

| 262 Mondays to Fridays | | | | | | | | | | | | | | | | | | | | | | | |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|---|------|------|------|------|------|------|------|--|------|
| East Beckton Sainsbury's | 0425 | 0440 | 0455 | 0507 | 0519 | 0531 | 0543 | 0554 | | | | | | 1829 1841 1854 1907 1919 1931 1943 1959 | | | | | | | | | |
| Gallions Reach Shopping Park | 0429 | 0444 | 0459 | 0511 | 0523 | 0535 | 0547 | 0558 | | | | | | 1835 1847 1900 1913 1925 1937 1949 2005 | | | | | | | | | |
| Winsor Park Woolwich Manor Way | 0434 | 0449 | 0504 | 0516 | 0528 | 0540 | 0552 | 0603 | | | | | | 1842 1854 1906 1919 1931 1943 1955 2011 | | | | | | | | | |
| Beckton Bus Station | 0436 | 0451 | 0506 | 0518 | 0530 | 0542 | 0554 | 0605 | | | | | | 1845 1857 1909 1922 1934 1946 1958 2014 | | | | | | | | | |
| Prince Regent Lane Bennett Road | 0444 | 0459 | 0514 | 0526 | 0538 | 0550 | 0602 | 0614 | | | | | | 1856 1908 1920 1932 1944 1956 2008 2023 | | | | | | | | | |
| Plaistow Greengate | 0447 | 0502 | 0517 | 0530 | 0542 | 0554 | 0606 | 0618 | | | | | | 1903 1913 1925 1937 1949 2001 2013 2028 | | | | | | | | | |
| Plaistow Station | 0450 | 0505 | 0520 | 0534 | 0546 | 0558 | 0610 | 0622 | | | | | | 1907 1917 1929 1941 1952 2004 2016 2031 | | | | | | | | | |
| Stratford Bus Station | 0457 | 0512 | 0527 | 0542 | 0554 | 0606 | 0618 | 0630 | | | | | | 1916 1926 1937 1948 1959 2011 2023 2038 | | | | | | | | | |
| East Beckton Sainsbury's | 2015 | 2030 | 2045 | 2100 | 2116 | 2131 | 2146 | 2202 | 2217 | 2232 | 2247 | 2302 | 2317 | 2332 | 2347 | 0002 | 0017 | | | | | | |
| Gallions Reach Shopping Park | 2020 | 2035 | 2050 | 2105 | 2121 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2321 | 2336 | 2351 | 0006 | 0021 | | | | | | |
| Winsor Park Woolwich Manor Way | 2026 | 2041 | 2056 | 2110 | 2126 | 2141 | 2156 | 2211 | 2226 | 2241 | 2256 | 2311 | 2326 | 2341 | 2356 | 0011 | 0026 | | | | | | |
| Beckton Bus Station | 2029 | 2044 | 2058 | 2112 | 2128 | 2143 | 2158 | 2213 | 2228 | 2243 | 2258 | 2313 | 2328 | 2343 | 2358 | 0013 | 0028 | | | | | | |
| Prince Regent Lane Bennett Road | 2038 | 2053 | 2107 | 2121 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2320 | 2335 | 2350 | 0005 | 0020 | 0035 | | | | | | |
| Plaistow Greengate | 2043 | 2058 | 2112 | 2126 | 2141 | 2156 | 2211 | 2226 | 2241 | 2256 | 2310 | 2324 | 2339 | 2354 | 0009 | 0024 | 0039 | | | | | | |
| Plaistow Station | 2046 | 2101 | 2115 | 2129 | 2144 | 2159 | 2214 | 2229 | 2244 | 2259 | 2313 | 2327 | 2342 | 2357 | 0012 | 0027 | 0042 | | | | | | |
| Stratford Bus Station | 2053 | 2108 | 2122 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2320 | 2334 | 2348 | 0003 | 0018 | 0033 | 0048 | | | | | | |
| 262 Saturdays (also Good Friday) | | | | | | | | | | | | | | | | | | | | | | | |
| East Beckton Sainsbury's | 0425 | | | 0555 | 0610 | 0625 | 0640 | 0655 | 0710 | 0722 | 0734 | | | | | 1835 | 1847 | 1859 | 1911 | 1926 | | | |
| Gallions Reach Shopping Park | 0429 | | | 0559 | 0615 | 0630 | 0645 | 0700 | 0715 | 0727 | 0739 | | | | | 1842 | 1854 | 1905 | 1917 | 1932 | | | |
| Winsor Park Woolwich Manor Way | 0434 | | | 0604 | 0620 | 0635 | 0650 | 0705 | 0720 | 0732 | 0744 | | | | | 1848 | 1900 | 1911 | 1923 | 1938 | | | |
| Beckton Bus Station | 0436 | | | 0606 | 0622 | 0637 | 0652 | 0707 | 0722 | 0734 | 0746 | | | | | 1851 | 1903 | 1914 | 1926 | 1941 | | | |
| Prince Regent Lane Bennett Road | 0444 | | | 0614 | 0630 | 0645 | 0700 | 0715 | 0730 | 0742 | 0754 | | | | | 1903 | 1914 | 1925 | 1937 | 1952 | | | |
| Plaistow Greengate | 0447 | | | 0617 | 0633 | 0648 | 0703 | 0718 | 0733 | 0745 | 0757 | | | | | 1909 | 1920 | 1931 | 1943 | 1958 | | | |
| Plaistow Station | 0450 | | | 0620 | 0636 | 0651 | 0706 | 0721 | 0736 | 0748 | 0800 | | | | | 1913 | 1924 | 1935 | 1947 | 2002 | | | |
| Stratford Bus Station | 0457 | | | 0627 | 0643 | 0658 | 0713 | 0728 | 0743 | 0755 | 0807 | | | | | 1923 | 1934 | 1945 | 1956 | 2010 | | | |
| East Beckton Sainsbury's | 1941 | 1957 | 2013 | 2029 | 2044 | 2100 | 2116 | 2131 | 2146 | 2202 | 2217 | 2232 | 2247 | 2302 | 2317 | | | | | 0017 | | | |
| Gallions Reach Shopping Park | 1947 | 2003 | 2018 | 2034 | 2049 | 2105 | 2121 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2321 | | | | | 0021 | | | |
| Winsor Park Woolwich Manor Way | 1953 | 2009 | 2024 | 2040 | 2055 | 2110 | 2126 | 2141 | 2156 | 2211 | 2226 | 2241 | 2256 | 2311 | 2326 | | | | | 0026 | | | |
| Beckton Bus Station | 1956 | 2011 | 2026 | 2042 | 2057 | 2112 | 2128 | 2143 | 2158 | 2213 | 2228 | 2243 | 2258 | 2313 | 2328 | | | | | 0028 | | | |
| Prince Regent Lane Bennett Road | 2007 | 2021 | 2036 | 2051 | 2106 | 2121 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2320 | 2335 | | | | | 0035 | | | |
| Plaistow Greengate | 2013 | 2027 | 2042 | 2056 | 2111 | 2126 | 2141 | 2156 | 2211 | 2226 | 2241 | 2256 | 2310 | 2324 | 2339 | | | | | 0039 | | | |
| Plaistow Station | 2016 | 2030 | 2045 | 2059 | 2114 | 2129 | 2144 | 2159 | 2214 | 2229 | 2244 | 2259 | 2313 | 2327 | 2342 | | | | | 0042 | | | |
| Stratford Bus Station | 2024 | 2038 | 2052 | 2106 | 2121 | 2136 | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2320 | 2334 | 2348 | | | | | 0048 | | | |
| 262 Sundays and other Public Holidays (except Christmas Day) | | | | | | | | | | | | | | | | | | | | | | | |
| East Beckton Sainsbury's | 0520 | 0540 | 0600 | | | | 0820 | 0835 | 0850 | 0905 | 0920 | 0935 | 0950 | 1004 | 1018 | 1032 | 1046 | 1100 | 1114 | | | | |
| Gallions Reach Shopping Park | 0524 | 0544 | 0605 | | | | 0825 | 0840 | 0855 | 0910 | 0925 | 0940 | 0955 | 1009 | 1023 | 1037 | 1051 | 1106 | 1120 | | | | |
| Winsor Park Woolwich Manor Way | 0529 | 0549 | 0610 | | | | 0830 | 0845 | 0900 | 0915 | 0930 | 0945 | 1000 | 1015 | 1029 | 1043 | 1057 | 1112 | 1126 | | | | |
| Beckton Bus Station | 0531 | 0551 | 0612 | | | | 0832 | 0847 | 0902 | 0917 | 0932 | 0947 | 1002 | 1017 | 1031 | 1045 | 1059 | 1114 | 1129 | | | | |
| Prince Regent Lane Bennett Road | 0539 | 0559 | 0620 | | | | 0840 | 0856 | 0911 | 0926 | 0941 | 0956 | 1011 | 1026 | 1041 | 1056 | 1110 | 1125 | 1140 | | | | |
| Plaistow Greengate | 0542 | 0602 | 0623 | | | | 0843 | 0859 | 0915 | 0930 | 0945 | 1000 | 1015 | 1030 | 1045 | 1100 | 1115 | 1130 | 1145 | | | | |
| Plaistow Station | 0545 | 0605 | 0626 | | | | 0846 | 0902 | 0918 | 0933 | 0948 | 1004 | 1019 | 1034 | 1049 | 1104 | 1119 | 1134 | 1149 | | | | |
| Stratford Bus Station | 0552 | 0612 | 0633 | | | | 0853 | 0909 | 0925 | 0941 | 0956 | 1012 | 1028 | 1043 | 1058 | 1113 | 1128 | 1143 | 1158 | | | | |
| East Beckton Sainsbury's | 1129 | | | 1229 | 1244 | 1259 | 1314 | | | 1429 | 1444 | 1459 | | | 1644 | 1659 | 1714 | 1729 | 1744 | 1759 | 1815 | | |
| Gallions Reach Shopping Park | 1135 | | | 1235 | 1250 | 1305 | 1321 | | | 1436 | 1451 | 1506 | | | 1651 | 1706 | 1720 | 1735 | 1750 | 1805 | 1820 | | |
| Winsor Park Woolwich Manor Way | 1141 | | | 1241 | 1256 | 1311 | 1327 | | | 1442 | 1457 | 1512 | | | 1657 | 1712 | 1726 | 1741 | 1756 | 1811 | 1826 | | |
| Beckton Bus Station | 1144 | | | 1244 | 1259 | 1314 | 1330 | | | 1445 | 1500 | 1515 | | | 1700 | 1715 | 1729 | 1744 | 1759 | 1813 | 1828 | | |
| Prince Regent Lane Bennett Road | 1155 | | | 1255 | 1310 | 1326 | 1342 | | | 1457 | 1511 | 1526 | | | 1711 | 1725 | 1739 | 1754 | 1808 | 1822 | 1837 | | |
| Plaistow Greengate | 1200 | | | 1300 | 1316 | 1332 | 1348 | | | 1503 | 1517 | 1531 | | | 1716 | 1730 | 1744 | 1759 | 1813 | 1827 | 1842 | | |
| Plaistow Station | 1204 | | | 1304 | 1320 | 1336 | 1352 | | | 1507 | 1521 | 1535 | | | 1720 | 1734 | 1748 | 1803 | 1817 | 1831 | 1846 | | |
| Stratford Bus Station | 1213 | | | 1313 | 1329 | 1345 | 1401 | | | 1516 | 1530 | 1544 | | | 1729 | 1743 | 1757 | 1811 | 1825 | 1839 | 1853 | | |
| East Beckton Sainsbury's | 1830 | 1846 | 1901 | 1916 | 1931 | 1946 | 2001 | | | | | | | | 2146 | 2202 | 2217 | 2232 | 2247 | 2302 | 2317 | | 0017 |
| Gallions Reach Shopping Park | 1835 | 1851 | 1906 | 1921 | 1936 | 1951 | 2006 | | | | | | | | 2151 | 2206 | 2221 | 2236 | 2251 | 2306 | 2321 | | 0021 |
| Winsor Park Woolwich Manor Way | 1841 | 1856 | 1911 | 1926 | 1941 | 1956 | 2011 | | | | | | | | 2156 | 2211 | 2226 | 2241 | 2256 | 2311 | 2326 | | 0026 |
| Beckton Bus Station | 1843 | 1858 | 1913 | 1928 | 1943 | 1958 | 2013 | | | | | | | | 2158 | 2213 | 2228 | 2243 | 2258 | 2313 | 2328 | | 0028 |
| Prince Regent Lane Bennett Road | 1852 | 1907 | 1922 | 1937 | 1952 | 2007 | 2021 | | | | | | | | 2206 | 2221 | 2236 | 2251 | 2306 | 2320 | 2335 | | 0035 |
| Plaistow Greengate | 1857 | 1912 | 1927 | 1942 | 1957 | 2012 | 2026 | | | | | | | | 2211 | 2226 | 2241 | 2256 | 2310 | 2324 | 2339 | | 0039 |
| Plaistow Station | 1901 | 1916 | 1931 | 1946 | 2001 | 2015 | 2029 | | | | | | | | 2214 | 2229 | 2244 | 2259 | 2313 | 2327 | 2342 | | 0042 |
| Stratford Bus Station | 1908 | 1923 | 1938 | 1953 | 2008 | 2022 | 2036 | | | | | | | | 2221 | 2236 | 2251 | 2306 | 2320 | 2334 | 2348 | | 0048 |

| 262 | | Mondays to Fridays | | | | | | | | | | | | | | | | | | |
|---------------------------------|------|--|------|----------|-------|----------|---------|------|------|----------|------|-------|------|-------|------|----------|----------|------|------|-------|
| Stratford Bus Station | 0510 | | 0610 | 0622 | 0634 | | | | | 1952 | 2004 | 2016 | 2031 | 2046 | 2102 | 2118 | | 2233 | | |
| Plaistow Station | 0516 | | 0616 | 0629 | 0641 | | Then | | | 2002 | 2013 | 2025 | 2040 | 2055 | 2110 | 2126 | | 2241 | | |
| Plaistow Greengate | 0519 | Then | 0619 | 0632 | 0644 | | about | | | 2008 | 2019 | 2030 | 2045 | 2100 | 2115 | 2131 | Then | 2246 | | |
| Prince Regent Lane Bennett Road | 0521 | every 15 | 0621 | 0635 | 0647 | | minutes | | | 2013 | 2024 | 2035 | 2050 | 2104 | 2118 | 2134 | every 15 | 2249 | | |
| Beckton Bus Station | 0528 | minutes | 0628 | 0643 | 0655 | | until | | | 2025 | 2036 | 2047 | 2101 | 2115 | 2129 | 2143 | minutes | 2258 | | |
| Winsor Park Woolwich Manor Way | 0531 | until | 0631 | 0646 | 0658 | | | | | 2028 | 2039 | 2050 | 2104 | 2118 | 2132 | 2146 | until | 2301 | | |
| Gallions Reach Shopping Park | 0537 | | 0637 | 0652 | 0704 | | | | | 2033 | 2044 | 2055 | 2109 | 2123 | 2137 | 2151 | | 2306 | | |
| East Beckton Sainsbury's | 0542 | | 0642 | 0657 | 0709 | | | | | 2038 | 2049 | 2100 | 2114 | 2128 | 2142 | 2156 | | 2311 | | |
| Stratford Bus Station | 2249 | 2305 | 2320 | | | 0120 | | | | | | | | | | | | | | |
| Plaistow Station | 2257 | 2312 | 2327 | | | 0127 | | | | | | | | | | | | | | |
| Plaistow Greengate | 2301 | 2316 | 2331 | Then | | 0131 | | | | | | | | | | | | | | |
| Prince Regent Lane Bennett Road | 2304 | 2319 | 2334 | every 15 | | 0134 | | | | | | | | | | | | | | |
| Beckton Bus Station | 2313 | 2328 | 2342 | minutes | | 0142 | | | | | | | | | | | | | | |
| Winsor Park Woolwich Manor Way | 2316 | 2331 | 2345 | until | | 0145 | | | | | | | | | | | | | | |
| Gallions Reach Shopping Park | 2321 | 2336 | 2350 | | | 0150 | | | | | | | | | | | | | | |
| East Beckton Sainsbury's | 2326 | 2341 | 2355 | | | 0155 | | | | | | | | | | | | | | |
| 262 | | Saturdays (also Good Friday) | | | | | | | | | | | | | | | | | | |
| Stratford Bus Station | 0510 | | 0610 | 0625 | 0640 | 0655 | 0710 | 0725 | 0737 | 0749 | 0801 | 0813 | 0825 | | | | 1900 | 1912 | 1924 | |
| Plaistow Station | 0516 | | 0616 | 0631 | 0646 | 0701 | 0717 | 0732 | 0744 | 0756 | 0808 | 0820 | 0832 | Then | | | 1910 | 1922 | 1934 | |
| Plaistow Greengate | 0519 | Then | 0619 | 0634 | 0649 | 0704 | 0720 | 0735 | 0747 | 0759 | 0812 | 0824 | 0836 | about | | | 1915 | 1927 | 1939 | |
| Prince Regent Lane Bennett Road | 0521 | every 15 | 0621 | 0637 | 0653 | 0708 | 0724 | 0739 | 0751 | 0803 | 0816 | 0829 | 0841 | every | | | 1923 | 1935 | 1947 | |
| Beckton Bus Station | 0528 | minutes | 0628 | 0644 | 0700 | 0716 | 0732 | 0747 | 0759 | 0812 | 0825 | 0838 | 0850 | 11 | | | 1934 | 1946 | 1958 | |
| Winsor Park Woolwich Manor Way | 0531 | until | 0631 | 0647 | 0703 | 0719 | 0735 | 0750 | 0802 | 0815 | 0828 | 0841 | 0853 | mins. | | | 1937 | 1949 | 2001 | |
| Gallions Reach Shopping Park | 0537 | | 0637 | 0653 | 0709 | 0725 | 0741 | 0756 | 0808 | 0821 | 0834 | 0847 | 0859 | until | | | 1942 | 1954 | 2006 | |
| East Beckton Sainsbury's | 0542 | | 0642 | 0658 | 0714 | 0730 | 0746 | 0801 | 0813 | 0826 | 0839 | 0852 | 0904 | | | | 1947 | 1959 | 2011 | |
| Stratford Bus Station | 1936 | 1948 | 2001 | 2016 | 2031 | 2046 | 2102 | 2118 | 2133 | | | 2233 | 2249 | 2305 | 2320 | | | | 0120 | |
| Plaistow Station | 1946 | 1958 | 2010 | 2025 | 2040 | 2055 | 2110 | 2126 | 2141 | | | 2241 | 2257 | 2312 | 2327 | | | | 0127 | |
| Plaistow Greengate | 1951 | 2003 | 2015 | 2030 | 2045 | 2100 | 2115 | 2131 | 2146 | Then | | 2246 | 2302 | 2317 | 2331 | Then | | | 0131 | |
| Prince Regent Lane Bennett Road | 1959 | 2010 | 2022 | 2037 | 2052 | 2106 | 2120 | 2134 | 2149 | every 15 | | 2249 | 2305 | 2320 | 2334 | every 15 | | | 0134 | |
| Beckton Bus Station | 2010 | 2021 | 2032 | 2047 | 2102 | 2116 | 2130 | 2144 | 2158 | minutes | | 2258 | 2313 | 2328 | 2342 | minutes | | | 0142 | |
| Winsor Park Woolwich Manor Way | 2013 | 2024 | 2035 | 2050 | 2105 | 2119 | 2133 | 2147 | 2201 | until | | 2301 | 2316 | 2331 | 2345 | until | | | 0145 | |
| Gallions Reach Shopping Park | 2018 | 2029 | 2040 | 2055 | 2110 | 2124 | 2138 | 2152 | 2206 | | | 2306 | 2321 | 2336 | 2350 | | | | 0150 | |
| East Beckton Sainsbury's | 2023 | 2034 | 2045 | 2100 | 2115 | 2129 | 2143 | 2157 | 2211 | | | 2311 | 2326 | 2341 | 2355 | | | | 0155 | |
| 262 | | Sundays and other Public Holidays (except Christmas Day) | | | | | | | | | | | | | | | | | | |
| Stratford Bus Station | 0600 | | 0700 | 0720 | 0740 | 0800 | | | | 0900 | 0918 | 0933 | 0949 | 1005 | 1020 | 1035 | 1050 | 1105 | 1119 | 1133 |
| Plaistow Station | 0606 | Then | 0706 | 0726 | 0746 | 0807 | Then | | | 0907 | 0926 | 0941 | 0957 | 1013 | 1028 | 1043 | 1058 | 1113 | 1127 | 1141 |
| Plaistow Greengate | 0609 | every | 0709 | 0729 | 0750 | 0811 | every | | | 0911 | 0930 | 0945 | 1001 | 1017 | 1032 | 1047 | 1102 | 1117 | 1131 | 1145 |
| Prince Regent Lane Bennett Road | 0611 | 20 | 0711 | 0732 | 0753 | 0814 | 20 | | | 0914 | 0933 | 0948 | 1004 | 1020 | 1035 | 1050 | 1105 | 1120 | 1135 | 1149 |
| Beckton Bus Station | 0618 | mins. | 0718 | 0739 | 0800 | 0821 | mins. | | | 0921 | 0941 | 0958 | 1014 | 1030 | 1045 | 1100 | 1116 | 1131 | 1146 | 1201 |
| Winsor Park Woolwich Manor Way | 0621 | until | 0721 | 0742 | 0803 | 0824 | until | | | 0924 | 0944 | 1001 | 1017 | 1033 | 1048 | 1103 | 1119 | 1134 | 1149 | 1204 |
| Gallions Reach Shopping Park | 0627 | | 0727 | 0748 | 0809 | 0830 | | | | 0930 | 0950 | 1007 | 1023 | 1039 | 1054 | 1109 | 1125 | 1140 | 1155 | 1210 |
| East Beckton Sainsbury's | 0632 | | 0732 | 0753 | 0814 | 0835 | | | | 0935 | 0955 | 1012 | 1028 | 1044 | 1059 | 1114 | 1130 | 1145 | 1200 | 1215 |
| Stratford Bus Station | 1147 | 1201 | 1215 | 1229 | | 1314 | | | | 1359 | 1414 | | 1514 | 1529 | 1544 | 1559 | 1614 | 1629 | 1644 | 1659 |
| Plaistow Station | 1155 | 1210 | 1224 | 1238 | Then | 1323 | Then | | | 1408 | 1424 | Then | 1524 | 1539 | 1554 | 1609 | 1624 | 1639 | 1654 | 1709 |
| Plaistow Greengate | 1200 | 1215 | 1229 | 1243 | every | 1328 | about | | | 1413 | 1429 | every | 1529 | 1544 | 1559 | 1614 | 1629 | 1644 | 1659 | 1714 |
| Prince Regent Lane Bennett Road | 1204 | 1219 | 1233 | 1247 | 15 | 1332 | every | | | 1417 | 1433 | 15 | 1533 | 1548 | 1603 | 1618 | 1633 | 1648 | 1703 | 1718 |
| Beckton Bus Station | 1216 | 1231 | 1245 | 1259 | mins. | 1344 | 15 | | | 1429 | 1445 | mins. | 1545 | 1600 | 1614 | 1629 | 1644 | 1659 | 1714 | 1729 |
| Winsor Park Woolwich Manor Way | 1219 | 1234 | 1248 | 1302 | until | 1347 | mins. | | | 1432 | 1448 | until | 1548 | 1603 | 1617 | 1632 | 1647 | 1702 | 1717 | 1732 |
| Gallions Reach Shopping Park | 1225 | 1240 | 1254 | 1308 | | 1353 | until | | | 1438 | 1454 | | 1554 | 1609 | 1623 | 1638 | 1653 | 1707 | 1722 | 1737 |
| East Beckton Sainsbury's | 1230 | 1245 | 1300 | 1315 | | 1400 | | | | 1446 | 1502 | | 1602 | 1616 | 1630 | 1645 | 1700 | 1714 | 1728 | 1743 |
| Stratford Bus Station | 1714 | 1729 | 1744 | 1759 | 1815 | | | | | 2030 | 2046 | 2102 | 2118 | | | 2233 | 2249 | 2305 | 2320 | 0120 |
| Plaistow Station | 1724 | 1739 | 1754 | 1809 | 1824 | | | | | 2039 | 2055 | 2110 | 2126 | Then | | 2241 | 2257 | 2312 | 2327 | Then |
| Plaistow Greengate | 1729 | 1744 | 1759 | 1814 | 1829 | Then | | | | 2044 | 2100 | 2115 | 2131 | every | | 2246 | 2302 | 2317 | 2331 | every |
| Prince Regent Lane Bennett Road | 1733 | 1748 | 1803 | 1818 | 1833 | every 15 | | | | 2048 | 2103 | 2118 | 2134 | 15 | | 2249 | 2305 | 2320 | 2334 | 15 |
| Beckton Bus Station | 1744 | 1759 | 1813 | 1828 | 1843 | minutes | | | | 2058 | 2113 | 2128 | 2143 | mins. | | 2258 | 2313 | 2328 | 2342 | mins. |
| Winsor Park Woolwich Manor Way | 1747 | 1802 | 1816 | 1831 | 1846 | until | | | | 2101 | 2116 | 2131 | 2146 | until | | 2301 | 2316 | 2331 | 2345 | until |
| Gallions Reach Shopping Park | 1752 | 1807 | 1821 | 1836 | 1851 | | | | | 2106 | 2121 | 2136 | 2151 | | | 2306 | 2321 | 2336 | 2350 | 0150 |
| East Beckton Sainsbury's | 1758 | 1812 | 1826 | 1841 | 1856 | | | | | 2111 | 2126 | 2141 | 2156 | | | 2311 | 2326 | 2341 | 2355 | 0155 |