

181	Mondays to Fridays																	
Grove Park Station Bus Station	0500	0520	0540	0600	0612	0624	0636	0645	0654	0703	0713	0723	0733	0743	0754	0805	0817	0829
Downham Bromley Road	0506	0526	0546	0606	0619	0631	0644	0653	0703	0713	0723	0733	0744	0755	0806	0817	0829	0841
Lower Sydenham Bell Green	0513	0533	0553	0613	0627	0640	0654	0703	0714	0724	0735	0747	0758	0809	0821	0832	0844	0856
Lower Sydenham Sainsbury's	0515	0535	0555	0615	0629	0642	0656	0705	0716	0726	0737	0749	0800	0811	0823	0834	0846	0858
Catford Lewisham Town Hall	0521	0541	0601	0622	0636	0650	0705	0716	0728	0738	0750	0802	0814	0826	0838	0850	0902	0914
Hither Green Lane George Lane	0529	0549	0609	0631	0646	0700	0716	0728	0740	0751	0803	0815	0827	0839	0851	0903	0915	0926
Lewisham Station Station Road	0536	0556	0617	0640	0655	0711	0727	0740	0753	0805	0817	0829	0841	0852	0904	0916	0927	0938
Grove Park Station Bus Station	0842	0855	0907	0919	0931	0943	0955	1007	1019	1031	1043	1055	1107	1119	1131	1143	1155	1207
Downham Bromley Road	0854	0907	0918	0930	0941	0953	1005	1017	1029	1041	1053	1105	1117	1129	1141	1153	1205	1217
Lower Sydenham Bell Green	0909	0921	0932	0943	0954	1006	1017	1028	1040	1052	1104	1116	1128	1140	1152	1204	1216	1228
Lower Sydenham Sainsbury's	0911	0923	0934	0945	0956	1008	1019	1030	1042	1054	1106	1118	1130	1142	1154	1206	1218	1230
Catford Lewisham Town Hall	0927	0939	0950	1001	1012	1023	1034	1045	1057	1109	1121	1134	1146	1158	1210	1222	1235	1247
Hither Green Lane George Lane	0939	0951	1002	1013	1024	1035	1046	1057	1109	1121	1133	1146	1158	1210	1222	1234	1247	1259
Lewisham Station Station Road	0950	1002	1012	1023	1034	1045	1056	1107	1119	1131	1143	1156	1208	1220	1232	1244	1257	1309
Grove Park Station Bus Station	1219	1231	1243	1255	Then every 12 minutes until	1419	1431	1443	1455	1506	1517	1528	1540	1552	1604	1616	1629	
Downham Bromley Road	1229	1241	1253	1305		1429	1441	1453	1506	1518	1529	1540	1552	1604	1616	1627	1640	
Lower Sydenham Bell Green	1240	1252	1304	1316		1440	1452	1504	1517	1530	1541	1553	1605	1618	1630	1641	1653	
Lower Sydenham Sainsbury's	1242	1254	1306	1318		1442	1454	1506	1519	1532	1543	1555	1607	1620	1632	1643	1655	
Catford Lewisham Town Hall	1259	1311	1323	1336		1500	1512	1525	1538	1550	1602	1614	1626	1638	1650	1701	1713	
Hither Green Lane George Lane	1311	1323	1335	1348		1512	1525	1538	1551	1603	1615	1627	1639	1651	1703	1714	1726	
Lewisham Station Station Road	1321	1333	1345	1358	1522	1535	1548	1601	1613	1625	1637	1649	1701	1713	1724	1736		
Grove Park Station Bus Station	1641	1653	1705	1717	1729	1741	1753	1805	1817	1829	1841	1853	1905	1920	1935	1950	2005	2020
Downham Bromley Road	1652	1704	1716	1728	1740	1752	1804	1816	1827	1839	1851	1903	1915	1930	1945	1959	2013	2028
Lower Sydenham Bell Green	1705	1717	1729	1741	1753	1805	1817	1828	1839	1851	1902	1914	1926	1940	1955	2009	2023	2037
Lower Sydenham Sainsbury's	1707	1719	1731	1743	1755	1807	1819	1830	1841	1853	1904	1916	1928	1942	1957	2011	2025	2039
Catford Lewisham Town Hall	1725	1737	1749	1801	1813	1825	1836	1847	1857	1908	1919	1930	1941	1954	2008	2021	2034	2048
Hither Green Lane George Lane	1738	1750	1802	1814	1825	1837	1848	1858	1908	1919	1930	1940	1951	2004	2017	2030	2043	2057
Lewisham Station Station Road	1748	1800	1812	1824	1835	1847	1858	1908	1918	1928	1938	1948	1959	2012	2025	2038	2051	2105
Grove Park Station Bus Station	2035	2050	2105	2120	2135	2150	2210	2230	2250	2310	2330	2350	0010	0030				
Downham Bromley Road	2043	2058	2112	2127	2142	2157	2217	2237	2257	2317	2337	2356	0016	0035				
Lower Sydenham Bell Green	2052	2107	2121	2136	2151	2206	2225	2245	2305	2324	2343	0002	0022	0041				
Lower Sydenham Sainsbury's	2054	2109	2123	2138	2153	2208	2227	2247	2307	2326	2345	0004	0024	0043				
Catford Lewisham Town Hall	2103	2117	2131	2146	2201	2215	2234	2254	2314	2333	2352	0011	0031	0050				
Hither Green Lane George Lane	2112	2126	2140	2155	2209	2223	2242	2302	2322	2341	0000	0019	0038	0057				
Lewisham Station Station Road	2119	2133	2147	2202	2216	2230	2249	2309	2328	2347	0006	0025	0044	0103				

181	Saturdays (also Good Friday)																		
Grove Park Station Bus Station	0500	0520	0540	0600	0620	0640	0700	0720	0740	0752	0804	0816	0828	0840	0851	0901	0912	0922	
Downham Bromley Road	0506	0526	0546	0606	0626	0647	0707	0727	0747	0759	0811	0823	0835	0847	0858	0908	0920	0930	
Lower Sydenham Bell Green	0512	0532	0552	0612	0632	0653	0713	0733	0753	0805	0818	0831	0843	0855	0906	0916	0928	0939	
Lower Sydenham Sainsbury's	0514	0534	0554	0614	0634	0655	0715	0735	0755	0807	0820	0833	0845	0857	0908	0918	0930	0941	
Catford Lewisham Town Hall	0520	0540	0600	0620	0640	0701	0722	0742	0802	0815	0828	0841	0853	0905	0918	0929	0941	0953	
Hither Green Lane George Lane	0527	0547	0607	0628	0648	0709	0730	0750	0810	0823	0836	0850	0903	0915	0928	0940	0952	1004	
Lewisham Station Station Road	0534	0554	0614	0635	0655	0716	0737	0757	0818	0832	0845	0859	0912	0925	0938	0950	1002	1014	
Grove Park Station Bus Station	0933	0943	0954	1005	1017	1029	1041	1053	1105	1117	1129	1141	1153	1205	Then every 12 minutes until	1353	1405		
Downham Bromley Road	0941	0952	1003	1014	1026	1038	1050	1102	1115	1127	1139	1151	1203	1216		1404	1415		
Lower Sydenham Bell Green	0950	1002	1013	1024	1036	1048	1100	1113	1126	1138	1150	1203	1216	1228		1416	1427		
Lower Sydenham Sainsbury's	0952	1004	1015	1026	1038	1050	1102	1115	1128	1140	1152	1205	1218	1230		1418	1429		
Catford Lewisham Town Hall	1005	1017	1029	1041	1053	1106	1120	1133	1146	1158	1211	1224	1237	1249		1437	1448		
Hither Green Lane George Lane	1016	1028	1040	1052	1104	1117	1131	1144	1157	1210	1223	1236	1249	1301		1449	1500		
Lewisham Station Station Road	1026	1038	1050	1102	1115	1128	1142	1155	1208	1221	1234	1247	1300	1312	1500	1511			
Grove Park Station Bus Station	1417	1429	1441	1453	1505	1517	1529	1541	1553	1605	1617	1629	1641	1653	1705	1717	1729	1741	
Downham Bromley Road	1427	1439	1451	1503	1515	1527	1539	1551	1603	1615	1627	1639	1651	1703	1715	1727	1739	1751	
Lower Sydenham Bell Green	1439	1451	1503	1515	1527	1539	1551	1602	1614	1626	1638	1649	1701	1713	1725	1737	1749	1801	
Lower Sydenham Sainsbury's	1441	1453	1505	1517	1529	1541	1553	1604	1616	1628	1640	1651	1703	1715	1727	1739	1751	1803	
Catford Lewisham Town Hall	1500	1512	1524	1536	1548	1559	1611	1622	1634	1646	1657	1708	1719	1731	1742	1754	1806	1817	
Hither Green Lane George Lane	1512	1524	1535	1547	1559	1610	1622	1633	1645	1657	1708	1719	1730	1742	1753	1805	1817	1828	
Lewisham Station Station Road	1523	1534	1545	1557	1609	1620	1631	1642	1654	1706	1717	1728	1739	1751	1802	1814	1826	1837	
Grove Park Station Bus Station	1753	1805	1820	1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2150	2210	
Downham Bromley Road	1803	1814	1828	1843	1858	1913	1928	1943	1958	2013	2028	2043	2058	2113	2128	2142	2157	2217	
Lower Sydenham Bell Green	1813	1824	1838	1853	1907	1922	1937	1952	2007	2022	2037	2052	2106	2120	2135	2149	2204	2224	
Lower Sydenham Sainsbury's	1815	1826	1840	1855	1909	1924	1939	1954	2009	2024	2039	2054	2108	2122	2137	2151	2206	2226	
Catford Lewisham Town Hall	1829	1840	1854	1908	1922	1936	1950	2005	2019	2032	2047	2102	2116	2130	2145	2159	2213	2233	
Hither Green Lane George Lane	1840	1851	1905	1919	1933	1947	2001	2016	2030	2043	2057	2112	2126	2140	2155	2209	2223	2243	
Lewisham Station Station Road	1849	1900	1914	1928	1942	1956	2010	2025	2038	2051	2105	2120	2134	2148	2202	2216	2230	2249	
Grove Park Station Bus Station	2230	2250	2310	2330	2350	0010	0030												
Downham Bromley Road	2237	2257	2316	2336	2356	0016	0035												
Lower Sydenham Bell Green	2244	2304	2323	2342	0002	0022	0041												
Lower Sydenham Sainsbury's	2246	2306	2325	2344	0004	0024	0043												
Catford Lewisham Town Hall	2252	2312	2331	2350	0010	0030	0049												
Hither Green Lane George Lane	2301	2321	2340	2359	0019	0038	0057												
Lewisham Station Station Road	2307	2327	2346	0005	0025	0044	0103												
181	Sundays and other Public Holidays (except Christmas Day)																		
Grove Park Station Bus Station	0622	0652	0722	0752	0822	0852	0907	0922	0937	0951	1006	1020	1033	1046	1100	1115	1130	1144	
Downham Bromley Road	0628	0658	0728	0758	0828	0858	0913	0928	0944	0958	1013	1027	1040	1053	1107	1123	1138	1153	
Lower Sydenham Bell Green	0635	0705	0735	0805	0836	0906	0921	0936	0953	1007	1022	1036	1050	1103	1117	1133	1148	1203	
Lower Sydenham Sainsbury's	0637	0707	0737	0807	0838	0908	0923	0938	0955	1009	1024	1038	1052	1105	1119	1135	1150	1206	
Catford Lewisham Town Hall	0643	0713	0743	0814	0845	0915	0931	0946	1003	1018	1033	1048	1103	1117	1133	1149	1205	1221	
Hither Green Lane George Lane	0651	0721	0751	0822	0853	0924	0940	0956	1013	1028	1043	1058	1113	1128	1144	1200	1216	1232	
Lewisham Station Station Road	0657	0727	0757	0828	0859	0930	0947	1004	1021	1036	1052	1107	1122	1137	1153	1210	1227	1243	
Grove Park Station Bus Station	1159	1213	1227	1242	1256	1311	1326	1341	1357	1413	1428	1443	1459	1515	1530	1545	1600	1615	
Downham Bromley Road	1208	1222	1237	1252	1306	1321	1336	1351	1407	1422	1436	1451	1507	1523	1538	1553	1608	1623	
Lower Sydenham Bell Green	1218	1233	1248	1303	1317	1332	1347	1402	1418	1433	1447	1502	1518	1533	1548	1603	1618	1632	
Lower Sydenham Sainsbury's	1221	1236	1251	1306	1320	1335	1350	1404	1420	1435	1449	1504	1520	1535	1550	1605	1620	1634	
Catford Lewisham Town Hall	1237	1252	1307	1322	1337	1352	1407	1421	1437	1452	1506	1521	1536	1551	1606	1621	1635	1649	
Hither Green Lane George Lane	1248	1304	1319	1334	1349	1403	1418	1432	1447	1502	1516	1531	1546	1601	1616	1631	1645	1659	
Lewisham Station Station Road	1259	1315	1330	1345	1359	1413	1427	1441	1456	1511	1525	1540	1555	1610	1624	1639	1653	1707	
Grove Park Station Bus Station	1630	1645	1700	1715	1730	1745	1800	1815	1830	1845	1900	1916	1931	1947	2003	2019	2034	2050	
Downham Bromley Road	1638	1653	1708	1722	1737	1752	1807	1822	1837	1852	1907	1923	1938	1954	2010	2025	2040	2056	
Lower Sydenham Bell Green	1647	1702	1717	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2002	2018	2033	2048	2104	
Lower Sydenham Sainsbury's	1649	1704	1719	1733	1748	1803	1818	1833	1848	1903	1918	1933	1948	2004	2020	2035	2050	2106	
Catford Lewisham Town Hall	1703	1718	1732	1746	1801	1815	1829	1843	1858	1913	1928	1943	1958	2014	2029	2044	2058	2114	
Hither Green Lane George Lane	1713	1728	1742	1756	1811	1825	1839	1853	1908	1923	1938	1953	2008	2023	2038	2053	2107	2123	
Lewisham Station Station Road	1721	1736	1750	1804	1819	1832	1846	1900	1915	1930	1945	2000	2015	2030	2045	2100	2114	2129	
Grove Park Station Bus Station	2105	2120	2135	2150	2208	2228	2248	2309	2329	2349	0010	0030							
Downham Bromley Road	2111	2126	2141	2156	2214	2233	2253	2314	2334	2354	0015	0035							
Lower Sydenham Bell Green	2119	2133	2148	2203	2221	2240	2300	2321	2341	0001	0022	0042							
Lower Sydenham Sainsbury's	2121	2135	2150	2205	2223	2242	2302	2323	2343	0003	0024	0044							
Catford Lewisham Town Hall	2128	2142	2157	2212	2230	2249	2309	2329	2349	0009	0030	0050							
Hither Green Lane George Lane	2137	2151	2206	2221	2238	2257	2317	2337	2357	0017	0038	0058							
Lewisham Station Station Road	2143	2157	2212	2227	2244	2303	2323	2343	0003	0023	0043	0103							

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Lewisham – Lower Sydenham – Grove Park

181		Mondays to Fridays																	
Lewisham Station Molesworth Street	0540	0600	0620	0635	0650	0703	0712	0721	0733	0744	0755	0807	0819	0831	0844	0857	0909	0921	
Hither Green Lane George Lane	0547	0608	0628	0644	0659	0713	0722	0732	0744	0755	0806	0818	0830	0842	0855	0908	0920	0932	
Catford Lewisham Town Hall	0554	0615	0635	0652	0707	0722	0733	0744	0756	0808	0820	0832	0844	0856	0909	0921	0932	0943	
Lower Sydenham Sainsbury's	0601	0622	0642	0659	0716	0731	0743	0755	0807	0819	0831	0843	0855	0907	0919	0931	0942	0953	
Lower Sydenham Bell Green	0603	0624	0644	0701	0718	0733	0745	0757	0809	0821	0833	0845	0857	0909	0921	0933	0944	0955	
Downham Downham Way	0611	0632	0653	0710	0728	0745	0757	0809	0821	0833	0845	0857	0909	0921	0933	0945	0956	1007	
Grove Park Station Bus Station	0618	0639	0701	0719	0737	0754	0807	0819	0831	0843	0855	0907	0919	0931	0942	0954	1005	1016	
Lewisham Station Molesworth Street	0933																		
Hither Green Lane George Lane	0944	Then every 12 minutes until		1257	1309	1321	1333	1344	1355	1406	1417	1428	1440	1452	Then every 12 minutes until		1704	1716	
Catford Lewisham Town Hall	0955		1319	1332	1344	1356	1407	1418	1429	1441	1452	1504	1516	1728		1740			
Lower Sydenham Sainsbury's	1005		1329	1342	1354	1406	1417	1428	1439	1451	1502	1514	1527	1739		1751			
Lower Sydenham Bell Green	1007		1331	1344	1356	1408	1419	1430	1441	1453	1504	1516	1529	1741		1753			
Downham Downham Way	1019		1343	1356	1408	1420	1432	1443	1454	1506	1518	1530	1543	1755		1807			
Grove Park Station Bus Station	1028	1352	1405	1417	1430	1442	1454	1506	1518	1530	1542	1555	1807	1818					
Lewisham Station Molesworth Street	1728	1740	1752	1804	1816	1829	1841	1854	1906	1919	1932	1944	1956	2008	2020	2035	2050	2105	
Hither Green Lane George Lane	1741	1753	1805	1817	1828	1841	1852	1905	1917	1930	1942	1954	2006	2018	2029	2044	2059	2114	
Catford Lewisham Town Hall	1752	1804	1816	1828	1839	1852	1903	1916	1927	1940	1952	2004	2016	2028	2039	2054	2109	2124	
Lower Sydenham Sainsbury's	1803	1815	1827	1839	1850	1902	1913	1926	1937	1949	2001	2012	2024	2036	2047	2102	2116	2131	
Lower Sydenham Bell Green	1805	1817	1829	1841	1852	1904	1915	1928	1939	1951	2003	2014	2026	2038	2049	2104	2118	2133	
Downham Downham Way	1819	1831	1842	1854	1905	1916	1927	1940	1950	2001	2012	2023	2035	2047	2058	2113	2127	2141	
Grove Park Station Bus Station	1829	1840	1851	1902	1913	1924	1935	1946	1956	2007	2018	2029	2041	2053	2104	2119	2133	2147	
Lewisham Station Molesworth Street	2120	2135	2150	2205	2220	2235	2250	2305	2325	2345	0005	0025	0045	0105					
Hither Green Lane George Lane	2129	2144	2159	2214	2229	2244	2259	2313	2333	2352	0012	0032	0052	0112					
Catford Lewisham Town Hall	2138	2153	2208	2222	2237	2252	2307	2320	2340	2359	0019	0039	0059	0119					
Lower Sydenham Sainsbury's	2145	2200	2215	2229	2244	2258	2313	2326	2346	0005	0025	0045	0105	0125					
Lower Sydenham Bell Green	2147	2202	2217	2231	2246	2300	2315	2328	2348	0007	0027	0047	0107	0127					
Downham Downham Way	2155	2210	2225	2239	2254	2307	2321	2334	2354	0013	0032	0052	0112	0132					
Grove Park Station Bus Station	2201	2216	2231	2245	2300	2313	2326	2339	2359	0018	0037	0057	0117	0137					

181	Saturdays (also Good Friday)																		
Lewisham Station Molesworth Street	0540	0600	0620	0640	0700	0720	0740	0800	0815	0830	0845	0900	0915	0926	0937	0949	1000	1012	
Hither Green Lane George Lane	0546	0606	0626	0646	0707	0727	0747	0807	0822	0838	0853	0908	0923	0934	0946	0958	1010	1022	
Catford Lewisham Town Hall	0553	0613	0633	0653	0714	0734	0754	0815	0830	0846	0901	0916	0931	0943	0955	1007	1019	1031	
Lower Sydenham Sainsbury's	0600	0620	0640	0700	0722	0742	0802	0823	0838	0855	0910	0925	0940	0953	1005	1017	1029	1041	
Lower Sydenham Bell Green	0602	0622	0642	0702	0724	0744	0804	0825	0840	0857	0912	0927	0942	0955	1007	1019	1031	1043	
Downham Downham Way	0608	0628	0648	0708	0730	0750	0811	0832	0848	0905	0921	0936	0952	1005	1017	1030	1042	1054	
Grove Park Station Bus Station	0613	0633	0653	0714	0736	0756	0817	0838	0854	0911	0927	0943	0959	1012	1024	1037	1049	1102	
Lewisham Station Molesworth Street	1023	1035	1047	1059	1111	1123	1135	1147	1159	1211	1223	1234	1245	1256	1308	1320	1332	1344	
Hither Green Lane George Lane	1033	1045	1057	1109	1121	1133	1145	1157	1209	1222	1234	1245	1256	1308	1320	1332	1344	1356	
Catford Lewisham Town Hall	1043	1055	1107	1120	1132	1144	1156	1208	1220	1233	1245	1256	1307	1319	1331	1343	1355	1407	
Lower Sydenham Sainsbury's	1053	1105	1117	1130	1142	1154	1206	1218	1230	1243	1255	1306	1318	1330	1342	1354	1406	1418	
Lower Sydenham Bell Green	1055	1107	1119	1132	1144	1156	1208	1220	1232	1245	1257	1309	1321	1333	1345	1357	1409	1421	
Downham Downham Way	1106	1118	1130	1143	1155	1208	1220	1232	1244	1257	1310	1322	1334	1346	1358	1410	1422	1434	
Grove Park Station Bus Station	1114	1126	1138	1151	1203	1216	1228	1240	1252	1305	1318	1330	1342	1354	1406	1418	1430	1442	
Lewisham Station Molesworth Street	1357	1410	1423	1435	1447	1459	1511	1523	Then every 12 minutes until	1659	1712	1724	1736	1748	1800	1812	1825		
Hither Green Lane George Lane	1409	1423	1436	1447	1459	1511	1523	1534		1710	1723	1735	1747	1759	1811	1823	1836		
Catford Lewisham Town Hall	1421	1435	1447	1458	1510	1522	1534	1545		1721	1733	1745	1757	1809	1821	1833	1846		
Lower Sydenham Sainsbury's	1432	1445	1457	1508	1520	1532	1544	1555		1731	1743	1755	1807	1819	1831	1843	1855		
Lower Sydenham Bell Green	1435	1447	1459	1510	1522	1534	1546	1557		1733	1745	1757	1809	1821	1833	1845	1857		
Downham Downham Way	1447	1459	1511	1522	1533	1545	1557	1608		1744	1756	1808	1820	1831	1843	1855	1907		
Grove Park Station Bus Station	1454	1506	1518	1529	1540	1552	1604	1615	1751	1803	1815	1827	1838	1850	1902	1914			
Lewisham Station Molesworth Street	1838	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	
Hither Green Lane George Lane	1849	1900	1915	1930	1945	1959	2014	2029	2044	2059	2114	2129	2144	2158	2213	2227	2242	2257	
Catford Lewisham Town Hall	1859	1910	1925	1940	1954	2008	2023	2038	2053	2108	2123	2138	2152	2206	2221	2235	2250	2305	
Lower Sydenham Sainsbury's	1908	1919	1934	1949	2003	2017	2032	2047	2102	2117	2131	2146	2200	2214	2229	2243	2258	2313	
Lower Sydenham Bell Green	1910	1921	1936	1951	2005	2019	2034	2049	2104	2119	2133	2148	2202	2216	2231	2245	2300	2315	
Downham Downham Way	1920	1931	1945	2000	2014	2028	2042	2057	2112	2127	2141	2155	2209	2223	2238	2252	2307	2322	
Grove Park Station Bus Station	1926	1937	1951	2006	2020	2034	2048	2103	2118	2133	2147	2201	2215	2229	2244	2258	2313	2328	
Lewisham Station Molesworth Street	2305	2325	2345	0005	0025	0045	0105												
Hither Green Lane George Lane	2312	2332	2352	0012	0032	0052	0112												
Catford Lewisham Town Hall	2320	2340	0000	0020	0040	0059	0119												
Lower Sydenham Sainsbury's	2328	2347	0007	0026	0046	0105	0125												
Lower Sydenham Bell Green	2330	2349	0009	0028	0048	0107	0127												
Downham Downham Way	2337	2356	0015	0034	0053	0112	0132												
Grove Park Station Bus Station	2342	0001	0020	0039	0058	0117	0137												
181	Sundays and other Public Holidays (except Christmas Day)																		
Lewisham Station Molesworth Street	0640	0710	0740	0810	0840	0910	0930	0950	1005	1019	1034	1048	1101	1116	1131	1146	1201	1216	
Hither Green Lane George Lane	0646	0716	0746	0816	0846	0917	0937	0957	1013	1027	1042	1056	1110	1125	1140	1155	1211	1227	
Catford Lewisham Town Hall	0654	0724	0754	0825	0855	0926	0946	1006	1022	1036	1051	1105	1120	1135	1150	1205	1221	1237	
Lower Sydenham Sainsbury's	0700	0730	0800	0832	0902	0933	0953	1015	1031	1046	1101	1116	1131	1146	1201	1216	1232	1248	
Lower Sydenham Bell Green	0702	0732	0802	0834	0904	0935	0955	1017	1033	1048	1103	1118	1133	1148	1203	1219	1235	1251	
Downham Downham Way	0710	0740	0810	0842	0912	0943	1004	1026	1042	1057	1113	1128	1143	1159	1214	1230	1246	1302	
Grove Park Station Bus Station	0716	0746	0816	0848	0919	0950	1011	1033	1049	1104	1120	1135	1150	1206	1222	1238	1254	1310	
Lewisham Station Molesworth Street	1231	1246	1301	1316	1331	1346	1401	1416	1431	1446	1501	1516	1531	1546	1601	1616	1631	1646	
Hither Green Lane George Lane	1242	1257	1312	1327	1342	1357	1412	1427	1442	1457	1511	1526	1541	1556	1611	1626	1641	1656	
Catford Lewisham Town Hall	1252	1307	1322	1337	1352	1407	1422	1437	1452	1507	1521	1536	1551	1606	1621	1636	1651	1706	
Lower Sydenham Sainsbury's	1303	1318	1333	1348	1403	1417	1432	1447	1502	1517	1531	1546	1601	1615	1630	1645	1700	1715	
Lower Sydenham Bell Green	1306	1321	1336	1351	1405	1419	1434	1449	1504	1519	1533	1548	1603	1617	1632	1647	1702	1717	
Downham Downham Way	1317	1332	1347	1402	1416	1430	1444	1459	1514	1529	1543	1558	1612	1626	1641	1656	1711	1726	
Grove Park Station Bus Station	1325	1340	1355	1409	1423	1437	1451	1506	1521	1536	1550	1605	1619	1633	1648	1703	1718	1733	
Lewisham Station Molesworth Street	1701	1716	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2001	2017	2032	2048	2104	2119	
Hither Green Lane George Lane	1711	1726	1741	1756	1810	1825	1840	1855	1909	1924	1939	1954	2009	2025	2040	2056	2111	2126	
Catford Lewisham Town Hall	1720	1735	1750	1805	1819	1834	1849	1904	1918	1933	1948	2003	2017	2033	2048	2104	2119	2134	
Lower Sydenham Sainsbury's	1729	1744	1759	1814	1828	1843	1858	1912	1926	1941	1956	2010	2024	2040	2055	2111	2126	2141	
Lower Sydenham Bell Green	1731	1746	1801	1816	1830	1845	1900	1914	1928	1943	1958	2012	2026	2042	2057	2113	2128	2143	
Downham Downham Way	1740	1755	1810	1825	1839	1854	1908	1922	1936	1951	2006	2020	2034	2050	2105	2120	2135	2150	
Grove Park Station Bus Station	1747	1802	1817	1832	1846	1901	1915	1929	1943	1958	2013	2027	2041	2056	2111	2126	2141	2156	
Lewisham Station Molesworth Street	2134	2149	2205	2220	2235	2250	2305	2325	2345	0005	0025	0045	0105						
Hither Green Lane George Lane	2141	2156	2212	2227	2242	2257	2312	2332	2352	0012	0032	0052	0112						
Catford Lewisham Town Hall	2149	2204	2219	2234	2249	2304	2319	2339	2359	0019	0039	0059	0119						
Lower Sydenham Sainsbury's	2156	2211	2226	2241	2256	2311	2326	2345	0004	0024	0044	0104	0124						
Lower Sydenham Bell Green	2158	2213	2228	2243	2258	2313	2328	2347	0006	0026	0046	0106	0126						
Downham Downham Way	2205	2220	2235	2250	2305	2319	2334	2353	0012	0032	0052	0112	0132						
Grove Park Station Bus Station	2211	2226	2241	2255	2310	2324	2339	2358	0017	0037	0057	0117	0137						