

181	Mondays to Fridays																		
Grove Park Station Bus Station	0500	0520	0540	0600	0612	0624	0636	0646	0656	0706	0717	0728	0739	0750	0803	0816	0829	0842	
Downham Bromley Road	0506	0526	0546	0607	0620	0632	0645	0655	0707	0718	0729	0740	0752	0804	0817	0830	0843	0856	
Lower Sydenham Bell Green	0513	0533	0553	0614	0628	0641	0655	0705	0718	0729	0741	0754	0806	0819	0832	0845	0858	0911	
Lower Sydenham Sainsbury's	0515	0535	0555	0616	0630	0643	0657	0707	0720	0731	0743	0756	0808	0821	0834	0847	0900	0913	
Catford Lewisham Town Hall	0521	0541	0601	0623	0638	0652	0707	0719	0733	0744	0757	0810	0823	0837	0851	0904	0917	0930	
Hither Green Lane George Lane	0529	0549	0609	0632	0648	0702	0718	0731	0745	0757	0810	0823	0836	0850	0904	0917	0929	0942	
Lewisham Station Station Road	0536	0556	0617	0641	0658	0715	0731	0745	0800	0813	0826	0839	0852	0905	0918	0931	0943	0955	
Grove Park Station Bus Station	0855	0908	0921	0934	0947	1000	1013	1026	1039	1052	1105	1118	1131	1144	1157	1210	1223	1236	
Downham Bromley Road	0909	0921	0934	0946	0959	1012	1025	1038	1051	1104	1117	1130	1143	1156	1209	1222	1235	1248	
Lower Sydenham Bell Green	0923	0935	0947	0959	1012	1024	1036	1049	1102	1115	1128	1141	1154	1207	1220	1233	1246	1259	
Lower Sydenham Sainsbury's	0925	0937	0949	1001	1014	1026	1038	1051	1104	1117	1130	1143	1156	1209	1222	1235	1248	1301	
Catford Lewisham Town Hall	0942	0954	1006	1018	1030	1042	1054	1107	1120	1134	1147	1200	1213	1226	1240	1253	1306	1319	
Hither Green Lane George Lane	0954	1006	1018	1030	1042	1054	1106	1119	1132	1146	1159	1212	1225	1238	1252	1305	1318	1331	
Lewisham Station Station Road	1007	1018	1030	1042	1054	1106	1118	1131	1144	1158	1211	1224	1237	1250	1304	1317	1330	1343	
Grove Park Station Bus Station	1249	Then every 13 minutes until	1420	1432	1444	1457	1509	1522	1535	1548	1601	1614	1627	1640	1653	1706	1719	1732	
Downham Bromley Road	1301		1432	1444	1456	1510	1523	1536	1549	1602	1615	1627	1640	1653	1706	1719	1732		
Lower Sydenham Bell Green	1312		1443	1455	1507	1521	1535	1548	1602	1616	1629	1641	1653	1706	1719	1732	1745		
Lower Sydenham Sainsbury's	1314		1445	1457	1509	1523	1537	1550	1604	1618	1631	1643	1655	1708	1721	1734	1747		
Catford Lewisham Town Hall	1333		1504	1517	1529	1543	1557	1610	1624	1637	1650	1702	1714	1727	1740	1753	1806		
Hither Green Lane George Lane	1345		1516	1529	1542	1556	1610	1623	1637	1650	1703	1715	1727	1740	1753	1806	1818		
Lewisham Station Station Road	1357		1528	1541	1554	1608	1622	1635	1649	1702	1715	1727	1739	1752	1805	1818	1828		
Grove Park Station Bus Station	1732	1745	1758	1811	1824	1837	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	
Downham Bromley Road	1745	1758	1811	1823	1835	1848	1900	1915	1930	1945	1959	2013	2028	2043	2058	2112	2127	2142	
Lower Sydenham Bell Green	1758	1811	1823	1835	1847	1859	1911	1926	1940	1955	2009	2023	2037	2052	2107	2121	2136	2151	
Lower Sydenham Sainsbury's	1800	1813	1825	1837	1849	1901	1913	1928	1942	1957	2011	2025	2039	2054	2109	2123	2138	2153	
Catford Lewisham Town Hall	1819	1831	1842	1853	1904	1916	1927	1941	1954	2008	2021	2034	2048	2103	2117	2131	2146	2201	
Hither Green Lane George Lane	1831	1842	1853	1904	1915	1927	1937	1951	2004	2017	2030	2043	2057	2112	2126	2140	2155	2209	
Lewisham Station Station Road	1841	1852	1903	1914	1925	1936	1946	1959	2012	2025	2038	2051	2105	2119	2133	2147	2202	2216	
Grove Park Station Bus Station	2150	2210	2230	2250	2310	2330	2350	0010	0030										
Downham Bromley Road	2157	2217	2237	2257	2317	2337	2356	0016	0035										
Lower Sydenham Bell Green	2206	2225	2245	2305	2324	2343	0002	0022	0041										
Lower Sydenham Sainsbury's	2208	2227	2247	2307	2326	2345	0004	0024	0043										
Catford Lewisham Town Hall	2215	2234	2254	2314	2333	2352	0011	0031	0050										
Hither Green Lane George Lane	2223	2242	2302	2322	2341	0000	0019	0038	0057										
Lewisham Station Station Road	2230	2249	2309	2328	2347	0006	0025	0044	0103										

181	Saturdays (also Good Friday)																		
Grove Park Station Bus Station	0500	0520	0540	0600	0620	0640	0700	0720	0740	0752	0804	0816	0828	0840	0852	0904	0915	0927	
Downham Bromley Road	0506	0526	0546	0606	0626	0647	0707	0727	0747	0759	0811	0823	0835	0848	0900	0912	0924	0936	
Lower Sydenham Bell Green	0512	0532	0552	0612	0632	0653	0713	0733	0753	0805	0818	0831	0843	0856	0908	0920	0933	0945	
Lower Sydenham Sainsbury's	0514	0534	0554	0614	0634	0655	0715	0735	0755	0807	0820	0833	0845	0858	0910	0922	0935	0947	
Catford Lewisham Town Hall	0520	0540	0600	0620	0640	0701	0722	0742	0802	0815	0828	0841	0853	0906	0920	0933	0947	1000	
Hither Green Lane George Lane	0527	0547	0607	0628	0648	0709	0730	0750	0810	0823	0836	0850	0903	0916	0930	0944	0958	1011	
Lewisham Station Station Road	0534	0554	0614	0635	0655	0716	0737	0757	0818	0832	0845	0859	0912	0926	0940	0954	1009	1023	
Grove Park Station Bus Station	0939	0950	1003	1016	1029	1040	1052	1105	1118	1130	1143	1156	1209	Then every 13 minutes until	1353	1406	1419		
Downham Bromley Road	0950	1001	1014	1027	1040	1051	1103	1117	1130	1142	1155	1209	1222		1406	1418	1431		
Lower Sydenham Bell Green	0959	1011	1024	1037	1050	1101	1114	1128	1141	1154	1208	1220	1234		1418	1430	1443		
Lower Sydenham Sainsbury's	1001	1013	1026	1039	1052	1103	1116	1130	1143	1156	1210	1222	1236		1420	1432	1445		
Catford Lewisham Town Hall	1014	1027	1041	1054	1108	1121	1134	1148	1201	1215	1229	1241	1255		1439	1451	1504		
Hither Green Lane George Lane	1025	1038	1052	1105	1119	1132	1145	1159	1213	1227	1241	1253	1307		1451	1503	1516		
Lewisham Station Station Road	1037	1050	1104	1118	1132	1145	1158	1212	1226	1240	1254	1306	1320	1504	1516	1527			
Grove Park Station Bus Station	1432	1445	1458	1511	1524	1537	1550	1603	1616	1629	1641	1653	1705	1717	1729	1741	1753	1805	
Downham Bromley Road	1444	1457	1510	1523	1536	1548	1601	1614	1627	1639	1651	1703	1715	1727	1739	1751	1803	1814	
Lower Sydenham Bell Green	1456	1509	1522	1535	1548	1559	1612	1625	1638	1649	1701	1713	1725	1737	1749	1801	1813	1824	
Lower Sydenham Sainsbury's	1458	1511	1524	1537	1550	1601	1614	1627	1640	1651	1703	1715	1727	1739	1751	1803	1815	1826	
Catford Lewisham Town Hall	1517	1530	1543	1555	1608	1619	1632	1645	1657	1708	1719	1731	1742	1754	1806	1817	1829	1840	
Hither Green Lane George Lane	1528	1541	1554	1606	1619	1630	1643	1656	1708	1719	1730	1742	1753	1805	1817	1828	1840	1851	
Lewisham Station Station Road	1539	1551	1604	1616	1628	1639	1652	1705	1717	1728	1739	1751	1802	1814	1826	1837	1849	1900	
Grove Park Station Bus Station	1820	1835	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2150	2210	2230	2250	
Downham Bromley Road	1828	1843	1858	1913	1928	1943	1958	2013	2028	2043	2058	2113	2128	2142	2157	2217	2237	2257	
Lower Sydenham Bell Green	1838	1853	1907	1922	1937	1952	2007	2022	2037	2052	2106	2120	2135	2149	2204	2224	2244	2304	
Lower Sydenham Sainsbury's	1840	1855	1909	1924	1939	1954	2009	2024	2039	2054	2108	2122	2137	2151	2206	2226	2246	2306	
Catford Lewisham Town Hall	1854	1908	1922	1936	1950	2005	2019	2032	2047	2102	2116	2130	2145	2159	2213	2233	2252	2312	
Hither Green Lane George Lane	1905	1919	1933	1947	2001	2016	2030	2043	2057	2112	2126	2140	2155	2209	2223	2243	2301	2321	
Lewisham Station Station Road	1914	1928	1942	1956	2010	2025	2038	2051	2105	2120	2134	2148	2202	2216	2230	2249	2307	2327	
Grove Park Station Bus Station	2310	2330	2350	0010	0030														
Downham Bromley Road	2316	2336	2356	0016	0035														
Lower Sydenham Bell Green	2323	2342	0002	0022	0041														
Lower Sydenham Sainsbury's	2325	2344	0004	0024	0043														
Catford Lewisham Town Hall	2331	2350	0010	0030	0049														
Hither Green Lane George Lane	2340	2359	0019	0038	0057														
Lewisham Station Station Road	2346	0005	0025	0044	0103														
181	Sundays and other Public Holidays (except Christmas Day)																		
Grove Park Station Bus Station	0622	0652	0722	0752	0822	0852	0907	0922	0937	0952	1008	1024	1040	1056	1112	1128	1144	1200	
Downham Bromley Road	0628	0658	0728	0758	0828	0858	0913	0928	0944	0959	1016	1032	1048	1105	1121	1137	1154	1211	
Lower Sydenham Bell Green	0635	0705	0735	0805	0836	0906	0921	0936	0953	1008	1025	1041	1058	1115	1131	1147	1204	1221	
Lower Sydenham Sainsbury's	0637	0707	0737	0807	0838	0908	0923	0938	0955	1010	1027	1043	1100	1117	1133	1149	1207	1224	
Catford Lewisham Town Hall	0643	0713	0743	0814	0845	0915	0931	0946	1003	1019	1036	1053	1111	1129	1147	1204	1222	1240	
Hither Green Lane George Lane	0651	0721	0751	0822	0853	0924	0940	0956	1013	1029	1046	1103	1121	1140	1158	1215	1233	1251	
Lewisham Station Station Road	0657	0727	0757	0828	0859	0930	0947	1004	1021	1037	1055	1112	1130	1149	1208	1226	1244	1302	
Grove Park Station Bus Station	1215	1230	1245	1301	1317	1333	1349	1405	1421	1437	1453	1509	1525	1541	1557	1613	1629	1644	
Downham Bromley Road	1226	1242	1257	1313	1329	1345	1401	1417	1432	1448	1503	1519	1535	1550	1605	1621	1637	1652	
Lower Sydenham Bell Green	1237	1253	1308	1324	1340	1356	1412	1428	1443	1459	1514	1529	1545	1600	1615	1630	1646	1701	
Lower Sydenham Sainsbury's	1240	1256	1311	1327	1343	1359	1414	1430	1445	1501	1516	1531	1547	1602	1617	1632	1648	1703	
Catford Lewisham Town Hall	1256	1312	1327	1344	1400	1416	1431	1447	1502	1518	1532	1547	1603	1618	1632	1647	1702	1717	
Hither Green Lane George Lane	1308	1324	1339	1356	1411	1427	1442	1457	1512	1528	1542	1557	1613	1628	1642	1657	1712	1727	
Lewisham Station Station Road	1319	1335	1350	1406	1421	1436	1451	1506	1521	1537	1551	1606	1621	1636	1650	1705	1720	1735	
Grove Park Station Bus Station	1700	1715	1730	1745	1800	1815	1830	1845	1900	1916	1931	1947	2003	2019	2034	2050	2105	2120	
Downham Bromley Road	1708	1722	1737	1752	1807	1822	1837	1852	1907	1923	1938	1954	2010	2025	2040	2056	2111	2126	
Lower Sydenham Bell Green	1717	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2002	2018	2033	2048	2104	2119	2133	
Lower Sydenham Sainsbury's	1719	1733	1748	1803	1818	1833	1848	1903	1918	1933	1948	2004	2020	2035	2050	2106	2121	2135	
Catford Lewisham Town Hall	1732	1746	1801	1815	1829	1843	1858	1913	1928	1943	1958	2014	2029	2044	2058	2114	2128	2142	
Hither Green Lane George Lane	1742	1756	1811	1825	1839	1853	1908	1923	1938	1953	2008	2023	2038	2053	2107	2123	2137	2151	
Lewisham Station Station Road	1750	1804	1819	1832	1846	1900	1915	1930	1945	2000	2015	2030	2045	2100	2114	2129	2143	2157	
Grove Park Station Bus Station	2135	2150	2208	2228	2248	2309	2329	2349	0010	0030									
Downham Bromley Road	2141	2156	2214	2233	2253	2314	2334	2354	0015	0035									
Lower Sydenham Bell Green	2148	2203	2221	2240	2300	2321	2341	0001	0022	0042									
Lower Sydenham Sainsbury's	2150	2205	2223	2242	2302	2323	2343	0003	0024	0044									
Catford Lewisham Town Hall	2157	2212	2230	2249	2309	2329	2349	0009	0030	0050									
Hither Green Lane George Lane	2206	2221	2238	2257	2317	2337	2357	0017	0038	0058									
Lewisham Station Station Road	2212	2227	2244	2303	2323	2343	0003	0023	0043	0103									



181		Saturdays (also Good Friday)																	
Lewisham Station Molesworth Street	0540	0600	0620	0640	0700	0720	0740	0800	0815	0830	0845	0900	0915	0926	0939	0952	1005	1018	
Hither Green Lane George Lane	0546	0606	0626	0646	0707	0727	0747	0807	0822	0838	0853	0908	0923	0934	0948	1002	1015	1028	
Catford Lewisham Town Hall	0553	0613	0633	0653	0714	0734	0754	0815	0830	0846	0901	0916	0931	0943	0957	1011	1024	1038	
Lower Sydenham Sainsbury's	0600	0620	0640	0700	0722	0742	0802	0823	0838	0855	0910	0925	0940	0953	1007	1021	1034	1048	
Lower Sydenham Bell Green	0602	0622	0642	0702	0724	0744	0804	0825	0840	0857	0912	0927	0942	0955	1009	1023	1036	1050	
Downham Downham Way	0608	0628	0648	0708	0730	0750	0811	0832	0848	0905	0921	0936	0952	1005	1019	1034	1047	1101	
Grove Park Station Bus Station	0613	0633	0653	0714	0736	0756	0817	0838	0855	0912	0929	0945	1002	1015	1030	1045	1059	1113	
Lewisham Station Molesworth Street	1031	1044	1057	1110	1123	1136	1149	1202	1215	1228	1240	1252	1305	1318	1331	1344	1357	1410	
Hither Green Lane George Lane	1041	1054	1107	1120	1133	1146	1159	1213	1226	1239	1251	1304	1317	1330	1343	1356	1410	1423	
Catford Lewisham Town Hall	1051	1104	1118	1131	1144	1157	1210	1224	1237	1250	1302	1315	1328	1341	1354	1408	1422	1434	
Lower Sydenham Sainsbury's	1101	1114	1128	1141	1154	1207	1220	1234	1247	1300	1313	1326	1339	1352	1405	1419	1432	1444	
Lower Sydenham Bell Green	1103	1116	1130	1143	1156	1209	1222	1236	1249	1303	1316	1329	1342	1355	1408	1422	1434	1446	
Downham Downham Way	1114	1127	1141	1154	1208	1221	1234	1248	1302	1316	1329	1342	1355	1408	1421	1434	1446	1458	
Grove Park Station Bus Station	1126	1139	1153	1206	1220	1233	1246	1300	1314	1328	1341	1354	1407	1420	1433	1445	1457	1509	
Lewisham Station Molesworth Street	1423	1436	1449	1502	1515	1528	1541	1554	Then every 13 minutes until	1659	1712	1724	1736	1748	1800	1812	1825		
Hither Green Lane George Lane	1435	1448	1501	1514	1526	1539	1552	1605		1710	1723	1735	1747	1759	1811	1823	1836		
Catford Lewisham Town Hall	1446	1459	1512	1525	1537	1550	1603	1616		1721	1733	1745	1757	1809	1821	1833	1846		
Lower Sydenham Sainsbury's	1456	1509	1522	1535	1547	1600	1613	1626		1731	1743	1755	1807	1819	1831	1843	1855		
Lower Sydenham Bell Green	1458	1511	1524	1537	1549	1602	1615	1628		1733	1745	1757	1809	1821	1833	1845	1857		
Downham Downham Way	1510	1522	1535	1548	1600	1613	1626	1639	1744	1756	1808	1820	1831	1843	1855	1907			
Grove Park Station Bus Station	1521	1533	1546	1558	1610	1622	1634	1646	1751	1803	1815	1827	1838	1850	1902	1914			
Lewisham Station Molesworth Street	1838	1850	1905	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2150	2205	2220	2235	2250	
Hither Green Lane George Lane	1849	1900	1915	1930	1945	1959	2014	2029	2044	2059	2114	2129	2144	2158	2213	2227	2242	2257	
Catford Lewisham Town Hall	1859	1910	1925	1940	1954	2008	2023	2038	2053	2108	2123	2138	2152	2206	2221	2235	2250	2305	
Lower Sydenham Sainsbury's	1908	1919	1934	1949	2003	2017	2032	2047	2102	2117	2131	2146	2200	2214	2229	2243	2258	2313	
Lower Sydenham Bell Green	1910	1921	1936	1951	2005	2019	2034	2049	2104	2119	2133	2148	2202	2216	2231	2245	2300	2315	
Downham Downham Way	1920	1931	1945	2000	2014	2028	2042	2057	2112	2127	2141	2155	2209	2223	2238	2252	2307	2322	
Grove Park Station Bus Station	1926	1937	1951	2006	2020	2034	2048	2103	2118	2133	2147	2201	2215	2229	2244	2258	2313	2328	
Lewisham Station Molesworth Street	2305	2325	2345	0005	0025	0045	0105												
Hither Green Lane George Lane	2312	2332	2352	0012	0032	0052	0112												
Catford Lewisham Town Hall	2320	2340	0000	0020	0040	0059	0119												
Lower Sydenham Sainsbury's	2328	2347	0007	0026	0046	0105	0125												
Lower Sydenham Bell Green	2330	2349	0009	0028	0048	0107	0127												
Downham Downham Way	2337	2356	0015	0034	0053	0112	0132												
Grove Park Station Bus Station	2342	0001	0020	0039	0058	0117	0137												
181		Sundays and other Public Holidays (except Christmas Day)																	
Lewisham Station Molesworth Street	0640	0710	0740	0810	0840	0910	0930	0950	1006	1022	1038	1054	1110	1126	1142	1158	1214	1230	
Hither Green Lane George Lane	0646	0716	0746	0816	0846	0917	0937	0957	1014	1030	1046	1103	1119	1135	1151	1208	1225	1241	
Catford Lewisham Town Hall	0654	0724	0754	0825	0855	0926	0946	1006	1023	1039	1055	1113	1129	1145	1201	1218	1235	1251	
Lower Sydenham Sainsbury's	0700	0730	0800	0832	0902	0933	0953	1015	1032	1049	1106	1124	1140	1156	1212	1229	1246	1302	
Lower Sydenham Bell Green	0702	0732	0802	0834	0904	0935	0955	1017	1034	1051	1108	1126	1142	1158	1215	1232	1249	1305	
Downham Downham Way	0710	0740	0810	0842	0912	0943	1004	1026	1043	1100	1118	1136	1153	1209	1226	1243	1300	1316	
Grove Park Station Bus Station	0716	0746	0816	0848	0919	0951	1013	1035	1053	1110	1128	1146	1203	1220	1237	1254	1311	1327	
Lewisham Station Molesworth Street	1246	1302	1318	1334	1350	1406	1422	1438	1454	1510	1527	1544	1600	1615	1630	1646	1701	1716	
Hither Green Lane George Lane	1257	1313	1329	1345	1401	1417	1433	1449	1504	1520	1537	1554	1610	1625	1640	1656	1711	1726	
Catford Lewisham Town Hall	1307	1323	1339	1355	1411	1427	1443	1459	1514	1530	1547	1604	1620	1635	1650	1706	1720	1735	
Lower Sydenham Sainsbury's	1318	1334	1350	1405	1421	1437	1453	1509	1524	1540	1557	1613	1629	1644	1659	1715	1729	1744	
Lower Sydenham Bell Green	1321	1337	1352	1407	1423	1439	1455	1511	1526	1542	1559	1615	1631	1646	1701	1717	1731	1746	
Downham Downham Way	1332	1348	1403	1418	1433	1449	1505	1521	1536	1552	1608	1624	1640	1655	1710	1726	1740	1755	
Grove Park Station Bus Station	1343	1359	1413	1428	1443	1459	1514	1529	1544	1559	1615	1631	1647	1702	1717	1733	1747	1802	
Lewisham Station Molesworth Street	1731	1746	1801	1816	1831	1846	1901	1916	1931	1946	2001	2017	2032	2048	2104	2119	2134	2149	
Hither Green Lane George Lane	1741	1756	1810	1825	1840	1855	1909	1924	1939	1954	2009	2025	2040	2056	2111	2126	2141	2156	
Catford Lewisham Town Hall	1750	1805	1819	1834	1849	1904	1918	1933	1948	2003	2017	2033	2048	2104	2119	2134	2149	2204	
Lower Sydenham Sainsbury's	1759	1814	1828	1843	1858	1912	1926	1941	1956	2010	2024	2040	2055	2111	2126	2141	2156	2211	
Lower Sydenham Bell Green	1801	1816	1830	1845	1900	1914	1928	1943	1958	2012	2026	2042	2057	2113	2128	2143	2158	2213	
Downham Downham Way	1810	1825	1839	1854	1908	1922	1936	1951	2006	2020	2034	2050	2105	2120	2135	2150	2205	2220	
Grove Park Station Bus Station	1817	1832	1846	1901	1915	1929	1943	1958	2013	2027	2041	2056	2111	2126	2141	2156	2211	2226	
Lewisham Station Molesworth Street	2205	2220	2235	2250	2305	2325	2345	0005	0025	0045	0105								
Hither Green Lane George Lane	2212	2227	2242	2257	2312	2332	2352	0012	0032	0052	0112								
Catford Lewisham Town Hall	2219	2234	2249	2304	2319	2339	2359	0019	0039	0059	0119								
Lower Sydenham Sainsbury's	2226	2241	2256	2311	2326	2345	0004	0024	0044	0104	0124								
Lower Sydenham Bell Green	2228	2243	2258	2313	2328	2347	0006	0026	0046	0106	0126								
Downham Downham Way	2235	2250	2305	2319	2334	2353	0012	0032	0052	0112	0132								
Grove Park Station Bus Station	2241	2255	2310	2324	2339	2358	0017	0037	0057	0117	0137								