

180	Mondays to Fridays																	
Belvedere Industrial Area	0440	0500	0520	0540	0552	0604	0614	0622	0632	0642	0650	0659	0708	0717	0726	0735	0744	0754
Yarnton Way <i>Alsike Road</i>	0446	0506	0526	0547	0559	0611	0621	0629	0639	0649	0657	0706	0715	0725	0734	0743	0752	0802
Abbey Wood Station	0451	0511	0531	0552	0604	0616	0626	0634	0644	0654	0702	0711	0720	0730	0739	0748	0758	0808
Plumstead Station	0501	0521	0542	0603	0615	0627	0637	0646	0656	0706	0715	0724	0734	0744	0753	0803	0813	0824
Woolwich <i>Plumstead Road</i>	0503	0523	0545	0606	0618	0630	0640	0649	0659	0709	0719	0728	0738	0748	0758	0808	0818	0829
Charlton Station <i>Woolwich Road</i>	0509	0529	0552	0613	0625	0638	0648	0658	0708	0718	0728	0738	0748	0758	0808	0818	0828	0839
East Greenwich <i>Ship &amp; Billet</i>	0513	0534	0557	0619	0631	0645	0656	0707	0717	0727	0737	0747	0757	0807	0817	0827	0837	0847
Greenwich <i>Nelson Road</i>	0517	0539	0602	0626	0639	0653	0704	0717	0729	0739	0749	0759	0809	0819	0829	0839	0849	0859
Lewisham <i>Molesworth Street</i>	0524	0546	0609	0633	0647	0703	0714	0727	0739	0749	0800	0810	0820	0830	0840	0850	0900	0910
Belvedere Industrial Area	0804	0814	0824	0834	0844	0854	0904	0914	0924	Then every 10 minutes until	1104	1114	Then every 10 minutes until	1204	1214	1224		
Yarnton Way <i>Alsike Road</i>	0812	0822	0832	0842	0852	0902	0912	0922	0932		1112	1122		1212	1222	1232		
Abbey Wood Station	0818	0828	0838	0848	0858	0908	0918	0928	0938		1118	1128		1218	1228	1238		
Plumstead Station	0834	0844	0854	0904	0914	0922	0932	0942	0951		1131	1141		1231	1241	1251		
Woolwich <i>Plumstead Road</i>	0839	0849	0859	0908	0918	0926	0936	0946	0955		1135	1145		1235	1245	1255		
Charlton Station <i>Woolwich Road</i>	0849	0859	0909	0918	0928	0936	0946	0956	1005		1145	1155		1245	1255	1305		
East Greenwich <i>Ship &amp; Billet</i>	0857	0907	0917	0926	0936	0943	0953	1003	1012		1152	1202		1252	1302	1312		
Greenwich <i>Nelson Road</i>	0909	0918	0928	0937	0945	0952	1002	1012	1021		1201	1210		1300	1309	1319		
Lewisham <i>Molesworth Street</i>	0920	0929	0939	0948	0956	1003	1013	1023	1032	1212	1221	1311	1320	1330				
Belvedere Industrial Area	1234	1244	1254	1303	1313	1323	1332	1341	1350	1400	1409	1418	1427	1437	1446	1454	1503	1513
Yarnton Way <i>Alsike Road</i>	1242	1252	1302	1311	1321	1331	1340	1349	1358	1408	1417	1426	1435	1445	1454	1502	1512	1522
Abbey Wood Station	1248	1258	1308	1317	1327	1337	1346	1355	1404	1414	1423	1432	1441	1451	1500	1509	1519	1529
Plumstead Station	1301	1311	1321	1330	1340	1350	1359	1408	1417	1427	1436	1446	1455	1505	1515	1525	1535	1545
Woolwich <i>Plumstead Road</i>	1305	1315	1325	1334	1344	1354	1403	1412	1421	1431	1440	1450	1459	1509	1519	1529	1539	1549
Charlton Station <i>Woolwich Road</i>	1315	1325	1335	1344	1354	1404	1413	1422	1431	1441	1450	1500	1509	1519	1529	1539	1549	1559
East Greenwich <i>Ship &amp; Billet</i>	1322	1332	1342	1351	1401	1411	1420	1429	1438	1448	1457	1507	1517	1527	1537	1547	1557	1607
Greenwich <i>Nelson Road</i>	1329	1339	1349	1358	1407	1417	1426	1435	1444	1454	1503	1513	1523	1533	1543	1553	1603	1613
Lewisham <i>Molesworth Street</i>	1340	1350	1400	1409	1418	1428	1437	1447	1456	1506	1516	1526	1536	1546	1556	1606	1616	1626
Belvedere Industrial Area	1523	1533	1543	1553	1603	Then every 10 minutes until	1653	1704	1714	1724	1734	1744	1754	1804	1814	1825	1837	
Yarnton Way <i>Alsike Road</i>	1532	1542	1552	1602	1612		1702	1712	1722	1732	1742	1752	1802	1812	1822	1833	1844	
Abbey Wood Station	1539	1549	1559	1609	1618		1708	1718	1728	1738	1748	1758	1808	1818	1828	1839	1850	
Plumstead Station	1554	1603	1613	1623	1632		1722	1732	1742	1752	1802	1812	1821	1831	1841	1852	1903	
Woolwich <i>Plumstead Road</i>	1558	1607	1617	1627	1636		1726	1736	1746	1756	1806	1816	1825	1835	1845	1856	1907	
Charlton Station <i>Woolwich Road</i>	1608	1617	1627	1637	1646		1736	1746	1756	1806	1816	1826	1835	1844	1854	1905	1916	
East Greenwich <i>Ship &amp; Billet</i>	1615	1624	1634	1644	1653		1743	1753	1803	1813	1823	1832	1841	1850	1900	1911	1922	
Greenwich <i>Nelson Road</i>	1621	1630	1641	1651	1700		1750	1800	1810	1820	1830	1839	1848	1856	1906	1917	1928	
Lewisham <i>Molesworth Street</i>	1634	1643	1654	1704	1714	1804	1814	1824	1834	1844	1853	1901	1909	1917	1928	1939		
Belvedere Industrial Area	1849	1901	1913	1925	1940	1955	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255
Yarnton Way <i>Alsike Road</i>	1856	1908	1920	1932	1947	2002	2017	2032	2047	2102	2117	2132	2147	2202	2217	2232	2247	2302
Abbey Wood Station	1902	1913	1925	1937	1952	2007	2022	2037	2052	2106	2121	2136	2151	2206	2221	2236	2251	2306
Plumstead Station	1914	1925	1937	1948	2003	2018	2033	2048	2103	2116	2131	2146	2201	2216	2231	2246	2301	2315
Woolwich <i>Plumstead Road</i>	1918	1929	1941	1952	2006	2021	2036	2051	2106	2119	2134	2149	2204	2219	2234	2249	2304	2318
Charlton Station <i>Woolwich Road</i>	1927	1938	1949	2000	2014	2029	2044	2059	2113	2126	2141	2156	2211	2226	2241	2256	2311	2325
East Greenwich <i>Ship &amp; Billet</i>	1933	1944	1955	2005	2019	2034	2049	2104	2118	2131	2146	2201	2215	2230	2245	2300	2315	2329
Greenwich <i>Nelson Road</i>	1938	1949	2000	2010	2024	2039	2054	2108	2122	2135	2150	2205	2219	2234	2249	2304	2319	2333
Lewisham <i>Molesworth Street</i>	1948	1959	2009	2019	2033	2048	2103	2117	2131	2144	2158	2212	2226	2241	2256	2311	2326	2340
Belvedere Industrial Area	2310	2325	2340	2355														
Yarnton Way <i>Alsike Road</i>	2316	2331	2346	0001														
Abbey Wood Station	2320	2335	2350	0004														
Plumstead Station	2329	2344	2359	0012														
Woolwich <i>Plumstead Road</i>	2332	2347	0002	0015														
Charlton Station <i>Woolwich Road</i>	2339	2354	0008	0021														
East Greenwich <i>Ship &amp; Billet</i>	2343	2358	0012	0025														
Greenwich <i>Nelson Road</i>	2347	0002	0016	0029														
Lewisham <i>Molesworth Street</i>	2354	0008	0022	0035														

180	Saturdays (also Good Friday)																	
Belvedere Industrial Area	0440	0510	0535	0555	0615	0635	0655	0715	0733	0743	0753	0802	0811	0819	0829	0839	0849	0859
Yarnton Way Alsike Road	0446	0516	0541	0601	0621	0641	0701	0721	0739	0749	0759	0808	0817	0825	0835	0845	0855	0905
Abbey Wood Station	0450	0520	0545	0606	0626	0646	0706	0726	0744	0754	0804	0813	0822	0831	0841	0851	0901	0911
Plumstead Station	0459	0529	0554	0616	0636	0656	0717	0737	0755	0805	0815	0824	0833	0843	0853	0903	0913	0923
Woolwich Plumstead Road	0501	0531	0556	0619	0639	0659	0720	0740	0758	0808	0818	0827	0836	0846	0856	0906	0916	0926
Charlton Station Woolwich Road	0507	0537	0603	0626	0646	0706	0727	0747	0805	0815	0825	0834	0844	0854	0904	0914	0924	0934
East Greenwich Ship & Billet	0511	0541	0607	0630	0650	0711	0732	0752	0811	0821	0831	0840	0850	0900	0910	0920	0930	0940
Greenwich Nelson Road	0515	0545	0611	0634	0654	0715	0736	0756	0815	0825	0836	0845	0855	0906	0916	0926	0936	0946
Lewisham Molesworth Street	0520	0550	0617	0640	0700	0722	0743	0803	0822	0832	0843	0852	0902	0914	0924	0934	0944	0954
Belvedere Industrial Area	0907	0916	0926	0936	0944	0953	1003	1013	1023	1033	1043	1053	1103	Then every 10 minutes until	1153	1203	1213	
Yarnton Way Alsike Road	0913	0922	0932	0942	0950	0959	1009	1019	1029	1039	1049	1059	1110		1200	1210	1220	
Abbey Wood Station	0919	0928	0938	0948	0956	1005	1015	1025	1035	1045	1055	1105	1116		1206	1216	1226	
Plumstead Station	0931	0940	0950	1000	1009	1018	1028	1038	1049	1059	1109	1119	1130		1220	1230	1240	
Woolwich Plumstead Road	0935	0944	0954	1004	1013	1022	1032	1042	1053	1104	1114	1124	1135		1225	1235	1245	
Charlton Station Woolwich Road	0944	0953	1003	1013	1022	1031	1041	1051	1102	1114	1124	1134	1145		1235	1245	1255	
East Greenwich Ship & Billet	0950	0959	1009	1019	1028	1038	1048	1058	1109	1121	1131	1141	1152		1242	1252	1302	
Greenwich Nelson Road	0956	1005	1015	1025	1034	1045	1055	1105	1117	1130	1140	1150	1201		1251	1301	1312	
Lewisham Molesworth Street	1004	1013	1023	1033	1043	1054	1104	1115	1127	1140	1150	1200	1211		1301	1312	1323	
Belvedere Industrial Area	1223	1233	1243	1253	Then every 10 minutes until	1343	1353	1403	1413	1423	1433	1443	1454	1504	1514	1523	1533	
Yarnton Way Alsike Road	1230	1240	1250	1300		1350	1400	1410	1420	1430	1440	1450	1501	1511	1521	1530	1540	
Abbey Wood Station	1236	1246	1256	1306		1356	1406	1416	1426	1436	1446	1456	1506	1516	1526	1535	1545	
Plumstead Station	1250	1300	1310	1321		1411	1420	1430	1440	1450	1500	1510	1519	1529	1539	1548	1558	
Woolwich Plumstead Road	1255	1305	1315	1326		1416	1425	1435	1445	1455	1505	1515	1524	1534	1544	1553	1603	
Charlton Station Woolwich Road	1305	1315	1325	1336		1426	1435	1445	1455	1505	1515	1525	1534	1544	1554	1603	1613	
East Greenwich Ship & Billet	1312	1322	1332	1343		1433	1442	1452	1502	1512	1522	1532	1541	1551	1601	1610	1620	
Greenwich Nelson Road	1322	1332	1342	1353		1443	1452	1502	1511	1521	1531	1541	1550	1600	1609	1618	1628	
Lewisham Molesworth Street	1333	1343	1353	1404		1454	1503	1513	1522	1532	1542	1552	1601	1611	1620	1629	1639	
Belvedere Industrial Area	1543	Then every 10 minutes until	1643	1654	1704	1714	1724	1734	1744	1753	1803	1813	1823	1833	1843	1853	1905	
Yarnton Way Alsike Road	1550		1650	1701	1711	1721	1731	1741	1751	1800	1810	1820	1830	1840	1850	1900	1912	
Abbey Wood Station	1555		1655	1706	1716	1726	1736	1746	1756	1805	1815	1825	1835	1845	1855	1905	1917	
Plumstead Station	1608		1708	1718	1728	1738	1748	1758	1808	1817	1827	1837	1847	1857	1907	1917	1929	
Woolwich Plumstead Road	1612		1712	1722	1732	1742	1752	1802	1812	1821	1831	1841	1851	1901	1910	1920	1932	
Charlton Station Woolwich Road	1622		1722	1732	1742	1752	1802	1812	1821	1830	1840	1850	1900	1910	1919	1929	1941	
East Greenwich Ship & Billet	1629		1729	1739	1749	1759	1809	1819	1828	1837	1847	1857	1906	1916	1925	1935	1947	
Greenwich Nelson Road	1637		1737	1747	1757	1807	1817	1827	1836	1845	1855	1905	1913	1923	1932	1942	1954	
Lewisham Molesworth Street	1648		1748	1758	1808	1818	1828	1838	1846	1855	1905	1915	1923	1933	1942	1952	2003	
Belvedere Industrial Area	1917	1929	1941	1954	2010	2025	2040	2055	2110	2125	2140	2155	2210	2225	2240	2255	2310	2325
Yarnton Way Alsike Road	1924	1936	1948	2001	2016	2031	2046	2101	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331
Abbey Wood Station	1929	1941	1953	2006	2021	2036	2051	2106	2121	2136	2151	2205	2220	2235	2250	2305	2320	2335
Plumstead Station	1941	1953	2005	2018	2033	2048	2103	2118	2133	2147	2202	2216	2231	2246	2301	2314	2329	2344
Woolwich Plumstead Road	1944	1956	2008	2021	2036	2051	2106	2121	2136	2150	2205	2219	2234	2249	2304	2317	2332	2347
Charlton Station Woolwich Road	1953	2005	2016	2029	2044	2059	2114	2129	2144	2158	2213	2227	2242	2257	2311	2324	2339	2354
East Greenwich Ship & Billet	1959	2011	2022	2035	2050	2105	2119	2134	2149	2203	2217	2231	2246	2301	2315	2328	2343	2358
Greenwich Nelson Road	2005	2017	2028	2041	2056	2111	2125	2140	2155	2209	2222	2236	2251	2306	2320	2333	2348	0003
Lewisham Molesworth Street	2014	2026	2037	2050	2105	2120	2134	2149	2204	2218	2230	2244	2259	2314	2328	2341	2356	0010
Belvedere Industrial Area	2340	2355																
Yarnton Way Alsike Road	2346	0001																
Abbey Wood Station	2350	0004																
Plumstead Station	2359	0013																
Woolwich Plumstead Road	0002	0016																
Charlton Station Woolwich Road	0009	0023																
East Greenwich Ship & Billet	0013	0027																
Greenwich Nelson Road	0017	0031																
Lewisham Molesworth Street	0024	0038																

180	Sundays and other Public Holidays (except Christmas Day)																	
Belvedere Industrial Area	0622	0652	0722	0749	0809	0826	0844	0901	0916	0930	0943	0955	1009	1023	1037	1052	1107	1121
Yarnton Way <i>Alsike Road</i>	0628	0658	0728	0755	0815	0832	0850	0908	0923	0937	0950	1002	1016	1030	1044	1059	1114	1128
Abbey Wood Station	0633	0703	0733	0800	0820	0837	0855	0913	0928	0942	0955	1008	1022	1036	1050	1105	1120	1134
Plumstead Station	0643	0713	0743	0811	0831	0848	0906	0925	0940	0954	1008	1021	1035	1049	1103	1118	1133	1147
Woolwich <i>Plumstead Road</i>	0645	0716	0746	0814	0834	0851	0910	0929	0944	0958	1012	1025	1039	1053	1107	1122	1137	1151
Charlton Station <i>Woolwich Road</i>	0651	0723	0753	0822	0842	0859	0918	0937	0952	1007	1021	1034	1048	1102	1116	1131	1146	1200
East Greenwich <i>Ship &amp; Billet</i>	0656	0728	0758	0827	0847	0904	0923	0942	0957	1012	1026	1040	1054	1108	1122	1137	1152	1206
Greenwich <i>Nelson Road</i>	0700	0732	0802	0831	0851	0909	0928	0947	1002	1017	1032	1046	1100	1114	1128	1143	1158	1213
Lewisham <i>Molesworth Street</i>	0706	0738	0809	0838	0858	0916	0936	0955	1010	1025	1040	1055	1110	1124	1138	1153	1209	1224
Belvedere Industrial Area	1135	1149	1204	1218	<i>Then every 15 minutes until</i>	1333	1348	1403	1418	1433	1448	1504	1519	1534	1549	1604	1619	
Yarnton Way <i>Alsike Road</i>	1142	1156	1211	1225		1340	1355	1410	1425	1440	1455	1511	1526	1541	1556	1611	1626	
Abbey Wood Station	1148	1202	1217	1231		1346	1401	1416	1431	1446	1501	1516	1531	1546	1601	1616	1631	
Plumstead Station	1201	1216	1231	1245		1400	1414	1429	1444	1459	1513	1528	1543	1558	1613	1628	1643	
Woolwich <i>Plumstead Road</i>	1205	1220	1235	1249		1404	1418	1433	1448	1503	1517	1532	1547	1602	1616	1631	1646	
Charlton Station <i>Woolwich Road</i>	1215	1230	1245	1259		1414	1428	1443	1458	1512	1526	1541	1556	1611	1625	1640	1655	
East Greenwich <i>Ship &amp; Billet</i>	1222	1237	1252	1306		1421	1435	1450	1505	1519	1533	1548	1603	1617	1631	1646	1701	
Greenwich <i>Nelson Road</i>	1229	1244	1259	1314		1429	1443	1458	1513	1527	1541	1556	1611	1625	1639	1654	1709	
Lewisham <i>Molesworth Street</i>	1240	1255	1311	1326		1441	1455	1510	1525	1539	1553	1608	1623	1637	1651	1706	1720	
Belvedere Industrial Area	1634	1649	1704	1721	1737	1752	1808	1823	1837	1852	1907	1922	1937	1952	2007	2023	2038	2053
Yarnton Way <i>Alsike Road</i>	1641	1656	1711	1728	1744	1759	1815	1830	1844	1859	1913	1928	1943	1958	2013	2029	2044	2059
Abbey Wood Station	1646	1701	1716	1733	1749	1804	1820	1835	1849	1904	1918	1933	1948	2003	2018	2034	2049	2104
Plumstead Station	1658	1713	1728	1745	1801	1816	1832	1847	1901	1915	1929	1944	1959	2014	2029	2045	2100	2114
Woolwich <i>Plumstead Road</i>	1701	1716	1731	1748	1804	1819	1835	1850	1904	1918	1932	1947	2002	2017	2032	2048	2103	2117
Charlton Station <i>Woolwich Road</i>	1710	1725	1740	1757	1812	1827	1843	1858	1912	1926	1940	1955	2010	2025	2040	2056	2110	2124
East Greenwich <i>Ship &amp; Billet</i>	1716	1731	1746	1803	1818	1833	1849	1904	1917	1931	1945	2000	2015	2030	2045	2101	2115	2129
Greenwich <i>Nelson Road</i>	1724	1739	1753	1809	1824	1839	1855	1910	1922	1936	1950	2005	2020	2035	2050	2105	2119	2133
Lewisham <i>Molesworth Street</i>	1735	1750	1804	1819	1834	1849	1905	1920	1931	1945	1959	2013	2028	2043	2058	2113	2127	2141
Belvedere Industrial Area	2108	2123	2138	2154	2209	2224	2239	2255	2310	2325	2340	2355						
Yarnton Way <i>Alsike Road</i>	2114	2129	2144	2200	2215	2230	2245	2301	2316	2331	2346	0001						
Abbey Wood Station	2119	2134	2149	2204	2219	2234	2249	2304	2319	2334	2349	0004						
Plumstead Station	2129	2144	2159	2214	2229	2244	2259	2313	2328	2343	2358	0012						
Woolwich <i>Plumstead Road</i>	2132	2147	2202	2217	2232	2247	2302	2316	2331	2346	0001	0015						
Charlton Station <i>Woolwich Road</i>	2139	2154	2209	2224	2239	2254	2309	2323	2338	2353	0007	0021						
East Greenwich <i>Ship &amp; Billet</i>	2144	2159	2213	2228	2243	2258	2313	2327	2342	2357	0011	0025						
Greenwich <i>Nelson Road</i>	2148	2203	2217	2232	2247	2302	2317	2331	2346	0001	0015	0029						
Lewisham <i>Molesworth Street</i>	2156	2210	2224	2239	2254	2309	2324	2338	2353	0007	0021	0035						

180		Mondays to Fridays																
Lewisham High Street <i>Lewis Grove</i>	0500	0520	0540	0600	0620	0640	0650	0658	0705	0714	0723	Then every 10 minutes until	0813	0823	0833	0843	0853	
Greenwich National Maritime Museum	0508	0528	0549	0610	0630	0652	0703	0712	0721	0730	0740		0830	0840	0849	0859	0909	
East Greenwich Ship & Billet	0511	0531	0552	0613	0634	0656	0707	0716	0725	0735	0745		0835	0845	0854	0904	0914	
Charlton Station <i>Woolwich Road</i>	0515	0535	0556	0617	0639	0701	0713	0722	0731	0741	0751		0841	0851	0900	0910	0920	
Woolwich Arsenal Station	0523	0543	0604	0626	0648	0711	0723	0733	0743	0753	0803		0853	0903	0912	0922	0932	
Plumstead Station	0527	0547	0608	0630	0653	0716	0728	0739	0749	0759	0809		0859	0908	0917	0927	0937	
Abbey Wood Station	0535	0555	0617	0639	0702	0726	0739	0751	0801	0811	0821		0911	0920	0929	0939	0949	
Yarnton Way <i>Alsike Road</i>	0538	0558	0621	0643	0706	0730	0743	0755	0805	0815	0825		0915	0924	0933	0943	0953	
Belvedere Industrial Area	0546	0606	0629	0651	0714	0738	0751	0803	0813	0823	0833	0923	0932	0941	0951	1001		
Lewisham High Street <i>Lewis Grove</i>	0903	0913	0923	0933	Then every 10 minutes until	1133	1143	Then every 10 minutes until	1243	1253	1303	1313	1323	1333	1343	1353		
Greenwich National Maritime Museum	0919	0929	0939	0948		1148	1158		1258	1308	1318	1328	1338	1348	1358	1408		
East Greenwich Ship & Billet	0924	0934	0944	0953		1153	1203		1303	1314	1324	1334	1344	1354	1404	1414		
Charlton Station <i>Woolwich Road</i>	0930	0940	0950	0959		1159	1209		1309	1320	1330	1340	1350	1400	1410	1420		
Woolwich Arsenal Station	0941	0951	1001	1010		1210	1221		1321	1332	1342	1352	1402	1412	1422	1432		
Plumstead Station	0946	0956	1006	1015		1215	1226		1326	1337	1347	1357	1408	1418	1428	1438		
Abbey Wood Station	0958	1008	1018	1027		1227	1238		1338	1349	1359	1409	1420	1430	1440	1451		
Yarnton Way <i>Alsike Road</i>	1002	1012	1022	1031		1231	1242		1342	1353	1403	1413	1424	1434	1444	1455		
Belvedere Industrial Area	1009	1019	1029	1038	1238	1249	1349	1400	1410	1420	1431	1441	1451	1502				
Lewisham High Street <i>Lewis Grove</i>	1402	1411	1420	1429	1438	1447	1457	1507	1517	1527	1536	1545	1555	1605	Then every 10 minutes until	1735	1745	
Greenwich National Maritime Museum	1418	1427	1436	1445	1455	1504	1514	1525	1535	1545	1555	1604	1614	1625		1755	1805	
East Greenwich Ship & Billet	1424	1433	1442	1451	1501	1510	1520	1531	1541	1551	1601	1611	1621	1632		1802	1811	
Charlton Station <i>Woolwich Road</i>	1430	1439	1448	1457	1507	1517	1527	1537	1547	1557	1607	1617	1627	1638		1808	1817	
Woolwich Arsenal Station	1442	1452	1501	1510	1520	1530	1540	1550	1600	1610	1620	1630	1640	1652		1822	1831	
Plumstead Station	1448	1458	1507	1517	1527	1537	1547	1557	1607	1617	1627	1637	1647	1659		1829	1838	
Abbey Wood Station	1501	1511	1521	1531	1541	1551	1601	1611	1621	1631	1641	1651	1701	1713		1843	1851	
Yarnton Way <i>Alsike Road</i>	1505	1515	1525	1535	1545	1555	1605	1615	1625	1635	1645	1655	1705	1717		1847	1855	
Belvedere Industrial Area	1512	1522	1532	1542	1552	1602	1612	1622	1632	1642	1652	1702	1712	1724	1854	1902		
Lewisham High Street <i>Lewis Grove</i>	1755	1805	1815	1825	1835	1845	1855	1905	1915	1927	1939	1951	2003	2018	2033	2048	2103	2118
Greenwich National Maritime Museum	1815	1824	1834	1843	1851	1901	1911	1920	1930	1942	1953	2004	2015	2030	2045	2100	2114	2129
East Greenwich Ship & Billet	1821	1830	1840	1849	1857	1907	1917	1926	1935	1947	1958	2009	2020	2035	2050	2104	2118	2133
Charlton Station <i>Woolwich Road</i>	1827	1836	1846	1855	1903	1913	1923	1932	1941	1953	2004	2014	2025	2040	2055	2109	2123	2138
Woolwich Arsenal Station	1841	1849	1859	1908	1915	1925	1935	1943	1952	2004	2014	2024	2035	2050	2104	2118	2132	2147
Plumstead Station	1848	1856	1906	1914	1921	1931	1941	1949	1958	2009	2019	2029	2040	2055	2109	2123	2137	2152
Abbey Wood Station	1901	1909	1919	1927	1934	1943	1952	2000	2009	2020	2030	2040	2051	2106	2120	2134	2148	2203
Yarnton Way <i>Alsike Road</i>	1905	1913	1923	1931	1938	1947	1956	2004	2013	2024	2034	2044	2055	2110	2124	2138	2152	2207
Belvedere Industrial Area	1912	1920	1930	1938	1945	1954	2003	2011	2020	2031	2041	2051	2102	2117	2131	2145	2159	2213
Lewisham High Street <i>Lewis Grove</i>	2133	2148	2203	2218	2233	2248	2304	2319	2334	2349	0005	0020	0035	0050				
Greenwich National Maritime Museum	2144	2159	2214	2229	2244	2259	2314	2329	2344	2359	0014	0029	0044	0059				
East Greenwich Ship & Billet	2148	2203	2218	2233	2248	2303	2318	2333	2348	0002	0017	0032	0047	0102				
Charlton Station <i>Woolwich Road</i>	2153	2208	2223	2238	2253	2308	2323	2338	2353	0006	0021	0036	0051	0106				
Woolwich Arsenal Station	2202	2217	2232	2247	2302	2316	2331	2346	0001	0014	0029	0044	0059	0114				
Plumstead Station	2207	2222	2237	2252	2306	2320	2335	2350	0005	0018	0033	0048	0103	0118				
Abbey Wood Station	2217	2232	2247	2302	2315	2329	2344	2359	0013	0026	0041	0056	0111	0126				
Yarnton Way <i>Alsike Road</i>	2221	2236	2251	2306	2319	2333	2348	0003	0017	0030	0045	0100	0115	0130				
Belvedere Industrial Area	2227	2242	2257	2312	2325	2339	2354	0009	0023	0036	0051	0106	0121	0136				

180		Saturdays (also Good Friday)																			
Lewisham High Street Lewis Grove	0500	0530	0600	0630	0650	0710	0730	0750	0800	0812	0822	0831	0840	0850	0858	0907	0916	0926			
Greenwich National Maritime Museum	0508	0538	0609	0639	0659	0719	0739	0759	0811	0823	0833	0842	0851	0901	0910	0919	0929	0939			
East Greenwich Ship & Billet	0511	0541	0612	0642	0702	0723	0743	0803	0815	0827	0838	0847	0856	0906	0915	0924	0934	0944			
Charlton Station Woolwich Road	0515	0545	0616	0646	0707	0728	0748	0808	0820	0832	0843	0852	0901	0911	0920	0929	0939	0949			
Woolwich Arsenal Station	0523	0553	0624	0654	0715	0736	0756	0816	0828	0841	0852	0901	0911	0921	0930	0940	0950	1000			
Plumstead Station	0527	0557	0628	0658	0719	0740	0800	0820	0832	0845	0856	0906	0916	0926	0935	0945	0955	1005			
Abbey Wood Station	0535	0605	0636	0706	0727	0748	0809	0829	0841	0854	0905	0915	0925	0935	0945	0955	1005	1015			
Yarnton Way Alsike Road	0538	0608	0639	0709	0730	0751	0812	0832	0844	0857	0909	0919	0929	0939	0949	0959	1009	1019			
Belvedere Industrial Area	0545	0615	0646	0716	0737	0758	0819	0839	0851	0904	0916	0926	0936	0946	0956	1006	1016	1026			
Lewisham High Street Lewis Grove	0936	0945	0954	1004	1014	1023	1033	1043	1053	1103	1113	1123	1133	1142	1152	1202	1212	1223			
Greenwich National Maritime Museum	0949	0958	1007	1017	1027	1037	1047	1057	1107	1118	1128	1138	1148	1157	1207	1217	1227	1238			
East Greenwich Ship & Billet	0954	1003	1012	1022	1032	1042	1052	1102	1112	1123	1133	1143	1153	1202	1212	1222	1232	1243			
Charlton Station Woolwich Road	0959	1009	1018	1028	1038	1048	1058	1108	1118	1129	1139	1149	1159	1209	1219	1229	1239	1250			
Woolwich Arsenal Station	1010	1020	1029	1039	1049	1059	1110	1120	1130	1141	1151	1201	1211	1221	1231	1241	1251	1302			
Plumstead Station	1015	1025	1034	1044	1054	1104	1115	1125	1135	1146	1156	1207	1217	1227	1237	1247	1257	1308			
Abbey Wood Station	1025	1035	1045	1055	1105	1116	1127	1137	1147	1158	1208	1219	1229	1239	1249	1259	1309	1320			
Yarnton Way Alsike Road	1029	1039	1049	1059	1109	1120	1131	1141	1151	1202	1212	1223	1233	1243	1253	1303	1313	1324			
Belvedere Industrial Area	1036	1046	1056	1107	1117	1128	1139	1149	1159	1210	1220	1231	1241	1251	1301	1311	1321	1332			
Lewisham High Street Lewis Grove	1233	1243	1253	1303	Then every 10 minutes until	1403	1414	1424	1434	Then every 10 mins. until	1554	1603	1612	1622	1631	1641	1650				
Greenwich National Maritime Museum	1248	1258	1309	1320		1420	1431	1441	1451		1611	1620	1629	1639	1648	1658	1707				
East Greenwich Ship & Billet	1253	1304	1315	1326		1426	1437	1447	1457		1617	1626	1635	1645	1654	1704	1713				
Charlton Station Woolwich Road	1300	1311	1322	1333		1433	1444	1454	1503		1623	1632	1641	1651	1700	1710	1719				
Woolwich Arsenal Station	1313	1324	1335	1346		1446	1457	1507	1516		1636	1645	1654	1704	1713	1723	1732				
Plumstead Station	1319	1330	1341	1352		1452	1503	1513	1522		1642	1651	1700	1710	1719	1729	1738				
Abbey Wood Station	1331	1342	1353	1404		1504	1515	1525	1534		1654	1703	1712	1722	1731	1741	1750				
Yarnton Way Alsike Road	1335	1346	1357	1408		1508	1519	1529	1538		1658	1707	1716	1726	1735	1745	1754				
Belvedere Industrial Area	1343	1354	1405	1416		1516	1527	1537	1546		1706	1715	1724	1734	1743	1753	1802				
Lewisham High Street Lewis Grove	1700	1710	1720	1730	1740	1750	1800	1810	1820	1830	1840	1852	1904	1919	1934	1949	2004	2019			
Greenwich National Maritime Museum	1717	1727	1737	1747	1757	1807	1816	1826	1836	1845	1855	1907	1918	1933	1948	2003	2017	2032			
East Greenwich Ship & Billet	1723	1733	1743	1753	1803	1813	1822	1832	1842	1851	1901	1912	1923	1938	1953	2007	2021	2036			
Charlton Station Woolwich Road	1729	1739	1749	1759	1809	1819	1828	1838	1848	1857	1907	1918	1929	1944	1958	2012	2026	2041			
Woolwich Arsenal Station	1742	1752	1802	1812	1821	1831	1840	1849	1859	1908	1918	1929	1940	1955	2009	2023	2037	2052			
Plumstead Station	1748	1758	1807	1817	1826	1836	1845	1854	1904	1913	1923	1934	1945	2000	2014	2028	2042	2057			
Abbey Wood Station	1800	1810	1819	1829	1838	1848	1857	1906	1916	1925	1935	1946	1957	2012	2026	2040	2054	2109			
Yarnton Way Alsike Road	1804	1814	1823	1833	1842	1852	1901	1910	1920	1929	1939	1950	2001	2016	2030	2044	2058	2113			
Belvedere Industrial Area	1812	1822	1831	1841	1850	1900	1908	1917	1927	1936	1946	1957	2008	2023	2037	2051	2105	2120			
Lewisham High Street Lewis Grove	2034	2049	2104	2119	2134	2149	2204	2219	2234	2250	2305	2320	2335	2350	0005	0020	0035	0050			
Greenwich National Maritime Museum	2047	2102	2116	2131	2146	2201	2216	2231	2246	2301	2316	2331	2346	0001	0015	0030	0045	0100			
East Greenwich Ship & Billet	2051	2106	2120	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0005	0019	0034	0049	0104			
Charlton Station Woolwich Road	2056	2111	2125	2140	2155	2210	2225	2240	2255	2310	2325	2340	2355	0010	0024	0039	0054	0109			
Woolwich Arsenal Station	2107	2121	2135	2150	2205	2220	2235	2250	2305	2320	2335	2350	0005	0019	0033	0048	0103	0118			
Plumstead Station	2112	2126	2140	2155	2210	2225	2240	2255	2309	2324	2339	2354	0009	0023	0037	0052	0107	0122			
Abbey Wood Station	2123	2137	2151	2206	2220	2235	2250	2305	2319	2334	2349	0004	0018	0032	0046	0101	0116	0131			
Yarnton Way Alsike Road	2127	2141	2155	2210	2224	2239	2254	2309	2323	2338	2353	0008	0022	0036	0050	0105	0120	0135			
Belvedere Industrial Area	2134	2148	2202	2217	2231	2246	2301	2315	2329	2344	2359	0014	0028	0042	0056	0111	0126	0141			

180		Sundays and other Public Holidays (except Christmas Day)																
Lewisham High Street <i>Lewis Grove</i>	0715	0745	0815	0845	0905	0924	0942	0956	1010	1024	1038	1052	1107	1122	1137	1152	1206	1221
Greenwich National Maritime Museum	0724	0754	0824	0854	0915	0934	0953	1007	1022	1036	1050	1104	1121	1136	1151	1206	1221	1236
East Greenwich Ship & Billet	0727	0757	0828	0858	0919	0938	0957	1012	1027	1041	1055	1109	1126	1141	1156	1211	1226	1241
Charlton Station <i>Woolwich Road</i>	0731	0801	0832	0902	0923	0943	1002	1017	1032	1046	1100	1115	1132	1147	1202	1217	1232	1247
Woolwich Arsenal Station	0740	0810	0841	0911	0932	0952	1012	1027	1042	1056	1111	1126	1143	1158	1214	1229	1244	1259
Plumstead Station	0744	0814	0845	0915	0937	0957	1017	1032	1047	1101	1116	1131	1148	1203	1219	1234	1249	1305
Abbey Wood Station	0752	0823	0854	0924	0946	1006	1026	1041	1056	1111	1126	1141	1158	1215	1231	1246	1301	1317
Yarnton Way <i>Alsike Road</i>	0755	0826	0857	0927	0949	1010	1030	1045	1100	1115	1130	1145	1202	1219	1235	1250	1305	1321
Belvedere Industrial Area	0802	0833	0904	0934	0956	1017	1037	1052	1107	1122	1137	1152	1210	1227	1243	1258	1313	1329
Lewisham High Street <i>Lewis Grove</i>	1236	1251	1305	Then every 15 minutes until	1505	1520	1535	1550	1605	1620	1635	1650	1705	1720	1735	1750	1805	
Greenwich National Maritime Museum	1251	1306	1321		1521	1536	1551	1606	1621	1636	1651	1706	1721	1736	1751	1805	1819	
East Greenwich Ship & Billet	1256	1312	1327		1527	1542	1557	1612	1627	1642	1657	1711	1726	1741	1756	1810	1824	
Charlton Station <i>Woolwich Road</i>	1302	1318	1333		1533	1548	1603	1618	1633	1648	1703	1717	1732	1747	1802	1816	1830	
Woolwich Arsenal Station	1315	1331	1346		1546	1601	1615	1630	1645	1700	1714	1728	1743	1758	1813	1827	1841	
Plumstead Station	1321	1337	1352		1552	1606	1620	1635	1650	1705	1719	1733	1748	1803	1818	1832	1846	
Abbey Wood Station	1333	1349	1404		1604	1618	1632	1647	1702	1717	1731	1745	1800	1814	1829	1843	1857	
Yarnton Way <i>Alsike Road</i>	1337	1353	1408		1608	1622	1636	1651	1706	1721	1735	1749	1804	1818	1833	1847	1901	
Belvedere Industrial Area	1345	1401	1416		1616	1630	1644	1659	1714	1729	1743	1757	1812	1826	1841	1855	1909	
Lewisham High Street <i>Lewis Grove</i>	1820	1835	1850	1906	1921	1936	1951	2007	2022	2037	2052	2107	2122	2137	2152	2207	2222	2237
Greenwich National Maritime Museum	1834	1849	1904	1919	1934	1949	2004	2019	2034	2049	2104	2118	2133	2148	2203	2217	2232	2247
East Greenwich Ship & Billet	1839	1854	1908	1923	1938	1953	2008	2023	2038	2053	2108	2122	2137	2152	2207	2221	2236	2251
Charlton Station <i>Woolwich Road</i>	1845	1900	1913	1928	1943	1958	2013	2028	2043	2058	2113	2127	2142	2157	2212	2226	2241	2256
Woolwich Arsenal Station	1856	1910	1923	1938	1953	2008	2022	2037	2052	2107	2122	2136	2151	2206	2220	2234	2249	2304
Plumstead Station	1901	1915	1928	1943	1958	2013	2027	2042	2057	2112	2127	2141	2156	2211	2225	2239	2254	2308
Abbey Wood Station	1912	1926	1939	1954	2009	2023	2037	2052	2107	2121	2136	2150	2205	2220	2234	2248	2303	2317
Yarnton Way <i>Alsike Road</i>	1916	1930	1943	1958	2013	2027	2041	2056	2111	2125	2140	2154	2209	2224	2238	2252	2307	2321
Belvedere Industrial Area	1924	1938	1951	2006	2021	2035	2049	2104	2118	2132	2147	2201	2216	2231	2245	2259	2313	2327
Lewisham High Street <i>Lewis Grove</i>	2251	2305	2320	2335	2350	0005	0020	0035	0050									
Greenwich National Maritime Museum	2301	2315	2330	2345	0000	0014	0029	0044	0059									
East Greenwich Ship & Billet	2305	2319	2334	2349	0003	0017	0032	0047	0102									
Charlton Station <i>Woolwich Road</i>	2310	2324	2339	2354	0007	0021	0036	0051	0106									
Woolwich Arsenal Station	2318	2332	2347	0002	0015	0029	0044	0059	0114									
Plumstead Station	2322	2336	2351	0006	0019	0033	0048	0103	0118									
Abbey Wood Station	2331	2345	0000	0014	0027	0041	0056	0111	0126									
Yarnton Way <i>Alsike Road</i>	2335	2349	0004	0018	0031	0045	0100	0115	0130									
Belvedere Industrial Area	2341	2355	0010	0024	0037	0051	0106	0121	0136									