

257	Mondays to Fridays																		
Walthamstow Central Station	0430	0445	0500	0512	0524	0534	0544	0554	0601	0609	0616	0623	0630	0637	0643	0650	0657	0704	
Leyton Baker's Arms (Lea Bridge Road)	0434	0449	0504	0516	0528	0538	0548	0558	0605	0613	0620	0628	0636	0643	0649	0656	0703	0710	
Whipps Cross Bus Station	0437	0452	0507	0519	0531	0542	0552	0602	0609	0617	0624	0632	0640	0647	0654	0701	0708	0715	
Leytonstone Green Man (High Road)	0440	0455	0511	0523	0535	0546	0556	0606	0614	0622	0629	0637	0645	0652	0659	0707	0714	0721	
Leytonstone Station Bus Station	0442	0457	0513	0525	0537	0548	0558	0608	0616	0624	0631	0639	0647	0654	0701	0709	0717	0724	
Leytonstone Thatched House	0448	0504	0520	0532	0544	0555	0605	0616	0624	0632	0639	0647	0655	0702	0710	0718	0726	0733	
Stratford Bus Station	0454	0510	0526	0539	0551	0602	0613	0624	0632	0640	0647	0655	0703	0711	0719	0727	0735	0742	
Walthamstow Central Station	0712	0719	0727	0734	0742	0749	0757	0803	0811	0818	0826	0833	0841	0848	0856	0903	0911	0919	
Leyton Baker's Arms (Lea Bridge Road)	0718	0725	0733	0740	0748	0755	0803	0810	0818	0825	0833	0840	0848	0855	0903	0910	0918	0926	
Whipps Cross Bus Station	0723	0730	0738	0746	0754	0801	0809	0816	0824	0831	0839	0846	0854	0901	0909	0916	0924	0932	
Leytonstone Green Man (High Road)	0729	0737	0745	0753	0801	0808	0816	0823	0831	0838	0846	0853	0901	0908	0916	0923	0931	0938	
Leytonstone Station Bus Station	0732	0740	0748	0756	0804	0811	0819	0826	0834	0841	0849	0856	0904	0911	0919	0926	0934	0941	
Leytonstone Thatched House	0741	0749	0757	0805	0813	0820	0828	0835	0843	0850	0858	0905	0913	0921	0929	0936	0944	0951	
Stratford Bus Station	0750	0758	0807	0815	0823	0830	0838	0845	0853	0900	0908	0915	0923	0931	0939	0946	0954	1001	
Walthamstow Central Station	0926	0934	0941	0949	0956	1004	1011	1019	1026	1034	1041	1049	1056	1104	1111	1119	1126	1134	
Leyton Baker's Arms (Lea Bridge Road)	0933	0941	0948	0956	1003	1011	1018	1026	1033	1041	1048	1056	1103	1111	1118	1126	1133	1141	
Whipps Cross Bus Station	0939	0947	0954	1002	1009	1017	1024	1032	1039	1047	1054	1102	1109	1117	1124	1132	1139	1147	
Leytonstone Green Man (High Road)	0945	0953	1000	1008	1015	1023	1030	1038	1045	1053	1100	1108	1115	1123	1130	1138	1145	1153	
Leytonstone Station Bus Station	0948	0956	1003	1011	1018	1026	1033	1041	1048	1056	1103	1111	1118	1126	1134	1142	1149	1157	
Leytonstone Thatched House	0958	1006	1013	1021	1028	1036	1043	1051	1058	1106	1113	1121	1128	1136	1144	1152	1159	1207	
Stratford Bus Station	1008	1015	1022	1030	1037	1045	1052	1100	1107	1115	1122	1130	1137	1146	1154	1202	1209	1217	
Walthamstow Central Station	1141	1149	1156	1204	1211	1219	1226	1234	1241	1249	1256	1304	1311	1319	1326	1334	1341	1349	
Leyton Baker's Arms (Lea Bridge Road)	1148	1156	1203	1211	1218	1226	1233	1241	1248	1256	1303	1311	1318	1326	1333	1341	1348	1356	
Whipps Cross Bus Station	1154	1202	1209	1217	1224	1232	1239	1247	1254	1302	1310	1318	1325	1333	1340	1348	1355	1403	
Leytonstone Green Man (High Road)	1200	1208	1215	1223	1230	1238	1245	1253	1300	1308	1316	1324	1331	1339	1346	1354	1401	1409	
Leytonstone Station Bus Station	1204	1212	1219	1227	1234	1242	1249	1257	1304	1312	1320	1328	1335	1343	1350	1358	1405	1413	
Leytonstone Thatched House	1214	1222	1229	1237	1244	1252	1259	1307	1314	1322	1330	1338	1345	1353	1400	1408	1415	1423	
Stratford Bus Station	1224	1232	1239	1247	1254	1302	1309	1317	1324	1332	1340	1348	1355	1403	1410	1418	1425	1433	
Walthamstow Central Station	1356	1404	1411	1418	1425	1433	1440	1448	1455	1501	1508	1516	1523	1531	1538	1545	1553	1601	
Leyton Baker's Arms (Lea Bridge Road)	1403	1411	1418	1425	1432	1440	1447	1455	1502	1509	1516	1524	1531	1539	1546	1553	1601	1609	
Whipps Cross Bus Station	1411	1419	1426	1433	1440	1448	1455	1503	1510	1517	1525	1533	1540	1548	1555	1602	1610	1618	
Leytonstone Green Man (High Road)	1417	1425	1432	1440	1447	1455	1502	1510	1517	1524	1532	1540	1547	1555	1602	1610	1618	1626	
Leytonstone Station Bus Station	1421	1429	1436	1444	1451	1459	1506	1514	1521	1528	1536	1544	1551	1559	1606	1614	1622	1630	
Leytonstone Thatched House	1431	1439	1446	1454	1501	1509	1516	1524	1531	1538	1546	1554	1601	1609	1616	1624	1632	1640	
Stratford Bus Station	1441	1449	1456	1504	1511	1519	1526	1534	1541	1548	1556	1604	1611	1619	1626	1634	1642	1650	
Walthamstow Central Station	1609	1616	1624	1631	1639	1646	1654	1701	1709	1716	1724	1732	1740	1748	1755	1803	1810	1818	
Leyton Baker's Arms (Lea Bridge Road)	1617	1624	1632	1639	1647	1654	1702	1709	1717	1724	1732	1739	1747	1755	1802	1810	1817	1825	
Whipps Cross Bus Station	1626	1633	1641	1648	1656	1703	1711	1718	1726	1733	1741	1748	1755	1803	1810	1818	1825	1832	
Leytonstone Green Man (High Road)	1634	1641	1649	1656	1704	1711	1719	1726	1734	1741	1749	1756	1803	1811	1818	1825	1832	1839	
Leytonstone Station Bus Station	1638	1645	1653	1700	1708	1715	1723	1730	1738	1745	1753	1800	1807	1815	1822	1829	1836	1843	
Leytonstone Thatched House	1648	1655	1703	1710	1718	1725	1733	1740	1748	1755	1803	1810	1817	1825	1832	1839	1845	1852	
Stratford Bus Station	1658	1705	1713	1720	1728	1735	1743	1750	1758	1805	1813	1820	1827	1835	1842	1849	1855	1902	
Walthamstow Central Station	1825	1833	1840	1848	1855	1905	1915	1925	1935	1947	1959	2011	2023	2035	2047	2059	2111	2123	
Leyton Baker's Arms (Lea Bridge Road)	1832	1840	1847	1855	1902	1912	1922	1932	1942	1953	2005	2017	2029	2041	2053	2105	2117	2129	
Whipps Cross Bus Station	1839	1847	1854	1902	1909	1918	1928	1938	1948	1959	2010	2022	2034	2046	2058	2109	2121	2133	
Leytonstone Green Man (High Road)	1846	1854	1901	1908	1915	1924	1934	1944	1954	2005	2016	2028	2039	2051	2103	2114	2126	2138	
Leytonstone Station Bus Station	1850	1858	1905	1912	1919	1928	1937	1947	1957	2008	2019	2031	2042	2054	2106	2117	2129	2141	
Leytonstone Thatched House	1859	1907	1914	1921	1928	1937	1946	1956	2006	2016	2027	2039	2050	2102	2114	2125	2137	2148	
Stratford Bus Station	1909	1916	1923	1930	1937	1946	1955	2005	2015	2025	2036	2047	2058	2110	2122	2133	2145	2156	
Walthamstow Central Station	2135	2147	2159	2211	2223	2235	2247	2259	2311	2323	2336	2348	0000	0015	0030	0045	0100	0115	
Leyton Baker's Arms (Lea Bridge Road)	2141	2153	2205	2217	2229	2240	2251	2303	2315	2327	2340	2352	0004	0019	0034	0049	0104	0119	
Whipps Cross Bus Station	2145	2157	2209	2221	2233	2244	2255	2307	2319	2331	2343	2355	0007	0022	0037	0052	0107	0122	
Leytonstone Green Man (High Road)	2150	2202	2214	2226	2237	2248	2259	2311	2323	2335	2347	2359	0011	0026	0041	0056	0111	0126	
Leytonstone Station Bus Station	2153	2204	2216	2228	2239	2250	2301	2313	2325	2337	2349	0001	0013	0028	0043	0058	0113	0128	
Leytonstone Thatched House	2200	2211	2223	2235	2246	2257	2308	2319	2331	2343	2355	0007	0019	0034	0049	0104	0118	0133	
Stratford Bus Station	2208	2219	2231	2242	2253	2304	2315	2326	2338	2350	0002	0013	0025	0040	0055	0110	0124	0139	

257	Saturdays (also Good Friday)																			
Walthamstow Central Station	0430	0445	0500	0515	0530	0545	0600	0612	0624	0636	0648	0700	0710	0720	0730	0740	0750	0800		
Leyton Baker's Arms (Lea Bridge Road)	0434	0449	0504	0519	0534	0549	0604	0616	0628	0640	0652	0704	0714	0724	0734	0744	0754	0804		
Whipps Cross Bus Station	0437	0452	0507	0522	0537	0552	0608	0620	0632	0644	0656	0708	0718	0728	0738	0748	0758	0808		
Leytonstone Green Man (High Road)	0441	0456	0511	0526	0541	0556	0612	0624	0637	0649	0701	0713	0723	0733	0743	0753	0803	0813		
Leytonstone Station Bus Station	0443	0458	0513	0528	0543	0558	0614	0626	0639	0651	0703	0715	0725	0736	0746	0756	0806	0816		
Leytonstone Thatched House	0449	0504	0519	0534	0550	0605	0621	0633	0646	0658	0710	0722	0733	0744	0754	0804	0814	0824		
Stratford Bus Station	0455	0510	0525	0540	0556	0612	0628	0640	0653	0705	0717	0729	0740	0751	0802	0812	0822	0832		
Walthamstow Central Station	0810	0820	0830	0837	0845	0852	0859	0906	0914	0921	0929	0936	0944	0951	0958	1006	1013	1020		
Leyton Baker's Arms (Lea Bridge Road)	0814	0825	0835	0842	0850	0857	0905	0912	0920	0927	0935	0942	0950	0957	1004	1012	1019	1026		
Whipps Cross Bus Station	0818	0829	0840	0847	0855	0902	0910	0917	0925	0932	0940	0947	0955	1002	1009	1017	1025	1032		
Leytonstone Green Man (High Road)	0823	0834	0845	0852	0900	0907	0915	0923	0931	0938	0946	0953	1001	1008	1015	1023	1031	1038		
Leytonstone Station Bus Station	0826	0837	0848	0855	0903	0910	0918	0926	0934	0941	0949	0956	1004	1011	1019	1027	1035	1042		
Leytonstone Thatched House	0834	0845	0856	0903	0912	0919	0927	0935	0943	0950	0958	1005	1013	1021	1029	1037	1045	1052		
Stratford Bus Station	0842	0853	0904	0912	0921	0928	0936	0944	0952	0959	1007	1014	1022	1030	1038	1046	1054	1102		
Walthamstow Central Station	1028	1035	1043	1050	1058	1105	1113	1120	1128	1135	1143	1150	1157	1204	1211	1218	1225	1232		
Leyton Baker's Arms (Lea Bridge Road)	1034	1041	1049	1056	1104	1111	1119	1127	1135	1142	1150	1157	1204	1211	1218	1225	1232	1239		
Whipps Cross Bus Station	1040	1047	1055	1102	1110	1117	1125	1133	1141	1148	1156	1203	1211	1218	1225	1232	1239	1246		
Leytonstone Green Man (High Road)	1046	1054	1102	1109	1117	1124	1132	1141	1149	1156	1204	1211	1219	1226	1233	1240	1247	1255		
Leytonstone Station Bus Station	1050	1058	1106	1113	1121	1128	1136	1145	1153	1200	1208	1215	1223	1230	1237	1244	1251	1259		
Leytonstone Thatched House	1100	1108	1116	1123	1131	1138	1146	1155	1203	1210	1218	1225	1233	1240	1248	1255	1302	1310		
Stratford Bus Station	1110	1118	1126	1133	1141	1148	1156	1205	1213	1220	1228	1235	1243	1250	1258	1305	1313	1321		
Walthamstow Central Station	1240	1247	1255	1302	1310	1317	1325	1332	1340	1348	1356	1403	1411	1418	1426	1433	1441	1449		
Leyton Baker's Arms (Lea Bridge Road)	1247	1254	1302	1309	1317	1324	1332	1339	1347	1355	1403	1410	1418	1425	1433	1440	1448	1456		
Whipps Cross Bus Station	1254	1301	1309	1316	1324	1331	1339	1346	1354	1402	1410	1417	1425	1432	1440	1447	1455	1503		
Leytonstone Green Man (High Road)	1303	1310	1318	1325	1333	1340	1348	1355	1403	1411	1419	1426	1434	1441	1449	1456	1504	1511		
Leytonstone Station Bus Station	1307	1314	1322	1329	1337	1344	1352	1359	1407	1415	1423	1430	1438	1445	1453	1500	1508	1515		
Leytonstone Thatched House	1318	1325	1333	1340	1348	1355	1403	1410	1418	1425	1433	1440	1448	1455	1503	1510	1518	1525		
Stratford Bus Station	1329	1336	1344	1351	1359	1406	1414	1421	1429	1436	1444	1451	1459	1506	1513	1520	1528	1535		
Walthamstow Central Station	1457	Then		04	12	19	27	34	42	49	57	1727	1735	1743	1751	1759	1807	1814	1822	1829
Leyton Baker's Arms (Lea Bridge Road)	1504	every 7-8		11	19	26	34	41	49	56	04	1734	1742	1750	1758	1806	1814	1821	1829	1836
Whipps Cross Bus Station	1511	minutes		18	26	33	41	48	56	03	11	1741	1749	1757	1805	1812	1820	1827	1835	1842
Leytonstone Green Man (High Road)	1519	at these		26	34	41	49	56	04	11	19	1749	1756	1804	1812	1819	1827	1834	1842	1849
Leytonstone Station Bus Station	1523	minutes		30	38	45	53	00	08	15	23	1753	1800	1808	1816	1823	1831	1838	1846	1853
Leytonstone Thatched House	1533	past		40	48	55	03	10	18	25	33	1803	1810	1818	1826	1833	1840	1847	1855	1902
Stratford Bus Station	1543	the hour		50	58	05	13	20	28	35	43	1813	1820	1828	1836	1843	1850	1857	1905	1912
Walthamstow Central Station	1839	1849	1859	1911	1923	1935	1947	1959	2011	2023	2035	2047	2059	2111	2123	2135	2147	2159		
Leyton Baker's Arms (Lea Bridge Road)	1846	1856	1906	1917	1929	1941	1953	2005	2017	2029	2041	2053	2105	2117	2129	2141	2153	2205		
Whipps Cross Bus Station	1852	1902	1912	1923	1935	1946	1958	2010	2022	2034	2046	2058	2110	2122	2134	2145	2157	2209		
Leytonstone Green Man (High Road)	1859	1909	1919	1930	1941	1952	2004	2016	2028	2040	2052	2104	2115	2127	2139	2150	2202	2214		
Leytonstone Station Bus Station	1903	1913	1923	1934	1945	1956	2007	2019	2031	2043	2055	2107	2118	2130	2142	2153	2205	2217		
Leytonstone Thatched House	1912	1922	1932	1943	1954	2005	2016	2028	2039	2051	2103	2115	2126	2138	2150	2201	2213	2225		
Stratford Bus Station	1922	1932	1942	1953	2004	2015	2026	2037	2048	2100	2112	2124	2135	2146	2158	2209	2221	2233		
Walthamstow Central Station	2211	2224	2236	2248	2300	2312	2324	2336	2348	0000	0015	0030	0045	0100	0115					
Leyton Baker's Arms (Lea Bridge Road)	2217	2230	2242	2254	2306	2318	2330	2341	2353	0004	0019	0034	0049	0104	0119					
Whipps Cross Bus Station	2221	2234	2246	2258	2310	2322	2334	2345	2357	0008	0023	0038	0053	0107	0122					
Leytonstone Green Man (High Road)	2226	2239	2251	2303	2315	2327	2338	2349	0001	0012	0027	0042	0057	0111	0126					
Leytonstone Station Bus Station	2229	2242	2254	2306	2318	2330	2340	2351	0003	0014	0029	0044	0059	0113	0128					
Leytonstone Thatched House	2237	2249	2301	2313	2325	2337	2347	2358	0009	0020	0035	0050	0105	0119	0134					
Stratford Bus Station	2245	2257	2309	2321	2333	2344	2354	0005	0016	0027	0042	0057	0111	0125	0140					

257	Sundays and other Public Holidays (except Christmas Day)																		
Walthamstow Central Station	0600	0615	0630	0645	0700	0715	0730	0745	0800	0812	0824	0836	0848	0900	0912	0924	0936	0948	
Leyton Baker's Arms (Lea Bridge Road	0604	0619	0634	0649	0704	0719	0734	0749	0804	0816	0828	0840	0853	0905	0918	0930	0942	0954	
Whipps Cross Bus Station	0608	0623	0638	0653	0708	0723	0738	0753	0808	0820	0832	0844	0857	0909	0922	0935	0947	0959	
Leytonstone Green Man (High Road)	0612	0627	0642	0657	0713	0728	0743	0758	0813	0825	0837	0849	0902	0914	0927	0940	0952	1004	
Leytonstone Station Bus Station	0614	0629	0644	0659	0715	0730	0745	0800	0815	0827	0839	0851	0904	0917	0930	0943	0955	1007	
Leytonstone Thatched House	0620	0635	0651	0706	0722	0737	0752	0807	0822	0834	0847	0859	0912	0925	0938	0951	1003	1015	
Stratford Bus Station	0626	0642	0658	0713	0729	0744	0759	0814	0829	0841	0854	0907	0920	0933	0946	0959	1011	1023	
Walthamstow Central Station	1000	1011	1023	1035	1047	1058	1109	1121	1133	1145	1157	1209	1221	1233	Then every 12 minutes until		1333	1345	
Leyton Baker's Arms (Lea Bridge Road	1006	1017	1029	1041	1053	1104	1115	1127	1139	1151	1203	1216	1228	1240			1340	1352	
Whipps Cross Bus Station	1011	1022	1034	1046	1058	1110	1121	1133	1145	1157	1209	1222	1234	1247			1347	1359	
Leytonstone Green Man (High Road)	1016	1028	1040	1052	1104	1116	1127	1139	1152	1204	1216	1229	1242	1255			1355	1407	
Leytonstone Station Bus Station	1019	1031	1043	1055	1107	1119	1131	1143	1156	1208	1220	1233	1246	1259			1359	1411	
Leytonstone Thatched House	1028	1040	1052	1104	1116	1129	1141	1153	1206	1218	1231	1244	1257	1310			1410	1421	
Stratford Bus Station	1036	1049	1101	1113	1125	1138	1150	1202	1215	1228	1241	1254	1307	1320			1420	1431	
Walthamstow Central Station	1357	1409	1421	1433	1445	1458	1511	1523	1535	1547	1559	1611	1623	1635	Then every 12 minutes until		1759	1811	
Leyton Baker's Arms (Lea Bridge Road	1404	1416	1428	1440	1452	1505	1518	1530	1542	1554	1606	1618	1630	1641			1805	1817	
Whipps Cross Bus Station	1411	1423	1435	1447	1459	1511	1524	1536	1548	1600	1612	1624	1636	1647			1811	1823	
Leytonstone Green Man (High Road)	1419	1431	1443	1455	1507	1519	1531	1543	1555	1607	1619	1630	1642	1653			1817	1829	
Leytonstone Station Bus Station	1423	1435	1447	1459	1511	1523	1535	1547	1559	1611	1622	1633	1645	1656			1820	1832	
Leytonstone Thatched House	1433	1445	1457	1509	1521	1533	1545	1557	1609	1621	1632	1643	1654	1705			1829	1840	
Stratford Bus Station	1443	1455	1507	1519	1531	1543	1555	1607	1619	1630	1641	1652	1703	1714			1838	1849	
Walthamstow Central Station	1823	1835	1848	1900	1913	Then every 12 minutes until		2013	2025	2037	2048	2100	2112	2124	2136	2148	2200	2212	
Leyton Baker's Arms (Lea Bridge Road	1829	1841	1854	1906	1919			2019	2031	2043	2054	2106	2118	2130	2142	2154	2206	2218	
Whipps Cross Bus Station	1835	1847	1859	1911	1924			2024	2036	2048	2059	2110	2122	2134	2146	2158	2210	2222	
Leytonstone Green Man (High Road)	1841	1853	1905	1917	1929			2029	2041	2053	2104	2115	2127	2139	2151	2203	2214	2226	
Leytonstone Station Bus Station	1844	1856	1908	1920	1932			2032	2044	2055	2106	2117	2129	2141	2153	2205	2216	2228	
Leytonstone Thatched House	1852	1904	1916	1928	1940			2040	2051	2102	2113	2124	2136	2148	2200	2212	2223	2235	
Stratford Bus Station	1901	1912	1924	1936	1948			2048	2059	2110	2121	2132	2143	2155	2207	2219	2230	2242	
Walthamstow Central Station	2224	2236	2248	2300	2312	2324	2336	2348	0000	0015	0030	0045	0100	0115					
Leyton Baker's Arms (Lea Bridge Road	2230	2241	2252	2304	2316	2328	2340	2352	0004	0019	0034	0049	0104	0119					
Whipps Cross Bus Station	2234	2245	2256	2308	2320	2332	2343	2355	0007	0022	0037	0052	0107	0122					
Leytonstone Green Man (High Road)	2238	2249	2300	2312	2324	2336	2347	2359	0011	0026	0041	0056	0111	0126					
Leytonstone Station Bus Station	2240	2251	2302	2314	2326	2338	2349	0001	0013	0028	0043	0058	0113	0128					
Leytonstone Thatched House	2247	2258	2309	2320	2332	2344	2355	0007	0019	0034	0049	0104	0118	0133					
Stratford Bus Station	2254	2305	2316	2327	2339	2351	0002	0013	0025	0040	0055	0110	0124	0139					

257	Mondays to Fridays																			
Stratford Bus Station	0425	0440	0455	0507	0519	0531	0541	0551	0601	0608	0616	0623	0631	0638	0646	0653	0659	0706		
Leytonstone Thatched House	0429	0444	0459	0511	0523	0535	0545	0555	0606	0613	0621	0628	0636	0643	0651	0658	0705	0712		
Leytonstone Green Man (High Road)	0435	0450	0505	0518	0530	0542	0552	0602	0613	0621	0629	0637	0645	0652	0700	0707	0715	0722		
Whipps Cross Bus Station	0439	0454	0509	0522	0534	0546	0556	0607	0618	0626	0634	0642	0650	0657	0705	0712	0720	0728		
Leyton Baker's Arms (High Rd. Leyton	0442	0457	0513	0526	0538	0550	0601	0612	0623	0631	0639	0647	0655	0702	0710	0717	0725	0733		
Walthamstow Central Station	0446	0502	0518	0531	0543	0555	0606	0617	0628	0637	0645	0653	0701	0708	0716	0724	0732	0740		
Stratford Bus Station	0713	0721	0728	0736	0743	0751	0758	0805	0813	0820	0827	0834	0841	0848	0855	0902	0910	0917		
Leytonstone Thatched House	0719	0727	0734	0742	0749	0757	0804	0812	0820	0827	0834	0841	0848	0855	0902	0909	0917	0924		
Leytonstone Green Man (High Road)	0729	0737	0745	0753	0801	0809	0817	0825	0833	0841	0848	0855	0902	0909	0915	0922	0929	0936		
Whipps Cross Bus Station	0735	0743	0751	0759	0807	0815	0823	0831	0839	0847	0854	0901	0908	0915	0921	0928	0935	0942		
Leyton Baker's Arms (High Rd. Leyton	0741	0749	0757	0805	0813	0821	0829	0837	0845	0853	0900	0907	0914	0921	0927	0934	0941	0948		
Walthamstow Central Station	0748	0756	0804	0812	0820	0828	0836	0844	0852	0900	0907	0914	0921	0928	0934	0941	0948	0955		
Stratford Bus Station	0925	0932	0940	0947	0955	1002	1010	1017	1025	1032	1040	1047	1055	1102	1110	1117	1125	1132		
Leytonstone Thatched House	0932	0939	0947	0954	1002	1009	1017	1024	1032	1039	1047	1054	1102	1109	1117	1124	1132	1139		
Leytonstone Green Man (High Road)	0944	0951	0959	1006	1014	1021	1029	1036	1044	1051	1059	1106	1114	1121	1129	1136	1144	1151		
Whipps Cross Bus Station	0950	0957	1005	1012	1020	1027	1035	1042	1050	1057	1105	1112	1120	1127	1135	1142	1150	1157		
Leyton Baker's Arms (High Rd. Leyton	0956	1003	1011	1018	1026	1033	1041	1048	1056	1103	1111	1118	1126	1133	1142	1149	1157	1204		
Walthamstow Central Station	1003	1010	1018	1025	1033	1040	1048	1055	1103	1110	1118	1125	1133	1140	1149	1156	1204	1211		
Stratford Bus Station	1140	1147	1155	1202	1210	1217	1225	1232	1240	1247	1255	1302	1310	1317	1325	1332	1340	1347		
Leytonstone Thatched House	1147	1154	1202	1209	1217	1224	1232	1240	1248	1255	1303	1310	1318	1325	1333	1340	1348	1355		
Leytonstone Green Man (High Road)	1159	1207	1215	1222	1230	1237	1245	1253	1301	1308	1316	1323	1331	1339	1347	1354	1402	1409		
Whipps Cross Bus Station	1205	1213	1221	1228	1236	1243	1251	1259	1307	1314	1322	1329	1337	1345	1353	1400	1408	1415		
Leyton Baker's Arms (High Rd. Leyton	1212	1220	1228	1235	1243	1250	1258	1306	1314	1321	1329	1336	1344	1352	1400	1407	1415	1422		
Walthamstow Central Station	1219	1227	1235	1242	1250	1258	1306	1314	1322	1329	1337	1344	1352	1400	1408	1415	1423	1430		
Stratford Bus Station	1355	1402	1410	1417	1425	1432	1439	1447	1454	1502	1510	1517	1525	1532	1540	1547	1555	1602		
Leytonstone Thatched House	1403	1410	1418	1425	1433	1440	1447	1455	1502	1510	1518	1526	1534	1541	1549	1556	1604	1611		
Leytonstone Green Man (High Road)	1417	1424	1432	1439	1447	1454	1502	1510	1517	1525	1533	1541	1549	1556	1604	1611	1619	1626		
Whipps Cross Bus Station	1423	1430	1438	1445	1453	1500	1508	1516	1523	1531	1539	1547	1555	1602	1610	1617	1625	1632		
Leyton Baker's Arms (High Rd. Leyton	1430	1437	1445	1452	1500	1507	1515	1523	1531	1539	1547	1554	1602	1609	1617	1624	1632	1639		
Walthamstow Central Station	1438	1446	1454	1501	1509	1516	1524	1532	1540	1548	1556	1603	1611	1618	1626	1633	1641	1648		
Stratford Bus Station	1610	1617	1625	1633	1641	1648	1656	1703	1711	1718	1726	1734	1742	1750	1757	1805	1813	1820		
Leytonstone Thatched House	1619	1626	1634	1642	1650	1657	1705	1712	1720	1727	1735	1743	1751	1759	1806	1814	1822	1829		
Leytonstone Green Man (High Road)	1634	1641	1649	1657	1705	1712	1720	1727	1735	1742	1750	1758	1805	1813	1820	1828	1836	1843		
Whipps Cross Bus Station	1640	1647	1655	1703	1711	1718	1726	1733	1741	1748	1756	1804	1811	1819	1826	1834	1842	1849		
Leyton Baker's Arms (High Rd. Leyton	1647	1654	1702	1710	1718	1725	1733	1740	1748	1755	1803	1810	1817	1825	1832	1840	1848	1855		
Walthamstow Central Station	1656	1703	1711	1719	1726	1733	1741	1748	1756	1803	1811	1818	1825	1833	1840	1848	1855	1902		
Stratford Bus Station	1828	1835	1843	1852	1900	1907	1915	1925	1935	1945	1955	2005	2015	2027	2039	2051	2103	2116		
Leytonstone Thatched House	1837	1844	1852	1900	1908	1915	1923	1933	1943	1953	2003	2013	2023	2034	2046	2058	2110	2123		
Leytonstone Green Man (High Road)	1850	1857	1905	1913	1920	1927	1935	1944	1954	2004	2014	2024	2034	2044	2056	2108	2120	2133		
Whipps Cross Bus Station	1856	1903	1910	1918	1925	1932	1940	1949	1959	2009	2019	2029	2039	2049	2101	2113	2125	2138		
Leyton Baker's Arms (High Rd. Leyton	1902	1909	1916	1924	1931	1938	1946	1955	2005	2014	2024	2034	2044	2054	2106	2118	2130	2142		
Walthamstow Central Station	1909	1916	1923	1931	1938	1945	1953	2002	2011	2020	2030	2040	2050	2100	2112	2124	2136	2148		
Stratford Bus Station	2128	2141	2154	2206	2218	2230	2242	2254	2306	2318	2330	2342	2354	0006	0020	0035	0050	0105		
Leytonstone Thatched House	2135	2147	2200	2212	2224	2236	2248	2300	2311	2323	2335	2347	2359	0011	0025	0040	0055	0109		
Leytonstone Green Man (High Road)	2144	2156	2209	2221	2233	2245	2257	2308	2319	2331	2343	2355	0007	0018	0032	0047	0102	0116		
Whipps Cross Bus Station	2149	2201	2213	2225	2237	2249	2301	2312	2323	2335	2347	2359	0011	0022	0036	0051	0106	0120		
Leyton Baker's Arms (High Rd. Leyton	2153	2205	2217	2229	2241	2253	2305	2316	2327	2339	2351	0003	0014	0025	0039	0054	0109	0123		
Walthamstow Central Station	2159	2210	2222	2234	2246	2258	2310	2321	2332	2344	2356	0008	0019	0030	0044	0059	0114	0128		
257	Saturdays (also Good Friday)																			
Stratford Bus Station	0425	0440	0455	0510	0525	0540	0555	0610	0625	0637	0649	0701	0713	0725	0735	0745	0755	0805		
Leytonstone Thatched House	0429	0444	0459	0514	0529	0544	0559	0614	0629	0642	0654	0706	0718	0730	0740	0750	0800	0810		
Leytonstone Green Man (High Road)	0435	0450	0505	0521	0536	0551	0606	0621	0636	0649	0702	0714	0726	0739	0749	0759	0809	0819		
Whipps Cross Bus Station	0439	0454	0509	0525	0540	0555	0610	0625	0641	0654	0707	0719	0731	0744	0754	0804	0814	0824		
Leyton Baker's Arms (High Rd. Leyton	0442	0457	0512	0528	0544	0559	0614	0629	0645	0658	0711	0723	0735	0748	0758	0808	0818	0829		
Walthamstow Central Station	0447	0502	0517	0533	0549	0604	0619	0634	0650	0703	0716	0728	0740	0753	0803	0813	0824	0835		
Stratford Bus Station	0815	0825	0835	0845	0855	0905	0912	0920	0927	0935	0942	0950	0957	1005	1012	1020	1027	1035		
Leytonstone Thatched House	0820	0830	0841	0851	0901	0911	0918	0926	0933	0941	0949	0957	1004	1012	1019	1027	1034	1042		
Leytonstone Green Man (High Road)	0829	0840	0851	0901	0911	0921	0929	0937	0944	0952	1000	1008	1016	1024	1031	1039	1046	1054		
Whipps Cross Bus Station	0834	0845	0856	0906	0916	0926	0934	0942	0949	0957	1005	1013	1021	1029	1036	1044	1051	1059		
Leyton Baker's Arms (High Rd. Leyton	0839	0850	0901	0911	0921	0931	0940	0948	0955	1003	1011	1019	1027	1035	1042	1050	1058	1106		
Walthamstow Central Station																				

257	Saturdays (also Good Friday) (cont.)																	
Stratford Bus Station	1042	1050	1057	1105	1112	1120	1127	1135	1142	1149	1157	1204	1212	1219	1227	1234	1242	1249
Leytonstone Thatched House	1049	1057	1104	1112	1119	1127	1134	1142	1149	1157	1205	1212	1220	1227	1235	1242	1250	1257
Leytonstone Green Man (High Road)	1102	1110	1117	1125	1132	1140	1148	1156	1203	1211	1219	1226	1234	1241	1249	1257	1305	1312
Whipps Cross Bus Station	1107	1115	1122	1130	1138	1146	1154	1202	1209	1217	1225	1232	1240	1247	1255	1303	1311	1318
Leyton Baker's Arms (High Rd. Leyton	1114	1122	1129	1137	1145	1153	1201	1209	1217	1225	1233	1240	1248	1255	1303	1311	1319	1326
Walthamstow Central Station	1122	1130	1137	1145	1153	1201	1209	1217	1225	1233	1241	1248	1256	1303	1311	1319	1327	1334
Stratford Bus Station	1257	1304	1312	1319	1327	1334	1342	1349	1357	1404	1412	1419	1427	1435	1443	1450	1458	1505
Leytonstone Thatched House	1305	1312	1320	1327	1335	1342	1350	1357	1405	1412	1420	1427	1435	1443	1451	1458	1506	1513
Leytonstone Green Man (High Road)	1320	1327	1335	1342	1350	1357	1405	1412	1420	1427	1434	1441	1449	1457	1505	1512	1520	1527
Whipps Cross Bus Station	1326	1333	1341	1348	1356	1403	1411	1418	1426	1433	1440	1447	1455	1503	1511	1518	1526	1533
Leyton Baker's Arms (High Rd. Leyton	1334	1341	1349	1356	1404	1411	1419	1426	1434	1441	1448	1455	1503	1510	1518	1525	1533	1540
Walthamstow Central Station	1342	1349	1357	1404	1412	1419	1427	1434	1442	1449	1456	1503	1511	1518	1526	1533	1541	1548
Stratford Bus Station	1513	1520	1528	1535	1543	1550	1558	1605	1613	1620	1628	1635	1642	1649	1657	1704	1712	1719
Leytonstone Thatched House	1521	1528	1536	1543	1551	1558	1606	1613	1621	1628	1636	1643	1650	1657	1705	1712	1720	1727
Leytonstone Green Man (High Road)	1535	1542	1550	1557	1605	1612	1620	1627	1635	1642	1650	1657	1704	1711	1719	1726	1734	1741
Whipps Cross Bus Station	1541	1548	1556	1603	1611	1618	1626	1633	1641	1648	1656	1703	1710	1717	1725	1732	1740	1747
Leyton Baker's Arms (High Rd. Leyton	1548	1555	1603	1610	1618	1625	1633	1640	1648	1655	1703	1710	1717	1724	1731	1738	1746	1753
Walthamstow Central Station	1556	1603	1611	1618	1626	1633	1641	1648	1656	1703	1711	1718	1725	1732	1739	1746	1754	1801
Stratford Bus Station	1727	1734	1742	1749	1757	1804	1812	1819	1827	1834	1842	1849	1859	1910	1920	1930	1942	1954
Leytonstone Thatched House	1735	1742	1750	1757	1805	1812	1820	1827	1835	1842	1850	1857	1907	1918	1928	1938	1950	2002
Leytonstone Green Man (High Road)	1749	1756	1803	1810	1818	1825	1833	1840	1848	1855	1903	1910	1920	1930	1940	1950	2002	2013
Whipps Cross Bus Station	1755	1802	1809	1816	1824	1831	1839	1846	1854	1901	1908	1915	1925	1935	1945	1955	2007	2018
Leyton Baker's Arms (High Rd. Leyton	1801	1808	1815	1822	1830	1837	1845	1852	1900	1907	1914	1921	1931	1941	1950	2000	2012	2023
Walthamstow Central Station	1808	1815	1822	1829	1837	1844	1852	1859	1907	1914	1921	1928	1938	1948	1957	2006	2018	2029
Stratford Bus Station	2006	Then every 12 minutes until	2118	2130	2142	2154	2206	2218	2230	2242	2254	2306	2318	2330	2342	2354	0006	
Leytonstone Thatched House	2013		2125	2137	2149	2201	2213	2225	2236	2248	2300	2312	2324	2336	2348	0000	0011	
Leytonstone Green Man (High Road)	2024		2136	2147	2159	2211	2223	2234	2245	2257	2309	2321	2333	2345	2357	0008	0019	
Whipps Cross Bus Station	2029		2141	2152	2204	2216	2228	2239	2250	2302	2313	2325	2337	2349	0001	0012	0023	
Leyton Baker's Arms (High Rd. Leyton	2034		2146	2157	2208	2220	2232	2243	2254	2306	2317	2329	2341	2353	0005	0016	0027	
Walthamstow Central Station	2040		2152	2203	2214	2226	2238	2249	2300	2312	2323	2334	2346	2358	0010	0021	0032	
Stratford Bus Station	0020	0035	0050	0105														
Leytonstone Thatched House	0025	0040	0055	0110														
Leytonstone Green Man (High Road)	0033	0048	0103	0118														
Whipps Cross Bus Station	0037	0052	0107	0122														
Leyton Baker's Arms (High Rd. Leyton	0041	0056	0110	0125														
Walthamstow Central Station	0046	0101	0115	0130														
257	Sundays and other Public Holidays (except Christmas Day)																	
Stratford Bus Station	0540	0555	0610	0625	0640	0655	Then every 15 minutes until	0755	0810	0825	0840	0852	0904	0916	0928	0940	0952	
Leytonstone Thatched House	0545	0600	0615	0630	0645	0700		0800	0815	0830	0845	0857	0910	0922	0934	0946	0958	
Leytonstone Green Man (High Road)	0552	0607	0622	0638	0653	0708		0808	0824	0839	0854	0906	0919	0932	0944	0956	1008	
Whipps Cross Bus Station	0556	0611	0626	0642	0657	0713		0813	0829	0844	0859	0911	0924	0937	0949	1001	1013	
Leyton Baker's Arms (High Rd. Leyton	0559	0615	0630	0646	0701	0717		0817	0833	0848	0903	0916	0929	0942	0954	1006	1018	
Walthamstow Central Station	0604	0620	0635	0651	0706	0722		0822	0838	0853	0909	0922	0935	0948	1000	1012	1024	
Stratford Bus Station	1004	1015	1027	1039	1050	1101	1113	1125	1137	1149	1201	1213	1225	1236	1248	Then every 12 minutes until	1500	
Leytonstone Thatched House	1010	1021	1033	1045	1056	1108	1120	1132	1144	1156	1208	1220	1232	1244	1256		1508	
Leytonstone Green Man (High Road)	1020	1032	1044	1056	1108	1120	1132	1144	1156	1209	1221	1233	1246	1258	1310		1522	
Whipps Cross Bus Station	1025	1037	1049	1101	1113	1125	1137	1149	1202	1215	1227	1239	1252	1304	1316		1528	
Leyton Baker's Arms (High Rd. Leyton	1030	1042	1054	1107	1119	1131	1143	1155	1208	1221	1233	1245	1258	1310	1323		1535	
Walthamstow Central Station	1036	1048	1101	1114	1126	1138	1150	1202	1215	1228	1240	1252	1305	1317	1330		1542	
Stratford Bus Station	1513	1525	1537	1549	1601	1614	1626	1639	1651	1703	1715	1727	1739	1751	1803	1815	1827	1839
Leytonstone Thatched House	1521	1533	1545	1557	1609	1622	1634	1647	1659	1711	1723	1735	1747	1758	1810	1822	1834	1846
Leytonstone Green Man (High Road)	1534	1546	1558	1610	1622	1634	1646	1659	1711	1723	1735	1747	1758	1809	1821	1833	1845	1857
Whipps Cross Bus Station	1540	1552	1604	1616	1628	1640	1652	1705	1717	1729	1741	1753	1804	1815	1827	1839	1851	1903
Leyton Baker's Arms (High Rd. Leyton	1547	1559	1611	1623	1635	1647	1659	1711	1723	1735	1747	1759	1810	1821	1833	1844	1856	1908
Walthamstow Central Station	1554	1606	1618	1630	1642	1654	1706	1718	1730	1742	1754	1806	1817	1828	1839	1850	1902	1914
Stratford Bus Station	1851	1903	1915	1927	1939	1951	2003	2015	2027	2039	2051	2103	2116	2128	2140	2152	2205	2217
Leytonstone Thatched House	1858	1910	1922	1934	1946	1958	2009	2021	2033	2045	2057	2109	2122	2134	2146	2158	2211	2223
Leytonstone Green Man (High Road)	1909	1921	1933	1944	1956	2008	2019	2031	2042	2054	2106	2118	2131	2143	2155	2207	2219	2231
Whipps Cross Bus Station	1914	1926	1938	1949	2001	2013	2024	2036	2047	2059	2111	2123	2135	2147	2159	2211	2223	2235
Leyton Baker's Arms (High Rd. Leyton	1919	1931	1943	1954	2006	2018	2029	2041	2052	2104	2115	2127	2139	2151	2203	2215	2227	2239
Walthamstow Central Station	1925	1937	1949	2000	2012	2024	2035	2047	2058	2110	2121	2133	2145	2157	2208	2220	2232	2244
Stratford Bus Station	2229	2242	2254	2306	2318	2330	2342	2354	0005	0020	0035	0050	0105					
Leytonstone Thatched House	2235	2247	2259	2311	2323	2335	2347	2359	0010	0025	0040	0055	0109					
Leytonstone Green Man (High Road)	2243	2255	2307	2319	2331	2343	2355	0006	0017	0032	0047	0102	0116					
Whipps Cross Bus Station	2247	2259	2311	2323	2335	2347	2359	0010	0021	0036	0051	0106	0120					
Leyton Baker's Arms (High Rd. Leyton	2251	2303	2315	2327	2338	2350	0002	0013	0024	0039	0054	0109	0123					
Walthamstow Central Station	2256	2308	2320	2332	2343	2355	0007	0018	0029	0044	0059	0114	0128					