

275	Mondays to Fridays (school days)																	
Barkingside Tesco	0450	0510	0529	0549	0603	0617	0631	0641	0650	0658	0707	0715	0723	0731	0741	0751	0803	0816
Tomswood Hill Colvin Gardens	0453	0513	0532	0552	0606	0621	0635	0645	0654	0702	0712	0721	0729	0738	0748	0758	0810	0822
Woodford Bridge The White Hart	0458	0518	0537	0557	0611	0627	0641	0651	0700	0710	0721	0731	0739	0749	0759	0810	0823	0834
Woodford Station Jubilee Parade	0501	0521	0541	0601	0615	0632	0646	0656	0705	0715	0727	0737	0746	0756	0807	0819	0831	0842
Woodford Green High Road/New Rd.	0506	0526	0546	0606	0621	0638	0652	0703	0713	0723	0735	0747	0757	0808	0820	0832	0843	0853
Highams Park Station	0510	0530	0550	0610	0625	0643	0657	0708	0718	0729	0741	0753	0804	0815	0827	0839	0850	0900
Forest Road St John's Road	0516	0536	0557	0618	0634	0651	0705	0716	0728	0740	0752	0804	0815	0827	0839	0851	0902	0911
Waltham Forest Town Hall	0517	0537	0558	0619	0635	0652	0706	0718	0730	0742	0754	0806	0817	0829	0841	0853	0904	0913
Walthamstow Central Station	0523	0543	0604	0626	0643	0702	0716	0728	0741	0754	0806	0819	0831	0843	0855	0907	0918	0927
St James Street Stn. Courtenay Place	0525	0545	0606	0628	0646	0705	0719	0731	0744	0757	0809	0823	0835	0847	0859	0911	0922	0931
Barkingside Tesco	0828	0840	0852	0904	0916	0928	0940	0952	1004	1016	1028	1040	Then every 12 mins. until	1140	1152	Then every 12 minutes until	1352	
Tomswood Hill Colvin Gardens	0834	0845	0857	0909	0921	0933	0945	0957	1009	1021	1033	1045		1145	1157		1357	
Woodford Bridge The White Hart	0845	0856	0907	0918	0930	0941	0953	1005	1017	1029	1041	1053		1153	1206		1406	
Woodford Station Jubilee Parade	0853	0903	0914	0924	0936	0947	0959	1010	1022	1034	1046	1058		1158	1211		1411	
Woodford Green High Road/New Rd.	0903	0913	0923	0933	0945	0956	1007	1018	1030	1042	1054	1106		1206	1219		1419	
Highams Park Station	0910	0920	0929	0939	0951	1002	1012	1023	1035	1047	1059	1111		1211	1224		1424	
Forest Road St John's Road	0920	0929	0938	0948	1000	1010	1020	1031	1043	1055	1107	1119		1219	1232		1432	
Waltham Forest Town Hall	0922	0931	0940	0950	1002	1012	1022	1033	1045	1057	1109	1121		1221	1234		1434	
Walthamstow Central Station	0936	0945	0954	1005	1017	1028	1038	1049	1101	1113	1125	1137		1237	1250		1450	
St James Street Stn. Courtenay Place	0940	0949	0958	1009	1021	1032	1042	1052	1104	1116	1128	1141		1241	1254		1454	
Barkingside Tesco	1403	1414	1426	1436	1447	1456	1508	1520	1532	1545	1558	1611	1624	1636	1648	1700	1713	1726
Tomswood Hill Colvin Gardens	1408	1419	1431	1441	1452	1501	1513	1525	1538	1550	1603	1616	1629	1641	1653	1705	1718	1731
Woodford Bridge The White Hart	1417	1428	1440	1450	1501	1510	1523	1536	1549	1601	1613	1625	1638	1650	1702	1714	1727	1740
Woodford Station Jubilee Parade	1422	1433	1445	1456	1507	1516	1529	1542	1555	1607	1619	1631	1644	1656	1708	1720	1733	1746
Woodford Green High Road/New Rd.	1430	1441	1454	1505	1517	1528	1541	1553	1606	1618	1630	1642	1655	1708	1720	1732	1745	1758
Highams Park Station	1435	1446	1459	1510	1523	1534	1547	1559	1612	1624	1636	1648	1701	1714	1726	1738	1751	1804
Forest Road St John's Road	1444	1457	1509	1521	1533	1545	1557	1609	1621	1633	1645	1657	1710	1723	1735	1747	1800	1812
Waltham Forest Town Hall	1446	1459	1511	1523	1535	1547	1559	1611	1623	1635	1647	1659	1712	1725	1737	1749	1802	1814
Walthamstow Central Station	1502	1515	1527	1539	1550	1601	1613	1625	1637	1649	1701	1713	1725	1738	1750	1802	1814	1826
St James Street Stn. Courtenay Place	1506	1519	1531	1543	1554	1605	1617	1629	1641	1653	1705	1717	1729	1742	1754	1806	1817	1829
Barkingside Tesco	1739	1751	1803	1816	1829	1842	1855	1909	1924	1939	1955	2010	2032	2053	2114	2134	2155	2216
Tomswood Hill Colvin Gardens	1744	1756	1808	1821	1834	1847	1900	1914	1929	1944	2000	2015	2037	2057	2118	2138	2159	2220
Woodford Bridge The White Hart	1753	1805	1817	1829	1842	1854	1907	1921	1936	1951	2006	2021	2043	2103	2124	2144	2205	2226
Woodford Station Jubilee Parade	1759	1811	1823	1835	1847	1859	1912	1926	1941	1956	2011	2026	2047	2107	2128	2148	2209	2230
Woodford Green High Road/New Rd.	1810	1821	1833	1845	1857	1908	1920	1933	1948	2003	2018	2033	2054	2114	2134	2154	2215	2236
Highams Park Station	1816	1827	1839	1851	1903	1913	1925	1938	1953	2008	2023	2038	2059	2119	2139	2159	2220	2240
Forest Road St John's Road	1824	1835	1847	1859	1911	1921	1933	1946	2000	2015	2030	2045	2106	2126	2146	2206	2227	2247
Waltham Forest Town Hall	1826	1837	1849	1901	1912	1922	1934	1947	2001	2016	2031	2046	2107	2127	2147	2207	2228	2248
Walthamstow Central Station	1838	1848	1900	1912	1923	1933	1945	1957	2011	2026	2041	2056	2116	2136	2156	2216	2236	2256
St James Street Stn. Courtenay Place	1841	1851	1903	1915	1926	1936	1948	2000	2014	2029	2044	2058	2118	2138	2158	2218	2238	2258
Barkingside Tesco	2237	2257	2317	2337														
Tomswood Hill Colvin Gardens	2241	2301	2321	2341														
Woodford Bridge The White Hart	2247	2307	2327	2347														
Woodford Station Jubilee Parade	2251	2311	2331	2351														
Woodford Green High Road/New Rd.	2257	2317	2337	2357														
Highams Park Station	2301	2321	2341	0001														
Forest Road St John's Road	2307	2327	2347	0007														
Waltham Forest Town Hall	2308	2328	2348	0008														
Walthamstow Central Station	2316	2336	2356	0016														
St James Street Stn. Courtenay Place	2318	2338	2358	0018														

275	Mondays to Fridays (school holidays)																	
Barkingside Tesco	0450	0510	0529	0549	0603	0617	0631	0641	0650	0658	0708	0717	0727	0739	0751	0803	0816	0828
Tomswood Hill Colvin Gardens	0453	0513	0532	0552	0606	0621	0635	0645	0654	0702	0713	0723	0733	0745	0757	0809	0822	0834
Woodford Bridge The White Hart	0458	0518	0537	0557	0611	0626	0641	0651	0700	0710	0721	0731	0741	0753	0805	0817	0830	0842
Woodford Station Jubilee Parade	0501	0521	0541	0601	0615	0631	0646	0656	0705	0715	0727	0737	0748	0800	0812	0824	0837	0849
Woodford Green High Road/New Rd.	0506	0526	0546	0606	0621	0637	0652	0703	0713	0723	0735	0747	0758	0810	0822	0834	0847	0859
Highams Park Station	0510	0530	0550	0610	0625	0642	0657	0708	0718	0729	0741	0753	0805	0817	0829	0841	0854	0906
Forest Road St John's Road	0516	0536	0557	0618	0634	0650	0705	0716	0728	0740	0752	0804	0816	0828	0840	0852	0904	0916
Waltham Forest Town Hall	0517	0537	0558	0619	0635	0651	0706	0718	0730	0742	0754	0806	0818	0830	0842	0854	0906	0918
Walthamstow Central Station	0523	0543	0604	0626	0643	0701	0716	0728	0741	0754	0806	0819	0831	0843	0855	0907	0919	0931
St James Street Stn. Courtenay Place	0525	0545	0606	0628	0646	0704	0719	0731	0744	0757	0809	0822	0834	0846	0858	0910	0922	0934
Barkingside Tesco	0841	0854	0906	0918	0930	0942	0953	1004	1016	1028	1040	Then every 12 minutes until	1140	1152	1204	1216	1228	
Tomswood Hill Colvin Gardens	0846	0859	0911	0923	0935	0947	0958	1009	1021	1033	1045		1145	1157	1209	1221	1233	
Woodford Bridge The White Hart	0854	0907	0919	0931	0943	0955	1006	1017	1029	1041	1053		1153	1206	1218	1230	1242	
Woodford Station Jubilee Parade	0901	0914	0925	0937	0949	1001	1011	1022	1034	1046	1058		1158	1211	1223	1235	1247	
Woodford Green High Road/New Rd.	0911	0923	0934	0946	0958	1009	1019	1030	1042	1054	1106		1206	1219	1231	1243	1255	
Highams Park Station	0918	0929	0940	0952	1004	1014	1024	1035	1047	1059	1111		1211	1224	1236	1248	1300	
Forest Road St John's Road	0927	0938	0949	1001	1012	1022	1032	1043	1055	1107	1119		1219	1232	1244	1256	1308	
Waltham Forest Town Hall	0929	0940	0951	1003	1014	1024	1034	1045	1057	1109	1121		1221	1234	1246	1258	1310	
Walthamstow Central Station	0942	0953	1004	1016	1028	1038	1048	1059	1111	1123	1135		1235	1248	1300	1312	1324	
St James Street Stn. Courtenay Place	0945	0956	1007	1019	1031	1041	1051	1102	1114	1126	1139		1239	1252	1304	1316	1328	
Barkingside Tesco	1240	1251	1302	1313	1324	1335	1347	1358	1409	1421	1431	1442	1452	1504	1516	1528	1541	1554
Tomswood Hill Colvin Gardens	1245	1256	1307	1318	1329	1340	1352	1403	1414	1426	1436	1447	1457	1509	1521	1534	1546	1559
Woodford Bridge The White Hart	1254	1305	1316	1327	1338	1349	1401	1412	1423	1435	1445	1456	1506	1519	1531	1544	1556	1608
Woodford Station Jubilee Parade	1259	1310	1321	1332	1343	1354	1406	1417	1428	1440	1451	1502	1512	1525	1537	1550	1602	1614
Woodford Green High Road/New Rd.	1307	1318	1329	1340	1351	1402	1414	1425	1436	1449	1500	1512	1523	1536	1548	1601	1613	1625
Highams Park Station	1312	1323	1334	1345	1356	1407	1419	1430	1441	1454	1505	1518	1529	1542	1554	1607	1619	1631
Forest Road St John's Road	1320	1331	1342	1353	1404	1415	1427	1439	1452	1504	1516	1528	1540	1552	1604	1616	1628	1640
Waltham Forest Town Hall	1322	1333	1344	1355	1406	1417	1429	1441	1454	1506	1518	1530	1542	1554	1606	1618	1630	1642
Walthamstow Central Station	1336	1347	1359	1411	1422	1433	1445	1457	1510	1522	1534	1545	1556	1608	1620	1632	1644	1656
St James Street Stn. Courtenay Place	1340	1351	1403	1415	1426	1437	1449	1501	1514	1526	1538	1549	1559	1611	1623	1635	1647	1659
Barkingside Tesco	1607	1620	1632	1644	1656	1709	1722	1735	1748	1800	1813	1826	1840	1854	1909	1924	1939	1955
Tomswood Hill Colvin Gardens	1612	1625	1637	1649	1701	1714	1727	1740	1753	1805	1818	1831	1845	1859	1914	1929	1944	2000
Woodford Bridge The White Hart	1620	1633	1645	1657	1709	1722	1735	1748	1801	1813	1826	1839	1852	1906	1921	1936	1951	2006
Woodford Station Jubilee Parade	1626	1639	1651	1703	1715	1728	1741	1754	1807	1819	1832	1844	1857	1911	1926	1941	1956	2011
Woodford Green High Road/New Rd.	1637	1650	1702	1714	1726	1739	1752	1804	1817	1829	1842	1854	1906	1919	1933	1948	2003	2018
Highams Park Station	1643	1656	1708	1720	1732	1745	1758	1810	1823	1835	1848	1900	1912	1924	1938	1953	2008	2023
Forest Road St John's Road	1652	1705	1717	1729	1741	1754	1806	1818	1831	1843	1856	1908	1920	1932	1946	2000	2015	2030
Waltham Forest Town Hall	1654	1707	1719	1731	1743	1756	1808	1820	1833	1845	1857	1909	1921	1933	1947	2001	2016	2031
Walthamstow Central Station	1708	1720	1732	1744	1756	1808	1820	1832	1844	1856	1908	1920	1932	1944	1957	2011	2026	2041
St James Street Stn. Courtenay Place	1711	1723	1735	1747	1759	1811	1823	1835	1847	1859	1911	1923	1935	1947	2000	2014	2029	2044
Barkingside Tesco	2009	2031	2052	2113	2133	2154	2215	2236	2256	2316	2337							
Tomswood Hill Colvin Gardens	2014	2036	2056	2117	2137	2158	2219	2240	2300	2320	2341							
Woodford Bridge The White Hart	2020	2042	2102	2123	2143	2204	2225	2246	2306	2326	2347							
Woodford Station Jubilee Parade	2025	2046	2106	2127	2147	2208	2229	2250	2310	2330	2351							
Woodford Green High Road/New Rd.	2032	2053	2113	2133	2153	2214	2235	2256	2316	2336	2357							
Highams Park Station	2037	2058	2118	2138	2158	2219	2239	2300	2320	2340	0001							
Forest Road St John's Road	2044	2105	2125	2145	2205	2226	2246	2306	2326	2346	0007							
Waltham Forest Town Hall	2045	2106	2126	2146	2206	2227	2247	2307	2327	2347	0008							
Walthamstow Central Station	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0016							
St James Street Stn. Courtenay Place	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357	0017							

275	Sundays and other Public Holidays (except Christmas Day)																	
Barkingside <i>Tesco</i>	0625	0655	0725	0753	0813	0833	0853	0913	0933	0953	1013	1033	1052	1112	1132	1152	1211	1230
Tomswood Hill <i>Colvin Gardens</i>	0628	0658	0728	0756	0817	0837	0857	0917	0937	0957	1017	1037	1056	1117	1137	1157	1216	1235
Woodford Bridge <i>The White Hart</i>	0633	0703	0733	0801	0823	0843	0904	0924	0944	1004	1024	1044	1103	1124	1144	1204	1223	1242
Woodford Station <i>Jubilee Parade</i>	0636	0706	0736	0805	0827	0847	0908	0928	0948	1008	1028	1048	1108	1129	1149	1209	1228	1247
Woodford Green <i>High Road/New Rd.</i>	0641	0711	0741	0811	0833	0853	0915	0935	0955	1015	1035	1055	1115	1136	1156	1217	1236	1255
Highams Park Station	0645	0715	0745	0815	0837	0857	0919	0939	0959	1020	1040	1100	1120	1141	1201	1222	1241	1300
Forest Road <i>St John's Road</i>	0652	0722	0752	0822	0844	0904	0926	0947	1008	1029	1049	1109	1129	1150	1210	1231	1250	1309
Waltham Forest Town Hall	0653	0723	0753	0823	0845	0905	0927	0948	1009	1030	1050	1110	1130	1151	1211	1232	1251	1310
Walthamstow Central Station	0701	0731	0801	0831	0853	0913	0935	0956	1018	1039	1100	1121	1141	1202	1223	1244	1303	1323
St James Street Stn. <i>Courtenay Place</i>	0703	0733	0803	0833	0855	0915	0937	0959	1021	1042	1103	1124	1144	1205	1226	1247	1307	1327
Barkingside <i>Tesco</i>	1250	1310	1331	1352	1412	1433	1453	1513	1533	1553	1614	1634	1654	1714	1734	1755	1816	1837
Tomswood Hill <i>Colvin Gardens</i>	1255	1315	1336	1357	1417	1438	1458	1518	1538	1558	1619	1639	1659	1719	1739	1800	1821	1842
Woodford Bridge <i>The White Hart</i>	1302	1322	1343	1404	1425	1446	1506	1526	1546	1606	1627	1647	1707	1727	1747	1807	1828	1849
Woodford Station <i>Jubilee Parade</i>	1307	1327	1348	1409	1430	1451	1511	1531	1551	1611	1632	1652	1712	1732	1752	1812	1833	1853
Woodford Green <i>High Road/New Rd.</i>	1315	1335	1356	1416	1437	1458	1518	1538	1558	1618	1639	1659	1719	1739	1759	1819	1840	1900
Highams Park Station	1320	1340	1401	1421	1442	1503	1523	1543	1603	1623	1644	1704	1724	1744	1804	1824	1845	1905
Forest Road <i>St John's Road</i>	1329	1349	1409	1429	1450	1511	1531	1551	1611	1630	1651	1711	1731	1751	1811	1831	1852	1912
Waltham Forest Town Hall	1330	1350	1410	1430	1451	1512	1532	1552	1612	1631	1652	1712	1732	1752	1812	1832	1853	1913
Walthamstow Central Station	1343	1403	1423	1443	1504	1524	1544	1604	1623	1642	1703	1723	1743	1803	1823	1843	1903	1923
St James Street Stn. <i>Courtenay Place</i>	1347	1407	1427	1447	1507	1527	1547	1607	1626	1645	1705	1725	1745	1805	1825	1845	1905	1925
Barkingside <i>Tesco</i>	1858	1919	1939	1959	2019	2039	2059	2119	2139	2159	2219	2238	2258	2318	2337			
Tomswood Hill <i>Colvin Gardens</i>	1903	1923	1943	2003	2023	2043	2103	2123	2143	2203	2223	2242	2302	2322	2341			
Woodford Bridge <i>The White Hart</i>	1910	1930	1950	2010	2029	2049	2109	2129	2149	2209	2229	2248	2308	2328	2347			
Woodford Station <i>Jubilee Parade</i>	1914	1934	1954	2014	2033	2053	2113	2133	2153	2213	2233	2252	2312	2332	2351			
Woodford Green <i>High Road/New Rd.</i>	1921	1941	2001	2020	2039	2059	2119	2139	2159	2219	2239	2258	2318	2338	2357			
Highams Park Station	1926	1946	2006	2025	2044	2104	2124	2144	2204	2224	2243	2302	2322	2342	0001			
Forest Road <i>St John's Road</i>	1933	1953	2013	2032	2051	2111	2131	2151	2211	2231	2249	2308	2328	2348	0007			
Waltham Forest Town Hall	1934	1954	2014	2033	2052	2112	2132	2152	2212	2232	2250	2309	2329	2349	0008			
Walthamstow Central Station	1943	2003	2023	2042	2101	2121	2141	2201	2221	2240	2258	2317	2337	2357	0016			
St James Street Stn. <i>Courtenay Place</i>	1945	2005	2025	2044	2103	2123	2143	2203	2223	2242	2300	2319	2339	2359	0018			

275	Mondays to Fridays (school days)																	
St James Street Stn. Courtenay Mews	0540	0600	0620	0639	0651	0703	0714	0724	0731	0741	0752	0804	0817	0830	0843	0855	0907	0919
Walthamstow Central Station	0543	0603	0623	0642	0654	0707	0718	0728	0735	0745	0756	0809	0822	0835	0848	0900	0913	0925
Walthamstow The Bell (Hoe Street)	0547	0607	0628	0647	0700	0714	0725	0735	0743	0753	0804	0818	0831	0844	0856	0908	0921	0933
Forest Road St John's Road	0549	0609	0630	0649	0702	0716	0727	0737	0746	0756	0807	0821	0834	0847	0859	0911	0924	0936
Highams Park Station	0555	0616	0637	0657	0711	0725	0736	0747	0757	0808	0819	0833	0846	0858	0910	0921	0933	0945
Woodford Green High Road/New Rd.	0600	0622	0643	0703	0717	0731	0743	0754	0805	0817	0828	0840	0853	0905	0916	0927	0939	0951
Woodford Station Jubilee Parade	0605	0628	0649	0709	0724	0739	0751	0803	0815	0827	0838	0849	0901	0912	0923	0934	0946	0958
Woodford Bridge The White Hart	0609	0632	0653	0714	0729	0744	0756	0809	0821	0833	0845	0856	0907	0918	0929	0940	0951	1003
Tomswood Hill Colvin Gardens	0614	0637	0659	0720	0736	0751	0804	0817	0829	0841	0853	0904	0915	0926	0936	0947	0958	1010
Barkingside Tesco	0618	0641	0703	0724	0740	0756	0810	0823	0835	0847	0859	0910	0921	0932	0942	0953	1004	1016
St James Street Stn. Courtenay Mews	0931	0943	0955	1006	1018	1029	1041	1052	1104	1116	1128	1139	Then every 12 minutes until	1303	1314	1326	1337	
Walthamstow Central Station	0937	0949	1000	1011	1023	1035	1047	1058	1110	1122	1134	1145		1309	1320	1332	1343	
Walthamstow The Bell (Hoe Street)	0945	0957	1009	1021	1033	1045	1057	1109	1121	1133	1145	1156		1320	1332	1344	1356	
Forest Road St John's Road	0948	1000	1012	1024	1036	1048	1100	1112	1124	1136	1148	1159		1323	1335	1347	1359	
Highams Park Station	0957	1009	1021	1033	1045	1057	1109	1121	1133	1145	1157	1209		1333	1345	1357	1409	
Woodford Green High Road/New Rd.	1003	1015	1027	1039	1051	1103	1115	1127	1139	1151	1203	1215		1339	1351	1403	1415	
Woodford Station Jubilee Parade	1010	1022	1034	1046	1058	1110	1122	1134	1146	1158	1210	1222		1346	1358	1410	1422	
Woodford Bridge The White Hart	1015	1027	1039	1051	1103	1115	1127	1139	1151	1203	1215	1227		1351	1403	1415	1427	
Tomswood Hill Colvin Gardens	1022	1034	1046	1058	1110	1122	1134	1146	1158	1210	1222	1234	1358	1410	1422	1434		
Barkingside Tesco	1028	1040	1052	1104	1116	1128	1140	1152	1204	1216	1228	1240	1404	1416	1428	1440		
St James Street Stn. Courtenay Mews	1347	1358	1408	1418	1428	1438	1449	1459	1511	1524	1538	1551	1603	1615	1627	1639	1651	1703
Walthamstow Central Station	1353	1404	1415	1425	1436	1445	1456	1506	1518	1532	1546	1559	1612	1625	1637	1649	1701	1713
Walthamstow The Bell (Hoe Street)	1406	1417	1428	1438	1448	1458	1510	1519	1530	1543	1556	1608	1621	1634	1646	1658	1711	1723
Forest Road St John's Road	1409	1420	1431	1441	1451	1501	1513	1523	1534	1547	1600	1612	1625	1638	1650	1702	1715	1727
Highams Park Station	1419	1430	1441	1451	1502	1513	1525	1535	1546	1559	1612	1624	1637	1650	1702	1715	1728	1740
Woodford Green High Road/New Rd.	1425	1436	1447	1457	1508	1519	1531	1542	1554	1606	1619	1631	1644	1657	1709	1722	1735	1747
Woodford Station Jubilee Parade	1432	1443	1454	1505	1516	1528	1540	1552	1604	1616	1628	1640	1653	1706	1718	1731	1744	1756
Woodford Bridge The White Hart	1437	1448	1500	1512	1524	1536	1548	1600	1611	1623	1635	1647	1700	1713	1725	1738	1751	1803
Tomswood Hill Colvin Gardens	1444	1455	1507	1519	1532	1545	1557	1609	1619	1631	1643	1654	1707	1720	1732	1745	1758	1810
Barkingside Tesco	1450	1502	1514	1526	1539	1552	1603	1615	1625	1637	1649	1700	1713	1726	1738	1751	1804	1815
St James Street Stn. Courtenay Mews	1715	1727	1739	1752	1804	1816	1829	1842	1854	1911	1928	1945	2000	2020	2041	2102	2123	2143
Walthamstow Central Station	1725	1737	1749	1802	1814	1825	1837	1849	1900	1916	1933	1949	2004	2024	2044	2105	2126	2146
Walthamstow The Bell (Hoe Street)	1735	1747	1759	1812	1823	1834	1846	1858	1909	1925	1942	1958	2013	2033	2053	2113	2135	2155
Forest Road St John's Road	1739	1751	1804	1815	1826	1837	1849	1901	1912	1928	1945	2001	2016	2036	2056	2116	2137	2157
Highams Park Station	1752	1804	1816	1826	1837	1848	1900	1911	1922	1937	1953	2009	2024	2044	2104	2124	2145	2205
Woodford Green High Road/New Rd.	1759	1811	1822	1832	1843	1854	1906	1917	1928	1943	1959	2015	2030	2050	2109	2129	2150	2210
Woodford Station Jubilee Parade	1808	1819	1830	1840	1851	1902	1913	1924	1935	1950	2005	2021	2036	2056	2115	2135	2156	2216
Woodford Bridge The White Hart	1814	1825	1836	1846	1857	1908	1918	1929	1940	1955	2010	2026	2041	2100	2119	2139	2200	2220
Tomswood Hill Colvin Gardens	1821	1832	1843	1853	1904	1914	1924	1935	1946	2001	2016	2031	2046	2105	2124	2144	2205	2225
Barkingside Tesco	1826	1837	1848	1858	1909	1919	1929	1940	1951	2006	2021	2036	2051	2109	2128	2148	2209	2229
St James Street Stn. Courtenay Mews	2203	2224	2245	2306	2326	2346	0006	0026										
Walthamstow Central Station	2206	2227	2248	2309	2329	2349	0009	0029										
Walthamstow The Bell (Hoe Street)	2215	2236	2257	2316	2336	2356	0016	0036										
Forest Road St John's Road	2217	2238	2259	2318	2338	2358	0018	0038										
Highams Park Station	2225	2246	2307	2326	2346	0006	0026	0046										
Woodford Green High Road/New Rd.	2230	2251	2312	2331	2351	0011	0031	0051										
Woodford Station Jubilee Parade	2236	2257	2317	2336	2356	0016	0036	0056										
Woodford Bridge The White Hart	2240	2301	2321	2340	0000	0020	0040	0100										
Tomswood Hill Colvin Gardens	2245	2306	2326	2345	0005	0025	0045	0105										
Barkingside Tesco	2249	2309	2329	2348	0008	0028	0048	0108										

275	Mondays to Fridays (school holidays)																	
St James Street Stn. Courtenay Mews	0540	0600	0620	0639	0651	0703	0714	0725	0734	0745	0756	0808	0820	0832	0844	0856	0907	0919
Walthamstow Central Station	0543	0603	0623	0642	0654	0707	0718	0729	0738	0749	0800	0813	0825	0837	0849	0901	0913	0925
Walthamstow The Bell (Hoe Street)	0547	0607	0628	0647	0700	0714	0725	0736	0746	0757	0808	0821	0833	0845	0857	0909	0921	0933
Forest Road St John's Road	0549	0609	0630	0649	0702	0716	0727	0738	0749	0800	0812	0825	0837	0849	0901	0913	0925	0937
Highams Park Station	0555	0616	0637	0657	0711	0725	0736	0748	0759	0810	0822	0835	0847	0859	0911	0923	0934	0946
Woodford Green High Road/New Rd.	0600	0622	0643	0703	0717	0731	0743	0755	0807	0819	0831	0842	0854	0906	0917	0929	0940	0952
Woodford Station Jubilee Parade	0605	0628	0649	0709	0724	0739	0751	0803	0815	0827	0839	0850	0902	0913	0924	0936	0947	0959
Woodford Bridge The White Hart	0609	0632	0653	0714	0729	0744	0756	0809	0821	0833	0846	0857	0908	0919	0930	0942	0952	1004
Tomswood Hill Colvin Gardens	0614	0637	0659	0720	0736	0751	0803	0816	0828	0840	0853	0904	0915	0926	0937	0949	0959	1011
Barkingside Tesco	0618	0641	0703	0724	0740	0756	0809	0822	0834	0846	0859	0910	0921	0932	0943	0955	1005	1017
St James Street Stn. Courtenay Mews	0931	0943	0955	1006	1017	1028	Then every 12 minutes until	1128	1139	Then every 12 minutes until	1351	1403	1414	1425	1436	1447		
Walthamstow Central Station	0937	0949	1000	1011	1022	1034		1134	1145		1357	1409	1421	1432	1444	1454		
Walthamstow The Bell (Hoe Street)	0945	0957	1009	1021	1033	1045		1145	1156		1408	1420	1432	1443	1454	1505		
Forest Road St John's Road	0949	1001	1013	1025	1037	1049		1149	1200		1412	1424	1436	1447	1458	1509		
Highams Park Station	0958	1010	1022	1034	1046	1058		1158	1210		1422	1434	1446	1457	1509	1521		
Woodford Green High Road/New Rd.	1004	1016	1028	1040	1052	1104		1204	1216		1428	1440	1452	1503	1515	1527		
Woodford Station Jubilee Parade	1011	1023	1035	1047	1059	1111		1211	1223		1435	1447	1459	1511	1523	1535		
Woodford Bridge The White Hart	1016	1028	1040	1052	1104	1116		1216	1228		1440	1452	1505	1518	1530	1542		
Tomswood Hill Colvin Gardens	1023	1035	1047	1059	1111	1123		1223	1235		1447	1459	1512	1525	1537	1549		
Barkingside Tesco	1029	1041	1053	1105	1117	1129	1229	1241	1453	1506	1519	1532	1544	1555				
St James Street Stn. Courtenay Mews	1458	1510	1522	1534	1547	1559	1611	1623	1635	1647	1659	1711	1723	1736	1749	1802	1815	1828
Walthamstow Central Station	1505	1516	1530	1542	1555	1607	1619	1631	1643	1655	1707	1719	1731	1744	1757	1810	1823	1836
Walthamstow The Bell (Hoe Street)	1516	1527	1540	1552	1604	1616	1628	1640	1652	1705	1717	1729	1741	1754	1807	1819	1832	1845
Forest Road St John's Road	1520	1531	1544	1556	1608	1620	1632	1644	1656	1709	1721	1733	1745	1759	1810	1822	1835	1848
Highams Park Station	1532	1543	1556	1608	1620	1632	1644	1656	1709	1722	1734	1746	1758	1811	1821	1833	1846	1859
Woodford Green High Road/New Rd.	1539	1551	1603	1615	1627	1639	1651	1703	1716	1729	1741	1753	1805	1817	1827	1839	1852	1905
Woodford Station Jubilee Parade	1547	1559	1611	1623	1635	1647	1659	1711	1724	1737	1749	1801	1813	1825	1835	1847	1900	1912
Woodford Bridge The White Hart	1554	1606	1618	1630	1642	1654	1706	1718	1731	1744	1756	1808	1820	1832	1842	1854	1906	1917
Tomswood Hill Colvin Gardens	1601	1613	1625	1637	1649	1701	1713	1725	1738	1751	1803	1815	1827	1839	1849	1901	1912	1923
Barkingside Tesco	1607	1619	1631	1643	1655	1707	1719	1731	1744	1757	1808	1820	1832	1844	1854	1906	1917	1928
St James Street Stn. Courtenay Mews	1841	1854	1910	1926	1942	1957	2019	2041	2102	2122	2142	2202	2223	2244	2306	Then every 20 minutes until	0026	
Walthamstow Central Station	1848	1900	1915	1931	1946	2001	2023	2044	2105	2125	2145	2205	2226	2247	2309		0029	
Walthamstow The Bell (Hoe Street)	1857	1909	1924	1940	1955	2010	2032	2053	2113	2134	2154	2214	2235	2256	2316		0036	
Forest Road St John's Road	1900	1912	1927	1943	1958	2013	2035	2056	2116	2136	2156	2216	2237	2258	2318		0038	
Highams Park Station	1910	1922	1936	1951	2006	2021	2043	2104	2124	2144	2204	2224	2245	2306	2326		0046	
Woodford Green High Road/New Rd.	1916	1928	1942	1957	2012	2027	2049	2109	2129	2149	2209	2229	2250	2311	2331		0051	
Woodford Station Jubilee Parade	1923	1935	1949	2003	2018	2033	2055	2115	2135	2155	2215	2235	2256	2316	2336		0056	
Woodford Bridge The White Hart	1928	1940	1954	2008	2023	2038	2059	2119	2139	2159	2219	2239	2300	2320	2340		0100	
Tomswood Hill Colvin Gardens	1934	1946	2000	2014	2028	2043	2104	2124	2144	2204	2224	2244	2305	2325	2345		0105	
Barkingside Tesco	1939	1951	2005	2019	2033	2048	2108	2128	2148	2208	2228	2248	2308	2328	2348	0108		

275	Sundays and other Public Holidays (except Christmas Day)																	
St James Street Stn. Courtenay Mews	0710	0740	0810	0838	0857	0916	0936	0954	1012	1031	1049	1106	1125	1144	1202	1222	1242	1302
Walthamstow Central Station	0713	0743	0813	0841	0900	0919	0939	0957	1016	1035	1053	1111	1130	1149	1208	1228	1248	1308
Walthamstow The Bell (Hoe Street)	0719	0749	0819	0847	0906	0925	0945	1004	1023	1042	1100	1119	1138	1157	1217	1237	1257	1318
Forest Road St John's Road	0721	0751	0821	0849	0908	0927	0947	1006	1025	1044	1102	1121	1140	1159	1219	1239	1259	1320
Highams Park Station	0728	0758	0828	0856	0915	0935	0955	1014	1033	1052	1111	1131	1150	1209	1229	1249	1309	1330
Woodford Green High Road/New Rd.	0733	0803	0833	0901	0920	0940	1000	1019	1038	1057	1117	1137	1156	1215	1235	1255	1315	1336
Woodford Station Jubilee Parade	0738	0808	0838	0906	0925	0945	1005	1025	1044	1103	1123	1143	1202	1221	1241	1301	1322	1343
Woodford Bridge The White Hart	0741	0811	0841	0910	0929	0949	1009	1029	1048	1108	1128	1148	1207	1226	1246	1306	1327	1348
Tomswood Hill Colvin Gardens	0746	0816	0846	0916	0935	0955	1015	1035	1055	1115	1135	1155	1214	1233	1253	1313	1334	1355
Barkingside Tesco	0750	0820	0850	0920	0939	0959	1019	1039	1059	1120	1140	1200	1219	1238	1258	1318	1339	1400
St James Street Stn. Courtenay Mews	1322	1342	1402	1422	1442	1502	1522	1542	1602	1622	1642	1702	1722	1742	1802	1822	1842	1902
Walthamstow Central Station	1329	1349	1409	1429	1449	1509	1529	1549	1609	1629	1649	1708	1728	1748	1807	1827	1846	1905
Walthamstow The Bell (Hoe Street)	1339	1359	1419	1439	1459	1519	1539	1559	1619	1639	1659	1719	1739	1759	1817	1835	1854	1913
Forest Road St John's Road	1341	1401	1421	1441	1501	1521	1541	1601	1621	1641	1701	1721	1741	1801	1819	1837	1856	1915
Highams Park Station	1351	1411	1431	1451	1511	1531	1551	1611	1631	1651	1711	1731	1751	1811	1829	1847	1906	1925
Woodford Green High Road/New Rd.	1357	1417	1437	1457	1517	1537	1557	1617	1637	1657	1717	1737	1757	1817	1835	1853	1911	1930
Woodford Station Jubilee Parade	1403	1423	1443	1503	1523	1543	1603	1623	1643	1703	1723	1743	1803	1823	1841	1859	1917	1936
Woodford Bridge The White Hart	1408	1428	1448	1508	1528	1548	1608	1628	1648	1708	1728	1748	1808	1828	1846	1904	1921	1940
Tomswood Hill Colvin Gardens	1415	1435	1455	1515	1534	1554	1614	1634	1654	1714	1734	1754	1814	1834	1852	1910	1927	1946
Barkingside Tesco	1420	1440	1500	1520	1539	1559	1619	1639	1659	1718	1738	1758	1818	1838	1856	1914	1931	1950
St James Street Stn. Courtenay Mews	1922	1942	2003	2023	2043	2103	2123	2143	2203	2224	2245	2306	2326	2346	0006	0026		
Walthamstow Central Station	1925	1945	2006	2026	2046	2106	2126	2146	2206	2227	2248	2309	2329	2349	0009	0029		
Walthamstow The Bell (Hoe Street)	1933	1953	2014	2034	2054	2113	2133	2153	2213	2234	2255	2315	2335	2355	0015	0035		
Forest Road St John's Road	1935	1955	2016	2036	2056	2115	2135	2155	2215	2236	2257	2317	2337	2357	0017	0037		
Highams Park Station	1945	2005	2025	2044	2104	2123	2143	2203	2223	2244	2305	2325	2345	0005	0025	0045		
Woodford Green High Road/New Rd.	1950	2010	2030	2049	2109	2128	2148	2208	2228	2249	2310	2330	2350	0010	0030	0050		
Woodford Station Jubilee Parade	1956	2016	2036	2055	2115	2134	2154	2214	2234	2255	2315	2335	2355	0015	0035	0055		
Woodford Bridge The White Hart	2000	2020	2040	2059	2119	2138	2158	2218	2238	2259	2319	2339	2359	0019	0039	0059		
Tomswood Hill Colvin Gardens	2006	2025	2045	2104	2124	2143	2203	2223	2243	2304	2324	2344	0004	0024	0044	0104		
Barkingside Tesco	2010	2029	2049	2108	2128	2147	2207	2227	2247	2307	2327	2347	0007	0027	0047	0107		