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Stratford City – Plaistow – Canning Town

241		Mondays to Fridays																										
Stratford City Bus Station	0440	0500	0520	0540	0555	0610										0927												
Stratford Theatre Royal	0443	0503	0523	0543	0558	0614		Then	0930								Then											
Plaistow Station	0449	0509	0529	0549	0605	0621		about	0938								every 12											
Plaistow Abbey Arms	0453	0513	0533	0553	0609	0625		every 10	0944								minutes											
Custom House Stn. Freemasons Road	0457	0517	0537	0557	0614	0630		minutes	0950								until											
Keir Hardie Est. Radland Rd/Rogers Rd.	0500	0520	0540	0600	0617	0633		until	0954																			
Canning Town Bus Station	0504	0524	0544	0604	0621	0637			0959																			
Canning Town Hermit Road	0506	0526	0546	0606	0623	0639			1002																			
Stratford City Bus Station	1215			1339	1351	1403	1415	1427	1438	1449	1501	1512									Then							
Stratford Theatre Royal	1218			1342	1354	1407	1419	1431	1442	1453	1505	1516									about							
Plaistow Station	1228	Then		1352	1405	1418	1430	1442	1453	1504	1516	1527									every 10							
Plaistow Abbey Arms	1234	every 12		1358	1411	1424	1436	1448	1500	1511	1523	1534									minutes							
Custom House Stn. Freemasons Road	1240	minutes		1404	1417	1430	1442	1455	1507	1518	1530	1541									until							
Keir Hardie Est. Radland Rd/Rogers Rd.	1244	until		1408	1421	1434	1446	1459	1511	1522	1534	1545																
Canning Town Bus Station	1249			1413	1426	1439	1451	1504	1516	1527	1539	1550																
Canning Town Hermit Road	1252			1416	1429	1442	1454	1507	1519	1530	1542	1553																
Stratford City Bus Station	2000	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0055												
Stratford Theatre Royal	2004	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058												
Plaistow Station	2013	2027	2047	2107	2127	2147	2206	2225	2245	2305	2325	2345	0005	0025	0045	0105												
Plaistow Abbey Arms	2019	2033	2053	2113	2132	2152	2211	2230	2250	2310	2329	2349	0008	0028	0048	0108												
Custom House Stn. Freemasons Road	2025	2039	2059	2118	2137	2157	2216	2235	2255	2314	2333	2353	0012	0032	0052	0112												
Keir Hardie Est. Radland Rd/Rogers Rd.	2028	2042	2102	2121	2140	2200	2219	2238	2258	2317	2336	2356	0015	0035	0055	0115												
Canning Town Bus Station	2032	2046	2106	2125	2144	2204	2223	2242	2302	2321	2340	0000	0019	0039	0059	0119												
Canning Town Hermit Road	2035	2049	2109	2128	2147	2206	2225	2244	2304	2323	2342	0002	0021	0041	0101	0121												
241		Saturdays (also Good Friday)																										
Stratford City Bus Station	0440			0600	0619	0638	0653																					
Stratford Theatre Royal	0443	Then		0603	0623	0642	0657														Then							
Plaistow Station	0449	every		0609	0629	0649	0704														about							
Plaistow Abbey Arms	0453	20		0613	0633	0653	0708														every							
Custom House Stn. Freemasons Road	0457	mins.		0617	0637	0657	0713														10							
Keir Hardie Est. Radland Rd/Rogers Rd.	0500	until		0620	0640	0700	0716														mins.							
Canning Town Bus Station	0504			0624	0644	0704	0720														until							
Canning Town Hermit Road	0506			0626	0646	0706	0722																					
Stratford City Bus Station	1925	1940	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0055										
Stratford Theatre Royal	1929	1944	1959	2019	2039	2059	2119	2139	2159	2219	2238	2258	2318	2338	2358	0018	0038	0058										
Plaistow Station	1939	1954	2009	2029	2049	2109	2128	2148	2207	2226	2245	2305	2325	2345	0005	0025	0045	0105										
Plaistow Abbey Arms	1945	2000	2015	2035	2055	2114	2133	2153	2212	2231	2250	2310	2330	2350	0009	0029	0049	0108										
Custom House Stn. Freemasons Road	1951	2006	2020	2040	2100	2119	2138	2158	2217	2236	2255	2314	2334	2354	0013	0033	0053	0112										
Keir Hardie Est. Radland Rd/Rogers Rd.	1954	2009	2023	2043	2103	2122	2141	2201	2220	2239	2258	2317	2337	2357	0016	0036	0056	0115										
Canning Town Bus Station	1959	2013	2027	2047	2107	2126	2145	2205	2224	2243	2302	2321	2341	0001	0020	0040	0100	0119										
Canning Town Hermit Road	2001	2015	2029	2049	2109	2128	2147	2207	2226	2245	2304	2323	2343	0003	0022	0042	0102	0121										
241		Sundays and other Public Holidays (except Christmas Day)																										
Stratford City Bus Station	0545	0615	0635	0655	0715	0735	0755	0815	0835	0855	0915	0935	0955	1015	1035	1055	1114	1133										
Stratford Theatre Royal	0548	0618	0638	0658	0718	0738	0758	0818	0838	0858	0918	0938	0958	1019	1039	1059	1118	1137										
Plaistow Station	0554	0624	0644	0704	0724	0744	0805	0825	0845	0905	0925	0946	1006	1027	1047	1107	1127	1147										
Plaistow Abbey Arms	0558	0628	0648	0708	0728	0748	0809	0829	0850	0910	0930	0951	1011	1032	1052	1112	1132	1152										
Custom House Stn. Freemasons Road	0602	0632	0652	0712	0732	0752	0813	0833	0854	0915	0935	0956	1016	1037	1057	1117	1137	1157										
Keir Hardie Est. Radland Rd/Rogers Rd.	0605	0635	0655	0715	0735	0755	0816	0836	0857	0918	0938	0959	1019	1040	1100	1120	1140	1200										
Canning Town Bus Station	0609	0639	0659	0719	0739	0759	0820	0840	0901	0922	0942	1003	1024	1045	1105	1125	1145	1205										
Canning Town Hermit Road	0611	0641	0701	0721	0741	0801	0822	0842	0903	0924	0944	1005	1026	1047	1107	1127	1147	1207										
Stratford City Bus Station	1152	1212	1232	1251	1311	1331	1350	1409													Then							
Stratford Theatre Royal	1156	1216	1236	1255	1315	1335	1354	1413													about							
Plaistow Station	1206	1226	1246	1305	1325	1345	1404	1424													every 20							
Plaistow Abbey Arms	1211	1231	1251	1311	1331	1351	1410	1430													minutes							
Custom House Stn. Freemasons Road	1217	1237	1257	1317	1337	1357	1416	1436													until							
Keir Hardie Est. Radland Rd/Rogers Rd.	1220	1240	1300	1320	1340	1400	1420	1440																				
Canning Town Bus Station	1225	1245	1305	1325	1345	1405	1425	1445																				
Canning Town Hermit Road	1227	1247	1307	1327	1347	1407	1427	1447																				

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Canning Town – Plaistow – Stratford City

241 Mondays to Fridays																		
Canning Town Hermit Road	0455	0515	0534	0548	0603	0618	0633	0646	Then about every 10 minutes until	0913	0924	0936	Then every 12 minutes until	1348	1400	1412		
Canning Town Bus Station	0458	0518	0537	0551	0606	0621	0636	0649		0917	0928	0940		1352	1404	1416		
Keir Hardie Estate Tarling Road	0501	0521	0540	0554	0609	0624	0639	0652		0921	0932	0944		1356	1408	1420		
Custom House Stn. Freemasons Road	0505	0525	0544	0558	0613	0628	0643	0656		0926	0937	0949		1401	1414	1426		
Plaistow Abbey Arms	0510	0530	0549	0603	0619	0634	0649	0702		0933	0944	0956		1408	1421	1433		
Plaistow Station	0514	0534	0554	0608	0624	0639	0654	0708		0939	0950	1002		1414	1427	1439		
Stratford Bus Station	0521	0541	0601	0616	0632	0647	0702	0717	0949	1000	1011	1423	1436	1448				
Stratford City Bus Station	0524	0545	0605	0620	0636	0651	0706	0721	0953	1004	1015	1427	1440	1452				
Canning Town Hermit Road	1424	1436	1448	1500	Then about every 10 minutes until	1900	1915	1930	1945	2000	2015	2035	2055	2115	2135	2155	2215	
Canning Town Bus Station	1428	1440	1452	1504		1904	1919	1934	1949	2004	2019	2039	2059	2119	2139	2159	2219	
Keir Hardie Estate Tarling Road	1432	1444	1456	1508		1908	1923	1938	1953	2008	2023	2043	2103	2123	2143	2203	2222	
Custom House Stn. Freemasons Road	1438	1450	1502	1514		1913	1928	1943	1958	2013	2028	2048	2108	2128	2147	2207	2226	
Plaistow Abbey Arms	1445	1457	1509	1521		1919	1934	1949	2004	2019	2033	2053	2113	2133	2152	2212	2231	
Plaistow Station	1451	1503	1516	1528		1925	1940	1955	2009	2024	2038	2058	2118	2137	2156	2216	2235	
Stratford Bus Station	1500	1513	1526	1538	1934	1949	2004	2018	2032	2046	2106	2125	2144	2203	2222	2241		
Stratford City Bus Station	1504	1517	1530	1542	1938	1953	2008	2022	2036	2050	2110	2129	2148	2207	2226	2245		
Canning Town Hermit Road	2235	2255	2315	Then every 20 minutes until	0115													
Canning Town Bus Station	2238	2258	2318		0118													
Keir Hardie Estate Tarling Road	2241	2301	2321		0121													
Custom House Stn. Freemasons Road	2245	2305	2325		0125													
Plaistow Abbey Arms	2250	2310	2329		0129													
Plaistow Station	2254	2313	2332		0132													
Stratford Bus Station	2300	2319	2338	0138														
Stratford City Bus Station	2304	2323	2342	0142														
241 Saturdays (also Good Friday)																		
Canning Town Hermit Road	0455	0515	0535	0555	0615	0635	Then every 15 minutes until	0735	0747	Then every 12 minutes until	0835	Then about every 10 minutes until	1855	1910	1925			
Canning Town Bus Station	0458	0518	0538	0558	0618	0638		0738	0750		0838		1858	1913	1928			
Keir Hardie Estate Tarling Road	0501	0521	0541	0601	0621	0641		0741	0753		0841		1902	1917	1932			
Custom House Stn. Freemasons Road	0505	0525	0545	0605	0625	0645		0745	0757		0845		1907	1922	1937			
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0650		0750	0802		0850		1914	1929	1944			
Plaistow Station	0514	0534	0554	0614	0634	0654		0754	0807		0855		1919	1934	1949			
Stratford Bus Station	0520	0540	0600	0621	0641	0701	0801	0815	0903	1928	1943	1958						
Stratford City Bus Station	0523	0543	0603	0624	0644	0705	0805	0819	0907	1933	1948	2003						
Canning Town Hermit Road	1940	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0055	0115
Canning Town Bus Station	1943	1958	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038	0058	0118
Keir Hardie Estate Tarling Road	1947	2002	2022	2042	2102	2122	2142	2202	2222	2242	2301	2321	2341	0001	0021	0041	0101	0121
Custom House Stn. Freemasons Road	1952	2007	2027	2047	2107	2126	2146	2206	2226	2245	2305	2325	2345	0005	0025	0045	0105	0125
Plaistow Abbey Arms	1959	2014	2033	2053	2112	2131	2151	2211	2231	2250	2310	2330	2350	0010	0029	0049	0109	0129
Plaistow Station	2004	2019	2038	2058	2117	2136	2156	2216	2235	2254	2314	2334	2354	0013	0032	0052	0112	0132
Stratford Bus Station	2012	2027	2046	2106	2125	2144	2204	2223	2242	2301	2320	2340	0000	0019	0038	0058	0118	0138
Stratford City Bus Station	2017	2031	2050	2110	2129	2148	2208	2227	2246	2305	2324	2344	0004	0023	0042	0102	0122	0142
241 Sundays and other Public Holidays (except Christmas Day)																		
Canning Town Hermit Road	0557	0617	0637	0657	0717	0737	0757	0817	0836	0855	0915	0935	0955	1015	1035	1055	1115	1135
Canning Town Bus Station	0600	0620	0640	0700	0720	0740	0800	0820	0839	0858	0918	0938	0958	1018	1038	1058	1118	1138
Keir Hardie Estate Tarling Road	0603	0623	0643	0703	0723	0743	0803	0823	0842	0901	0921	0941	1001	1022	1042	1102	1122	1142
Custom House Stn. Freemasons Road	0607	0627	0647	0707	0727	0747	0807	0827	0846	0905	0925	0945	1006	1027	1047	1107	1127	1147
Plaistow Abbey Arms	0612	0632	0652	0712	0732	0752	0812	0832	0851	0911	0931	0952	1013	1034	1054	1114	1134	1154
Plaistow Station	0616	0636	0656	0716	0736	0756	0816	0836	0856	0916	0936	0957	1018	1039	1100	1120	1140	1200
Stratford Bus Station	0622	0642	0702	0723	0743	0803	0824	0844	0904	0924	0945	1006	1027	1048	1109	1129	1149	1210
Stratford City Bus Station	0625	0645	0705	0726	0746	0807	0828	0848	0908	0928	0949	1010	1031	1052	1113	1133	1153	1214
Canning Town Hermit Road	1155	1215	1235	1255	1315	Then every 20 minutes until	1515	1535	1555	1615	1635	1655	1715	1735	1755	1815	1835	
Canning Town Bus Station	1158	1218	1238	1258	1319		1519	1539	1559	1619	1639	1659	1719	1739	1759	1819	1839	
Keir Hardie Estate Tarling Road	1202	1222	1242	1302	1323		1523	1543	1603	1623	1643	1703	1723	1743	1803	1823	1843	
Custom House Stn. Freemasons Road	1207	1227	1247	1307	1328		1528	1548	1608	1628	1648	1708	1728	1748	1808	1828	1848	
Plaistow Abbey Arms	1214	1234	1254	1314	1335		1535	1555	1614	1634	1654	1714	1734	1754	1814	1834	1854	
Plaistow Station	1220	1240	1300	1320	1341		1541	1601	1620	1640	1700	1719	1739	1759	1819	1839	1859	
Stratford Bus Station	1230	1250	1310	1330	1351	1551	1610	1629	1649	1709	1728	1748	1808	1827	1847	1907		
Stratford City Bus Station	1234	1254	1314	1334	1355	1555	1614	1633	1653	1713	1732	1752	1812	1831	1851	1911		
Canning Town Hermit Road	1855	1915	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	Then every 20 minutes until	0115		
Canning Town Bus Station	1859	1919	1939	1959	2018	2038	2058	2118	2138	2158	2218	2238	2258	2318		0118		
Keir Hardie Estate Tarling Road	1903	1923	1943	2003	2022	2042	2102	2121	2141	2201	2221	2241	2301	2321		0121		
Custom House Stn. Freemasons Road	1908	1928	1947	2007	2026	2046	2106	2125	2145	2205	2225	2245	2305	2325		0125		
Plaistow Abbey Arms	1914	1934	1953	2012	2031	2051	2111	2130	2150	2210	2230	2250	2310	2329		0129		
Plaistow Station	1919	1939	1958	2016	2035	2055	2115	2134	2154	2214	2234	2254	2313	2332		0132		
Stratford Bus Station	1926	1945	2004	2023	2042	2102	2121	2140	2200	2220	2240	2300	2319	2338	0138			
Stratford City Bus Station	1930	1949	2008	2027	2046	2106	2125	2144	2204	2224	2244	2304	2323	2342	0142			