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Stratford City – Plaistow – Prince Regent

241		Mondays to Fridays															
Stratford City Bus Station	0437	0457	0517	0537	0552	0607	0618	0628	0638	0648	0658	0708	0718	0728	Then	0918	0930
Stratford Broadway West Ham Lane	0443	0503	0523	0543	0558	0614	0625	0635	0645	0655	0705	0715	0725	0735	every 10	0925	0937
Plaistow Station	0447	0507	0527	0547	0602	0618	0629	0639	0649	0659	0709	0719	0729	0740	minutes	0930	0943
Plaistow Abbey Arms	0450	0510	0530	0550	0606	0622	0633	0643	0653	0703	0713	0723	0734	0745	until	0935	0948
Prince Regent Station Bus Station	0456	0516	0536	0556	0613	0629	0640	0650	0700	0711	0722	0733	0744	0755		0945	0957
Stratford City Bus Station	0942	Then	1206	1218	Then	1406	1418	1430	1442	1454	1506	1518	Then	1808	1818		
Stratford Broadway West Ham Lane	0949	every 12	1213	1225	every 12	1413	1425	1437	1449	1502	1514	1526	every 10	1816	1826		
Plaistow Station	0955	minutes	1219	1231	minutes	1419	1431	1443	1456	1509	1521	1533	minutes	1823	1833		
Plaistow Abbey Arms	1000	until	1224	1237	until	1425	1437	1450	1503	1516	1528	1540	until	1830	1840		
Prince Regent Station Bus Station	1009		1233	1246		1434	1447	1500	1513	1526	1538	1550		1840	1849		
Stratford City Bus Station	1829	1839	1849	1900	1915	1930	1945	2000	2016	2036	2056	2116	2136	2156	2216	Then	0056
Stratford Broadway West Ham Lane	1837	1847	1857	1908	1923	1938	1953	2008	2023	2042	2102	2122	2142	2202	2222	every 20	0102
Plaistow Station	1843	1853	1903	1914	1929	1944	1959	2014	2028	2047	2107	2127	2147	2207	2226	minutes	0106
Plaistow Abbey Arms	1850	1900	1910	1921	1936	1951	2005	2019	2033	2052	2112	2132	2152	2211	2230	until	0110
Prince Regent Station Bus Station	1859	1909	1919	1930	1945	1959	2013	2027	2041	2100	2120	2140	2159	2218	2237		0117
241		Saturdays (also Good Friday)															
Stratford City Bus Station	0437	0457	0517	0537	0556	0615	0635	0650	0705	0720	0735	0750	0804	Then	0904	0914	0923
Stratford Broadway West Ham Lane	0443	0503	0523	0543	0602	0621	0641	0656	0711	0726	0741	0756	0810	every 12	0910	0920	0929
Plaistow Station	0447	0507	0527	0547	0606	0625	0645	0700	0715	0730	0746	0801	0815	minutes	0915	0925	0934
Plaistow Abbey Arms	0450	0510	0530	0550	0609	0629	0649	0704	0719	0734	0750	0805	0819	until	0919	0929	0939
Prince Regent Station Bus Station	0456	0516	0536	0556	0616	0636	0656	0711	0726	0741	0757	0812	0826		0926	0937	0947
Stratford City Bus Station	0932	Then	1032	1042	1052	1102	Then	1242	1251	1300	Then	1650	1701	1712	1722		
Stratford Broadway West Ham Lane	0939	every 10	1039	1049	1059	1110	every 10	1250	1259	1308	every 10	1658	1709	1719	1729		
Plaistow Station	0944	minutes	1044	1054	1105	1116	minutes	1256	1305	1315	minutes	1705	1715	1725	1735		
Plaistow Abbey Arms	0949	until	1049	1059	1110	1121	until	1301	1311	1321	until	1711	1721	1731	1741		
Prince Regent Station Bus Station	0957		1057	1108	1119	1130		1310	1320	1330		1720	1730	1740	1750		
Stratford City Bus Station	1732	Then	1832	1843	1854	1910	1925	1940	1956	2016	2036	2056	2116	2136	2156	2216	2236
Stratford Broadway West Ham Lane	1739	every 10	1839	1850	1901	1916	1931	1946	2002	2022	2042	2102	2122	2142	2202	2222	2242
Plaistow Station	1745	minutes	1845	1856	1907	1922	1937	1952	2007	2027	2047	2107	2127	2147	2207	2226	2246
Plaistow Abbey Arms	1751	until	1851	1902	1912	1927	1942	1957	2012	2032	2052	2112	2132	2152	2211	2230	2250
Prince Regent Station Bus Station	1800		1900	1910	1920	1935	1950	2005	2020	2040	2100	2120	2140	2159	2218	2237	2257
Stratford City Bus Station	2256	Then	0056														
Stratford Broadway West Ham Lane	2302	every 20	0102														
Plaistow Station	2306	minutes	0106														
Plaistow Abbey Arms	2310	until	0110														
Prince Regent Station Bus Station	2317		0117														
241		Sundays and other Public Holidays (except Christmas Day)															
Stratford City Bus Station	0544	0614	0636	Then	0836	0856	0916	0936	0956	1016	1035	1054	Then	1234	1254	1314	
Stratford Broadway West Ham Lane	0549	0619	0641	every 20	0841	0901	0921	0941	1001	1022	1041	1101	every 20	1241	1301	1321	
Plaistow Station	0553	0623	0645	minutes	0845	0906	0926	0946	1006	1027	1046	1106	minutes	1246	1307	1327	
Plaistow Abbey Arms	0557	0627	0649	until	0849	0910	0930	0950	1010	1031	1051	1111	until	1251	1312	1332	
Prince Regent Station Bus Station	0603	0634	0656		0856	0917	0937	0957	1018	1039	1059	1119		1259	1320	1340	
Stratford City Bus Station	1334	1354	1414	1434	1454	Then	1654	1715	1735	1755	1815	1835	1856	Then	2116	2136	
Stratford Broadway West Ham Lane	1341	1401	1421	1441	1501	every 20	1701	1721	1741	1801	1821	1841	1902	every 20	2122	2142	
Plaistow Station	1347	1407	1427	1447	1507	minutes	1707	1727	1747	1807	1827	1847	1907	minutes	2127	2147	
Plaistow Abbey Arms	1352	1413	1433	1453	1512	until	1712	1732	1752	1812	1832	1852	1912	until	2132	2152	
Prince Regent Station Bus Station	1400	1421	1441	1501	1520		1720	1740	1800	1820	1840	1900	1920		2140	2159	
Stratford City Bus Station	2156	2216	Then	0056													
Stratford Broadway West Ham Lane	2202	2222	every 20	0102													
Plaistow Station	2207	2226	minutes	0106													
Plaistow Abbey Arms	2211	2230	until	0110													
Prince Regent Station Bus Station	2218	2237		0117													

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Prince Regent – Plaistow – Stratford City

241		Mondays to Fridays																
Prince Regent Station Bus Station	0503	0523	0543	0558	0613	0628	0643	0657	0707	0716	0725	Then		0905	0915	0925	0935	0946
Plaistow Abbey Arms	0510	0530	0550	0605	0621	0636	0651	0705	0715	0725	0735	every 10		0915	0925	0935	0945	0956
Plaistow Station	0514	0534	0554	0609	0625	0640	0655	0710	0720	0731	0741	minutes		0921	0931	0940	0950	1001
Stratford Bus Station	0520	0540	0600	0616	0632	0647	0703	0718	0729	0740	0750	until		0930	0939	0948	0958	1009
Stratford City Bus Station	0524	0544	0605	0621	0637	0652	0708	0723	0734	0745	0755			0935	0944	0953	1003	1014
Prince Regent Station Bus Station	0958	Then		1222	1235	Then		1423	1435	1447	1459	1511	1522	Then		1642	1652	1702
Plaistow Abbey Arms	1008	every 12		1232	1244	every 12		1432	1444	1457	1509	1521	1532	every 10		1652	1702	1712
Plaistow Station	1013	minutes		1237	1249	minutes		1437	1450	1503	1515	1527	1538	minutes		1658	1708	1718
Stratford Bus Station	1021	until		1245	1257	until		1445	1458	1511	1523	1535	1546	until		1706	1717	1727
Stratford City Bus Station	1026			1250	1302			1450	1503	1516	1528	1540	1551			1711	1722	1732
Prince Regent Station Bus Station	1712	Then		1802	1812	1822	1833	1843	1853	1903	1913	1928	1943	1958	2013	2028	2048	2108
Plaistow Abbey Arms	1722	every 10		1812	1822	1832	1842	1852	1902	1912	1922	1937	1952	2007	2021	2036	2056	2116
Plaistow Station	1728	minutes		1818	1828	1838	1847	1857	1907	1917	1927	1942	1957	2011	2025	2040	2100	2120
Stratford Bus Station	1737	until		1827	1837	1846	1855	1905	1915	1925	1935	1950	2004	2018	2032	2047	2107	2127
Stratford City Bus Station	1742			1832	1841	1850	1859	1909	1919	1929	1939	1954	2008	2022	2036	2051	2111	2131
Prince Regent Station Bus Station	2128	2148	2208	Then		0128												
Plaistow Abbey Arms	2136	2156	2215	every 20		0135												
Plaistow Station	2140	2200	2219	minutes		0139												
Stratford Bus Station	2147	2206	2225	until		0145												
Stratford City Bus Station	2151	2210	2229			0149												
241		Saturdays (also Good Friday)																
Prince Regent Station Bus Station	0503	0523	0543	0603	0623	0643	0658	0713	0728	0740	0752	0804	0816	0826	0836	0846	0856	0905
Plaistow Abbey Arms	0510	0530	0550	0610	0630	0651	0706	0721	0736	0748	0800	0812	0824	0834	0844	0854	0904	0913
Plaistow Station	0514	0534	0554	0614	0634	0655	0710	0725	0740	0752	0804	0816	0828	0838	0848	0858	0908	0917
Stratford Bus Station	0520	0540	0600	0620	0641	0702	0717	0732	0747	0759	0811	0823	0835	0845	0855	0905	0915	0924
Stratford City Bus Station	0524	0544	0604	0624	0645	0706	0721	0736	0751	0803	0815	0827	0839	0849	0859	0909	0919	0929
Prince Regent Station Bus Station	0914	0923	0932	Then		1042	1051	Then		1641	1652	Then		1832	1843	1853	1908	1923
Plaistow Abbey Arms	0922	0931	0941	every 10		1051	1100	every 10		1650	1701	every 10		1841	1852	1902	1916	1931
Plaistow Station	0926	0936	0946	minutes		1056	1105	minutes		1655	1706	minutes		1846	1857	1907	1921	1936
Stratford Bus Station	0934	0944	0954	until		1104	1114	until		1704	1714	until		1854	1905	1915	1929	1944
Stratford City Bus Station	0939	0949	0959			1109	1119			1709	1719			1859	1909	1919	1933	1948
Prince Regent Station Bus Station	1938	1953	2008	2028	2048	2108	2128	2148	2208	Then		0128						
Plaistow Abbey Arms	1946	2001	2016	2036	2056	2116	2136	2156	2215	every 20		0135						
Plaistow Station	1951	2006	2020	2040	2100	2120	2140	2200	2219	minutes		0139						
Stratford Bus Station	1959	2013	2027	2047	2107	2127	2147	2206	2225	until		0145						
Stratford City Bus Station	2003	2017	2031	2051	2111	2131	2151	2210	2229			0149						
241		Sundays and other Public Holidays (except Christmas Day)																
Prince Regent Station Bus Station	0610	Then		0850	0910	0930	0950	1009	1028	Then		1228	1248	1308	1328	1348	1408	1428
Plaistow Abbey Arms	0617	every 20		0857	0917	0938	0958	1018	1037	every 20		1237	1257	1317	1337	1357	1417	1437
Plaistow Station	0621	minutes		0901	0921	0942	1002	1023	1042	minutes		1242	1302	1322	1342	1402	1422	1442
Stratford Bus Station	0627	until		0907	0928	0949	1009	1030	1050	until		1250	1311	1331	1351	1410	1430	1450
Stratford City Bus Station	0631			0911	0932	0953	1014	1035	1055			1255	1316	1336	1356	1415	1435	1455
Prince Regent Station Bus Station	1448	Then		1648	1708	1728	1748	1808	1828	1848	1908	Then		2128	2148	2208	2228	2248
Plaistow Abbey Arms	1457	every 20		1657	1717	1736	1756	1816	1836	1856	1916	every 20		2136	2156	2215	2235	2255
Plaistow Station	1502	minutes		1702	1722	1741	1801	1821	1841	1901	1920	minutes		2140	2200	2219	2239	2259
Stratford Bus Station	1510	until		1710	1730	1749	1809	1829	1849	1908	1927	until		2147	2206	2225	2245	2305
Stratford City Bus Station	1515			1715	1734	1753	1813	1833	1853	1912	1931			2151	2210	2229	2249	2309
Prince Regent Station Bus Station	2308	Then		0128														
Plaistow Abbey Arms	2315	every 20		0135														
Plaistow Station	2319	minutes		0139														
Stratford Bus Station	2325	until		0145														
Stratford City Bus Station	2329			0149														