

| 238 | | Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | | |
|---------------------------|------|---|--------------------------------------|--------------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Barking Station | 0000 | 0015 | | 0745 | 0815 | 0840 | 0855 | 0910 | 0925 | 0940 | 0953 | 1008 | 1025 | 1042 | 1059 | 1116 | 1133 | |
| East Ham Newham Town Hall | 0007 | 0022 | Then every 30 minutes until | 0752 | 0822 | 0847 | 0902 | 0918 | 0933 | 0948 | 1001 | 1017 | 1034 | 1051 | 1108 | 1125 | 1142 | |
| East Ham Station | 0011 | 0026 | | 0756 | 0827 | 0852 | 0907 | 0923 | 0938 | 0953 | 1007 | 1023 | 1040 | 1057 | 1115 | 1132 | 1149 | |
| Plashet Road Green Street | 0016 | 0031 | | 0801 | 0831 | 0856 | 0912 | 0928 | 0943 | 0958 | 1013 | 1029 | 1046 | 1103 | 1121 | 1138 | 1155 | |
| Portway Plashet Road | 0020 | 0035 | | 0805 | 0835 | 0900 | 0917 | 0933 | 0948 | 1003 | 1020 | 1038 | 1056 | 1113 | 1132 | 1150 | 1208 | |
| Stratford Bus Station | 0027 | 0042 | 0812 | 0842 | 0907 | 0924 | 0940 | 0955 | 1011 | 1028 | 1046 | 1104 | 1122 | 1141 | 1159 | 1217 | | |
| Barking Station | 1150 | 1207 | 1224 | 1241 | 1257 | 1313 | 1329 | 1346 | 1403 | 1420 | 1437 | 1454 | 1511 | 1528 | 1545 | 1602 | 1619 | 1636 |
| East Ham Newham Town Hall | 1159 | 1217 | 1234 | 1251 | 1307 | 1323 | 1340 | 1357 | 1414 | 1431 | 1448 | 1505 | 1522 | 1539 | 1556 | 1613 | 1629 | 1646 |
| East Ham Station | 1206 | 1225 | 1242 | 1259 | 1316 | 1333 | 1350 | 1407 | 1424 | 1441 | 1458 | 1516 | 1533 | 1550 | 1607 | 1622 | 1638 | 1655 |
| Plashet Road Green Street | 1213 | 1232 | 1249 | 1306 | 1324 | 1341 | 1358 | 1415 | 1432 | 1449 | 1506 | 1524 | 1541 | 1558 | 1615 | 1630 | 1646 | 1703 |
| Portway Plashet Road | 1226 | 1244 | 1301 | 1319 | 1337 | 1355 | 1412 | 1429 | 1446 | 1503 | 1520 | 1538 | 1555 | 1612 | 1629 | 1645 | 1701 | 1718 |
| Stratford Bus Station | 1235 | 1253 | 1311 | 1329 | 1347 | 1405 | 1422 | 1439 | 1456 | 1513 | 1530 | 1547 | 1604 | 1621 | 1638 | 1654 | 1710 | 1727 |
| Barking Station | 1653 | 1710 | 1727 | 1744 | 1800 | 1815 | 1830 | 1845 | 1900 | 1915 | 1930 | 1945 | 2000 | 2015 | 2030 | 2045 | 2100 | 2115 |
| East Ham Newham Town Hall | 1703 | 1720 | 1737 | 1754 | 1810 | 1824 | 1839 | 1854 | 1908 | 1923 | 1938 | 1953 | 2008 | 2023 | 2038 | 2053 | 2107 | 2122 |
| East Ham Station | 1712 | 1729 | 1746 | 1803 | 1817 | 1831 | 1846 | 1901 | 1914 | 1929 | 1944 | 1959 | 2013 | 2028 | 2043 | 2058 | 2112 | 2127 |
| Plashet Road Green Street | 1720 | 1737 | 1754 | 1810 | 1824 | 1838 | 1853 | 1907 | 1920 | 1935 | 1950 | 2005 | 2019 | 2034 | 2049 | 2104 | 2117 | 2132 |
| Portway Plashet Road | 1735 | 1752 | 1805 | 1817 | 1831 | 1845 | 1900 | 1913 | 1926 | 1941 | 1956 | 2011 | 2025 | 2040 | 2055 | 2109 | 2122 | 2137 |
| Stratford Bus Station | 1744 | 1801 | 1813 | 1825 | 1839 | 1853 | 1908 | 1921 | 1934 | 1949 | 2004 | 2018 | 2032 | 2047 | 2102 | 2116 | 2129 | 2144 |
| Barking Station | 2130 | 2145 | 2200 | | | | | | | | | | | | | | | |
| East Ham Newham Town Hall | 2137 | 2152 | 2207 | Then every 15 minutes until | 2345 | | | | | | | | | | | | | |
| East Ham Station | 2142 | 2157 | 2211 | | 2352 | | | | | | | | | | | | | |
| Plashet Road Green Street | 2147 | 2202 | 2216 | | 2356 | | | | | | | | | | | | | |
| Portway Plashet Road | 2152 | 2206 | 2220 | | 0001 | | | | | | | | | | | | | |
| Stratford Bus Station | 2159 | 2213 | 2227 | 0005 | | | | | | | | | | | | | | |
| | | | | | 0012 | | | | | | | | | | | | | |

| 238 | Sundays and other Public Holidays (except Christmas Day and Boxing Day) | | | | | | | | | | | | | | | | | |
|---------------------------|---|------|------|------|------|------|------|------|------|------|------|--------------------------------------|------|------|------|------|------|------|
| Stratford Bus Station | 0005 | 0020 | 0035 | 0050 | 0120 | 0150 | 0220 | 0250 | 0320 | 0350 | 0420 | Then every 30 minutes until | 0750 | 0820 | 0850 | 0905 | 0920 | |
| Plashet Road Portway | 0013 | 0028 | 0043 | 0058 | 0128 | 0158 | 0228 | 0258 | 0328 | 0358 | 0427 | | 0757 | 0827 | 0857 | 0912 | 0927 | |
| Plashet Road Green Street | 0016 | 0031 | 0046 | 0101 | 0131 | 0201 | 0231 | 0301 | 0331 | 0401 | 0430 | | 0800 | 0830 | 0900 | 0915 | 0930 | |
| East Ham Station | 0022 | 0037 | 0052 | 0107 | 0137 | 0207 | 0237 | 0307 | 0336 | 0406 | 0435 | | 0805 | 0835 | 0905 | 0921 | 0936 | |
| East Ham Newham Town Hall | 0027 | 0042 | 0057 | 0111 | 0141 | 0211 | 0241 | 0311 | 0340 | 0410 | 0439 | 0809 | 0839 | 0910 | 0926 | 0941 | | |
| Barking Station | 0034 | 0049 | 0104 | 0119 | 0149 | 0219 | 0249 | 0319 | 0348 | 0417 | 0446 | 0816 | 0847 | 0918 | 0934 | 0949 | | |
| Stratford Bus Station | 0935 | 0950 | 1005 | 1022 | 1039 | 1056 | 1114 | 1131 | 1148 | 1205 | 1222 | 1239 | 1256 | 1313 | 1330 | 1347 | 1404 | 1421 |
| Plashet Road Portway | 0942 | 0957 | 1013 | 1030 | 1047 | 1105 | 1123 | 1140 | 1157 | 1215 | 1232 | 1249 | 1306 | 1323 | 1340 | 1357 | 1415 | 1432 |
| Plashet Road Green Street | 0945 | 1002 | 1021 | 1039 | 1056 | 1114 | 1132 | 1149 | 1206 | 1225 | 1243 | 1301 | 1318 | 1335 | 1351 | 1408 | 1426 | 1443 |
| East Ham Station | 0951 | 1009 | 1028 | 1046 | 1103 | 1122 | 1140 | 1158 | 1215 | 1234 | 1252 | 1310 | 1327 | 1344 | 1400 | 1417 | 1435 | 1452 |
| East Ham Newham Town Hall | 0956 | 1015 | 1034 | 1052 | 1110 | 1129 | 1147 | 1205 | 1224 | 1243 | 1301 | 1320 | 1337 | 1354 | 1411 | 1428 | 1446 | 1503 |
| Barking Station | 1004 | 1023 | 1042 | 1100 | 1119 | 1138 | 1156 | 1214 | 1233 | 1252 | 1311 | 1330 | 1347 | 1404 | 1421 | 1438 | 1456 | 1513 |
| Stratford Bus Station | 1438 | 1455 | 1512 | 1529 | 1546 | 1603 | 1620 | 1637 | 1654 | 1710 | 1727 | 1744 | 1801 | 1818 | 1835 | 1850 | 1905 | 1920 |
| Plashet Road Portway | 1449 | 1506 | 1523 | 1540 | 1557 | 1614 | 1631 | 1648 | 1705 | 1721 | 1738 | 1755 | 1811 | 1828 | 1845 | 1900 | 1914 | 1929 |
| Plashet Road Green Street | 1500 | 1517 | 1534 | 1551 | 1608 | 1626 | 1643 | 1700 | 1717 | 1733 | 1750 | 1803 | 1815 | 1832 | 1849 | 1904 | 1918 | 1933 |
| East Ham Station | 1509 | 1526 | 1543 | 1600 | 1617 | 1635 | 1652 | 1709 | 1726 | 1742 | 1759 | 1812 | 1824 | 1841 | 1858 | 1912 | 1926 | 1941 |
| East Ham Newham Town Hall | 1520 | 1537 | 1554 | 1611 | 1627 | 1644 | 1701 | 1717 | 1734 | 1750 | 1807 | 1819 | 1831 | 1848 | 1905 | 1919 | 1933 | 1948 |
| Barking Station | 1530 | 1547 | 1604 | 1620 | 1636 | 1653 | 1710 | 1726 | 1743 | 1759 | 1816 | 1828 | 1840 | 1857 | 1913 | 1927 | 1941 | 1956 |
| Stratford Bus Station | 1935 | 1950 | 2005 | 2020 | 2035 | 2050 | 2105 | 2120 | 2135 | 2150 | 2205 | 2220 | 2235 | 2250 | 2305 | 2320 | 2335 | 2350 |
| Plashet Road Portway | 1944 | 1959 | 2014 | 2029 | 2044 | 2059 | 2113 | 2128 | 2143 | 2158 | 2213 | 2228 | 2243 | 2258 | 2313 | 2328 | 2343 | 2358 |
| Plashet Road Green Street | 1948 | 2003 | 2018 | 2033 | 2048 | 2103 | 2116 | 2131 | 2146 | 2201 | 2216 | 2231 | 2246 | 2301 | 2316 | 2331 | 2346 | 0001 |
| East Ham Station | 1956 | 2011 | 2025 | 2040 | 2055 | 2110 | 2123 | 2138 | 2153 | 2207 | 2222 | 2237 | 2252 | 2307 | 2322 | 2337 | 2352 | 0007 |
| East Ham Newham Town Hall | 2003 | 2017 | 2031 | 2046 | 2101 | 2115 | 2128 | 2143 | 2158 | 2212 | 2227 | 2242 | 2257 | 2311 | 2326 | 2341 | 2356 | 0011 |
| Barking Station | 2011 | 2025 | 2039 | 2054 | 2108 | 2122 | 2135 | 2150 | 2205 | 2219 | 2234 | 2249 | 2304 | 2318 | 2333 | 2348 | 0003 | 0018 |

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