

241

Stratford City – Plaistow – Royal Wharf

241		Mondays to Fridays																
Stratford City Bus Station	0440	0500	0520	0540	0555	0610	0625	0640	0652	0704	0714	0724	0734	0743	0752	0801	0811	0821
Stratford Bus Station	0444	0504	0524	0544	0559	0615	0630	0645	0657	0709	0719	0729	0739	0748	0757	0806	0816	0826
Plaistow Station	0450	0510	0530	0550	0606	0622	0637	0652	0705	0717	0727	0737	0747	0756	0805	0815	0825	0835
Plaistow Abbey Arms	0454	0514	0534	0554	0610	0626	0641	0657	0710	0722	0732	0742	0752	0801	0811	0821	0831	0841
Custom House Stn. Freemasons Road	0458	0518	0538	0558	0615	0631	0646	0702	0715	0727	0737	0747	0757	0807	0817	0827	0837	0847
Prince Regent Station Bus Station	0501	0521	0541	0601	0618	0634	0650	0706	0719	0731	0741	0751	0801	0811	0821	0831	0841	0851
Royal Wharf Primary School	0507	0527	0547	0607	0624	0640	0656	0713	0726	0738	0748	0758	0809	0819	0829	0839	0849	0859
Stratford City Bus Station	0831	0841	0851	0902	0914	0927	Then every 12 minutes until	1051	1103	1115	1127	1139	1151	1203	Then every 12 minutes until	1339		
Stratford Bus Station	0836	0846	0856	0907	0919	0931		1055	1107	1119	1131	1143	1155	1207		1343		
Plaistow Station	0845	0855	0905	0915	0927	0939		1103	1116	1128	1140	1152	1204	1217		1353		
Plaistow Abbey Arms	0851	0901	0911	0921	0933	0945		1109	1122	1134	1146	1158	1210	1223		1359		
Custom House Stn. Freemasons Road	0857	0907	0917	0927	0939	0951		1115	1128	1140	1152	1204	1216	1229		1405		
Prince Regent Station Bus Station	0901	0911	0921	0931	0943	0955		1119	1132	1144	1156	1208	1220	1233		1409		
Royal Wharf Primary School	0909	0919	0929	0939	0951	1003		1127	1140	1152	1204	1216	1228	1241		1417		
Stratford City Bus Station	1351	1403	1415	1427	1439	Then every 12 minutes until	1551	1602	Then every 10 minutes until	1702	1713	1723	1733	1743	1753	1803		
Stratford Bus Station	1355	1407	1420	1432	1444		1556	1607		1707	1718	1728	1738	1748	1758	1808		
Plaistow Station	1406	1418	1431	1443	1455		1607	1618		1718	1729	1739	1749	1759	1809	1819		
Plaistow Abbey Arms	1412	1424	1437	1449	1502		1614	1625		1725	1736	1746	1756	1806	1816	1826		
Custom House Stn. Freemasons Road	1418	1430	1443	1456	1509		1621	1632		1732	1743	1753	1803	1812	1822	1832		
Prince Regent Station Bus Station	1422	1434	1447	1500	1513		1625	1636		1736	1746	1756	1806	1815	1825	1835		
Royal Wharf Primary School	1430	1442	1455	1508	1521		1633	1644		1744	1754	1804	1814	1823	1833	1843		
Stratford City Bus Station	1813	1824	1834	1844	1854	1905	1917	1929	1941	1953	2005	2019	2034	2050	2105	2121	2137	2153
Stratford Bus Station	1818	1829	1839	1849	1859	1910	1921	1933	1945	1957	2009	2023	2038	2054	2109	2125	2141	2157
Plaistow Station	1829	1840	1850	1900	1910	1920	1931	1943	1954	2006	2018	2032	2047	2103	2118	2134	2150	2205
Plaistow Abbey Arms	1836	1847	1857	1906	1916	1926	1937	1949	2000	2012	2024	2038	2053	2109	2124	2139	2155	2210
Custom House Stn. Freemasons Road	1842	1853	1903	1912	1922	1932	1943	1955	2006	2018	2030	2044	2059	2114	2129	2144	2200	2215
Prince Regent Station Bus Station	1845	1856	1906	1915	1925	1935	1946	1958	2009	2021	2033	2047	2102	2117	2132	2147	2203	2218
Royal Wharf Primary School	1853	1903	1913	1922	1932	1942	1953	2005	2016	2028	2040	2054	2109	2124	2139	2154	2209	2224
Stratford City Bus Station	2208	2223	2238	2254	2309	2325	2340	Then every 15 minutes until	0055									
Stratford Bus Station	2212	2227	2242	2258	2313	2329	2344		0059									
Plaistow Station	2220	2235	2249	2305	2320	2336	2351		0106									
Plaistow Abbey Arms	2225	2240	2254	2310	2325	2340	2354		0109									
Custom House Stn. Freemasons Road	2230	2245	2259	2314	2329	2344	2358		0113									
Prince Regent Station Bus Station	2233	2248	2302	2317	2332	2347	0001		0116									
Royal Wharf Primary School	2239	2254	2308	2323	2338	2353	0007		0122									

241		Saturdays (also Good Friday)																		
Stratford City Bus Station	0440	0500	0520	0540	0600	0619	0638	0653	0708	0723	0738	0753	0805	0817	0829	0840	0851	0902		
Stratford Bus Station	0444	0504	0524	0544	0604	0624	0643	0658	0713	0728	0743	0758	0810	0822	0834	0845	0856	0907		
Plaistow Station	0450	0510	0530	0550	0610	0630	0650	0705	0720	0735	0750	0805	0817	0829	0841	0853	0904	0915		
Plaistow Abbey Arms	0454	0514	0534	0554	0614	0634	0654	0709	0724	0739	0754	0809	0822	0834	0846	0858	0909	0920		
Custom House Stn. Freemasons Road	0458	0518	0538	0558	0618	0638	0658	0714	0729	0744	0759	0814	0827	0839	0851	0903	0914	0925		
Prince Regent Station Bus Station	0501	0521	0541	0601	0621	0641	0701	0717	0732	0747	0802	0817	0830	0842	0854	0906	0917	0928		
Royal Wharf Primary School	0507	0527	0547	0607	0627	0647	0707	0723	0738	0753	0808	0823	0836	0849	0901	0913	0924	0935		
Stratford City Bus Station	0912	0922	0932	0942	0951	1000	1010	1020	1029	1039	1048	Then every 10 minutes until		1148	1157	1207	1217	1227		
Stratford Bus Station	0917	0927	0937	0947	0956	1005	1015	1025	1034	1044	1053			1153	1202	1212	1222	1232		
Plaistow Station	0925	0935	0945	0955	1004	1014	1024	1034	1043	1053	1102			1202	1212	1222	1232	1242		
Plaistow Abbey Arms	0930	0940	0950	1000	1009	1019	1029	1039	1048	1058	1108			1208	1218	1228	1238	1248		
Custom House Stn. Freemasons Road	0935	0945	0955	1005	1015	1025	1035	1045	1054	1104	1114			1214	1224	1234	1244	1254		
Prince Regent Station Bus Station	0938	0948	0958	1008	1018	1028	1038	1048	1057	1107	1117			1217	1227	1237	1247	1257		
Royal Wharf Primary School	0945	0955	1005	1015	1025	1035	1045	1055	1105	1115	1125	1225	1235	1245	1255	1305				
Stratford City Bus Station	1237	1247	Then every 10 minutes until		1547	1557	Then every 10 minutes until		1647	1657	1707	1717	1727	1737	1747	1757	1807	1816		
Stratford Bus Station	1242	1252			1552	1602			1652	1702	1712	1722	1732	1742	1752	1802	1812	1821		
Plaistow Station	1252	1302			1602	1613			1703	1714	1724	1734	1744	1754	1803	1813	1823	1832		
Plaistow Abbey Arms	1258	1309			1609	1620			1710	1721	1731	1741	1751	1801	1810	1820	1830	1839		
Custom House Stn. Freemasons Road	1304	1315			1615	1626			1716	1727	1737	1747	1757	1807	1816	1826	1836	1845		
Prince Regent Station Bus Station	1307	1318			1618	1629			1719	1730	1740	1750	1800	1810	1819	1829	1839	1848		
Royal Wharf Primary School	1315	1326	1626	1637	1727	1738	1748	1758	1808	1818	1827	1837	1847	1855						
Stratford City Bus Station	1825	1836	Then every 12 minutes until		1948	2004	2020	2036	2052	2106	2121	2136	2152	2207	2222	2238	2254	2309		
Stratford Bus Station	1830	1841			1953	2008	2024	2040	2056	2110	2125	2140	2156	2211	2226	2242	2258	2313		
Plaistow Station	1840	1851			2003	2018	2034	2050	2105	2119	2134	2149	2205	2220	2234	2249	2305	2320		
Plaistow Abbey Arms	1847	1857			2009	2024	2040	2055	2110	2124	2139	2154	2210	2225	2239	2254	2310	2325		
Custom House Stn. Freemasons Road	1853	1903			2015	2030	2045	2100	2115	2129	2144	2159	2215	2230	2244	2259	2314	2329		
Prince Regent Station Bus Station	1856	1906			2018	2033	2048	2103	2118	2132	2147	2202	2218	2233	2247	2302	2317	2332		
Royal Wharf Primary School	1903	1913	2025	2040	2055	2110	2125	2139	2154	2209	2224	2239	2253	2308	2323	2338				
Stratford City Bus Station	2325	Then every 15 minutes until		0040	0055															
Stratford Bus Station	2329			0044	0059															
Plaistow Station	2336			0051	0106															
Plaistow Abbey Arms	2340			0055	0109															
Custom House Stn. Freemasons Road	2344			0059	0113															
Prince Regent Station Bus Station	2347			0102	0116															
Royal Wharf Primary School	2353	0108	0122																	
241		Sundays and other Public Holidays (except Christmas Day)																		
Stratford City Bus Station	0545	0615	Then every 20 minutes until		0735	0750	0810	0825	0839	0853	0907	0921	0935	0949	1003	1018	1033	1048		
Stratford Bus Station	0548	0619			0739	0754	0814	0829	0843	0857	0911	0925	0939	0953	1008	1023	1038	1053		
Plaistow Station	0554	0625			0745	0800	0820	0836	0850	0904	0919	0933	0947	1001	1016	1031	1046	1101		
Plaistow Abbey Arms	0558	0629			0749	0804	0824	0840	0855	0909	0924	0938	0952	1006	1021	1036	1051	1106		
Custom House Stn. Freemasons Road	0602	0633			0753	0808	0828	0844	0859	0914	0929	0943	0957	1011	1026	1041	1056	1111		
Prince Regent Station Bus Station	0605	0636			0756	0811	0831	0847	0902	0917	0932	0946	1000	1014	1029	1044	1059	1114		
Royal Wharf Primary School	0611	0642	0802	0817	0837	0853	0908	0923	0938	0952	1006	1021	1036	1051	1106	1121				
Stratford City Bus Station	1103	1117	1130	1143	1156	1210	1225	1240	1255	1310	1325	1340	1355	1410	1425	Then every 15 minutes until		1655		
Stratford Bus Station	1108	1122	1135	1148	1201	1215	1229	1245	1300	1315	1330	1345	1400	1415	1430			1700		
Plaistow Station	1116	1130	1144	1158	1211	1225	1240	1255	1310	1325	1340	1355	1410	1426	1441			1711		
Plaistow Abbey Arms	1121	1135	1149	1203	1216	1231	1246	1301	1316	1331	1346	1401	1416	1432	1447			1717		
Custom House Stn. Freemasons Road	1126	1140	1154	1208	1222	1237	1252	1307	1322	1337	1352	1407	1422	1438	1453			1723		
Prince Regent Station Bus Station	1129	1143	1157	1211	1225	1240	1255	1310	1325	1340	1356	1411	1426	1441	1457			1727		
Royal Wharf Primary School	1136	1150	1204	1218	1232	1247	1302	1317	1332	1347	1403	1418	1433	1448	1504	1734				
Stratford City Bus Station	1709	1724	1739	1754	1808	1823	1835	1850	1905	1920	1935	1951	2006	2021	2037	2052	2108	2123		
Stratford Bus Station	1714	1729	1744	1759	1813	1828	1840	1855	1910	1925	1940	1956	2010	2025	2041	2056	2112	2127		
Plaistow Station	1725	1739	1754	1809	1823	1838	1850	1905	1920	1935	1949	2005	2019	2034	2049	2104	2120	2135		
Plaistow Abbey Arms	1731	1745	1800	1815	1829	1844	1856	1911	1926	1941	1955	2010	2024	2039	2054	2109	2124	2139		
Custom House Stn. Freemasons Road	1737	1751	1806	1821	1835	1850	1902	1917	1931	1946	2000	2015	2029	2044	2059	2113	2128	2143		
Prince Regent Station Bus Station	1741	1755	1810	1825	1839	1854	1906	1920	1934	1949	2003	2018	2032	2047	2102	2116	2131	2146		
Royal Wharf Primary School	1748	1802	1817	1832	1846	1900	1912	1926	1940	1955	2009	2024	2038	2053	2108	2122	2137	2152		
Stratford City Bus Station	2139	Then every 15 minutes until		2309	2325	Then every 15 minutes until		0040	0055											
Stratford Bus Station	2143			2313	2329			0044	0059											
Plaistow Station	2150			2320	2336			0051	0105											
Plaistow Abbey Arms	2154			2324	2339			0054	0108											
Custom House Stn. Freemasons Road	2158			2328	2343			0058	0112											
Prince Regent Station Bus Station	2201			2331	2346			0101	0115											
Royal Wharf Primary School	2207	2337	2352	0107	0121															

241

Royal Wharf – Plaistow – Stratford City

241		Mondays to Fridays																		
Royal Wharf Primary School	0455	0515	0535	0549	0603	0616	0629	0640	0649	0658	0708	0718	0727	0737			0827	0837		
Prince Regent Station Bus Station	0501	0521	0541	0555	0609	0622	0635	0646	0656	0706	0716	0726	0735	0745	Then every 10 minutes until	0835	0845			
Custom House Stn. Freemasons Road	0505	0525	0545	0559	0613	0626	0639	0651	0701	0711	0721	0731	0740	0750		0840	0850			
Plaistow Abbey Arms	0510	0530	0550	0604	0619	0632	0646	0658	0708	0718	0728	0738	0747	0757		0847	0857			
Plaistow Station	0514	0534	0555	0609	0624	0637	0652	0704	0714	0724	0734	0744	0754	0804		0854	0903			
Stratford Bus Station	0521	0541	0602	0617	0632	0646	0700	0713	0723	0733	0743	0753	0803	0814		0904	0913			
Stratford City Bus Station	0524	0545	0606	0621	0636	0650	0704	0717	0727	0737	0747	0757	0807	0818		0908	0917			
Royal Wharf Primary School	0847			0937	0948					1348	1400	1412	1424	1436	1448	1500	1510	1520	1530	1540
Prince Regent Station Bus Station	0855	Then every 10 minutes until		0945	0956					1356	1408	1420	1432	1444	1456	1508	1518	1528	1538	1548
Custom House Stn. Freemasons Road	0900		0950	1001						1401	1414	1426	1438	1450	1502	1514	1524	1534	1544	1554
Plaistow Abbey Arms	0907		0957	1008						1408	1421	1433	1445	1457	1509	1521	1531	1541	1551	1601
Plaistow Station	0913		1003	1014						1414	1427	1439	1451	1503	1515	1527	1537	1547	1557	1607
Stratford Bus Station	0923		1013	1023						1423	1436	1448	1500	1513	1525	1537	1548	1558	1608	1618
Stratford City Bus Station	0927		1017	1027						1427	1440	1452	1504	1517	1529	1541	1552	1602	1613	1623
Royal Wharf Primary School	1550	Then every 10 minutes until		1730	1740	1750	1801	1811	1821	1831	1841	1851	1902	1914	1924	1934	1944	1954	2004	2014
Prince Regent Station Bus Station	1558		1738	1748	1758	1809	1819	1829	1839	1849	1859	1910	1922	1934	1946	1958	2010			
Custom House Stn. Freemasons Road	1604		1744	1754	1804	1814	1824	1834	1844	1854	1904	1915	1927	1939	1951	2003	2015			
Plaistow Abbey Arms	1611		1751	1801	1811	1821	1831	1841	1851	1901	1911	1921	1933	1945	1957	2009	2021			
Plaistow Station	1617		1757	1807	1817	1827	1837	1847	1857	1907	1917	1927	1939	1951	2003	2014	2026			
Stratford Bus Station	1628		1808	1817	1827	1837	1847	1857	1907	1916	1926	1936	1948	2000	2012	2023	2035			
Stratford City Bus Station	1633	1813	1822	1832	1842	1852	1902	1911	1920	1930	1940	1952	2004	2016	2027	2039				
Royal Wharf Primary School	2015	2030	2045	2100	2115	2130	2145	2200	2215	2230	2245	2301	2315	2330	2345	Then every 15 minutes until	0115			
Prince Regent Station Bus Station	2023	2038	2053	2108	2123	2138	2153	2208	2222	2237	2251	2307	2321	2336	2351		0121			
Custom House Stn. Freemasons Road	2028	2043	2058	2113	2127	2142	2157	2212	2226	2241	2255	2311	2325	2340	2355		0125			
Plaistow Abbey Arms	2034	2048	2103	2118	2132	2147	2202	2217	2231	2246	2300	2316	2330	2345	2359		0129			
Plaistow Station	2039	2053	2108	2122	2136	2151	2206	2221	2235	2250	2304	2319	2333	2348	0002		0132			
Stratford Bus Station	2047	2101	2115	2129	2143	2157	2212	2227	2241	2256	2310	2325	2339	2354	0008		0138			
Stratford City Bus Station	2051	2105	2119	2133	2147	2201	2216	2231	2245	2300	2314	2329	2343	2358	0012	0142				
241		Saturdays (also Good Friday)																		
Royal Wharf Primary School	0455	0515	0535	0555	0615	0635				0735	0747	0759	0811	0823	0835	0847	0856	0905	0915	0925
Prince Regent Station Bus Station	0501	0521	0541	0601	0621	0641	Then every 15 mins. until			0741	0753	0805	0817	0829	0841	0853	0902	0912	0922	0932
Custom House Stn. Freemasons Road	0505	0525	0545	0605	0625	0645		0745	0757	0809	0821	0833	0845	0857	0907	0917	0927	0937		
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0650		0750	0802	0814	0826	0838	0851	0903	0913	0923	0933	0943		
Plaistow Station	0514	0534	0554	0614	0634	0654		0754	0807	0819	0831	0843	0856	0908	0918	0928	0938	0948		
Stratford Bus Station	0520	0540	0600	0621	0641	0701		0801	0815	0827	0839	0851	0904	0916	0926	0936	0946	0956		
Stratford City Bus Station	0523	0543	0603	0624	0644	0705		0805	0819	0831	0843	0855	0908	0920	0930	0940	0950	1000		
Royal Wharf Primary School	0935	0945	0954	1004	1014	1024	1034	1044	1054	1104	1114	1124	1134	1144	1154	1204	Then every 10 mins. until	1724		
Prince Regent Station Bus Station	0942	0952	1001	1011	1021	1031	1041	1051	1101	1111	1121	1131	1141	1151	1201	1212		1732		
Custom House Stn. Freemasons Road	0947	0957	1006	1016	1026	1036	1046	1056	1106	1116	1126	1136	1146	1156	1206	1217		1737		
Plaistow Abbey Arms	0953	1003	1013	1023	1033	1043	1053	1103	1113	1123	1133	1143	1153	1203	1213	1224		1744		
Plaistow Station	0958	1008	1018	1028	1038	1048	1058	1108	1119	1129	1139	1149	1159	1209	1219	1230		1750		
Stratford Bus Station	1006	1017	1027	1037	1047	1057	1108	1118	1129	1139	1149	1159	1209	1219	1229	1240		1800		
Stratford City Bus Station	1010	1021	1031	1041	1051	1101	1112	1122	1133	1143	1153	1203	1214	1224	1234	1245	1805			
Royal Wharf Primary School	1735	1745	1755	1806	1816	1826	1836	1847	1858	1910	1922	1934	1946	1959	2015	2031	2046	2101		
Prince Regent Station Bus Station	1743	1753	1803	1814	1824	1833	1843	1854	1905	1917	1929	1941	1953	2006	2022	2038	2053	2108		
Custom House Stn. Freemasons Road	1748	1758	1808	1819	1829	1838	1848	1859	1910	1922	1934	1946	1958	2011	2027	2043	2058	2113		
Plaistow Abbey Arms	1755	1805	1815	1826	1836	1845	1855	1906	1917	1929	1941	1953	2005	2018	2034	2049	2104	2119		
Plaistow Station	1801	1811	1821	1831	1841	1850	1900	1911	1922	1934	1946	1958	2010	2023	2039	2054	2109	2124		
Stratford Bus Station	1810	1820	1830	1840	1850	1859	1909	1920	1931	1943	1955	2007	2019	2032	2047	2102	2117	2132		
Stratford City Bus Station	1815	1825	1835	1845	1855	1904	1914	1925	1936	1948	2000	2012	2024	2036	2051	2106	2121	2136		
Royal Wharf Primary School	2117	2132	2145	2200	2215	2230	2245	2300	2315	2330	2345	0000	0015	0030	0045	0100	0115			
Prince Regent Station Bus Station	2124	2139	2152	2207	2222	2237	2251	2306	2321	2336	2351	0006	0021	0036	0051	0106	0121			
Custom House Stn. Freemasons Road	2129	2143	2156	2211	2226	2241	2255	2310	2325	2340	2355	0010	0025	0040	0055	0110	0125			
Plaistow Abbey Arms	2134	2148	2201	2216	2231	2246	2300	2315	2330	2345	0000	0015	0030	0044	0059	0114	0129			
Plaistow Station	2139	2153	2206	2221	2235	2250	2304	2319	2334	2349	0004	0018	0033	0047	0102	0117	0132			
Stratford Bus Station	2147	2201	2214	2228	2242	2257	2311	2325	2340	2355	0010	0024	0039	0053	0108	0123	0138			
Stratford City Bus Station	2151	2205	2218	2232	2246	2301	2315	2329	2344	2359	0014	0028	0043	0057	0112	0127	0142			

241 Sundays and other Public Holidays (except Christmas Day)																			
Royal Wharf Primary School	0557	0617	0637	0657	0713	0733	0753	0808	0823	0837	0851	0905	0919	0933	0947	1001	1016	1030	
Prince Regent Station Bus Station	0603	0623	0643	0702	0719	0739	0759	0814	0829	0843	0857	0911	0925	0939	0953	1008	1023	1037	
Custom House Stn. Freemasons Road	0607	0627	0647	0706	0723	0743	0803	0818	0833	0847	0901	0915	0929	0943	0958	1013	1028	1042	
Plaistow Abbey Arms	0612	0632	0652	0711	0728	0748	0808	0823	0838	0852	0907	0921	0935	0950	1005	1020	1035	1049	
Plaistow Station	0616	0636	0656	0715	0732	0752	0812	0827	0842	0857	0912	0926	0940	0955	1010	1025	1040	1055	
Stratford Bus Station	0622	0642	0702	0722	0739	0759	0819	0835	0850	0905	0920	0934	0949	1004	1019	1034	1049	1105	
Stratford City Bus Station	0625	0645	0705	0725	0743	0803	0823	0839	0854	0909	0924	0938	0953	1008	1023	1038	1053	1109	
Royal Wharf Primary School	1045				1200	1214	1229	1244	1259	1314	1329			1544	1600	1615	1631	1646	1702
Prince Regent Station Bus Station	1052	Then			1207	1221	1236	1251	1306	1321	1337	Then		1552	1608	1623	1639	1654	1710
Custom House Stn. Freemasons Road	1057	every 15			1212	1226	1241	1256	1311	1326	1342	every 15		1557	1613	1628	1644	1659	1715
Plaistow Abbey Arms	1104	minutes			1219	1233	1248	1303	1318	1333	1349	minutes		1604	1620	1635	1650	1705	1721
Plaistow Station	1110	until			1225	1239	1254	1309	1324	1339	1355	until		1610	1626	1641	1656	1711	1726
Stratford Bus Station	1120				1235	1249	1304	1319	1334	1349	1405			1620	1635	1650	1705	1720	1735
Stratford City Bus Station	1124				1239	1253	1308	1323	1338	1353	1409			1624	1639	1654	1709	1724	1739
Royal Wharf Primary School	1717	1732	1747	1803	1818	1833	1848	1904	1920	1935	1949	2003	2017	2032	2046	2101	2116	2130	
Prince Regent Station Bus Station	1725	1740	1755	1811	1826	1841	1856	1912	1928	1943	1957	2011	2025	2040	2054	2108	2122	2136	
Custom House Stn. Freemasons Road	1730	1745	1800	1816	1831	1846	1901	1917	1933	1947	2002	2015	2029	2044	2058	2112	2126	2140	
Plaistow Abbey Arms	1736	1751	1806	1822	1837	1852	1907	1923	1939	1953	2007	2020	2034	2049	2103	2117	2131	2145	
Plaistow Station	1741	1756	1811	1827	1842	1857	1912	1928	1944	1958	2011	2024	2038	2053	2107	2121	2135	2149	
Stratford Bus Station	1750	1805	1820	1835	1850	1905	1920	1935	1950	2004	2018	2031	2045	2059	2113	2127	2141	2155	
Stratford City Bus Station	1754	1809	1824	1839	1854	1909	1924	1939	1954	2008	2022	2035	2049	2103	2117	2131	2145	2159	
Royal Wharf Primary School	2145	2200	2215	2230	2245	2300	2315	2330	2345			Then		0115					
Prince Regent Station Bus Station	2151	2206	2221	2236	2251	2306	2321	2336	2351			every 15		0121					
Custom House Stn. Freemasons Road	2155	2210	2225	2240	2255	2310	2325	2340	2355			minutes		0125					
Plaistow Abbey Arms	2200	2215	2230	2245	2300	2315	2330	2345	2359			until		0129					
Plaistow Station	2204	2219	2234	2249	2304	2318	2333	2348	0002					0132					
Stratford Bus Station	2210	2225	2240	2255	2310	2324	2339	2354	0008					0138					
Stratford City Bus Station	2214	2229	2244	2259	2314	2328	2343	2358	0012					0142					