

276		Mondays to Fridays																										
Stoke Newington Common	0430	0450	0510	0530	0550	0605	0617											1739	1752	1805	1818	1831	1843	1855	1907	1922		
Hackney Central Station Amhurst Rd.	0435	0455	0515	0536	0556	0611	0623												1749	1802	1814	1827	1839	1851	1903	1915	1930	
Homerton Hospital Homerton Grove	0439	0459	0519	0540	0600	0616	0628												1759	1811	1823	1836	1847	1859	1911	1923	1937	
Hackney Wick Station	0446	0506	0526	0547	0607	0623	0635												1810	1822	1833	1845	1856	1908	1920	1932	1946	
Bow Church	0453	0513	0533	0555	0615	0631	0644												1822	1834	1845	1857	1907	1919	1931	1942	1956	
Stratford Bus Station	0459	0519	0539	0601	0621	0638	0651												1832	1843	1854	1906	1915	1927	1938	1949	2003	
West Ham Station	0506	0526	0546	0608	0628	0646	0659												1842	1853	1904	1916	1925	1937	1947	1958	2012	
Canning Town Barking Rd./Hermit Rd.	0511	0531	0551	0613	0633	0651	0705												1848	1859	1910	1922	1931	1943	1953	2003	2017	
Newham Hospital Gateway Centre	0518	0538	0558	0621	0642	0700	0715												1901	1911	1922	1934	1942	1954	2003	2013	2027	
Stoke Newington Common	1937	1952	2008	2023	2043	2104	2124	2144	2204	2224	2244	2305	2325	2345	0005	0025	0045	0105										
Hackney Central Station Amhurst Rd.	1945	2000	2015	2030	2050	2111	2131	2151	2210	2230	2250	2310	2330	2350	0010	0030	0050	0110										
Homerton Hospital Homerton Grove	1952	2007	2022	2037	2057	2117	2137	2157	2216	2236	2256	2315	2335	2355	0014	0034	0054	0114										
Hackney Wick Station	2001	2015	2030	2045	2105	2125	2145	2205	2223	2243	2303	2322	2342	0002	0021	0041	0101	0121										
Bow Church	2011	2025	2040	2055	2115	2135	2155	2214	2232	2252	2311	2330	2350	0009	0028	0048	0108	0128										
Stratford Bus Station	2018	2032	2047	2102	2122	2142	2202	2220	2238	2258	2317	2336	2356	0015	0034	0054	0114	0134										
West Ham Station	2027	2041	2056	2111	2131	2151	2210	2228	2246	2306	2325	2344	0004	0022	0041	0101	0121	0141										
Canning Town Barking Rd./Hermit Rd.	2032	2046	2101	2116	2136	2156	2215	2233	2251	2310	2329	2348	0008	0026	0045	0105	0125	0145										
Newham Hospital Gateway Centre	2042	2056	2110	2125	2145	2205	2223	2241	2259	2317	2336	2355	0015	0033	0052	0112	0132	0152										
276		Saturdays (also Good Friday)																										
Stoke Newington Common	0430		0530	0550	0610	0630	0650	0710	0725	0740	0755	0810	0825	0840					1840	1855	1910							
Hackney Central Station Amhurst Rd.	0435	Then about	0535	0555	0616	0636	0656	0716	0731	0746	0801	0817	0832	0847	Then about				1848	1903	1918							
Homerton Hospital Homerton Grove	0440	every	0540	0600	0621	0641	0701	0721	0736	0751	0806	0822	0837	0852	every				1855	1910	1925							
Hackney Wick Station	0446	20	0546	0607	0628	0648	0708	0728	0743	0758	0813	0829	0844	0859	12				1905	1920	1935							
Bow Church	0453	mins.	0553	0615	0636	0656	0716	0736	0751	0806	0821	0837	0852	0908	mins.				1915	1930	1945							
Stratford Bus Station	0458	until	0558	0621	0642	0702	0723	0743	0758	0813	0828	0844	0859	0915	until				1923	1938	1953							
West Ham Station	0505		0605	0628	0649	0709	0730	0750	0805	0821	0836	0852	0907	0924					1933	1948	2003							
Canning Town Barking Rd./Hermit Rd.	0509		0610	0633	0654	0714	0735	0755	0810	0826	0841	0857	0912	0929					1938	1953	2008							
Newham Hospital Gateway Centre	0516		0618	0641	0702	0722	0743	0803	0819	0835	0850	0906	0922	0939					1950	2005	2018							
Stoke Newington Common	1925	1940	1955	2010	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005												
Hackney Central Station Amhurst Rd.	1933	1948	2003	2018	2033	2053	2112	2132	2152	2212	2232	2252	2311	2331	2351	0011												
Homerton Hospital Homerton Grove	1940	1955	2010	2025	2040	2100	2118	2138	2158	2218	2238	2258	2317	2337	2357	0016	Then every											
Hackney Wick Station	1950	2005	2019	2034	2049	2108	2126	2146	2206	2226	2246	2306	2325	2345	0005	0024	20											
Bow Church	2000	2015	2029	2044	2059	2118	2136	2156	2216	2236	2256	2315	2334	2354	0013	0032	mins.											
Stratford Bus Station	2008	2023	2037	2052	2107	2126	2144	2204	2223	2243	2303	2321	2340	0000	0019	0038	until											
West Ham Station	2018	2033	2047	2102	2116	2135	2153	2213	2232	2252	2311	2329	2348	0008	0027	0046												
Canning Town Barking Rd./Hermit Rd.	2023	2038	2052	2107	2121	2140	2158	2218	2237	2257	2316	2334	2353	0012	0031	0050												
Newham Hospital Gateway Centre	2033	2048	2102	2116	2130	2149	2207	2226	2245	2305	2324	2342	0000	0019	0038	0057												
276		Sundays and other Public Holidays (except Christmas Day)																										
Stoke Newington Common	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0855	0910	0925	0940	0954	1007	1022	1036										
Hackney Central Station Amhurst Rd.	0555	0615	0635	0655	0716	0736	0756	0816	0831	0846	0901	0916	0931	0946	1000	1014	1029	1044										
Homerton Hospital Homerton Grove	0600	0620	0640	0700	0721	0741	0801	0821	0836	0851	0906	0921	0936	0951	1005	1020	1035	1050										
Hackney Wick Station	0607	0627	0647	0707	0728	0748	0808	0828	0843	0858	0914	0929	0944	0959	1013	1028	1043	1058										
Bow Church	0615	0635	0655	0715	0736	0756	0816	0836	0851	0907	0924	0939	0954	1009	1023	1038	1053	1108										
Stratford Bus Station	0620	0640	0700	0721	0742	0802	0823	0843	0858	0914	0931	0946	1001	1016	1030	1045	1100	1115										
West Ham Station	0627	0647	0707	0728	0749	0810	0831	0851	0906	0922	0939	0954	1009	1024	1039	1054	1109	1124										
Canning Town Barking Rd./Hermit Rd.	0632	0652	0712	0733	0754	0815	0836	0856	0911	0927	0944	0959	1014	1029	1044	1059	1114	1129										
Newham Hospital Gateway Centre	0639	0659	0719	0740	0801	0823	0844	0904	0920	0936	0953	1008	1023	1039	1054	1110	1125	1140										
Stoke Newington Common	1049	1104	1118	1133	1148	1203	1218												1403	1418	1433	1448	1503	1518	1533	1548	1603	
Hackney Central Station Amhurst Rd.	1057	1112	1126	1141	1156	1211	1226												1411	1426	1441	1456	1511	1526	1541	1556	1611	
Homerton Hospital Homerton Grove	1103	1118	1132	1147	1202	1218	1233												1418	1433	1448	1503	1518	1533	1548	1603	1618	
Hackney Wick Station	1112	1127	1141	1156	1211	1227	1242												1427	1442	1457	1512	1527	1542	1557	1612	1627	
Bow Church	1123	1138	1152	1207	1222	1238	1253												1438	1453	1508	1522	1537	1552	1607	1622	1637	
Stratford Bus Station	1130	1145	1159	1215	1230	1246	1301												1446	1501	1516	1530	1545	1600	1615	1630	1645	

276		Mondays to Fridays																									
Newham Hospital Gateway Centre	0445	0505	0525	0540	0555	0606											1830	1845	1900	1915	1930	1945	2000	2015	2030	2045	
Canning Town Barking Rd./Hermit Rd.	0453	0513	0533	0548	0604	0615											1845	1900	1915	1929	1944	1958	2013	2027	2042	2057	
West Ham Station	0458	0518	0538	0553	0609	0620											1851	1906	1921	1935	1950	2004	2018	2032	2047	2102	
Stratford Bus Station	0504	0524	0544	0559	0615	0626											1900	1915	1930	1944	1958	2012	2026	2040	2055	2110	
Bow Church	0508	0528	0548	0603	0619	0630											1906	1921	1936	1950	2004	2017	2031	2045	2100	2115	
Hackney Wick Station	0514	0534	0555	0611	0627	0639											1917	1931	1946	2000	2014	2026	2040	2054	2109	2124	
Homerton Hospital Homerton Grove	0521	0542	0603	0619	0636	0649											1928	1942	1956	2010	2023	2035	2049	2103	2118	2133	
Hackney Central Station Amhurst Rd.	0527	0548	0610	0626	0644	0658											1937	1951	2005	2019	2031	2043	2057	2111	2126	2141	
Stoke Newington Common	0537	0558	0620	0636	0654	0709											1950	2004	2018	2032	2044	2056	2110	2123	2138	2153	
		Then about every 12 minutes until																									
Newham Hospital Gateway Centre	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005	0025	0045	0105														
Canning Town Barking Rd./Hermit Rd.	2116	2135	2155	2214	2234	2254	2313	2333	2353	0012	0032	0052	0112														
West Ham Station	2121	2140	2200	2219	2239	2259	2318	2338	2358	0017	0037	0057	0117														
Stratford Bus Station	2128	2147	2207	2226	2246	2306	2324	2344	0004	0023	0043	0103	0123														
Bow Church	2133	2152	2211	2230	2250	2310	2328	2348	0008	0027	0047	0107	0127														
Hackney Wick Station	2142	2201	2219	2238	2258	2317	2335	2355	0014	0033	0053	0113	0133														
Homerton Hospital Homerton Grove	2151	2210	2227	2246	2306	2324	2342	0002	0021	0040	0100	0120	0140														
Hackney Central Station Amhurst Rd.	2159	2218	2235	2254	2313	2331	2349	0008	0027	0046	0106	0126	0146														
Stoke Newington Common	2211	2229	2246	2305	2323	2341	2359	0017	0036	0055	0115	0135	0155														
		Saturdays (also Good Friday)																									
Newham Hospital Gateway Centre	0445		0605		0650	0705	0720	0734	0748	0802	0817		1756	1810	1825	1840	1855	1910									
Canning Town Barking Rd./Hermit Rd.	0453	Then about	0613	Then about	0658	0713	0728	0742	0756	0812	0827	Then about	1811	1825	1840	1855	1909	1924									
West Ham Station	0458	0618	0703	0719	0734	0748	0802	0818	0833	0848	0863	0878	1817	1831	1846	1901	1915	1930									
Stratford Bus Station	0504	every 20 mins.	0624	every 15 mins.	0709	0725	0740	0754	0809	0825	0840	every 12 mins.	1826	1840	1855	1910	1924	1939									
Bow Church	0508	0628	0713	0729	0744	0758	0814	0830	0845	0860	0875	0890	1833	1847	1902	1917	1931	1946									
Hackney Wick Station	0515	0635	0720	0736	0751	0806	0823	0839	0854	0909	0924	0939	1843	1857	1912	1927	1941	1956									
Homerton Hospital Homerton Grove	0522	0643	0728	0744	0759	0815	0832	0848	0903	0918	0933	0948	1854	1908	1923	1938	1952	2007									
Hackney Central Station Amhurst Rd.	0528	0649	0735	0751	0806	0823	0840	0856	0911	0926	0941	0956	1904	1918	1933	1948	2002	2017									
Stoke Newington Common	0538	0659	0745	0801	0817	0834	0851	0907	0922	0937	0952	1007	1917	1931	1946	2001	2014	2029									
Newham Hospital Gateway Centre	1925	1940	1955	2010	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	0005											
Canning Town Barking Rd./Hermit Rd.	1939	1954	2008	2022	2037	2057	2116	2136	2156	2214	2234	2254	2313	2333	2353	0013											
West Ham Station	1945	2000	2014	2028	2043	2103	2122	2142	2202	2220	2240	2300	2318	2338	2358	0017											
Stratford Bus Station	1954	2008	2022	2036	2051	2110	2129	2149	2209	2227	2247	2307	2325	2344	0004	0023											
Bow Church	2001	2014	2028	2042	2057	2116	2135	2155	2214	2232	2252	2311	2329	2348	0008	0027											
Hackney Wick Station	2010	2023	2037	2051	2106	2125	2144	2204	2223	2241	2301	2319	2337	2356	0016	0035											
Homerton Hospital Homerton Grove	2020	2033	2047	2101	2115	2134	2153	2213	2232	2250	2310	2328	2346	0004	0024	0043											
Hackney Central Station Amhurst Rd.	2030	2043	2057	2110	2124	2143	2202	2222	2241	2259	2318	2336	2354	0011	0031	0050											
Stoke Newington Common	2042	2055	2109	2122	2136	2155	2213	2233	2252	2310	2329	2347	0005	0020	0040	0059											
		Sundays and other Public Holidays (except Christmas Day)																									
Newham Hospital Gateway Centre	0553	0613	0633	0652	0711	0731	0751	0811	0831	0846	0900	0915	0929	0944	0958	1012	1024	1039									
Canning Town Barking Rd./Hermit Rd.	0601	0621	0641	0700	0719	0739	0759	0819	0839	0854	0909	0924	0938	0953	1008	1022	1035	1050									
West Ham Station	0606	0626	0646	0705	0724	0744	0804	0825	0845	0900	0915	0930	0944	0959	1014	1028	1042	1057									
Stratford Bus Station	0612	0632	0652	0711	0730	0750	0811	0832	0852	0907	0922	0937	0951	1006	1021	1035	1050	1105									
Bow Church	0616	0636	0656	0715	0734	0754	0815	0836	0856	0912	0927	0942	0956	1011	1026	1040	1055	1110									
Hackney Wick Station	0622	0642	0702	0722	0741	0801	0823	0844	0905	0921	0936	0951	1005	1020	1035	1050	1105	1120									
Homerton Hospital Homerton Grove	0629	0649	0709	0729	0748	0809	0831	0852	0913	0929	0944	0959	1014	1029	1044	1059	1115	1130									
Hackney Central Station Amhurst Rd.	0635	0655	0715	0735	0754	0816	0838	0859	0920	0936	0951	1006	1021	1036	1052	1107	1124	1139									
Stoke Newington Common	0645	0705	0725	0745	0804	0827	0849	0910	0931	0947	1002	1017	1032	1049	1105	1120	1137	1152									
Newham Hospital Gateway Centre	1053	1107	1122	1136	1151	1206	1221	1236	1251	1306	1321	1336	1351	1406	1421	1436	1451	1506									
Canning Town Barking Rd./Hermit Rd.	1104	1119	1134	1148	1203	1218	1233	1248	1303	1319	1334	1349	1404	1419	1434	1449	1504	1519									
West Ham Station	1111	1126	1141	1155	1210	1225	1240	1255	1310	1326	1341	1356	1411	1426	1441	1456	1511	1526									
Stratford Bus Station	1120	1135	1150	1204	1219	1234	1249	1304	1319	1335	1350	1405	1420	1435	1450	1505	1520	1535									
Bow Church	1125	1140	1155	1210	1225	1240	1255	1310	1325	1341	1356	1411	1426	1441	1456	1512	1527	1542									
Hackney Wick Station	1135	1150	1205	1220	1235	1250	1305	1320	1335	1351	1406	1421	1436	1451	1506	1522	1537	1552									
Homerton Hospital Homerton Grove	1145	1200	1215	1230	1245	1300	1316	1331	1346	1402	1417	1432	1447	1502	1517	1533	1548	1603									