

| 276                                 | Mondays to Fridays |      |      |      |      |                                      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|--------------------|------|------|------|------|--------------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|
| Stoke Newington Common              | 0430               | 0450 | 0510 | 0530 | 0550 | 0605                                 | 0617 | 0628 | 0638 | 0648 | 0658 | 0706 | 0714 | 0724 | 0735 | 0746 | 0758 | 0810 |
| Amhurst Road Shacklewell Lane       | 0432               | 0452 | 0512 | 0532 | 0552 | 0607                                 | 0619 | 0630 | 0640 | 0650 | 0700 | 0709 | 0717 | 0727 | 0739 | 0750 | 0802 | 0814 |
| Hackney Central Station Amhurst Rd. | 0435               | 0455 | 0515 | 0536 | 0556 | 0611                                 | 0623 | 0634 | 0644 | 0654 | 0704 | 0713 | 0722 | 0732 | 0744 | 0756 | 0808 | 0820 |
| Homerton Hospital Homerton Grove    | 0439               | 0459 | 0519 | 0540 | 0600 | 0616                                 | 0628 | 0639 | 0649 | 0659 | 0710 | 0719 | 0728 | 0739 | 0751 | 0803 | 0815 | 0827 |
| Hackney Wick Trowbridge Estate      | 0444               | 0504 | 0524 | 0545 | 0605 | 0621                                 | 0633 | 0644 | 0655 | 0706 | 0717 | 0727 | 0737 | 0748 | 0800 | 0812 | 0824 | 0836 |
| Hackney Wick Station                | 0446               | 0506 | 0526 | 0547 | 0607 | 0623                                 | 0635 | 0646 | 0657 | 0708 | 0719 | 0729 | 0739 | 0751 | 0803 | 0815 | 0827 | 0839 |
| Old Ford Parnell Road               | 0449               | 0509 | 0529 | 0551 | 0611 | 0627                                 | 0640 | 0651 | 0702 | 0713 | 0725 | 0735 | 0746 | 0758 | 0810 | 0822 | 0834 | 0846 |
| Bow Church                          | 0453               | 0513 | 0533 | 0555 | 0615 | 0631                                 | 0644 | 0656 | 0707 | 0718 | 0730 | 0741 | 0752 | 0804 | 0816 | 0828 | 0840 | 0852 |
| Stratford Bus Station               | 0459               | 0519 | 0539 | 0601 | 0621 | 0638                                 | 0651 | 0703 | 0714 | 0726 | 0738 | 0749 | 0801 | 0813 | 0825 | 0837 | 0849 | 0901 |
| West Ham Station                    | 0506               | 0526 | 0546 | 0608 | 0628 | 0646                                 | 0659 | 0711 | 0723 | 0735 | 0747 | 0759 | 0811 | 0823 | 0835 | 0847 | 0859 | 0910 |
| Canning Town Barking Rd./Hermit Rd. | 0511               | 0531 | 0551 | 0613 | 0633 | 0651                                 | 0705 | 0717 | 0730 | 0742 | 0754 | 0806 | 0818 | 0830 | 0842 | 0854 | 0906 | 0917 |
| Plaistow Greengate                  | 0514               | 0534 | 0554 | 0617 | 0637 | 0655                                 | 0710 | 0722 | 0735 | 0747 | 0759 | 0811 | 0823 | 0835 | 0847 | 0859 | 0911 | 0922 |
| Newham Hospital Main Entrance       | 0517               | 0537 | 0557 | 0620 | 0641 | 0659                                 | 0714 | 0727 | 0741 | 0753 | 0805 | 0817 | 0829 | 0841 | 0853 | 0904 | 0916 | 0927 |
| Newham Hospital Gateway Centre      | 0518               | 0538 | 0558 | 0621 | 0642 | 0700                                 | 0715 | 0728 | 0742 | 0754 | 0806 | 0818 | 0830 | 0842 | 0854 | 0905 | 0917 | 0928 |
| Stoke Newington Common              | 0822               | 0834 | 0847 | 0859 | 0912 | Then<br>every 12<br>minutes<br>until | 1012 | 1024 | 1036 | 1048 | 1100 | 1112 | 1124 | 1136 | 1148 | 1200 | 1212 |      |
| Amhurst Road Shacklewell Lane       | 0826               | 0838 | 0851 | 0903 | 0916 |                                      | 1016 | 1028 | 1040 | 1052 | 1104 | 1116 | 1128 | 1140 | 1152 | 1204 | 1216 |      |
| Hackney Central Station Amhurst Rd. | 0832               | 0844 | 0857 | 0909 | 0921 |                                      | 1021 | 1033 | 1045 | 1057 | 1109 | 1121 | 1133 | 1145 | 1157 | 1209 | 1221 |      |
| Homerton Hospital Homerton Grove    | 0840               | 0852 | 0905 | 0916 | 0928 |                                      | 1028 | 1040 | 1052 | 1104 | 1117 | 1129 | 1141 | 1153 | 1205 | 1217 | 1229 |      |
| Hackney Wick Trowbridge Estate      | 0849               | 0901 | 0913 | 0924 | 0936 |                                      | 1036 | 1048 | 1100 | 1112 | 1125 | 1137 | 1149 | 1201 | 1213 | 1225 | 1237 |      |
| Hackney Wick Station                | 0852               | 0904 | 0916 | 0927 | 0938 |                                      | 1038 | 1050 | 1102 | 1114 | 1127 | 1139 | 1151 | 1203 | 1215 | 1227 | 1239 |      |
| Old Ford Parnell Road               | 0859               | 0910 | 0922 | 0933 | 0944 |                                      | 1044 | 1056 | 1108 | 1120 | 1133 | 1145 | 1157 | 1209 | 1221 | 1233 | 1245 |      |
| Bow Church                          | 0905               | 0916 | 0927 | 0938 | 0949 |                                      | 1049 | 1101 | 1113 | 1125 | 1138 | 1150 | 1202 | 1215 | 1227 | 1239 | 1251 |      |
| Stratford Bus Station               | 0914               | 0925 | 0936 | 0947 | 0958 |                                      | 1058 | 1110 | 1122 | 1134 | 1147 | 1159 | 1211 | 1224 | 1236 | 1248 | 1300 |      |
| West Ham Station                    | 0923               | 0934 | 0945 | 0956 | 1007 |                                      | 1107 | 1120 | 1132 | 1144 | 1157 | 1209 | 1221 | 1234 | 1246 | 1258 | 1310 |      |
| Canning Town Barking Rd./Hermit Rd. | 0929               | 0940 | 0951 | 1002 | 1013 |                                      | 1113 | 1126 | 1138 | 1150 | 1203 | 1215 | 1227 | 1240 | 1252 | 1304 | 1316 |      |
| Plaistow Greengate                  | 0934               | 0945 | 0956 | 1007 | 1018 |                                      | 1118 | 1131 | 1143 | 1155 | 1208 | 1220 | 1232 | 1245 | 1257 | 1310 | 1322 |      |
| Newham Hospital Main Entrance       | 0939               | 0950 | 1001 | 1013 | 1024 | 1124                                 | 1137 | 1149 | 1201 | 1214 | 1226 | 1238 | 1251 | 1303 | 1316 | 1328 |      |      |
| Newham Hospital Gateway Centre      | 0940               | 0951 | 1002 | 1014 | 1025 | 1125                                 | 1138 | 1150 | 1202 | 1215 | 1227 | 1239 | 1252 | 1304 | 1317 | 1329 |      |      |
| Stoke Newington Common              | 1224               | 1236 | 1248 | 1300 | 1312 | 1324                                 | 1336 | 1347 | 1357 | 1409 | 1420 | 1430 | 1442 | 1453 | 1505 | 1516 | 1527 | 1539 |
| Amhurst Road Shacklewell Lane       | 1228               | 1240 | 1252 | 1304 | 1316 | 1328                                 | 1340 | 1351 | 1401 | 1413 | 1424 | 1434 | 1446 | 1457 | 1509 | 1520 | 1532 | 1544 |
| Hackney Central Station Amhurst Rd. | 1233               | 1245 | 1257 | 1310 | 1322 | 1334                                 | 1346 | 1357 | 1407 | 1419 | 1430 | 1440 | 1452 | 1503 | 1515 | 1526 | 1538 | 1550 |
| Homerton Hospital Homerton Grove    | 1241               | 1253 | 1305 | 1318 | 1330 | 1342                                 | 1354 | 1405 | 1415 | 1427 | 1439 | 1449 | 1501 | 1513 | 1525 | 1537 | 1549 | 1601 |
| Hackney Wick Trowbridge Estate      | 1249               | 1301 | 1313 | 1326 | 1338 | 1350                                 | 1402 | 1413 | 1423 | 1435 | 1447 | 1457 | 1509 | 1521 | 1534 | 1546 | 1558 | 1610 |
| Hackney Wick Station                | 1251               | 1303 | 1315 | 1328 | 1340 | 1352                                 | 1404 | 1415 | 1425 | 1437 | 1449 | 1500 | 1512 | 1524 | 1537 | 1549 | 1601 | 1613 |
| Old Ford Parnell Road               | 1257               | 1309 | 1321 | 1334 | 1346 | 1358                                 | 1410 | 1421 | 1431 | 1443 | 1455 | 1506 | 1518 | 1530 | 1543 | 1555 | 1607 | 1619 |
| Bow Church                          | 1303               | 1315 | 1327 | 1340 | 1352 | 1404                                 | 1416 | 1427 | 1438 | 1450 | 1502 | 1514 | 1526 | 1538 | 1550 | 1602 | 1614 | 1626 |
| Stratford Bus Station               | 1312               | 1324 | 1336 | 1349 | 1401 | 1413                                 | 1425 | 1436 | 1448 | 1500 | 1512 | 1524 | 1536 | 1548 | 1600 | 1612 | 1624 | 1636 |
| West Ham Station                    | 1322               | 1334 | 1346 | 1359 | 1411 | 1423                                 | 1435 | 1447 | 1459 | 1511 | 1523 | 1535 | 1547 | 1559 | 1611 | 1623 | 1635 | 1647 |
| Canning Town Barking Rd./Hermit Rd. | 1328               | 1340 | 1352 | 1405 | 1418 | 1430                                 | 1442 | 1454 | 1506 | 1518 | 1530 | 1542 | 1554 | 1605 | 1617 | 1629 | 1641 | 1653 |
| Plaistow Greengate                  | 1334               | 1346 | 1358 | 1411 | 1424 | 1437                                 | 1449 | 1501 | 1513 | 1525 | 1537 | 1549 | 1601 | 1612 | 1624 | 1636 | 1648 | 1700 |
| Newham Hospital Main Entrance       | 1340               | 1352 | 1404 | 1417 | 1430 | 1443                                 | 1455 | 1507 | 1519 | 1531 | 1543 | 1555 | 1607 | 1618 | 1630 | 1642 | 1654 | 1706 |
| Newham Hospital Gateway Centre      | 1341               | 1353 | 1405 | 1418 | 1431 | 1444                                 | 1456 | 1508 | 1520 | 1532 | 1544 | 1556 | 1608 | 1619 | 1631 | 1643 | 1655 | 1707 |
| Stoke Newington Common              | 1551               | 1603 | 1615 | 1627 | 1639 | 1651                                 | 1703 | 1715 | 1727 | 1739 | 1752 | 1805 | 1818 | 1831 | 1843 | 1855 | 1907 | 1922 |
| Amhurst Road Shacklewell Lane       | 1556               | 1607 | 1619 | 1631 | 1643 | 1655                                 | 1707 | 1719 | 1731 | 1743 | 1756 | 1809 | 1822 | 1835 | 1847 | 1859 | 1911 | 1926 |
| Hackney Central Station Amhurst Rd. | 1602               | 1613 | 1625 | 1637 | 1649 | 1701                                 | 1713 | 1725 | 1737 | 1749 | 1802 | 1814 | 1827 | 1839 | 1851 | 1903 | 1915 | 1930 |
| Homerton Hospital Homerton Grove    | 1613               | 1624 | 1636 | 1648 | 1700 | 1711                                 | 1723 | 1735 | 1747 | 1759 | 1811 | 1823 | 1836 | 1847 | 1859 | 1911 | 1923 | 1937 |
| Hackney Wick Trowbridge Estate      | 1622               | 1633 | 1644 | 1656 | 1708 | 1719                                 | 1731 | 1743 | 1755 | 1807 | 1819 | 1831 | 1843 | 1854 | 1906 | 1918 | 1930 | 1944 |
| Hackney Wick Station                | 1625               | 1636 | 1647 | 1659 | 1711 | 1722                                 | 1734 | 1746 | 1758 | 1810 | 1822 | 1833 | 1845 | 1856 | 1908 | 1920 | 1932 | 1946 |
| Old Ford Parnell Road               | 1631               | 1642 | 1653 | 1705 | 1717 | 1728                                 | 1740 | 1752 | 1804 | 1816 | 1828 | 1839 | 1851 | 1902 | 1914 | 1926 | 1937 | 1951 |
| Bow Church                          | 1638               | 1649 | 1700 | 1712 | 1724 | 1735                                 | 1747 | 1759 | 1810 | 1822 | 1834 | 1845 | 1857 | 1907 | 1919 | 1931 | 1942 | 1956 |
| Stratford Bus Station               | 1648               | 1659 | 1710 | 1722 | 1734 | 1745                                 | 1757 | 1809 | 1820 | 1832 | 1843 | 1854 | 1906 | 1915 | 1927 | 1938 | 1949 | 2003 |
| West Ham Station                    | 1659               | 1710 | 1721 | 1733 | 1745 | 1756                                 | 1808 | 1820 | 1831 | 1842 | 1853 | 1904 | 1916 | 1925 | 1937 | 1947 | 1958 | 2012 |
| Canning Town Barking Rd./Hermit Rd. | 1705               | 1716 | 1727 | 1739 | 1751 | 1802                                 | 1814 | 1826 | 1837 | 1848 | 1859 | 1910 | 1922 | 1931 | 1943 | 1953 | 2003 | 2017 |
| Plaistow Greengate                  | 1712               | 1723 | 1734 | 1746 | 1758 | 1809                                 | 1821 | 1833 | 1844 | 1855 | 1905 | 1916 | 1928 | 1936 | 1948 | 1958 | 2008 | 2022 |
| Newham Hospital Main Entrance       | 1718               | 1729 | 1740 | 1752 | 1804 | 1815                                 | 1827 | 1838 | 1849 | 1900 | 1910 | 1921 | 1933 | 1941 | 1953 | 2002 | 2012 | 2026 |
| Newham Hospital Gateway Centre      | 1719               | 1730 | 1741 | 1753 | 1805 | 1816                                 | 1828 | 1839 | 1850 | 1901 | 1911 | 1922 | 1934 | 1942 | 1954 | 2003 | 2013 | 2027 |

| 276  | Mondays to Fridays (cont.) |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|--|----------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Stoke Newington <i>Common</i>              | 1937                       | 1952 | 2008 | 2023 | 2043 | 2104 | 2124 | 2144 | 2204 | 2224 | 2244 | 2305 | 2325 | 2345 | 0005 | 0025 | 0045 | 0105 |
| Amhurst Road <i>Shacklewell Lane</i>       | 1941                       | 1956 | 2011 | 2026 | 2046 | 2107 | 2127 | 2147 | 2207 | 2227 | 2247 | 2307 | 2327 | 2347 | 0007 | 0027 | 0047 | 0107 |
| Hackney Central Station <i>Amhurst Rd.</i> | 1945                       | 2000 | 2015 | 2030 | 2050 | 2111 | 2131 | 2151 | 2210 | 2230 | 2250 | 2310 | 2330 | 2350 | 0010 | 0030 | 0050 | 0110 |
| Homerton Hospital <i>Homerton Grove</i>    | 1952                       | 2007 | 2022 | 2037 | 2057 | 2117 | 2137 | 2157 | 2216 | 2236 | 2256 | 2315 | 2335 | 2355 | 0014 | 0034 | 0054 | 0114 |
| Hackney Wick <i>Trowbridge Estate</i>      | 1959                       | 2013 | 2028 | 2043 | 2103 | 2123 | 2143 | 2203 | 2221 | 2241 | 2301 | 2320 | 2340 | 0000 | 0019 | 0039 | 0059 | 0119 |
| Hackney Wick Station                       | 2001                       | 2015 | 2030 | 2045 | 2105 | 2125 | 2145 | 2205 | 2223 | 2243 | 2303 | 2322 | 2342 | 0002 | 0021 | 0041 | 0101 | 0121 |
| Old Ford <i>Parnell Road</i>               | 2006                       | 2020 | 2035 | 2050 | 2110 | 2130 | 2150 | 2210 | 2228 | 2248 | 2307 | 2326 | 2346 | 0005 | 0024 | 0044 | 0104 | 0124 |
| Bow Church                                 | 2011                       | 2025 | 2040 | 2055 | 2115 | 2135 | 2155 | 2214 | 2232 | 2252 | 2311 | 2330 | 2350 | 0009 | 0028 | 0048 | 0108 | 0128 |
| Stratford <i>Bus Station</i>               | 2018                       | 2032 | 2047 | 2102 | 2122 | 2142 | 2202 | 2220 | 2238 | 2258 | 2317 | 2336 | 2356 | 0015 | 0034 | 0054 | 0114 | 0134 |
| West Ham Station                           | 2027                       | 2041 | 2056 | 2111 | 2131 | 2151 | 2210 | 2228 | 2246 | 2306 | 2325 | 2344 | 0004 | 0022 | 0041 | 0101 | 0121 | 0141 |
| Canning Town <i>Barking Rd./Hermit Rd.</i> | 2032                       | 2046 | 2101 | 2116 | 2136 | 2156 | 2215 | 2233 | 2251 | 2310 | 2329 | 2348 | 0008 | 0026 | 0045 | 0105 | 0125 | 0145 |
| Plaistow <i>Greengate</i>                  | 2037                       | 2051 | 2106 | 2121 | 2141 | 2201 | 2219 | 2237 | 2255 | 2313 | 2332 | 2351 | 0011 | 0029 | 0048 | 0108 | 0128 | 0148 |
| Newham Hospital <i>Main Entrance</i>       | 2041                       | 2055 | 2109 | 2124 | 2144 | 2204 | 2222 | 2240 | 2258 | 2316 | 2335 | 2354 | 0014 | 0032 | 0051 | 0111 | 0131 | 0151 |
| Newham Hospital <i>Gateway Centre</i>      | 2042                       | 2056 | 2110 | 2125 | 2145 | 2205 | 2223 | 2241 | 2259 | 2317 | 2336 | 2355 | 0015 | 0033 | 0052 | 0112 | 0132 | 0152 |

|                                     |      |      |      |      |                                      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|------|------|------|------|--------------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Stoke Newington Common              | 0430 | 0450 | 0510 | 0530 | 0550                                 | 0610 | 0630 | 0650 | 0710 | 0725 | 0740 | 0755 | 0810 | 0825 | 0840 | 0850 | 0900 | 0912 |
| Amhurst Road Shacklewell Lane       | 0432 | 0452 | 0512 | 0532 | 0552                                 | 0612 | 0632 | 0652 | 0712 | 0727 | 0742 | 0757 | 0813 | 0828 | 0843 | 0853 | 0903 | 0915 |
| Hackney Central Station Amhurst Rd. | 0435 | 0455 | 0515 | 0535 | 0555                                 | 0616 | 0636 | 0656 | 0716 | 0731 | 0746 | 0801 | 0817 | 0832 | 0847 | 0857 | 0907 | 0919 |
| Homerton Hospital Homerton Grove    | 0440 | 0500 | 0520 | 0540 | 0600                                 | 0621 | 0641 | 0701 | 0721 | 0736 | 0751 | 0806 | 0822 | 0837 | 0852 | 0902 | 0913 | 0925 |
| Hackney Wick Trowbridge Estate      | 0444 | 0504 | 0524 | 0544 | 0605                                 | 0626 | 0646 | 0706 | 0726 | 0741 | 0756 | 0811 | 0827 | 0842 | 0857 | 0908 | 0919 | 0931 |
| Hackney Wick Station                | 0446 | 0506 | 0526 | 0546 | 0607                                 | 0628 | 0648 | 0708 | 0728 | 0743 | 0758 | 0813 | 0829 | 0844 | 0859 | 0910 | 0921 | 0933 |
| Old Ford Parnell Road               | 0449 | 0509 | 0529 | 0549 | 0611                                 | 0632 | 0652 | 0712 | 0732 | 0747 | 0802 | 0817 | 0833 | 0848 | 0903 | 0915 | 0926 | 0938 |
| Bow Church                          | 0453 | 0513 | 0533 | 0553 | 0615                                 | 0636 | 0656 | 0716 | 0736 | 0751 | 0806 | 0821 | 0837 | 0852 | 0908 | 0920 | 0931 | 0943 |
| Stratford Bus Station               | 0458 | 0518 | 0538 | 0558 | 0621                                 | 0642 | 0702 | 0723 | 0743 | 0758 | 0813 | 0828 | 0844 | 0859 | 0915 | 0927 | 0939 | 0951 |
| West Ham Station                    | 0505 | 0525 | 0545 | 0605 | 0628                                 | 0649 | 0709 | 0730 | 0750 | 0805 | 0821 | 0836 | 0852 | 0907 | 0924 | 0936 | 0948 | 1000 |
| Canning Town Barking Rd./Hermit Rd. | 0509 | 0529 | 0549 | 0610 | 0633                                 | 0654 | 0714 | 0735 | 0755 | 0810 | 0826 | 0841 | 0857 | 0912 | 0929 | 0941 | 0953 | 1005 |
| Plaistow Greengate                  | 0512 | 0532 | 0552 | 0613 | 0636                                 | 0657 | 0717 | 0738 | 0758 | 0814 | 0830 | 0845 | 0901 | 0917 | 0934 | 0946 | 0958 | 1010 |
| Newham Hospital Main Entrance       | 0515 | 0535 | 0555 | 0617 | 0640                                 | 0701 | 0721 | 0742 | 0802 | 0818 | 0834 | 0849 | 0905 | 0921 | 0938 | 0950 | 1002 | 1015 |
| Newham Hospital Gateway Centre      | 0516 | 0536 | 0556 | 0618 | 0641                                 | 0702 | 0722 | 0743 | 0803 | 0819 | 0835 | 0850 | 0906 | 0922 | 0939 | 0951 | 1003 | 1016 |
| Stoke Newington Common              | 0923 | 0934 | 0945 | 0956 | 1007                                 | 1018 | 1029 | 1041 | 1053 | 1105 | 1117 | 1128 | 1139 | 1151 | 1203 | 1215 | 1227 | 1239 |
| Amhurst Road Shacklewell Lane       | 0926 | 0937 | 0948 | 0959 | 1010                                 | 1021 | 1033 | 1045 | 1057 | 1109 | 1121 | 1132 | 1143 | 1155 | 1207 | 1219 | 1231 | 1243 |
| Hackney Central Station Amhurst Rd. | 0930 | 0941 | 0952 | 1003 | 1015                                 | 1026 | 1038 | 1050 | 1102 | 1114 | 1126 | 1137 | 1148 | 1200 | 1212 | 1224 | 1236 | 1248 |
| Homerton Hospital Homerton Grove    | 0936 | 0948 | 0959 | 1010 | 1022                                 | 1033 | 1045 | 1057 | 1109 | 1121 | 1133 | 1144 | 1155 | 1207 | 1219 | 1231 | 1243 | 1255 |
| Hackney Wick Trowbridge Estate      | 0942 | 0954 | 1005 | 1017 | 1029                                 | 1040 | 1052 | 1104 | 1116 | 1128 | 1140 | 1151 | 1202 | 1214 | 1226 | 1238 | 1250 | 1302 |
| Hackney Wick Station                | 0944 | 0956 | 1007 | 1019 | 1031                                 | 1042 | 1054 | 1106 | 1118 | 1130 | 1142 | 1153 | 1204 | 1216 | 1228 | 1240 | 1252 | 1304 |
| Old Ford Parnell Road               | 0949 | 1001 | 1013 | 1025 | 1037                                 | 1048 | 1100 | 1112 | 1124 | 1136 | 1148 | 1159 | 1210 | 1222 | 1234 | 1246 | 1258 | 1310 |
| Bow Church                          | 0954 | 1006 | 1018 | 1030 | 1042                                 | 1053 | 1105 | 1117 | 1129 | 1141 | 1153 | 1204 | 1216 | 1228 | 1240 | 1252 | 1304 | 1317 |
| Stratford Bus Station               | 1002 | 1014 | 1026 | 1038 | 1050                                 | 1101 | 1113 | 1125 | 1137 | 1149 | 1201 | 1213 | 1225 | 1237 | 1249 | 1301 | 1313 | 1326 |
| West Ham Station                    | 1011 | 1023 | 1035 | 1047 | 1059                                 | 1111 | 1123 | 1135 | 1147 | 1159 | 1211 | 1223 | 1235 | 1247 | 1259 | 1311 | 1323 | 1336 |
| Canning Town Barking Rd./Hermit Rd. | 1017 | 1029 | 1041 | 1053 | 1105                                 | 1117 | 1129 | 1141 | 1153 | 1205 | 1217 | 1229 | 1241 | 1253 | 1305 | 1317 | 1329 | 1342 |
| Plaistow Greengate                  | 1022 | 1034 | 1046 | 1058 | 1111                                 | 1123 | 1135 | 1147 | 1159 | 1211 | 1223 | 1235 | 1247 | 1259 | 1311 | 1323 | 1335 | 1348 |
| Newham Hospital Main Entrance       | 1027 | 1039 | 1051 | 1103 | 1116                                 | 1128 | 1140 | 1152 | 1204 | 1216 | 1228 | 1240 | 1252 | 1304 | 1316 | 1328 | 1340 | 1353 |
| Newham Hospital Gateway Centre      | 1028 | 1040 | 1052 | 1104 | 1117                                 | 1129 | 1141 | 1153 | 1205 | 1217 | 1229 | 1241 | 1253 | 1305 | 1317 | 1329 | 1341 | 1354 |
| Stoke Newington Common              | 1251 | 1303 | 1315 | 1327 | Then<br>every 12<br>minutes<br>until | 1715 | 1727 | 1739 | 1751 | 1804 | 1816 | 1828 | 1840 | 1855 | 1910 | 1925 | 1940 |      |
| Amhurst Road Shacklewell Lane       | 1255 | 1307 | 1319 | 1331 |                                      | 1719 | 1731 | 1743 | 1755 | 1808 | 1820 | 1832 | 1844 | 1859 | 1914 | 1929 | 1944 |      |
| Hackney Central Station Amhurst Rd. | 1300 | 1312 | 1324 | 1336 |                                      | 1724 | 1736 | 1748 | 1800 | 1812 | 1824 | 1836 | 1848 | 1903 | 1918 | 1933 | 1948 |      |
| Homerton Hospital Homerton Grove    | 1307 | 1319 | 1331 | 1343 |                                      | 1731 | 1743 | 1755 | 1807 | 1819 | 1831 | 1843 | 1855 | 1910 | 1925 | 1940 | 1955 |      |
| Hackney Wick Trowbridge Estate      | 1315 | 1327 | 1339 | 1351 |                                      | 1739 | 1751 | 1803 | 1815 | 1827 | 1839 | 1851 | 1903 | 1918 | 1933 | 1948 | 2003 |      |
| Hackney Wick Station                | 1317 | 1329 | 1341 | 1353 |                                      | 1741 | 1753 | 1805 | 1817 | 1829 | 1841 | 1853 | 1905 | 1920 | 1935 | 1950 | 2005 |      |
| Old Ford Parnell Road               | 1323 | 1335 | 1347 | 1359 |                                      | 1747 | 1759 | 1811 | 1823 | 1835 | 1847 | 1859 | 1910 | 1925 | 1940 | 1955 | 2010 |      |
| Bow Church                          | 1330 | 1342 | 1354 | 1405 |                                      | 1753 | 1804 | 1816 | 1828 | 1840 | 1852 | 1904 | 1915 | 1930 | 1945 | 2000 | 2015 |      |
| Stratford Bus Station               | 1339 | 1351 | 1403 | 1414 |                                      | 1802 | 1813 | 1825 | 1837 | 1849 | 1901 | 1912 | 1923 | 1938 | 1953 | 2008 | 2023 |      |
| West Ham Station                    | 1349 | 1401 | 1413 | 1424 |                                      | 1812 | 1823 | 1835 | 1847 | 1859 | 1911 | 1922 | 1933 | 1948 | 2003 | 2018 | 2033 |      |
| Canning Town Barking Rd./Hermit Rd. | 1355 | 1407 | 1419 | 1430 |                                      | 1818 | 1829 | 1841 | 1853 | 1904 | 1916 | 1927 | 1938 | 1953 | 2008 | 2023 | 2038 |      |
| Plaistow Greengate                  | 1401 | 1413 | 1425 | 1436 |                                      | 1824 | 1835 | 1847 | 1859 | 1910 | 1922 | 1933 | 1944 | 1959 | 2013 | 2028 | 2043 |      |
| Newham Hospital Main Entrance       | 1406 | 1418 | 1430 | 1441 |                                      | 1829 | 1840 | 1852 | 1904 | 1915 | 1927 | 1938 | 1949 | 2004 | 2017 | 2032 | 2047 |      |
| Newham Hospital Gateway Centre      | 1407 | 1419 | 1431 | 1442 |                                      | 1830 | 1841 | 1853 | 1905 | 1916 | 1928 | 1939 | 1950 | 2005 | 2018 | 2033 | 2048 |      |
| Stoke Newington Common              | 1955 | 2010 | 2025 | 2045 | 2105                                 | 2125 | 2145 | 2205 | 2225 | 2245 | 2305 | 2325 | 2345 | 0005 | 0025 | 0045 | 0105 |      |
| Amhurst Road Shacklewell Lane       | 1959 | 2014 | 2029 | 2049 | 2108                                 | 2128 | 2148 | 2208 | 2228 | 2248 | 2307 | 2327 | 2347 | 0007 | 0027 | 0047 | 0107 |      |
| Hackney Central Station Amhurst Rd. | 2003 | 2018 | 2033 | 2053 | 2112                                 | 2132 | 2152 | 2212 | 2232 | 2252 | 2311 | 2331 | 2351 | 0011 | 0031 | 0051 | 0111 |      |
| Homerton Hospital Homerton Grove    | 2010 | 2025 | 2040 | 2100 | 2118                                 | 2138 | 2158 | 2218 | 2238 | 2258 | 2317 | 2337 | 2357 | 0016 | 0036 | 0056 | 0116 |      |
| Hackney Wick Trowbridge Estate      | 2017 | 2032 | 2047 | 2106 | 2124                                 | 2144 | 2204 | 2224 | 2244 | 2304 | 2323 | 2343 | 0003 | 0022 | 0042 | 0102 | 0122 |      |
| Hackney Wick Station                | 2019 | 2034 | 2049 | 2108 | 2126                                 | 2146 | 2206 | 2226 | 2246 | 2306 | 2325 | 2345 | 0005 | 0024 | 0044 | 0104 | 0124 |      |
| Old Ford Parnell Road               | 2024 | 2039 | 2054 | 2113 | 2131                                 | 2151 | 2211 | 2231 | 2251 | 2310 | 2329 | 2349 | 0009 | 0028 | 0048 | 0108 | 0128 |      |
| Bow Church                          | 2029 | 2044 | 2059 | 2118 | 2136                                 | 2156 | 2216 | 2236 | 2256 | 2315 | 2334 | 2354 | 0013 | 0032 | 0052 | 0112 | 0132 |      |
| Stratford Bus Station               | 2037 | 2052 | 2107 | 2126 | 2144                                 | 2204 | 2223 | 2243 | 2303 | 2321 | 2340 | 0000 | 0019 | 0038 | 0058 | 0118 | 0138 |      |
| West Ham Station                    | 2047 | 2102 | 2116 | 2135 | 2153                                 | 2213 | 2232 | 2252 | 2311 | 2329 | 2348 | 0008 | 0027 | 0046 | 0106 | 0126 | 0146 |      |
| Canning Town Barking Rd./Hermit Rd. | 2052 | 2107 | 2121 | 2140 | 2158                                 | 2218 | 2237 | 2257 | 2316 | 2334 | 2353 | 0012 | 0031 | 0050 | 0110 | 0130 | 0150 |      |
| Plaistow Greengate                  | 2057 | 2112 | 2126 | 2145 | 2203                                 | 2222 | 2241 | 2301 | 2320 | 2338 | 2356 | 0015 | 0034 | 0053 | 0113 | 0133 | 0153 |      |
| Newham Hospital Main Entrance       | 2101 | 2115 | 2129 | 2148 | 2206                                 | 2225 | 2244 | 2304 | 2323 | 2341 | 2359 | 0018 | 0037 | 0056 | 0116 | 0136 | 0156 |      |
| Newham Hospital Gateway Centre      | 2102 | 2116 | 2130 | 2149 | 2207                                 | 2226 | 2245 | 2305 | 2324 | 2342 | 0000 | 0019 | 0038 | 0057 | 0117 | 0137 | 0157 |      |

| 276                                 | Sundays and other Public Holidays (except Christmas Day) |      |      |      |      |      |                                      |                                      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|--|------|------|------|------|------|--------------------------------------|--------------------------------------|------|------|------|------|------|------|------|------|------|------|
| Stoke Newington Common              | 0550   | 0610 | 0630 | 0650 | 0710 | 0730 | 0750                                 | 0810                                 | 0825 | 0840 | 0855 | 0910 | 0925 | 0940 | 0954 | 1007 | 1022 | 1036 |
| Amhurst Road Shacklewell Lane       | 0552   | 0612 | 0632 | 0652 | 0712 | 0732 | 0752                                 | 0812                                 | 0827 | 0842 | 0857 | 0912 | 0927 | 0942 | 0956 | 1010 | 1025 | 1039 |
| Hackney Central Station Amhurst Rd. | 0555   | 0615 | 0635 | 0655 | 0716 | 0736 | 0756                                 | 0816                                 | 0831 | 0846 | 0901 | 0916 | 0931 | 0946 | 1000 | 1014 | 1029 | 1044 |
| Homerton Hospital Homerton Grove    | 0600   | 0620 | 0640 | 0700 | 0721 | 0741 | 0801                                 | 0821                                 | 0836 | 0851 | 0906 | 0921 | 0936 | 0951 | 1005 | 1020 | 1035 | 1050 |
| Hackney Wick Trowbridge Estate      | 0605   | 0625 | 0645 | 0705 | 0726 | 0746 | 0806                                 | 0826                                 | 0841 | 0856 | 0912 | 0927 | 0942 | 0957 | 1011 | 1026 | 1041 | 1056 |
| Hackney Wick Station                | 0607   | 0627 | 0647 | 0707 | 0728 | 0748 | 0808                                 | 0828                                 | 0843 | 0858 | 0914 | 0929 | 0944 | 0959 | 1013 | 1028 | 1043 | 1058 |
| Old Ford Parnell Road               | 0611   | 0631 | 0651 | 0711 | 0732 | 0752 | 0812                                 | 0832                                 | 0847 | 0902 | 0919 | 0934 | 0949 | 1004 | 1018 | 1033 | 1048 | 1103 |
| Bow Church                          | 0615   | 0635 | 0655 | 0715 | 0736 | 0756 | 0816                                 | 0836                                 | 0851 | 0907 | 0924 | 0939 | 0954 | 1009 | 1023 | 1038 | 1053 | 1108 |
| Stratford Bus Station               | 0620   | 0640 | 0700 | 0721 | 0742 | 0802 | 0823                                 | 0843                                 | 0858 | 0914 | 0931 | 0946 | 1001 | 1016 | 1030 | 1045 | 1100 | 1115 |
| West Ham Station                    | 0627   | 0647 | 0707 | 0728 | 0749 | 0810 | 0831                                 | 0851                                 | 0906 | 0922 | 0939 | 0954 | 1009 | 1024 | 1039 | 1054 | 1109 | 1124 |
| Canning Town Barking Rd./Hermit Rd. | 0632   | 0652 | 0712 | 0733 | 0754 | 0815 | 0836                                 | 0856                                 | 0911 | 0927 | 0944 | 0959 | 1014 | 1029 | 1044 | 1059 | 1114 | 1129 |
| Plaistow Greengate                  | 0635   | 0655 | 0715 | 0736 | 0757 | 0819 | 0840                                 | 0900                                 | 0916 | 0932 | 0949 | 1004 | 1019 | 1034 | 1049 | 1104 | 1119 | 1134 |
| Newham Hospital Main Entrance       | 0638   | 0658 | 0718 | 0739 | 0800 | 0822 | 0843                                 | 0903                                 | 0919 | 0935 | 0952 | 1007 | 1022 | 1038 | 1053 | 1109 | 1124 | 1139 |
| Newham Hospital Gateway Centre      | 0639   | 0659 | 0719 | 0740 | 0801 | 0823 | 0844                                 | 0904                                 | 0920 | 0936 | 0953 | 1008 | 1023 | 1039 | 1054 | 1110 | 1125 | 1140 |
| Stoke Newington Common              | 1049   | 1104 | 1118 | 1133 | 1148 | 1203 | 1218                                 | Then<br>every 15<br>minutes<br>until | 1403 | 1418 | 1433 | 1448 | 1503 | 1518 | 1533 | 1548 | 1603 | 1608 |
| Amhurst Road Shacklewell Lane       | 1052   | 1107 | 1121 | 1136 | 1151 | 1206 | 1221                                 |                                      | 1406 | 1421 | 1436 | 1451 | 1506 | 1521 | 1536 | 1551 | 1606 | 1611 |
| Hackney Central Station Amhurst Rd. | 1057   | 1112 | 1126 | 1141 | 1156 | 1211 | 1226                                 |                                      | 1411 | 1426 | 1441 | 1456 | 1511 | 1526 | 1541 | 1556 | 1611 | 1616 |
| Homerton Hospital Homerton Grove    | 1103   | 1118 | 1132 | 1147 | 1202 | 1218 | 1233                                 |                                      | 1418 | 1433 | 1448 | 1503 | 1518 | 1533 | 1548 | 1603 | 1618 | 1623 |
| Hackney Wick Trowbridge Estate      | 1110   | 1125 | 1139 | 1154 | 1209 | 1225 | 1240                                 |                                      | 1425 | 1440 | 1455 | 1510 | 1525 | 1540 | 1555 | 1610 | 1625 | 1630 |
| Hackney Wick Station                | 1112   | 1127 | 1141 | 1156 | 1211 | 1227 | 1242                                 |                                      | 1427 | 1442 | 1457 | 1512 | 1527 | 1542 | 1557 | 1612 | 1627 | 1632 |
| Old Ford Parnell Road               | 1118   | 1133 | 1147 | 1202 | 1217 | 1233 | 1248                                 |                                      | 1433 | 1448 | 1503 | 1517 | 1532 | 1547 | 1602 | 1617 | 1632 | 1637 |
| Bow Church                          | 1123   | 1138 | 1152 | 1207 | 1222 | 1238 | 1253                                 |                                      | 1438 | 1453 | 1508 | 1522 | 1537 | 1552 | 1607 | 1622 | 1637 | 1642 |
| Stratford Bus Station               | 1130   | 1145 | 1159 | 1215 | 1230 | 1246 | 1301                                 |                                      | 1446 | 1501 | 1516 | 1530 | 1545 | 1600 | 1615 | 1630 | 1645 | 1650 |
| West Ham Station                    | 1139   | 1154 | 1208 | 1224 | 1239 | 1255 | 1311                                 |                                      | 1456 | 1511 | 1526 | 1540 | 1555 | 1610 | 1625 | 1640 | 1655 | 1660 |
| Canning Town Barking Rd./Hermit Rd. | 1144   | 1159 | 1214 | 1230 | 1245 | 1301 | 1317                                 |                                      | 1502 | 1516 | 1531 | 1545 | 1600 | 1615 | 1630 | 1645 | 1700 | 1705 |
| Plaistow Greengate                  | 1149   | 1204 | 1219 | 1235 | 1250 | 1306 | 1322                                 |                                      | 1507 | 1521 | 1536 | 1550 | 1605 | 1620 | 1635 | 1650 | 1705 | 1710 |
| Newham Hospital Main Entrance       | 1154   | 1209 | 1224 | 1240 | 1255 | 1311 | 1327                                 |                                      | 1512 | 1526 | 1541 | 1555 | 1610 | 1625 | 1640 | 1655 | 1709 | 1714 |
| Newham Hospital Gateway Centre      | 1155   | 1210 | 1225 | 1241 | 1256 | 1312 | 1328                                 | 1513                                 | 1527 | 1542 | 1556 | 1611 | 1626 | 1641 | 1656 | 1710 | 1715 |      |
| Stoke Newington Common              | 1618   | 1633 | 1648 | 1703 | 1718 | 1733 | Then<br>every 15<br>minutes<br>until | 1848                                 | 1903 | 1918 | 1933 | 1948 | 2005 | 2025 | 2045 | 2105 | 2125 | 2135 |
| Amhurst Road Shacklewell Lane       | 1621   | 1636 | 1651 | 1706 | 1721 | 1736 |                                      | 1851                                 | 1906 | 1921 | 1936 | 1951 | 2008 | 2028 | 2048 | 2108 | 2128 | 2138 |
| Hackney Central Station Amhurst Rd. | 1626   | 1641 | 1656 | 1711 | 1726 | 1741 |                                      | 1856                                 | 1910 | 1925 | 1940 | 1955 | 2012 | 2032 | 2052 | 2112 | 2132 | 2142 |
| Homerton Hospital Homerton Grove    | 1633   | 1648 | 1703 | 1718 | 1733 | 1748 |                                      | 1903                                 | 1916 | 1931 | 1946 | 2001 | 2018 | 2038 | 2058 | 2118 | 2138 | 2148 |
| Hackney Wick Trowbridge Estate      | 1640   | 1655 | 1710 | 1725 | 1740 | 1755 |                                      | 1910                                 | 1923 | 1938 | 1953 | 2007 | 2024 | 2044 | 2104 | 2124 | 2144 | 2154 |
| Hackney Wick Station                | 1642   | 1657 | 1712 | 1727 | 1742 | 1757 |                                      | 1912                                 | 1925 | 1940 | 1955 | 2009 | 2026 | 2046 | 2106 | 2126 | 2146 | 2156 |
| Old Ford Parnell Road               | 1647   | 1702 | 1717 | 1732 | 1747 | 1802 |                                      | 1917                                 | 1930 | 1945 | 2000 | 2014 | 2031 | 2051 | 2111 | 2131 | 2151 | 2161 |
| Bow Church                          | 1652   | 1707 | 1722 | 1737 | 1752 | 1807 |                                      | 1922                                 | 1935 | 1950 | 2004 | 2018 | 2035 | 2055 | 2115 | 2135 | 2155 | 2165 |
| Stratford Bus Station               | 1700   | 1715 | 1730 | 1745 | 1800 | 1814 |                                      | 1929                                 | 1942 | 1957 | 2011 | 2025 | 2042 | 2102 | 2122 | 2142 | 2202 | 2212 |
| West Ham Station                    | 1710   | 1725 | 1740 | 1755 | 1809 | 1823 |                                      | 1938                                 | 1951 | 2006 | 2020 | 2034 | 2051 | 2110 | 2130 | 2150 | 2210 | 2220 |
| Canning Town Barking Rd./Hermit Rd. | 1715   | 1730 | 1745 | 1800 | 1814 | 1828 |                                      | 1943                                 | 1956 | 2011 | 2025 | 2039 | 2056 | 2115 | 2135 | 2155 | 2214 | 2224 |
| Plaistow Greengate                  | 1720   | 1735 | 1750 | 1805 | 1819 | 1833 |                                      | 1948                                 | 2001 | 2016 | 2030 | 2044 | 2101 | 2119 | 2139 | 2159 | 2218 | 2228 |
| Newham Hospital Main Entrance       | 1724   | 1739 | 1754 | 1809 | 1823 | 1837 |                                      | 1952                                 | 2005 | 2020 | 2034 | 2048 | 2105 | 2123 | 2143 | 2203 | 2221 | 2231 |
| Newham Hospital Gateway Centre      | 1725   | 1740 | 1755 | 1810 | 1824 | 1838 | 1953                                 | 2006                                 | 2021 | 2035 | 2049 | 2106 | 2124 | 2144 | 2204 | 2222 | 2232 |      |
| Stoke Newington Common              | 2145   | 2205 | 2225 | 2245 | 2305 | 2325 | 2345                                 | 0005                                 | 0025 | 0045 | 0105 |      |      |      |      |      |      |      |
| Amhurst Road Shacklewell Lane       | 2148   | 2208 | 2228 | 2248 | 2307 | 2327 | 2347                                 | 0007                                 | 0027 | 0047 | 0107 |      |      |      |      |      |      |      |
| Hackney Central Station Amhurst Rd. | 2152   | 2211 | 2231 | 2251 | 2310 | 2330 | 2350                                 | 0010                                 | 0030 | 0050 | 0110 |      |      |      |      |      |      |      |
| Homerton Hospital Homerton Grove    | 2157   | 2216 | 2236 | 2256 | 2315 | 2335 | 2355                                 | 0014                                 | 0034 | 0054 | 0114 |      |      |      |      |      |      |      |
| Hackney Wick Trowbridge Estate      | 2203   | 2222 | 2242 | 2302 | 2320 | 2340 | 0000                                 | 0019                                 | 0039 | 0059 | 0119 |      |      |      |      |      |      |      |
| Hackney Wick Station                | 2205   | 2224 | 2244 | 2304 | 2322 | 2342 | 0002                                 | 0021                                 | 0041 | 0101 | 0121 |      |      |      |      |      |      |      |
| Old Ford Parnell Road               | 2210   | 2229 | 2249 | 2308 | 2326 | 2346 | 0005                                 | 0024                                 | 0044 | 0104 | 0124 |      |      |      |      |      |      |      |
| Bow Church                          | 2214   | 2233 | 2253 | 2312 | 2330 | 2350 | 0009                                 | 0028                                 | 0048 | 0108 | 0128 |      |      |      |      |      |      |      |
| Stratford Bus Station               | 2220   | 2239 | 2259 | 2318 | 2336 | 2356 | 0015                                 | 0034                                 | 0054 | 0114 | 0134 |      |      |      |      |      |      |      |
| West Ham Station                    | 2228   | 2247 | 2307 | 2326 | 2344 | 0004 | 0022                                 | 0041                                 | 0101 | 0121 | 0141 |      |      |      |      |      |      |      |
| Canning Town Barking Rd./Hermit Rd. | 2232   | 2251 | 2311 | 2330 | 2348 | 0008 | 0026                                 | 0045                                 | 0105 | 0125 | 0145 |      |      |      |      |      |      |      |
| Plaistow Greengate                  | 2236   | 2255 | 2314 | 2333 | 2351 | 0011 | 0029                                 | 0048                                 | 0108 | 0128 | 0148 |      |      |      |      |      |      |      |
| Newham Hospital Main Entrance       | 2239   | 2258 | 2317 | 2336 | 2354 | 0014 | 0032                                 | 0051                                 | 0111 | 0131 | 0151 |      |      |      |      |      |      |      |
| Newham Hospital Gateway Centre      | 2240   | 2259 | 2318 | 2337 | 2355 | 0015 | 0033                                 | 0052                                 | 0112 | 0132 | 0152 |      |      |      |      |      |      |      |

| 276                                 | Mondays to Fridays |      |      |      |      |      |                                      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|--------------------|------|------|------|------|------|--------------------------------------|------|------|------|------|------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 0445               | 0505 | 0525 | 0540 | 0555 | 0606 | 0615                                 | 0624 | 0632 | 0642 | 0652 | 0700 | 0709 | 0718 | 0729 | 0740 | 0752 | 0804 |
| Newham Hospital Main Entrance       | 0446               | 0506 | 0526 | 0541 | 0556 | 0607 | 0616                                 | 0625 | 0633 | 0643 | 0653 | 0701 | 0710 | 0719 | 0730 | 0741 | 0753 | 0805 |
| Plaistow Greengate                  | 0449               | 0509 | 0529 | 0544 | 0559 | 0610 | 0619                                 | 0628 | 0636 | 0646 | 0657 | 0706 | 0715 | 0724 | 0735 | 0747 | 0759 | 0811 |
| Canning Town Barking Rd./Hermit Rd. | 0453               | 0513 | 0533 | 0548 | 0604 | 0615 | 0624                                 | 0633 | 0641 | 0651 | 0702 | 0711 | 0720 | 0730 | 0741 | 0753 | 0805 | 0817 |
| West Ham Station                    | 0458               | 0518 | 0538 | 0553 | 0609 | 0620 | 0629                                 | 0639 | 0647 | 0657 | 0708 | 0717 | 0727 | 0737 | 0748 | 0801 | 0813 | 0825 |
| Stratford Bus Station               | 0504               | 0524 | 0544 | 0559 | 0615 | 0626 | 0635                                 | 0646 | 0655 | 0705 | 0716 | 0726 | 0736 | 0747 | 0758 | 0811 | 0823 | 0835 |
| Bow Church                          | 0508               | 0528 | 0548 | 0603 | 0619 | 0630 | 0640                                 | 0651 | 0701 | 0711 | 0723 | 0733 | 0743 | 0754 | 0805 | 0817 | 0829 | 0841 |
| Old Ford Parnell Road               | 0511               | 0531 | 0552 | 0607 | 0623 | 0635 | 0645                                 | 0656 | 0706 | 0716 | 0728 | 0739 | 0749 | 0800 | 0812 | 0824 | 0836 | 0848 |
| Hackney Wick Station                | 0514               | 0534 | 0555 | 0611 | 0627 | 0639 | 0649                                 | 0700 | 0711 | 0721 | 0733 | 0744 | 0755 | 0806 | 0818 | 0830 | 0842 | 0854 |
| Hackney Wick Trowbridge Estate      | 0516               | 0536 | 0557 | 0613 | 0629 | 0641 | 0651                                 | 0702 | 0713 | 0723 | 0735 | 0747 | 0758 | 0809 | 0821 | 0833 | 0845 | 0857 |
| Homerton Hospital Homerton Grove    | 0521               | 0542 | 0603 | 0619 | 0636 | 0649 | 0700                                 | 0712 | 0724 | 0735 | 0747 | 0759 | 0810 | 0822 | 0834 | 0846 | 0858 | 0910 |
| Hackney Central Station Amhurst Rd. | 0527               | 0548 | 0610 | 0626 | 0644 | 0658 | 0710                                 | 0722 | 0734 | 0746 | 0758 | 0810 | 0822 | 0834 | 0846 | 0858 | 0910 | 0922 |
| Amhurst Road Shacklewell Lane       | 0531               | 0552 | 0614 | 0630 | 0648 | 0702 | 0714                                 | 0726 | 0738 | 0751 | 0803 | 0815 | 0827 | 0839 | 0851 | 0903 | 0915 | 0927 |
| Stoke Newington Common              | 0537               | 0558 | 0620 | 0636 | 0654 | 0709 | 0721                                 | 0733 | 0746 | 0759 | 0811 | 0823 | 0835 | 0847 | 0859 | 0911 | 0923 | 0935 |
| Newham Hospital Gateway Centre      | 0816               | 0828 | 0840 | 0852 | 0904 | 0916 | Then<br>every 12<br>minutes<br>until | 1152 | 1203 | 1215 | 1226 | 1238 | 1250 | 1302 | 1314 | 1325 | 1337 |      |
| Newham Hospital Main Entrance       | 0817               | 0829 | 0841 | 0853 | 0905 | 0917 |                                      | 1153 | 1204 | 1216 | 1227 | 1239 | 1251 | 1303 | 1315 | 1326 | 1338 |      |
| Plaistow Greengate                  | 0823               | 0835 | 0847 | 0859 | 0911 | 0923 |                                      | 1159 | 1211 | 1223 | 1234 | 1246 | 1258 | 1310 | 1322 | 1333 | 1345 |      |
| Canning Town Barking Rd./Hermit Rd. | 0829               | 0841 | 0853 | 0905 | 0917 | 0929 |                                      | 1205 | 1217 | 1229 | 1240 | 1252 | 1304 | 1316 | 1328 | 1339 | 1351 |      |
| West Ham Station                    | 0837               | 0849 | 0901 | 0912 | 0924 | 0936 |                                      | 1212 | 1224 | 1236 | 1247 | 1259 | 1311 | 1323 | 1335 | 1346 | 1358 |      |
| Stratford Bus Station               | 0847               | 0859 | 0911 | 0922 | 0934 | 0945 |                                      | 1221 | 1233 | 1245 | 1256 | 1308 | 1320 | 1332 | 1344 | 1355 | 1407 |      |
| Bow Church                          | 0853               | 0905 | 0917 | 0928 | 0940 | 0951 |                                      | 1227 | 1239 | 1251 | 1303 | 1315 | 1327 | 1339 | 1351 | 1402 | 1414 |      |
| Old Ford Parnell Road               | 0900               | 0911 | 0923 | 0934 | 0946 | 0957 |                                      | 1233 | 1245 | 1257 | 1309 | 1321 | 1333 | 1345 | 1357 | 1408 | 1420 |      |
| Hackney Wick Station                | 0906               | 0916 | 0928 | 0939 | 0951 | 1002 |                                      | 1238 | 1250 | 1302 | 1314 | 1326 | 1338 | 1350 | 1402 | 1413 | 1425 |      |
| Hackney Wick Trowbridge Estate      | 0909               | 0919 | 0931 | 0941 | 0953 | 1004 |                                      | 1240 | 1252 | 1304 | 1316 | 1328 | 1340 | 1352 | 1404 | 1415 | 1427 |      |
| Homerton Hospital Homerton Grove    | 0921               | 0930 | 0941 | 0951 | 1003 | 1013 | 1249                                 | 1301 | 1313 | 1325 | 1337 | 1349 | 1401 | 1413 | 1424 | 1436 |      |      |
| Hackney Central Station Amhurst Rd. | 0933               | 0942 | 0952 | 1002 | 1014 | 1024 | 1300                                 | 1312 | 1324 | 1336 | 1348 | 1400 | 1412 | 1424 | 1435 | 1447 |      |      |
| Amhurst Road Shacklewell Lane       | 0938               | 0947 | 0957 | 1007 | 1019 | 1029 | 1305                                 | 1317 | 1329 | 1341 | 1353 | 1405 | 1417 | 1429 | 1441 | 1453 |      |      |
| Stoke Newington Common              | 0946               | 0955 | 1005 | 1015 | 1027 | 1038 | 1314                                 | 1326 | 1338 | 1350 | 1402 | 1414 | 1426 | 1438 | 1450 | 1502 |      |      |
| Newham Hospital Gateway Centre      | 1349               | 1401 | 1411 | 1422 | 1433 | 1444 | 1455                                 | 1506 | 1518 | 1530 | 1542 | 1554 | 1606 | 1618 | 1630 | 1642 | 1654 | 1706 |
| Newham Hospital Main Entrance       | 1350               | 1402 | 1412 | 1423 | 1434 | 1445 | 1456                                 | 1507 | 1519 | 1531 | 1543 | 1555 | 1607 | 1619 | 1631 | 1643 | 1655 | 1707 |
| Plaistow Greengate                  | 1357               | 1409 | 1419 | 1430 | 1441 | 1452 | 1503                                 | 1515 | 1527 | 1539 | 1551 | 1603 | 1615 | 1627 | 1639 | 1651 | 1703 | 1714 |
| Canning Town Barking Rd./Hermit Rd. | 1403               | 1415 | 1425 | 1437 | 1448 | 1459 | 1511                                 | 1523 | 1535 | 1547 | 1559 | 1611 | 1623 | 1635 | 1647 | 1658 | 1710 | 1721 |
| West Ham Station                    | 1410               | 1422 | 1432 | 1444 | 1455 | 1506 | 1518                                 | 1530 | 1542 | 1554 | 1606 | 1618 | 1630 | 1642 | 1654 | 1705 | 1717 | 1728 |
| Stratford Bus Station               | 1419               | 1431 | 1442 | 1454 | 1505 | 1516 | 1528                                 | 1540 | 1552 | 1604 | 1616 | 1628 | 1640 | 1652 | 1704 | 1716 | 1728 | 1739 |
| Bow Church                          | 1426               | 1438 | 1449 | 1501 | 1512 | 1523 | 1535                                 | 1547 | 1559 | 1611 | 1623 | 1635 | 1646 | 1658 | 1710 | 1722 | 1734 | 1745 |
| Old Ford Parnell Road               | 1432               | 1444 | 1455 | 1507 | 1518 | 1529 | 1541                                 | 1553 | 1605 | 1617 | 1629 | 1641 | 1652 | 1704 | 1716 | 1728 | 1740 | 1751 |
| Hackney Wick Station                | 1437               | 1449 | 1500 | 1512 | 1523 | 1534 | 1546                                 | 1558 | 1610 | 1622 | 1634 | 1646 | 1657 | 1709 | 1721 | 1733 | 1745 | 1756 |
| Hackney Wick Trowbridge Estate      | 1439               | 1451 | 1502 | 1514 | 1525 | 1537 | 1549                                 | 1601 | 1612 | 1624 | 1636 | 1648 | 1659 | 1711 | 1723 | 1735 | 1747 | 1758 |
| Homerton Hospital Homerton Grove    | 1448               | 1500 | 1512 | 1524 | 1535 | 1547 | 1559                                 | 1611 | 1622 | 1634 | 1646 | 1658 | 1709 | 1721 | 1733 | 1745 | 1757 | 1808 |
| Hackney Central Station Amhurst Rd. | 1459               | 1511 | 1523 | 1535 | 1547 | 1559 | 1611                                 | 1622 | 1633 | 1645 | 1657 | 1709 | 1720 | 1732 | 1744 | 1756 | 1808 | 1819 |
| Amhurst Road Shacklewell Lane       | 1505               | 1517 | 1529 | 1541 | 1553 | 1605 | 1617                                 | 1628 | 1639 | 1651 | 1703 | 1715 | 1726 | 1738 | 1750 | 1802 | 1813 | 1824 |
| Stoke Newington Common              | 1514               | 1526 | 1538 | 1550 | 1602 | 1614 | 1626                                 | 1637 | 1648 | 1700 | 1712 | 1724 | 1735 | 1747 | 1759 | 1811 | 1822 | 1833 |
| Newham Hospital Gateway Centre      | 1718               | 1730 | 1742 | 1754 | 1806 | 1818 | 1830                                 | 1845 | 1900 | 1915 | 1930 | 1945 | 2000 | 2015 | 2030 | 2045 | 2105 | 2125 |
| Newham Hospital Main Entrance       | 1719               | 1731 | 1743 | 1755 | 1807 | 1819 | 1831                                 | 1846 | 1901 | 1916 | 1931 | 1946 | 2001 | 2016 | 2031 | 2046 | 2106 | 2126 |
| Plaistow Greengate                  | 1726               | 1738 | 1750 | 1802 | 1814 | 1826 | 1838                                 | 1853 | 1908 | 1923 | 1938 | 1952 | 2007 | 2021 | 2036 | 2051 | 2111 | 2130 |
| Canning Town Barking Rd./Hermit Rd. | 1733               | 1745 | 1757 | 1809 | 1821 | 1833 | 1845                                 | 1900 | 1915 | 1929 | 1944 | 1958 | 2013 | 2027 | 2042 | 2057 | 2116 | 2135 |
| West Ham Station                    | 1740               | 1752 | 1804 | 1815 | 1827 | 1839 | 1851                                 | 1906 | 1921 | 1935 | 1950 | 2004 | 2018 | 2032 | 2047 | 2102 | 2121 | 2140 |
| Stratford Bus Station               | 1751               | 1803 | 1814 | 1825 | 1837 | 1848 | 1900                                 | 1915 | 1930 | 1944 | 1958 | 2012 | 2026 | 2040 | 2055 | 2110 | 2128 | 2147 |
| Bow Church                          | 1757               | 1809 | 1820 | 1831 | 1843 | 1854 | 1906                                 | 1921 | 1936 | 1950 | 2004 | 2017 | 2031 | 2045 | 2100 | 2115 | 2133 | 2152 |
| Old Ford Parnell Road               | 1803               | 1815 | 1826 | 1837 | 1849 | 1900 | 1912                                 | 1926 | 1941 | 1955 | 2009 | 2022 | 2036 | 2050 | 2105 | 2120 | 2138 | 2157 |
| Hackney Wick Station                | 1808               | 1820 | 1831 | 1842 | 1854 | 1905 | 1917                                 | 1931 | 1946 | 2000 | 2014 | 2026 | 2040 | 2054 | 2109 | 2124 | 2142 | 2201 |
| Hackney Wick Trowbridge Estate      | 1810               | 1822 | 1833 | 1844 | 1856 | 1907 | 1919                                 | 1933 | 1948 | 2002 | 2016 | 2028 | 2042 | 2056 | 2111 | 2126 | 2144 | 2203 |
| Homerton Hospital Homerton Grove    | 1820               | 1832 | 1842 | 1853 | 1905 | 1916 | 1928                                 | 1942 | 1956 | 2010 | 2023 | 2035 | 2049 | 2103 | 2118 | 2133 | 2151 | 2210 |
| Hackney Central Station Amhurst Rd. | 1831               | 1842 | 1852 | 1903 | 1914 | 1925 | 1937                                 | 1951 | 2005 | 2019 | 2031 | 2043 | 2057 | 2111 | 2126 | 2141 | 2159 | 2218 |
| Amhurst Road Shacklewell Lane       | 1836               | 1847 | 1857 | 1908 | 1919 | 1930 | 1942                                 | 1956 | 2010 | 2024 | 2036 | 2048 | 2102 | 2116 | 2131 | 2146 | 2204 | 2222 |
| Stoke Newington Common              | 1845               | 1856 | 1906 | 1916 | 1927 | 1938 | 1950                                 | 2004 | 2018 | 2032 | 2044 | 2056 | 2110 | 2123 | 2138 | 2153 | 2211 | 2229 |

| 276                                 | Mondays to Fridays (cont.) |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|----------------------------|------|------|------|------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 2145                       | 2205 | 2225 | 2245 | 2305 | 2325 | 2345 | 0005 | 0025 | 0045 | 0105 |
| Newham Hospital Main Entrance       | 2146                       | 2206 | 2226 | 2246 | 2306 | 2326 | 2346 | 0006 | 0026 | 0046 | 0106 |
| Plaistow Greengate                  | 2150                       | 2210 | 2230 | 2250 | 2309 | 2329 | 2349 | 0009 | 0029 | 0049 | 0109 |
| Canning Town Barking Rd./Hermit Rd. | 2155                       | 2214 | 2234 | 2254 | 2313 | 2333 | 2353 | 0012 | 0032 | 0052 | 0112 |
| West Ham Station                    | 2200                       | 2219 | 2239 | 2259 | 2318 | 2338 | 2358 | 0017 | 0037 | 0057 | 0117 |
| Stratford Bus Station               | 2207                       | 2226 | 2246 | 2306 | 2324 | 2344 | 0004 | 0023 | 0043 | 0103 | 0123 |
| Bow Church                          | 2211                       | 2230 | 2250 | 2310 | 2328 | 2348 | 0008 | 0027 | 0047 | 0107 | 0127 |
| Old Ford Parnell Road               | 2216                       | 2235 | 2255 | 2314 | 2332 | 2352 | 0011 | 0030 | 0050 | 0110 | 0130 |
| Hackney Wick Station                | 2219                       | 2238 | 2258 | 2317 | 2335 | 2355 | 0014 | 0033 | 0053 | 0113 | 0133 |
| Hackney Wick Trowbridge Estate      | 2221                       | 2240 | 2300 | 2319 | 2337 | 2357 | 0016 | 0035 | 0055 | 0115 | 0135 |
| Homerton Hospital Homerton Grove    | 2227                       | 2246 | 2306 | 2324 | 2342 | 0002 | 0021 | 0040 | 0100 | 0120 | 0140 |
| Hackney Central Station Amhurst Rd. | 2235                       | 2254 | 2313 | 2331 | 2349 | 0008 | 0027 | 0046 | 0106 | 0126 | 0146 |
| Amhurst Road Shacklewell Lane       | 2239                       | 2258 | 2317 | 2335 | 2353 | 0011 | 0030 | 0049 | 0109 | 0129 | 0149 |
| Stoke Newington Common              | 2246                       | 2305 | 2323 | 2341 | 2359 | 0017 | 0036 | 0055 | 0115 | 0135 | 0155 |

| 276                                 | Saturdays (also Good Friday) |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 0445                         | 0505 | 0525 | 0545 | 0605 | 0620 | 0635 | 0650 | 0705 | 0720 | 0734 | 0748 | 0802 | 0817 | 0829 | 0841 | 0852 | 0902 |
| Newham Hospital Main Entrance       | 0446                         | 0506 | 0526 | 0546 | 0606 | 0621 | 0636 | 0651 | 0706 | 0721 | 0735 | 0749 | 0803 | 0818 | 0830 | 0842 | 0853 | 0903 |
| Plaistow Greengate                  | 0449                         | 0509 | 0529 | 0549 | 0609 | 0624 | 0639 | 0654 | 0709 | 0724 | 0738 | 0752 | 0807 | 0822 | 0834 | 0846 | 0857 | 0907 |
| Canning Town Barking Rd./Hermit Rd. | 0453                         | 0513 | 0533 | 0553 | 0613 | 0628 | 0643 | 0658 | 0713 | 0728 | 0742 | 0756 | 0812 | 0827 | 0839 | 0851 | 0902 | 0913 |
| West Ham Station                    | 0458                         | 0518 | 0538 | 0558 | 0618 | 0633 | 0648 | 0703 | 0719 | 0734 | 0748 | 0802 | 0818 | 0833 | 0845 | 0857 | 0908 | 0919 |
| Stratford Bus Station               | 0504                         | 0524 | 0544 | 0604 | 0624 | 0639 | 0654 | 0709 | 0725 | 0740 | 0754 | 0809 | 0825 | 0840 | 0852 | 0904 | 0916 | 0927 |
| Bow Church                          | 0508                         | 0528 | 0548 | 0608 | 0628 | 0643 | 0658 | 0713 | 0729 | 0744 | 0758 | 0814 | 0830 | 0845 | 0857 | 0909 | 0921 | 0932 |
| Old Ford Parnell Road               | 0512                         | 0532 | 0552 | 0612 | 0632 | 0647 | 0702 | 0717 | 0733 | 0748 | 0802 | 0819 | 0835 | 0850 | 0902 | 0914 | 0926 | 0938 |
| Hackney Wick Station                | 0515                         | 0535 | 0555 | 0615 | 0635 | 0650 | 0705 | 0720 | 0736 | 0751 | 0806 | 0823 | 0839 | 0854 | 0906 | 0918 | 0930 | 0942 |
| Hackney Wick Trowbridge Estate      | 0517                         | 0537 | 0557 | 0617 | 0637 | 0652 | 0707 | 0722 | 0738 | 0753 | 0808 | 0825 | 0841 | 0856 | 0908 | 0920 | 0932 | 0944 |
| Homerton Hospital Homerton Grove    | 0522                         | 0542 | 0602 | 0623 | 0643 | 0658 | 0713 | 0728 | 0744 | 0759 | 0815 | 0832 | 0848 | 0903 | 0916 | 0928 | 0940 | 0952 |
| Hackney Central Station Amhurst Rd. | 0528                         | 0548 | 0608 | 0629 | 0649 | 0704 | 0720 | 0735 | 0751 | 0806 | 0823 | 0840 | 0856 | 0911 | 0924 | 0937 | 0949 | 1001 |
| Amhurst Road Shacklewell Lane       | 0532                         | 0552 | 0612 | 0633 | 0653 | 0708 | 0724 | 0739 | 0755 | 0810 | 0827 | 0844 | 0900 | 0915 | 0928 | 0941 | 0953 | 1006 |
| Stoke Newington Common              | 0538                         | 0558 | 0618 | 0639 | 0659 | 0714 | 0730 | 0745 | 0801 | 0817 | 0834 | 0851 | 0907 | 0922 | 0936 | 0949 | 1001 | 1014 |

|                                     |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 0913 | 0924 | 0935 | 0946 | 0958 | 1010 | 1021 | 1033 | 1045 | 1057 | 1108 | 1120 | 1132 | 1144 | 1156 | 1208 | 1220 | 1232 |
| Newham Hospital Main Entrance       | 0914 | 0925 | 0936 | 0947 | 0959 | 1011 | 1022 | 1034 | 1046 | 1058 | 1109 | 1121 | 1133 | 1145 | 1157 | 1209 | 1221 | 1233 |
| Plaistow Greengate                  | 0918 | 0929 | 0941 | 0952 | 1004 | 1016 | 1027 | 1039 | 1051 | 1103 | 1115 | 1127 | 1139 | 1151 | 1203 | 1216 | 1228 | 1240 |
| Canning Town Barking Rd./Hermit Rd. | 0924 | 0935 | 0947 | 0958 | 1010 | 1022 | 1033 | 1045 | 1057 | 1109 | 1121 | 1133 | 1145 | 1157 | 1210 | 1223 | 1235 | 1247 |
| West Ham Station                    | 0930 | 0942 | 0954 | 1005 | 1017 | 1029 | 1040 | 1052 | 1104 | 1116 | 1128 | 1140 | 1152 | 1204 | 1217 | 1230 | 1242 | 1254 |
| Stratford Bus Station               | 0938 | 0950 | 1002 | 1014 | 1026 | 1038 | 1049 | 1101 | 1113 | 1125 | 1137 | 1149 | 1201 | 1213 | 1226 | 1239 | 1251 | 1303 |
| Bow Church                          | 0944 | 0956 | 1008 | 1020 | 1032 | 1044 | 1055 | 1107 | 1119 | 1131 | 1143 | 1155 | 1207 | 1219 | 1232 | 1245 | 1257 | 1310 |
| Old Ford Parnell Road               | 0950 | 1002 | 1014 | 1026 | 1038 | 1050 | 1101 | 1113 | 1125 | 1137 | 1149 | 1201 | 1213 | 1225 | 1238 | 1251 | 1303 | 1316 |
| Hackney Wick Station                | 0954 | 1006 | 1018 | 1030 | 1042 | 1054 | 1106 | 1118 | 1130 | 1142 | 1154 | 1206 | 1218 | 1230 | 1243 | 1256 | 1308 | 1321 |
| Hackney Wick Trowbridge Estate      | 0956 | 1008 | 1020 | 1032 | 1044 | 1056 | 1108 | 1120 | 1132 | 1144 | 1156 | 1208 | 1220 | 1232 | 1245 | 1258 | 1310 | 1323 |
| Homerton Hospital Homerton Grove    | 1004 | 1017 | 1029 | 1041 | 1053 | 1105 | 1117 | 1129 | 1141 | 1153 | 1205 | 1217 | 1229 | 1241 | 1254 | 1307 | 1319 | 1332 |
| Hackney Central Station Amhurst Rd. | 1013 | 1026 | 1039 | 1051 | 1103 | 1115 | 1127 | 1139 | 1151 | 1203 | 1215 | 1227 | 1239 | 1251 | 1304 | 1317 | 1329 | 1342 |
| Amhurst Road Shacklewell Lane       | 1018 | 1031 | 1044 | 1056 | 1108 | 1120 | 1132 | 1144 | 1156 | 1209 | 1221 | 1233 | 1245 | 1257 | 1310 | 1323 | 1335 | 1348 |
| Stoke Newington Common              | 1026 | 1040 | 1053 | 1105 | 1117 | 1129 | 1141 | 1153 | 1205 | 1218 | 1230 | 1242 | 1254 | 1306 | 1319 | 1332 | 1344 | 1357 |

|                                     |      |                                      |      |      |      |      |      |      |      |                                      |      |      |      |      |      |      |
|-------------------------------------|------|--------------------------------------|------|------|------|------|------|------|------|--------------------------------------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 1244 | Then<br>every 12<br>minutes<br>until | 1444 | 1456 | 1508 | 1520 | 1532 | 1544 | 1556 | Then<br>every 12<br>minutes<br>until | 1720 | 1732 | 1744 | 1756 | 1810 | 1825 |
| Newham Hospital Main Entrance       | 1245 |                                      | 1445 | 1457 | 1509 | 1521 | 1533 | 1545 | 1557 |                                      | 1721 | 1733 | 1745 | 1757 | 1811 | 1826 |
| Plaistow Greengate                  | 1252 |                                      | 1452 | 1504 | 1516 | 1528 | 1540 | 1552 | 1604 |                                      | 1728 | 1740 | 1752 | 1804 | 1818 | 1833 |
| Canning Town Barking Rd./Hermit Rd. | 1259 |                                      | 1459 | 1511 | 1523 | 1535 | 1547 | 1559 | 1611 |                                      | 1735 | 1747 | 1759 | 1811 | 1825 | 1840 |
| West Ham Station                    | 1306 |                                      | 1506 | 1517 | 1529 | 1541 | 1553 | 1605 | 1617 |                                      | 1741 | 1753 | 1805 | 1817 | 1831 | 1846 |
| Stratford Bus Station               | 1315 |                                      | 1515 | 1526 | 1538 | 1550 | 1602 | 1614 | 1626 |                                      | 1750 | 1802 | 1814 | 1826 | 1840 | 1855 |
| Bow Church                          | 1322 |                                      | 1522 | 1533 | 1545 | 1557 | 1609 | 1621 | 1633 |                                      | 1757 | 1809 | 1821 | 1833 | 1847 | 1902 |
| Old Ford Parnell Road               | 1328 |                                      | 1528 | 1539 | 1551 | 1603 | 1615 | 1627 | 1639 |                                      | 1803 | 1814 | 1826 | 1838 | 1852 | 1907 |
| Hackney Wick Station                | 1333 |                                      | 1533 | 1544 | 1556 | 1608 | 1620 | 1632 | 1644 |                                      | 1808 | 1819 | 1831 | 1843 | 1857 | 1912 |
| Hackney Wick Trowbridge Estate      | 1335 |                                      | 1535 | 1546 | 1558 | 1610 | 1622 | 1634 | 1646 |                                      | 1810 | 1821 | 1833 | 1845 | 1859 | 1914 |
| Homerton Hospital Homerton Grove    | 1344 | 1544                                 | 1555 | 1607 | 1619 | 1631 | 1643 | 1655 | 1819 | 1830                                 | 1842 | 1854 | 1908 | 1923 |      |      |
| Hackney Central Station Amhurst Rd. | 1354 | 1554                                 | 1605 | 1617 | 1629 | 1641 | 1653 | 1705 | 1829 | 1840                                 | 1852 | 1904 | 1918 | 1933 |      |      |
| Amhurst Road Shacklewell Lane       | 1400 | 1600                                 | 1611 | 1623 | 1635 | 1647 | 1659 | 1710 | 1834 | 1845                                 | 1857 | 1909 | 1923 | 1938 |      |      |
| Stoke Newington Common              | 1409 | 1609                                 | 1620 | 1632 | 1644 | 1656 | 1708 | 1719 | 1843 | 1854                                 | 1906 | 1917 | 1931 | 1946 |      |      |



| 276                                 | Sundays and other Public Holidays (except Christmas Day) |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------------------------------------|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Newham Hospital Gateway Centre      | 0553   | 0613 | 0633 | 0652 | 0711 | 0731 | 0751 | 0811 | 0831 | 0846 | 0900 | 0915 | 0929 | 0944 | 0958 | 1012 | 1024 | 1039 |
| Newham Hospital Main Entrance       | 0554   | 0614 | 0634 | 0653 | 0712 | 0732 | 0752 | 0812 | 0832 | 0847 | 0901 | 0916 | 0930 | 0945 | 0959 | 1013 | 1025 | 1040 |
| Plaistow Greengate                  | 0557   | 0617 | 0637 | 0656 | 0715 | 0735 | 0755 | 0815 | 0835 | 0850 | 0905 | 0920 | 0934 | 0949 | 1003 | 1017 | 1029 | 1044 |
| Canning Town Barking Rd./Hermit Rd. | 0601   | 0621 | 0641 | 0700 | 0719 | 0739 | 0759 | 0819 | 0839 | 0854 | 0909 | 0924 | 0938 | 0953 | 1008 | 1022 | 1035 | 1050 |
| West Ham Station                    | 0606   | 0626 | 0646 | 0705 | 0724 | 0744 | 0804 | 0825 | 0845 | 0900 | 0915 | 0930 | 0944 | 0959 | 1014 | 1028 | 1042 | 1057 |
| Stratford Bus Station               | 0612   | 0632 | 0652 | 0711 | 0730 | 0750 | 0811 | 0832 | 0852 | 0907 | 0922 | 0937 | 0951 | 1006 | 1021 | 1035 | 1050 | 1105 |
| Bow Church                          | 0616   | 0636 | 0656 | 0715 | 0734 | 0754 | 0815 | 0836 | 0856 | 0912 | 0927 | 0942 | 0956 | 1011 | 1026 | 1040 | 1055 | 1110 |
| Old Ford Parnell Road               | 0619   | 0639 | 0659 | 0719 | 0738 | 0758 | 0819 | 0840 | 0900 | 0916 | 0931 | 0946 | 1000 | 1015 | 1030 | 1045 | 1100 | 1115 |
| Hackney Wick Station                | 0622   | 0642 | 0702 | 0722 | 0741 | 0801 | 0823 | 0844 | 0905 | 0921 | 0936 | 0951 | 1005 | 1020 | 1035 | 1050 | 1105 | 1120 |
| Hackney Wick Trowbridge Estate      | 0624   | 0644 | 0704 | 0724 | 0743 | 0803 | 0825 | 0846 | 0907 | 0923 | 0938 | 0953 | 1007 | 1022 | 1037 | 1052 | 1107 | 1122 |
| Homerton Hospital Homerton Grove    | 0629   | 0649 | 0709 | 0729 | 0748 | 0809 | 0831 | 0852 | 0913 | 0929 | 0944 | 0959 | 1014 | 1029 | 1044 | 1059 | 1115 | 1130 |
| Hackney Central Station Amhurst Rd. | 0635   | 0655 | 0715 | 0735 | 0754 | 0816 | 0838 | 0859 | 0920 | 0936 | 0951 | 1006 | 1021 | 1036 | 1052 | 1107 | 1124 | 1139 |
| Amhurst Road Shacklewell Lane       | 0639   | 0659 | 0719 | 0739 | 0758 | 0820 | 0842 | 0903 | 0924 | 0940 | 0955 | 1010 | 1025 | 1041 | 1057 | 1112 | 1129 | 1144 |
| Stoke Newington Common              | 0645   | 0705 | 0725 | 0745 | 0804 | 0827 | 0849 | 0910 | 0931 | 0947 | 1002 | 1017 | 1032 | 1049 | 1105 | 1120 | 1137 | 1152 |
| Newham Hospital Gateway Centre      | 1053   | 1107 | 1122 | 1136 | 1151 | 1206 | 1221 | 1236 | 1251 | 1306 | 1321 | 1336 | 1351 | 1406 | 1421 | 1436 | 1451 | 1506 |
| Newham Hospital Main Entrance       | 1054   | 1108 | 1123 | 1137 | 1152 | 1207 | 1222 | 1237 | 1252 | 1307 | 1322 | 1337 | 1352 | 1407 | 1422 | 1437 | 1452 | 1507 |
| Plaistow Greengate                  | 1058   | 1113 | 1128 | 1142 | 1157 | 1212 | 1227 | 1242 | 1257 | 1313 | 1328 | 1343 | 1358 | 1413 | 1428 | 1443 | 1458 | 1513 |
| Canning Town Barking Rd./Hermit Rd. | 1104   | 1119 | 1134 | 1148 | 1203 | 1218 | 1233 | 1248 | 1303 | 1319 | 1334 | 1349 | 1404 | 1419 | 1434 | 1449 | 1504 | 1519 |
| West Ham Station                    | 1111   | 1126 | 1141 | 1155 | 1210 | 1225 | 1240 | 1255 | 1310 | 1326 | 1341 | 1356 | 1411 | 1426 | 1441 | 1456 | 1511 | 1526 |
| Stratford Bus Station               | 1120   | 1135 | 1150 | 1204 | 1219 | 1234 | 1249 | 1304 | 1319 | 1335 | 1350 | 1405 | 1420 | 1435 | 1450 | 1505 | 1520 | 1535 |
| Bow Church                          | 1125   | 1140 | 1155 | 1210 | 1225 | 1240 | 1255 | 1310 | 1325 | 1341 | 1356 | 1411 | 1426 | 1441 | 1456 | 1512 | 1527 | 1542 |
| Old Ford Parnell Road               | 1130   | 1145 | 1200 | 1215 | 1230 | 1245 | 1300 | 1315 | 1330 | 1346 | 1401 | 1416 | 1431 | 1446 | 1501 | 1517 | 1532 | 1547 |
| Hackney Wick Station                | 1135   | 1150 | 1205 | 1220 | 1235 | 1250 | 1305 | 1320 | 1335 | 1351 | 1406 | 1421 | 1436 | 1451 | 1506 | 1522 | 1537 | 1552 |
| Hackney Wick Trowbridge Estate      | 1137   | 1152 | 1207 | 1222 | 1237 | 1252 | 1307 | 1322 | 1337 | 1353 | 1408 | 1423 | 1438 | 1453 | 1508 | 1524 | 1539 | 1554 |
| Homerton Hospital Homerton Grove    | 1145   | 1200 | 1215 | 1230 | 1245 | 1300 | 1316 | 1331 | 1346 | 1402 | 1417 | 1432 | 1447 | 1502 | 1517 | 1533 | 1548 | 1603 |
| Hackney Central Station Amhurst Rd. | 1154   | 1210 | 1225 | 1240 | 1255 | 1310 | 1326 | 1341 | 1356 | 1412 | 1427 | 1442 | 1457 | 1512 | 1527 | 1543 | 1558 | 1613 |
| Amhurst Road Shacklewell Lane       | 1159   | 1216 | 1231 | 1246 | 1301 | 1316 | 1332 | 1347 | 1402 | 1418 | 1433 | 1448 | 1503 | 1517 | 1532 | 1548 | 1603 | 1618 |
| Stoke Newington Common              | 1207   | 1224 | 1239 | 1254 | 1309 | 1324 | 1340 | 1355 | 1410 | 1426 | 1441 | 1456 | 1511 | 1525 | 1540 | 1556 | 1611 | 1626 |
| Newham Hospital Gateway Centre      | 1521   | 1536 | 1551 | 1606 | 1621 | 1636 | 1651 | 1706 | 1721 | 1736 | 1751 | 1806 | 1821 | 1836 | 1850 | 1910 | 1930 | 1950 |
| Newham Hospital Main Entrance       | 1522   | 1537 | 1552 | 1607 | 1622 | 1637 | 1652 | 1707 | 1722 | 1737 | 1752 | 1807 | 1822 | 1837 | 1851 | 1911 | 1931 | 1951 |
| Plaistow Greengate                  | 1528   | 1543 | 1558 | 1613 | 1628 | 1643 | 1658 | 1712 | 1727 | 1742 | 1757 | 1812 | 1827 | 1842 | 1856 | 1916 | 1936 | 1956 |
| Canning Town Barking Rd./Hermit Rd. | 1534   | 1549 | 1604 | 1619 | 1634 | 1649 | 1704 | 1718 | 1733 | 1748 | 1803 | 1818 | 1833 | 1848 | 1902 | 1921 | 1941 | 2001 |
| West Ham Station                    | 1541   | 1556 | 1610 | 1625 | 1640 | 1655 | 1710 | 1724 | 1739 | 1754 | 1809 | 1824 | 1839 | 1854 | 1908 | 1927 | 1947 | 2007 |
| Stratford Bus Station               | 1550   | 1605 | 1619 | 1634 | 1649 | 1704 | 1719 | 1733 | 1748 | 1803 | 1817 | 1832 | 1847 | 1902 | 1916 | 1935 | 1955 | 2014 |
| Bow Church                          | 1557   | 1612 | 1626 | 1641 | 1656 | 1711 | 1726 | 1740 | 1755 | 1809 | 1823 | 1838 | 1853 | 1907 | 1921 | 1940 | 2000 | 2019 |
| Old Ford Parnell Road               | 1602   | 1617 | 1631 | 1646 | 1701 | 1716 | 1731 | 1745 | 1800 | 1814 | 1828 | 1843 | 1858 | 1912 | 1926 | 1945 | 2005 | 2024 |
| Hackney Wick Station                | 1607   | 1622 | 1636 | 1651 | 1706 | 1721 | 1736 | 1750 | 1805 | 1819 | 1833 | 1848 | 1903 | 1916 | 1930 | 1949 | 2009 | 2028 |
| Hackney Wick Trowbridge Estate      | 1609   | 1624 | 1638 | 1653 | 1708 | 1723 | 1738 | 1752 | 1807 | 1821 | 1835 | 1850 | 1905 | 1918 | 1932 | 1951 | 2011 | 2030 |
| Homerton Hospital Homerton Grove    | 1618   | 1633 | 1647 | 1702 | 1717 | 1732 | 1747 | 1801 | 1815 | 1829 | 1843 | 1858 | 1912 | 1925 | 1939 | 1958 | 2018 | 2037 |
| Hackney Central Station Amhurst Rd. | 1628   | 1643 | 1657 | 1712 | 1727 | 1742 | 1757 | 1810 | 1824 | 1838 | 1852 | 1907 | 1921 | 1934 | 1948 | 2007 | 2027 | 2046 |
| Amhurst Road Shacklewell Lane       | 1633   | 1648 | 1702 | 1717 | 1732 | 1747 | 1802 | 1815 | 1829 | 1843 | 1857 | 1912 | 1926 | 1939 | 1953 | 2011 | 2031 | 2050 |
| Stoke Newington Common              | 1641   | 1656 | 1710 | 1725 | 1740 | 1755 | 1810 | 1823 | 1837 | 1851 | 1905 | 1920 | 1934 | 1947 | 2001 | 2018 | 2038 | 2057 |
| Newham Hospital Gateway Centre      | 2010   | 2030 | 2050 | 2110 | 2130 | 2150 | 2210 | 2230 | 2245 | 2305 | 2325 | 2345 | 0005 | 0025 | 0045 | 0105 |      |      |
| Newham Hospital Main Entrance       | 2011   | 2031 | 2051 | 2111 | 2131 | 2151 | 2211 | 2231 | 2246 | 2306 | 2326 | 2346 | 0006 | 0026 | 0046 | 0106 |      |      |
| Plaistow Greengate                  | 2015   | 2035 | 2055 | 2115 | 2135 | 2155 | 2214 | 2234 | 2249 | 2309 | 2329 | 2349 | 0009 | 0029 | 0049 | 0109 |      |      |
| Canning Town Barking Rd./Hermit Rd. | 2020   | 2040 | 2100 | 2120 | 2140 | 2200 | 2218 | 2238 | 2253 | 2313 | 2333 | 2353 | 0012 | 0032 | 0052 | 0112 |      |      |
| West Ham Station                    | 2026   | 2046 | 2106 | 2126 | 2146 | 2206 | 2224 | 2244 | 2259 | 2318 | 2338 | 2358 | 0017 | 0037 | 0057 | 0117 |      |      |
| Stratford Bus Station               | 2033   | 2053 | 2113 | 2133 | 2153 | 2212 | 2230 | 2250 | 2305 | 2324 | 2344 | 0004 | 0023 | 0043 | 0103 | 0123 |      |      |
| Bow Church                          | 2038   | 2058 | 2118 | 2138 | 2158 | 2216 | 2234 | 2254 | 2309 | 2328 | 2348 | 0008 | 0027 | 0047 | 0107 | 0127 |      |      |
| Old Ford Parnell Road               | 2043   | 2103 | 2123 | 2143 | 2203 | 2220 | 2238 | 2258 | 2313 | 2332 | 2352 | 0011 | 0030 | 0050 | 0110 | 0130 |      |      |
| Hackney Wick Station                | 2047   | 2107 | 2127 | 2147 | 2207 | 2224 | 2242 | 2302 | 2316 | 2335 | 2355 | 0014 | 0033 | 0053 | 0113 | 0133 |      |      |
| Hackney Wick Trowbridge Estate      | 2049   | 2109 | 2129 | 2149 | 2209 | 2226 | 2244 | 2304 | 2318 | 2337 | 2357 | 0016 | 0035 | 0055 | 0115 | 0135 |      |      |
| Homerton Hospital Homerton Grove    | 2056   | 2116 | 2136 | 2156 | 2215 | 2232 | 2250 | 2309 | 2323 | 2342 | 0002 | 0021 | 0040 | 0100 | 0120 | 0140 |      |      |
| Hackney Central Station Amhurst Rd. | 2105   | 2124 | 2144 | 2204 | 2223 | 2240 | 2258 | 2316 | 2330 | 2349 | 0008 | 0027 | 0046 | 0106 | 0126 | 0146 |      |      |
| Amhurst Road Shacklewell Lane       | 2109   | 2128 | 2148 | 2208 | 2227 | 2244 | 2302 | 2320 | 2334 | 2353 | 0011 | 0030 | 0049 | 0109 | 0129 | 0149 |      |      |
| Stoke Newington Common              | 2116   | 2135 | 2155 | 2215 | 2234 | 2251 | 2308 | 2326 | 2340 | 2359 | 0017 | 0036 | 0055 | 0115 | 0135 | 0155 |      |      |