1729	1741	1753	1805	1815	1827	1838	1853	1908	1927	1946	2006		0006
Romford Station	1047		1711	1722	1734	1746	1758	1810	1820	1832	1843	1857	1912	1931	1950	2009		0009
Queen's Hospital	1051		1715	1726	1738	1750	1802	1814	1824	1836	1847	1901	1915	1934	1953	2012		0012
Becontree Heath Ship & Anchor	1102		1726	1737	1749	1801	1812	1824	1834	1846	1857	1910	1924	1943	2002	2021		0021
Dagenham Heathway Station	1110		1734	1745	1757	1808	1819	1831	1841	1853	1904	1917	1931	1950	2009	2028		0028
Dagenham New Road/Kent Avenue	1115		1739	1750	1802	1812	1823	1835	1845	1857	1908	1921	1935	1954	2013	2032		0032
175 Sundays and other Public Holidays (except Christmas Day)																		
Hillrise Estate Hillrise Road	0555	0625	0655	0725	0755	0825	0855	0915	0935	0955	1014	1031	1050	1110	1130	Then every 20 minutes until	1610	
Collier Row Collier Row Lane	0558	0628	0658	0728	0758	0828	0858	0918	0938	0958	1017	1035	1054	1114	1134		1614	
Romford North Street Bus Garage	0603	0633	0703	0733	0803	0833	0903	0923	0943	1003	1023	1042	1101	1121	1142		1622	
Romford Market St Edward's Way	0606	0636	0706	0736	0806	0836	0906	0926	0947	1007	1027	1046	1105	1125	1146		1626	
Romford Station	0609	0639	0709	0739	0809	0839	0909	0929	0950	1010	1030	1050	1109	1129	1150		1630	
Queen's Hospital	0611	0641	0711	0741	0811	0841	0911	0931	0953	1013	1033	1053	1113	1133	1154		1634	
Becontree Heath Ship & Anchor	0619	0649	0719	0749	0819	0849	0920	0941	1003	1023	1043	1103	1123	1143	1204		1644	
Dagenham Heathway Station	0625	0655	0725	0755	0825	0855	0927	0948	1011	1031	1051	1111	1131	1151	1212		1652	
Dagenham New Road/Kent Avenue	0628	0658	0728	0758	0828	0859	0931	0952	1015	1036	1056	1116	1136	1156	1217		1657	
Hillrise Estate Hillrise Road	1630	1650	1710	1730	1750	1810	1825	1840	1855	Then every 20 minutes until	2355							
Collier Row Collier Row Lane	1634	1654	1713	1733	1753	1813	1828	1843	1858		2358							
Romford North Street Bus Garage	1642	1702	1721	1740	1800	1819	1834	1848	1903		0003							
Romford Market St Edward's Way	1646	1706	1725	1744	1803	1822	1837	1851	1906		0006							
Romford Station	1650	1709	1728	1747	1806	1825	1840	1854	1909		0009							
Queen's Hospital	1654	1713	1732	1751	1810	1829	1843	1857	1912		0012							
Becontree Heath Ship & Anchor	1704	1723	1741	1800	1819	1838	1852	1906	1921		0021							
Dagenham Heathway Station	1712	1731	1749	1807	1826	1845	1859	1913	1928		0028							
Dagenham New Road/Kent Avenue	1716	1735	1753	1811	1830	1849	1903	1917	1932		0032							

