

262		Mondays to Fridays																		
East Beckton Sainsbury's	0430	0445	0500	0513	0525	0535	0547	0558			0928		1438		1835	1846				
Gallions Reach Shopping Park	0435	0450	0505	0518	0530	0540	0552	0603			0934		1444	Then	1842	1853				
Winsor Park Woolwich Manor Way	0440	0455	0510	0523	0535	0545	0557	0608			0940	Then	1450	about	1848	1859				
Beckton Bus Station	0443	0458	0513	0526	0538	0548	0600	0611			0943	every 10	1453	every 10	1851	1902				
Prince Regent Lane Bennett Road	0450	0505	0520	0533	0545	0556	0609	0620			0952	minutes	1502	minutes	1901	1911				
Plaistow Greengate	0453	0508	0523	0536	0549	0600	0613	0624			0958	until	1508	until	1906	1915				
Plaistow Station	0456	0512	0527	0540	0553	0604	0617	0628			1002		1512		1910	1919				
Stratford Bus Station	0502	0518	0533	0546	0559	0612	0625	0636			1011		1521		1918	1927				
East Beckton Sainsbury's	1858	1910	1922	1934	1946	2000					2130	2146	2201		2331	2346	0001	0016		
Gallions Reach Shopping Park	1905	1916	1928	1940	1952	2006					2136	2152	2206		2336	2351	0006	0021		
Winsor Park Woolwich Manor Way	1911	1922	1934	1946	1958	2011			Then		2141	2157	2211	Then	2341	2356	0011	0026		
Beckton Bus Station	1914	1925	1937	1949	2001	2014			every 15		2144	2200	2214	every 15	2344	2359	0014	0029		
Prince Regent Lane Bennett Road	1923	1934	1946	1958	2010	2022			minutes		2152	2207	2221	minutes	2351	0006	0021	0036		
Plaistow Greengate	1927	1938	1950	2002	2014	2026			until		2156	2210	2224	until	2354	0009	0024	0039		
Plaistow Station	1931	1942	1954	2006	2017	2029					2159	2213	2227		2357	0012	0027	0042		
Stratford Bus Station	1939	1950	2002	2013	2024	2036					2206	2220	2234		0004	0018	0033	0048		
262		Saturdays (also Good Friday)																		
East Beckton Sainsbury's	0430			0530	0544	0559	0614	0628	0643	0658	0713	0725	0737			1841	1852	1904		
Gallions Reach Shopping Park	0435			0535	0549	0604	0619	0633	0648	0703	0718	0730	0742		Then	1848	1859	1911		
Winsor Park Woolwich Manor Way	0440	Then		0540	0554	0609	0624	0638	0653	0708	0723	0735	0747	about	1854	1905	1917			
Beckton Bus Station	0443	every 15		0543	0557	0612	0627	0641	0656	0711	0726	0738	0750	every 10	1857	1908	1920			
Prince Regent Lane Bennett Road	0450	minutes		0550	0604	0620	0635	0649	0704	0719	0734	0746	0758	minutes	1906	1917	1929			
Plaistow Greengate	0453	until		0553	0607	0623	0638	0652	0707	0722	0737	0749	0801	until	1910	1921	1933			
Plaistow Station	0456			0556	0610	0626	0641	0655	0710	0725	0740	0752	0804		1914	1925	1937			
Stratford Bus Station	0502			0602	0617	0633	0648	0702	0717	0732	0747	0759	0811		1923	1934	1946			
East Beckton Sainsbury's	1916	1931	1945	2000					Then		2130	2146	2201	Then	2331	2346	0001	0016		
Gallions Reach Shopping Park	1923	1938	1952	2006					every 15		2136	2152	2206	every 15	2336	2351	0006	0021		
Winsor Park Woolwich Manor Way	1929	1944	1958	2011					minutes		2141	2157	2211	minutes	2341	2356	0011	0026		
Beckton Bus Station	1932	1947	2001	2014					until		2144	2200	2214	until	2344	2359	0014	0029		
Prince Regent Lane Bennett Road	1941	1956	2009	2022							2152	2207	2221		2351	0006	0021	0036		
Plaistow Greengate	1945	2000	2013	2026							2156	2210	2224		2354	0009	0024	0039		
Plaistow Station	1949	2003	2016	2029							2159	2213	2227		2357	0012	0027	0042		
Stratford Bus Station	1958	2010	2023	2036							2206	2220	2234		0004	0018	0033	0048		
262		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
East Beckton Sainsbury's	0521			0821	0836	0850	0905	0920	0933	0946	0959	1014	1029	1044	1058	1113	1128	1143		
Gallions Reach Shopping Park	0526			0826	0841	0855	0910	0925	0938	0951	1005	1020	1035	1050	1104	1119	1134	1149		
Winsor Park Woolwich Manor Way	0531	Then		0831	0846	0900	0915	0930	0943	0956	1010	1025	1040	1055	1109	1124	1139	1154		
Beckton Bus Station	0534	every 20		0834	0849	0903	0918	0933	0946	0959	1013	1028	1043	1058	1112	1127	1142	1157		
Prince Regent Lane Bennett Road	0541	minutes		0841	0856	0911	0926	0941	0954	1007	1022	1037	1052	1107	1122	1137	1152	1207		
Plaistow Greengate	0544	until		0844	0859	0914	0929	0944	0957	1011	1026	1041	1056	1111	1126	1141	1156	1211		
Plaistow Station	0547			0847	0902	0917	0932	0947	1000	1015	1030	1045	1100	1115	1130	1145	1200	1215		
Stratford Bus Station	0554			0854	0909	0924	0939	0954	1009	1024	1039	1054	1109	1124	1139	1154	1209	1224		
East Beckton Sainsbury's	1157	1211		1511	1526				Then		1726	1742	1758	1814	1829	1845	1901	1916	1931	1945
Gallions Reach Shopping Park	1203	1218		1518	1533				every 15		1733	1749	1805	1820	1835	1851	1907	1922	1937	1951
Winsor Park Woolwich Manor Way	1209	1224	Then	1524	1539				minutes		1739	1755	1810	1825	1840	1856	1912	1927	1942	1956
Beckton Bus Station	1212	1227	every 15	1527	1542				minutes		1742	1758	1813	1828	1843	1859	1915	1930	1945	1959
Prince Regent Lane Bennett Road	1222	1237	minutes	1537	1552				until		1752	1807	1821	1836	1851	1907	1923	1938	1953	2007
Plaistow Greengate	1226	1241	until	1541	1556						1756	1811	1825	1840	1855	1911	1927	1942	1957	2011
Plaistow Station	1230	1245		1545	1600						1800	1815	1829	1844	1859	1915	1930	1945	2000	2014
Stratford Bus Station	1239	1254		1554	1608						1808	1823	1837	1852	1907	1922	1937	1952	2007	2021
East Beckton Sainsbury's	2000			2130	2146	2201			Then		2331	2346	0001	0016						
Gallions Reach Shopping Park	2006			2136	2152	2206			every 15		2336	2351	0006	0021						
Winsor Park Woolwich Manor Way	2011	Then		2141	2157	2211			minutes		2341	2356	0011	0026						
Beckton Bus Station	2014	every 15		2144	2200	2214			minutes		2344	2359	0014	0029						
Prince Regent Lane Bennett Road	2022	minutes		2152	2207	2221			until		2351	0006	0021	0036						
Plaistow Greengate	2026	until		2156	2210	2224					2354	0009	0024	0039						
Plaistow Station	2029			2159	2213	2227					2357	0012	0027	0042						
Stratford Bus Station	2036			2206	2220	2234					0004	0018	0033	0048						

262 Mondays to Fridays																		
Stratford Bus Station	0510	0525	0540	0555	0610	0623			0859			1419		1933 1944 1956 2008				
Plaistow Station	0517	0532	0547	0602	0618	0631		Then	0910			1430	Then	1945 1956 2007 2018				
Plaistow Greengate	0520	0535	0550	0605	0621	0634		about	0915	Then		1435	about	1950 2001 2011 2022				
Prince Regent Lane Bennett Road	0522	0537	0552	0608	0624	0637		every 10	0919	every 10		1439	every 10	1954 2005 2015 2025				
Beckton Bus Station	0529	0544	0559	0615	0631	0644		minutes	0929	minutes		1449	minutes	2004 2014 2024 2034				
Winsor Park Woolwich Manor Way	0531	0546	0601	0617	0633	0646		until	0932	until		1452	until	2007 2016 2026 2036				
Gallions Reach Shopping Park	0535	0550	0606	0622	0638	0651			0937			1457		2011 2020 2030 2040				
East Beckton Sainsbury's	0539	0554	0610	0626	0642	0656			0942			1502		2015 2024 2034 2044				
Stratford Bus Station	2020	2034			2134	2149	2204				2334	2350	0006	0121				
Plaistow Station	2029	2043			2143	2158	2212				2342	2358	0013	0128				
Plaistow Greengate	2033	2047	Then		2147	2202	2216	Then			2346	0002	0016	0131				
Prince Regent Lane Bennett Road	2036	2050	every 15		2150	2205	2219	every 15			2349	0004	0018	0133				
Beckton Bus Station	2045	2059	minutes		2159	2212	2226	minutes			2356	0010	0024	0139				
Winsor Park Woolwich Manor Way	2047	2101	until		2201	2214	2228	until			2358	0012	0026	0141				
Gallions Reach Shopping Park	2051	2105			2205	2218	2232				0002	0016	0030	0145				
East Beckton Sainsbury's	2055	2109			2209	2222	2236				0006	0020	0034	0149				
262 Saturdays (also Good Friday)																		
Stratford Bus Station	0510	0525	0540	0555	0609				0724	0737	0749	0801	0813	0825	1857 1909 1921			
Plaistow Station	0517	0532	0547	0602	0617			Then	0732	0745	0757	0809	0821	0833	1908 1920 1932			
Plaistow Greengate	0520	0535	0550	0605	0620			every 15	0735	0748	0800	0813	0825	0837	1913 1925 1937			
Prince Regent Lane Bennett Road	0522	0537	0552	0607	0622			minutes	0737	0750	0803	0816	0828	0840	1917 1929 1941			
Beckton Bus Station	0529	0544	0559	0614	0629			until	0744	0758	0811	0824	0836	0848	1926 1938 1950			
Winsor Park Woolwich Manor Way	0531	0546	0601	0616	0631				0746	0800	0813	0826	0838	0850	1929 1941 1953			
Gallions Reach Shopping Park	0535	0550	0605	0620	0635				0750	0804	0817	0830	0842	0854	1934 1946 1958			
East Beckton Sainsbury's	0539	0554	0609	0624	0639				0754	0809	0822	0835	0847	0859	1939 1951 2003			
Stratford Bus Station	1934	1947	2003	2019			2134	2149	2204			2334	2350	0006	0121			
Plaistow Station	1945	1958	2013	2028			2143	2158	2212			2342	2358	0013	0128			
Plaistow Greengate	1950	2003	2017	2032	Then		2147	2202	2216	Then		2346	0002	0016	0131			
Prince Regent Lane Bennett Road	1954	2007	2020	2035	every 15		2150	2205	2219	every 15		2349	0004	0018	0133			
Beckton Bus Station	2003	2016	2029	2044	minutes		2159	2212	2226	minutes		2356	0010	0024	0139			
Winsor Park Woolwich Manor Way	2006	2019	2031	2046	until		2201	2214	2228	until		2358	0012	0026	0141			
Gallions Reach Shopping Park	2011	2023	2035	2050			2205	2218	2232			0002	0016	0030	0145			
East Beckton Sainsbury's	2015	2027	2039	2054			2209	2222	2236			0006	0020	0034	0149			
262 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																		
Stratford Bus Station	0601			0821	0841	0900	0919	0934	0948	1003	1018	1033	1048	1103	1118	1133	1148	1203
Plaistow Station	0608			0828	0848	0907	0927	0942	0956	1011	1026	1041	1056	1112	1127	1142	1157	1213
Plaistow Greengate	0611	Then		0831	0851	0911	0931	0946	1000	1015	1030	1045	1100	1117	1132	1147	1202	1218
Prince Regent Lane Bennett Road	0613	every 20		0833	0853	0914	0934	0949	1003	1018	1033	1048	1103	1120	1135	1150	1206	1222
Beckton Bus Station	0620	minutes		0840	0901	0922	0942	0957	1012	1027	1042	1057	1112	1129	1144	1159	1216	1232
Winsor Park Woolwich Manor Way	0622	until		0842	0903	0924	0944	0959	1014	1029	1044	1059	1115	1132	1147	1202	1219	1235
Gallions Reach Shopping Park	0626			0846	0907	0928	0948	1003	1019	1034	1049	1104	1120	1137	1152	1208	1225	1241
East Beckton Sainsbury's	0630			0850	0911	0932	0952	1008	1024	1039	1054	1109	1125	1142	1157	1214	1231	1247
Stratford Bus Station	1218			1518	1533	1548	1603	1618			1718	1733	1749	1804	1819	1834	1849	1904
Plaistow Station	1228			1528	1543	1558	1613	1628			1728	1743	1759	1813	1828	1843	1858	1913
Plaistow Greengate	1233	Then		1533	1548	1603	1618	1633	Then		1733	1748	1804	1818	1833	1848	1903	1917
Prince Regent Lane Bennett Road	1237	every 15		1537	1552	1607	1622	1636	every 15		1736	1751	1807	1821	1836	1851	1906	1920
Beckton Bus Station	1247	minutes		1547	1602	1617	1631	1645	minutes		1745	1800	1816	1829	1844	1859	1914	1928
Winsor Park Woolwich Manor Way	1250	until		1550	1605	1620	1634	1648	until		1748	1802	1818	1831	1846	1901	1916	1930
Gallions Reach Shopping Park	1256			1556	1611	1625	1639	1653			1753	1807	1822	1835	1850	1905	1920	1934
East Beckton Sainsbury's	1302			1602	1616	1630	1644	1658			1758	1811	1826	1839	1854	1909	1924	1938
Stratford Bus Station	1919			2134	2149	2204					2334	2350	0006					0121
Plaistow Station	1928			2143	2158	2212					2342	2358	0013					0128
Plaistow Greengate	1932	Then		2147	2202	2216	Then				2346	0002	0016	Then				0131
Prince Regent Lane Bennett Road	1935	every 15		2150	2205	2219	every 15				2349	0004	0018	every 15				0133
Beckton Bus Station	1943	minutes		2158	2212	2226	minutes				2356	0010	0024	minutes				0139
Winsor Park Woolwich Manor Way	1945	until		2200	2214	2228	until				2358	0012	0026	until				0141
Gallions Reach Shopping Park	1949			2204	2218	2232					0002	0016	0030					0145
East Beckton Sainsbury's	1953			2208	2222	2236					0006	0020	0034					0149